


## DIRECTIVES

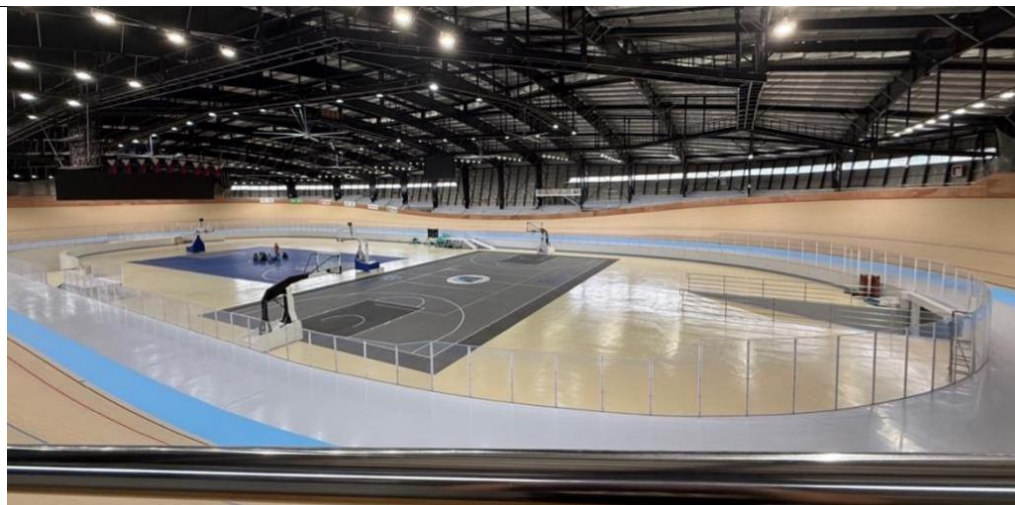
**Event ID: 18571**

Dear AGU-affiliated Member Federations,

The **Gymnastics Association of the Philippines** is pleased to invite your Federation to participate in the **10<sup>th</sup> Senior Aerobic Gymnastics Asian Championships** in Tagaytay City, Philippines from **August 5 – 7, 2026**.

We look forward to your participation and to welcoming your delegation to this prestigious event.

<b>DISCIPLINE</b>	<b>Aerobic Gymnastics</b>
<b>AGU</b>	<b>ASIAN GYMNASTICS UNION</b> Al-Bidda Tower, 5th Floor – Al Cornish Street, Doha 22955 Qatar Tel: +974 44944 133 Fax: +974 44944 131 E-mail: <a href="mailto:info@agu-gymnastics.com">info@agu-gymnastics.com</a>   <a href="http://www.agu-gymnastics.com">http://www.agu-gymnastics.com</a>
<b>HOST FEDERATION &amp; LOCAL ORGANIZING COMMITTEE</b>	<b>GYMNASTICS ASSOCIATION OF THE PHILIPPINES</b> Contact Person: Cynthia L. Carrion (Norton) Full Address: 606 Victoria corner Basco Streets, Intramuros, Manila, Philippines Phone Number: +63 2 8772 8605 E-mail: <a href="mailto:loc.aer-asianchamp@philippinegymnastics.com">loc.aer-asianchamp@philippinegymnastics.com</a> <a href="mailto:admin@philippinegymnastics.com">admin@philippinegymnastics.com</a> Website: <a href="http://www.philippinegymnastics.com">www.philippinegymnastics.com</a>
<b>LOCATION</b>	<b>Tagaytay City, Philippines</b>
<b>DATE</b>	<b>From August 5 to 7, 2026</b>
<b>VENUE</b>	<b>Tagaytay City Velodrome</b> Full Address: Crisanto Delos Reyes Avenue, Brgy, Kaybagal South, Tagaytay City  Building total capacity: Total area 3500sqm, floor to ceiling height: lowest point 11meters, highest point 14meters, existing lighting 1000lux but can increase up to 1500lux. Competition field can fit 2-3 sets of aerobic floors with spectators seating capacity of 3000 people including VIP viewing area.
	



**APPARATUS SUPPLIER**

Please refer to the attached apparatus list

**RULES AND REGULATIONS**

The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:

- Statutes
- Code of Ethics
- Code of Conduct
- Technical Regulations
- Code of Discipline
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules
- Anti-Doping Rules
- License rules
- Policy and Procedures for Safeguarding and Protecting Participants in gymnastics
- FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events
- Medical Organization of FIG Competitions and Events
- Media Guidelines
- Apparatus Norms
- Rules for Sanctioning (approval) of International Events
- Rules for Advertising and Publicity
- Rules for Awards Ceremonies
- Accreditation Rules

and subsequent decisions of the FIG Executive Committee

**FEDERATIONS INVITED**

All AGU Member Federation in the Asian continent in good membership standing with AGU and World Gymnastics (formerly FIG) and have paid their annual membership fees for Aerobic Gymnastics. atth an official letter of request to the AGU HQ, AUS and NZL are given the opportunity to participate but will not be entitled for medals.

**PARTICIPATION**

Participation is as below.  
Based on World Gymnastics International Events Rules, Art.2 & 3,

**The Maximum size of the invited delegation is as follows:**

	<b>SENIOR</b>
Individual Women	2 units
Individual Men	2 units
Mixed Pairs	2 units
Trios	2 units
Groups	1 unit
Aerobic Dance	1 unit
Aerobic Steps	1 unit

	Head of Delegation	1										
	Team Manager	1										
	Coaches	3 – 5										
	Judges	1-2 (Minimum Cat 3 or above if possible)										
	Doctor / Therapist	1 – 2										
<b>AGE LIMITS</b>	<b>AER: Senior, as per FIG Regulations</b> <b>All gymnasts must have a valid FIG license until the end of the event.</b>											
<b>JUDGES AND JURIES</b>	<p>The number of Juries (Judge’s Panel) may be decided by the Local Organizing Committee with approval of AGU which is depending on the number of participating competitors and judges.</p> <p>The Juries are set up by a draw – directed by the AGU AER TC President – from the judges present at the event. Priority will be given to the judges of the highest category. A jury must consist of 1 Chair of Judges Panel, 4 Artistry, 4 Execution and 2 Difficulty Judges.</p> <p>A participating federation may not have a judge on both the execution and artistic panels. The Chair of Judges Panel and the difficulty judges should also be from different federations.</p> <p>The CJP must be of Category 1 The Difficulty Judges must be Category 1 or 2 The Execution and Artistry judges must be Category 1, 2, 3 (category 4 can be used only in case of necessity).</p> <p>If, on the day of the competition, there is not sufficient number of judges in the requested categories, the Technical Delegate may take whatever action needed to secure the running of the event.</p> <p>Each participation federation must provide minimum one judge. If the federation provides two judges, then one judge is preferred to be Category 3 and above if possible. Failure to do so will result in a fine of US \$1,000 to be paid to the Organizing Federation before 4<sup>th</sup> July 2026.</p> <p>The Organizing Federation is responsible that there is enough FIG Brevet Judges present with the appropriate category of brevet for their function.</p> <p>All judges must have a current valid FIG brevet at the time of the event, for the respective discipline.</p>											
<b>REGISTRATION DEADLINES</b>	<p>Provisional, Definitive and Nominative Registrations must be made by using the official forms. These registrations will only be accepted from AGU Gymnastics Member Federations.</p> <table border="1"> <tr> <td><a href="#">Provisional registration</a></td> <td><b>4<sup>th</sup> May 2026</b></td> <td>3 months prior to the event</td> </tr> <tr> <td><a href="#">Definitive registration</a></td> <td><b>4<sup>th</sup> June 2026</b></td> <td>2 months prior to the event</td> </tr> <tr> <td><a href="#">Nominative registration</a></td> <td><b>4<sup>th</sup> July 2026</b></td> <td>4 weeks prior to the event</td> </tr> </table> <p>Registration and payments made after the gymnasts drawing of lots will not be accepted and the Delegation members concerned will not be authorized to participate.</p>			<a href="#">Provisional registration</a>	<b>4<sup>th</sup> May 2026</b>	3 months prior to the event	<a href="#">Definitive registration</a>	<b>4<sup>th</sup> June 2026</b>	2 months prior to the event	<a href="#">Nominative registration</a>	<b>4<sup>th</sup> July 2026</b>	4 weeks prior to the event
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<b>ENTRY FEES</b>	<p>The Entry fee for this event will be <b>US\$ 100 per gymnast per category.</b></p> <p>The invited participating federations must pay for all entry fees. At the time of the Definitive Registration on 4th June 2026, 100% of the entry fee must be paid to the LOC. The entry fee is not refundable, and all the necessary bank handling costs should be paid by the participating federations.</p>											
<b>ACCREDITATION</b>	<p>At the accreditation, the heads of delegation must present the following:</p> <ul style="list-style-type: none"> <li>- Passports of all the members of the delegation</li> <li>- Licenses of all competing gymnasts, coaches, and judges</li> <li>- Music saved in external drive for each participating NF</li> <li>- Valid Medical Insurance</li> </ul>											

	<p>These documents must be uploaded in advance through this link: <a href="https://form.jotform.com/PhilippineGymnastics/aer-ach-2026-accrreditation">https://form.jotform.com/PhilippineGymnastics/aer-ach-2026-accrreditation</a></p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>												
<b>EVENT FORMAT</b>	<p>The 10th Senior Asian Championship consists of Qualifications and Finals in all 7 categories.</p> <p><b>Participation in the Qualification:</b>  The 10<sup>th</sup> Senior Aerobic Asian Championships with categories: IM, IW, MP, TR, GR, AD, AS.</p> <ul style="list-style-type: none"> <li>▪ Qualification for Senior <ul style="list-style-type: none"> <li>- One unit (GR, AD, AS) per category from each federation</li> <li>Two units (IM, IW, MP, TR) per category from each federation</li> </ul> </li> <li>▪ 9 entries from 4 nations - Final 8 best gymnasts.</li> <li>▪ 7-8 entries from 4 nations - Final 6 best gymnasts.</li> <li>▪ 5-6 entries from 3 nations - Final 4 best gymnasts.</li> <li>▪ Less than 4 entries from 2 nations - Cancel of the respective category</li> </ul> <p><b>Participation in the Finals:</b>  The top eight scores (respectively 6, 4) per category from the Qualification qualify for the Finals.</p> <ul style="list-style-type: none"> <li>- In addition, if the Organizing Member Federation has not qualified in any category, it may nominate one participation in max. 1 category of its choice.</li> <li>- Maximum participation in the finals is therefore 8+1 (respectively 6+1 or 4+1) participants in one category and 8 (respectively 6 or 4) in the other four categories.</li> </ul> <p>The organizing member Federation may cancel the competition in the respective category if at the time of the definitive entry, there are less than 4 countries registered in a category.</p> <p>In case of such a cancelation, the organizing member Federation must reimburse, in full, payments made for accommodation. Should flights have to be cancelled due to the above, the risk is at the charge of the participating member Federations.</p> <p><b>Award Ceremonies</b>  Only one award ceremony (per category) will be held based on the 10th Asian Aerobic Gymnastics Ranking List.</p> <p><b>Registration</b>  All competitors may only be registered by their respective AGU member Federations, using the official registration forms. <b>See Deadlines Summary.</b></p>												
<b>TECHNICAL DELEGATE</b>	<p><b>Ms. Tammy Yagi-Kitagawa</b>  President of FIG AER Technical Committee  President of AGU AER TC Technical Committee</p>												
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	<p>Training for Seniors Opening Ceremony</p>
	<p><b>6 Aug 2026</b> Finals for Youth and Juniors Qualifications for Seniors</p>
	<p><b>7 Aug 2026</b> Finals for Seniors Farewell Party</p>
	<p><b>8 Aug 2026</b> Departure of Delegations</p>
<b>MEDICAL SERVICES</b>	<p>During all days – official trainings and competition, official medical persons who will be in the training and competition venue will be provided by the LOC.</p>
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Philippine Embassy or Consulate in your country if a visa is required for your travel to Manila.</p> <p>The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>4<sup>th</sup> June 2026</b> to the LOC.</p> <p>To request an invitation letter, please send the following information to the LOC via <a href="#">Visa Form</a>: Full Name, Gender, Date of Birth, Citizenship, Passport Number, Passport Expiry Date, Function/Role within the Delegation, Arrival and Departure Dates, City where the visa application support letter should be sent.</p> <p>Please ensure that all information is complete and accurate to avoid delays in visa processing.</p>
<b>DOPING CONTROL</b>	<p>Anti-doping controls will be organized by the International Testing Agency (ITA) on behalf of the FIG and according to the WADA code, Standards and FIG Anti-Doping Rules.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences.</p> <p>In accordance with the <b>FIG Technical Regulations</b>, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.</p> <p>It is mandatory that Delegation Members are covered by <b>basic insurance</b> (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the <b>FIG IMSSA subsidiary insurance</b>.</p> <p>For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to: <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a></p> <p>The LOC will verify insurance coverage upon arrival. Each Delegation must present either a <b>cover note</b> or a <b>photocopy of the valid insurance policy</b>. The policy must be valid starting <b>from the day of arrival</b> and must remain valid for the <b>entire duration of the stay</b>.</p> <p>If a Federation cannot provide proof of valid insurance, the LOC will offer insurance coverage at the Federation’s own expense, at a cost of: <b>US\$ 25 per person/day</b>.</p>
<b>SAFEGUARDING</b>	<p>From the <b>official day of arrival</b> until the <b>official day of departure</b>, all participants — including <b>gymnasts, coaches, judges, and other Delegation Members</b> — will have the possibility to <b>contact the LOC Safeguarding Officer</b> by phone or email in case of:</p> <ul style="list-style-type: none"> <li>• Harassment</li> <li>• Abuse of any kind</li> <li>• Any situation where they feel uncomfortable or unsafe</li> </ul> <p>The <b>contact information</b> for the LOC Safeguarding Officer will be <b>provided to all Delegations upon arrival</b> on site.</p> <p>As part of the FIG’s commitment to athlete welfare and youth protection, <b>posters of the “10 Golden Rules of Gymnastics”</b>, part of the FIG’s</p>

	<p>awareness campaign, must be <b>clearly displayed</b> in several key areas, including:</p> <ul style="list-style-type: none"> <li>• Training Halls</li> <li>• Warm-Up Areas</li> <li>• Public Zones</li> </ul> <p>These measures are in place to ensure a <b>safe, respectful, and supportive environment</b> for all participants throughout the event.</p>																
<b>VIDEO CONTROL VIDEO SYSTEM</b>	<p>The LOC prepares:</p> <ul style="list-style-type: none"> <li>- One business use video camera;</li> <li>- One PC for monitoring, for support to inquiries.</li> </ul>																
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The <a href="#">Travel Schedule Form</a> must be returned to the LOC by <b>10<sup>th</sup> July 2026</b>.</p>																
<b>LOCAL TRANSPORTATION</b>	<p>From 1st August 2026, transportation from Ninoy Aquino International Airport (NAIA) to the accredited hotels will be provided by LOC for those that booked their accommodation through the LOC.</p> <p>*Please note that the distance from NAIA to Tagaytay City is 1.5 to 2hrs by car/bus. We encourage everyone to book your accommodation through the LOC to avail of the free airport transfers to and from Tagaytay City. Otherwise, a <b>US\$ 50/person</b> shall be charged for a 2-way airport transfers.</p> <p>Bus/shuttle service will be available for the local transportation of all accredited persons (if applicable) from the official hotels to the training, warm-up, and competition venues as well as to any other official activities and back as needed.</p>																
<b>ACCOMMODATION</b>	<p><b>All the rates are per person, per night, including full board.</b></p> <table border="1"> <thead> <tr> <th>Full Board</th> <th>CAT 1</th> <th>CAT 2</th> <th>Judges Hotel</th> </tr> </thead> <tbody> <tr> <td>Single</td> <td>\$ 270.00</td> <td>\$ 190.00</td> <td>\$ 230.00</td> </tr> <tr> <td>Double</td> <td>\$ 170.00</td> <td>\$ 130.00</td> <td>\$ 155.00</td> </tr> <tr> <td>Extra Person</td> <td>\$ 115.00</td> <td>N/A</td> <td>N/A</td> </tr> </tbody> </table> <p>The prices charged for hotel rooms <b>will not exceed the standard rates</b> typically applied by the respective hotels.</p> <p>Please note that while the <a href="#">Accommodation Form</a> must be returned to the <b>LOC no later than 4<sup>th</sup> June 2026</b>, <b>hotel rooms will be allocated on a “first come, first served” basis</b>. To ensure availability at your preferred accommodation, we strongly recommend submitting the Accommodation Form as early as possible.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members.</p> <p>The 50% of the accommodation must be paid to the LOC by <b>4th June</b>, and the 50% balance will be paid by <b>4th July</b> together with the nominative registration.</p>	Full Board	CAT 1	CAT 2	Judges Hotel	Single	\$ 270.00	\$ 190.00	\$ 230.00	Double	\$ 170.00	\$ 130.00	\$ 155.00	Extra Person	\$ 115.00	N/A	N/A
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<b>CANCELLATION POLICY</b>	<p>The AGU and the LOC recommend that each Federation take a cancellation insurance for their accommodations and meals. The cancellation policy is as follows:</p> <table border="1"> <tbody> <tr> <td>Till 4<sup>th</sup> June 2026</td> <td>No Charge</td> </tr> <tr> <td>Between June 5<sup>th</sup> and July 4<sup>th</sup></td> <td>50% of anything cancelled</td> </tr> <tr> <td>After July 4<sup>th</sup> and No Shows</td> <td>No refund</td> </tr> </tbody> </table>	Till 4 <sup>th</sup> June 2026	No Charge	Between June 5 <sup>th</sup> and July 4 <sup>th</sup>	50% of anything cancelled	After July 4 <sup>th</sup> and No Shows	No refund										
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<b>FINAL BANQUET</b>	<p>On 7th August 2026 after the Finals, there will be Farewell Party which the LOC will provide FREE of charge for the official delegation that booked their accommodation through the LOC.</p> <p>All other persons willing to attend this Banquet will be entitled to do so, provided that a request will be send in writing to the LOC via email and that the amount of <b>US\$ 80.00 per person</b> will be paid in full to the LOC by <b>4th July 2026</b>.</p>																

<b>PRIZE MONEY</b>	The Prize Money, free of any deductible taxes, will be distributed in <b>US Dollars</b> as follows:																																																						
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<b>BANK ACCOUNT INFORMATION</b>	<table border="1"> <tr> <td>Beneficiary</td> <td colspan="7">Gymnastics Association of the Philippines, Inc.</td> </tr> <tr> <td>Beneficiary Address</td> <td colspan="7">606 Victoria corner Basco Street, Intramuros, Manila, Philippines</td> </tr> <tr> <td>Bank Account / IBAN</td> <td colspan="7">000005561352-8 (USD currency only)</td> </tr> <tr> <td>Bank Name</td> <td colspan="7">Security Bank Corporation</td> </tr> <tr> <td>Bank Address</td> <td colspan="7">G/F 2 Torre Lorenzo Condominium, Taft Avenue corner Malate, Manila</td> </tr> <tr> <td>SWIFT / BIC</td> <td colspan="7">SETCPHMM</td> </tr> </table>							Beneficiary	Gymnastics Association of the Philippines, Inc.							Beneficiary Address	606 Victoria corner Basco Street, Intramuros, Manila, Philippines							Bank Account / IBAN	000005561352-8 (USD currency only)							Bank Name	Security Bank Corporation							Bank Address	G/F 2 Torre Lorenzo Condominium, Taft Avenue corner Malate, Manila							SWIFT / BIC	SETCPHMM						
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<p>Each participating Member Federation is kindly requested to include the following <b>payment reference</b> when making a bank transfer: <b>[Insert Payment Reference – e.g., “Country Code – Event Name – Accommodation/Entry Fee”]</b>  <i>(Example: “JPN – Asian Championships 2026 – Accommodation”)</i></p> <p>The <b>participating Federation is fully responsible</b> for covering <b>all bank charges</b> related to the transfer. The net amount received by the LOC must correspond to the total amount due, <b>without any deductions</b> for bank fees.</p>																																																							
<b>MARKETING</b>	FIG advertising and publicity norms must be respected																																																						
<b>MEDIA</b>	The person in charge for the media will be the same as event manager. Our policy is basically the e-mail communication.																																																						
<b>SOCIAL MEDIA</b>	Facebook page: <a href="https://www.facebook.com/philippinegymnastics">https://www.facebook.com/philippinegymnastics</a> Instagram: @philippinegymnastics Tiktok: @philippinegymnastics Youtube: <a href="https://www.youtube.com/@philippinegymnastics">https://www.youtube.com/@philippinegymnastics</a>																																																						
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Sincerely Yours,

Manila, Philippines, 26 March 2026



**CYNTHIA L. CARRION (NORTON)**

President of the affiliated NF