



**37<sup>th</sup> Internationaux de Gymnastique Rythmique de Thiais**  
**Palais Omnisports de Thiais (France)**  
**April 4<sup>th</sup> – 5<sup>th</sup> 2026**



**THIAIS 2026 GRAND PRIX INDIVIDUALS  
& GRAND PRIX GROUPS**




## DIRECTIVES

**Event ID: 18436**

Dear FIG affiliated Member Federation,  
The City of Thiais, The Local Organizing Committee, Thiais GR and the French Federation of Gymnastics have the pleasure to invite your delegation to participate in the aforementioned official FIG International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics</b>
<b>HOST FEDERATION</b>	<b>Fédération Française de Gymnastique</b> Contact Mr Tom MOLLARET (Phone: +33 1 48 01 24 48 / E-mail: <a href="mailto:tom.mollaret@ffgym.fr">tom.mollaret@ffgym.fr</a> ) 7 ter Cour des Petites Ecuries - 75010 PARIS Phone: (33) 1 48 01 24 56 E-mail : <a href="mailto:contact@ffgym.fr">contact@ffgym.fr</a> - Web site : <a href="http://www.ffgym.fr">www.ffgym.fr</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>COMSE</b> Hôtel de Ville – BP 141 – 94320 THIAIS Contact : José de FREITAS (+ 33 6 87 11 24 99) Phone : (33) 1 48 92 42 58 Email <a href="mailto:grcomse.2026@ville-thiais.fr">grcomse.2026@ville-thiais.fr</a> / <a href="mailto:jose.jdf@gmail.com">jose.jdf@gmail.com</a> Web site : <a href="http://www.grandprixthiais.fr">www.grandprixthiais.fr</a>
<b>COMPETITIONS DIRECTOR</b>	Ms Diana TABAKOVA <a href="mailto:jose.jdf@gmail.com">Email : jose.jdf@gmail.com</a>
<b>ADMINISTRATIVE MANAGER</b>	Ms Blanka MLEJNKOVA
<b>LOCATION</b>	<b>THIAIS</b> , Val de Marne (94), France
<b>DATES</b>	<b>4 – 5 APRIL 2026</b>
<b>VENUE</b>	Palais Omnisports de Thiais – Place Vincent Van Gogh 94320 THIAIS
<b>APPARATUS SUPPLIER</b>	<b>Please refer to the attached apparatus list</b>
<b>RULES AND REGULATIONS</b>	<p>The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Code of Ethics</li> <li>• Code of Conducts</li> <li>• Technical Regulation</li> <li>• Code of Discipline</li> <li>• Code of Points, relevant Newsletters, and Helpdesk</li> <li>• General Judges' Rules</li> <li>• Specific Judges' Rules</li> <li>• Anti-Doping Rules</li> <li>• License rules (except for non-competitive events)</li> <li>• Medical Organization of FIG Competitions and Events</li> <li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li> <li>• Apparatus Norms</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Rules for Advertising and Publicity</li> <li>• Accreditation Rules</li> <li>• Rules for Awards Ceremonies</li> </ul>

	and subsequent decisions of the FIG Executive Committee and regulations for Grand Prix events in Rhythmic Gymnastics in 2026		
<b>FEDERATIONS INVITED</b>	<p>The LOC will invite all Member Federations according to the following list <b>for the Grand Prix individuals (according with Grand Prix rules)</b> Australia - Brazil - Bulgaria – China – Cyprus - Czech Rep. - Estonia - Finland - France - Germany - Hungary - Israël - Italy - Japan - Kazakhstan – Latvia – New Zealand - Poland - Romania – Singapore – Spain -Switzerland – Turkey - Ukraine - USA – Uzbekistan</p> <p><b>for the Grand Prix Groups competition</b></p> <p>Azerbaijan - Brazil - Bulgaria - China - Czech Rep. - Estonia - Finland - France - Germany - Hungary - Israël - Italy - Japan – Kazakhstan - Korea - Mexico - Poland - Spain – Turkey - Ukraine - Uzbekistan</p>		
<b>AGE LIMITS</b>	<p>Senior gymnasts: As per FIG technical regulations</p> <p><b>All gymnasts must have a license valid until the end of the event.</b></p>		
<b>SIZE OF THE DELEGATION</b>	<p>Delegation may consist of:</p> <p><i>For Grand Prix Individuals</i></p> <ul style="list-style-type: none"> <li>* <b>Gymnasts according with GP rules</b></li> <li>* <b>1 coach</b></li> <li>* <b>1 judge</b> (<i>Minimum. International brevet 4 is required</i>)</li> </ul> <p><i>For Grand Prix Groups</i></p> <ul style="list-style-type: none"> <li>* <b>max. 6 gymnasts</b></li> <li>* <b>1 coach</b></li> <li><b>1 judge</b> (<i>Minimum. International brevet 4 is required</i>)</li> </ul>		
<b>REGISTRATION DEADLINES</b>	Definitive registration	<b>January 25<sup>th</sup> 2026</b>	<b>10 weeks before competition</b>
	Nominative registration	<b>February 22<sup>th</sup> 2026</b>	<b>6 weeks before competition</b>
<b>ENTRY FEES</b>	<b>No Entry Fee will be applied for this event.</b>		
<b>ACCREDITATION</b>	<p>Accreditation will be given at the official hotel at the arrival of the Delegations.</p> <p>Delegations must present</p> <ul style="list-style-type: none"> <li>&gt; medical insurance for each delegation member</li> <li>&gt; FIG licenses for each gymnast</li> </ul> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan</p>		
<b>COACHES</b>	<p>As per FIG regulations, no coaches will be accepted in this GP without a valid coach-sport profile at the deadline of the Nominative Registration. In order to be considered, the coach-sport profile (including all relevant documents) must be submitted in FIG Database on February 8<sup>th</sup>, 2026, at the very latest (two weeks prior to the deadline for Nominative Registration).</p>		
<b>COMPETITION FORMAT</b>	<p>According to GP Regulations – Apparatus Senior Program 2026/2028</p> <p>For the Grand Prix Groups, competition will be based upon 3 hoops +2 * 2 clubs and 5 balls.</p>		
<b>PROVISIONAL SCHEDULE</b>	<p><b>Thursday 02.04.2026</b></p> <ul style="list-style-type: none"> <li>* Arrival of delegations</li> <li>* Official training</li> </ul> <p><b>Friday 03.04.2026</b></p> <ul style="list-style-type: none"> <li>* Official training</li> <li>* Technical and orientation meeting</li> <li>* Judges meeting (Drawing)</li> </ul> <p><b>Saturday 04.04.2026</b></p> <p>Competition day (Qualifications)</p> <p><b>Sunday 05.04.2026</b></p> <ul style="list-style-type: none"> <li>* Judges meeting (Drawing)</li> <li>* Competition day (Finals)</li> <li>* Banquet dinner</li> </ul> <p><b>Monday 06.04.2026</b></p> <ul style="list-style-type: none"> <li>* Departure of delegations</li> </ul>		
<b>MEDIA</b>	<p>All media representatives (journalists, photographers, TV) must request an accreditation from le LOC Media Office as soon as possible to have access</p>		

	to the media center on the competition venue.
<b>MEDICAL SERVICES</b>	Certified Medical Staff will be available during training and competition schedule
<b>VISA</b>	<p>Please verify immediately with your travel agent or the French Embassy or French Consulate in your country if a visa is required for your travel to France.</p> <p>The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made on time (<b>at least 6 weeks before the competition = February 22<sup>th</sup> 2026</b>) to the LOC.</p> <p>To request an invitation letter, please send the following information to the LOC:</p> <p>Full Name, Gender, Date of Birth, Citizenship, Passport Number, Passport Expiry Date, Function/Role within the Delegation, Arrival and Departure Dates, City where the visa application support letter should be sent.</p> <p>Please ensure that all information is complete and accurate to avoid delays in visa processing.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences.</p> <p>In accordance with the <b>FIG Technical Regulations</b>, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.</p> <p>It is mandatory that Delegation Members are covered by <b>basic insurance</b> (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the <b>FIG IMSSA subsidiary insurance</b>.</p> <p>For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to:</p> <p> <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a></p> <p>The LOC will verify insurance coverage upon arrival. Each Delegation must present either a <b>cover note</b> or a <b>photocopy of the valid insurance policy</b>. The policy must be valid starting <b>from the day of arrival</b> and must remain valid for the <b>entire duration of the stay</b>.</p>
<b>SAFEGUARDING</b>	<p>From the <b>official day of arrival</b> until the <b>official day of departure</b>, all participants — including <b>gymnasts, coaches, judges, and other Delegation Members</b> — will have the possibility to <b>contact the LOC Safeguarding Officer</b> by phone or email in case of:</p> <ul style="list-style-type: none"> <li>• Harassment</li> <li>• Abuse of any kind</li> <li>• Any situation where they feel uncomfortable or unsafe</li> </ul> <p>The <b>contact information</b> for the LOC Safeguarding Officer will be <b>provided to all Delegations upon arrival</b> on site.</p> <p>As part of the FIG's commitment to athlete welfare and youth protection, <b>posters of the "10 Golden Rules of Gymnastics"</b>, part of the FIG's awareness campaign, must be <b>clearly displayed</b> in several key areas, including:</p> <ul style="list-style-type: none"> <li>• Training Halls</li> <li>• Warm-Up Areas</li> <li>• Public Zones</li> </ul> <p>These measures are in place to ensure a <b>safe, respectful, and supportive environment</b> for all participants throughout the event.</p>
<b>TRANSPORTATION</b>	<p>The invited participating federations must pay for the travel costs of their delegation members to/from France.</p> <p>The LOC will cover the transportation to/from hotel from the airport Charles de Gaulle (Roissy en France), from the airport Orly Airport, Parisians train stations upon arrival and by departure. The LOC will not cover the transportation to/from over airports except the mentioned.</p> <p>The LOC will cover the transportation to/from hotel to/from the Competition</p>

	<p>Hall.</p> <p>The Travel Schedule Form must be returned to the LOC before <b>March 1<sup>st</sup> 2026</b>. If delegations will send travel plan later than march 1<sup>st</sup> 2026, then the local transportation from airports or train stations will not be guaranteed.</p>																																						
ACCOMMODATION	<p><b>NOVOTEL ORLY RUNGY (4*)</b> 1 rue du pont des halles - Zone du delta 94656 RUNGIS</p> <p>The organizing committee will bear accommodation and board for the maximum of authorized delegation from April 2<sup>th</sup> 2026 (arrival day) to April 6<sup>th</sup>, 2026 (departure day).</p> <p>For extras members and extra days of the delegation it will be possible (subject of availability) to book extras rooms in the official hotel and it will stay chargeable to federations (accommodations, breakfast, meals).</p>																																						
MEALS	<p>The LOC will organize the Lunch in the Sport Hall for all participants. No additional charge for the maximum of authorized delegation. For extras members, each meal will cost 25 euros per person.</p>																																						
FINAL BANQUET	<p>The attendance at the Closing Dinner will be free for members of delegations</p>																																						
JUDGES AND JURIES	<p><b>All judges must hold a current valid FIG brevet at the time of the event, in the respective discipline.</b></p> <p>For the FIG Competition minimum international <b>brevet 4</b> is required for judges</p>																																						
COMPETITIONS HEAD JUDGE	<p>The President of the Superior will be</p> <ul style="list-style-type: none"><li>- For GP individuals: Isabelle DE COSSIO FIG ID: 124, cat: 1</li><li>For GP groups: Dominique MULLER LAUTH FIG ID: 126, cat: 2</li></ul>																																						
MUSICS	<p>The music in (only) mp3 format have to be sent to our e-mail address before march 15<sup>th</sup> 2026</p> <p>Due to size problem, we kindly ask you to send your files <b>ONLY</b> by <a href="http://www.wetransfer.com">www.wetransfer.com</a>.</p> <p>For more security please send to both address :</p> <p><a href="mailto:Jose.jdf@gmail.com">Jose.jdf@gmail.com</a> <b>AND</b> <a href="mailto:alain.carron22@gmail.com">alain.carron22@gmail.com</a></p> <p>The file has to be named as follows</p> <ul style="list-style-type: none"><li>• For individuals: Country_Surname_Name_Apparatus (example FRA_KARBANOV_HELENE_HOOP)</li><li>• For groups: Country_Apparatus (example FRA_5 HOOPS)</li></ul> <p>Each delegation has to bring a copy of the music in CDs in case an informatics error occurs.</p>																																						
PRIZE MONEY	<p>For GRAND PRIX INDIVIDUALS According to GP Regulations Prize money per apparatus for finalists:</p> <table><tr><th>Place</th><th>Points / Price</th><th>Place</th><th>Points / Price</th></tr><tr><td>1</td><td>22 / 550 euros</td><td>7</td><td>5 / 125 euros</td></tr><tr><td>2</td><td>17 / 425 euros</td><td>8</td><td>3 / 75 euros</td></tr><tr><td>3</td><td>13 / 325 euros</td><td>9</td><td>2 / 0 euros</td></tr><tr><td>4</td><td>10 / 250 euros</td><td>10</td><td>2 / 0 euros</td></tr><tr><td>5</td><td>8 / 200 euros</td><td>11</td><td>1 / 0 euros</td></tr><tr><td>6</td><td>6 / 150 euros</td><td>12</td><td>1 / 0 euros</td></tr></table> <p>For GRAND PRIX GROUPS COMPETITION</p> <p>The Prize Money, free of any deductible taxes, will be distributed <b>only for winners in the All-Around competition on Saturday</b> as follows:</p> <table><tr><th>Place</th><th>Points / Price</th></tr><tr><td>1<sup>st</sup> group</td><td>22 / 1 250</td></tr><tr><td>2<sup>nd</sup> group</td><td>17 / 600</td></tr><tr><td>3<sup>rd</sup> group</td><td>13 / 400</td></tr></table> <p><b>Grand total of the Prize Money (Indiv and groups): 10 650.- in EUR</b></p>			Place	Points / Price	Place	Points / Price	1	22 / 550 euros	7	5 / 125 euros	2	17 / 425 euros	8	3 / 75 euros	3	13 / 325 euros	9	2 / 0 euros	4	10 / 250 euros	10	2 / 0 euros	5	8 / 200 euros	11	1 / 0 euros	6	6 / 150 euros	12	1 / 0 euros	Place	Points / Price	1 <sup>st</sup> group	22 / 1 250	2 <sup>nd</sup> group	17 / 600	3 <sup>rd</sup> group	13 / 400
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	Travel Schedule Form	March 1 <sup>st</sup> 2026																																					
	Music	March 15 <sup>th</sup> 2026																																					

	Visa Request Form	<b>February 22<sup>th</sup> 2026</b>
	Payment of the Extras Accommodation Costs	<b>At the check in office</b>
<b>ADDITIONAL INFORMATION</b>	All participating Federations must commit themselves to respect Statutes and all FIG rules and regulations.	
<b>SOCIAL MEDIAS</b>	Facebook: <b>Internationaux De Thiais</b> Twitter: <b>@grandprixthiais</b> Instagram: <b>@grandprixthiais</b>	

Sincerely Yours,

Paris, October, 27<sup>th</sup> 2025



David Vallée  
Executive Director of the FIG affiliated NF (FRA)