

2nd Aerobics Junior World Championships & 12th Aerobics World Youth Competitions

Pamplona (ESP) / 04 September - 06 September 2026

GROUPS COMPOSITION

SCHEDULE FOR DAY 1 and DAY 2

Wednesday 02 September 2026 & Thursday 03 September 2026

GRP	Nat	Units	Nat	Units	Nat	Units	Nat	Units	Nat	Units	Nat	Units	Units
1	RUS	25											25
2	ROU	20											20
3	HUN	18	AZE	5									23
4	LTU	16	MGL	7									23
5	GBR	16	TUR	7									23
6	MEX	20	CHI	3									23
7	ESP	22	COL	1									23
8	UKR	13	EGY	9									22
9	POR	22											22
10	BUL	14	TPE	8									22
11	FIN	14	JPN	8									22
12	PER	14	CHN	8									22
13	GRE	13	HKG	9									22
14	FRA	12	CZE	9									21
15	EST	11	SUI	4	SVK	6							21
16	GER	14	ITA	6									20
17	KAZ	11	PAN	9									20
18	AUS	12	AUT	8									20
19	ARG	20											20
20	BRA	10	URU	8									18
													432

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Withdraw:

2nd Aerobics Junior World Championships & 12th Aerobics World Youth Competitions

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18213

TRAINING SESSION

Date: Wednesday 02 September 2026

version: 13.08.2026

Subject to change after accreditation

Group Nr	Federations												Units	General Warm-up 25"		Tranfert 5'	Aerobic floor without music 25"		Floor	Transfer to Podium	Floor Competition hall	
1	RUS	25											25	8:00:00	8:25:00	8:25:00	8:30:00	8:55:00	2, 3, 4	8:55:00	9:00:00	9:39:35
2	ROU	20											20	8:39:35	9:04:35	9:04:35	9:09:35	9:34:35	2, 3, 4	9:34:35	9:39:35	10:11:15
3	HUN	18	AZE	5									23	9:11:15	9:36:15	9:36:15	9:41:15	10:06:15	2, 3, 4	10:06:15	10:11:15	10:47:40
4	LTU	16	MGL	7									23	9:47:40	10:12:40	10:12:40	10:17:40	10:42:40	2, 3, 4	10:42:40	10:47:40	11:24:05
5	GBR	16	TUR	7									23	10:24:05	10:49:05	10:49:05	10:54:05	11:19:05	2, 3, 4	11:19:05	11:24:05	12:00:30
6	MEX	20	CHI	3									23	11:00:30	11:25:30	11:25:30	11:30:30	11:55:30	2, 3, 4	11:55:30	12:00:30	12:36:55
7	ESP	22	COL	1									23	11:36:55	12:01:55	12:01:55	12:06:55	12:31:55	2, 3, 4	12:31:55	12:36:55	13:13:20
8	UKR	13	EGY	9									22	12:13:20	12:38:20	12:38:20	12:43:20	13:08:20	2, 3, 4	13:08:20	13:13:20	13:48:10
9	POR	22											22	12:48:10	13:13:10	13:13:10	13:18:10	13:43:10	2, 3, 4	13:43:10	13:48:10	14:23:00
Opening Performance rehearsal - 8 counts (compulsory)																					14:28:40	15:28:40
10	BUL	14	TPE	8									22	14:28:40	14:53:40	14:53:40	14:58:40	15:23:40	2, 3, 4	15:23:40	15:28:40	16:03:30
11	FIN	14	JPN	8									22	15:03:30	15:28:30	15:28:30	15:33:30	15:58:30	2, 3, 4	15:58:30	16:03:30	16:38:20
12	PER	14	CHN	8									22	15:38:20	16:03:20	16:03:20	16:08:20	16:33:20	2, 3, 4	16:33:20	16:38:20	17:13:10
13	GRE	13	HKG	9									22	16:13:10	16:38:10	16:38:10	16:43:10	17:08:10	2, 3, 4	17:08:10	17:13:10	17:48:00
14	FRA	12	CZE	9									21	16:48:00	17:13:00	17:13:00	17:18:00	17:43:00	2, 3, 4	17:43:00	17:48:00	18:21:15
15	EST	11	SUI	4	SVK	6							21	17:21:15	17:46:15	17:46:15	17:51:15	18:16:15	2, 3, 4	18:16:15	18:21:15	18:54:30
16	GER	14	ITA	6									20	17:54:30	18:19:30	18:19:30	18:24:30	18:49:30	2, 3, 4	18:49:30	18:54:30	19:26:10
17	KAZ	11	PAN	9									20	18:26:10	18:51:10	18:51:10	18:56:10	19:21:10	2, 3, 4	19:21:10	19:26:10	19:57:50
18	AUS	12	AUT	8									20	18:57:50	19:22:50	19:22:50	19:27:50	19:52:50	2, 3, 4	19:52:50	19:57:50	20:29:30

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19	ARG	20											20	19:29:30	19:54:30	19:54:30	19:59:30	20:24:30	2, 3, 4	20:24:30	20:29:30	21:01:10
20	BRA	10	URU	8									18	20:01:10	20:26:10	20:26:10	20:31:10	20:56:10	2, 3, 4	20:56:10	21:01:10	21:29:40

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10	BUL	14	TPE	8									22	8:00:00	8:25:00	8:25:00	8:30:00	8:55:00	2, 3, 4	8:55:00	9:00:00	9:34:50
11	FIN	14	JPN	8									22	8:34:50	8:59:50	8:59:50	9:04:50	9:29:50	2, 3, 4	9:29:50	9:34:50	10:09:40
12	PER	14	CHN	8									22	9:09:40	9:34:40	9:34:40	9:39:40	10:04:40	2, 3, 4	10:04:40	10:09:40	10:44:30
13	GRE	13	HKG	9									22	9:44:30	10:09:30	10:09:30	10:14:30	10:39:30	2, 3, 4	10:39:30	10:44:30	11:19:20
14	FRA	12	CZE	9									21	10:19:20	10:44:20	10:44:20	10:49:20	11:14:20	2, 3, 4	11:14:20	11:19:20	11:52:35
15	EST	11	SUI	4	SVK	6							21	10:52:35	11:17:35	11:17:35	11:22:35	11:47:35	2, 3, 4	11:47:35	11:52:35	12:25:50
16	GER	14	ITA	6									20	11:25:50	11:50:50	11:50:50	11:55:50	12:20:50	2, 3, 4	12:20:50	12:25:50	12:57:30
17	KAZ	11	PAN	9									20	11:57:30	12:22:30	12:22:30	12:27:30	12:52:30	2, 3, 4	12:52:30	12:57:30	13:29:10
18	AUS	12	AUT	8									20	12:29:10	12:54:10	12:54:10	12:59:10	13:24:10	2, 3, 4	13:24:10	13:29:10	14:00:50
19	ARG	20											20	13:00:50	13:25:50	13:25:50	13:30:50	13:55:50	2, 3, 4	13:55:50	14:00:50	14:32:30
20	BRA	10	URU	8									18	13:32:30	13:57:30	13:57:30	14:02:30	14:27:30	2, 3, 4	14:27:30	14:32:30	15:01:00
1	RUS	25											25	14:01:00	14:26:00	14:26:00	14:31:00	14:56:00	2, 3, 4	14:56:00	15:01:00	15:40:35
2	ROU	20											20	14:40:35	15:05:35	15:05:35	15:10:35	15:35:35	2, 3, 4	15:35:35	15:40:35	16:12:15
3	HUN	18	AZE	5									23	15:12:15	15:37:15	15:37:15	15:42:15	16:07:15	2, 3, 4	16:07:15	16:12:15	16:48:40
4	LTU	16	MGL	7									23	15:48:40	16:13:40	16:13:40	16:18:40	16:43:40	2, 3, 4	16:43:40	16:48:40	17:25:05
5	GBR	16	TUR	7									23	16:25:05	16:50:05	16:50:05	16:55:05	17:20:05	2, 3, 4	17:20:05	17:25:05	18:01:30
6	MEX	20	CHI	3									23	17:01:30	17:26:30	17:26:30	17:31:30	17:56:30	2, 3, 4	17:56:30	18:01:30	18:37:55
7	ESP	22	COL	1									23	17:37:55	18:02:55	18:02:55	18:07:55	18:32:55	2, 3, 4	18:32:55	18:37:55	19:14:20
8	UKR	13	EGY	9									22	18:14:20	18:39:20	18:39:20	18:44:20	19:09:20	2, 3, 4	19:09:20	19:14:20	19:49:10

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9	POR	22											22	18:49:10	19:14:10	19:14:10	19:19:10	19:44:10	2, 3, 4	19:44:10	19:49:10	20:24:00