



**1<sup>st</sup> FIG FRGR Trophy  
Bucharest ROMANIA (ROU)  
16 - 17 May 2026  
Juniors & Seniors Category**



**DIRECTIVES**

**Event ID: 18574**

Dear FIG affiliated Member Federation,

The Gymnastics Federation of **ROMANIA** has the pleasure to invite your Federation to participate in the afore mentioned official FIG International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics</b>
<b>HOST FEDERATION</b>	<b>Romanian Gymnastics Federation</b> 16 Vasile Conta, Sector II, Bucharest, 020954 Tel: +40213171112 Email: <a href="mailto:frgimnastica@frgimnastica.com">frgimnastica@frgimnastica.com</a> Website: <a href="http://www.frgimnastica.com">www.frgimnastica.com</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>Romanian Rhythmic Gymnastics Federation</b> Contact person: Mădălin Badea 16 Vasile Conta, Sector II, Bucharest, 020954 Tel: +40213170070 E-mail: <a href="mailto:trophy@frgimnasticaritmica.ro">trophy@frgimnasticaritmica.ro</a> Website: <a href="http://ww.frgimnasticaritmica.ro">ww.frgimnasticaritmica.ro</a>
<b>LOCATION</b>	<b>Bucharest, Romania</b>
<b>DATE</b>	<b>From 16<sup>th</sup> to 17<sup>th</sup> of May 2026</b>
<b>VENUE</b>	<b>Sports Hall Polivalenta, Calea Pischului 10, Bucharest</b> Tel: +40314257811 E-mail: <a href="mailto:secretariat@polivalenta.ro">secretariat@polivalenta.ro</a> Website: <a href="https://salapolivalenta.ro/">https://salapolivalenta.ro/</a>
<b>APPARATUS SUPPLIER</b>	<b>Please refer to the attached apparatus list</b>
<b>RULES AND REGULATIONS</b>	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"><li>• Statutes</li><li>• Code of Ethics</li><li>• Code of Conduct</li><li>• Technical Regulations</li><li>• Code of Discipline</li><li>• Code of Points and relevant Newsletters</li><li>• General Judges' Rules</li><li>• Specific Judges' Rules</li><li>• Anti-Doping Rules</li><li>• Licence rules (except for noncompetitive events)</li><li>• Policy and Procedures for Safeguarding and Protecting Participants in gymnastics</li><li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li><li>• FIG Medical Guidelines for FIG Competitions and Events</li><li>• Media Rules</li><li>• Apparatus Norms</li><li>• Rules for Sanctioning (approval) of International Events</li><li>• Advertising and Publicity Rules</li><li>• Regulations for Award Ceremonies</li><li>• Accreditation Rules</li></ul> <i>and subsequent decisions of the FIG Executive Committee</i>
<b>FEDERATIONS INVITED</b>	All FIG member Federations and clubs affiliated to the National Federations in good standing are invited to participate with unlimited number of gymnasts and groups.

<b>AGE LIMITS</b>	<p>Juniors – as per FIG technical regulations  Seniors – as per FIG technical regulations</p>						
<b>JUDGES AND JURIES</b>	<p>The participating Member Federations must send a minimum of one qualified judge with a minim Cat. IV. Failure to do so will result in a fine of <b>250€</b> - to be paid to the LOC at the accreditation.  <b>All judges must have a current valid FIG brevet at the time of the event, for the respective discipline (RGI and/or RGG).</b></p>						
<b>REGISTRATION DEADLINES</b>	<table border="1"> <tr> <td><b>Definitive registration</b></td> <td><b>15 March 2026</b></td> <td>2 months prior to the event</td> </tr> <tr> <td><b>Nominative registration</b></td> <td><b>15 April 2026</b></td> <td>1 month prior to the event</td> </tr> </table>	<b>Definitive registration</b>	<b>15 March 2026</b>	2 months prior to the event	<b>Nominative registration</b>	<b>15 April 2026</b>	1 month prior to the event
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<b>ENTRY FEES</b>	<p>The non-reimbursable cost of the Entry fee for this event will be:</p> <ul style="list-style-type: none"> <li>- <b>80 euro</b> for each gymnast</li> <li>- <b>100 euro</b> for each member of the delegation who doesn't book their accommodation through the LOC</li> <li>- <b>100 euro</b> for late registration</li> </ul>						
<b>ACCREDITATION</b>	<p>Accreditation will take place in Competition Hall, before the official training. A photo of each member of the delegation must be uploaded with the nominative registration.  The Head of the Delegation must bring to the accreditation:</p> <ul style="list-style-type: none"> <li>• Passports of all members of the delegation</li> <li>• Proof of all payments</li> <li>• Certification of valid insurance</li> <li>• 1 USB stick with music for all gymnasts and with the national anthem</li> </ul> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>						
<b>EVENT FORMAT</b>	<p>The International Tournament includes competition for:</p> <ol style="list-style-type: none"> <li><b>1. Junior Competition – Individual &amp; Group</b></li> <li><b>2. Senior Competition – Individual &amp; Group</b></li> <li><b>3. Team Competition – Only for Juniors</b></li> </ol>						
<b>PROVISIONAL SCHEDULE</b>	<p><b>May 14<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>• Arrival of delegations</li> </ul> <p><b>May 15<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>• Official Trainings</li> <li>• Orientation Meeting</li> </ul> <p><b>May 16<sup>th</sup></b></p> <p>Competition <b>May 17<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>• Competition</li> <li>• Awarding Ceremony</li> </ul> <p><b>May 18<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>• Departure of the Delegations</li> </ul>						
<b>MEDICAL SERVICES</b>	<p>Medical services in the gym will be provided by LOC.</p>						
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Romanian Embassy or Consulate in your country if a visa is required for your travel to Romania. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>March 15<sup>th</sup></b> to the LOC.  To request an invitation letter, please send the following information to the LOC:  Full Name, Gender, Date of Birth, Citizenship, Passport Number, Passport Expiry Date, Function/Role within the Delegation, Arrival and Departure Dates, City where the visa application support letter should be sent.  Please ensure that all information is complete and accurate to avoid delays in visa processing.</p>						

<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences.</p> <p>In accordance with the <b>FIG Technical Regulations</b>, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.</p> <p>It is mandatory that Delegation Members are covered by <b>basic insurance</b> (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the <b>FIG IMSSA subsidiary insurance</b>.</p> <p>For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to:</p> <p><a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a></p> <p>The LOC will verify insurance coverage upon arrival. Each Delegation must present either a <b>cover note</b> or a <b>photocopy of the valid insurance policy</b>. The policy must be valid starting <b>from the day of arrival</b> and must remain valid for the <b>entire duration of the stay</b>.</p> <p>NOTE: In case of any medical services in the hospital, the cost must be covered by the delegation.</p>
<b>SAFEGUARDING</b>	<p>From the <b>official day of arrival</b> until the <b>official day of departure</b>, all participants — including <b>gymnasts, coaches, judges, and other Delegation Members</b> — will have the possibility to <b>contact the LOC Safeguarding Officer</b> by phone or email in case of:</p> <ul style="list-style-type: none"> <li>• Harassment</li> <li>• Abuse of any kind</li> <li>• Any situation where they feel uncomfortable or unsafe</li> </ul> <p>The <b>contact information</b> for the LOC Safeguarding Officer will be <b>provided to all Delegations upon arrival</b> on site.</p> <p>As part of the FIG’s commitment to athlete welfare and youth protection, <b>posters of the “10 Golden Rules of Gymnastics”</b>, part of the FIG’s awareness campaign, must be <b>clearly displayed</b> in several key areas, including:</p> <ul style="list-style-type: none"> <li>• Training Halls</li> <li>• Warm-Up Areas</li> <li>• Public Zones</li> </ul> <p>These measures are in place to ensure a <b>safe, respectful, and supportive environment</b> for all participants throughout the event.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be sent by <b>April 15<sup>th</sup></b>.</p>
<b>LOCAL TRANSPORTATION</b>	<p>The LOC will provide transportation for all participants (from/to Bucharest International Airport to the hotels), as well as from/to the hotel and Competition Hall.</p> <p>Transfers and local transportation will only be available to those who will book their accommodation directly through the LOC.</p>
<b>ACCOMMODATION</b>	<p>The following prices are <b>per room, per night</b> and include:</p> <ol style="list-style-type: none"> <li>1. <b>Accommodation</b></li> <li>2. <b>Meals (breakfast and dinner)</b></li> <li>3. <b>Local transportation</b></li> </ol> <p><b>Five Stars Hotel:</b>  Single Room – 350 euro  Double Room – 300 euro</p> <p><b>Four Stars Hotel:</b>  Single Room – 250 euro  Double Room – 300 euro  Triple Room – 350 euro</p> <p><b>Three Stars Hotel:</b>  Single Room – 200 euro  Double Room – 250 euro  Triple Room – 300 euro</p>

	<p>The invited participating federations or clubs must pay for accommodation and meals expenses of their delegation members.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. Please note that for the hotels that offer triple rooms, the number for this room type is very limited.</p> <p>While the Accommodation Form must be uploaded by <b>March 15<sup>th</sup></b> at the very latest, the costs for the accommodation must be paid to the LOC as follows:</p> <p><b>April 15<sup>th</sup></b> 100% of the accommodation.</p> <p><b>Cancellation/Reimbursement Policy:</b> For cancelations made after <b>April 15<sup>th</sup></b> there will be <b>no reimbursement</b></p>																				
<b>MEALS</b>	<p>All the delegation members who booked their accommodation through the LOC will have breakfast and dinner included in the accommodation price and will be served at the hotel.</p> <p>For members who wish to book lunch, it can be reserved separately on the meals form at a price of 40 euro per person. Lunch will take place at the restaurant next to the competition hall.</p>																				
<b>BANK ACCOUNT INFORMATION</b>	<p><b>Payment in Euro to:</b> Romanian Rhythmic Gymnastics Federation 16 Vasile Conta Street, 020954, Bucharest, Romania Account: RO04 BACX 0000 0030 1648 5002 Bank: UniCredit Bank SWIFT: BACXROBU</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: Country Code_Club_FRGRTrophy26 (Ex.: ROU_SCStarsClub_FRGRTrophy26)</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>																				
<b>MARKETING</b>	FIG advertising and publicity norms must be respected																				
<b>SOCIAL MEDIA</b>	<p>Official Website: <a href="http://www.frgimnasticaritmica.ro">www.frgimnasticaritmica.ro</a></p> <p>Official Facebook Page: <a href="https://www.facebook.com/frgiritmica.ro/">https://www.facebook.com/frgiritmica.ro/</a></p>																				
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<b>ADDITIONAL INFORMATION</b>	<p>At the same time (14<sup>th</sup> – 15<sup>th</sup> of May 2026), there will be also a tournament for:</p> <ul style="list-style-type: none"> <li>- Baby</li> <li>- Children</li> <li>- Pre-juniors</li> <li>- Juniors – non-FIG;</li> <li>- Seniors – non-FIG.</li> </ul> <p>For registration, please access <a href="https://rgform.eu/event.php?id_prop=9792">https://rgform.eu/event.php?id_prop=9792</a></p>																				

Sincerely yours,

Bucharest, 16 March 2026



Ioan Silviu SUCIU,  
Romanian Gymnastics Federation