



**19<sup>th</sup> Artistic Gymnastics African  
Championships  
YAOUNDE 2026 - CAMEROON  
JUNIORS & SENIORS  
23-04-2026/26-04-2026**



**DIRECTIVES**

**Senior Event ID: 18377**

**Junior Event ID: 18378**


**Update 19.01.2026**

**Update 17.03.2026**

Dear FIG affiliated Member Federation,

Cameroon Gymnastics Federation (**CAMERGYM**) has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

We look forward to your participation and to welcoming your delegation to this prestigious event.

<b>DISCIPLINE</b>	<b>Men's Artistic Gymnastics Women's Artistic Gymnastics</b>
<b>HOST FEDERATION</b>	<b>FEDERATION CAMEROUNAISE DE GYMNASTIQUE (CAMERGYM)</b> B.P. 7037 YAOUNDE-CAMEROUN Contact Person : YEKEL Annie Flore Mobile : +237 697046671 Email: <a href="mailto:camergym23@gmail.com">camergym23@gmail.com</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>Contact Person : YOTENJE Samuel Léopold L.S.</b> <b>Phone Number: +237 677534230 / +237 693141726</b> <b>E-mail : <a href="mailto:yotenje61@gmail.com">yotenje61@gmail.com</a></b> <b>web site : <a href="https://camergym.com">https://camergym.com</a></b>
<b>LOCATION</b>	<b>CARREFOUR WARDA-YAOUNDE – CAMEROUN</b>
<b>DATE</b>	<b>23-04-2026 TO 26-04-2026</b>
<b>VENUE</b>	<p align="center"><b>Training, warm-up and competition hall PALAIS POLYVALENT DES SPORTS DE YAOUNDE (PAPOSY)</b></p>  <p><a href="mailto:palais_paposy@yahoo.fr">palais_paposy@yahoo.fr</a></p>
<b>APPARATUS SUPPLIER</b>	<b>Please refer to the attached apparatus list</b>

<b>RULES AND REGULATIONS</b>	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Code of Ethics</li> <li>• Code of Conduct</li> <li>• Technical Regulations</li> <li>• Code of Discipline</li> <li>• Code of Points, relevant Newsletters, and Help Desk</li> <li>• General Judges' Rules</li> <li>• Specific Judges' Rules</li> <li>• Anti-Doping Rules</li> <li>• License rules</li> <li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li> <li>• FIG Medical Organization of the FIG Competitions and events</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Rules for Sanctioning (approval) of International Events</li> <li>• Advertising and Publicity Rules</li> <li>• Regulations for Award Ceremonies</li> <li>• Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee and Technical Committees</i></p>																																																
<b>FEDERATIONS INVITED</b>	<p>All FIG affiliated member federations in Africa that are in good standing with the FIG and UAG may participate.</p>																																																
<b>PARTICIPATIONS AND AGE LIMITS</b>	<p style="text-align: center;"><b>PARTICIPATION</b></p> <p>The maximum size of the invited delegation is as follows:</p> <table border="1" data-bbox="454 981 1485 1467"> <thead> <tr> <th>Delegation members</th> <th>MAG Jn</th> <th>MAG Sn</th> <th>WAG Jn</th> <th>WAG Sn</th> <th>Total max</th> </tr> </thead> <tbody> <tr> <td><b>Gymnast team</b></td> <td>3 to 5</td> <td>3 to 5</td> <td>3 to 5</td> <td>3 to 5</td> <td>20</td> </tr> <tr> <td><b>Gymnast individuals</b></td> <td>1 -2</td> <td>1 -2</td> <td>1 -2</td> <td>1 -2</td> <td>8</td> </tr> <tr> <td><b>Coach</b></td> <td>1 -2</td> <td>1 -2</td> <td>1 -2</td> <td>1 -2</td> <td>8</td> </tr> <tr> <td><b>Total Judges Sn+Jn</b></td> <td colspan="2" style="text-align: center;">3</td> <td colspan="2" style="text-align: center;">3</td> <td style="text-align: center;">6</td> </tr> <tr> <td><b>Total Head of Delegation Sn+Jn</b></td> <td colspan="4" style="text-align: center;">1</td> <td style="text-align: center;">1</td> </tr> <tr> <td><b>Total Doctor/ Paramedics Sn+Jn</b></td> <td colspan="2" style="text-align: center;">1</td> <td colspan="2" style="text-align: center;">1</td> <td></td> </tr> <tr> <td><b>Team manager *</b></td> <td colspan="2" style="text-align: center;">1</td> <td colspan="2" style="text-align: center;">1</td> <td style="text-align: center;">2</td> </tr> </tbody> </table> <p style="text-align: center;"><b>*ONLY WHEN DELEGATION HAVE TEAM</b></p> <p style="text-align: center;"><b>MAG:</b></p> <p><b>Juniors:</b> As per FIG technical regulations.  <b>Seniors:</b> As per FIG technical regulations.  <b>NFs must declare on the FIG Database whether their 18-year old gymnasts will compete as Junior or Senior prior to their first competition for the year concerned.</b></p> <p style="text-align: center;"><b>WAG:</b></p> <p><b>Juniors:</b> As per FIG technical regulations.  <b>Seniors</b> As per FIG technical regulations.</p> <p>All gymnasts must have a valid FIG licence until the end of the Event. Gymnasts who have participated in a Senior WCH, a Senior Continental Championships, a World Cup/World Challenge Cup, and Senior Multi-sport Games, may not participate in Junior competitions afterwards.</p>	Delegation members	MAG Jn	MAG Sn	WAG Jn	WAG Sn	Total max	<b>Gymnast team</b>	3 to 5	3 to 5	3 to 5	3 to 5	20	<b>Gymnast individuals</b>	1 -2	1 -2	1 -2	1 -2	8	<b>Coach</b>	1 -2	1 -2	1 -2	1 -2	8	<b>Total Judges Sn+Jn</b>	3		3		6	<b>Total Head of Delegation Sn+Jn</b>	1				1	<b>Total Doctor/ Paramedics Sn+Jn</b>	1		1			<b>Team manager *</b>	1		1		2
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<b>JUDGES AND JURIES</b>	<p><b>Each federation may bring up to 3 judges per discipline</b>  <b>All judges must have a current valid FIG brevet for their functions at the time of the event, in the respective discipline.</b>  For Senior: 5 E (min Cat 4), 2 D (min Cat 2) 1 AS (min Cat 2)  For Junior: 5 E (min Cat. 4), 2 D (min Cat. 2)</p>																				
<b>REGISTRATION DEADLINES</b>	<table border="1" data-bbox="475 241 1465 349"> <tr> <td>Provisional registration</td> <td>21 January 2026</td> </tr> <tr> <td>Definitive registration:</td> <td>21 February 2026</td> </tr> <tr> <td>Nominative registration</td> <td>21 March 2026</td> </tr> </table>	Provisional registration	21 January 2026	Definitive registration:	21 February 2026	Nominative registration	21 March 2026														
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<b>ENTRY FEES</b>	<p style="text-align: center;"><b>COMPETITION ENTRY FEE:</b></p> <p>The invited participating federations must pay entry fee at the time of the Definitive registration which is 27 February 2026, as follows:</p> <ul style="list-style-type: none"> <li>• Participation with only one (1) gymnast in a discipline: <b>USD 50 (per discipline)</b></li> <li>• Participation with more than one gymnast in a discipline: <b>USD 150 (per discipline, flat fee for the team)</b></li> </ul> <p>The entry fee is non-refundable and payable to the UAG.</p> <p style="text-align: center;"><b>ANNUAL UAG AFFILIATION FEE:</b></p> <p>Federations that have not yet paid their annual affiliation fee for 2026 to the UAG must also make payment to the UAG before they will be allowed to participate in the competition, as follows:</p> <table border="1" data-bbox="456 757 1487 898"> <tr> <td>Existing Members</td> <td></td> <td>USD 200</td> </tr> <tr> <td rowspan="3">New Members</td> <td>Year1</td> <td>USD 0</td> </tr> <tr> <td>Year2</td> <td>USD 100</td> </tr> <tr> <td>Year3</td> <td>USD 200</td> </tr> </table> <p style="text-align: center;"><b>Banking Details for UAG Affiliation Fees and Entry Fees:</b></p> <table border="1" data-bbox="456 999 1487 1211"> <tr> <td><b>Payable to: Beneficiary</b></td> <td><b>African Gymnastics Union</b></td> </tr> <tr> <td><b>Account</b></td> <td><b>0013161399469301015</b></td> </tr> <tr> <td><b>Bank</b></td> <td><b>National Bank of Egypt (MainBranch) 24 SHEREFST. CAIRO</b></td> </tr> <tr> <td><b>IBAN</b></td> <td><b>EG680003000131613994693010150</b></td> </tr> <tr> <td><b>SWIFT/BIC</b></td> <td><b>NBEGEGCX001</b></td> </tr> </table> <p>Reference Code: Country Code_UAG+Entry ART  Example: CMR_UAG+Entry ART</p>	Existing Members		USD 200	New Members	Year1	USD 0	Year2	USD 100	Year3	USD 200	<b>Payable to: Beneficiary</b>	<b>African Gymnastics Union</b>	<b>Account</b>	<b>0013161399469301015</b>	<b>Bank</b>	<b>National Bank of Egypt (MainBranch) 24 SHEREFST. CAIRO</b>	<b>IBAN</b>	<b>EG680003000131613994693010150</b>	<b>SWIFT/BIC</b>	<b>NBEGEGCX001</b>
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<b>ACCREDITATION</b>	<p>Accreditation of all delegations will take place at their arrival in the sports hall. Please send a digital photo for each member of your delegation before <b>11 April 2026 to LOC.</b></p> <p><b>Heads of delegations have to bring to the accreditation office:</b></p> <ul style="list-style-type: none"> <li>- 1 CD of the national anthem / flash memory card</li> <li>- 2 audio format CDs per gymnast</li> </ul> <p>Certification of insurance for delegation member's illness, Accidents, repatriation.</p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>																				
<b>EVENT FORMAT</b>	<p>The Junior/Senior African Championships will consist of qualifications (also serving as All-Around ranking and Team ranking) and apparatus Finals.</p> <p>For teams: 5 gymnasts, 4 compete on each apparatus, best 3 scores are counted per team.</p> <p><b>The team ranking (5-4-3)</b> and the All-Around ranking will be determined at the end of the qualifications.</p> <p><b>For the All-Around</b> ranking only 2 gymnasts per federation will be awarded.</p> <p><b>Apparatus finals:</b> The best eight gymnasts per apparatus from the qualifications qualify for the Finals (Participation is limited to 2 gymnasts per NF on each apparatus)</p>																				
<b>PROVISIONAL SCHEDULE</b>	<table border="1" data-bbox="456 2018 1487 2092"> <tr> <td style="text-align: center;"><b>21 April 2026</b></td> <td style="text-align: center;">Arrival of delegations Training (MAG, WAG)</td> </tr> </table>	<b>21 April 2026</b>	Arrival of delegations Training (MAG, WAG)																		
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	<p><b>22 April 2026</b></p> <p>Orientation Meeting Judges' Meeting (MAG, WAG) Judges' instruction and draw Training Podium for MAG and WAG</p>
	<p><b>23 April 2026</b></p> <p>Qualifications – Seniors (MAG / WAG)</p>
	<p><b>24 April 2026</b></p> <p>Qualifications – Juniors (MAG / WAG)</p>
	<p><b>25 April 2026</b></p> <p>APPARATUS FINALS MAG and WAG (Juniors / Seniors) MAG (FX – PH- SR), WAG (VT- UB)</p>
	<p><b>26 April 2026</b></p> <p>APPARATUS FINALS MAG and WAG (Juniors / Seniors) MAG (VT-PB-HB), WAG (BB- FX)</p>
	<p><b>27 April 2026</b></p> <p>DEPARTURE</p>
<b>MEDICAL SERVICES</b>	HOPITAL CENTRAL DE YAOUNDE
<b>ANTI-DOPING</b>	<p><b><u>Doping controls</u></b> Doping controls will be organised by the International Testing Agency (ITA) on behalf of the FIG and according to the World Anti-Doping Code (WADC), the international standards enacted by the World Anti-doping Agency (WADA) and FIG Anti-Doping Rules. Appropriate medical premises will be provided to carry out the required number of doping controls by AMADA (Azerbaijan National Anti-Doping Agency) according to the WADA regulations.</p> <p><b><u>Host federation WADC compliance</u></b> The exploitation of any rights related to the hosting of an event is subject, at all times, to the compliance with the WADC and the international standards enacted by WADA. Regardless of whether the event has already been allocated or not, the FIG may terminate any collaboration with the host federation or the LOC, immediately and without paying any penalty and/or compensation or incurring liability of any kind, under the following circumstances: (i) if the National Anti-Doping Organisation (NADO) in charge in the concerned country is declared non-compliant by WADA (ii) if the relevant country has been ruled ineligible to host the event. In such cases, the FIG is entitled to reassign the event to any other host federation in another country where the WADC and the WADA international standards are fully respected.</p>
<b>VISA</b>	<p>Please verify immediately with your travel agent or the CAMEROONIAN Embassy or Consulate in your country if a visa is required for your travel to CAMEROON. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>11 March 2026</b> to the LOC. To request an invitation letter, please send the following information to the LOC: Full Name, Gender, Date of Birth, Citizenship, Passport Number, Passport Expiry Date, Function/Role within the Delegation, Arrival and Departure Dates, City where the visa application support letter should be sent. Please ensure that all information is complete and accurate to avoid delays in visa processing.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences. In accordance with the <b>FIG Technical Regulations</b>, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.</p>

	<p>It is mandatory that Delegation Members are covered by <b>basic insurance</b> (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the <b>FIG IMSSA subsidiary insurance</b>.</p> <p>For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to:</p> <p><a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a></p> <p>The LOC will verify insurance coverage upon arrival. Each Delegation must present either a <b>cover note</b> or a <b>photocopy of the valid insurance policy</b>. The policy must be valid starting <b>from the day of arrival</b> and must remain valid for the <b>entire duration of the stay</b>.</p> <p>If a Federation cannot provide proof of valid insurance, the LOC will offer insurance coverage at the Federation's own expense, at a cost of: <b>50 euro per person/day</b>.</p>
<p><b>SAFEGUARDING</b></p>	<p>From the <b>official day of arrival</b> until the <b>official day of departure</b>, all participants — including <b>gymnasts, coaches, judges, and other Delegation Members</b> — will have the possibility to <b>contact the LOC Safeguarding Officer</b> by phone or email in case of:</p> <ul style="list-style-type: none"> <li>• Harassment</li> <li>• Abuse of any kind</li> <li>• Any situation where they feel uncomfortable or unsafe</li> </ul> <p>The <b>contact information</b> for the LOC Safeguarding Officer will be <b>provided to all Delegations upon arrival</b> on site.</p> <p>As part of the FIG's commitment to athlete welfare and youth protection, <b>posters of the "10 Golden Rules of Gymnastics"</b>, part of the FIG's awareness campaign, must be <b>clearly displayed</b> in several key areas, including:</p> <ul style="list-style-type: none"> <li>• Training Halls</li> <li>• Warm-Up Areas</li> <li>• Public Zones</li> </ul> <p>These measures are in place to ensure a <b>safe, respectful, and supportive environment</b> for all participants throughout the event.</p>
<p><b>INTERNATIONAL TRANSPORTATION</b></p>	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by <b>11 April 2026</b>.</p>
<p><b>LOCAL TRANSPORTATION</b></p>	<p>The Organizing Committee will provide transportation from Nsimalen Airport Yaoundé for the delegation booked their accommodation through the LOC.</p> <p>Also transportation between hotel, training - warm up and competition venue will be provided by LOC</p>
<p><b>ACCOMMODATION</b></p>	<ul style="list-style-type: none"> <li>• <b>DJEUGA HOTEL ****</b>  Double PC 210 Euros- per person  Single PC 230 Euros  <a href="https://www.djeuga.com">https://www.djeuga.com</a>  mail : <a href="mailto:djeugapart@djeuga.com">djeugapart@djeuga.com</a>.  Tel.: (+237) 242 72 23 66 – 693 09 10 55</li>   <li>• <b>HOTEL LA FALAISE ****</b>  Double PC 200 Euros - per person  Single PC 220 Euros  <a href="https://www.lafalaiseyaounde.com">https://www.lafalaiseyaounde.com</a>  <b>Adresse</b> : VGC8+462, Ave Marechal Foch, Yaoundé  Tel : (237)222220616</li>   <li>• <b>HOTEL FRANCO***</b>  Double PC 170 Euros - per person  Single PC 190 Euros  <a href="https://www.hotel-franco.com">https://www.hotel-franco.com</a>  Tel.: (237)222201307  Mail: <a href="mailto:contact@hotel-franco.com">contact@hotel-franco.com</a></li> </ul>

• **MEUMI HOTEL BASTOS \*\*\***

Double PC 150 Euros - per person  
 Single PC 180 Euros  
<https://www.leshotelsmeumi.com>  
 Tel.: (+237) 694020165  
 Mail: [meumipalace@leshotelsmeumi.com](mailto:meumipalace@leshotelsmeumi.com)

• **HOTEL SINDZ PALACE \*\*\***

Double PC 150 Euros - per person  
 Single PC 180 Euros  
<https://hotelsindzpalace.com>  
 Tel.: (+237) 692129908

All prices are set in **FULL BOARD**

The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 21 February 2026 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.

The invited participating federations must pay for the accommodation expenses of their delegation members.

The costs for the accommodations must be paid to the LOC as follows:

- Payment of the Accommodation Costs 50%: 21 February 2026
- Payment of the Accommodation Costs 100%: 21 March 2026

If payment is not made by the required time, the reservation will be cancelled. All payments are non-refundable.

**CANCELATION POLICY**  
**FINAL BANQUET**  
**BANK ACCOUNT INFORMATION**

Any cancellations after 26 April 2026 will incur a penalty of 100% of total amount due.

The costs of the Final Banquet are included in Accommodation (Full Board).

<b>Payable to Beneficiary</b>	<b>Fédération Camerounaise de Gymnastique (CAMERGYM)</b>
<b>Account</b>	<b>10001 06860 667695 60001 80</b>
<b>BANK</b>	<b>Banque Internationale du Cameroun (BICEC) Agence de Yaoundé PARC</b>
<b>IBAN</b>	<b>CM21 10001 06860 667695 60001 80</b>
<b>SWIFT /BIC</b>	<b>ICLRMCXXXX</b>

**MARKETING SOCIAL MEDIA**

FIG advertising and publicity norms must be respected

**CAMEROON gymnastics federation official page**

**DEADLINES SUMMARY**

Provisional Registration	<b>21 January 2026</b>
Definitive Registration	<b>21 February 2026</b>
Nominative Registration	<b>21 march 2026</b>
Accommodation Form (Full Board)	<b>21 february 2026</b>
Travel Schedule Form	<b>21 february 2026</b>
Visa Request Form	<b>21 february 2026</b>
Payment of the Entry Fee	<b>21 february 2026</b>
Payment of the Accommodation Costs 50%	<b>21 february 2026</b>
Payment of the Accommodation Costs 100%	<b>21 march 2026</b>

Yaounde, 27 October 2025



**YEKEL Annie Flore**  
 President of the  
**FEDERATION CAMEROUNAISE DE GYMNASIQUE**