



2026 Miss Valentine International Tournament  
Tartu, Estonia, 27.02-01.03, 2026  
RGI and RGG competition (FIG)



## DIRECTIVES

**Event ID: 18461**

Dear FIG Affiliated Member Federation,  
The **Gymnastics Federation of ESTONIA** is pleased to invite your Federation to participate in the 2026 Miss Valentine International tournament, an official **FIG International Event**, as referenced above. We look forward to your participation and to welcoming your delegation to this prestigious event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics (RGI and RGG)</b>
<b>HOST FEDERATION</b>	Estonian Gymnastics Federation Contact person: Ms. Katrin Maastik Tondi 84, Tallinn, Estonia Phone: +372 6031555 e-mail: <a href="mailto:eevl@eevl.ee">eevl@eevl.ee</a> Website : <a href="http://www.missvalentine.eu">www.missvalentine.eu</a> , <a href="http://www.eevl.ee">www.eevl.ee</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	Gymnastics Club Janika Contact Person: Mrs. Janika Mölder Ihaste tee 7, Tartu, Estonia Phone: +1 647 3001071 (WhatsApp) E-mail : <a href="mailto:janika@vkjanika.ee">janika@vkjanika.ee</a> Website: <a href="http://www.missvalentine.eu">www.missvalentine.eu</a>
<b>LOCATION</b>	Tartu, Estonia
<b>DATE</b>	<b>February 27- March 1, 2026</b>
<b>VENUE</b>	University of Tartu Sports Hall Ujula 4A, Tartu, Estonia Phone/fax: +372 7376280 <a href="https://sport.ut.ee/en/sports-centre/">https://sport.ut.ee/en/sports-centre/</a> The venue consists of main competition arena with a competition carpet + 3 basketball court size warm up halls together with 7 warm up carpets
<b>APPARATUS SUPPLIER</b>	<b>Please refer to the attached apparatus list</b>
<b>RULES AND REGULATIONS</b>	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"><li>• Statutes</li><li>• Code of Ethics</li><li>• Code of Conduct</li><li>• Technical Regulations</li><li>• Code of Discipline</li><li>• Code of Points and relevant Newsletters</li><li>• General Judges' Rules</li><li>• Specific Judges' Rules</li><li>• Anti-Doping Rules</li><li>• License rules</li><li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li><li>• Medical Organization of FIG Competitions and Events</li><li>• Media Guidelines</li><li>• Apparatus Norms</li><li>• Rules for Sanctioning (approval) of International Events</li><li>• Rules for Advertising and Publicity</li><li>• Rules for Awards Ceremonies</li></ul>

	<ul style="list-style-type: none"> <li>• Accreditation Rules and subsequent decisions of the FIG Executive Committee</li> </ul>				
<b>FEDERATIONS INVITED</b>	The Organizing Member Federation will invite all Member Federations according to the following principles: <b>all FIG member federation in good standing.</b>				
<b>AGE LIMITS</b>	Senior gymnasts: As per FIG technical regulations Junior gymnasts: As per FIG technical regulations  <b>All gymnasts must have a valid FIG licence until the end of the event.</b>				
<b>JUDGES AND JURIES</b>	<b>Only current valid FIG Brevet judges (2025-2028) can judge 2026 Miss Valentine Intranational Tournament</b> 1 judge (per federation) Brevet Cat. 1-4 Each Federation must send minimum 1 judge. All judges must have a current valid FIG brevet at the time of the event, for the respective discipline.				
<b>REGISTRATION DEADLINES</b>	<table border="1"> <tr> <td>Definitive registration:</td><td><b>November 22, 2025</b></td></tr> <tr> <td>Nominative registration</td><td><b>December 22, 2025</b></td></tr> </table>	Definitive registration:	<b>November 22, 2025</b>	Nominative registration	<b>December 22, 2025</b>
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<b>ENTRY FEES</b>	75€ per individual gymnast (RGI) 180€ per group (RGG)				
<b>ACCREDITATION</b>	Delegation accreditation will take place upon arrival at the venue of the event For accreditation team leaders are required to bring the following documents: -passports of all members of the delegation -proof of medical insurance of all members of the delegation (obligatory) -FIG License for gymnasts -National Anthem -All delegations are requested to upload the music and portrait photos of their gymnasts/delegation members to KSIS: <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a> -Please keep USP flash drive or phone with music for the routines for back up In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.  <b>An accreditation fee of 100€ per person will apply if delegation members do not stay at the official hotel.</b>				
<b>EVENT FORMAT</b>	<p><b>RGG (Junior, Senior)</b></p> <p>*AA (Max 2 teams per country can compete) *Apparatus Finals (Max 1 team per country going to final) Awards: AA and Apparatus Finals (Max 1 team per country can be awarded)</p> <p><b>RGI (Senior)</b></p> <p>Team Competition: (Max 8 routines per team; min 2, max 8 gymnasts in team) Apparatus Finals: (1 gymnast per country per apparatus going to final, max 8 gymnasts in finals) Awards: Team AA award and Individual Apparatus Finals awards</p> <p><b>RGI (Junior)</b></p> <p>Team Competition: (Max 8 routines per team; min 2, max 8 gymnasts in team) Apparatus Finals: (1 gymnast per country per apparatus going to final, max 8 gymnasts in finals) Awards: Team AA award and Individual Apparatus Finals awards</p>				
<b>PROVISIONAL SCHEDULE</b>	<p><b>Tuesday, February 24, 2026</b> Arrival of delegations</p> <p><b>Wednesday, February 25, 2026</b> Arrival of delegations</p> <p><b>Thursday, February 26, 2026</b> Podium training (starting in the evening)</p> <p><b>Friday, February 27, 2026</b> Competition</p> <p><b>Saturday, March 28, 2026</b> Competition</p> <p><b>Sunday, March 1, 2026</b> Competition and finals</p> <p><b>Monday, March 2, 2026</b> Departure of delegations</p>				
<b>EVENT MANAGER</b>	Mrs. Janika Mölder Ihaste tee 7, Tartu, Estonia Phone: +1 647 3001071 (WhatsApp) E-mail : <a href="mailto:janika@vkjanika.ee">janika@vkjanika.ee</a> Website: <a href="http://www.missvalentine.eu">www.missvalentine.eu</a>				

<b>MEDICAL SERVICES</b>	The Local Organizing Committee will provide a first medical aid service, a doctor and emergency medical transportation in the competition area
<b>VISA</b>	<p>Please verify immediately with your travel agent or the <b>Estonian</b> Embassy or Consulate in your country if a visa is required for your travel to <b>Estonia</b>.</p> <p>The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>January 22, 2026</b> to the LOC <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></p> <p>To request an invitation letter, please send the following information to the LOC: Full Name, Gender, Date of Birth, Citizenship, Passport Number, Passport Expiry Date, Function/Role within the Delegation, Arrival and Departure Dates, City where the visa application support letter should be sent.</p> <p>Please ensure that all information is complete and accurate to avoid delays in visa processing.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences.</p> <p>In accordance with the <b>FIG Technical Regulations</b>, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.</p> <p>It is mandatory that Delegation Members are covered by <b>basic insurance</b> (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the <b>FIG IMSSA subsidiary insurance</b>.</p> <p>For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to:</p> <p> <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a></p> <p>The LOC will verify insurance coverage upon arrival. Each Delegation must present either a <b>cover note</b> or a <b>photocopy of the valid insurance policy</b>. The policy must be valid starting <b>from the day of arrival</b> and must remain valid for the <b>entire duration of the stay</b>.</p> <p>If a Federation cannot provide proof of valid insurance, the LOC will offer insurance coverage at the Federation's own expense, at a cost of: <b>50€ per person/day</b>.</p>
<b>SAFEGUARDING</b>	<p>From the <b>official day of arrival</b> until the <b>official day of departure</b>, all participants — including <b>gymnasts, coaches, judges, and other Delegation Members</b> — will have the possibility to <b>contact the LOC Safeguarding Officer</b> by phone or email in case of:</p> <ul style="list-style-type: none"> <li>• Harassment</li> <li>• Abuse of any kind</li> <li>• Any situation where they feel uncomfortable or unsafe</li> </ul> <p>The <b>contact information</b> for the LOC Safeguarding Officer will be <b>provided to all Delegations upon arrival</b> on site.</p> <p>As part of the FIG's commitment to athlete welfare and youth protection, <b>posters of the “10 Golden Rules of Gymnastics”</b>, part of the FIG's awareness campaign, must be <b>clearly displayed</b> in several key areas, including:</p> <ul style="list-style-type: none"> <li>• Training Halls</li> <li>• Warm-Up Areas</li> <li>• Public Zones</li> </ul> <p>These measures are in place to ensure a <b>safe, respectful, and supportive environment</b> for all participants throughout the event.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p><b>The invited participating federations must pay for the travel costs of their delegation members.</b></p> <p>The Travel Schedule Form must be returned to the OC – ONLINE: <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a> by <b>January 22, 2026</b> latest.</p> <p>If delegations will send travel plan later than January 22, 2026, the local transportation from the airport won't be arranged.</p> <p>Local Transportation will be provided only for the Delegation members who booked their accommodation through the Organizing Committee.</p>

<b>LOCAL TRANSPORTATION</b>	<p>Free local transportation for all accredited delegation members:</p> <ul style="list-style-type: none"> <li>from Tallinn or Tartu International Airport to the hotel and back to Tallinn or Tartu airport</li> <li>from the hotels to the Competition Venue and vice-versa (shuttle busses)</li> </ul> <p>Will be provided only for the Delegation members who booked their hotel accommodation through the Organizing Committee.</p>
<b>ACCOMMODATION</b>	<p>Hotel Dorpat  Address: Soola 6, 51013 Tartu, Estonia  <a href="mailto:info@dorpat.ee">info@dorpat.ee</a>  +372 5328 5485  <a href="https://dorpat.ee">https://dorpat.ee</a></p> <p><b><u>2-night package in the hotel - 295 € per person double or triple room</u></b>  <b><u>(single room 355 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>accommodation in the hotel for 2 nights, incl. breakfast and dinner</li> <li>transportation from Tallinn or Tartu Airport to the hotel and back</li> <li>shuttle busses between hotel and competition hall</li> </ul> <p><b><u>3-night package in the hotel - 395 € per person double or triple room</u></b>  <b><u>(single room 455 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>accommodation in the hotel for 3 nights, incl. breakfast and dinner</li> <li>transportation from Tallinn or Tartu Airport to the hotel and back</li> <li>shuttle busses between hotel and competition hall</li> </ul> <p><b><u>4-night package in the hotel - 495 € per person double or triple room</u></b>  <b><u>(single room 555 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>accommodation in the hotel for 4 nights, incl. Breakfast and dinner</li> <li>transportation from Tallinn or Tartu Airport to the hotel and back</li> <li>shuttle busses between hotel and competition hall</li> </ul> <p><b><u>5-night package in the hotel - 595 € per person double or triple room</u></b>  <b><u>(single room 655 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>accommodation in the hotel for 5 nights, incl. Breakfast and dinner</li> <li>transportation from Tallinn or Tartu Airport to the hotel and back</li> <li>shuttle busses between hotel and competition hall</li> </ul> <p><b><u>6-night package in the hotel - 695 € per person double or triple room</u></b>  <b><u>(single room 755 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>accommodation in the hotel for 6 nights, incl. Breakfast and dinner</li> <li>transportation from Tallinn or Tartu Airport to the hotel and back</li> <li>shuttle busses between hotel and competition hall</li> </ul> <p>The prices charged for hotel rooms <b>will not exceed the standard rates</b> typically applied by the respective hotels.</p> <p>The Accommodation Form must be returned to the OC ONLINE – <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a> by <b>January 22, 2026</b>, at the very latest.</p> <p><b>Hotel rooms will be allocated on a “first come, first served” basis.</b>  To ensure availability at your preferred accommodation, we strongly recommend submitting the Accommodation Form as early as possible.</p>

	<p>The costs for the accommodation must be paid to the LOC by January 22, 2026, at the very latest.</p> <p><b>The invited participating federations must pay for the accommodation expenses of their delegation members.</b></p> <p>The costs for the accommodations must be paid to the LOC by January 22, 2026</p> <p><b>ACCOMMODATION CANCELLATION</b></p> <p><b>In case of cancellation, costs will be refunded as follows:</b></p> <ul style="list-style-type: none"> <li>• Until December 22, 2025: 100% refund of the total amount</li> <li>• From December 23, 2025 - January 21, 2026: 50% refund of the total amount</li> <li>• <b>After January 22, 2026: NO REFUND</b></li> </ul> <p><b>Only written cancellations sent by E-Mail will be accepted.</b></p> <p><b>The LOC strongly recommends that each federation obtain cancellation insurance for their accommodation and meal options.</b></p>	
<b>MEALS</b>	<p>Meals are included in the accommodation packages. Please see the <b>ACCOMMODATION</b> section above for reference.</p> <p>The LOC strongly recommends that each federation obtain cancellation insurance for their accommodation and meal options.</p>	
<b>CANCELATION POLICY</b>	<p><b>In case of cancellation, costs will be refunded as follows:</b></p> <ul style="list-style-type: none"> <li>• Until December 22, 2025: 100% refund of the total amount</li> <li>• From December 23, 2025 - January 21, 2026: 50% refund of the total amount</li> <li>• <b>After January 22, 2026: NO REFUND</b></li> </ul> <p><b>Only written cancellations sent by e mail will be accepted.</b></p>	
<b>FINAL BANQUET</b>	<p>Final banquet will take place March 1<sup>st</sup> (Place TBC)</p> <p>Free for all delegation members who will stay at the official hotel.</p> <p>Final banquet fee of 50€ per person will apply if delegation members do not stay at the official hotel.</p>	
<b>BANK ACCOUNT INFORMATION</b>	<p>Each participating Federation is kindly requested to integrate the payment's purpose as follows:</p> <p>Beneficiary: Võimlemisklubi Janika    Address: Ihaste tee 7, 51013 Tartu, Estonia    Bank: SEB    Address: Tornimäe 2, 15010 Tallinn, Estonia    SWIFT: EEUHEE2X    IBAN: EE791010102001526002</p> <p><b>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</b></p> <p>Please state the name of the Country/Federation the payment purpose on the transfer (i.e "Team FIN, 2026 Miss Valentine Tartu Grand Prix").</p> <p>The net amount received by the LOC must correspond to the total amount due, <b>without any deductions</b> for bank fees.</p>	
<b>MARKETING</b>	FIG advertising and publicity norms must be respected	
<b>MEDIA</b>	The event has dedicated press and social media team. For media related inquiries please contact chief organizer Janika Mölder: <a href="mailto:janika@vkjanika.ee">janika@vkjanika.ee</a>	
<b>SOCIAL MEDIA</b>	<a href="http://www.instagram.com/missvalentinegymnastics/">www.instagram.com/missvalentinegymnastics/</a> <a href="http://www.missvalentine.eu">www.missvalentine.eu</a>	
<b>DEADLINES SUMMARY</b>	<p><b>Definitive Registration</b>  <b>ONLINE at <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></b></p>	<b>November 22, 2025</b>

	<p><b>Nominative Registration</b> (Please register all delegation members by name and add max 2 apparatus for gymnasts)  <b>ONLINE at</b> <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></p> <p>Start fees are due by December 22, 2025</p> <p><b>Accommodation</b>  <b>ONLINE at</b> <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></p> <p><b>Travel Plan</b>  <b>ONLINE at</b> <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></p> <p><b>Submit Visa Request form</b> (It's an online form, follow the instructions and complete the form with required information) <b>ONLINE at</b> <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></p> <p><b>Music mp3 (only)</b>  <b>ONLINE at</b> <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></p> <p>Payment of the accommodation costs (100%)</p> <p><u>Accreditation and banquet fee is due by January 22, 2026</u>  An accreditation fee of 50€ per person will apply if delegation members do not stay at the official hotel.</p>	<p><b>December 22, 2025</b></p> <p><b>January 22, 2026</b></p> <p><b>January 22, 2026</b></p> <p><b>January 22, 2026</b></p> <p><b>January 22, 2026</b></p> <p><b>By January 22, 2026</b></p> <p><b>By January 22, 2026</b></p>
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Sincerely Yours,




Katrin Maastik  
Secretary General

Tallinn, December 2, 2025