



**9th Mediterranean
Aerobic & Rhythmic Championships
Budva, Montenegro (MNE)
08-10 December 2026**



DIRECTIVES

Event ID: 18642

Dear COMEGYM affiliated Member Federation,
The Gymnastics Federation of Montenegro has the pleasure to invite your Federation to participate in the 9th COMEGYM Aerobic & Rhythmic Championships

DISCIPLINE	Aerobic Gymnastics Rhythmic Gymnastics
HOST FEDERATION	Montenegro Gymnastics Federation Contact person: Ms. Milica Djukic Full address: Rozino 14, 85310 Budva Phone number: +382 68 605 005 email: gimnastickisavezcq@gmail.com
LOCATION	Budva, Montenegro
DATE	From 08 to 10 December 2026
VENUE	    Mediterranean Sports Center (MSC) - One warm-up floor (14x14) - Dressing area - Ballet Bars - Space for general warm-up and stretching - Iron and iron tab Venue capacity: Address: Filipa Kovačevića st.bb 85310 Budva, Montenegro Equipment: 1 Competiton floor (14x14)

APPARATUS SUPPLIER	Please refer to the published apparatus lists.																																											
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges’ Rules • Specific Judges’ Rules • Anti-Doping Rules • License rules (except for non-competitive events) • Policy and Procedures for Safeguarding and Protecting Participants in gymnastics • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • FIG Medical Guidelines for Competitions • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <i>and subsequent decisions of the FIG Executive Committee</i>																																											
FEDERATIONS INVITED	FIG and affiliated COMEGYM federations in good standing																																											
AGE LIMITS	RG: Junior: as per FIG Technical regulations AER: Junior: as per FIG Technical regulations AER Youth: as per FIG technical regulations All gymnasts must have a valid FIG license until the end of the event.																																											
DELEGATION SIZE	PARTICIPATION The maximum size of the invited delegation is as follows: <table><tr><th rowspan="2">Delegation Member</th><th colspan="2">RG</th><th colspan="2">AER</th></tr><tr><th>Junior</th><th>Pre-Junior</th><th>Junior</th><th>Youth</th></tr><tr><td>Head of Delegation</td><td colspan="4">1</td></tr><tr><td>Team Manager</td><td colspan="2">1</td><td colspan="2">1</td></tr><tr><td>Coach</td><td>1</td><td>1</td><td>1</td><td>1</td></tr><tr><td>Gymnast</td><td>2-4</td><td>2-4</td><td>1-6</td><td>1-6</td></tr><tr><td>Doctor/Paramedical</td><td colspan="4">2</td></tr><tr><td>Judges</td><td>1</td><td>1</td><td>1</td><td>1</td></tr></table>					Delegation Member	RG		AER		Junior	Pre-Junior	Junior	Youth	Head of Delegation	1				Team Manager	1		1		Coach	1	1	1	1	Gymnast	2-4	2-4	1-6	1-6	Doctor/Paramedical	2				Judges	1	1	1	1
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JUDGES AND JURIES	The number of judges’ panels may be decided by the organizing member federation depending on the number of participating competitors and judges. Each participating federation must provide minimum one judge. All judges must have a current valid FIG brevet at the time of the event, for the respective discipline.																																											
REGISTRATION DEADLINES	Definitive registration:		18.10.2026																																									
	Nominative registration		08.11.2026																																									

ENTRY FEES	<u>COMPETITION ENTRY FEE:</u> The invited participating federations must pay the entry fee at the time of the definitive registration which is October 18th 2026, as follows: The entry fee for this event will be: 30 euro per gymnast The entry fee is non-refundable and payable to the COMEGYM. <u>ANNUAL COMEGYM AFFILIATION FEE:</u> Federations that have not yet paid their annual affiliation fee for 2025 to the COMEGYM must also make payment to the COMEGYM before they will be allowed to participate in the competition, as follows: Banking Details for COMEGYM Affiliation Fees and Entry Fees: C.D.G. 2243457 Nominativo COMEGYM Tipo CDG AE Filiale: 00044 AGENZIA DI RIPOSTO Categoria: 330 CONTI CORRENTI CLIENTI Numero Rapporto: 1285906 Coordinate Bancarie Nazionali (BBAN) :U 05036 84170 CC0441285906 Coordinate Bancarie Internazionali (IBAN): IT48U 05036 84170 CC0441285906 SWIFT CODE: POPRIT31044 Reference Code: Country Code_COMEGYM+EntryAER&RG2026 Example: MNE_COMEGYM+EntryAER&RG2026
ACCREDITATION	Participating delegation members as well as FIG, COMEGYM representatives, judges and officials must send electronic ID color high resolution photographs and electronic color copy of passports, to the LOC via email within the deadline set for the nominative registration of November 08th, 2026. Gymnasts' names / ages / nationality will be verified with a passport check at accreditation. The UAG will check the validity of the gymnast's license. In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.
EVENT FORMAT	RGI: Qualifications, Teams competitions, Apparatus Finals. Junior: 2-4 gymnasts per NF - The gymnasts of NF present maximum 8 exercises with the apparatus according to the FIG programme for the respective year - All gymnast may participate in 1-4 exercises Apparatus finals: - Competition of the best 8 individual gymnasts per apparatus of the qualifying competition Maximum 1 per NF - Team ranking: the best 4 scores per apparatus from the qualifying competition AER: Qualifications, Teams ranking (according to qualifications), Finals. AER Junior: - Each federation can take part with: • IM-IW: 1 – 4 Units per NF • MP-TR: 2 Units per NF • GR: 1 unit per NF - Each gymnast can compete in the maximum of 3 categories (IM, IW, MP, TR, GR) - The top 8 finalists from qualification in each category, will qualify for the final but a maximum of 1 unit per NF - Team ranking: the best 4 scores per category from qualifying competition AER Youth:

	- Each federation can take part with: • IM-IW: 1 – 4 Units per NF • MP-TR: 2 Units per NF • GR: 1 unit per NF - Each gymnast can compete in the maximum of 3 categories (IM, IW, MP, TR, GR) - The top 8 finalists from qualification in each category, will qualify for the final but a maximum of 1 unit per NF - Team ranking: the best 4 scores per category from qualifying competition		
PROVISIONAL SCHEDULE	Sunday	06 December 2026	Arrival of delegations RG Accreditation
	Monday	07 December 2026	Arrival of delegations AER Accreditation Podium training RG
	Tuesday	08 December 2026	Judges Meeting Orientation Meeting Podium training AER Qualification: RG
	Wednesday	09 December 2026	Qualification: Aerobic & RG Opening Ceremony
	Thursday	10 December 2026	Finals: Aerobic & RG Official Farewell banquet
	Friday	11 December 2026	Departure of delegations
EVENT MANAGER	Milica Djukic Email: gimnastickisavezcq@gmail.com Tel. +382 68 605 005		
MEDICAL SERVICES	Emergency Medical Team with ambulance will be on site at the competition and training venue. During this championship the anti-doping controls may take place at any time. The doping control will be carried out in accordance with international standard.		
VISA	Please verify immediately with your travel agent or the Montenegro Embassy or Consulate in your country if a visa is required for your travel to Montenegro . The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 15th of September 2026 . The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.		
INSURANCE	The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences. In accordance with the FIG Technical Regulations , all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay. It is mandatory that Delegation Members are covered by basic insurance (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the FIG IMSSA subsidiary insurance . For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to: https://www.gymnastics.sport/site/pages/medical-insurance.php The LOC will verify insurance coverage upon arrival. Each Delegation must present either a cover note or a photocopy of the valid insurance policy . The policy must be valid starting from the day of arrival and must remain valid		

	for the entire duration of the stay. The LOC will subsequently offer insurance at the Federations own charge as follows: 20.00 € per person/day.
SAFEGUARDING	From the official day of arrival until the official day of departure, all participants — including gymnasts, coaches, judges, and other Delegation Members — will have the possibility to contact the LOC Safeguarding Officer by phone or email in case of: • Harassment • Abuse of any kind • Any situation where they feel uncomfortable or unsafe The contact information for the LOC Safeguarding Officer will be provided to all Delegations upon arrival on site. As part of the FIG's commitment to athlete welfare and youth protection, posters of the “10 Golden Rules of Gymnastics”, part of the FIG's awareness campaign, must be clearly displayed in several key areas, including: • Training Halls • Warm-Up Areas • Public Zones These measures are in place to ensure a safe, respectful, and supportive environment for all participants throughout the event.
INTERNATIONAL TRANSPORTATION	The invited participating federations must pay for the travel costs of their delegation members. The Travel Schedule Form must be returned to the LOC by 05.11.2026
LOCAL TRANSPORTATION	The LOC will provide local transportation for all participants (from/to Podgorica International Airport (TGD) as well as from/to the hotel and Competition Hall. Transfers and transportations will only be available to those who book accommodation directly through the LOC.
ACCOMMODATION	Hotel I CATEGORY 5* The costs per person per night in this Official Hotel are as follows: 280 € (single room, full board) 210 € (double room, full board) 210 € (single room, Breakfast) 140 € (double room, Breakfast) Hotel II CATEGORY 4* The costs per person per night in this Official Hotel are as follows: 180 € (single room, full board) 140 € (double room, full board) 140 € (single room, Breakfast) 100 € (double room, Breakfast) Hotel III CATEGORY 3* The costs per person per night in this Official Hotel are as follows: 120 € (single room, full board) 100 € (double room, full board) 80 € (single room, Breakfast) 60 € (double room, Breakfast) The invited participating federations or clubs must pay for accommodation and meals expenses of their delegation members. The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be uploaded by October 18th, 2026 at the very latest, the costs for the accommodations must be paid to the LOC as follows: - at the time of the Definitive Entry (October 18th, 2026) 50% of the accommodation costs. - at the time of the Nominative Entry (November 8th, 2026) the remaining 50%

	of the accommodation costs. Cancellation/Reimbursement Policy: 50% of the total accommodation costs are refundable in case of cancellations at least 1 month prior to the event (November 8th, 2026). For cancellations made after 08 November 2026 there will be no reimbursement.												
BANK ACCOUNT INFORMATION	The participating federation is responsible for covering all bank fees in connection with the bank transfers. Beneficiary: GIMNASTICKI SAVEZ CG Bank: CRNOGORSKA KOMERCIJALNA BANKA AD Address: MOSKOVSKA BB Account Number: 100 9363045 0000 Iban: ME25510000000020647848 Swift code: CKBCMEPG Note: Only payments by bank transfer will be accepted before the indicated closing date. Cash payments during the event cannot be accepted.												
MARKETING	FIG advertising and publicity norms must be respected												
MEDIA	Lazar Radonic e-mail: radoniclazar1999@gmail.com												
SOCIAL MEDIA	Facebook: https://www.facebook.com/gimnastickisavez.crnegore Instagram: @gimnastickisavezcg • Fotografije i videozapisi na Instagramu YouTube: https://www.youtube.com/@gimnastickisavezcrnegore7977 Video live stream will be provided by Montenegro Gymnastics Federation YouTube Channel												
ADDITIONAL INFORMATION	At the same time there will be a non-FIG competition for RG Pre-junior and AER Youth. RG Pre-junior: birth year 2013-2014-2015 Event Format: RG Pre-junior: 2-4 gymnasts per NF -The gymnasts of NF present maximum 8 exercises with the apparatus according to the FIG programme for the respective year -All gymnast may participate in 1-4 exercises Apparatus finals: -Competition of the best 8 individual gymnasts per apparatus of the qualifying competition Maximum 1 per NF -Team ranking: the best 4 scores per apparatus from the qualifying competition												
DEADLINES SUMMARY	<table> <tr> <td>Definitive Registration</td><td>18 October 2026</td></tr> <tr> <td>Nominative Registration</td><td>08 November 2026</td></tr> <tr> <td>Visa Request Form</td><td>15 September 2026</td></tr> <tr> <td>Accommodation Form</td><td>18 October 2026</td></tr> <tr> <td>Payment of the Accommodation Costs 100%</td><td>18 October 2026</td></tr> <tr> <td>Travel Schedule Form</td><td>08 November 2026</td></tr> </table>	Definitive Registration	18 October 2026	Nominative Registration	08 November 2026	Visa Request Form	15 September 2026	Accommodation Form	18 October 2026	Payment of the Accommodation Costs 100%	18 October 2026	Travel Schedule Form	08 November 2026
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Sincerely Yours,



President GF of Montenegro
Vesna Radonic

Vesna Radonic

Budva, 10.08.2026