

 <b>GIMSLO</b>	 <b>MTM</b>	<b>38<sup>th</sup> MTM NARODNI DOM LJUBLJANA  LJUBLJANA, SLOVENIA  March 19 – 22, 2026</b>	
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## DIRECTIVES

**Event ID: 18439**

**Update: 03.03.2026**

**Event Format**

Dear FIG affiliated Member Federation,

The Slovenian Gymnastics Federation and its member KRG Narodni dom Ljubljana has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics</b>
<b>HOST FEDERATION</b>	<b>Slovenian Gymnastics Federation</b> Koprska 29, 1000 Ljubljana TEL: +386 1 256 66 26, GSM: +386 40 256 661 email: <a href="mailto:info@gimnasticna-zveza.si">info@gimnasticna-zveza.si</a> web site: <a href="http://www.gimnasticna-zveza.si">http://www.gimnasticna-zveza.si</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>KRG NARODNI DOM LJUBLJANA</b> Contact person: Mrs. Ana Rebov Koprska 29, 1000 Ljubljana phone number: 00 386 31 343 522 (mobile, also Viber and WhatsApp) e-mail: <a href="mailto:MTMLjubljana@gmail.com">MTMLjubljana@gmail.com</a> web site: <a href="http://ksis-38.MTM.LJUBLJANA.FIG.AND.NON.FIG.TOURNAMENT">ksis - 38. MTM LJUBLJANA FIG AND NON FIG TOURNAMENT</a>
<b>LOCATION</b>	<b>LJUBLJANA, SLOVENIA</b>
<b>DATE</b>	<b>March 20 - 22, 2026</b>
<b>VENUE</b>	<b>SPORT HALL "Gimnastični center"</b> , Koprska 29, 1000 Ljubljana, Slovenia Šport Ljubljana: <a href="https://www.sport-ljubljana.si/Gimnasticni_center/">https://www.sport-ljubljana.si/Gimnasticni_center/</a>
<b>APPARATUS SUPPLIER</b>	<b>Please refer to the attached apparatus list</b>
<b>RULES AND REGULATIONS</b>	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Code of Ethics</li> <li>• Code of Conduct</li> <li>• Technical Regulations</li> <li>• Code of Discipline</li> <li>• Code of Points and relevant Newsletters</li> <li>• General Judges' Rules</li> <li>• Specific Judges' Rules</li> <li>• Anti-Doping Rules</li> <li>• Licence rules (except for non competitive events)</li> <li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li> <li>• FIG Medical Guidelines for FIG Competitions and Events</li> <li>• License Rules</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Rules for Sanctioning (approval) of International Events</li> <li>• Advertising and Publicity Rules</li> <li>• Regulations for Award Ceremonies</li> <li>• Accreditation Rules</li> </ul>

	and subsequent decisions of the FIG Executive Committee
<b>FEDERATIONS INVITED</b>	All FIG member federation in good standing and contestants from clubs with valid FIG license are invited.
<b>DELEGATION</b>	4 gymnasts – 2 juniors and 2 seniors 1 coach 1 brevet judge compulsory
<b>AGE LIMITS</b>	SENIOR individual: as per FIG technical regulations JUNIOR individual: as per FIG technical regulations <b>All gymnasts must have a valid FIG license until the end of the event.</b>
<b>JUDGES AND JURIES</b>	<b>All judges must have a current valid FIG brevet at the time of the event in the respective discipline (RGI cycle 2026-2028).</b> Fee for delegation without a judge 120€.
<b>REGISTRATION DEADLINES</b>	Online registration on <a href="#">ksis - 38. MTM LJUBLJANA FIG AND NON FIG TOURNAMENT</a> Definitive registration: January 18, 2026 Nominative registration: February 10, 2026
<b>ENTRY FEES</b>	The entry fee for this event will be: 80€ per each individual gymnast. The entry fee is non-refundable.
<b>ACCREDITATION</b>	Accreditations will be issued upon arrival in the gym. Delegations must present (if not sent by email previously): <ul style="list-style-type: none"> <li>o Insurance for all members of delegations</li> <li>o FIG licenses for gymnasts and judges</li> <li>o Music for all exercises of gymnasts</li> <li>o Receipt of payment of start fee, accomodation and meals</li> </ul> In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.
<b>EVENT FORMAT</b>	Individual Competition FIG program 2026. <ul style="list-style-type: none"> <li>• <b>Seniors:</b> 4 routines - Hoop, Ball, Clubs and Ribbon <ul style="list-style-type: none"> <li>o Qualifications/All-Around competition: max. 2 competitors from delegation (club), the organizer has the right to have 4 gymnasts in concourse.</li> <li>o Apparatus Finals: the top eight Senior gymnasts per apparatus (<b>ONE</b> per Country) from the Qualifications will participate in the Finals.</li> <li>o In addition, if not qualified, the organizing Federation may participate in the four finals with one gymnast, at its free choice.</li> </ul> </li> <li>• <b>Juniors:</b> 4 routines - Hoop, Ball, Clubs and Ribbon <ul style="list-style-type: none"> <li>o Qualifications/All-Around Competition: max 2 competitors from one delegation (club), the organizer have the right to have 4 gymnasts in concourse.</li> <li>o Apparatus Finals: the top eight Junior gymnasts per apparatus (one per Country) from the Qualifications will participate in the Finals.</li> <li>o In addition, if not qualified, the organizing Federation may participate in the four finals with one gymnast, at its free choice.</li> </ul> </li> </ul>
<b>PROVISIONAL SCHEDULE</b>	<b>Thursday, March 19, 2026 :</b> <ul style="list-style-type: none"> <li>• arrival of delegations and official training (9.00-15.00)</li> </ul> <b>Friday, March 20, 2026:</b> <ul style="list-style-type: none"> <li>• technical and judges meeting</li> <li>• competition Juniors FIG hoop, ball</li> <li>• competition Seniors FIG hoop, ball</li> </ul> <b>Saturday, March 21, 2026:</b> <ul style="list-style-type: none"> <li>• competition Juniors FIG clubs, ribbon</li> <li>• competition Seniors FIG clubs, ribbon</li> </ul> <b>Sunday, March 22, 2026:</b> <ul style="list-style-type: none"> <li>• competition Juniors FIG finals</li> <li>• competition Seniors FIG finals</li> </ul> <b>Monday, March 23, 2026:</b> <ul style="list-style-type: none"> <li>• departure of delegations</li> </ul>
<b>MEDICAL SERVICES</b>	Medical services will be provided on days of competition. The competition hall also has AED defibrillator. The nearest hospital is very close by: UKC Ljubljana, Zaloška 2, 1000 Ljubljana.
<b>COVID 19</b>	The LOC should follow local guidelines in management of COVID-19.

	<p>The LOC must facilitate COVID-19 testing for delegations when it is required to have a negative test for return to their country.</p>
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Slovenian Embassy or Consulate in your country if a visa is required for your travel to Slovenia.</p> <p>The LOC will be happy to assist each delegation member with an official invitation letter, provided if request is made before February 10, 2026.</p> <p>To request an invitation letter, please send the following information to the LOC:</p> <p>Full Name, Gender, Date of Birth, Citizenship, Passport Number, Passport Expiry Date, Function/Role within the Delegation, Arrival and Departure Dates, City where the visa application support letter should be sent.</p> <p>Please ensure that all information is complete and accurate to avoid delays in visa processing.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences.</p> <p>In accordance with the <b>FIG Technical Regulations</b>, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.</p> <p>It is mandatory that Delegation Members are covered by <b>basic insurance</b> (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the <b>FIG IMSSA subsidiary insurance</b>.</p> <p>For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to:</p> <p><a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a></p> <p>The LOC will verify insurance coverage upon arrival. Each Delegation must present either a <b>cover note</b> or a <b>photocopy of the valid insurance policy</b>. The policy must be valid starting <b>from the day of arrival</b> and must remain valid for the <b>entire duration of the stay</b>.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: 25€ per person per day.</p>
<b>SAFEGUARDING</b>	<p>From the <b>official day of arrival</b> until the <b>official day of departure</b>, all participants — including <b>gymnasts, coaches, judges, and other Delegation Members</b> — will have the possibility to <b>contact the LOC Safeguarding Officer</b> by phone or email in case of:</p> <ul style="list-style-type: none"> <li>• Harassment</li> <li>• Abuse of any kind</li> <li>• Any situation where they feel uncomfortable or unsafe</li> </ul> <p>The <b>contact information</b> for the LOC Safeguarding Officer will be <b>provided to all Delegations upon arrival</b> on site.</p> <p>As part of the FIG's commitment to athlete welfare and youth protection, <b>posters of the "10 Golden Rules of Gymnastics"</b>, part of the FIG's awareness campaign, must be <b>clearly displayed</b> in several key areas, including:</p> <ul style="list-style-type: none"> <li>• Training Halls</li> <li>• Warm-Up Areas</li> <li>• Public Zones</li> </ul> <p>These measures are in place to ensure a <b>safe, respectful, and supportive environment</b> for all participants throughout the event.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating delegations must pay for the travel costs of their members to/from Slovenia.</p> <p>Free transport between Ljubljana airport and hotels for all delegations, staying at official hotels. To book your transportation accordingly, please send us the Airport Transfer Reservation form:</p>

	<a href="https://docs.google.com/forms/d/e/1FAIpQLSf4bzgw8UY4xjqR4AVDukWhiyGj5Clz2-zu-tuis3cqDQaJQg/viewform?usp=header">https://docs.google.com/forms/d/e/1FAIpQLSf4bzgw8UY4xjqR4AVDukWhiyGj5Clz2-zu-tuis3cqDQaJQg/viewform?usp=header</a>
<b>LOCAL TRANSPORTATION</b>	Free local daily transportations between B&B Hotel and the Competition Hall for all delegations staying at B&B Hotel provided from Thursday, 19 March 2026 till Sunday, 22 March 2026. All other transport is the cost of delegation.
<b>ACCOMMODATION</b>	<p>B&amp;B Hotel Ljubljana Park, Tabor 9, 1000 Ljubljana Recently renovated hotel in the centre of Ljubljana with complimentary wifi and roof terrace / bar. Daily transfers to the gym and back are included in the price and will be organized from Thursday – Sunday.</p> <hr/> <p>Single Room: 125,00 EUR/night/person</p> <hr/> <p>Double Room: 100,00 EUR/night/person</p> <hr/> <p>Triple Room: 95,00 EUR/night/person Price per person includes breakfast, city tax and all other applicable taxes, airport transfer (both ways), unlimited local transportation from hotel to the gym and back during the official tournament dates, lunch in the gym (Friday – Sunday).</p> <hr/> <p><b>GCL Hotel, Koprška ulica 29, 1000 Ljubljana</b> The hotel is in the same building as the competition venue. Number of available rooms is very limited and will be served on “first come - first serve” basis. Prices are charged per room, even if actual number of persons occupying the room is smaller than room capacity.</p> <hr/> <p>Single Room: 100,00 EUR/night/room</p> <hr/> <p>Double Room: 150 EUR/night/room</p> <hr/> <p>Triple Room: 210 EUR/night/room</p> <hr/> <p>Quadruple Room: 280 EUR/night/room (only 1 available)</p> <hr/> <p>Price includes bed and breakfast, city tax and all applicable taxes, airport transfer (both ways); lunch in the gym (Friday – Sunday).</p> <p>While the Accommodation Form must be returned to the LOC by 1 February 2026 the latest, the hotel rooms will be allocated on a “first come, first serve” basis. Accommodation costs must be paid to the LOC by 10 February 2026 the latest, on bank account.</p> <p><b>CANCELLATION POLICY</b> Free cancellation until 10 February 2026. 70% reservation costs returned 40-30 days prior arrival date. 50% reservation costs returned 30-9 days prior arrival date. 0% reservation costs returned 8 or less days prior arrival (also in case of no-show).</p>
<b>MEALS</b>	<p>Buffet lunch for judges will be provided free of charge on competition days (Friday, Saturday, Sunday). Warm lunch for all delegation members, staying in our official hotels, will be provided free of charge on competition days (Friday – Sunday) in the gym.</p> <p>Delegations, not staying at our official hotel, can order hot meal separately. The price of the meal is 12 eur/person/day and will be served on competition days from 12:00 – 15:00 in the gym. Please send email with inquiry to order to <a href="mailto:spela.zorz@gmail.com">spela.zorz@gmail.com</a>.</p>
<b>CANCELLATION POLICY</b>	Entry fee is non-refundable if participation at the tournament is cancelled 14 days or less prior the start of the tournament.
<b>FINAL BANQUET</b>	No final banquet.

<b>BANK ACCOUNT INFORMATION</b>	Name of organization: KRG Narodni dom Ljubljana Address: Ob dolenski železnici 50, 1000 Ljubljana, Slovenia Account number: IBAN SI56 02053-0010794153, SWIFT (BIC): LJBASI2X The participating federation is responsible for covering all bank fees in connection with the bank transfers	
<b>MARKETING</b>	FIG advertising and publicity norms must be respected.	
<b>SOCIAL MEDIA</b>	Web: <a href="http://www.klubrg-narodnidom.si">www.klubrg-narodnidom.si</a> Youtube: <a href="https://www.youtube.com/channel/UCOFVsxBIHyb2c5VVd5C-sNA">https://www.youtube.com/channel/UCOFVsxBIHyb2c5VVd5C-sNA</a> FB: <a href="https://www.facebook.com/Klub-za-ritmi%C4%8Dno-gimnastiko-NARODNI-DOM-LJUBLJANA-286485421363013/">https://www.facebook.com/Klub-za-ritmi%C4%8Dno-gimnastiko-NARODNI-DOM-LJUBLJANA-286485421363013/</a> Instagram: Klub za ritmično gimnastiko NARODNI DOM LJUBLJANA	
<b>DEADLINES SUMMARY</b>	Definitive Registration	January 18, 2026
	Visa Request Form	February 10, 2026
	Accommodation Form	February 1, 2026
	Payment of Accommodation costs	February 10, 2026
	Nominative Registration	February 10, 2026
	Travel Schedule Form	March 1, 2026
	Meals Form	March 1, 2026
	Payment of the Entry Fee	March 1, 2026
	Payment of the extra Meals	March 1, 2026
	Payment of the fine for missing judge	March 1, 2026
<b>ADDITIONAL INFORMATION</b>	<i>We also organize a competition for younger categories and B level.</i> Find more information on: <a href="#">ksis - 38. MTM LJUBLJANA FIG AND NON FIG TOURNAMENT</a>	

Sincerely Yours,

Place and date:  
Ljubljana, 20.11.2025



Ms HUS Špela  
Secretary General of the FIG affiliated NF

