



Aerobic Gymnastics Senior Pan American Championships 2026
November 13 to 15, 2026
Aracaju, BRA

DIRECTIVES

Event ID: 18689

Dear PAGU affiliated Member Federations,

The Pan American Gymnastics Union (PAGU, through the Brazilian Gymnastics Federation, is pleased to invite your Federation to participate in the aforementioned official FIG and PAGU international event.

DISCIPLINE	Aerobic Gymnastics
PAN AMERICAN GYMNASTICS UNION	Pan American Gymnastics Union Polideportivo Espanã Gimnasio Nacional de Gimnasia Costado oeste de la UCC Altamira, Managua, Nicaragua, CP 14026 Email: info@upag-pagu.org
HOST FEDERATION	BRAZILIAN GYMNASTICS FEDERATION Address Avenida Dr. Edésio Vieira de Melo, 419, Bairro Suiça, Aracaju – SE Zip Code: 49050-240 Phone: +55 79 3211 1206 / +55 79 3211 1207 Email: brazilian_gymnastics@cbginastica.com.br Web page: www.cbginastica.com.br Contact: Myrian Amaral
EVENT MANAGER	Contact: Candida Aragão Email: pangae26@cbginastica.com.br
LOCATION	Aracaju, BRA
DATE	November 13 to 15, 2026
VENUE	Training, warm-ups and competitions will be at: Arena Constâncio Vieira Melo Address: Vila Cristina – 13 de julho, Aracaju – SE, 49020-150
APPARATUS SUPPLIER	Please refer to the attached apparatus list
RULES AND TECHNICAL REGULATIONS	The event will be organized according to the following FIG rules, as valid in the year of the event, and PAGU Technical Regulations: • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters / Helpdesk • General Judges' Rules • Specific Judges' Rules for Aerobic Gymnastics • Anti-doping Control Rules • Medical organization of FIG competitions and events • Policy and Procedures for Safeguarding and Protecting Participants in Gymnastics

	• FIG Framework for safeguarding athletes and other participants from harassment and abuse during sports events • License Rules • Media Rules • Apparatus Norms • Rules for sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <i>and subsequent decisions made by Executive Committees of the FIG and PAGU.</i>		
INVITED FEDERATIONS	Pan American Gymnastics Union invites all Federations affiliated to the PAGU and to the FIG, and which are up to date in their obligations.		
AGES	Senior: as per FIG Technical Regulations* <i>*As of December 31, 2026</i> All gymnasts must have a valid FIG license until the end of the event.		
JUDGES AND JURY	All judges must hold a valid FIG brevet at the time of the event. Each Federation must send 2 judges that shall evaluate in all phases of the competition. If one delegation sends a maximum of 5 units, only 1 judge with FIG brevet will be mandatory. Federations with PAGU TC members may register them in addition to the judges of their Federation. The fine for failing to participate with the required judges is \$1,000.00 USD per missing judge. This fine must be paid to PAGU no later than <u>September 11, 2026.</u> This does not apply to those Federations that do not have FIG brevet judges and that is the first cycle in which they participate in PAGU competitions. The National Federation must inform PAGU in advance (at the time of the definitive registration) to allow the appointment of an invited neutral judge. The judges' panel will have at least: 4 Artistic Judges 4 Execution Judges 2 Difficulty Judges 1 Chair Judge 2 Line Judges 1 Time Judge		
REGISTRATION DEADLINES	Provisional Registration	August 11, 2026	https://upag.sportevents.com.co
	Definitive Registration	September 11 2026	https://upag.sportevents.com.co
	Nominal Registration	October 12, 2026	https://upag.sportevents.com.co
ENTRY FEES	The entry fee for this event is <u>\$100.00 USD</u> per gymnast and category and must be paid to the Local Organizing Committee (LOC) no later than <u>September 11 2026.</u> According to the PAGU Executive Committee's approved proposal, the registration fee for the second category and above will be <u>USD\$50.00</u>. That is, if a gymnast participates in IND, TR, or AD categories, it should be paid USD\$100.00 for the first category, USD\$50.00 for the second category, and USD\$50.00 for the third category, for a total of USD\$200.00. Entry fees will be valid if they are sent through the federations affiliated to the PAGU and are accompanied by the corresponding deposit and the forms with the required information. A gymnast can only take part in 3 categories, according to FIG Technical Regulations.		

	Note: Gymnasts registered in the Pan American Championship can also participate in the Club Pan American Cup, provided they make the respective registration and payment. There will be only one competition for Qualifications and for Finals. The scores will be taken into consideration for both, the Pan American Championship and the Club Pan American Cup respectively.																								
DELEGATION SIZE	The maximum number of persons per official delegation is as follows: <table border="1"> <thead> <tr> <th>Function</th><th>Senior</th></tr> </thead> <tbody> <tr> <td>Gymnasts/units</td><td></td></tr> <tr> <td>Women's Individual</td><td>4</td></tr> <tr> <td>Men's Individual</td><td>4</td></tr> <tr> <td>Mixed Pair</td><td>4</td></tr> <tr> <td>Trio</td><td>4</td></tr> <tr> <td>Group</td><td>4</td></tr> <tr> <td>Aero Dance</td><td>4</td></tr> <tr> <td>Coaches</td><td>1 if participating with 1 unit 2 if they participate with 2-7 units 3 if they participate with 8-15 units 4 if they participate with 16-20 units 5 if they participate with 21 units</td></tr> <tr> <td>Medical Staff</td><td>1</td></tr> <tr> <td>Judges</td><td>2</td></tr> <tr> <td>Head of Delegation</td><td>1</td></tr> </tbody> </table> Accreditation cost for additional delegation members is \$100.00 USD per person and must be paid to Local Organizing Committee no later than <u>September 11, 2026.</u> Only the following people will be entitled to receive an additional accreditation: Coach, Doctor, Physiotherapist, Team Manager and third judge (different from the PAGU TC Member). The accreditation for the third judge has no additional costs.	Function	Senior	Gymnasts/units		Women's Individual	4	Men's Individual	4	Mixed Pair	4	Trio	4	Group	4	Aero Dance	4	Coaches	1 if participating with 1 unit 2 if they participate with 2-7 units 3 if they participate with 8-15 units 4 if they participate with 16-20 units 5 if they participate with 21 units	Medical Staff	1	Judges	2	Head of Delegation	1
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ACCREDITATIONS	Along with the Nominal registration, all Federations must upload a copy of the passport and a photograph of each of member of their delegation (athletes and officials) in SportEvents: https://upag.sportevents.com.co Requirements for each photo: • File format: JPEG • Dimensions: min 210 x 270 pixels; max 420 x 540 pixels • 3.5 cm width x 4.5 cm height • File size: maximum 1 MB • White background Each document must be identified with the Country Code, Last name, Name, Age Group, Category and Function of each member. Example: BRA_FERNANDEZ_Ana_Senior_IF_Gymnast This documentation must be uploaded to SportEvents no later than <u>October 12, 2026.</u> In case of not uploading the photograph as requested, the Local Organizing Committee can take the photograph in the host city and will have an additional cost of USD \$10.00 for each one. In case of theft or loss of accreditation, the Local Organization Committee must be informed immediately so that the accreditation can be canceled. The replacement of stolen or lost accreditation will have a cost of USD \$50.00, which must be covered by the accreditation holder.																								

	Accreditations will be distributed upon arrival at the accreditation desk. Additional information on the access zones for each accreditation will be given in the Work Plan. In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.	
EVENT FORMAT	The Pan American Championship consists of a qualifying phase and a final phase in all categories and age groups. Qualification A maximum of 4 gymnasts/units per Federation may participate in each category. Finals The eight (8) best-ranked gymnasts/units per category will qualify for the Finals (maximum of 2 per Federation). In case of a tie that cannot be broken, a second draw will be held for the tied positions immediately after the Qualification competition. If the Organizing Federation has not qualified at least one gymnast/unit in an age group, it may receive a "wild card" for a gymnast/unit in the category of its choice, provided they participated in the Qualifications phase. Therefore, the maximum number of gymnasts/units in the Finals is 8+1 in one category and 8 gymnasts/units in the remaining categories. The gymnast/unit with the "wild card" is eligible to receive medals. Team Ranking In order to participate in the Team Ranking, Federations must be represented by at least one unit in 4 different categories during the qualifying round in: • Aerobic Gymnastics: Individual Men and/or Individual Women, Mixed Pair, Trio, Group • Aero Dance Team Ranking will be established by the sum of the top 5 places as follows: Seniors: • the 4 best places from Aerobic Gymnastics: Individual Men or Individual Women, Mixed Pair, Trio, Group • the best place in Aero Dance The top 5 places of each Team will be converted into points according to their placement in the Qualification, for example, 1^o place = 1 point, 2^o place = 2 points, etc. The Federation with the lowest number of points will be declared the Pan American Team Champion. Medals will be awarded to the best place in each category registered by the winning Teams for the Team Ranking, even if that category did not contribute points to the Team's final total. Delegations must submit their Team composition (1 Individual Men and/or Individual Women, 1 Mixed Pair, 1 Trio, 1 Group, 1 Aero Dance) at the time of the Nominative Registration.	
AWARDS	Medals and diplomas will be awarded to the top three places in each category. The tie breaking rules established in the FIG Technical Regulations will be applied. The scores from the qualification round will be used to determine the Team Ranking (provided that the Federation has registered at least 4 different categories). Medals and diplomas will be awarded to the members of the top three Teams, including two official coaches designated by their Federation. A certificate of participation will be given to all members of the delegation.	
PROVISIONAL SCHEDULE	Monday 09/November All day	Arrival of PAGU authorities Arrival of delegations (YOUTH, delegates, judges) Delegation registration (YOUTH) Limited training sessions upon prior request
	Tuesday 10/November	Technical Meeting for Delegates (morning) Judges Briefing (afternoon) Podium Training (YOUTH)

	Wednesday 11/November Arrival of delegations (JUNIOR, SENIOR) Delegation registration (JUNIOR, SENIOR) Qualification Competition (YOUTH)
	Thursday 12/November Athletes' Meeting Podium Training (JUNIOR, SENIOR) Qualification Competition (YOUTH) Opening Ceremony
	Friday 13/November Qualification Competition (YOUTH, JUNIOR, SENIOR)
	Saturday 14/November Qualification Competition (JUNIOR, SENIOR) Finals Competitions (YOUTH, JUNIOR, SENIOR) Awards Ceremony
	Sunday 15/November Finals Competitions (YOUTH, JUNIOR, SENIOR) Awards Ceremony Closing party
	Monday 16/November All day Departure of Delegations and PAGU authorities
*ARRIVAL DAY (JUNIOR AND SENIOR)	The official arrival day for JUNIOR and SENIOR athletes and coaches is Wednesday, November 11. However, if these categories wish to arrive together with the DN and YOUTH delegations, this is possible, but there will be no training sessions until the day indicated in the schedule.
DEFINITIVE SCHEDULE	The detailed program of activities with definitive schedules will be sent to the National Federations after the Definitive Registration period.
MEDICAL SERVICES	The Local Organizing Committee will provide first aid services and ambulance at the competition and training sites during the official activities.
ANTI-DOPING	<u>Doping controls</u> Doping controls will be organized by the International Testing Agency (ITA) on behalf of FIG and in accordance with the World Anti-Doping Code (WADC), the international standards issued by the World Anti-Doping Agency (WADA) and the FIG Anti-Doping Rules.
VISA	Please check immediately with your travel agency or the Brazilian Embassy or Consulate in your country to confirm whether a visa is required to travel to Aracaju. The Local Organizing Committee will be pleased to assist each Delegation member by issuing an official invitation letter, provided that the request is submitted to the LOC no later than October 12, 2026 (https://upag.sportevents.com.co). To request an invitation letter, please send the following information to the Local Organizing Committee: full name, gender, date of birth, nationality, passport number, passport expiration date, function/role within the delegation, arrival and departure dates, and the city to which the support letter for the visa application should be sent. Please ensure that all information is complete and accurate to avoid delays in the visa process.
INSURANCE	The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences. In accordance with the FIG Technical Regulations , all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.

	It is mandatory that Delegation Members are covered by basic insurance (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the FIG IMSSA subsidiary insurance. For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to: 🔗 https://www.gymnastics.sport/site/pages/medical-insurance.php The LOC will verify insurance coverage upon arrival. Each Delegation must present either a cover note or a photocopy of the valid insurance policy. The policy must be valid starting from the day of arrival and must remain valid for the entire duration of the stay. The insurance must be uploaded to the SportEvents no later than <u>October 12, 2026</u>. According to current Brazilian law, no insurance can be offered by the LOC to the delegation members with insufficient insurance coverage or no coverage. As a result, delegation members without personal insurance valid for their entire stay will not be accredited, i.e gymnasts will not be allowed to compete.
SAFEGUARDING	From the official day of arrival until the official day of departure, all participants — including gymnasts, coaches, judges, and other Delegation Members — will have the possibility to contact the LOC Safeguarding Officer by phone or email in case of: • Harassment • Abuse of any kind • Any situation where they feel uncomfortable or unsafe The contact information for the LOC Safeguarding Officer will be provided to all Delegations upon arrival on site. As part of the FIG's commitment to athlete welfare and youth protection, posters of the “10 Golden Rules of Gymnastics”, part of the FIG's awareness campaign, must be clearly displayed in several key areas, including: • Training Halls • Warm-Up Areas • Public Zones These measures are in place to ensure a safe, respectful, and supportive environment for all participants throughout the event.
INTERNATIONAL TRANSPORTATION	The Federations invited to participate must cover the international transportation costs of the members of their delegation. International Airport of arrival Aracaju – Santa Marta Internacional Airport (AJU) The Travel Itinerary Form must be completed in SportEvents no later than <u>October 12, 2026</u>.
LOCAL TRANSPORTATION	Local transportation will be offered to and from the airport provided that the delegation stays in one of the official hotels and books its accommodation through the Local Organizing Committee. The Local Organizing Committee will provide local transportation from the airport to the hotel and vice versa, only on the official arrival days, <u>Monday, November 9</u>, and/or <u>Wednesday, November 11</u>, and on the official departure day, <u>Monday, November 16</u> (except for PAGU representatives arriving or departing on different days). Delegations arriving or departing on non-official days may contact the Local Organizing Committee (https://upag.sportevents.com.co) to coordinate transportation to their accommodation (official hotels) or to the airport at a cost of USD \$20.00 per person, per trip (airport-hotel or hotel-airport):

MEALS AND ACCOMMODATION

The request must be completed in SportEvents and paid no later than **November 12, 2026**.

The Local Organizing Committee will provide transportation from the official hotels to the competition and training venues and back, for all duly accredited delegation members and according to the official program of activities, provided that the delegation stays in one of the official hotels and books its accommodation through the Local Organizing Committee.

OFFICIAL HOTELS

Option A: Quality Hotel

Address: Av. Delmiro Gouveia, 100 – Coroa do Meio, Aracaju – SE
CEP 49035-500

Room Type	Price per person, per night	Includes (per person)
Single	USD\$ 180	Breakfast, lunch and dinner
Doble	USD\$ 145	Breakfast, lunch and dinner

Option B: NB Hotels

Address: Av. Dr. José Machado de Souza, 120 – Jardins, Aracaju – SE
CEP 49024-740

Room Type	Price per person, per night	Includes (per person)
Single	USD\$ 160	Breakfast, lunch and dinner
Doble	USD\$ 135	Breakfast, lunch and dinner
Triple	USD\$ 120	Breakfast, lunch and dinner

Option C: Go Inn

Address: R. Alferes José Pedro de Brito, 50 – Farolânida, Aracaju – SE
CEP 49032-010

Room Type	Price per person, per night	Includes (per person)
Single	USD\$ 150	Breakfast, lunch and dinner
Doble	USD\$ 130	Breakfast, lunch and dinner

Option D: Primme Hotel

Address: Rua Vereador Joaquim Mauricio Cardoso Filho, 560 – Coroa do Meio Aracaju – SE, CEP 49035-750

Room Type	Price per person, per night	Includes (per person)
Single	USD\$ 130	Breakfast, lunch and dinner
Doble	USD\$ 120	Breakfast, lunch and dinner

Meal service begins with dinner on the official arrival day and ends with breakfast on the official departure day.

Room rates will not exceed the hotel's standard prices.

The Accommodation and Meal Form must be completed in the SportEvents no later than **September 11, 2026**.

Hotels rooms and meals will be allocated according to the order in which requests and payments are received.

Participating Federations must cover the accommodation and/or meal expenses for all members of their delegation.

Accommodation/meals costs must be paid to the Local Organizing Committee no later than **October 12, 2026**.

	Note 1: Rooms and meals, as well as their prices, cannot be guaranteed if requests and/or payments are received after the deadlines. Room rates will not exceed the hotel's standard prices. Note 2: Delegations that choose not to stay in the official hotels or that do not make their reservations through the Local Organizing Committee must pay an additional fee of USD \$100.00 for each accredited member who does not comply with this requirement. This amount will be allocated to the Local Organizing Committee. Note 3: All minor athletes (under 18 years old) must present a permission form signed by their parents in order to stay at the hotel. The corresponding form will be provided.								
CLOSING PARTY	Information regarding the farewell party will be communicated later, once the organization has been finalized.								
CANCELLATION POLICY	Cancellation policy: The PAGU and the Local Organizing Committee strongly recommend that each Federation take cancellation insurance for their accommodation and meals reservation. <table border="1"> <thead> <tr> <th>Cancelation Date</th><th>Reimbursement for cancelation</th></tr> </thead> <tbody> <tr> <td>By September 21, 2026, at the latest</td><td>100% reimbursement</td></tr> <tr> <td>From September 22 to October 11, 2026</td><td>50% reimbursement</td></tr> <tr> <td>From October 12, 2026</td><td>No reimbursement</td></tr> </tbody> </table>	Cancelation Date	Reimbursement for cancelation	By September 21, 2026, at the latest	100% reimbursement	From September 22 to October 11, 2026	50% reimbursement	From October 12, 2026	No reimbursement
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BANK INFORMATION	The following payments should be done directly to the bank account of the Local Organizing Committee: - Registrations (entry fees) - Additional accreditations - Meals and accommodation or additional fees (if applicable) - Airport-Hotel or Hotel-Airport Transportation (if applicable) Payments must be made only after the LOC has sent the corresponding invoice to the Federation, indicating the total amount and the bank account details. The participating Federation is responsible for covering all bank transfer fees. The fee is USD \$80.00 per transfer. Each participating Federation is requested to send the payment reference to the LOC in the following format: Country – Discipline – #Invoice								
MARKETING	FIG advertising and publicity norms must be respected.								
MEDIA	Media representatives, as well as communications staff from the Federations who are interested in covering the event, may request their registration with PAGU (info@upag-pagu.org) no later than October 12, 2026. In addition, the National Federations are asked to send a confirmation letter to PAGU. Federations are asked to send a confirmation letter to PAGU. Accreditation photos must be sent (uploaded) to SportEvents before Octobere 12, 2026.								
SOCIAL MEDIA	Information about the event will be posted on the following sites: PAGU Instagram: @upagpagu X: @UPAG_PAGU Facebook: UPAG PAGU TikTok: upag_pagu YouTube: UPAG-PAGU Threads: upagpagu Web: upag-pagu.com Brazilian Gymnastics Federation								

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ADDITIONAL INFORMATION	National Anthem The National Anthem of the country must be uploaded to the SportEvents platform. National Flag During accreditation the National Flag of the country must be submitted. The size of the flag must be 2.1m x 1.2m. Music While the LOC guarantees respect for copyright and the proper use of musical works, each National Federation must ensure that the music used by its Aerobic Gymnastics athletes does not violate any copyright and can be broadcast in the media. This confirmation must be submitted with the nominative registration, no later than October 12, 2026. Each Federation will be required to provide information on the duration, composer, artist, and title of the music used for each routine. Once the start order has been assigned to the gymnasts, Heads of delegation will be informed of the link where they must upload their music files, using the numerical prefix (according to the start order) and properly labeled: Example: 015_BRA_SENIOR_IF_PEREZ_Juana The music form and the music files must be submitted to: 🔗 https://cbg.pythonanywhere.com/login Provisional Schedule for the DN Age Group <table> <tr> <td>Monday 09/November All day</td><td>Arrival of delegations Delegation registration Limited training sessions with prior request</td></tr> <tr> <td>Tuesday 10/November</td><td>Technical Meeting for Delegates (morning) Judges' Course (afternoon) Podium training</td></tr> </table>	Monday 09/November All day	Arrival of delegations Delegation registration Limited training sessions with prior request	Tuesday 10/November	Technical Meeting for Delegates (morning) Judges' Course (afternoon) Podium training																								
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	Wednesday 11/November	Qualification Competition
	Thursday 12/November	Qualification Competition Opening Ceremony
	Friday 13/November	Qualification Competition
	Saturday 14/November	Finals Competitions Awards Ceremony
	Sunday 15/november	Finals Competitions Awards Ceremony Closing party
	Monday 16/november	Departure of Delegations and PAGU authorities

Sincerely,



Kenia Herrera García
President
Pan American Gymnastics Union



Henrique Motta
President
Brazilian Gymnastics Federation

Managua, August 18, 2026