



2026 Miss Valentine International Tournament
Tartu, Estonia, 27.02-01.03, 2026
RGI and RGG competition (FIG)



DIRECTIVES

Event ID: 18461

Dear FIG Affiliated Member Federation,
The **Gymnastics Federation of ESTONIA** is pleased to invite your Federation to participate in the 2026 Miss Valentine International tournament, an official **FIG International Event**, as referenced above.
We look forward to your participation and to welcoming your delegation to this prestigious event.

DISCIPLINE	Rhythmic Gymnastics (RGI and RGG)
HOST FEDERATION	Estonian Gymnastics Federation Contact person: Ms. Katrin Maastik Tondi 84, Tallinn, Estonia Phone: +372 6031555 e-mail: eevl@eevl.ee Website : www.missvalentine.eu , www.eevl.ee
LOCAL ORGANIZING COMMITTEE	Gymnastics Club Janika Contact Person: Mrs. Janika Mölder Ihaste tee 7, Tartu, Estonia Phone: +1 647 3001071 (WhatsApp) E-mail : janika@vkjanika.ee Website: www.missvalentine.eu
LOCATION	Tartu, Estonia
DATE	February 27- March 1, 2026
VENUE	University of Tartu Sports Hall Ujula 4A, Tartu, Estonia Phone/fax: +372 7376280 https://sport.ut.ee/en/sports-centre/ The venue consists of main competition arena with a competition carpet + 3 basketball court size warm up halls together with 7 warm up carpets
APPARATUS SUPPLIER	Please refer to the attached apparatus list
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Code of Ethics• Code of Conduct• Technical Regulations• Code of Discipline• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules• Anti-Doping Rules• License rules• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events• Medical Organization of FIG Competitions and Events• Media Guidelines• Apparatus Norms• Rules for Sanctioning (approval) of International Events• Rules for Advertising and Publicity• Rules for Awards Ceremonies

	• Accreditation Rules and subsequent decisions of the FIG Executive Committee					
FEDERATIONS INVITED	The Organizing Member Federation will invite all Member Federations according to the following principles: all FIG member federation in good standing.					
AGE LIMITS	Senior gymnasts: As per FIG technical regulations Junior gymnasts: As per FIG technical regulations All gymnasts must have a valid FIG licence until the end of the event.					
JUDGES AND JURIES	Only current valid FIG Brevet judges (2025-2028) can judge 2026 Miss Valentine Intranational Tournament 1 judge (per federation) Brevet Cat. 1-4 Each Federation must send minimum 1 judge. All judges must have a current valid FIG brevet at the time of the event, for the respective discipline.					
REGISTRATION DEADLINES	<table><tr><td>Definitive registration:</td><td>November 22, 2025</td></tr><tr><td>Nominative registration</td><td>December 22, 2025</td></tr></table>		Definitive registration:	November 22, 2025	Nominative registration	December 22, 2025
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ENTRY FEES	75€ per individual gymnast (RGI) 180€ per group (RGG)					
ACCREDITATION	Delegation accreditation will take place upon arrival at the venue of the event For accreditation team leaders are required to bring the following documents: -passports of all members of the delegation -proof of medical insurance of all members of the delegation (obligatory) -FIG License for gymnasts -National Anthem -All delegations are requested to upload the music and portrait photos of their gymnasts/delegation members to KSIS: https://rgform.eu/event.php?id_prop=8724 -Please keep USP flash drive or phone with music for the routines for back up In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan. An accreditation fee of 100€ per person will apply if delegation members do not stay at the official hotel.					
EVENT FORMAT	<u>RGG (Junior, Senior)</u> *AA (Max 2 teams per country can compete) *Apparatus Finals (Max 1 team per country going to final) <u>Awards:</u> AA and Apparatus Finals (Max 1 team per country can be awarded) <u>RGI (Senior)</u> Team Competition: (Max 8 routines per team; min 2, max 8 gymnasts in team) Apparatus Finals: (1 gymnast per country per apparatus going to final, max 8 gymnasts in finals) Awards: Team AA award and Individual Apparatus Finals awards <u>RGI (Junior)</u> Team Competition: (Max 8 routines per team; min 2, max 8 gymnasts in team) Apparatus Finals: (1 gymnast per country per apparatus going to final, max 8 gymnasts in finals) Awards: Team AA award and Individual Apparatus Finals awards					
PROVISIONAL SCHEDULE	Tuesday, February 24, 2026 Wednesday, February 25, 2026 Thursday, February 26, 2026 Friday, February 27, 2026 Saturday, March 28, 2026 Sunday, March 1, 2026 Monday, March 2, 2026	Arrival of delegations Arrival of delegations Podium training (starting in the evening) Competition Competition Competition and finals Departure of delegations				
EVENT MANAGER	Mrs. Janika Mölder Ihaste tee 7, Tartu, Estonia Phone: +1 647 3001071 (WhatsApp) E-mail : janika@vkjanika.ee Website: www.missvalentine.eu					

MEDICAL SERVICES	The Local Organizing Committee will provide a first medical aid service, a doctor and emergency medical transportation in the competition area
VISA	<p>Please verify immediately with your travel agent or the Estonian Embassy or Consulate in your country if a visa is required for your travel to Estonia.</p> <p>The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before January 22, 2026 to the LOC https://rqform.eu/event.php?id_prop=8724</p> <p>To request an invitation letter, please send the following information to the LOC: Full Name, Gender, Date of Birth, Citizenship, Passport Number, Passport Expiry Date, Function/Role within the Delegation, Arrival and Departure Dates, City where the visa application support letter should be sent.</p> <p>Please ensure that all information is complete and accurate to avoid delays in visa processing.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences.</p> <p>In accordance with the FIG Technical Regulations, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.</p> <p>It is mandatory that Delegation Members are covered by basic insurance (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the FIG IMSSA subsidiary insurance.</p> <p>For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to:</p> <p>https://www.gymnastics.sport/site/pages/medical-insurance.php</p> <p>The LOC will verify insurance coverage upon arrival. Each Delegation must present either a cover note or a photocopy of the valid insurance policy. The policy must be valid starting from the day of arrival and must remain valid for the entire duration of the stay.</p> <p>If a Federation cannot provide proof of valid insurance, the LOC will offer insurance coverage at the Federation's own expense, at a cost of: 50€ per person/day.</p>
SAFEGUARDING	<p>From the official day of arrival until the official day of departure, all participants — including gymnasts, coaches, judges, and other Delegation Members — will have the possibility to contact the LOC Safeguarding Officer by phone or email in case of:</p> <ul style="list-style-type: none"> • Harassment • Abuse of any kind • Any situation where they feel uncomfortable or unsafe <p>The contact information for the LOC Safeguarding Officer will be provided to all Delegations upon arrival on site.</p> <p>As part of the FIG's commitment to athlete welfare and youth protection, posters of the "10 Golden Rules of Gymnastics", part of the FIG's awareness campaign, must be clearly displayed in several key areas, including:</p> <ul style="list-style-type: none"> • Training Halls • Warm-Up Areas • Public Zones <p>These measures are in place to ensure a safe, respectful, and supportive environment for all participants throughout the event.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the OC – ONLINE: https://rqform.eu/event.php?id_prop=8724 by January 22, 2026 latest.</p> <p>If delegations will send travel plan later than January 22, 2026, the local transportation from the airport won't be arranged.</p> <p>Local Transportation will be provided only for the Delegation members who booked their accommodation through the Organizing Committee.</p>

LOCAL TRANSPORTATION	<p>Free local transportation for all accredited delegation members:</p> <ul style="list-style-type: none"> • from Tallinn or Tartu International Airport to the hotel and back to Tallinn or Tartu airport • from the hotels to the Competition Venue and vice-versa (shuttle busses) <p>Will be provided only for the Delegation members who booked their hotel accommodation through the Organizing Committee.</p>
ACCOMMODATION	<p>Hotel Dorpat Address: Soola 6, 51013 Tartu, Estonia info@dorpat.ee +372 5328 5485 https://dorpat.ee</p> <p><u>2-night package in the hotel - 295 € per person double or triple room (single room 355 €)</u></p> <p>The price includes:</p> <ul style="list-style-type: none"> - accommodation in the hotel for 2 nights, incl. breakfast and dinner - transportation from Tallinn or Tartu Airport to the hotel and back - shuttle busses between hotel and competition hall <p><u>3-night package in the hotel - 395 € per person double or triple room (single room 455 €)</u></p> <p>The price includes:</p> <ul style="list-style-type: none"> - accommodation in the hotel for 3 nights, incl. breakfast and dinner - transportation from Tallinn or Tartu Airport to the hotel and back - shuttle busses between hotel and competition hall <p><u>4-night package in the hotel - 495 € per person double or triple room (single room 555 €)</u></p> <p>The price includes:</p> <ul style="list-style-type: none"> - accommodation in the hotel for 4 nights, incl. Breakfast and dinner - transportation from Tallinn or Tartu Airport to the hotel and back - shuttle busses between hotel and competition hall <p><u>5-night package in the hotel - 595 € per person double or triple room (single room 655 €)</u></p> <p>The price includes:</p> <ul style="list-style-type: none"> - accommodation in the hotel for 5 nights, incl. Breakfast and dinner - transportation from Tallinn or Tartu Airport to the hotel and back - shuttle busses between hotel and competition hall <p><u>6-night package in the hotel - 695 € per person double or triple room (single room 755 €)</u></p> <p>The price includes:</p> <ul style="list-style-type: none"> - accommodation in the hotel for 6 nights, incl. Breakfast and dinner - transportation from Tallinn or Tartu Airport to the hotel and back - shuttle busses between hotel and competition hall <p>The prices charged for hotel rooms will not exceed the standard rates typically applied by the respective hotels.</p> <p>The Accommodation Form must be returned to the OC ONLINE – https://rqform.eu/event.php?id_prop=8724 by January 22, 2026, at the very latest.</p> <p>Hotel rooms will be allocated on a “first come, first served” basis. To ensure availability at your preferred accommodation, we strongly recommend submitting the Accommodation Form as early as possible.</p>

	<p>The costs for the accommodation must be paid to the LOC by January 22, 2026, at the very latest.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members.</p> <p>The costs for the accommodations must be paid to the LOC by January 22, 2026</p> <p>ACCOMMODATION CANCELLATION</p> <p>In case of cancellation, costs will be refunded as follows:</p> <ul style="list-style-type: none"> • Until December 22, 2025: 100% refund of the total amount • From December 23, 2025 - January 21, 2026: 50% refund of the total amount • After January 22, 2026: NO REFUND <p>Only written cancellations sent by E-Mail will be accepted.</p> <p>The LOC strongly recommends that each federation obtain cancellation insurance for their accommodation and meal options.</p>	
MEALS	<p>Meals are included in the accommodation packages. Please see the ACCOMMODATION section above for reference.</p> <p>The LOC strongly recommends that each federation obtain cancellation insurance for their accommodation and meal options.</p>	
CANCELATION POLICY	<p>In case of cancellation, costs will be refunded as follows:</p> <ul style="list-style-type: none"> • Until December 22, 2025: 100% refund of the total amount • From December 23, 2025 - January 21, 2026: 50% refund of the total amount • After January 22, 2026: NO REFUND <p>Only written cancellations sent by e mail will be accepted.</p>	
FINAL BANQUET	<p>Final banquet will take place March 1st (Place TBC)</p> <p>Free for all delegation members who will stay at the official hotel.</p> <p>Final banquet fee of 50€ per person will apply if delegation members do not stay at the official hotel.</p>	
BANK ACCOUNT INFORMATION	<p>Each participating Federation is kindly requested to integrate the payment's purpose as follows:</p> <p>Beneficiary: Võimlemisklubi Janika Address: Ihaste tee 7, 51013 Tartu, Estonia Bank: SEB Address: Tornimäe 2, 15010 Tallinn, Estonia SWIFT: EEUHEE2X IBAN: EE791010102001526002</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p> <p>Please state the name of the Country/Federation the payment purpose on the transfer (i.e "Team FIN, 2026 Miss Valentine Tartu Grand Prix").</p> <p>The net amount received by the LOC must correspond to the total amount due, without any deductions for bank fees.</p>	
MARKETING	<p>FIG advertising and publicity norms must be respected</p>	
MEDIA	<p>The event has dedicated press and social media team. For media related inquiries please contact chief organizer Janika Mölder: janika@vkjanika.ee</p>	
SOCIAL MEDIA	<p>www.instagram.com/missvalentinegymnastics/ www.missvalentine.eu</p>	
DEADLINES SUMMARY	<p>Definitive Registration</p> <p>ONLINE at https://rqform.eu/event.php?id_prop=8724</p>	<p>November 22, 2025</p>

	Nominative Registration (Please register all delegation members by name and add max 2 apparatus for gymnasts) ONLINE at https://rqform.eu/event.php?id_prop=8724 <u>Start fees are due by December 22, 2025</u>	December 22, 2025
	Accommodation ONLINE at https://rqform.eu/event.php?id_prop=8724	January 22, 2026
	Travel Plan ONLINE at https://rqform.eu/event.php?id_prop=8724	January 22, 2026
	Submit Visa Request form (It's an online form, follow the instructions and complete the form with required information) ONLINE at https://rqform.eu/event.php?id_prop=8724	January 22, 2026
	Music mp3 (only) ONLINE at https://rqform.eu/event.php?id_prop=8724	January 22, 2026
	Payment of the accommodation costs (100%) <u>Accreditation and banquet fee is due by January 22, 2026</u> An accreditation fee of 50€ per person will apply if delegation members do not stay at the official hotel.	By January 22, 2026 By January 22, 2026
ADDITIONAL INFORMATION		

Sincerely Yours,



Katrin Maastik
Secretary General

Tallinn, December 2, 2025