



South American Rhythmic Gymnastics Cup
Asuncion, Paraguay
July 2nd – 4th, 2026



DIRECTIVES

Event ID: 18513

Dear FIG affiliated Member Federation,

The Gymnastics Federation of **Paraguay** invites your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Rhythmic Gymnastics RGI RGG									
HOST FEDERATION	SOUTH AMERICAN GYMNASTICS CONFEDERATION (CONSUGI) Web Page: consugi.com <table border="1"><thead><tr><th>NAME</th><th>POSITION</th><th>E-MAIL</th></tr></thead><tbody><tr><td>Juan Medina</td><td>President CONSUGI</td><td>juanmedinapresidente@gmail.com</td></tr><tr><td>Luz Vanegas</td><td>President CT GR</td><td>luzmuch@hotmail.com</td></tr></tbody></table>	NAME	POSITION	E-MAIL	Juan Medina	President CONSUGI	juanmedinapresidente@gmail.com	Luz Vanegas	President CT GR	luzmuch@hotmail.com
NAME	POSITION	E-MAIL								
Juan Medina	President CONSUGI	juanmedinapresidente@gmail.com								
Luz Vanegas	President CT GR	luzmuch@hotmail.com								
LOCAL ORGANIZING COMMITTEE	FEDERACION PARAGUAYA DE GIMNASIA Avda. Eusebio Ayala y R.I.6 Boquerón Secretaria Nacional de Deportes – Pabellón de Gimnasia Asunción, Paraguay Tel.: +595 992 263617 Email: federacionparaguayadegimnasia@gmail.com President: Paula Espínola									
LOCATION	Asuncion, Paraguay									
DATE	July 2nd – 4th, 2026									
VENUE	Training, warm-ups and competitions will take place in the Pabellón de Gimnasia Avda. Eusebio Ayala y R.I.6 Boquerón Asunción, Paraguay 									
APPARATUS SUPPLIER	Please refer to the attached apparatus list									

RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • License rules • Policy and Procedures for Safeguarding and Protecting Participants in gymnastics • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • Medical Organization of FIG Competitions and Events • Media Guidelines • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Rules for Advertising and Publicity • Rules for Awards Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>																																					
FEDERATIONS INVITED	<p>The Organizing Member Federation will invite all Member Federations according to the following principles: All institutions implementing this program in CONSUGI-affiliated Federations, subject to approval by the corresponding Federation.</p>																																					
AGE LIMITS	<p>Ages reached by December 31, 2026.</p> <p>FIG Senior: as per FIG technical regulations</p> <p>All gymnasts registered must hold a valid FIG license and CONSUGI license until the end of the event.</p> <table border="1" data-bbox="502 1265 1412 1646"> <thead> <tr> <th colspan="2"></th> <th>Individual</th> <th>Groups</th> <th>Total</th> </tr> </thead> <tbody> <tr> <td>FIG</td> <td>SENIOR</td> <td>Max. 4</td> <td>Max 6</td> <td>10</td> </tr> <tr> <td colspan="2">Coaches</td> <td>Max.2</td> <td>Max. 2</td> <td>4</td> </tr> <tr> <td colspan="2">Head of Delegation</td> <td colspan="2">1</td> <td>1</td> </tr> <tr> <td colspan="2">Judges (Per federation)</td> <td colspan="2">4 (2 Brevet RGI. - 2 Brevet RGG.)</td> <td>4</td> </tr> <tr> <td rowspan="2">RGI</td> <td>With 1 athlete</td> <td>Min 1</td> <td rowspan="2"></td> <td rowspan="2">4</td> </tr> <tr> <td>Countries with Team</td> <td>Min 2</td> </tr> <tr> <td>RGG</td> <td>Countries with Group</td> <td></td> <td>Min 2</td> <td></td> </tr> </tbody> </table> <p>Groups may be composed of either five or six gymnasts but all gymnasts must server as a titular member.</p>			Individual	Groups	Total	FIG	SENIOR	Max. 4	Max 6	10	Coaches		Max.2	Max. 2	4	Head of Delegation		1		1	Judges (Per federation)		4 (2 Brevet RGI. - 2 Brevet RGG.)		4	RGI	With 1 athlete	Min 1		4	Countries with Team	Min 2	RGG	Countries with Group		Min 2	
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JUDGES AND JURIES	<p>Each Federation must register two judges for the Individual competition and two judges for groups competition. The fine for not registering the required number of judges for the competitions in which the Federation participates will be USD \$1,200 for each missing judge (Individual and group competitions). This fine must be paid to CONSUGI in cash during the accreditation process (this does not apply to Federations that do not have FIG brevet judges in the respective competition).</p>																																					

	<p>The National Federation must inform CONSUGI in advance (at the time of final registration) to allow for the assignment of a neutral guest judge. All judges must have a current valid FIG brevet at the time of the event, for the respective discipline.</p>						
<p>REGISTRATION DEADLINES</p>	<p>The entry fee per athlete is \$70 USD. The pro forma registration invoice will be available after completing the provisional and final registration by name at the REGISTRATION page https://creatuevento.com This payment can be made in cash during the event.</p> <p>Registrations will only be valid if processed and submitted exclusively through CONSUGI-affiliated federations.</p> <p>1. Digital Registration:</p> <ul style="list-style-type: none"> Download the registration form from: https://creatuevento.com or from https://consugi.com <p>2. Provisional Registration:</p> <ul style="list-style-type: none"> Register through the official CONSUGI platform: https://creatuevento.com <p>3. Final Registration:</p> <ul style="list-style-type: none"> In this final stage, federations may adjust or modifications to the registered data (e.g., changes to the participant list). Pay the full registration fee to the COL. <p>Important:</p> <ul style="list-style-type: none"> Federations that submit final registrations by name After the deadline will be charged a late fee of USD 200. This fee must be paid to the LOC during the event. Registration is non-refundable. Please ensure that all information submitted is accurate. Errors or omissions could affect official participation. For assistance with the platform, please contact support at: +57 324 586 7252. <table border="1" data-bbox="558 1249 1366 1361"> <tr> <td>Numeral registration</td> <td>march 29th, 2026</td> </tr> <tr> <td>Nominative registration</td> <td>March 29th, 2026</td> </tr> <tr> <td>Definitive registration:</td> <td>May 29th, 2026</td> </tr> </table>	Numeral registration	march 29th, 2026	Nominative registration	March 29th, 2026	Definitive registration:	May 29th, 2026
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<p>ENTRY FEES</p>	<p>The Entry fee for this event will be: \$ 70 USD</p> <p>Registrations will be valid as long as they are submitted through CONSUGI-affiliated federations. Late registrations will not be valid and participation will not be permitted.</p> <p>Participants must have reached the established age by December 31st of the competition year. CONSUGI reserves the right to verify the passports of all gymnasts</p> <p>This payment can be made in cash during the event.</p>						
<p>ACCREDITATION</p>	<p>1. <u>CONSUGI LICENSE</u></p> <ul style="list-style-type: none"> All athletes must obtain a CONSUGI license, which costs USD 30.00. The license fee is based on the final registration fee. Therefore, it is non-refundable. The license will be valid until December 31, 2026. Athletes who complete their registration within the established deadlines will receive a physical license card during the accreditation process at the event. <p>Payment Process</p>						

- After completing the final registration process, the federation can download the pro forma invoice from the following website: <https://creatuevento.com>.
- Payment will be made exclusively in cash upon collecting accreditations at the event. Payment confirmation is required to validate participation.

2. FIG LICENSE:

- **All coaches, judges and gymnasts** in SENIOR categories must possess a valid FIG license.
- All delegations are requested to check the validity of their licenses on official websites.

https://www.gymnastics.sport/site/athletes/lic_view.php

In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.





EVENT FORMAT

The current FIG scoring code, Cycle XIV, will be used, and all modifications and updates to date will be applied.

RGI

INDIVIDUAL SENIOR CATEGORY

A. QUALIFICATIONS AND TEAM COMPETITION

								
	LEVEL	AGE	GY M	EXE RC.	HOO P	BAL L	CLU BS	RIB BON
FIG	SENIOR	16+	3-4	12*	3	3	3	3

*10 best scores for individual team classification and 8 best scores for Team Competition (maximum 2 per apparatus).

Each country must submit 12 exercises to compete in the team competition.

The 10 best scores will be considered for INDIVIDUAL TEAM classification*. For the classification of the TEAM COMPETITION (RGI+RGG), the two best scores for each apparatus will be taken, for a maximum of two scores per apparatus.

B. INDIVIDUAL ALL-AROUND COMPETITION

The program consists of four SENIOR exercises, using the assigned apparatuses. The gymnast with the highest score for the sum of the four exercises will be declared the champion.



C. INDIVIDUAL APPARATUS FINALS.

The top 8 gymnasts (maximum 2 per country) from the qualifications on each apparatus in the program are designated to participate in the individual apparatus finals. The gymnast with the highest score on each apparatus will be declared the champion.

RGG

Program



A. Qualifications (General Competition)

2 exercises performed by 5 gymnasts working in a group

B. Apparatus Final

2 exercises with only 1 type of apparatus

A. QUALIFICATIONS AND ALL-AROUND COMPETITION

Countries participating in the All-Around Competition must present two different routines. They may enter a maximum of 5 or 6 gymnasts for the complete program of group exercises (2 qualifications and 2 finals). If they enter 6 gymnasts, each of the 6 must perform at least one routine. Group exercises must be performed by 5 gymnasts. If one of the gymnasts does not participate in any of the routines, the group will be disqualified.

In the case of 6 gymnasts, the composition of the two routines must be declared at the time of nominative entry. The identity of each gymnast will be verified on the competition floor. Group exercises must be performed by 5 gymnasts. A group composed of a different number of gymnasts will not be permitted. The music for the different routines may be different or identical.

The group with the highest score from the sum of the scores obtained in the two exercises will be declared the champion.

B. FINAL WITH ONE TYPE OF APPARATUS/ WITH TWO TYPES OF APPARATUS.

The top eight groups in the all-around competition for each type of apparatus advance to the final.

PROVISIONAL SCHEDULE**Program Subject to modifications**

Monday, June 15, 2026	
Virtual Delegates Meeting (draw) (The link will be sent to each National Federation the day before)	
Monday, June 29, 2026	
All day	Arrival of CONSUGI representatives
Tuesday, June 30, 2026	
All day	Arrival of CONSUGI representatives Arrival of delegations (No training sessions)
Wednesday, July 1, 2026	
All day	Arrival of delegations Registration of delegations Scheduled training sessions Technical meeting of delegates Technical meeting of judges
Thursday, July 2, 2026	
All day	Opening Ceremony RGI Level A Qualifying Competition
Friday, July 3, 2026	
All day	RGI RGG Level A Qualifying Competition Awards Ceremony
Saturday, July 4, 2026	
All day	RGI Apparatus Finals Competition RGG Apparatus Finals Competition Awards Ceremony
Sunday, July 5, 2026	
All day	Departure of the CONSUGI delegations and authorities

MEDICAL SERVICES	The Local Organizing Committee will provide first aid services at the competition and training venues during official activities.
VISA	<p>Please verify immediately with your travel agent or the Paraguayan Embassy or Consulate in your country if a visa is required for your travel to Paraguay.</p> <p>The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before May 29th to the LOC.</p> <p>To request an invitation letter, please send the following information to the LOC:</p> <p>Full Name, Gender, Date of Birth, Citizenship, Passport Number, Passport Expiry Date, Function/Role within the Delegation, Arrival and Departure Dates, City where the visa application support letter should be sent.</p> <p>Please ensure that all information is complete and accurate to avoid delays in visa processing.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences.</p> <p>In accordance with the FIG Technical Regulations, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.</p> <p>It is mandatory that Delegation Members are covered by basic insurance (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the FIG IMSSA subsidiary insurance.</p> <p>For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to:</p> <p>https://www.gymnastics.sport/site/pages/medical-insurance.php</p> <p>The LOC will verify insurance coverage upon arrival. Each Delegation must present either a cover note or a photocopy of the valid insurance policy. The policy must be valid starting from the day of arrival and must remain valid for the entire duration of the stay.</p> <p>Failure to submit valid documentation or to comply with this requirement may result in exclusion from official activities until the situation is duly regularized.</p> <p>NOTE: The LOC will NOT provide medical insurance to the Federation.</p>
SAFEGUARDING	<p>From the official day of arrival until the official day of departure, all participants — including gymnasts, coaches, judges, and other Delegation Members — will have the possibility to contact the LOC Safeguarding Officer by phone or email in case of:</p> <ul style="list-style-type: none"> • Harassment • Abuse of any kind • Any situation where they feel uncomfortable or unsafe <p>The contact information for the LOC Safeguarding Officer will be provided to all Delegations upon arrival on site.</p> <p>As part of the FIG's commitment to athlete welfare and youth protection, posters of the "10 Golden Rules of Gymnastics", part of the FIG's awareness campaign, must be clearly displayed in several key areas, including:</p> <ul style="list-style-type: none"> • Training Halls • Warm-Up Areas • Public Zones <p>These measures are in place to ensure a safe, respectful, and supportive environment for all participants throughout the event.</p>
INTERNATIONAL TRANSPORTATION	<p>All participating Federations must cover the cost of their airfare to Asunción.</p> <p>The travel form must be completed and submitted to the LOC by May 29, 2026. Available for download at: https://creatuevento.com/</p>

INTERNATIONAL TRANSPORTATION

Airport Reception: Properly identified personnel from the Local Organizing Committee (LOC) will be present at Internacional Silvio Petrossi Airport to greet all delegation members.

Punctuality in submitting the form is important to ensure proper planning for the pick-up of delegations. Any delay could affect the availability of transfer services. Therefore, it is recommended that you verify that all itinerary information (dates, times, airlines) is accurate to avoid inconveniences.

LOCAL TRANSPORTATION

Transportation to and from the airport: The LOC will provide transportation between the airport and official accommodation, both upon arrival and departure, on the official dates established by the organizers.

Transportation during the event: Regular transportation will be available from the official accommodation to the competition and training venues, and vice versa, in accordance with the official program of activities. This service will be available exclusively to members of delegations with valid registration and accreditation.

Recommendations: Delegations must ensure that all members are properly registered and accredited to access the transportation services provided by the LOC. For transportation on non-official dates, it is recommended that reservations be coordinated and confirmed well in advance.

ACCOMMODATION**3 STAR HOTEL OFFICIAL: (OPTION A)**

ROOM TYPE	PRICE PER PERSON PER NIGHT	INCLUDED
Double	USD 100	Breakfast, lunch and dinner
Triple	USD 90	Breakfast, lunch and dinner
Simple	USD 120	Breakfast, lunch and dinner

4 STAR HOTEL OFFICIAL: (OPTION B)

ROOM TYPE	PRICE PER PERSON PER NIGHT	INCLUDED
Double	USD 140	Breakfast, lunch and dinner
Triple	USD 120	Breakfast, lunch and dinner

The above prices include: accommodation, 3 meals (arrival and departure), internal transportation and airport transportation.

Note: All reservations must be made through the organizing committee. Accreditations will not be issued to delegation members who are not staying at the organizing committee's hotel.

The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by **May 29th** at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.

To ensure accommodation at the official hotel, it is recommended that you register during the scheduled dates and submit your deposit well in advance of the due dates of July 8 and August 8, 2026, respectively.

Once the Federation has submitted its registration with the corresponding details, the LOC will send you a confirmation email. This email will include a

	<p>payment request for 50% of the total value based on your first choice of hotel. The hotel reservation will be made once the deposit has been received.</p> <p>Participating federations must cover the accommodation costs for their delegation members. Lodging and food costs must be paid to the LOC via bank deposit.</p> <p>Failure to pay by the required dates will result in the cancellation of the reservation and the forfeiture of the deposit. All personal expenses (in terms of additional hotel services, laundry, room service, phone calls, minibar, etc.) are not included.</p> <p>Any charges incurred for these services must be settled directly with the hotel prior to departure. All outstanding accounts will be the responsibility of each Federation.</p>						
MEALS	Meals are included in the hotel rate						
CANCELATION POLICY	<p>Cancellation Policy: CONSUGI and the Local Organizing Committee strongly recommend that each Federation and/or Club take out cancellation insurance for their accommodation and food reservations.</p> <table border="1" data-bbox="501 745 1422 853"> <thead> <tr> <th>Cancellation date</th> <th>Refund for cancellation</th> </tr> </thead> <tbody> <tr> <td>From July 8th to August 8th</td> <td>50% refund</td> </tr> <tr> <td>As of August 8, 2026</td> <td>No refund</td> </tr> </tbody> </table>	Cancellation date	Refund for cancellation	From July 8th to August 8th	50% refund	As of August 8, 2026	No refund
Cancellation date	Refund for cancellation						
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BANK ACCOUNT INFORMATION	<ul style="list-style-type: none"> • Banco Intermediario 56A • SWIFT: PNBPUS3NNYC • ABA: 026005092 • WELLS FARGO BANK N.A. • New York, Estados Unidos • Banco Beneficiario 57A • SWIFT: UBBRPYPX • Beneficiario Final: Federación Paraguaya de Gimnasia • BANCO ITAU PARAGUAY S.A. • Asunción, Paraguay • Número de cuenta: 300004648 • RUC: 80051609-5 <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows:</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>						
MARKETING	FIG advertising and publicity norms must be respected						
MEDIA	<p>For Press Officer/Media accreditation, please submit your application by May 29, 2026, to the following email: sudagrfg2026@gmail.com</p> <ul style="list-style-type: none"> • Live streaming of the event through the official CONSUGI Facebook page at the following link: https://www.facebook.com/consugi/ 						
SOCIAL MEDIA	<p>Instagram: @consugi.official Facebook: Confederación Sudamericana de Gimnasia Web: consugi.com Live Score: consugisoft.com</p>						

ADDITIONAL INFORMATION

Music
 Music must be submitted via email in MP3 format no later than May 8, 2026, to the following email address: sudagrfg2026@gmail.com

Music must be identified as follows:
 Country_Last Name_First Name_Category_Device

Note: Delegations must carry a USB drive with the music as a backup in case there is any error in the MP3 files.

Music Forms

While the Local Organizing Committee guarantees respect for copyright and dissemination of musical works, each National Gymnastics Federation, as well as its participating clubs, must confirm that the music used does not infringe copyright and can be broadcast at the South American Adult Rhythmic Gymnastics Championship.

This confirmation must be made by completing the Music Release Form and submitting it at the same time as the nominal registration.

Each National Federation will also be asked to provide information on the device, duration, title, author, and performer of the music used.

The Music Form must be returned by email in Excel format to the Local Organizing Committee no later than **may 29, 2026.**

DEADLINES SUMMARY

Numerical Registration	March 29, 2026
Provisional Numerical Registration	April 29, 2026
Visa Invitation Letter Request Form	May 29, 2026 <i>(to the LOC)</i>
Final Nominal Registration	May 29, 2026
Accommodation Form <i>(online)</i>	May 29, 2026
Travel Itinerary Form	May 29, 2026 <i>(to the LOC)</i>
Submission of Music and Form by Email	May 29, 2026 <i>(to the LOC)</i>
Numerical Registration	March 29, 2026
Provisional Numerical Registration	April 29, 2026
Visa Invitation Letter Request Form	May 29, 2026 <i>(to the LOC)</i>
Payment for CONSUGI Licenses (cash)	July 1th, 2026

Sincerely Yours,



Paula Espinola
 President General
 PARAGUAYAN GYMNASTICS FEDERATION

Asunción – February 13th, 2026