



17th SENIOR RHYTHMIC GYMNASTICS
ASIAN CHAMPIONSHIPS
(INDIVIDUAL AND GROUP)
May 23-26, 2026
Bishkek, Kyrgyzstan



DIRECTIVES

Senior Event ID: 18510

Dear AGU-affiliated Member Federations,

The Gymnastics Federation of the Kyrgyz Republic has the pleasure to invite your Federation to participate in the 17th Senior Rhythmic Gymnastics Asian Championships in Bishkek, Kyrgyzstan, from **May 23 to May 26, 2025**.

DISCIPLINE	Rhythmic Gymnastics - Juniors
HOST FEDERATION	Gymnastics Federation of the Kyrgyz Republic Contact person: Dianaaiym Imanakhunova Address: 501 Frunze St., Bishkek, 720000, Kyrgyzstan Phone: +996 312 625 210 Mobile phone: +996 554 529 575 Email: hamex8@mail.ru
LOCAL ORGANIZING COMMITTEE	Contact person: Evgeniia Bykovskaia Address: 501 Frunze St., Bishkek, 720000, Kyrgyzstan Mobile phone: +996 555 546 930 Email: hamex8@mail.ru
AGU	Asian Gymnastics Union (AGU) Address: Al-Bida Tower, 5/F – Al Dafna, Doha 22955 Qatar Tel: +974 44944 133 Fax: +974 44944 131 E-mail: info@agu-gymnastics.com Website: www.agu-gymnastics.com
LOCATION	Bishkek, Kyrgyzstan
DATES	May 23-26, 2025
VENUE	Bishkek, Kyrgyzstan Zhashtyk - Multifunctional Complex Address: Kyrgyzstan, Bishkek, 17/7 Togolok Moldo St, Bishkek Phone: +996 554 529 575 Email: hamex8@mail.ru
FLOOR APPARATUS SUPPLIER	Please refer to the attached apparatus list
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RULES AND REGULATIONS	The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives: <ul style="list-style-type: none">● Statutes● Code of Ethics● Code of Conduct● Technical Regulations● Code of Discipline● Code of Points and relevant Newsletters● General Judges' Rules● Specific Judges' Rules● Anti-Doping Rules● FIG License Rules (except for non-competitive events)

	<ul style="list-style-type: none"> • Policy and Procedures for Safeguarding and Protecting Participants in gymnastics • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • FIG Medical organisation of FIG Competitions and Events • FIG Rules for Sanctioning (approval) of International Events • Media Rules • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p>and subsequent decisions of the FIG Executive Committee</p>
FEDERATIONS INVITED	<p>The Organizing Member Federation will invite all AGU Member Federations in good standing.</p> <p>Federations that have not fulfilled their annual membership fees towards the AGU and the FIG, and have not fulfilled their financial obligations towards the Organizing Committee, will not be allowed to participate in the Asian Championships.</p>
AGE LIMITS	SENIOR: as per FIG technical regulations
FIG LICENSE	All gymnasts must have a valid FIG license until the end of the event.
ENTRY FEES	<p>Entry Fee</p> <ul style="list-style-type: none"> • 100 USD per Individual gymnast • 200 USD per Group <p>At the time of the Definitive Registration, Mar 1. 2026, 100% of the Entry Fee must be paid to the LOC.</p> <p>The entry fees should be paid by bank transfer to the account of the Gymnastics Federation of the Kyrgyz Republic. The delegation should shoulder any bank charges.</p>
REGISTRATION	<p>Definitive and Nominative Registrations must be submitted through the link provided by LOC.</p> <p>Definitive Registration due Mar 1, 2026: Link: https://tally.so/r/ZjEg9B</p> <p>Nominative Registration due Apr 10, 2026: Link: https://tally.so/r/KY5AWD</p>
COMPETITION FORMAT - SENIOR	<p>Individual</p> <p><u>Qualification:</u></p> <ul style="list-style-type: none"> - NF Federations can participate with a maximum of 2-3 gymnasts, performing a total of 8 exercises. - Federations with 1 Individual: 4 exercises - The results obtained in the Qualification determine: <ol style="list-style-type: none"> 1) The qualification for the All-around final (determined by the sum of the 3 best exercises) 2) The qualification for the Apparatus Finals 3) the qualification for the Asian Games 2026 (determined by the sum of the 3 best exercises) 4) The qualification for the World Championships <p><u>All-around Final:</u></p> <ul style="list-style-type: none"> - Only the 18 best RGI gymnasts from the qualification (determined by the sum of 3 best exercises) can participate in the All-around Final. <p><u>Apparatus Finals:</u></p> <ul style="list-style-type: none"> - The 8 best-ranked gymnasts from Qualification participate in the Apparatus Final (max. 2 gymnasts per NF). <p>Group</p> <p><u>Qualifications:</u></p> <ul style="list-style-type: none"> - Each federation participating in the competition shall present two different exercises

- The results obtained in the Qualification determine:
 - 1) the qualification for the All-around final (determined by the sum of 2 exercises)
 - 2) the qualification for the Apparatus Finals
 - 3) the qualification for the Asian Games 2026

All-around Final:

- Only the 8 best RGG Groups from the qualification (determined by the sum of 2 exercises) can participate in the All-around Final.

Apparatus Finals:

- The 8 best Groups from the Qualification participate in the Apparatus Finals

Team Ranking

- Federations participating in the Team ranking must perform a total of 8 Individual routines + 2 Group routines
- The ranking is established by adding the 8 scores registered by the Individual gymnasts plus the scores of the 2 Group routines of the team (from Qualifications).

Qualification for the Asian Games 2026:

Only 24 quotes are available to participate in the Asian Games 2026. These 24 quotes will be allocated among the first 10 NFs from RGI AA Qualification (sum of 3 routines) who will be able to nominate 2 gymnasts for the Asian Games 2026; the next 4 NFs from RGI AA Qualification (sum of 3 routines) will be able to nominate 1 gymnast for the Asian Games 2026. First 14 NFs from RGG AA Qualification can nominate 1 Group.

Qualification for the World Championships 2026:

1. A ranking of a total of 8 routines from 2 individual gymnasts per NF from the **qualification competition** will decide the 4 quota places for RGI (2-3 individual gymnasts) to the 2026 World Championships.
2. All NFs that participated in this Continental Championships and are not qualified yet among the quota places for the RGI team (2-3 individuals), have the right to participate in the 2026 World Championships with 1 Individual gymnast.

**TECHNICAL
DELEGATE**

Mrs. Gyoza Muminova - President of AGU RG TC

DELEGATION SIZE

Team Size	Individual	Group	Mixed
Head of Delegation	1		1
Team Manager	1		1
Coach	Max. 3	2	Max 5
Gymnasts	2-3	6	Max 9
Judges	1	1	2
Doctor	1	1	1
Paramedical Staff	1	1	1
Total	19		

PROVISIONAL SCHEDULE	<p>May 21, 2026 Arrival of the Delegations</p> <p>May 22, 2026 Podium Training for Individuals and Groups</p> <p>May 23, 2026 Qualification RGI Seniors (Hoop, Ball) Qualification RGG Seniors (5 Balls)</p> <p>May 24, 2026 Qualification RGI Seniors (Clubs, Ribbon) Qualification RGG Seniors (3 Hoops & 2 Pairs of Clubs)</p> <p>May 25, 2026 All-around Final RGI (18) (Hoop, Ball, Clubs, Ribbon) All-around Final RGG (8) (5 Balls, 3 Hoops & 2 Pairs of Clubs)</p> <p>May 26, 2026 Apparatus Finals RGI (Hoop, Ball, Clubs, Ribbon) Apparatus Final RGG (5 Balls, 3 Hoops & 2 Pairs of Clubs)</p> <p>May 27, 2026 Departure of the delegation</p>
MUSIC	<p>The LOC wishes to receive the music of each Individual Gymnast and Group exercise on MP3 format on or before April 10, 2026, through e-mail: hamex8@mail.ru or the LOC will provide access to the LOC platform, where all the delegations will be able to upload their music.</p> <p>Please label each music MP3 filename (RGI + RGG) as follows. For Individual:</p> <ul style="list-style-type: none"> - Example: KGZ_Hoop_GAZIEVA_Arina.mp3 - Example: KGZ_Ball_GAZIEVA_Arina.mp3 - Example: KGZ_Clubs_GAZIEVA_Arina.mp3 - Example: KGZ_Ribbon_GAZIEVA_Arina.mp3 For Group: - Example: KGZ_Apparatus1_5 Hoops.mp3 - Example: KGZ_Apparatus2_5 Clubs.mp3 <p>Bring a copy of your music on a portable drive for your training sessions and in case of a technical problem during the actual competition.</p>
MEDICAL SERVICES	The Organizing Committee will provide a first aid medical service, a doctor, and emergency medical transportation in the competition area.
DOPING CONTROLS	Doping controls will be organized by the International Testing Agency (ITA) on behalf of the FIG and according to the World Anti-Doping Code (WADC), the international standards enacted by the World Anti-Doping Agency (WADA) and FIG Anti-Doping Rules
VISA	<p>Please verify immediately via the link: https://www.evisa.e-gov.kg/index.php if a visa or e-visa is required for your travel to Kyrgyzstan.</p> <p>If you need an e-visa to enter Kyrgyzstan, please follow the procedure on the link https://www.evisa.e-gov.kg/index.php</p> <p>If you require a visa, you need to fill in the online visa application form on the website: https://www.evisa.e-gov.kg/index.php, save and send it to us along with a passport copy. The LOC will apply for the visa support letter to the Ministry of Foreign Affairs. After all arrangements, LOC will send you the letter, which should be printed and provided to the Kyrgyzstan Embassy in your country. If there is no Kyrgyzstan Embassy or Consulate in your country, you will get a visa at Bishkek airport upon arrival. In this case, please indicate this in the online visa application form.</p> <p>The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before March 15, 2026, to the LOC.</p>

INSURANCE	<p>The Host Federation, the LOC, and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation, and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents, and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident, and repatriation) in your country of residence is compulsory to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medicalinsurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g., cover note or photocopy of the valid policy).</p> <p>The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegation's entire stay.</p> <p>Delegation members with insufficient insurance coverage must inform the LOC in advance. The LOC will subsequently offer insurance coverage at the Federation's own charge as follows: 10 USD per person/day.</p>
SAFEGUARDING	<p>From the official day of arrival until the official day of departure, all participants — including gymnasts, coaches, judges, and other Delegation Members — will have the possibility to contact the LOC Safeguarding Officer by phone or email in case of:</p> <ul style="list-style-type: none"> • Harassment • Abuse of any kind • Any situation where they feel uncomfortable or unsafe <p>The contact information for the LOC Safeguarding Officer will be provided to all Delegations upon arrival on site.</p> <p>As part of the FIG's commitment to athlete welfare and youth protection, posters of the “10 Golden Rules of Gymnastics”, part of the FIG's awareness campaign, must be clearly displayed in several key areas, including:</p> <ul style="list-style-type: none"> • Training Halls • Warm-Up Areas • Public Zones <p>These measures are in place to ensure a safe, respectful, and supportive environment for all participants throughout the event.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the international travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by April 10, 2026.</p>
LOCAL TRANSPORTATION	<p>Local transportation costs will be covered by the LOC. The LOC will take charge of transportation costs for all accredited people, from the airport of Bishkek to official hotels and back, from official hotels to the Sport Complex and back, only if hotel reservations are made through the LOC.</p>
ACCOMMODATION	<p>Accommodation, meals, and transportation:</p> <p>Contact person: Imanakhunova Dianaaiym Phone number: +996 554 529 575 Email: hamex8@mail.ru</p> <p>The hotel prices are per person per night, including city taxes, and are as follows:</p> <p>Category 1 Hotel ****</p> <p>250 USD (single room, breakfast included, ground transport, banquet) 200 USD (double room, breakfast included, ground transport, banquet)</p>

	<p>Category 2 Hotel *** 180 USD (single room, breakfast included, ground transport, banquet) 150 USD (double room, breakfast included, ground transport, banquet).</p> <p>Category 3 Hotel **** 150 USD (single room, breakfast included, ground transport, banquet) 120 USD (double room, breakfast included, ground transport, banquet)</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members. The 100% costs for the accommodations must be paid to the LOC by April 1, 2026.</p> <p>While the Accommodation Form must be returned to the LOC by March 1, 2026, at the very latest, the Hotel rooms will be allocated on a “first-come, first-served” basis.</p> <p>Fine for the late accommodation form delivery (after March 1, 2026): \$200.00 to be paid for the LOC.</p> <p>After the payment deadline (April 1, 2026), an accommodation change request has to be submitted to the LOC in written form. A fee of \$20.00 will be charged per change request. Fees for change requests are in addition to the cancellation fee.</p> <p>After receiving your Accommodation form, the LOC will contact you to provide the contract and invoice for payment.</p>
MEAL	<p>Accommodation, meals, and transportation: Contact person: Imanakhunova Dianaaim Phone number: +996 554 529 575 Email: hame8@mail.ru</p> <p>Breakfast is included in accommodation costs (except for the “low cost” Hotel).</p> <p>The cost of each lunch or each dinner in Category 1 hotels is:</p> <ul style="list-style-type: none"> ● 60 USD/person <p>The cost of each lunch or each dinner in Category 2, 3 hotels is:</p> <ul style="list-style-type: none"> ● 35 USD/person <p>While the Meals Form must be returned to the LOC by March 1, 2026, at the very latest, the 100% costs for the meals must be paid to the LOC by April 1, 2026.</p> <p>Fine for the late meal form delivery (after 1st of March 2026): \$50.00 to be paid for the LOC.</p> <p>After the payment deadline (April 1, 2026), a meal change request has to be submitted to the LOC in written form. A fee of \$10.00 will be charged per change request. Fees for change requests are in addition to the cancellation fee.</p> <p>After receiving your Meals form, LOC will contact you to provide the contract and invoice for payment.</p>
ACCREDITATION	<p>Accreditation of all delegations will take place upon arrival. The Heads of Delegations have to check the names of their own delegation members and the hotel rooms reserved. The following are to be presented at the LOC Accreditation Office:</p> <ul style="list-style-type: none"> - Passports of all members of the delegation - Valid FIG licenses of gymnasts - National anthem on a USB

	<ul style="list-style-type: none"> National flag (120x 205 cm) Gymnasts / Group music in USB - one USB for each routine Insurance certificate for all delegation members covering illness (including COVID-19), accidents, and repatriation. Proof of full payment to LOC <p>In order to accelerate accreditation procedures, after the deadline of the definitive registration, the LOC will send the link and PIN code to each participating Federation in order to upload the necessary information.</p> <p>If the photo must be taken at the Accreditation because none has been sent within the deadline or not sent in the official requested format, there will be a charge of 10 USD for each photo taken at the accreditation desk.</p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>																																									
Prize Money	<p>Both AGU and LOC will pay the prize money of USD 10,100 for the Senior RG Asian Championships, with a total amount of USD 20,200.</p> <p>The Prize Money is free of any deductible taxes, and will be distributed in US Dollars as follows:</p> <table border="1" data-bbox="505 759 1537 1152"> <thead> <tr> <th>Ranking</th><th>RG Team</th><th>RG All-Around Group</th><th>RG All-Around</th></tr> </thead> <tbody> <tr> <td>1</td><td>2000</td><td>2400</td><td>1200</td></tr> <tr> <td>2</td><td>1600</td><td>1800</td><td>1000</td></tr> <tr> <td>3</td><td>1000</td><td>1200</td><td>800</td></tr> </tbody> </table> <table border="1" data-bbox="505 961 1537 1152"> <thead> <tr> <th colspan="5">Apparatus Finals</th></tr> <tr> <th>Ranking</th><th>Hoop</th><th>Ball</th><th>Clubs</th><th>Ribbon</th></tr> </thead> <tbody> <tr> <td>1</td><td>800</td><td>800</td><td>800</td><td>800</td></tr> <tr> <td>2</td><td>600</td><td>600</td><td>600</td><td>600</td></tr> <tr> <td>3</td><td>400</td><td>400</td><td>400</td><td>400</td></tr> </tbody> </table>	Ranking	RG Team	RG All-Around Group	RG All-Around	1	2000	2400	1200	2	1600	1800	1000	3	1000	1200	800	Apparatus Finals					Ranking	Hoop	Ball	Clubs	Ribbon	1	800	800	800	800	2	600	600	600	600	3	400	400	400	400
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JUDGES AND JURIES	<p>All judges must have a valid FIG brevet for the respective discipline (RGI and/or RGG).</p> <p>The participating member federations must send at least one qualified judge if they participate with individual gymnast(s) and one qualified judge if they participate with a group.</p> <p>The Organizing Member Federation is responsible that there are enough FIG brevetted judges present with the appropriate valid category of brevet for their function. Should there not be sufficient judges as per the online nominative registration, or not sufficient cat. 1 and 2 judges, the Organizing Member Federation must propose to the AGU for prior approval of the Technical Delegate the names of neutral additional judges to complete the panels (plus 2 reserves). These judges, once approved, have to be invited at the cost of the Organizing Member Federation.</p> <p>Such an invitation must be made through the respective Member Federation. Should the Organizing Member Federation fail to propose names for additional judges, the AGU Office, in consultation with the Technical Delegate concerned, will invite these judges at the cost of the Organizing Member Federation.</p> <p>The selection of judges will be made:</p> <ul style="list-style-type: none"> D Judges are drawn among the judges with cat. 1, 2 A, E, T, L Judges are drawn among the judges cat. 1, 2, 3, or 4 (cat. 4 T/L only) (preference is given to the judges with the highest qualification) <p>The Organizing Member Federation will apply a fine of USD 2000 per missing judge (to be paid to the LOC) should a federation fail to bring the required number of judges. This fine must be paid to the LOC by April 1, 2026.</p>																																									

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Sincerely yours,
Bishkek
4 February 2026



Olga Mukhamedvaleeva

General Secretary
Gymnastics Federation
of the Kyrgyz Republic