7th Senior Trampoline
Asian Championships
Hong Kong, China / 23 – 24 May 2026

DIRECTIVES

Event ID: 18550

Dear AGU affiliated Member Federation,

The Gymnastics Association of Hong Kong, China has the pleasure to invite your Federation to participate in the 7th Senior Trampoline Asian Championships in Hong Kong, China on 23-24 May, 2026.

DISCIPLINE	**Trampoline Gymnastics (Men and Women)**
HOST FEDERATION AND ORGANIZING COMMITTEE	**The Gymnastics Association of Hong Kong, China** Room 1002, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong Tel: (852) 2504 8233 Fax: (852) 2882 8590 Contact person: Mr. Albert NG Website : www.gahk.org.hk E-mail: mail@gahk.org.hk
AGU	**Asian Gymnastics Union** Address: Al-Bidda Tower, 5th Floor – Al Cornish Street, Doha 22955 Qatar Tel: +97444179167 Fax: +97444944131 E-mail: info@agu-gymnastics.com Website: www.agu-gymnastics.com
LOCATION	**Hong Kong, China**
DATES	**23 – 24 May 2026**
VENUE	**Name:** Asia World-Expo **Address:** Asia World-Expo, Hong Kong International Airport, Hong Kong **Building total capacity:** 1000
APPARATUS SUPPLIER	Please refer to the attached Apparatus List
RULES AND REGULATIONS	The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives: • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • Licence rules (except for non competitive events) • Policy and Procedures for Safeguarding and Protecting Participants in gymnastics • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • FIG Medical Guidelines for FIG Competitions and Events • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules

<table>
<tr><td></td><td>

- Regulations for Award Ceremonies
- Accreditation Rules

and subsequent decisions of the FIG Executive Committee</td></tr>
<tr><td>FEDERATIONS INVITED</td><td>The Organizing Member Federation will invite all AGU Member Federations in good standing.
Federations which have not fulfilled their annual membership fees towards the AGU and FIG and have not fulfilled their financial obligations towards the Organising Committee will not be allowed to participate in the Asian Championships.</td></tr>
<tr><td>AGE LIMITS</td><td>Senior: as per the technical regulations.</td></tr>
<tr><td>FIG LICENSE</td><td>All gymnasts must have a current valid FIG license until the end of the event.</td></tr>
<tr><td>ENTRY FEES</td><td>USD$100 Entry Fee will be applied per gymnast and per competition.</td></tr>
<tr><td>COMPETITION EVENTS</td><td><u>Men’s Events</u>
Men’s Individual
Men’s Synchronized

<u>Women’s Events</u>
Women’s Individual
Women’s Synchronized</td></tr>
<tr><td>COMPETITION FORMAT</td><td>Trampoline competitions consist of two routines for individual events / one routine for synchronized events in the Qualifying Round and one routine in the Finals. Each routine consists of 10 elements.

* <u>Qualifying Round</u>
- Individual: The highest score of the two exercises will be determined.

* <u>Finals</u>
Participation:
- Individual: The top 8 gymnasts, a maximum of two per federation.
- Synchronized: The top 8 pairs, a maximum of one pair per federation.

The classification for the Finals is determined by the highest final score of the Final routine.</td></tr>
<tr><td>TECHNICAL DELEGATE</td><td>Mr. Xing Liu: AGU TRA TC President, AGU TD for the Asian Championships</td></tr>
<tr><td>DELEGATION SIZE</td><td>The maximum size of the invited delegation is as follows:

<table>
<tr><th></th><th>Men</th><th>Women</th><th>Total</th></tr>
<tr><td>Head of Delegation (HD)</td><td colspan="2">1</td><td>1</td></tr>
<tr><td>Team Manager (TM)</td><td>1</td><td>1</td><td>2</td></tr>
<tr><td>Coach
(Coach to Gymnast Ratio 1:1 or above)</td><td>2</td><td>2</td><td>4</td></tr>
<tr><td>Trampoline Individual Senior</td><td>4</td><td>4</td><td>8</td></tr>
<tr><td>Trampoline Synchronized Senior</td><td>4</td><td>4</td><td>8</td></tr>
<tr><td>Doctor</td><td colspan="2">1</td><td>1</td></tr>
<tr><td>Physiotherapist</td><td>1</td><td>1</td><td>2</td></tr>
<tr><td>Judges</td><td colspan="2">1</td><td>1</td></tr>
<tr><td>Accompanying person</td><td>1</td><td>1</td><td>2</td></tr>
<tr><td>Total</td><td colspan="3"></td><td>29</td></tr>
</table></td></tr>
<tr><td>PROVISIONAL SCHEDULE</td><td>
<table>
<tr><td>21 May 2026</td><td>Arrival of the delegations</td></tr>
<tr><td>22 May 2026</td><td>Podium Training + Orientation Meeting + Judges Meeting</td></tr>
<tr><td>23 May 2026</td><td>Men’s & Women’s Individual Qualifications</td></tr>
<tr><td>24 May 2026</td><td>Men’s & Women’s Synchronized Qualification and Finals
Men’s & Women’s Individual Finals</td></tr>
<tr><td>25 May 2026</td><td>Departure of the delegations</td></tr>
</table></td></tr>
<tr><td>EVENT MANAGER</td><td>Mr. Albert NG
The Gymnastics Association of Hong Kong, China
Tel: +852 2504 8233</td></tr>
<tr><td>MEDICAL SERVICES</td><td>The Organising Committee will provide a first medical aid service and emergency medical transportation in the competition area.</td></tr>
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VISA	Please check immediately if you need a visa to enter Hong Kong, China. The Organizing Committee will be happy to assist with an official invitation, you are requested to fill the visa request form and send it back attached with a copy of passports of each delegation members to The Gymnastic Association of Hong Kong, China. To request an invitation letter, please send the following information to the LOC: Full Name, Gender, Date of Birth, Citizenship, Passport Number, Passport Expiry Date, Function/Role within the Delegation, Arrival and Departure Dates, City where the visa application support letter should be sent. Please ensure that all information is complete and accurate to avoid delays in visa processing. The Visa Form must be returned to the LOC by Email before: **6 April 2026**
INSURANCE	The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences. In accordance with the **FIG Technical Regulations**, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay. It is mandatory that Delegation Members are covered by **basic insurance** (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the **FIG IMSSA subsidiary insurance**. For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to: https://www.gymnastics.sport/site/pages/medical-insurance.php The LOC will verify insurance coverage upon arrival. Each Delegation must present either a **cover note** or a **photocopy of the valid insurance policy**. The policy must be valid starting **from the day of arrival** and must remain valid for the **entire duration of the stay**. The LOC will subsequently offer insurance at the Federation own charge as follows: **50 USD** per person/day.
ANTI-DOPING	Doping controls will be organised by the International Testing Agency (ITA) on behalf of the FIG and according to the World Anti-Doping Code (WADC), the international standards enacted by the World Anti-doping Agency (WADA) and FIG Anti-Doping Rules.
SAFEGUARDING	From the **official day of arrival** until the **official day of departure**, all participants — including **gymnasts, coaches, judges, and other Delegation Members** — will have the possibility to **contact the LOC Safeguarding Officer** by phone or email in case of: • Harassment • Abuse of any kind • Any situation where they feel uncomfortable or unsafe The **contact information** for the LOC Safeguarding Officer will be **provided to all Delegations upon arrival** on site. As part of the FIG's commitment to athlete welfare and youth protection, **posters of the "10 Golden Rules of Gymnastics"**, part of the FIG's awareness campaign, must be **clearly displayed** in several key areas, including: • Training Halls • Warm-Up Areas • Public Zones These measures are in place to ensure a **safe, respectful, and supportive environment** for all participants throughout the event.

<table>
<tr><td>INTERNATIONAL TRANSPORTATION</td><td>The invited participating federations must pay for the travel costs of their delegation members.
The Travel Schedule Form must be returned to the LOC by 20 April 2026</td></tr>
<tr><td>LOCAL TRANSPORTATION</td><td>Local transportation costs will be covered by the LOC. The LOC will take in charge of the transportation costs, for all accredited people, from Hong Kong International airport to hotel, and from hotels to the competition hall only if hotel reservations are made through the LOC.</td></tr>
<tr><td>ACCOMMODATION & MEALS</td><td>Hotel A 4*-5*

All prices are per night and per person, including breakfast and taxes(USD)

<table>
<tr><th></th><th>Bed and Breakfast</th><th>Full board</th></tr>
<tr><td>Single</td><td>190</td><td>240</td></tr>
<tr><td>Twin (2 beds)</td><td>140</td><td>190</td></tr>
</table>
All prices are per night and per person, including taxes(USD).

▪BREAKFAST is included in the price of official hotel.
▪Lunch in Competition hall (only if you book the hotel with full board)
▪Dinner in hotel (only if you book the hotel with full board)

The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 6 April 2026 for number, 20 April 2026 for nominative at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.

The invited participating federations must pay for the accommodation expenses of their delegation members. The costs for the accommodations must be paid to the LOC by 20 April 2026.

Those Federations which do not wish to use the offered accommodation packages and do not reserve rooms through the LOC, will not be provided with transport.

▼Cancellation Policy for ALL HOTELS and MEALS above▼

Accommodation:

Rooms cancelled after 6 April 2026 at the very latest will be subject to a cancellation fee of 30% of the total accommodation cost.
Rooms cancelled after 20 April 2026 until arrival of the delegations on site or “no shows” will be subject to a cancellation fee of 100% of the total accommodation cost.

Meals
Meals cancelled after 20 April 2026 will be subject to a cancellation fee of 100% of the total meal cost.</td></tr>
<tr><td>ACCREDITATION</td><td>Accreditation of all delegations will take place at their arrival in Competiton Hall.
Heads of delegation have to check names of their own delegation members, hotel reservation; they also have to make all necessary payments.

Heads of delegation have to bring to accreditation office:
- Passports of all members of the delegation;
- Certification of insurance for all delegation members covering illness, accidents, repatriation.</td></tr>
</table>

	In order to speed accreditation procedures, please send to the Organizing Committee a photo of each member of the delegation together with the nominative registration **(20 April 2026)**. The specifications of each photo must be as follows: - File name: Federation's code_Discipline_LAST NAME_First name (e.g. "HKG_TRA_ LAST NAME_First name") - File format: .jpg or .jpeg - Dimensions: min. 210 X 270 pixels, max. 420 X 540 pixels (width X height) - File size: not bigger than 150kb In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan. If the photo has to be taken at the Accreditation because none has been sent within the deadline or not sent in the official requested format, there will be a charge of USD 30 for each photo taken at the accreditation desk.
JUDGES AND JURIES	**All judges must have a current valid FIG brevet TRA Cat 3 or above, with the exception as stated in the General Judges Rule.** Each federation can nominate 1 qualified judge in good standing with a valid international brevet for TRA. The travel and the accommodation expenses are to be borne by the participant Federations. The judges are supposed to bring the official uniform with them. The Organizing Member Federation will apply a fine of **CHF 2000** per missing judge (to be paid to the LOC) should a federation fail to bring the required number of judges. This fine must be paid to the LOC by **20 April 2026** ***All judges have to apply working visa for providing Judge service in Hong Kong in compliance with HKG Immigration Department. All judges have to submit a passport copy to us for application. It needs 4 – 6 weeks for application. Please send the passport to us on or before 6 April 2026. Late submission will not be guaranteed to apply successfully.***
PRIZE MONEY	AGU will pay the minimum prize money for the Senior TRA Asian Championships as follows: The Prize Money, free of any deductible taxes, will be distributed in **US 5000.- Dollars** as follows: **Event** / **Gold Medal** / **Silver Medal** / **Bronze Medal** **Men's Individual** / **500** / **400** / **300** **Women's Individual** / **500** / **400** / **300** **Men's Synchronised** / **600** / **400** / **300** **Women's Synchronised** / **600** / **400** / **300**
BANK ACCOUNT INFORMATION	Beneficiary's name: The Gymnastics Association of Hong Kong, China Beneficiary's address: Room 1002, Olympic House, Stadium Path 1, Causeway Bay, Hong Kong, China Account No. 047-670799-838 Name of Bank: The Hong Kong and Shanghai Banking Corporation Limited (HSBC)

	Branch & Number	Causeway Bay
	Swift code:	HSBCHKHHHKH
	Bank address:	1/F, Causeway Bay Plaza 2, 463-483 Lockhart Road, Causeway Bay, Hong Kong

Each participating member Federation is kindly requested to integrate the payment's purpose as follows: **7th Senior Trampoline Asian Championships - Your Federation's code** (e.g. "7th Senior Trampoline Asian Championships – HKG")

The participating federation is responsible for covering all bank fees in connection with the bank transfers.

FINANCIAL OBLIGATIONS	Federations which have not fulfilled their financial obligations towards the Organizing Member federation upon arrival will not be accredited.

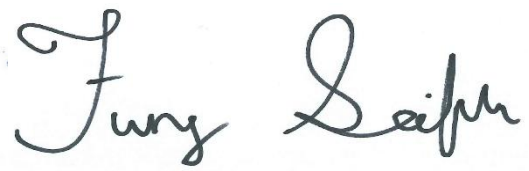
DEADLINES SUMMARY

Definitive Registration	**6 April 2026**
Nominative Registration	**20 April 2026**
Entry Form for Judges	**6 April 2026**
Accommodation Room Number Form	**6 April 2026**
50% Payment of Accommodation Costs	**6 April 2026**
Accommodation Nominative Form	**20 April 2026**
Travel Schedule Form	**20 April 2026**
Visa Request Form	**6 April 2026**
Final 50% of Payment of the Accommodation Costs	**20 April 2026**

Sincerely Yours,

Hong Kong, China
24/03/2026





Prof. FUNG Sai Fu
Chairperson
The Gymnastics Association of Hong Kong, China