



VIII Gdynia Rhythmic Stars
Gdynia, Poland
May 08 - May 10, 2026




DIRECTIVES

Event ID: 18466



Dear FIG affiliated Member Federation,

Polish Gymnastic Association has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

Discipline	Rhythmic Gymnastics
Host Federation  PZG	Polish Gymnastic Association Ms. Wiesława Milewska 11 Ratuszowa St., 03450 Warsaw, Poland +(48) 793 005 241 wmilewska@pzg.pl http://pzg.pl
Local Organizing Committee	Fundacja Corda Ms. Anna Mrozinska Al. Zwycięstwa 255, 81-525 Gdynia +(48) 503 113 846 kontakt@fundaciacorda.pl
LOCATION	Gdynia, Poland
Date	May 08 – May 10, 2026
Venue	Polsat Plus Arena Gdynia Kazimierza Górskiego 8, 81-302 Gdynia, Poland +48 (58) 783 55 00 http://www.gdyniaarena.pl <div style="display: flex; align-items: center;">  <div> <p><u>Additional information:</u></p> <ul style="list-style-type: none"> - two training floors - one competition floor - state-of-the-art sound system - impressive acoustic of the hall </div> </div>
APPARATUS SUPPLIER	Please refer to the attached Apparatus List
RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters / Helpdesk • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • Medical Organization of FIG Competitions and Events • Framework for safeguarding athletes and other participants from harassment and abuse in sport during events • License Rules • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events

	<ul style="list-style-type: none"> • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <i>and subsequent decisions of the FIG Executive Committee</i>						
federations invited	The Host Federation will invite all Member Federations in good standing.						
AGE LIMITS	Junior, as per FIG technical regulations - Individual Senior, as per FIG technical regulations - Individual and Group All gymnasts must have a valid FIG licence until the end of the event						
JUDGES AND JURIES	All judges must have a current valid FIG brevet at the time of the event, for the respective discipline (RGI and/or RGG). The participating Member Federations must send minimum one qualified judge. Failure to do so will result in a 300€ fine to be paid to the LOC during the accreditation.						
REGISTRATION DEADLINES	<table border="1"> <tr> <td>Provisional registration</td><td>January 31, 2026</td></tr> <tr> <td>Definitive registration:</td><td>February 28, 2026</td></tr> <tr> <td>Nominative registration</td><td>March 31, 2026</td></tr> </table>	Provisional registration	January 31, 2026	Definitive registration:	February 28, 2026	Nominative registration	March 31, 2026
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ENTRY FEES	The entry fee for this event will be: - 60€ for an individual gymnast; and - 200€ for a group. - 80€ per person (incl. gymnasts, coaches, staff) who have not booked their accommodation through LOC)						
ACCREDITATION	The accreditation procedure will take place at the competition hall. Heads of delegation have to bring to the accreditation office: - The passports of all participants - The national flag - One CD or USB stick with the music for routines - Certification of insurance for all delegation members covering illness, accidents and repatriation - Proof of full payment towards the LOC (a SWIFT copy given to the LOC). Please <u>send all music for routines for each gymnast before April 1, 2026</u> together with the nominative registration, at: rgmusic@wp.pl In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.						
Event Format	<u>Junior RGI (FIG Rules)</u> ALL-AROUND TEAM COMPETITION AND QUALIFICATION FOR FINALS: The Federations participating with 2-4 gymnasts will join the Team Competition. They must present 4 exercises according to the junior program. In a team competition, a gymnast may participate with 1-3 exercises. No more than 4 exercises can be executed per Federation (except host NF). The team result will be calculated based on all 4 presented exercises. If a NF participates with only 1 gymnast, she must present an exercise with each of the 4 apparatus and can qualify with each apparatus for the Apparatus Finals. However, she won't be ranked in the team ranking and won't get a medal/certificate for AA. APPARATUS FINAL: The best 8 gymnasts per apparatus – max 1 per Federation <u>Senior RGI (FIG Rules)</u> ALL-AROUND AND QUALIFICATION FOR FINALS: Each gymnast performs 4 exercises Each Federation can participate with max. 2 gymnasts (except host NF) <u>Senior RGG (FIG Rules)</u> ALL-AROUND AND QUALIFICATION FOR FINALS: Each Group performs 2 exercises.						

	<p>APPARATUS FINAL: The best 8 Groups per apparatus – max 1 per Federation</p> <p>Host country has no limit regarding individual gymnasts, but only two seniors and one junior gymnast can qualify to the apparatus finals.</p>
PROVISIONAL Schedule	<p>May 07, 2026 (Thursday) - Arrival of the delegations</p> <p>May 08, 2026 (Friday) - Podium Training</p> <p>- Orientation meeting</p> <p>May 09, 2026 (Saturday) - Judges drawing for AA</p> <p>May 10, 2026 (Sunday) - All around: RGI, RGG</p> <p>- Judges drawing for Finals</p> <p>- Finals: RGI, RGG</p> <p>- Gala Show</p> <p>May 11, 2026 (Monday) - Departure of the delegations</p>
event manager	<p>Mrs Maria Mrozińska</p> <p>+48604286362</p>
MEDICAL SERVICES	<p>First aid staff will be available at the venue, and will assist with further needs.</p>
VISA	<p>Please verify immediately with your travel agent or the Polish Embassy or Consulate in your country if a visa is required for your travel to Poland.</p> <p>The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before February 1, 2026 to the LOC.</p> <p>To request an invitation letter, please send the following information to the LOC:</p> <p>Full Name, Gender, Date of Birth, Citizenship, Passport Number, Passport Expiry Date, Function/Role within the Delegation, Arrival and Departure Dates, City where the visa application support letter should be sent.</p> <p>Please ensure that all information is complete and accurate to avoid delays in visa processing.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences.</p> <p>In accordance with the FIG Technical Regulations, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.</p> <p>It is mandatory that Delegation Members are covered by basic insurance (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the FIG IMSSA subsidiary insurance.</p> <p>For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to:</p> <p>https://www.gymnastics.sport/site/pages/medical-insurance.php</p> <p>The LOC will verify insurance coverage upon arrival. Each Delegation must present either a cover note or a photocopy of the valid insurance policy. The policy must be valid starting from the day of arrival and must remain valid for the entire duration of the stay.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: 20€ per person/day.</p>
SAFEGUARDING	<p>From the official day of arrival until the official day of departure, all participants — including gymnasts, coaches, judges, and other Delegation Members — will have the possibility to contact the LOC Safeguarding Officer by phone or email in case of:</p> <ul style="list-style-type: none"> • Harassment • Abuse of any kind • Any situation where they feel uncomfortable or unsafe <p>The contact information for the LOC Safeguarding Officer will be provided to all Delegations upon arrival on site.</p>

	<p>As part of the FIG's commitment to athlete welfare and youth protection, posters of the "10 Golden Rules of Gymnastics", part of the FIG's awareness campaign, must be clearly displayed in several key areas, including:</p> <ul style="list-style-type: none"> • Training Halls • Warm-Up Areas • Public Zones <p>These measures are in place to ensure a safe, respectful, and supportive environment for all participants throughout the event.</p>
INTERNATIONAL TRANSPORTATION	The invited participating federations must pay for the travel costs of their delegation members.
LOCAL TRANSPORTATION	<p>The only airport is Gdansk-Rebiechowo "Lech Walesa" Airport (GDN). The LOC will provide free transportation from/to Gdansk airport Gdynia railway and bus stations during arrival and departure days as well as from/to the hotel and the Competition Hall. Additional transportation from/to Airport outside official arrival and/or departure days will be subject to an extra charge of 10 euro per person.</p>
ACCOMMODATION	<p>The invited participating federations must pay for the accommodation expenses of their delegation members.</p> <p>Hotel My Story 4****</p>  <p>Distance from the hotel to the Venue: 1,4 km 8 min bus 20 min walking distance</p> <p>The costs per person and per night or Accommodation including breakfast are as follows:</p> <ul style="list-style-type: none"> - 120€ (single room) - 80€ (double room) - 70€ (triple room) <p>The number of rooms is limited.</p> <p>Hotel Mercure 3 ***</p> 

	<p>Distance from the hotel to the Venue: 3,4 km 15 min bus 35 min walking distance</p> <p>The costs per person and per night for Accommodation including breakfast are as follows: - 135€ (single room) - 85€ (double room) - 75€ (triple room)</p> <p>The number of rooms is limited. The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by February 28, 2026 at the very latest, the hotel rooms will be allocated on a "first come, first served" basis. 100% for the Accommodations costs must be paid to the LOC at the time of the Nominative entry – 31st March 2026 In case of the cancelation, costs will be refunded as follows: Up until 10th April 2025: 50% of the total amount After 10th April 2025: no refund Only written cancellation sent by e-mail will be accepted.</p>																														
MEALS	<p>Dinner - 25 euro (in the hotel) Lunch will be served for Judges during competition days free of charge.</p>																														
PRIZE MONEY	<p>The Prize Money, free of any deductible taxes, will be distributed in Euros as follows:</p> <p>Individual All-Around Competition - Seniors</p> <table border="1"> <thead> <tr> <th colspan="2">Prize Money in Euros</th> </tr> <tr> <th>Ranking</th><th></th> </tr> </thead> <tbody> <tr><td>1</td><td>2000</td></tr> <tr><td>2</td><td>1500</td></tr> <tr><td>3</td><td>1000</td></tr> <tr><td>4</td><td>500</td></tr> <tr><td>5</td><td>400</td></tr> <tr><td>6</td><td>300</td></tr> <tr><td>7</td><td>200</td></tr> <tr><td>8</td><td>100</td></tr> </tbody> </table> <p>Group All – Around Competitions – Seniors</p> <table border="1"> <thead> <tr> <th colspan="2">Prize Money in Euros</th> </tr> <tr> <th>Ranking</th><th></th> </tr> </thead> <tbody> <tr><td>1</td><td>1500</td></tr> <tr><td>2</td><td>1000</td></tr> <tr><td>3</td><td>500</td></tr> </tbody> </table> <p>Grand total of the Prize Money: EUR 9000.-</p>	Prize Money in Euros		Ranking		1	2000	2	1500	3	1000	4	500	5	400	6	300	7	200	8	100	Prize Money in Euros		Ranking		1	1500	2	1000	3	500
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BANK ACCOUNT INFORMATION	<p>All payments must be paid by bank transfer before arrival.</p> <p>BANK ACCOUNT INFORMATION Beneficiary: Fundacja Corda Adress: Al.Zwyciestwa 255, 81- 525 Gdynia, Poland Bank Name: Santander Bank Polska IBAN: PL 81109011020000000157159500 SWIFT Code: WBKPPLPPXXX</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: <u>Gdynia Rhythmic Stars 2026.</u></p>																														

	The participating federations are responsible for covering all bank fees in connection with the bank transfers.	
Marketing website & Social Media	FIG advertising and publicity norms must be respected.	
	www: www: www.gdyniargstars.pl Instagram: www.instagram.com/gdyniargstars	
DEADLINES SUMMARY	Provisional registration	January 31, 2026
	Visa request form	January 31, 2026
	Definitive registration	February 28, 2026
	Nominative registration	March 31, 2026
	Accommodation form	March 31, 2026
	Travel schedule form	March 31, 2026
	Payment of the entry fee	March 31, 2026
	Payment of the accommodation costs	March 31, 2026
	Payment of the fine for missing judge	March 31, 2026

Sincerely Yours,

Warsaw, November 27, 2025



Maciej Szafran
Secretary General
of the Polish Gymnastic Association