



Pharaoh's Cup Cairo,
Egypt
06-09 August 2026
Aerobic gymnastics





DIRECTIVES

Event ID: 18560

Dear FIG affiliated Member Federation,

The Gymnastics Federation of **Egypt** has the pleasure to invite your Federation and clubs to participate in the aforementioned official FIG International Event Pharaoh's cup.

DISCIPLINE	Aerobic Gymnastics
HOST FEDERATION	Egyptian Gymnastics Federation (EGF) El Estad El Bahary St. Olympic Feds Buildings, Nasr City, Cairo, Egypt Tel: 002-02240250002 002-0224025027 e-mail: egypt@egyptgymnastics.com Website: www.egyptgymnastics.com
LOCAL ORGANIZING COMMITTEE	Contact Person : Abdallah MAHMOUD Address: Cairo international stadium Alestad Nasr city, Cairo-Egypt Tel: +201277710716 e-mail: pharaohscup@gmail.com egypt@egyptgymnastics.com
LOCATION	Cairo, Egypt
DATE	06-09 August 2026
VENUE	Dr. Hassan Mostafa Sports Hall First 6th of October, 6th of October City (2), Giza Governorate 3225013 +201556665513  
APPARATUS SUPPLIER	Please refer to the attached apparatus list.
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • License rules • Policy and Procedures for Safeguarding and Protecting Participants in gymnastics

	<ul style="list-style-type: none"> • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • Medical Organization of FIG Competitions and Events • Media Guidelines • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Rules for Advertising and Publicity • Rules for Awards Ceremonies • Accreditation Rules • <i>and subsequent decisions of the FIG Executive Committee</i>
FEDERATIONS INVITED	The Organizing Member Federation will invite all Member Federations according to the following: All affiliated federation with good standing and clubs
AGE LIMITS	<p><u>AER:</u> Senior: As per Technical Regulations Junior: As per Technical Regulations AG 1: As per Technical Regulations).</p> <p>All gymnasts must have a valid FIG licence until the end of the event. For AG 9-11, please contact the LOC.</p>
JUDGES AND JURIES	<p>All judges must have a current valid FIG brevet at the time of the event, for the respective discipline. Each federation or Club must bring min. 1 judge per discipline.</p>
ENTRY FEES	<p>The Entry fees for the different categories in each Age Group are as follows: Category Entry Fees:</p> <ul style="list-style-type: none"> • Individual Women 30 Euro • Individual Men 30 Euro • Mixed Pairs 40 Euro • Trio 50 Euro • Group 60 Euro <p><u>For delegation did not booked their accommodation through the LOC and national clubs.</u> Category Entry Fees:</p> <ul style="list-style-type: none"> • Individual Women 120 Euro • Individual Men 120 Euro • Mixed Pairs 240 Euro • Trio 350 Euro • Group 560 Euro
ACCREDITATION	<p>Each federation will be taken to the accreditation desk upon arrival. In order to accelerate the accreditation procedure, please send to the Local organizing committee by email: egypt@egyptgymnastics.com & pharaohscup@gmail.com a photo of each delegation member together with the Nominative registration. The specification of the photo should be as follows: Files format: JPG, JPEG File name: NOC/Club_Surname_Firstname Note: the LOC will be checking the validity of the gymnast's licences. During the accreditation the Head of Delegation must present the following:</p> <ul style="list-style-type: none"> • All passports /FIG license/Medical insurance of the registered gymnasts. • Competitor's Music 2 CD Copy or USB. • Proof for full payment of the costs due to the LOC. • Transport – Departure. • License of the gymnast. <p>Accreditation must be worn by all coaches and officials at all the times as it identifies where access is permitted at the venue. In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>

EVENT FORMAT	<p>Qualifications and Finals in all categories. Categories: IW, IM, MP, TR, GR.</p> <p>Qualifications: Participation is not limited by Club or Country / Category / Age group.</p> <p>Finals: Participation is limited to 2 Units per country in each category.</p> <p>Note: In case that there are less than 9 participants for any Category □ Award will be from qualifications results for this category</p>																	
PROVISIONAL SCHEDULE	<table border="1"> <thead> <tr> <th data-bbox="456 322 807 367">Date</th> <th data-bbox="807 322 1533 367">Activity</th> </tr> </thead> <tbody> <tr> <td data-bbox="456 367 807 434">Tuesday 04/08/2026</td> <td data-bbox="807 367 1533 434">Arrival of delegation</td> </tr> <tr> <td data-bbox="456 434 807 501">Wednesday 05/08/2026</td> <td data-bbox="807 434 1533 501">Orientation meeting Judges' instruction Podium training</td> </tr> <tr> <td data-bbox="456 501 807 546">Thursday 06/08/2026</td> <td data-bbox="807 501 1533 546">Competition day 1</td> </tr> <tr> <td data-bbox="456 546 807 591">Friday 07/08/2026</td> <td data-bbox="807 546 1533 591">Competition day 2</td> </tr> <tr> <td data-bbox="456 591 807 636">Saturday 08/08/2026</td> <td data-bbox="807 591 1533 636">Competition day 3</td> </tr> <tr> <td data-bbox="456 636 807 680">Sunday 09/08/2026</td> <td data-bbox="807 636 1533 680">Competition day 4</td> </tr> <tr> <td data-bbox="456 680 807 680">Monday 10/08/2026</td> <td data-bbox="807 680 1533 680">Departure of delegations</td> </tr> </tbody> </table>		Date	Activity	Tuesday 04/08/2026	Arrival of delegation	Wednesday 05/08/2026	Orientation meeting Judges' instruction Podium training	Thursday 06/08/2026	Competition day 1	Friday 07/08/2026	Competition day 2	Saturday 08/08/2026	Competition day 3	Sunday 09/08/2026	Competition day 4	Monday 10/08/2026	Departure of delegations
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EVENT MANAGER	<p>Gasser Ahmed +20 12 86718334 g_edessa@hotmail.com</p>																	
MEDICAL SERVICES	<p>A medical service will be available throughout the period of the competition During this event.</p>																	
VISA	<p>Please verify immediately with your travel agent or the Egyptian Embassy or Consulate in your country if a visa is required for your travel to Egypt. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 04 June 2026 to the LOC.</p> <p>To request an invitation letter, please send the following information to the LOC: Full Name, Gender, Date of Birth, Citizenship, Passport Number, Passport Expiry Date, Function/Role within the Delegation, Arrival and Departure Dates, City where the visa application support letter should be sent.</p> <p>Please ensure that all information is complete and accurate to avoid delays in visa processing.</p>																	
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences.</p> <p>In accordance with the FIG Technical Regulations, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.</p> <p>It is mandatory that Delegation Members are covered by basic insurance (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the FIG IMSSA subsidiary insurance.</p> <p>For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to: https://www.gymnastics.sport/site/pages/medical-insurance.php</p> <p>The LOC will verify insurance coverage upon arrival. Each Delegation must present either a cover note or a photocopy of the valid insurance policy. The policy must be valid starting from the day of arrival and must remain valid for the entire duration of the stay.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: 100 EUR per person/day.</p>																	

SAFEGUARDING	<p>From the official day of arrival until the official day of departure, all participants — including gymnasts, coaches, judges, and other Delegation Members — will have the possibility to contact the LOC Safeguarding Officer by phone or email in case of:</p> <p>Harassment Abuse of any kind Any situation where they feel uncomfortable or unsafe</p> <p>The contact information for the LOC Safeguarding Officer will be provided to all Delegations upon arrival on site.</p> <p>As part of the FIG's commitment to athlete welfare and youth protection, posters of the "10 Golden Rules of Gymnastics", part of the FIG's awareness campaign, must be clearly displayed in several key areas, including:</p> <p>Training Halls Warm-Up Areas Public Zones</p> <p>These measures are in place to ensure a safe, respectful, and supportive environment for all participants throughout the event.</p>																
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members The Travel Schedule Form must be returned to the LOC by 04 July 2026</p>																
LOCAL TRANSPORTATION	<p>The Organising committee will provide transportation from Cairo international Airport to Hotel for the delegation booked their accommodation through the LOC.</p>																
ACCOMMODATION	<p>**** Hotel Accommodation fees: Single room: 200Euros. <u>per person per night full board</u> Double room: 150 Euros <u>per person per night full board</u> Full Board accommodation of 1 Double Room or 1 Single Room will be arranged free of charge by the LOC for 1 or 2 Judges per delegation.</p>																
CANCELTION POLICY	<p>After 04 July 2026 100% of total amount due</p>																
BANK ACCOUNT INFORMATION	<p>Bank account Holder's : EGYPTIAN GYMNASTICS FEDERATION EL-ESTAD EL- BAHARY ST., OLYMPIC FED BUILDING , NASR CITY NATIONAL BANK OF EGYPT</p> <ul style="list-style-type: none"> • Bank Name: NATIONAL BANK OF EGYPT • Bank Address: MAIN BRANCH 24 SHERIF ST. DOWNTOWN CAIRO • BIC/Swift Code : NBEGEGCX001 • Account Number : 0013060698236700012 • IBAN :- 0013060698236700012 <p>The participating federation is responsible for covering all bank fees in Connection with the bank transfers.</p>																
MARKETING	<p>FIG advertising and publicity norms must be respected</p>																
SOCIAL MEDIA	<p>Egyptian gymnastics federation official page</p>																
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Sincerely Yours,

Cairo, 20 March 2026



Signature of the President or
Secretary General of the FIG affiliated NF

Ehab ESAWY
EGF PRESIDENT