



West Asian
Gymnastics
Zone

West Asia Artistic Gymnastics Championship
4–8 November 2026
Amman- JORDAN



DIRECTIVES

Event ID: 18693

The West Asia Gymnastics Union, in cooperation with the Jordan Gymnastics Federation, is pleased to invite your federation to participate in the **West Asia Artistic Gymnastics Championship for Men and Women**, to be held in Amman, Jordan, from **4–8 November 2026**.

HOST FEDERATION	Jordan gymnastics federation
HOST FEDERATION	Eng. Saleh Al-Ghuwairi, Secretary General Tel: +962 79 881 8515
LOCAL ORGANIZING COMMITTEE	Jordan gymnastics federation Princess Rahma Gymnastics Center Sports City, Gate No. 4, Amman, Jordan Contact person: Mr.mohammad Al Akhdar Tel: +962796664072 E-mail: jorgymnastics@gmail.com
VENUE	Prince Rashed hall Gate 4, sport city, Amman, Jordan
DATE	4–8 November 2026
APPARATUS	Please refer to the attached apparatus list
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • License rules • Policy and Procedures for Safeguarding and Protecting Participants in gymnastics • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • Medical Organization of FIG Competitions and Events • Media Guidelines • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Rules for Advertising and Publicity • Rules for Awards Ceremonies • Accreditation Rules <i>and subsequent decisions of the FIG Executive Committee</i>

FEDERATIONS INVITED	The Organizing Member Federation will invite all Member Federations according to the following principles: West Asia federations with good standing.
AGE LIMITS	Junior: as per FIG Technical Regulations MAG & WAG WAG Youth program: please see additional information. <u>Note for MAG:</u> 18-year-old gymnasts will compete as junior prior to their first competition in 2026 All gymnasts must have a valid FIG licence until the end of the event.
JUDGES AND JURIES	• Competitions will be judged by FIG-certified judges. • Each participating federation must bring at least one judge. • Federations not providing a judge will be fined USD 500. All judges must have a current valid FIG brevet at the time of the event, for the respective discipline.
ENTRY FEES	Delegations who will Book their Accommodation through LOC: 50 USD per gymnast. Delegations who will Not Book their Accommodation through LOC: 100 USD per gymnast.
ACCREDITATION	Each federation will be taken to the accreditation desk upon arrival. In order to accelerate the accreditation procedure, please send to the Local organizing committee by email: jorgymnastics@gmail.com a photo of each delegation member together with the Nominative registration. The LOC will be checking the validity of the gymnast's licenses. During the accreditation the Head of Delegation must present the following: • All passports /FIG license/Medical insurance of the registered gymnasts. • Competitor's Music 2 CD Copy or USB. • Proof for full payment of the costs due to the LOC. • Transport – Departure. • License of the gymnast. • Accreditation must be worn by all coaches and officials at all the times as it identifies where access is permitted at the venue. In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.
Competition Director	Ms. Shatha Bandak Tel: +962 77 622 0593
Competition Coordinator	Mr. Mohammad Al Akhdar Tel: +962 79 666 4072
Competition Categories and Technical Regulations	Women's Artistic Gymnastics (WAG) 1. Pre-Youth Category (Born in 2015 & 2016) • One-day competition. • Team, All-Around, and Apparatus competitions. • All-Around and Apparatus awards will be for both age group. • Maximum of 5 gymnasts for both age group per federation. • Team results will be calculated from the best 3 scores on each apparatus across both age groups. 2. Youth Category Born in 2014 WAG FIG Youth Rules and Regulations – Age Category 12 Years. Born in 2013 WAG FIG Youth Rules and Regulations – Age Category 13 Years. • Team, All-Around, and Apparatus competitions.

	- All-Around and Apparatus awards will be presented separately for each age category. - Maximum of 5 gymnasts per age group per federation. - Team results will be calculated from the best 3 scores on each apparatus across both age groups. 3. Junior Category (Born in 2011 & 2012) - Technical regulations according to the FIG Junior WAG Code of Points. - Team format: 4-3-2 - Up to 4 gymnasts registered. 3 compete on each apparatus. - Best 2 scores count on each apparatus. - Maximum of 2 gymnasts per federation may qualify to each apparatus final. - Registration must be completed through the FIG system. Men's Artistic Gymnastics (MAG) 1. Pre-Junior Category (Born in 2012, 2013 & 2014) - Qualification, Team, All-Around, and Apparatus competitions. - On each apparatus, gymnasts must perform any three special requirements according to the FIG Code of Points. - Best five elements plus dismount are counted. Dismount Requirements: A = 0.3 B = 0.5 - All-Around and Apparatus awards will be presented separately for each age group. - Maximum of 5 gymnasts per age group per federation. - Team results will be calculated from the best 3 scores on each apparatus across all three age groups. 2. Junior Category (Born in 2008, 2009, 2010 & 2011) Technical regulations according to the FIG Junior MAG Code of Points. - Team format: 5-4-3 - Maximum of 5 gymnasts registered. 4 compete. - Best 3 scores count on each apparatus. - Maximum of 2 gymnasts per federation may qualify to each apparatus final. - Registration must be completed through the FIG system. - Athletes born in 2008 must be registered with FIG in the Junior category.
Participation Fee	USD 50 per gymnast
Provisional Schedule	4 November 2026 Arrival of delegations. 5 November 2026 Official training. 6 November 2026 Qualification competitions for Men and Women 7 November 2026 Apparatus Finals for Men and Women 8 November 2026 Departure of delegations.
ACCOMMODATION	 AMMAN PARADISE HOTEL - +9626 4011770 http://paradisehotel.com The costs per person/night in this hotel are as follows: 120 USD (single room p/p, including full Board) 100 USD (double room p/p, including Full board)

	90 USD (Triple room p/p, including Full board)
Ticket Price	• 5 JD for adults • 3 JD for children under 12 years
Transportation	The Organizing committee will provide transportation from Queen Alia international Airport to Hotel for the delegation booked their accommodation through the LOC. Also, transportation between hotel, training, warm up and competition venue will be provided by LOC at specific times. • If the delegation wishes to use a private bus, the cost will be \$150 per day.
Medical Services and Insurance	• Each participating federation must provide health insurance for all delegation members. • The organizing committee will provide medical staff through the Jordan Civil Defense.
Visa Information	Federations requiring an entry visa to the Hashemite Kingdom of Jordan are requested to complete the visa application form and send it to: jorgymnastics@gmail.com
INSURANCE	The Host Federation, the LOC and World Gymnastics will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences. In accordance with the FIG technical regulations, all participating federations are responsible for ensuring that all delegation members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay. It is mandatory that delegation members are covered by basic insurance (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the FIG IMSSA subsidiary insurance. For detailed information regarding the FIG IMSSA insurance for athletes and judges, please refer to:  https://www.gymnastics.sport/site/pages/medical-insurance.php The LOC will verify insurance coverage upon arrival. Each Delegation must present either a cover note or a photocopy of the valid insurance policy. The policy must be valid starting from the day of arrival and must remain valid for the entire duration of the stay. If a Federation cannot provide proof of valid insurance, the LOC will offer insurance coverage at the Federation's own expense, at a cost of: 50 USD per person.
SAFEGUARDING	From the official day of arrival until the official day of departure, all participants — including gymnasts, coaches, judges, and other Delegation Members — will have the possibility to contact the LOC Safeguarding Officer by phone or email in case of: • Harassment • Abuse of any kind • Any situation where they feel uncomfortable or unsafe The contact information for the LOC Safeguarding Officer will be provided to all Delegations upon arrival on site. As part of the FIG's commitment to athlete welfare and youth protection, posters of the "10 Golden Rules of Gymnastics", part of the FIG's awareness campaign, must be clearly displayed in several key areas, including: • Training Halls • Warm-Up Areas • Public Zones

	These measures are in place to ensure a safe, respectful, and supportive environment for all participants throughout the event.													
BANK ACCOUNT INFORMATION	Beneficiary: Jordan Gymnastics Federation • Bank: The Housing Bank For Trade and Finance • Bank Address: Sport City Branch, Amman, Jordan • Bank Account: 0020411600101001 • IBAN: JO89HBHO0160000020411600101001 • SWIFT/BIC: HBHOJOAXXXX Each participating member Federation is kindly requested to integrate the payment's purpose as follows: "YOUR COUNTRY" West Asia championship. • The participating federation is responsible for covering all bank fees in connection with the bank transfers.													
DEADLINES SUMMEAR	<table><tr><td>Definitive registration</td><td>15/8/2026</td></tr><tr><td>Nominative Registration</td><td>15/9/2026</td></tr><tr><td>Visa request form</td><td>15/9/2026</td></tr><tr><td>Accommodation Form</td><td>15/9/2026</td></tr><tr><td>Travel Schedule Form</td><td>15/10/2026</td></tr><tr><td>Payment of the Accommodation Costs</td><td>15/10/2026</td></tr></table>		Definitive registration	15/8/2026	Nominative Registration	15/9/2026	Visa request form	15/9/2026	Accommodation Form	15/9/2026	Travel Schedule Form	15/10/2026	Payment of the Accommodation Costs	15/10/2026
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Sincerely
Amman 05/08/2026

Eng. Saleh Al-Ghuwairi

Secretary General
West Asia Gymnastics Union

*West Asian
Gymnastics
Zone*



AGE CATEGORY – 12 YEARS				
A = 0.10 B = 0.20 C = 0.30 D = 0.40 E & higher = 0.40	Elements will be given Difficulty Value per FIG Cycle 16 Code of Points 2025-2028 Rules and Regulations are as FIG Cycle 16 Code of Points, unless stated otherwise FIG Execution penalties will be applied BARS/BEAM/FLOOR – 7 highest elements including dismount BEAM/FLOOR – 3 acrobatic [min] + 3 dance [min] and 1 optional element			
	Vault	Bars	Beam	Floor
Apparatus	Vault table at 120cm • FIG landing mats	FIG Bars regulations with: • FIG landing mats	FIG Beam regulations with: • FIG landing mats	FIG Floor regulations
Requirements	Best score of 2 vaults performed Any FIG vaults from the CoP Note: Gymnast may perform only 1 vault Q to and VT Final: 2 different vaults (same or different groups) Average of the 2 vaults 0.20 bonus for a vault with a salto	1 x close bar circle elements to 30° 0.10 bonus if in handstand - Another close bar circle element to 30° 0.10 bonus if in handstand 1 x cast to handstand to 30° 0.10 bonus if in handstand 1 x giant (bwd or fwd) Dismount must be included in counting elements 0.10 bonus for dismount with salto	- Connection of minimum 2 different dance elements <i>To include 1 leap or jump with 180° split (cross or side) or straddle position</i> - Minimum 1/1 (360°) pirouette - Acrobatic series with [min] 1 flight element performed on the beam 0.10 bonus for 2 flight elements - Acro elements in different directions [fwd/swd & bwd] Dismount must be included in counting elements	- Dance passage of minimum 2 different leaps or hops <i>To include 1 leap or hop with 180° split (cross or side) or straddle position</i> - Stretched salto - forward or backward in an acro line with or without twist 0.10 bonus for 360° LA twist - Salto bwd and salto fwd (no aerials) in the same or different acro line - Any 'B' pirouette Dismount must be included in counting elements

AGE CATEGORY – 13 YEARS				
A = 0.10 B = 0.20 C = 0.30 D = 0.40 E & higher = 0.40	Elements will be given Difficulty Value per FIG Cycle 16 Code of Points 2025-2028 Rules and Regulations are as FIG Cycle 16 Code of Points, unless stated otherwise FIG Execution penalties will be applied BARS/BEAM/FLOOR – 7 highest elements including dismount BEAM/FLOOR – 3 acrobatic [min] + 3 dance [min] and 1 optional element			
	Vault	Bars	Beam	Floor
Apparatus	Vault table at 120cm • FIG landing mats	FIG Bars regulations with: • FIG landing mats	FIG Beam regulations with: • FIG landing mats	FIG Floor regulations
Requirements	Best score of 2 vaults performed Any FIG vaults from the CoP Note: Gymnast may perform only 1 vault Q to and VT Final: 2 different vaults (same or different groups) Average of the 2 vaults 0.20 bonus for a vault with a salto	Gymnasts must perform 4 out of 6 requirements (max 2.00 P.) 1 x close bar circle element to handstand - Another close bar circle element to 30° 0.10 bonus if in handstand 1 x cast to handstand 1 x giant (bwd or fwd) - Non flight element with 360° - Flight element (HB to LB /LB to HB / Same Bar) Dismount must be included in counting elements 0.10 bonus for dismount with salto	- Connection of minimum 2 different dance elements <i>To include 1 leap or jump with 180° split (cross or side) or straddle position</i> - Minimum 1/1 (360°) pirouette - Acrobatic series with [min] 2 flight elements performed on the beam 0.10 bonus if 1 is a salto - Acro elements in different directions [fwd/swd & bwd] Dismount must be included in counting elements	- Dance passage of minimum 2 different leaps or hops <i>To include 1 leap or hop with 180° split (cross or side) or straddle position</i> - Stretched salto with 360° LA twist - forward or backward in an acro line 0.10 bonus for 720° LA twist - Salto bwd and salto fwd (no aerials) in the same or different acro line - Any 'B' pirouette Dismount must be included in counting elements

A= 0.10 B= 0.20 C= 0.30 Max C value (higher values will be counted as C value)		AGE CATEGORY – WAG Pre-Youth		
Apparatus	Vault	Bars	Beam	Floor
	- Vault table from 110 to 120cm - FIG landing mats.	6 elements Max C value - FIG Bars regulation - FIG landing mats.	6 elements Max C value - FIG Beam regulation - FIG landing mats.	6 elements Max C value - FIG Floor regulation
Requirements	Best score of 2 vaults Performed. Any FIG vaults from the CoP. Note: Gymnast may perform Only 1 vault. Q to and VT final: 2 different vaults (same or different groups) Average of the 2 vaults.	1. 1 x close bar circle elements to 30°. 0.1 Bonus if in handstand 2. Another close bar elements to 30°. 3. 1 x cast to handstand to 30°. 0.1 Bonus if in handstand 4. 1 x giant (bwd or fwd) Dismount must be included in counting elements 0.1 bonus for dismount with Salto Choose 3 requirements 0.3 bonus for transition from lower to higher bar (any FIG element) No deduction in case of transition from lower to higher bar without an element in the FIG Code	1. Connection of minimum 2 different dance elements to include 1 leap or jump with 180° split (cross or side) or straddle position. 2. Minimum 1/1 (360°) pirouette. 3. 2 Acrobatic elements with hand support, minimum 1 flight with hand support performed on the beam. 4. Acro elements in different direction (fwd/swd and bwd) Dismount must be included in counting elements. Choose 3 requirements. 0.3 bonus for any Salto element or arial on the beam (without hands) Artistry deduction: 1. Artistry movement that touches the beam with more than one part of the body. (0.1) 2. Side element ABC (0.1) 3. Amplitude (0.1) 4. More than two half turns on releve two feet. (0.1)	1. Dance passage of Minimum 2 different leaps or hopes to include 1 leap or hop with 180° split (cross or side) or straddle position 2. Stretched Salto - fwd or bwd. in an acro line (with or without twist) 3. Salto bwd and Salto fwd (no aerials) in the same or different acro line 4. Any (8) pirouette Dismount must be included in counting elements. Choose 3 requirements. 0.3 bonus for twist (360°) Artistry deduction: 1. Moves connected to music. (0.1) 2. Creativity. (0.1) 3. Move touching the floor (0.1) 4. (ending pose) synchronized with the music. (0.1)