



WORLD CUP RZESZÓW - POLAND

RZESZÓW, POLAND –19th –21st JUNE 2026



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1. GENERAL INFORMATION

This competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these World Cup Rules for Acrobatics Gymnastics:

- Statutes
- Code of Ethics
- Technical Regulations
- License Rules
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules for Acrobatic Gymnastics
- Medical Organization of the Official FIG Competitions
- Doping Control Rules
- Media Rules
- Apparatus Norms
- Advertising and Publicity Rules
- Accreditation Rules
- Regulations for Awards Ceremonies
- and subsequent decisions of the FIG Executive Committee

All participating Federations commit to respect the FIG Statutes and all FIG rules and regulations, especially with regards to the age and nationality of the gymnasts as well as the respective regulations concerning "Insurance" (Art. 11.6 of the Technical Regulations).

2. COMPETITION VENUE

Hala Sportowa "Podpromie"
Podpromie 10
35-045 Rzeszów
+48 17 8536868
e-mail: hala@erzeszow.pl
web site: www.hala.rzeszow.pl



3. ORGANIZATION

International Federation

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE

Avenue de la Gare, 12A 1001 Lausanne

SWITZERLAND

Phone : +41 (0) 21 321 55 10

Fax : +41 (0) 21 321 55 19

E-Mail: vinagre@fig-gymnastics.com

URL: www.gymnastics.sport

- Technical Delegate: **Juan Antonio LEON-PRADOS**

Local Organizing Committee

Podkarpacki Okręgowy Związek Akrobatyki Sportowej

Pułaskiego 13a, 30-011 Rzeszów

Contact person: Eliza Kaplita-Wójcik

Phone: +48 605 080 226

E-mail: acro2026.rzeszow@gmail.com

Website: www.akrobatykarzeszow.pl

4. RESPONSIBLE PERSONS

Mr. Tadeusz Kaplita

Mrs. Eliza Wójcik

Mr. Maciej Stopa

Mrs. Wanesa Kamińska

Mrs. Eliza Wójcik

Mr. David Kuś

Mr. Daniel Woźniak

Mrs. Agnieszka Dziadosz -Wójcik

OC President

Competition Manager

Head of Media

Office / Accreditations

Accommodation and Transports

Results Software

Video Manager

Opening and Award Ceremonies

5. GENERAL PROGRAMME

Wednesday, 17th June	All day	Delegations arrival
	11:30 – 20:00	Free Training (Warm Up floor – <u>no music</u>)
Thursday, 18th June	11:00 – 11:30	Orientation Meeting – Sport Hall
	12:00 – 13:30	Judges meeting
	11:40 – 19:04	Training Per Schedule
Friday, 19th June	15:00	Start Warm-up
	16:00	Qualification 1 st exercise
		WP & WG – Balance MP & MX & MG – Dynamic
Saturday, 20th June	15:00	Start Warm-up
	16:00	Qualification 2 nd exercise
		WP & WG – Dynamic MP & MX & MG – Balance
Sunday, 21st June	12:30	Start Warm-up
	13:30	FINALS
		WP WG MP MX & MG – Combined
	15:45	Award Ceremony
	20:30	Dinner & Farewell Party
Monday, 22nd June		Departure of all delegations

Live broadcast, start lists will be available on the website: <https://online.itdsport.pl>

6. ACCREDITATION

Hala Sportowa "Podpromie" - OC OFFICE

Wednesday, 17th June from 10:00 – 19:00

(Delegation arriving later than 19:00 must contact the LOC)

The accreditation system identifies individuals participating in the competition and ensures controlled access to each area. All participants and officials are required to wear accreditation cards at all times.

At accreditation, the Head of Delegation must check the correct names of their complete delegation, verify accommodation requirements, make the necessary payments (including insurance, if necessary). They also have to present the passports / ID of all competitors and judges for the control of nationality and age. The definitive competition schedule will be given to the Head of Delegation.

The accreditation is personal, non-transferable and compulsory to control access to training and competition hall, functions, official transport, lunches and dinners.

Without your accreditation card, you cannot pass the security control, and you cannot participate in lunches, dinners, etc. So, if you have lost your accreditation card, you must purchase a new one for the price of 150 Euro.

When all the commitments are fulfilled, all delegation members will receive their accreditations. All participants and officials are required to wear the accreditations at all times.

Federations will receive accreditation based on nominative entry upon arrival at the Competition Venue.

7. TARIFF SHEETS

Tariff sheets must be made on Acro Companion software and uploaded by 14/06/2026

Changes on tariff sheets will be allowed according to the CoP (until 17/06/2026, accreditation day).

8. INSURANCE

The host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness or repatriation.

The FIG Technical Regulations (Section 1, Article 12.10) foresee that all participating Federations are obliged to cover the expenses for all members of their Delegation for the necessary insurance coverage against accidents and illness.

The Organizing Committee will verify the insurance of all federations at accreditation. Federations who cannot provide proof will have to purchase the insurance offered by the OC at their own cost. The Organizing Committee will subsequently offer insurance at the Federations own charge as follows: 50 Euro per person/day (except judges and gymnasts).

9. OFFICIAL LANGUAGE

The official language is English. Interpretations from and into other language must be organized by the delegations. Announcements will be made in English. The Work Plan and all other documents are available in English only.

10. VISAS

Please check immediately with your travel agent or the Polish Embassy or Consulate in your country, if a visa is required for your travel to Poland.

11. MEALS

Full board is included in the accommodation packages booked through the OC. Breakfast will be served at the hotel. Lunch and dinner will be served close to the Competition Venue, inside the Sports Complex.

The Head of Delegation will receive meal tickets upon arrival at accreditation.

NO TICKET—NO MEALS!!! - NO ACCREDITATION—NO MEALS!!!

DAY	LUNCH	DINNER
Wednesday, 17 June (all meals at the hotel)	11:30 – 15:00	18:00 – 21:00
Thursday, 18 June	12:00 – 16:00	18:00 – 21:00
Friday, 19 June	11:30 – 15:00	18:00 – 21:30
Saturday, 20 June	11:30 – 15:00	18:00 – 21:30
Sunday, 21 June	11:30 – 15:00	Banquet 20:30

12. ORIENTATION MEETING

The orientation meeting will take place on Thursday, 18th June, beginning **at 11:00 in the Podpromie Hall**. The meeting can be attended by Head of Delegations and Team Managers.

13. TRAINING BY SCHEDULE AND MEASUREMENTS –June 18



FIG Acrobatic World Cup & Rzeszów International Acro Cup 2026 - Practice Schedule



Rzeszów - Poland, 18th June 2026 (Thursday)

WORLD CUP - Rzeszów - POLAND 2026										
#	Country (number of teams)	N of units per group	Warm Up 20 minutes		Floor 1 30 minutes		Floor 2 (music) 30 minutes		Competition Floor 7 minutes per unit	
			in	out	in	out	in	out	in	out
1	Ukraine (7)	7	11:40	12:00	12:00	12:30	12:30	13:00	13:00	13:49
2	Belarus (5), Armenia (1), Hungary (1)	7	12:29	12:49	12:49	13:19	13:19	13:49	13:49	14:38
3	Poland (5), USA (2)	7	13:18	13:38	13:38	14:08	14:08	14:38	14:38	15:27
4	Great Britain (4), Spain (3)	7	14:07	14:27	14:27	14:57	14:57	15:27	15:27	16:16
5	Germany (6)	6	14:56	15:16	15:16	15:46	15:46	16:16	16:16	16:58
6	Azerbaijan (3), Belgium (3)	6	15:38	15:58	15:58	16:28	16:28	16:58	16:58	17:40
7	Israel (4), Canada (2)	6	16:20	16:40	16:40	17:10	17:10	17:40	17:40	18:22
8	France (4), Italy (1), Brasil (1)	6	17:02	17:22	17:22	17:52	17:52	18:22	18:22	19:04

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Gymnasts' measurement and photo will be made immediately after the podium training on Thursday, 18th June.

14. EQUIPEMENT

Competition Floor: (blue spring floor)

Training Floor: (blue spring floor)

15. JUDGES MEETING

The Judges Meeting will take place on Thursday, 18th June **at 12:00** in the Sports Hall (Judges room – Competition Venue).

All participating federations must provide at least one judge with a valid FIG Brevet. Failure to do so will result in a fine of Swiss Francs 2 000,00.

16. THE DRAW FOR JUDGES

The drawing of lots of the Judges' Panels for the Qualification and Finals will be conducted daily by the FIG Technical Delegate during the judge's meetings

17. NO SMOKING POLICY

Please note that it is strictly forbidden to smoke in the venue complex.

18. MEDICAL SERVICES & ROOM

The Organizing Committee will provide medical services. A special room is marked with "Medical Room". Red Cross will be present on the Competition Area.

Doping controls will be made according FIG Anti-Doping Rules.

19. MARCH IN

At the beginning of the competition, the judges are presented by the official speaker. Judges are asked to remain seated during the award ceremony.

20. VIDEO RECORDING

All routines and passes will be recorded.

21. AWARD CEREMONIES

The award ceremonies will take place on Sunday, 21st June. Competitors must appear in their national tracksuit.

22. FINAL BANQUET

The banquet will take place on Sunday, 21st June at 20:30 in Hotel Alabaster.

23. DELEGATIONS SEATS

A special area will be reserved for delegations in the competition area. Please note that all delegation members must sit in this designated area. Do not leave backpacks marking spots.

24. MUSIC

Music must be uploaded on the tariff sheet in Acro Companion until June 14th, 2026.

Please bring along a copy of your music to the World Cup, as a back-up in case of a technical problem in the competition area or for your training sessions.

The ClickNClear system will be used for the Rzeszów World Cup to upload the music of all units, to inform on the music data, and to assist NFs to ensure that all music is appropriately licensed for use in competition.

While the ClickNClear “How To” document (Event File Download at FIG homepage) will guide NFs, the procedure to be completed by June 16th, 2026, 23:59 CET at the very latest can be summarized as follows:

- The link to access the ClickNClear system for this event is:

<https://verification.clicknclear.com/>

- NFs will be required to create an account and add their unit(s).

- NFs will be asked to upload the music for their unit(s)

- NFs will be able to provide a music license agreement and supporting information for each of their unit(s)

- Information will be given to check whether the unit’s music has been properly licenced.

For technical support, contact support@clicknclear.com.

During podium training, NFs will be able to verify that the music for their units is correctly played

25. NATIONAL FLAG AND ANTHEM

Please bring a National Flag to be delivered upon arrival on Accreditation.

26. RIAC INTERNATIONAL ACRO CUP 2026 CONNECTION

The Rzeszów FIG Acro World Cup 2026 is held in close connection with the Rzeszów International Acro Cup 2026. All the facilities, transport services and other services provided to the RIAC’26 Delegations can be fully used by the World Cup Delegations that booked their accommodation through the OC.