

20th Asian Games
Aichi-Nagoya 2026

Sport Technical Handbook
(Version 2.0)

RHYTHMIC GYMNASTICS



Log Report Summary

Event ID: 18608

Version	Date	Overview
V.1.0	14 August 2025	First draft. Information current as of June 2025.
V.2.0	12 May 2026	Second draft. Information current as of April 2026. The information provided has been updated overall to reflect the current point in time.

Foreword

The 20th Asian Games Aichi-Nagoya 2026 will be held in Aichi-Nagoya, Japan, from 19 September to 4 October 2026. It is a very meaningful event for all of Japan, as it brings a chance to further deepen growing exchange within Asia.

“IMAGINE ONE ASIA” is our slogan for the Games. The organizers claim that sports have the power to bring people together beyond the barriers of language, culture and nationality. They hope that Aichi-Nagoya 2026 Asian Games will be the opportunity for every people in Asia to be able to imagine their own ‘ONE ASIA’ with the power of sports so that the ties among the people in Asia will be strengthen and they can forward to the bright future.

This Sport Technical Handbook is available in electronic form, in English. This Handbook contains technical information and information about the services to be provided at the Games, as well as the contact details of the relevant sports organisations.

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General Information



I. General Information

1. Introduction to the 20th Asian Games Aichi-Nagoya 2026

Date: 19 September to 4 October 2026

Host City: Aichi-Nagoya

Sports: 43 sports

Venues: 53 competition venues, 75 training venues

Concept:

- Athlete-Centered
- Using existing facilities
- Making full use of state-of-the-art technology
- Offer hospitality with traditions through interaction with citizens
- Contribute to the promotion of sports culture

1.1. Emblem

The smooth curves describe the liveliness of sports.

The center line colored by purple, gold and green inspires the image that people get together as one and go forward to the future by heading to a bright red sun, the symbol of the Olympic Council of Asia (OCA). The purple is used as an image of the iris which is the prefectural flower of Aichi. The gold describes the Kinshachi, the golden tiger-fish roof ornaments and the symbol of the Nagoya Castle. And the green inspires the high environmental consciousness among people of Aichi-Nagoya fostered through the EXPO Aichi 2005, the COP10 and the UNESCO World Conference on ESD. The emblem contains the initial letters of Asia, Aichi and Nagoya. You could see "A" described by the purple curve and the center line and "N" designed by the purple and the gold.



1.2. Mascot

"HONOHON," the mascot of the 20th Asian Games, was born from the fiery passion that dwells in the hearts of athletes, becoming one with Shachihoko, the guardian deity of Aichi-Nagoya.

The name "HONOHON" is derived from the word "Honoho," which is said to be the origin of the Japanese word meaning "flame," that comes from the image of fire rising high and burning brightly, resembling the shape of a rice ear ("ho" in Japanese). To make the name sound more friendly, we named it "HONOHON."



ホノホン
HONOHON

1.3. Other Information

For more information, please refer to the official website of Aichi-Nagoya Asian Games Organizing Committee (AINAGOC).

URL: <https://www.aichi-nagoya2026.org/en/>

2. Accreditation and Validation

AINAGOC will distribute the Accreditation Guide to Responsible Organisations in December 2025. The Accreditation system will be available from 11 December 2025 to 14 May 2026.

All athletes, including those who may participate through Late Athlete Replacement (LAR), must complete their Accreditation Application within this period.

All athletes who may potentially participate in the Games must be registered in the Accreditation long list.

From July 2026 onwards, AINAGOC will produce and deliver the Pre-valid Asian Games Identity and Accreditation Card (PVC) to Responsible Organisations that have confirmed their Accreditation Status Report.

Upon arrival in Japan, Games stakeholders will be required to validate their PVC at the Welcome Centre 1 accreditation validation desk or other accreditation facilities by presenting their valid identity documents. For further details, please refer to Chapter 7.1 of the Accreditation Guide.

After validation at the accreditation facility, the PVC becomes the AGIAC, which grants access to competition and non-competition venues and zones. The AGIAC grants the cardholder the appropriate access entitlements to the venues and zones.

Please note that athletes designated for Late Athlete Replacement (LAR) cannot validate their PVC unless and until the replacement is officially approved.

3. Validity Period of AGIAC

When a participant presents the PVC or the AGIAC in conjunction with the valid passport (or equivalent travel document), it will function as a visa waiver when applying for entering Japan and can be used multiple times between 0:00 on 31 July 2026 and 23:59 on 19 October 2026.

4. Transport

Athletes and team officials will be provided with transport on arrival and departure, for competitions, and for training. Services will be available for the designated locations. AINAGOC will allocate a specific number of dedicated vehicles to each NOC delegation for its exclusive use. For more details, please refer to the *Transport Guide for Athlete & NOCS* published on September 30.

5. Accommodation

A conventional Athletes' Village will not be built.

During the 20th Asian Games Aichi-Nagoya 2026, NOC athletes and team officials will be accommodated at Garden Pier (Villas*), Kinjo Pier (cruise ship), and existing accommodation facilities (hotels, etc.), and Technical Delegates (TDs), International

Technical Officials (ITOs) and National Technical Officials (NTOs) will be accommodated at existing accommodation facilities (hotels, etc.).

Necessary functions and services will be provided. In principle, it has to be ensured that TOs will be accommodated at separate lodging facilities from NOC athletes.

For security reasons, access to the Athletes' Accommodations will require the appropriate accreditation card.

*A facility that houses accommodation amenities within a container-sized unit, allowing for easy transportation via trailer or ship, and used as a hotel or private residence.

6. Media Services

6.1. Broadcast Mixed Zone

All athletes are required to pass through the Broadcast Mixed Zone after the competition. However, athletes are not obligated to comply with interview requests in this area.

The Broadcast Mixed Zone is directly connected to the Press Mixed Zone, ensuring a seamless transition for athletes and media representatives.

* Victory Ceremony Procedure:

If an athlete is scheduled to attend the victory ceremony, the Ceremony Producer or Sports Manager will notify the Host Broadcasters and Press Mixed Zone Manager. These athletes will then be escorted to the ceremony briefing area. After the victory ceremony, they will return to the Broadcast Mixed Zone and pass through the area.

6.2. Press Mixed Zone

Athletes must pass through the Press Mixed Zone right after passing through the Broadcast Mixed Zone so that they can be interviewed by accredited press as soon as possible after the competition ends. They also have the right to decline interviews and go directly through the Mixed Zone.

6.3. Press Conference Room

After the finals of each event, in principle, a post-competition press conference will be arranged. At these Press conferences, interpretation in 6 languages (Japanese, English, Chinese, Korean, Russian and Arabic) will be provided. Translating a participant's native language into English, if needed, shall be done by the Press Attaché(s) or staff of the relevant NOC taking part.

If the athlete notified of a doping test has not yet completed it, Doping Control Personnel shall be permitted to attend the press conference for continuous observation.

6.4. FOP Photo Positions

FOP photo positions will be set up in FOPs or FOP surrounding areas in each competition venue. These positions are for accredited photographers to use to take photos of competitions. Accredited photographers will need to wear supplementary access control devices in order to enter FOP photo positions. During the victory ceremony, a suitable temporary position will be set up if deemed necessary.

For some events, the shooting at the FOP photo positions may use photo truck(s), photo boat(s), catwalk remote control camera(s), shooting house(s), and underwater remote-control camera(s). Some of these special photo positions will be provided through the Rate Cards.

6.5. NOC Press Attaché

NOC press attachés with Supplementary access control device(s) will assist in facilitating interviews between Athletes and Accredited press. They can enter the athletes' side of the Press Mixed Zone, determined by PRS. Where necessary, language support volunteers may assist them in their activities.

7. Medical Services

During the Games, AINAGOC will run Medical rooms for athletes at both competition venue and training venue and provide onsite medical services and emergency transport. At each athletes' accommodation, medical staff will be stationed to provide necessary

care and treatment.

If advanced care and further exams are needed, patients will be transferred to the Games' designated hospitals.

If necessary, medical services such as emergency treatment, hospitalization and emergency transfer will be provided.

Onsite Basic medical services and emergency transport services will be provided free of charge.

Other medical services shall be paid for in accordance with the provisions stated in the relevant policy for insurance cover.

Free medical services will not include non-essential medical care nor elective medical treatment.

8. Doping Control

In order to ensure healthy and fair competitions and protect the interests of the athletes, the Anti-doping programme of the 20th Asian Games Aichi-Nagoya 2026 will be conducted in strict accordance with the World Anti-doping Code and the OCA Anti-doping Rules.

All athletes heading to the Games will need to complete the ADEL, which is provided by WADA, for International Level Athlete (ILA) e-learning module and all coaches will need to complete the ADEL for Coaches of High Performance (CHP) e-learning module successfully. We strongly encourage you to start on this early. Further details are currently under consideration within the OCA, so please wait until the publication of the Doping Control Guide in April 2026.

9. Weather Information

9.1. Climate in Aichi-Nagoya

In Aichi-Nagoya, the average maximum temperature in September is 29.9°C, so the summer heat still lingers. In October, the temperature drops to 23.9°C, and signs of autumn begin to appear.

The average minimum temperature also gradually cools, reaching 22.1°C in September and 15.4°C in October.

The average rainfall is relatively high, at 197.5mm in September and 177.9mm in October.

Overview of Weather in Aichi-Nagoya in September and October (2015-2024)

Meteorological Parameters	September	October
Prevailing Wind	North-northwest Wind	North-northwest Wind
Average Wind Speed (m/s)	2.7	2.8
Maximum Wind Speed (m/s)	12.1	9.9
Highest Wind Speed (m/s)	21.7	16.5
Average Temperature (° C)	25.3	19.2
Maximum Average Temperature (° C)	29.9	23.9
Minimum Average Temperature (° C)	22.1	15.4
Precipitation (mm) Monthly Average	197.5	177.9
Maximum Precipitation (mm) Historically For This Month	365.5	530.0
No. of Rainfall Days per Month (days) Monthly Average	21	16

9.2. Climate in Gifu

In Gifu, the average maximum temperature in September is 30.0°C, which is one of the highest in the country. By October, the temperature drops to 24.0°C, signaling the arrival

of autumn.

The average minimum temperature is also cooler, at 21.9°C in September and 15.0°C in October.

Rainfall is heavier in September, averaging 237.8mm, and in October, averaging 179.3mm.

Overview of Weather in Gifu in September and October (2015-2024)

Meteorological Parameters	September	October
Prevailing Wind	West-northwest Wind	Northwest Wind
Average Wind Speed (m/s)	2.4	2.3
Maximum Wind Speed (m/s)	11.4	10.3
Highest Wind Speed (m/s)	19.6	16.8
Average Temperature (° C)	25.4	19.1
Maximum Average Temperature (° C)	30.0	24.0
Minimum Average Temperature (° C)	21.9	15.0
Precipitation (mm) Monthly Average	237.8	179.3
Maximum Precipitation (mm) Historically For This Month	427.5	513.5
No. of Rainfall Days per Month (days) Monthly Average	20	16

9.3. Climate in Shizuoka

Shizuoka remains hot in September with an average maximum temperature of 29.3°C and an average minimum of 22.1°C, but by October the weather becomes more comfortable with an average maximum of 24.2°C and an average minimum of 16.3°C. The average daily temperature is a comfortable 20.0°C even in October.

The average rainfall is high, at 314.8 mm in September and 242.0 mm in October, and the area is heavily affected by typhoon season.

Overview of Weather in Shizuoka in September and October (2015-2024)

Meteorological Parameters	September	October
Prevailing Wind	Northeast Wind	Northeast Wind
Average Wind Speed (m/s)	2.2	2.1
Maximum Wind Speed (m/s)	8.8	9.4
Highest Wind Speed (m/s)	17.9	19.0
Average Temperature (° C)	25.4	20.0
Maximum Average Temperature (° C)	29.3	24.2
Minimum Average Temperature (° C)	22.1	16.3
Precipitation (mm) Monthly Average	314.8	242.0
Maximum Precipitation (mm) Historically For This Month	616.5	622.0
No. of Rainfall Days per Month (days) Monthly Average	21	18

9.4. Climate in Tokyo

Tokyo continues to be hot and humid in September with an average maximum temperature of 28.2°C and an average minimum temperature of 21.2°C, but in October it becomes more comfortable with an average maximum temperature of 22.6°C and an average minimum temperature of 15.2°C.

The average rainfall is high in September at 255.3 mm and in October at 212.0 mm.

Overview of Weather in Tokyo in September and October (2015-2024)

Meteorological Parameters	September	October
Prevailing Wind	South Wind	North-northwest Wind
Average Wind Speed (m/s)	2.7	2.5
Maximum Wind Speed (m/s)	10.4	10.9

Highest Wind Speed (m/s)	19.6	22.9
Average Temperature (° C)	24.2	18.5
Maximum Average Temperature (° C)	28.2	22.6
Minimum Average Temperature (° C)	21.2	15.2
Precipitation (mm) Monthly Average	255.3	212.0
Maximum Precipitation (mm) Historically For This Month	503.5	531.5
No. of Rainfall Days per Month (days) Monthly Average	23	20

9.5. Climate in Osaka

Osaka continues to be hot in September with an average maximum temperature of 29.9°C and an average minimum of 22.6°C, but in October the weather becomes more autumnal with an average maximum of 24.1°C and an average minimum of 16.3°C. The average rainfall is relatively low, at 153.6mm in September and 131.1mm in October.

Overview of Weather in Osaka in September and October (2015-2024)

Meteorological Parameters	September	October
Prevailing Wind	North-northeast Wind	North-northeast Wind
Average Wind Speed (m/s)	2.5	2.4
Maximum Wind Speed (m/s)	10.7	8.5
Highest Wind Speed (m/s)	19.5	16.2
Average Temperature (° C)	25.7	19.8
Maximum Average Temperature (° C)	29.9	24.1
Minimum Average Temperature (° C)	22.6	16.3
Precipitation (mm) Monthly Average	153.6	131.1
Maximum Precipitation (mm) Historically For This Month	372.0	430.0
No. of Rainfall Days per Month (days) Monthly Average	19	16



Technical Information



II. Technical Information

1. Competition Date

The Rhythmic Gymnastics competition of the 20th Asian Games Aichi-Nagoya 2026 will be held from 1st to 3rd October 2026.

2. Competition Venue

The Rhythmic Gymnastics competition will be held at Nagoya City General Gymnasium [Rainbow Hall] with a seating capacity of 5,000. The FOP is equipped with one (1) carpet for competition. The annex hall of the Gymnasium will be used for warm-up, which is equipped with four (4) carpets and apparatus that will be used for both warm-up and competition. The venue is 13 kilometres away from the Athletes' Accommodation.

3. Competition Management

3.1. Technical Delegate

Ms Muminova Gyoza (UZB)

-President of Rhythmic Gymnastics Technical Committee, Asian Gymnastics Union (AGU)

3.2. Sport Manager

Mr. Fujii Toshiaki (JPN)

4. Competition Events

The Rhythmic Gymnastics competition of the 20th Asian Games Aichi-Nagoya 2026 consists of two (2) events, including

- a. Individual All-Around: Hoop, Ball, Clubs and Ribbon
- b. Group All-Around: 5 Balls, 3 Hoops & 2 Clubs

5. Competition Schedule

See the appendix for the detailed competition schedule.

Date	Start	Finish	Event Name
1st October	11:00	18:33	Individual All-Around Qualification
2nd October	18:00	20:53	Group All-Around Qualification
3rd October	13:00	16:22	Individual All-Around Final
	19:00	20:59	Group All-Around Final

Note: The competition schedule may be subject to change after the completion of the entries.

6. Competition Rules

The Rhythmic Gymnastics competition of the 20th Asian Games Aichi-Nagoya 2026 will be conducted in accordance with the latest version of the technical and competition rules and Code of Points of the World Gymnastics (WGYM) in force during Games-time.

In case of any disagreement in the interpretation of the FIG rules and regulations, the English version of technical and competition rules and code of points shall prevail.

Detailed competition information is available on the website of the World Gymnastics (WGYM): www.gymnastics.sport

In case of any disagreement in the interpretation of the FIG rules, regulations and Code of Points, the English version shall prevail.

Any unforeseen circumstances not covered by the regulations and rules and code of points shall be resolved as follows:

- Technical issues: Resolved in accordance with FIG rules and regulations.
- General issues: Resolved in accordance with the Olympic Council of Asia (OCA)

Constitution and Rules.

7. Competition Format

The Rhythmic Gymnastics competition consists of Individual All-Around and Group All-Around.

7.1. Individual All-Around

The best 10 gymnasts from the Qualification (4 scores) will qualify for the All-Around Final. Scores of the qualification will not carry over to the All-Around Final. Three (3) reserve gymnasts will be designated, considering the results of the Qualification.

7.2. Group All-Around

The best 8 groups from the Qualification will qualify to the All-Around Final. Scores of the qualification will not carry over to the All-Around Final. Two (2) reserve groups will be designated, considering the results of the Qualification.

8. Ranking and Medals

8.1. Individual All-Around Final

The ranking will be determined based on the results of the Final. The gymnast with a higher score will rank higher. If there is a tie at any place, the ranking will be determined according to the tie-breaking rules for RG World Championships as outlined in the FIG Technical Regulations.

8.2. Group All-Around Final

The ranking will be determined based on the results of the Final. The group with a higher score will rank higher. If there is a tie, the ranking at any place will be determined

according to the tie-breaking rules for RG World Championships as outlined in the FIG Technical Regulations.

8.3. Draw

The starting order for individual gymnasts or groups in the competition will be determined by draw.

The delegations will be notified of the results of the draw by AGU.

The draw for both Individual and Group All-Around Final was held at 11:00 on 3 August 2026 (DAY) at the AGU Headquarters in Doha, Qatar. Muminova Gyoza, President of the AGU Rhythmic Gymnastics Technical Committee, participated in the draw.

9. Sport Entries

9.1. Eligibility

- Only NOCs that are members of the OCA are entitled to send athletes to compete in the RG competition of the 20th Asian Games Aichi-Nagoya 2026.
- Only athletes who comply with the OCA Constitution and Rules and its Byelaws are entitled to compete in the Rhythmic Gymnastics competition.
- **Age Limitation:** Gymnasts must be Senior age, above the age of 16 (born on or before 31 December 2010).
- All gymnasts must present a valid FIG License until the end of the Rhythmic Gymnastics competition of the 20th Asian Games Aichi-Nagoya 2026.

NOCs that withdraw their athletes after the final entries' submission (SEQ deadline) or will face a disciplinary action by the OCA Executive Board.

9.2. Entry Timeline

- Entry by Sport: 12 Jun 2025 – 07 Jul 2025
- Preliminary Entry by Number: 18 July 2025 – 16 September 2025
- Entry by Number – Second Round: 08 December 2025 – 31 January 2026
- Entry by Name (SEQ Period): 01 May 2026 – 01 July 2026

9.3. Entry Policies

- Individual All-Around: Each NOC may enter a maximum of two (2) athletes.
- Group All-Around: Each NOC may enter one (1) team, consisting of five (5) athletes.

Any NOC that withdraws its gymnasts after the submission of the Entries by Name will be faced with disciplinary action by the OCA Executive Board.

9.4. Qualification Criteria

See the appendix

10. Competition and Training

10.1. Training Venue

The training venue will be open from 29th September to 3rd October 2026.

The training of the 20th Asian Games in Aichi-Nagoya 2026 will take place from 29th September to 3rd October 2026 on an allocation basis. All individual gymnasts and groups must stick to the training schedule.

The arrangement of pre-competition training and podium training will be determined based on the draw and team entries for both Individual All-Around and Group All-Around.

The scheduled training at the Competition Venue and the Training Venue will then take place from 29th September to 2nd October 2026 on an allocation basis.

Delegations should respect the designated training times and the allocated floors. Furthermore, delegations should show respect to the other gymnasts sharing the same floor. The request of changing official scheduled training hours will not be accepted. Individual and Group gymnasts have the same possibility of training session.

After the qualification, training sessions will be available to the Individual and Group gymnasts (including the reserves) who have qualified for the Individual All-Around Final and the Group All-Around Final. No additional training requests will be accepted.

Media can access to the designated area in the Training Venue until the Podium Training.

10.2. Podium Training

All gymnasts have opportunities of performing their routines on the competition floor during the official podium training day only. Podium training day will be considered as training days and will be open to media but not to the public. When two or more NOCs have the same slot, the starting order will be in the order they are written in the schedules. A representative of the AINAGOC staff will meet with each coach during the general warm-up of Individual and Group gymnasts prior to their official podium training session to ensure that the gymnasts'/groups' music will be played in the desired order during podium training. After each podium training session, the official and compulsory portrait photo and sports presentation photo sessions will take place in the designated space which will be located next to the Warm-up Hall. For the portrait photo session, athletes are requested to wear their national tracksuit, and any visible branding must meet the FIG Advertising Rules.

10.3. Competition

Warm-up Hall (WUH)

The WUH access is limited to the gymnasts and officials on competition days. There is also a limitation on the number of people with a basis of the FIG Accreditation Rules who can enter the WUH. For other delegation members or additional people, they are not allowed to enter the WUH with a strictly access control in the place.

Field of Play (FOP)

The FOP is strictly controlled in terms of gymnasts and coaches during the competition. For coaches, they must have a SACD with an official AGIAC during the competition in accordance with the FIG Accreditation Rules. AINAGOC FOP team members support gymnasts and coaches to access the FOP from the final warm-up floor. Gymnasts and coaches should have a responsibility of following staff instructions in this time. In terms of coaches, AINAGOC FOP team member escorts them to the designated area and the K&C to watch their gymnasts' performance. During the actual performance of the routine, coaches may not communicate with their gymnast or/and the judges in any manner.

Kiss and Cry (K&C)

AINAGOC FOP team members escort Individual and Group gymnasts to the K&C where they are reunited with their coaches. Gymnast(s) and coaches remain at the K&C until their score has been released. Then AINAGOC FOP team members escort gymnasts back to the WUH.

Electronic device

Gymnasts, coaches, and judges cannot use any electronic devices (mobile phones, mini-notebooks, computers, etc.) to communicate (send and receive messages) and use cameras or video devices on the FOP. For any violations on the FOP, fines should be applied for violators, and further steps are possibly conducted. The competition director and the floor manager will be in charge of the competition in this case.

10.4. Training Schedule

See the appendix for the detailed schedule.
(TBD)

11. Technical Officials and Jury of Appeal

11.1. Technical Officials

AGU has the right to appoint the Technical Delegates (TDs) and International Technical Officials (ITOs) in coordination and approval of the OCA. Members of the Jury of Appeal should be appointed by AGU. National Technical Officials (NTOs) should be appointed by the Japan Gymnastics Association (JGA). In the event of any violation of the AGU/FIG Rules or Games Rules and Regulations by any participant, the OCA has the right to revoke his or her accreditation card and propose replacement of the participant concerned to the relevant party.

Every judges / ITOs must have a valid WGYM brevet in the corresponding discipline.

11.2. Judges Drawing

The Judge from different competition phases will be drawn at the correspondent judges'

meeting.

12. Technical Meeting

The technical meeting will be held exclusively in English at 9 am on 30th September in the press conference room. Important information concerning the detailed of the competition will be provided by the AINAGOC and the AGU. Participation is compulsory. Unjustified failure to attend this meeting will result in a sanction of USD1'000- against the NOC to be paid to the AGU. Delegation representatives must attend the meeting with a maximum of 2 accredited members per delegation, including the Head of Delegation/Representative.

13. Inquiries and Request

13.1. Inquiries

Inquiries shall be handled by following the latest version of FIG TR, such as contents, time limit, objects and procedures of inquiry.

All inquiries of a technical nature will be the responsibilities of the TD/TC president/Superior Jury President.

The AINAGOC designated person to receive the inquiry at the Inquiry Desk in the FOP must initialize the process by operating the dedicated device.

Electronic Device: Inquiries must be submitted within two minutes after the score is displayed. The device will automatically prevent late submissions. In case of a device malfunction, the Inquiry Desk staff shall use best efforts to manually establish and record the timely submission, if possible, using an official inquiry form.

Official Inquiry Form: Where no device is available, inquiries must be submitted using the official inquiry form to the Inquiry desk:

- before the score for the next gymnast, group or unit is displayed or,
- for the last gymnast, group or unit in a rotation, within two minutes after the score is displayed. The Inquiry Desk staff will verify if the inquiry was submitted within the deadline and record this on the official inquiry form.

If multiple inquiries are submitted simultaneously, the first recorded inquiry's

submission time will apply to all inquiries submitted on time.

The Inquiry Officer will, if needed, either unlock the electronic system for the NOC Authorised Representatives to submit the inquiry in the device or record the submission time on the official inquiry form (double payments will be applied if the two inquiries are rejected).

Should the final score be higher, the inquiry will be deemed successful, and there will be no need to pay the inquiry fee. However, should the final score remain unchanged or be lowered, the inquiry will be deemed unsuccessful. In this case, the inquiring NOC should pay the inquiry fee after competition to AGU, which will issue an invoice after receiving the payment. USD 300 is required for the first complaint, USD 500 for the second, and USD 1,000 for the third and any of the subsequent complaints lodged by the same NOC throughout the event (and not starting from “1” again at each competition phase AGU solidarity).

13.2. Request to Revise Time and Line Deductions

Requests to revise Time or Line deductions, as allowed by the Code of Points, are treated separately from inquiries and do not incur any cost. However, such requests must comply with the same principles, procedures, and deadlines specified in this article for inquiries. Requests to revise other neutral deductions or penalties are not permitted.

14. Equipment and Attire

Equipment used and attire worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and FIG. Neither athletes nor technical officials can attach any form of commercial advertising to his or her competition uniform without prior approval of the OCA and AINAGOC.

FIG certified apparatus

The FIG Certified Manufacturer Supplier for these the Asian Games will be Taishan. The colour of the FX mat will be purple. The Apparatus controls will be conducted as per the enclosed schedule.

Refer to Appendix 2 of the Directives for details on the list of certified Apparatus used.

Control of hand apparatus

The list of the hand apparatus with valid certificates is published on the WGYM website and updated regularly. Make sure that your gymnast(s) use only FIG certified hand apparatus for this event. Random checks will be carried out throughout the event by a representative of WGYM and a representative of the GYMLAB - Freiburg Test Institute. They will take place before and during each podium training session. Gymnasts will not be allowed to compete with apparatuses which do not comply with the norms. Additional checks on the hand apparatuses may take place at the end of the competition exercise at the request of the Superior Jury.

15. Music Submission

TBD

16. Victory Ceremony

Gold, silver, and bronze medals will be awarded to the athletes ranked in the top three of each individual event according to the official results. In team event, gold, silver, and bronze medals will be awarded to the athletes of the teams ranked in the top three of each event according to the official results.

The Victory Ceremony will start approximately 15 minutes after the final event. To prepare for the ceremony, the medalists shall be escorted to the Waiting Area 10 minutes before the ceremony starts. Detailed movement at ceremony will be instructed at Waiting Area.

Medalists must wear their NOC official uniforms. Medalists are not allowed to bring personal items.

Medal cases and bags will be provided after the ceremony on the way to the media mix zone.

In addition, diplomas will be awarded to all athletes of the top six (6) according to the official results at a later date.

17. Sport Information Desk (SID)

The SID will be located in the front of the athletes' lobby (see Appendix 1) from 30th September to 3rd October 2026 and will be in operation during all Training, Podium Training, Warm-up, and Competition times. While an information wall will be set up at the SID, Delegations will be invited to join a WhatsApp group, should they wish to do so.

All details for the competition, warm-up, podium training, training, notification of meetings, transport, official functions, AGU and AINAGOC correspondences, start lists, results and a range of other information related to these Asian Games will be distributed on Asian Games/NOC Services (<https://www.noc-net.aichi-nagoya2026.info/>). The AINAGOC will not provide printed copies of the Technical handbook, Appendices, or Forms. Paper forms will only be available at the SID if necessary and upon request.



Approval of the Technical Handbook



III. Approval of the Technical Handbook

The version 2.0 of Sport Technical Handbook for Rhythmic Gymnastics of the 20th Asian Games Aichi-Nagoya 2026 plans was approved by the Asian Gymnastics Union on June 20, 2026.

The version 2.0 of Sport Technical Handbook for Rhythmic Gymnastics of the 20th Asian Games Aichi- Aichi-Nagoya 2026 plans was approved by World Gymnastics on June 20, 2026.

IV

Key Contact Information

IV. Key Contact Information

1. OCA

Director General: Hon. Dr. Husain A H Z AL-MUSALLAM

Deputy Director General: Mr. Vinod Kumar Tiwari

OCA Sports Committee Chairman: Mr. Song Lu Zeng

Manager, OCA Sports Department: Mr. Ganesan Sundarammoorthy

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Fax: +41213215519

E-mail: info@worldgymnastics.sport

Website: <https://www.gymnastics.sport/site/>

3. Asian Gymnastics Union (AGU)

President: Mr. A-Rahman Al-Shathri

Secretary General: Mr. Mohd Saed

Address: Al Bidaa Tower, 5th Floor, Doha, QATAR

Tel: +97449444133

E-mail: info@agu-gymnastics.com

Website: <https://agu-gymnastics.com/>

4. Technical Delegate

Name: Ms. Muminova GyozaI

E-mail: gizellaf@mail.ru

5. AINAGOC

5.1. Sports Department

Acting Director General: Nakamori Yasuhiro

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E-mail: ainagoc@aichi-nagoya2026.org

Website: <https://www.aichi-nagoya2026.org/en/>

5.2. Sport Manager

Name: Mr. Fujii Toshiaki

Tel: +81-50-3301-1165

E-mail: toshiaki_fujii@aichi-nagoya2026.org

6. Japanese Olympic Committee (JOC)

Address: 4-2 Kasumigaoka-machi, Shinjuku-ku, Tokyo

Japan Sport Olympic Square

Postal Code: 1600013

Tel: +81-3-6910-5950

Fax: +81-3-6910-5960

Website: <https://www.joc.or.jp/english/>



V

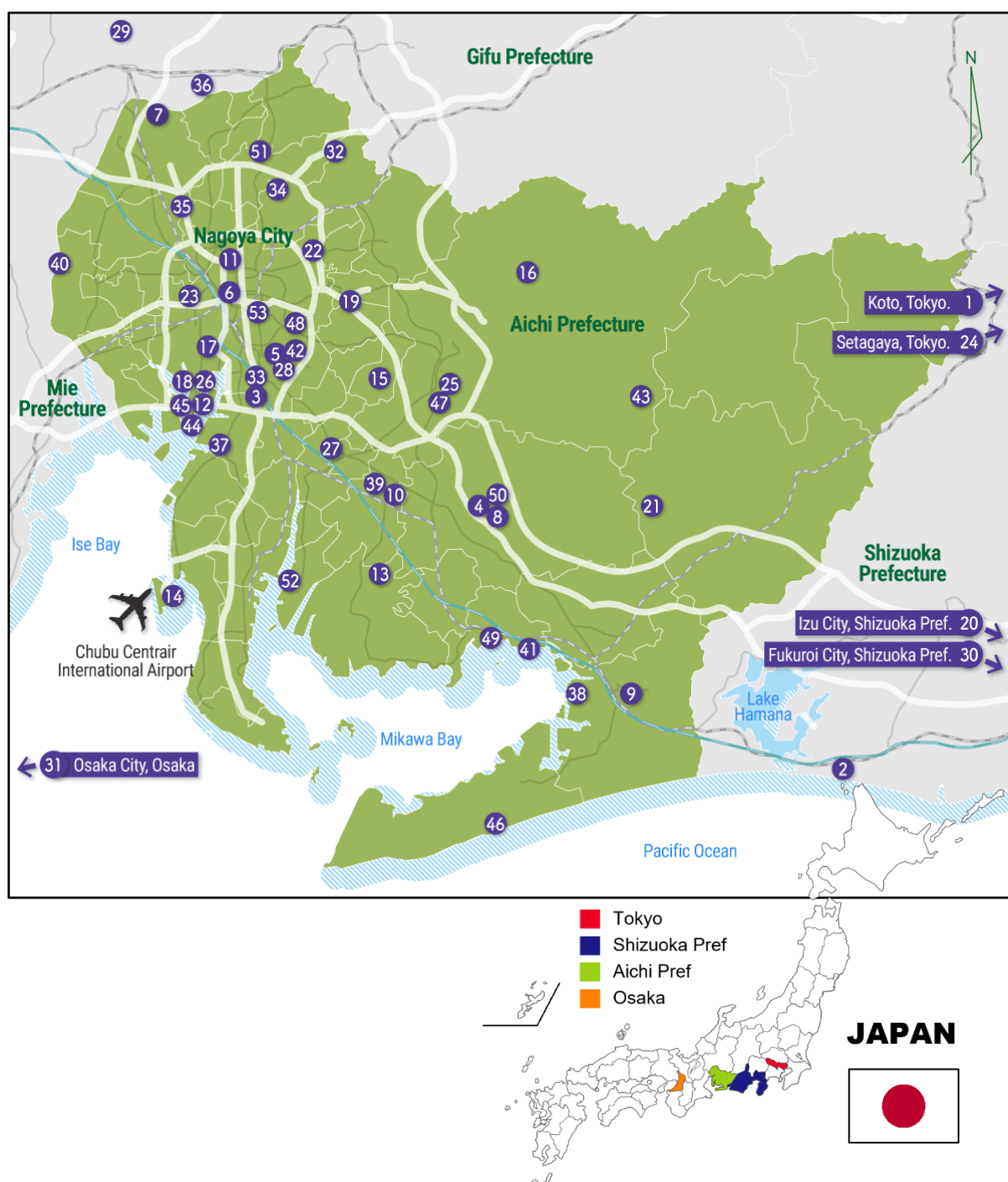
Appendices



V. Appendices

1. Venue Masterplan

- The venue for the Artistic Gymnastics competition (Nagoya City General Gymnasium [Rainbow Hall]) is marked as No. 33 on the map.
- Nagoya City Mizuho Park Athletic Stadium (Opening and Closing Ceremony Venue) is marked as No. 5 on the map.



Sport	Discipline	Competition Venues	Sport	Discipline	Competition Venues
1 Aquatics	Swimming/Diving	(1) Tokyo Aquatics Centre	18 Handball		(34) Kasugai City Gymnasium
	Artistic Swimming	(2) "ToBiO" Furuhashi Hironoshin Memorial Hamamatsu Swimming Center			(35) ENTRIO
	Water Polo	(3) Nagoya City General Gymnasium[Rainbow Pool]	19 Hockey		(36) Gifu Prefectural Green Stadium
2 Archery	Recurve/Compound	(4) Okazaki Chuo Sogo Park Multipurpose Square	20 Judo		(11) Aichi International Arena
3 Athletics	(Track and Field)	(5) Nagoya City Mizuho Park Athletic Stadium	21 Kabaddi		(37) Tokai Citizen Gymnasium
	(Marathon)	(5) Nagoya City Mizuho Park Athletic Stadium	22 Karate	Kata/Kumite	(38) Toyohashi Gymnasium
	(Race Walk)	(6) Circular course around the Aichi Prefectural Government office and the Nagoya City Hall	23 Modern Pentathlon		(39) Anjo Sports Park
4 Badminton		(7) Ichinomiya City Municipal Gymnasium	24 Rowing		(40) Nagarakawa International Regatta Course
5 Baseball/ Softball	Baseball	(8) Okazaki Chuo Sogo Park Baseball Stadium	25 Rugby	Rugby sevens	(28) Nagoya City Mizuho Park Rugby Field
	Softball	(9) Toyohashi Municipal Baseball Stadium	26 Sailing		(41) Kaiyoh Yacht Harbor
6 Basketball		(10) Anjo Softball Ground	27 Sepaktakraw		(42) Nagoya City Mizuho Park Gymnasium
	Basketball	(11) Aichi International Arena	28 Shooting	Rifle/ Pistol / Shot Gun	(43) Aichi Prefectural General Shooting Gallery
	3x3 Basketball	(12) Kinjo Futo Station Square Venue	29 Skateboarding		(14) Aichi Sky Expo
7 Boxing		(13) Nishio Gymnasium	30 Sport Climbing		(44) Nagoya International Exhibition Hall [Portmesse Nagoya]Exhibition Hall 1
8 Breaking		(14) Aichi Sky Expo	31 Squash		(45) Nagoya Kinjo-Futo Arena
9 Canoe/ Kayak	Canoe Sprint	(15) Miyoshi Lake Canoe Course	32 Surfing		(46) Pacific Long Beach (Tahara, Aichi, Japan)
	Canoe Slalom	(16) Yahagigawa Canoe Slalom Course	33 Table Tennis		(47) SKY HALL TOYOTA
10 Combat sports	Jiu Jitsu	(17) Aichi Prefectural Martial Arts Hall	34 Taekwondo	Kyorugi/Poomsae	(38) Toyohashi Gymnasium
	Kurash	(17) Aichi Prefectural Martial Arts Hall	35 Tennis	Tennis/Soft Tennis	(48) Nagoya City Higashiyama Park Tennis Center
	Mixed Martial Arts	(18) Nagoya City Inae Sports Center	36 Triathlon		(49) Gamagori City Triathlon Venue
11 Cricket	T20	(19) Korogi Athletic Park	37 Volleyball	Volleyball	(50) Okazaki Chuo Sogo Park Gymnasium
12 Cycling	Cycling Track	(20) Izu Velodrome		Beach Volleyball	(51) Park Arena Komaki
	Cycling Road	(21) Shinshiro Cycling Road Course	38 Weightlifting		(52) Hekinan Ryokuchi Beach Court
	Cycling Mountain Bike	(22) Obata Ryokuchi Park	39 Wrestling	Freestyle/ Greco-Roman	(18) Nagoya City Inae Sports Center
	Cycling BMX Racing	(23) Nagoya Velodrome BMX Race Course	40 Wushu	Taolu/Sanda	(17) Aichi Prefectural Martial Arts Hall
	Cycling BMX Freestyle	(14) Aichi Sky Expo	41 Football		(25) TOYOTA STADIUM
13 Equestrian	Dressage/Eventing/ Jumping	(24) Equestrian Park			(26) Nagoya City Minato Soccer Field
14 Esports		(14) Aichi Sky Expo			(27) WAVE STADIUM KARIYA
15 Fencing	Foil/Épée/Sabre	(14) Aichi Sky Expo			(28) Nagoya City Mizuho Park Rugby Field
16 Golf		(32) Kasugai Country Club East Course			(29) Gifu Nagarakawa Stadium
17 Gymnastics	Artistic Gymnastics/ Rhythmic Gymnastics/ Trampoline Gymnastics	(33) Nagoya City General Gymnasium [Rainbow Hall]			(30) Shizuoka Stadium Ecopa
					(31) Nagai Stadium

2. Competition Venue



Nagoya City General Gymnasium [Rainbow Hall]

3. Field of Play

The FOP is strictly controlled in terms of gymnasts and coaches during the competition. For coaches, they must have a SACD with an official AGIAC during the competition in accordance with the FIG Accreditation Rules. AINAGOC FOP team members support gymnasts and coaches to access the FOP from the final warm-up floor. Gymnasts and coaches should have a responsibility of following staff instructions in this time. In terms of coaches, AINAGOC FOP team member escorts to the designated area and the K&C to watch their gymnasts' performance. During the actual performance of the routine, coaches may not communicate with their gymnast or/and the judges in any manner.

4. Daily Schedule

Daily Schedule for the 20th Asian Games (as of April 27,2026)

Competition Venue	Sport/Discipline	Sep															OC															Oct															CC				Gold Medals
		10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3	4																									
		Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun																									
		-9	-8	-7	-6	-5	-4	-3	-2	-1	0	+1	+2	+3	+4	+5	+6	+7	+8	+9	+10	+11	+12	+13	+14	+15																									
AICHI																																																			
Nagoya City General Gymnasium	Aquatics - Water Polo														1										1		2																								
Okazaki Chuo Sogo Park Multipurpose Square	Archery - Recurve																							3	2	5																									
	Archery - Compound																				3	2				5																									
Nagoya City Mizuho Park Athletic Stadium	Athletics -														4	6	6	8	11	9						44																									
	Track and Field																																																		
Circular course around the Aichi Prefectural Government Office and the Nagoya City Hall	Athletics - Marathon																2									2																									
	Athletics - Race Walk													2				2								4																									
Ichinomiya City Municipal Gymnasium	Badminton														2						5					7																									
Okazaki Chuo Sogo Park Baseball Stadium	Baseball/Softball -																									0																									
Toyohashi Municipal Baseball Stadium	Baseball																		1							1																									
Anjo Softball Ground	Baseball/Softball - Softball																							1		1																									
Aichi International Arena	Basketball										1						1									2																									
Kinjo Futo Station Square Venue	3x3 Basketball														2											2																									
Nishio Gymnasium	Boxing																						11			11																									
Aichi Sky Expo	Breaking																							2		2																									
Miyoshi Lake Canoe Course	Canoe/Kayak - Sprint														4	4	4									12																									
Yahagigawa Canoe Slalom Course	Canoe/Kayak - Slalom																					2	2	2		6																									
Aichi Prefectural Martial Arts Hall	Combat sports - Jiu Jitsu																					3	3	2		8																									
Aichi Prefectural Martial Arts Hall	Combat sports - Kurash																	2	2	2						6																									
Nagoya City Inae Sports Center	Combat sports - Mixed Martial Arts													6												6																									
Korogi Athletic Park	Cricket - T20												1											1		2																									
Shinshiro Cycling Road Course	Cycling - Road										2		1	1												4																									
Obata Ryokuchi Park	Cycling - Mountain Bike														1	1										2																									
Nagoya Velodrome BMX Race Course	Cycling - BMX Racing																			2						2																									
Aichi Sky Expo	Cycling - BMX Freestyle																	2								2																									
	Esports													1	1	1	1	2	1	1	1	1	1			11																									
	Fencing - Foil												1	1		1	1								4																										
	Fencing - Épée												1		1	1		1							4																										
	Fencing - Sabre													1	1			1	1						4																										
Kasugai Country Club East Course	Golf																							4	4																										
Nagoya City General Gymnasium [Rainbow Hall]	Gymnastics - Artistic Gymnastics												1	1	2	5	5									14																									
	Gymnastics - Rhythmic Gymnastics																						2		2																										
	Gymnastics - Trampoline Gymnastics																	2							2																										
Kasugai City Gymnasium	Handball																								0																										
ENTRIO																			1		1				2																										
Aichi International Arena	Judo																					4	5	5	1	15																									
Tokai Citizen Gymnasium	Kabaddi																2								2																										
Toyohashi Gymnasium	Karate - Kata											1	1	1	1											4																									
	Karate - Kumite											3	3	3	2										11																										
Anjo Sports Park	Modern Pentathlon										4														4																										
Nagaragawa International Regatta Course	Rowing														7	7									14																										
Nagoya City Mizuho Park Rugby Field	Rugby Sevens																							2	2																										

[illegible]

5. Competition Schedule (by rotation)

TBC

6. Training Schedule

TBC

7. Apparatus list

TAISHAN

Floor (RG1) FIG ID #
600

Senior replacement apparatus

Chacott

Hoop (RG3) FIG ID #	Ball (RG4) FIG ID #	Clubs (RG5) FIG ID #	Ribbon (RG6) FIG ID #	Ribbon Cane (RG7) FIG ID #
689	585	783	838	840

8. OCA Constitution

Article 52

- Eligibility Code
 - To be eligible for participation in the OCA GAMES, a competitor must:
 1. Observe and abide by the Rules of the IOC/OCA as per the Olympic Charter.
 2. Respect the spirit of fair play and non-violence and abide by the rules on the sports field.
 3. Comply with all aspects of WADA and OCA Anti-Doping Rules Code and refrain from using substances and drugs prohibited by the said organisations.
 4. The Member must ensure that any competitor in the OCA GAMES must be a national of the country of the NOC, which is entering him.
 5. Disputes relating to the determination of the country which a competitor may represent in the OCA GAMES shall be resolved by the EB, unless the eligibility code already set out in the Constitution has been fulfilled and is not in dispute.
- ***Bye-law to Article 52***
 1. *All cases of infringement of IOC Rule 41, 42 and it's Bye-laws and of the eligibility code of IFs shall be communicated by the concerned Member to the OCA, to be considered by the EB whose decision will be final.*
 2. *A competitor who is a national of two (2) or more countries at the same time may represent either one (1) of them, as he may elect. However, after having represented one country in the Olympic, Asian continental regional or world championships recognised by the relevant IF, the competitor may not represent another country unless he or she meets the conditions set forth in sub section 4 below that apply to the persons who has changed his nationality or acquired a new nationality.*
 3. *A competitor who has represented one country in the Olympic Games, OCA GAMES, continental, regional, and world championships recognised by the relevant IF, and who has changed his nationality or acquired a new nationality, shall not participate in the OCA GAMES to represent his new country until three years after such change or acquisition.*
 4. *If a State, Country or a colony acquires independence, a country becomes incorporated within another country by a change of border or transfer of sovereignty or if a new NOC is recognised by the OCA, a competitor may continue*

to represent the country to which he belong or belonged. However, he may, if preferred, choose to represent his country or be entered in the OCA GAMES by his new NOC if one exists. This option can only be made once and is irreversible.

5. *In all cases not expressly addressed in these Bye-Laws, in particular those cases where a competitor would be in a position to represent a country other than that of which he is a national, or to have choice as to the country which he intends to represent, the EB makes all decisions. Decisions can be of a general or individual nature and issue specific requirements relating to nationality, citizenship, domicile or residence of the competitors, including the duration of any waiting period;*
6. *Except as permitted by the EB, no competitor, coach or official who participates in the OCA GAMES may allow his person, name and picture or sports performances to be used for advertising purposes during the OCA GAMES.*

Article 53

- Necessary Conditions for representing a Country
1. Only nationals of member NOCs are eligible to represent that country in the OCA GAMES. Where a competitor's nationality is the subject of scrutinization, evidence (passport, residency & other documents) must be produced to support and meet definition of eligibility, according to the rules prevailing in the particular sport in which the competitor wishes to take part. It is not permissible for a competitor having once represented a country in the OCA GAMES or any international sports competition such as Olympic Games, Asian Games, World Games, Continental Games, Regional Games etc., to represent a different country in the future unless:
 - a. The former country or place of birth has since been incorporated in another State;
 - b. Or if he/she competed for the former country because the NOC or Chief National Organisation of their native land was not a Member of the OCA at that time;
 - c. The rules in relation to Article 49 byelaw 4 are met.
 2. Competitors will be eligible if they comply with the following qualifications:
 - a. That they were born in the country they represent;

- b. That they are nationals or citizens of the country they represent and have lived there continuously for a period of not less than three years;
 - c. That they have become naturalised in the country they represent and have permanent residence there.
- 3. Competitors born outside Asia cannot be qualified unless they meet conditions in 2 b & c, where applicable.

- ***Bye-law to Article 53***

The OCA will have the full authority for disqualification of any athlete in all matters other than technical.

Article 54

- Age Limit
 - There is no age limit for competitors in the OCA GAMES, unless the IF and/or AFs prescribe otherwise and is approved by the EB apart from AYG which has an age restriction of 14-17 years.

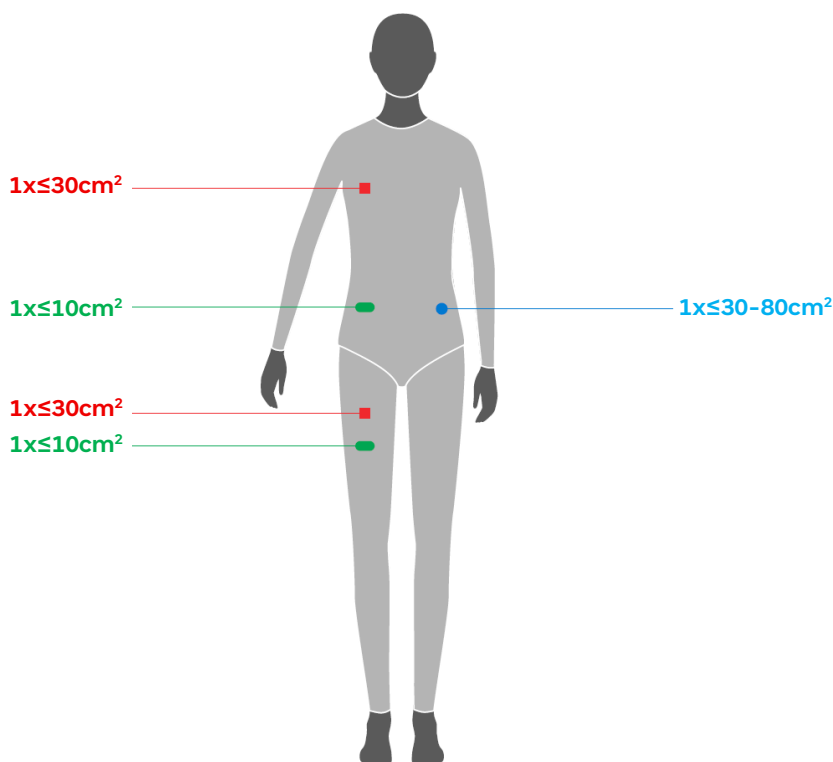
9. Clothing Guidelines

Please note that presented below are examples of identification markings (manufacturer logos, athlete names, and/or other similar markings) acceptable on uniforms and related items used in this competition, based on the OCA Commercial Guidelines and relevant IF/AF regulations.

Since these examples illustrate major points only, please ensure to review the full text of the guidelines and regulations for details.

During the Asian Games period, the OCA Commercial Guidelines take precedence over IF/AF regulations relating to commercial branding and identification marks on clothing and equipment, unless otherwise approved by the Executive Board of the OCA.

Identification marks violating these standards will be removed or covered in accordance with OCA's instructions to AINAGOC and NOCs.



【Identification of the Manufacturer】

○ Clothing

- **Shorts/Pants | Shirt/Singlet | Tracksuit/Jacket | Leotard | Leotard with skirt | Unitard**

One Identification of the Manufacturer [■] per clothing item will be permitted, to a maximum size of 30cm^2 .

○ Sport Equipment

For any sports equipment, the size of an Identification of the Manufacturer shall not exceed 10% of the surface area (up to a maximum of 60cm²).

• Wrist band | Wrist protection | Grips

One Identification of the Manufacturer [■] per item will be permitted, to a maximum size of 6cm².

• Socks

One Identification of the Manufacturer will be permitted, to a maximum size of 10cm².

○ Accessories

• Eyewear

May carry the Identification of the Manufacturer as generally used on products sold through retail trade during the period of 6 months or more prior to the Games, with the Identifications permitted on the lenses so long as such identifications are tone-on-tone, engraved into the lens, and is not deemed as conspicuous by the OCA.

• Towel

No Identification of the Manufacturer will be permitted.

• Bag

One Identification of the Manufacturer per item will be permitted, not greater than 10% of the surface area of the item, to a maximum size of 60cm².

○ Shoes/Footwear

• Shoes

All footwear items may carry the Identification of the Manufacturer as generally used on products sold through retail trade during the period of 6 months or more prior to the Games.

【Product Technology Identification】

○ Clothing

• Shorts/Pants | Shirt/Singlet | Tracksuit/Jacket | Leotard | Leotard with skirt | Unitard

One additional Product Technology Identification [■] will be permitted per clothing item, with a maximum size of 10cm².

【NOC Emblem and National Identity】

Additional IF/AF Specifications

Third Party Identifications (athlete names)

No names of athletes allowed on items.

NOC Emblems and National Identity

All competitors who participate in competition must wear an identification of their country/ territory in the form of a flag (in official colours) or the country name (OCA abbreviation or in full) [●] and may not exceed the maximum overall area of 80cm² and must cover a minimum overall area of 30cm². A national emblem, NOC emblem, or crest, if the country/territory has one, or its coat of arms may be worn, but only in addition to the flag or country/territory name [●], and with the same maximum size requirement.

The uniform may be designed in the national colours and portray clearly the national identity, as long as a flag or country name (abbreviated or in full) is included. The identification can be in the form of a patch, crystals, screen print or other method, and must be sewn-on or affixed to prevent removal during competition. Such emblems may appear as follows:

Women's leotard

Anywhere on the front or on either sleeve of the leotard, ensuring aesthetic presentation.

During the Qualification competition for the Olympic Games, the additional individual gymnasts from NOC with a qualified team must wear a distinctively different colour singlet (MAG) and leotard (WAG) than the gymnasts participating in the team event.

The national identification on the warm-up suit is not regulated but should be reasonable and in good taste in keeping with other rules as specified.

10. Late Replacement of Athletes (Form)

 Aichi-Nagoya 2026 LAR – Late Athlete Replacement Form	
Please print it clearly in Capital Letter	
National Olympic Committee	NOC Code
A. Replacement Athlete	
ACR Number	DoB (dd/mm/yyyy) Gender
	Male ☐ Female ☐
Family Name	Discipline
Given Name	Event
IF Number	
B. Athlete being Replaced	
ACR Number	DoB (dd/mm/yyyy) Gender
	Male ☐ Female ☐
Family Name	Discipline
Given Name	Event
IF Number	Reason of Replacement
	Injury ☐ Illness ☐ Other ☐
NOC Representative Name	NOC Representative Signature
	Date (dd/mm/yyyy)
C. Asian Federation Comments	
Decision	AF Representative Signature
Approved ☐ Rejected ☐	
	Date (dd/mm/yyyy)
D. OCA Comments	
OCA Medical Representative or OCA Medical Director Comments	
Decision	
Approved ☐ Rejected ☐	
OCA Representative Name and Signature	
Date (dd/mm/yyyy)	
Please return the signed form and the required documentation to the AINAGOC Sport Entries team. All Replacements are subject to the OCA's Late Athlete Replacement Policy for the Aichi-Nagoya 2026.	
Athlete's Declaration: "I, the undersigned, declare on my honor that I am eligible and fulfil the Conditions stipulated by the OCA Rules and constitution. I am also fully aware of the OCA Anti-Doping Rules and the allowable trademark identification on clothing and equipment worn or used at the OCA GAMES as indicated in the Commercial Guidelines. Failing to comply with any of the above may result in penalties and my disqualification."	
Athlete's Signature and Date: _____	

11. Sponsor

11.1. Prestige Partners



TOYOTA



11.2. Official Partners



DENSO

Canon



11.3. Official Sponsors

TaiShan



centrair



AISIN



Rinnai

11.4. Official Suppliers





20th Asian Games
Aichi-Nagoya 2026

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AINAGOC