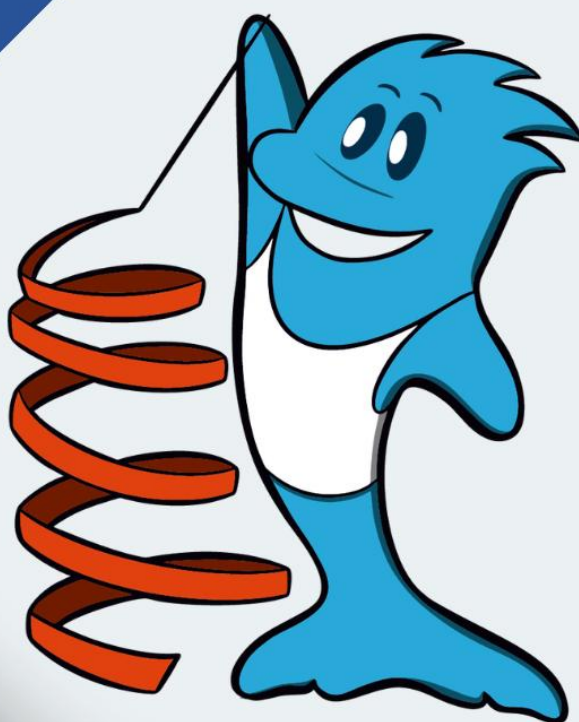




TARANTO 2026
XX MEDITERRANEAN GAMES



RHYTHMIC GYMNASTICS



**SPORT
TECHNICAL
MANUAL**



International Committee of the
Mediterranean Games

CONTENTS

1.	COMPETITION MANAGEMENT	4
1.1.	International Federation	4
1.2.	National Federation	4
1.3.	Management of the Competition	4
2.	TECHNICAL MILESTONES	4
3.	THE COMPETITION OF RHYTHMIC GYMNASTICS	6
3.1.	Program	6
3.2.	Dates and Venue	6
4.	RULES OF THE COMPETITION	6
4.1.	Conditions for running the competition	6
4.2.	Cancellation of Events	6
5.	TECHNICAL ORGANIZATION	7
5.1.	Special procedures for the development of the Competition	7
5.2.	Drawing of the lots	8
6.	COMPETITION SCHEDULE	8
6.1.	Technical Offices	9
7.	COMPETITION VENUE	9
7.1.	Competition Area	9
7.2.	Warm-up area	9
7.3.	Changing rooms	9
7.4.	Athletes' Lounge	9
7.5.	Mixed zone	9
7.6.	Sport Equipment	9
8.	TRAINING SESSIONS	10
8.1.	Training Venues	10
8.2.	Calendar and Schedules for Training Sessions	10
8.3.	Services available at Training Venues	10
8.3.1.	Changing Rooms	10
8.3.2.	Athletes' Lounge	10

8.4.	Media during training sessions	10
8.5.	Procedure for the scheduling of training sessions	10
8.5.1.	Before the Competition	11
8.5.2.	During the Competition	11
9.	PARTICIPATION	11
9.1.	Entries	12
9.1.1.	General Principles	12
9.1.2.	Procedures	12
9.1.3.	Entries by Number	12
9.1.4.	Preliminary Entries by Name (Long list)	12
9.1.5.	Final Entries by Name (Short list)	12
9.1.6.	Confirmation of Entries	12
9.2.	Technical Meeting	13
10.	MEDICAL SERVICES	13
10.1.	Medical Services at the Village and on the Competition Venues	13
10.2.	Mediterranean Village	13
10.3.	Competition Venues	13
10.4.	Anti-Doping Control	14
11.	REFEREES and JUDGES	14
11.1.	Panel Composition	14
11.1.1.	Superior Jury	14
11.1.2.	Composition of the panel of judges	15
11.2.	Information meeting for Judges	15
11.3.	Jury of Appeal	15
11.4.	Score Inquiries	16
12.	SPORT CLOTHING	16
13.	MEDAL CEREMONIES	16
14.	APPROVAL OF THE REGULATIONS	16

1. COMPETITION MANAGEMENT

1.1. International Federation

INTERNATIONAL GYMNASTICS FEDERATION (FIG)

Avenue de la Gare, 12 / Case Postale 630 – CH 1001 Lausanne

Phone: + 41 21 321 55 10

Website: www.gymnastics.sport

E-mail: info@fig-gymnastics.com

President: Mr. Morinari WATANABE

Secretary General: Mr. Nicolas BUOMPANE

1.2. National Federation

FEDERAZIONE GINNASTICA D'ITALIA (FGI)

Viale Tiziano, 70 – I 00196 Roma

Phone: +39 06 879750

Website: www.federginnastica.it

Email: segretaria@federginnastica.it

President: Mr. Andrea FACCI

Secretary General: Mr Domenico Drago

1.3. Management of the Competition

Technical Delegates of FIG: Maria PETROVA

Competition Manager: Maria Cristina CASENTINI

2. TECHNICAL MILESTONES

Date	DEADLINE FOR:
1 March	Opening of on-line Accreditation and Sport Entries on-line system
16 March	Official Communication by ICMG and OCMG to the NOCs and upload to the Games GMS platform of all Taranto 2026 Operations Guides and Manuals
26-30 March	CoCom Visit to Taranto – CoCom + OCMG Meeting on the 27 th March 2026
27-30 March	CdM Seminar
28 March	Joint Meeting ICMG CoCom - IFs Technical Delegates - OCMG Sport Department
30 March	Deadline for the Entries by Number and by Event (preliminary entries)
	Settlement of the guarantee deposit for team sports

Date	DEADLINE FOR:
23 April at 23:59	Deadline for the Preliminary Entries by name of athletes and officials (Long List)
	Deadline for provisional Arrivals & Departures Forms
27-28-29-30 May	ICMG CoCom and SPC visit
29 May (Taranto)	Draw of team groups of all team sports, in the presence of a representative of the relevant IFs, (open to Chefs de Mission)
	Meeting for the eventual suppression of events without sufficient number of entries and publication of the Final Sport Programme
	Updating of the Daily Competition Schedule
	Deadline for the accreditation of VIPs and Dignitaries
15 June	Opening of the Entries by Name (SEQ – Short List)
30 June (tbc)	CoCom visit & ICMG ExCo meeting
Tuesday 14 July at 23:59	- Deadline for the Entries by Name (Short List) - Deadline for final Arrivals & Departures Forms (ADS)
15 July	Deadline for confirmation of Arrivals & Departure Forms (ADS)
	Opening of the Late Athlete Replacement procedure (LAR)
	Opening of the D.DRM for the NOCs (on-line)
15-17 August	End of F.DRM
18 August	Opening of the Mediterranean Village and beginning of the trainings
18-19 August (tbc)	ICMG meetings / ExCo meeting
20 August	ICMG General Assembly
21 August	Opening Ceremony of the Taranto 2026 Mediterranean Games
3 September	Closing Ceremony of the Taranto 2026 Mediterranean Games
5 September	Closing of the Mediterranean Village
Note: *CoCom visits are subject to future scheduling	

3. THE COMPETITION OF RHYTHMIC GYMNASTICS

3.1. Program

The competition of Rhythmic Gymnastics at the XX Mediterranean Games Taranto 2026 will be as follows:

QUOTAS PER NOC			MEN'S EVENTS	WOMEN'S EVENTS	MIXED EVENTS
M	W	T			
	2	2	0	1	0

EVENTS
Women
Individual all-Around

3.2. Dates and Venue

The Rhythmic Gymnastics competition will take place on **Tuesday 25 and Wednesday 26 August 2026**, at the following venue:

Competition Training venue	Distance from Village	Capacity	Municipality
Palacampitelli	20.3 Km	900	Grottaglie

4. RULES OF THE COMPETITION

4.1. Conditions for running the competition

The competition of Rhythmic Gymnastics will take place if a minimum of six (6) countries with a minimum of sixteen (16) athletes are entered, by 23:59 (Italian time) on **Thursday 23 April 2026**.

4.2. Cancellation of Events

According to the number of confirmed entries, the President of the ICMG Sports Programme Commission (SPC) together with one (1) or two (2) members of the said Commission, appointed by the ICMG President and in the presence of the OGMG Taranto 2026 Sports Director, will decide on Friday 29 May 2026 on the staging or not of the Competition.

Once the event has been confirmed, it will be held and the corresponding medals and diplomas will be distributed, regardless of the number of participants.

The OCMG Taranto 2026 will inform immediately all the National Olympic Committees (NOCs) of the staging of the competition or not, depending on the number of Teams entered.

5. TECHNICAL ORGANIZATION

The FGI, under the supervision of FIG Technical Delegate, is responsible for the technical organization and for the development of the Rhythmic Gymnastics Competition during the XX Mediterranean Games Taranto 2026.

RULES AND REGULATIONS

The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:

- Statutes
- Code of Discipline
- Technical Regulations
- Code of Ethics
- Code of Conduct
- License Rules
- Code of discipline
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules for Artistic Gymnastics
- Medical Organization of the Official FIG Competitions
- Anti-Doping Rules
- Framework for safeguarding athletes and other participants from harassment and abuse in sport during events

5.1. Special procedures for the development of the Competition

Any issue that may arise prior or during the events will be resolved by Competition Management, as per ICMG and FIG rules, in force on 1 January 2026, unless the ICMG exceptionally authorizes otherwise.

Specific arrangements for the organisation of the Rhythmic Gymnastics competition will be made according to the number of participants.

Participants in the rhythmic gymnastics' competition at the XX Mediterranean Games Taranto 2026 will compete in the individual all-around competition (competition I).

A draw will be held to determine the order of participation in the competition, in accordance with FIG regulations.

For the first phase of the competition, gymnasts will perform two (2) exercises in the morning and two (2) exercises in the afternoon. Each exercise will be performed with a different apparatus, hoop, ball, clubs, and ribbon, depending on the draw (competition I).

The top ten (10) gymnasts ranked on the first day will advance to the final phase of the competition (competition II). The next two (2) will be reserves in case of withdrawal of a qualified gymnast.

A maximum of two (2) gymnasts per country may qualify for the final phase of the rhythmic gymnastics competition at the XX Mediterranean Games Taranto 2026.

For the final phase of the competition, gymnasts will perform four (4) routines, each with a different apparatus. The final ranking will be calculated based on the sum of the points for each routine.

5.2. Drawing of the lots

The draw to determine the order of appearance of the gymnasts will take place on Monday 24 August, during the technical meeting and in the presence of representatives from the registered teams.

6. COMPETITION SCHEDULE

The competition of Rhythmic Gymnastics at the XX Mediterranean Games Taranto 2026 will take place according to the following schedule:

Tuesday August 25 2026	
Hours	Women
10:00 a.m. - 01:00 p.m.	Individual All-around 1st subdivision - Hoop and Ball
03:00 p.m. - 06:00 p.m.	Individual All-around 2nd subdivision - Clubs and Ribbon

Wednesday, August 26, 2026	
Hours	Women
03:00 p.m. - 05:00 p.m.	Final Individual All - around

6.1. Technical Offices

Two offices will provide specific Rhythmic Gymnastics on the Rhythmic Gymnastics Tournament:

- Technical Information Center (TIC) of Rhythmic Gymnastics, at the Competition Venue.
- Sport Information Center (SIC) at the Mediterranean Village.

These offices will provide information on the schedule of the competition and training sessions, transport, list of players and results.

7. COMPETITION VENUE

7.1. Competition Area

The competition area will measure 50m x 30m. It will be divided into a competition area, where the main mat will be located and a warm-up area equipped with mats approved by FIG.

7.2. Warm-up area

Pre-competition warm-ups will be carried out in the same competition venue, as per FIG's rules.

7.3. Changing rooms

Athletes will have changing rooms equipped with showers and toilets.

7.4. Athletes' Lounge

Athletes will have at their disposal a lounge with water, energizing drinks and fruits.

7.5. Mixed zone

In the mixed zone, accredited media will be allowed brief interviews with participants who have finished their competition. Athletes must pass through this zone to leave the competition area and will be asked to cooperate willingly in answering journalists' questions. At the request of the journalists, an official of the OCMG may invite the athletes to go into the mixed zone to answer their questions.

Accredited media will have access to a press tribune.

7.6. Sport Equipment

All sport and technical equipment used during Rhythmic Gymnastics competitions and trainings will comply with FIG rules **in force on 1 January 2026**, unless the ICMG exceptionally authorizes otherwise.

8. TRAINING SESSIONS

8.1. Training Venues

Training sessions for Rhythmic Gymnastics at the XX Mediterranean Games Taranto 2026 will be held at the following venues:

Competition Training venue	Distance from Village	Capacity	Municipality
Palacampitelli Tension Structure	20.3 Km	900	GROTTAGLIE

8.2. Calendar and Schedules for Training Sessions

Trainings will follow the schedule below:

Date	Venue	Time
22nd-24th August 2026	PALACAMPITELLI TENSION STRUCTURE	8:00 a.m.-8:00 p.m.
25th-26th August 2026	PALACAMPITELLI TENSION STRUCTURE	According to Competition schedule
22nd-26th August 2026	PALACAMPITELLI	According to the Competition Schedule

8.3. Services available at Training Venues

8.3.1. Changing Rooms

Athletes will have separate changing rooms for men and women, equipped with showers, toilets and scales.

8.3.2. Athletes' Lounge

At the training venues, athletes will have at their disposal a lounge with water, energizing drinks and fruits.

8.4. Media during training sessions

Training sessions will be opened to the media but not to the public. The Competition Manager will be authorized to change this rule when and if he deems it necessary.

8.5. Procedure for the scheduling of training sessions

NOCs will receive the planning of the training sessions during the second half of July. They will have to confirm that they will make use of their allocated sessions during the DRM.

8.5.1. Before the Competition

As a rule, Competition Management will put the relevant Venues at the Athletes' disposal for one daily session, two (2) days before the beginning of the competition, on Sunday 23 August 2026.

If they have requested it during the DRM and following the procedure, Delegations will be able to use these Venues for training purposes, five (5) days before the beginning of the competition, from Thursday 20 August 2026. Training sessions will have a duration of one hour and a half (1:30).

8.5.2. During the Competition

The Competition Management will assign a daily training session of one hour and a half (1:30).

During the Technical Meeting, the Organizing Committee will deliver the Training Schedule during competition. Each NOC will then be able to inform of its specific training needs; these will be assessed to be included in the training schedule during the competition.

All NOCs will have to confirm they will use their allocated training session, by 17:00 the day prior to the training is due; should they fail to do so, the relevant session will be made available for the other NOCs. They may also request, before 17:00, an additional training session, which may be allocated to them, from 20:00 the same day, subject to availability at the Venues.

Upon their arrival, Teams will receive all relevant information on the training sessions, both at the SIC and at the TIC for Rhythmic Gymnastics.

9. PARTICIPATION

All NOCs members of the ICMG, whose National Federation is a member Association of FIG, are entitled to participate in the Rhythmic Gymnastics Tournament of the XX Mediterranean Games Taranto 2026.

Athletes taking part in the competition must have the nationality of the country they represent and abide by the Conditions and Rules of ICMG and FIG.

Each NOC may take part in the Rhythmic Gymnastics competition with a maximum of two (2) gymnasts.

To participate in the competition, competitors must be aged at least fifteen (15) in 2026.

9.1. Entries

9.1.1. General Principles

The XX Mediterranean Games Taranto 2026 are open to all the Athletes of the NOCs of the Mediterranean countries' members of the ICMG, as indicated in the Rules of the ICMG Charter and of the IOC.

All Athletes taking part in the Games must be citizens of the country they represent, in accordance with the IOC Rules.

9.1.2. Procedures

The registration process is linked to the general system of Accreditations. The OCMG Taranto 2026 entry system is an e-accreditation portal accessible through the official website of the Games: www.ta2026.com.

Each Delegation will have its own username and password to have access to this e-accreditation portal available in both French and English.

The portal will allow users to print a list of sport entries which, once signed, will have to be sent back, within the deadlines indicated below, to the OCMG Taranto 2026: entries@ta2026.com.

9.1.3. Entries by Number

The list of entries by number of participants for each NOC and event will have to be submitted through the e-accreditation portal, **by 23:59 (Italian time) on Monday 30 March 2026**.

9.1.4. Preliminary Entries by Name (Long list)

The list of preliminary entries of participants by names, by NOC and event, will have to be submitted via the e-accreditation portal, **by 23:59 (Italian time) on Thursday 23 April 2026**.

9.1.5. Final Entries by Name (Short list)

The NOC of each participating country will have to submit to the OCMG Taranto 2026, through the e-accreditation portal, the form with the final entries of their participants by name, five (5) weeks before the beginning of the Games, on **Tuesday 14 July 2026 (by 23:59, Italian time)**.

9.1.6. Confirmation of Entries

Confirmation of entries will take place during the DRM and any eventual modification that could be acceptable will be presented to the SIC and confirmed at a later stage, during the Technical Meeting.

Specific forms for the confirmation of entries will be distributed in advance to the Chef of Mission of each NOC.

9.2. Technical Meeting

The Technical Meeting will take place on Monday 24 August 2026, at 11:00, at the competition venue.

The meeting will be held in accordance with FIG Rules and chaired by FIG Technical Delegate. The following people must be in attendance:

- FIG Technical Delegate
- One member of the ICMG SPC Commission
- The Team Managers (one per country)
- The Coaches (one per team)
- The Team Doctors (one per team)
- The OCMG Taranto 2026 Competition Manager for Rhythmic Gymnastics

10. MEDICAL SERVICES

10.1. Medical Services at the Village and on the Competition Venues

During the XX Mediterranean Games Taranto 2026, medical services will be available to any accredited Athlete or Official who might need them, both at the Mediterranean Village and on the competition venues.

10.2. Mediterranean Village

The Polyclinic at the Village will provide the residents with the following services:

- Sport medicine
- Physiotherapy
- First Aid
- Emergency services 24/24h
- A fleet of ambulances will link the Polyclinic and the main Hospitals, should additional care be needed.

10.3. Competition Venues

During the events, all competition venues will provide the Athletes with the following services:

- Medical services
- Ambulance services
- Coolers filled with ice will be available for the Delegations at all Sport Venues.

10.4. Anti-Doping Control

Doping controls will be carried out during the competition or out of competition, under the responsibility of the International Testing Agency (ITA) and with the collaboration of the Italian National Anti-Doping Agency (NADO Italy), in accordance with the rules of the ICMG, the IF and the World Anti-Doping Code. All competitors who undergo a control will receive written notification. The official procedure for the collection of samples will subsequently start, in accordance with the official deadlines and Regulations.

Any Athlete who refuses to submit to doping control, or who is declared positive after the test, will be disqualified from the competition and will be sanctioned along with his/her Team, in accordance with the ICMG and FIG Regulations.

11. REFEREES and JUDGES

11.1. Panel Composition

11.1.1. Superior Jury

See FIG *Technical Regulations* (Section 1 and Section 3).

The judges' duties will be defined in accordance with FIG technical regulations and the FIG COP.

Each NF may present one or two qualified judges with a valid international brevet for each category (Individual) in which they have competitors.

The selection of judges is made by draw:

- For the 1st positions per Jury (starting from D, A, E), priority is given to the judges with the highest category.
- D Judges are drawn among the judges with cat. 1 or 2
- Reserve Judges are drawn among the judges cat. 1 or 2
- A, E, Time & Line Judges are drawn among the remaining judges cat. 1, 2 or 3.
- Judges are drawn during the judges' briefing before the beginning of each phase of competition.

In Apparatus Finals, only judges whose NFs do not have competitors, nor a No 1 reserve gymnast taking part, may be called upon to judge.

If there are insufficient judges, the TC decides the process for designating the necessary number of judges.

11.1.2. Composition of the panel of judges

Difficulty Jury (D): 4 judges, divided into 2 subgroups:

- Subgroup 1 (**D**): 2 judges (**DB1, DB2**) work independently, submit their individual scores, and then submit a **common DB score**.
- Subgroup 2 (**D**): 2 judges (**DA1, DA2**) work independently, submit their individual scores, and then submit a **common DA score**.

Artistry Jury (A): 4 judges (A1, A2, A3, A4)

Execution Jury (E): 4 judges (E1, E2, E3, E4)

Minimum standards for the judges' panel for the different groups of FIG registered competitions: See *General Judges Rules*, Art. 11

Each NOC participating in the competition must register minimum one (1) or two (2) maximum judges qualified judge with a valid international brevet. If the number of judges appointed by the NOCs is insufficient, FIG, in agreement with FIG technical delegate, will appoint the international category judges necessary for the smooth running of the competition, in accordance with FIG rules.

11.2. Information meeting for Judges

Before officiating, the judges will participate in an information meeting held under the supervision of FIG Technical Delegate, in one of the rooms of the competition venue.

The following issues will be determined during this meeting:

- Composition of each jury;
- A uniform method of applying regulations;
- Conditions allowing for the correct conduct of the competition.

11.3. Jury of Appeal

In accordance with the technical event regulations of each sport at the XX Mediterranean Games Taranto 2026, international juries of appeal will be formed. They will be responsible for ruling on formal protests and appeals. In the event that the Technical Delegate is not the Chairman of the Jury of Appeal, the FIG will, through its Technical Delegate, designate the Chairman of the appropriately composed Jury of Appeal.

Unless special dispensation is granted by the FIG, a Jury of Appeal will be composed of one (1) Chairman and two (2) members selected from a list of six (6) suitably qualified representatives of the participating countries

The list will be communicated by the Technical Delegate during the Technical Meeting.

11.4. Score Inquiries

See FIG *Technical Regulations*, Section 1, Art. 8.5.

Claims will be ruled following FIG rules. Any claim can be raised by the relevant NOC, in written, in French or in English, accompanied by a cash deposit which amount is established by FIG rules.

All claims will be addressed to the TIC for Rhythmic Gymnastics who will forward them to the Secretariat of the Jury of Appeal and to the ICMG SPC.

The deposit will only be refunded if the claim is successful.

12. SPORT CLOTHING

Participants at the Rhythmic Gymnastics competition of the XX Mediterranean Games Taranto 2026 will wear a sport uniform in accordance with FIG and ICMG Regulations.

Athletes' sport clothing and equipment will bear no commercial brand. As an exception, the brand name of the manufacturer of the clothing or the equipment will be tolerated if it is discreet and does not have any advertisement purpose, in accordance to the ICMG and FIG rules.

The same rule will apply for the **Medal Ceremonies** regarding sport clothing and advertising. Athletes will step on the podium with the official clothing of their respective NOC.

13. MEDAL CEREMONIES

The Medal Ceremonies, as per the ICMG and the FIG Rules, will take place at the end of each competition.

A diploma will be distributed to the Gymnasts classified fourth to eight in each event.

14. APPROVAL OF THE REGULATIONS

In case of disagreement on the interpretation of these Regulations with any other related version, the French version will take precedence.

This Technical Manual was approved by the ICMG.



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