



## DIRECTIVES

**Event ID: 18462**

Dear FIG Affiliated Member Federation,  
The **Gymnastics Federation of ESTONIA** is pleased to invite your Federation to participate in the 2026 Miss Valentine Tartu Grand Prix, an official **FIG International Event**, as referenced above.  
We look forward to your participation and to welcoming your delegation to this prestigious event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics</b>
<b>HOST FEDERATION</b>	Estonian Gymnastics Federation Contact person: Ms. Katrin Maastik Tondi 84, Tallinn, Estonia Phone: +372 6031555 e-mail: <a href="mailto:eevl@eevl.ee">eevl@eevl.ee</a> Website : <a href="http://www.missvalentine.eu">www.missvalentine.eu</a> , <a href="http://www.eevl.ee">www.eevl.ee</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	Gymnastics Club Janika Contact Person: Mrs. Janika Mölder Ihaste tee 7, Tartu, Estonia Phone: +1 647 3001071 (WhatsApp) E-mail : <a href="mailto:janika@vkjanika.ee">janika@vkjanika.ee</a> Website: <a href="http://www.missvalentine.eu">www.missvalentine.eu</a>
<b>SUPERVISOR</b>	Mr. Jose de Freitas, E-mail <a href="mailto:jose.jdf@gmail.com">jose.jdf@gmail.com</a>
<b>ADMINISTRATION MANAGER</b>	Mr. Kaupo Kallemaa, E-mail <a href="mailto:kaupo.kallemaa@slonny.com">kaupo.kallemaa@slonny.com</a>
<b>LOCATION</b>	<b>Tartu, Estonia</b>
<b>DATE</b>	<b>February 28-March 1, 2026</b>
<b>VENUE</b>	University of Tartu Sports Hall Ujula 4A, Tartu, Estonia Phone/fax: +372 7376280 <a href="https://sport.ut.ee/en/sports-centre/">https://sport.ut.ee/en/sports-centre/</a> The venue consists of main competition arena with a competition carpet + 3 basketball court size warm up halls together with 7 warm up carpets
<b>APPARATUS SUPPLIER</b>	<b>Please refer to the attached apparatus list</b>
<b>RULES AND REGULATIONS</b>	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"><li>• Statutes</li><li>• Code of Ethics</li><li>• Code of Conduct</li><li>• Technical Regulations</li><li>• Code of Discipline</li><li>• Code of Points and relevant Newsletters</li><li>• General Judges' Rules</li><li>• Specific Judges' Rules</li><li>• Anti-Doping Rules</li><li>• License rules</li><li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li><li>• Medical Organization of FIG Competitions and Events</li><li>• Media Guidelines</li><li>• Apparatus Norms</li></ul>

	<ul style="list-style-type: none"> <li>• Rules for Sanctioning (approval) of International Events</li> <li>• Rules for Advertising and Publicity</li> <li>• Rules for Awards Ceremonies</li> <li>• Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>
<b>FEDERATIONS INVITED</b>	The Organizing Member Federation will invite all Member Federations according to the following principles: <b>all FIG member federation in good standing.</b>
<b>AGE LIMITS</b>	RG: Senior, as per FIG Regulations <b>All gymnasts must have a valid FIG licence until the end of the event.</b>
<b>JUDGES AND JURIES</b>	<b>Only current valid FIG Brevet judges (2025-2028) can judge 2026 Miss Valentine Tartu Grand Prix</b> 1 judge (per federation) Brevet Cat. 1-3 Each Federation must send minimum 1 judge. <b>All judges must have a current valid FIG brevet at the time of the event, for the respective discipline.</b>
<b>COMPETITIONS HEAD JUDGE</b>	The President of the Superior Jury will be Ana Carollina GUTIERREZ POMPEU FIG ID:62040 Cat: 2 RGI and 2 RGG
<b>REGISTRATION DEADLINES</b>	Definitive registration: <b>December 22, 2025</b> Nominative registration <b>January 22, 2026</b>
<b>ENTRY FEES</b>	<b>No Entry Fee will be applied for this event.</b>
<b>ACCREDITATION</b>	Delegation accreditation will take place upon arrival at the venue of the event For accreditation team leaders are required to bring the following documents: -passports of all members of the delegation -proof of medical insurance of all members of the delegation (obligatory) -FIG License for gymnasts -National Anthem -All delegations are requested to upload the music and portrait photos of their gymnasts/delegation members to KSIS -Please keep USP flash drive or phone with music for the routines for back up In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.
<b>EVENT FORMAT</b>	<b>2026 Miss Valentine Tartu Grand Prix</b> According to the Grand Prix Regulations. Competition for Senior Individuals 2010 and older All-Around Competition and Apparatus Finals
<b>PROVISIONAL SCHEDULE</b>	<p><b>Thursday, February 26, 2026</b> Arrival of delegations</p> <p><b>Friday, February 27, 2026</b> Arrival of delegations Technical meeting and draw 19:00 Podium training 20:00</p> <p><b>Saturday, February 28, 2026</b> Qualification of Grand Prix Awards Ceremony AA (Top 12)</p> <p><b>Sunday, March 1, 2026</b> Finals of Grand Prix Awards Ceremony Gala Banquet</p> <p><b>Monday, March 2, 2026</b> Departure of delegations</p>
<b>EVENT MANAGER</b>	Mrs. Janika Mölder Ihaste tee 7, Tartu, Estonia Phone: +1 647 3001071 (WhatsApp) E-mail: <a href="mailto:janika@vkjanika.ee">janika@vkjanika.ee</a> Website: <a href="http://www.missvalentine.eu">www.missvalentine.eu</a>

<b>MEDICAL SERVICES</b>	The Local Organizing Committee will provide a first medical aid service, a doctor and emergency medical transportation in the competition area
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Estonian Embassy or Consulate in your country if a visa is required for your travel to Estonia.</p> <p>The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>January 22, 2026</b> to the LOC <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></p> <p>To request an invitation letter, please send the following information to the LOC:</p> <p>Full Name, Gender, Date of Birth, Citizenship, Passport Number, Passport Expiry Date, Function/Role within the Delegation, Arrival and Departure Dates, City where the visa application support letter should be sent.</p> <p>Please ensure that all information is complete and accurate to avoid delays in visa processing.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences.</p> <p>In accordance with the <b>FIG Technical Regulations</b>, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.</p> <p>It is mandatory that Delegation Members are covered by <b>basic insurance</b> (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the <b>FIG IMSSA subsidiary insurance</b>.</p> <p>For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to:</p> <p> <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a></p> <p>The LOC will verify insurance coverage upon arrival. Each Delegation must present either a <b>cover note</b> or a <b>photocopy of the valid insurance policy</b>. The policy must be valid starting <b>from the day of arrival</b> and must remain valid for the <b>entire duration of the stay</b>.</p> <p>If a Federation cannot provide proof of valid insurance, the LOC will offer insurance coverage at the Federation's own expense, at a cost of: <b>50€ per person/day</b>.</p>
<b>SAFEGUARDING</b>	<p>From the <b>official day of arrival</b> until the <b>official day of departure</b>, all participants — including <b>gymnasts, coaches, judges, and other Delegation Members</b> — will have the possibility to <b>contact the LOC Safeguarding Officer</b> by phone or email in case of:</p> <ul style="list-style-type: none"> <li>• Harassment</li> <li>• Abuse of any kind</li> <li>• Any situation where they feel uncomfortable or unsafe</li> </ul> <p>The <b>contact information</b> for the LOC Safeguarding Officer will be <b>provided to all Delegations upon arrival</b> on site.</p> <p>As part of the FIG's commitment to athlete welfare and youth protection, <b>posters of the “10 Golden Rules of Gymnastics”</b>, part of the FIG's awareness campaign, must be <b>clearly displayed</b> in several key areas, including:</p> <ul style="list-style-type: none"> <li>• Training Halls</li> <li>• Warm-Up Areas</li> <li>• Public Zones</li> </ul> <p>These measures are in place to ensure a <b>safe, respectful, and supportive environment</b> for all participants throughout the event.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p><b>The invited participating federations must pay for the travel costs of their delegation members.</b></p> <p>The Travel Schedule Form must be returned to the OC – ONLINE: <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a> by <b>January 22, 2026</b> latest.</p>
<b>LOCAL TRANSPORTATION</b>	<p>Free local transportation for all accredited delegation members:</p> <ul style="list-style-type: none"> <li>• from Tallinn/Tartu International Airport to Tartu and back to Tallinn/Tartu airport</li> <li>• from the hotels to the Competition Venue and vice-versa (shuttle busses)</li> </ul>
<b>ACCOMMODATION</b>	<p>Hotel Dorpat</p> <p>Address: Soola 6, 51013 Tartu, Estonia</p>

[info@dorpat.ee](mailto:info@dorpat.ee)

+372 5328 5485

<https://dorpat.ee>

**2-night package in the hotel - 295 € per person double or triple room  
(single room 355 €)**

The price includes:

- accommodation in the hotel for 2 nights, incl. breakfast and dinner
- transportation from Tallinn or Tartu Airport to the hotel and back
- shuttle busses between hotel and competition hall

**3-night package in the hotel - 395 € per person double or triple room  
(single room 455 €)**

The price includes:

- accommodation in the hotel for 3 nights, incl. breakfast and dinner
- transportation from Tallinn or Tartu Airport to the hotel and back
- shuttle busses between hotel and competition hall

**4-night package in the hotel - 495 € per person double or triple room  
(single room 555 €)**

The price includes:

- accommodation in the hotel for 4 nights, incl. Breakfast and dinner
- transportation from Tallinn or Tartu Airport to the hotel and back
- shuttle busses between hotel and competition hall

**5-night package in the hotel - 595 € per person double or triple room  
(single room 655 €)**

The price includes:

- accommodation in the hotel for 5 nights, incl. Breakfast and dinner
- transportation from Tallinn or Tartu Airport to the hotel and back
- shuttle busses between hotel and competition hall

**6-night package in the hotel - 695 € per person double or triple room  
(single room 755 €)**

The price includes:

- accommodation in the hotel for 6 nights, incl. Breakfast and dinner
- transportation from Tallinn or Tartu Airport to the hotel and back
- shuttle busses between hotel and competition hall

The prices charged for hotel rooms **will not exceed the standard rates** typically applied by the respective hotels.

The Accommodation Form must be returned to the OC ONLINE – [https://rgform.eu/event.php?id\\_prop=8724](https://rgform.eu/event.php?id_prop=8724) by **January 22, 2026**, at the very latest.

**Hotel rooms will be allocated on a “first come, first served” basis.**

To ensure availability at your preferred accommodation, we strongly recommend submitting the Accommodation Form as early as possible.

The costs for the accommodation must be paid to the LOC by January 22, 2026, at the very latest.

**Hotel rooms will be allocated on a “first come, first served” basis.**

To ensure availability at your preferred accommodation, we strongly recommend submitting the Accommodation Form as early as possible.

The LOC will afford the accommodation costs of the gymnasts qualified from the 1<sup>st</sup> to the 12<sup>th</sup> place in the ranking of the International Grand Prix on each apparatus. **The rooms will be double rooms.**

	<p><b>Other invited participating federations must pay for the accommodation expenses of their delegation members.</b></p> <p><b>ACCOMMODATION CANCELLATION</b></p> <p><b>In case of cancellation, costs will be refunded as follows:</b></p> <ul style="list-style-type: none"> <li>• Until December 22, 2025: 100% refund of the total amount</li> <li>• From December 23, 2025 - January 21, 2026: 50% refund of the total amount</li> <li>• <b>After January 22, 2026: NO REFUND</b></li> </ul> <p><b>Only written cancellations sent by E-Mail will be accepted.</b></p> <p><b>The LOC strongly recommends that each federation obtain cancellation insurance for their accommodation and meal options.</b></p>																				
<b>MEALS</b>	<p>Meals are included in the accommodation packages. Please see the <b>ACCOMMODATION</b> section above for reference.</p> <p>The LOC strongly recommends that each federation obtain cancellation insurance for their accommodation and meal options.</p>																				
<b>CANCELLATION POLICY</b>	<p><b>In case of cancellation, costs will be refunded as follows:</b></p> <ul style="list-style-type: none"> <li>• Until December 22, 2025: 100% refund of the total amount</li> <li>• From December 23, 2025 - January 21, 2026: 50% refund of the total amount</li> <li>• <b>After January 22, 2026: NO REFUND</b></li> </ul> <p><b>Only written cancellations sent by e mail will be accepted.</b></p>																				
<b>FINAL BANQUET</b>	<p>Final banquet will take place March 1<sup>st</sup> (Place TBC) Free for all delegation members who will stay at the official hotel.</p> <p>Final banquet fee of 50€ per person will apply if delegation members do not stay at the official hotel.</p>																				
<b>PRIZE MONEY</b>	<p>The Prize Money, free of any deductible taxes, will be distributed in Euros</p> <table border="1"> <thead> <tr> <th colspan="2"><b>Prize Money in Euros</b></th> </tr> <tr> <th><i>Ranking</i></th> <th></th> </tr> </thead> <tbody> <tr> <td>1</td> <td>550</td> </tr> <tr> <td>2</td> <td>425</td> </tr> <tr> <td>3</td> <td>325</td> </tr> <tr> <td>4</td> <td>250</td> </tr> <tr> <td>5</td> <td>200</td> </tr> <tr> <td>6</td> <td>150</td> </tr> <tr> <td>7</td> <td>125</td> </tr> <tr> <td>8</td> <td>75</td> </tr> </tbody> </table> <p><b>Grand total of the Prize Money: 8400.- in Euros</b></p>	<b>Prize Money in Euros</b>		<i>Ranking</i>		1	550	2	425	3	325	4	250	5	200	6	150	7	125	8	75
<b>Prize Money in Euros</b>																					
<i>Ranking</i>																					
1	550																				
2	425																				
3	325																				
4	250																				
5	200																				
6	150																				
7	125																				
8	75																				
<b>BANK ACCOUNT INFORMATION</b>	<p>Each participating Federation is kindly requested to integrate the payment's purpose as follows:</p> <p>Beneficiary: Võimlemisklubi Janika Address: Ihaste tee 7, 51013 Tartu, Estonia Bank: SEB Address: Tornimäe 2, 15010 Tallinn, Estonia SWIFT: EEUHEE2X IBAN: EE791010102001526002</p> <p><b>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</b></p> <p>Please state the name of the Country/Federation the payment purpose on the transfer (i.e "Team FIN, 2026 Miss Valentine Tartu Grand Prix").</p> <p>The net amount received by the LOC must correspond to the total amount due, <b>without any deductions</b> for bank fees.</p>																				
<b>MARKETING</b>	FIG advertising and publicity norms must be respected																				
<b>MEDIA</b>	The event has dedicated press and social media team. For media related inquiries please contact chief organizer Janika Mölder: <a href="mailto:janika@vkjanika.ee">janika@vkjanika.ee</a>																				

<b>SOCIAL MEDIA</b>	<a href="http://www.instagram.com/missvalentinegymnastics/">www.instagram.com/missvalentinegymnastics/</a>	
<b>DEADLINES SUMMARY</b>	<p><b>Definitive Registration</b> ONLINE at <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></p> <p><b>Nominative Registration</b> (Please register all delegation members by name and add max 2 apparatus for gymnasts) ONLINE at <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></p> <p>Start fees are due by December 22, 2025</p> <p><b>Accommodation</b> ONLINE at <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></p> <p><b>Travel Plan</b> ONLINE at <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></p> <p><b>Submit Visa Request form</b> (It's an online form, follow the instructions and complete the form with required information) ONLINE at <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></p> <p><b>Music mp3 (only)</b> ONLINE at <a href="https://rgform.eu/event.php?id_prop=8724">https://rgform.eu/event.php?id_prop=8724</a></p> <p>Payment of the accommodation costs (100%)</p> <p><u>Accreditation and banquet fee is due by January 22, 2026</u> An accreditation fee of 50€ per person will apply if delegation members do not stay at the official hotel.</p>	<p><b>November 22, 2025</b></p> <p><b>December 22, 2025</b></p> <p><b>January 22, 2026</b></p> <p><b>January 22, 2026</b></p> <p><b>January 22, 2026</b></p> <p><b>By January 22, 2026</b></p> <p><b>By January 22, 2026</b></p>

Sincerely Yours,



Katrin Maastik  
Secretary General

Tallin, December 2, 2025