



TRAMPOLINE WORLD CUP COMPETITION

RICCIONE, Italy – 2 – 4 October 2026



WORK PLAN

01.09.26

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1. GENERAL INFORMATION

The Work Plan has been developed in accordance with the following FIG rules, as valid in the year of the competition, except for any deviations mentioned in these directives or in the FIG World Cup Rules for Trampoline Gymnastics:

- Statutes
- Technical Regulations
- Code of Points
- Licenses Rules
- World Cup Rules for Trampoline Gymnastics
- General Judges Rules
- Specific Judges' Rules for Trampoline Gymnastics
- Medical Organization of the Official FIG Competitions
- Doping Control Rules
- Media Rules
- Apparatus Norms
- Advertising and Publicity Rules
- Regulations for Awards Ceremonies

and subsequent decisions of the FIG Executive Committee

2. COMPETITION VENUE

PlayHall Riccione

Viale Carpi

47838 Riccione

Italy

3. COMPETITION DATES

2nd, 3rd & 4th October 2026

4. RESPONSIBLE PERSONS

4.1 ORGANIZING COMMITTEE

President:	Ermes Cassani
Event Manager:	Ermes Cassani
Competition Manager:	Francesca Beltrami
Floor Manager:	Eleonora Natali
Administration/Finance:	Giuseppe Cocciaro
Accommodation/Meals:	Giuseppe Cocciaro
Media:	Ermes Cassani
Ceremonies:	Eleonora Natali
Scoring Office:	Andrea Costarelli

4.2 FIG TRA-TC & REPRESENTATIVE

FIG Technical Delegate: Shinya Muto

5. WELCOME – OFFICIAL LANGUAGE

- The delegations will be welcomed on behalf of the Organizing Committee upon arrival in Riccione at the accreditation desk at the Competition Hall. In case of late arrival delegations will be accompanied directly to the hotel and the accreditation procedure will be carried out the morning after.
- The official language of this world cup is English. Announcements will be made in Italian and English only. The Work Plan and all other documents are available in English only.

6. ACCREDITATION

- Accreditation will take place at the accreditation desk upon arrival. Accreditation desk will be available from September 29th to October 1st, from 8.00 to 18.00.
- At the moment of accreditation Heads of Delegation are required to verify the names of their entire delegation and the accommodation requirements. They have to pay any outstanding amounts due to the OC and / or the FIG, provide their confirmation of insurance and check their national anthem and national flag. They are also asked to provide bank details to be used to pay the money prize for the awarded gymnasts.
- HOD are requested to provide a valid phone number (working in Italy) and e-mail address. These contact details will be used during and after the competition to inform delegations about possible risky contacts.
- As far as the number of accreditations per country is concerned, the FIG Rules and the Directives will be strictly applied.
- All delegation members will receive an accreditation ID Card. The accreditation ID Card is personal, non-transferable and compulsory to get access to the training and competition hall, functions, and the bus system. All participants and officials are required to wear the ID Cards at all times.

7. NATIONAL FLAG AND ANTHEM

Delegations will be requested to check their national anthem and their national flag upon accreditation.

8. HOTELS / MEALS – INFORMATION

- All delegations will receive the hotel details before arrival by email.
- Breakfast, lunch and dinner will be served in the respective hotels. Breakfast 7.00 – 10.00; Lunch 12.00 – 14.30; Dinner 19.00 – 21.30. During competition days, if needed, lunch can be requested to take away. Hotel staff has to be informed the previous day.
- Lunch for those judges involved in competition at lunch time will be served at the Venue.
- Please note that the Organizing Committee is not liable for any damages in the hotel rooms, costs for mini-bars, pay-TV or the like. This is the responsibility of each delegation.
- Please note that the latest check-out time is 10.00 at the day of departure.

9. LOCAL TRANSPORTATION

- The Organizing Committee will provide shuttle bus transportation between airports, railways station, hotels and competition venue between September 30th and October 5th for arrival/departure, training and competition. Transport will be arranged as a circular line serving all hotels and the venue. A detailed schedule will be handed in to delegation upon arrival and will be available at hotels and the Competition Hall. The transport is to the sole use of the delegations, which has booked their accommodation through the OC.

10. GENERAL PROGRAMME

Tuesday, September 29 th	Arrival of Delegations 14.00 – 19.00 FREE TRAINING – COMPETITION AREA
Wednesday, September 30 th	Arrival of Delegations 8.00 – 9.15 FREE TRAINING – COMPETITION AREA 16.30 – 20.00 FREE TRAINING WARM UP AREA 18.00 – 20.00 FREE TRAINING COMPETITION AREA
Thursday, October 1 st	Arrival of Delegations h. 18.30 Orientation Meeting @ PlayHall Riccione. 1 st floor access through the BAR 8.00 – 11.45 FREE TRAINING – COMPETITION AREA 17.45 – 20.00 FREE TRAINING WARM UP AREA 18.30 – 20.00 FREE TRAINING COMPETITION AREA
Friday, October 2 nd	Training per Groups as per Annex 1 h. 11.30 Judges' Instruction @ PlayHall Riccione. 1 st floor access through the BAR h. 17.00 – 19.30 Qualification SYN MIX
Saturday, October 3 rd	h. 9.00 – 15.30 TRA Ind. Q1 h. 17.00 – 19.30 TRA SYN Q1
Sunday, October 4 th	h. 10.00 – 11.20 TRA Ind. Q2 from 14.00 Finals: TRA SYN F TRA SYN M TRA IND F TRA IND M TRA SYN MIX h. 21.00 – 00.00 Final Party @Carnaby Club Riccione
Monday, October 5 th	Departure of Delegations

Delegation interested in dedicated training sessions on the 30th of September could ask for that writing to worldcupiteitaly@gmail.com within September 14th. Slot available accordingly to Aere Cup competition schedule will be allocated on first come first served basis.

11. ORIENTATION MEETING

- The Orientation Meeting will take place on Thursday October, 1st at 18.30h @ PlayHall Riccione. 1st floor access through the BAR.
- The orientation meeting is **compulsory for all Heads of Delegation**.
- At this meeting all information concerning the detailed organization of the World Cup will be given by the Organizing Committee and the FIG. **The meeting will be held in English only.**

12. DRAWING OF LOTS

- The draw for the starting order for the Qualification Round was done beforehand at the FIG headquarters.
- The final starting order will be established and distributed by email to the delegations directly following the Orientation Meeting.

13. EQUIPMENT

- See detailed equipment list published on FIG website.

14. MUSIC

- The organizing committee would like to point out that **during the competition**, background music will be played at a low volume. Please let your gymnasts know this in advance.

15. JUDGES INSTRUCTION AND MEETING

- The judges' instruction, which is **compulsory for all judges**, will take place online on Friday October, 2nd at 11.00h @ PlayHall Riccione. 1st floor access through the BAR.
- Please note that the judges' instruction will be held in English only. Judges who don't participate in the judges' instruction may not be authorized to judge and their respective federations may face a penalty fee of up to 2.000 CHF.
- During the meeting judges will be requested to provide a valid phone number (working in Italy) to receive any relevant information during the competition.

16. DRAWING OF LOTS FOR JUDGES

- The judges will be drawn during the judges' instruction on Friday October, 2nd from those that were put forward by the federations. Judges must be duly licensed (valid FIG license with the appropriate requested category).

17. COMPETITION CARDS

- Competition cards must be returned to the competition secretariat at the Accreditation Office as follows:
- TRA IND – SYN Q1: within Friday October, 2nd at 12.00
- TRA IND Q2: within Saturday October 3rd at 18.00
- TRA IND – SYN FINALS: within Sunday October 4th at 12.00

18. PUBLICATION OF THE SCORES

- A detailed list of results, including judges' marks, will be sent to National federations and to the Heads of Delegation after the finals. During the competition, all results will be published in the venue and published on the following web-site www.gymresult.it

19. NO SMOKING POLICY

- Please note that it is strictly forbidden to smoke in the venue complex (including toilets and changing rooms) and hotels.

20. MEDICAL SERVICES

- On September 30th, October 1st, 2nd, 3rd and 4th the Organizing Committee will provide medical services and an ambulance will be at the Competition Hall.
- The official Hospital is:
Ospedale "Ceccarini"
Via Frosinone – Riccione (RN) – 47838 – Italia
Tel. +39 0541 608617
- Emergency Number: 112

21. DOPING CONTROL

- Doping controls may be made during the World Cup – as per the FIG, IOC and WADA regulations – by the Italian Gymnastics Federation. The doping controls can take place during training and / or competition.

22. SAFEGUARDING

- As per FIG – Framework for Safeguarding during Events a Safeguarding Officer will be operating during the event.
Details and contact will be shared during the Orientation Meeting and available in the Venue.

23. MARCH IN

- The competitors are asked to assemble in the assembly area 5 minutes prior to each competition. The athletes are asked to wear the competition attire.

24. WARM UP

- Immediately prior to the **Qualifying Round** and **Finals** each competitor/pair will be allowed **45 seconds** of warm-up on the competition apparatus.
- Mixed Synchro finalists, will be allowed to have two touches warm up in case any of the Men's Final Medallists is involved in the Mix Synchro Final

A separate gym for warm up on floor and stretching will be available as per the following schedule:

- Tuesday, September 29th from 8.00 to 16.00
- Wednesday, September 30th from 8.00 to 20.00
- Thursday, October 1st from 8.00 to 20.00
- Friday, October 2nd from 8.00 to 19.30
- Saturday, October 3rd from 8.00 to 19.30
- Sunday, October 4th from 8.00 to 17.00

25. COMPETITION ATTIRE

- The competition dress is as per Code of Points.

26. VIDEO RECORDING

- All routines will be recorded.

27. AWARDING CEREMONIES AND PRIZE MONEY

27.1 AWARDING CEREMONIES

The awarding ceremonies will take place immediately after each final.

After their final routine gymnasts will be asked to go to the Kiss&Cry and, if in the top three positions, to the Leaders' Corner to wait for other Gymnasts to compete.

After the last score is published the three medallists are asked to go behind the curtain to wear the track suite and march in **immediately for the Awarding Ceremony**. All finalists are requested to have their tracksuit ready in the warm up area.

Medal winners must wear according to FIG rules.

27.2 PRIZE MONEY

- Prize money will be given as below.

TRA Individual:	1 st place	1'500 CHF
	2 nd place	1'000 CHF
	3 rd place	500 CHF
TRA Synchro (per pair):	1 st place	1'500 CHF
	2 nd place	1'000 CHF
	3 rd place	500 CHF

- The prize money will be paid in EURO (exchange rate date 28/09/26) by bank transfer to the National Federation of the awarded gymnasts. Federations are asked to provide BANK DETAILS upon accreditation.

28. INFORMATION AND CORRESPONDANCE

- Every delegation will receive any relevant information via email and/or whatsapp to the contact handed in upon accreditation.

ANNEX 1 – TRAINING GROUPS & TRAINING PROGRAMME

2 October 2026

FRIDAY 02.10.2026					
TRAINING PROGRAMME					
COMPETITION AREA			WARM UP AREA		
Time	TRAMPOLINE		Time	TRAMPOLINE	
	TRA LADIES	TRA MEN		TRA LADIES	TRA MEN
			9.00 - 9.45	TRA TRAINING GROUP 1	TRA TRAINING GROUP 1
9.45 - 10.30	TRA TRAINING GROUP 1	TRA TRAINING GROUP 1	9.45 - 10.30	TRA TRAINING GROUP 2	TRA TRAINING GROUP 2
10.30 - 11.15	TRA TRAINING GROUP 2	TRA TRAINING GROUP 2	10.30 - 11.15	TRA TRAINING GROUP 3	TRA TRAINING GROUP 3
11.15 - 12.00	TRA TRAINING GROUP 3	TRA TRAINING GROUP 3	11.15 - 12.00	TRA TRAINING GROUP 4	TRA TRAINING GROUP 4
12.00 - 12.45	TRA TRAINING GROUP 4	TRA TRAINING GROUP 4	12.00 - 12.45	TRA TRAINING GROUP 5	TRA TRAINING GROUP 5
12.45 - 13.30	TRA TRAINING GROUP 5	TRA TRAINING GROUP 5	12.45 - 13.30	TRA TRAINING GROUP 6	TRA TRAINING GROUP 6
13.30 - 14.15	TRA TRAINING GROUP 6	TRA TRAINING GROUP 6	13.30 - 14.15	TRA TRAINING GROUP 7	TRA TRAINING GROUP 7
14.15 - 15.00	TRA TRAINING GROUP 7	TRA TRAINING GROUP 7			

FRIDAY 2.10.26 TRAMPOLINE TRAINING GROUPS

GR. 1		
	M	F
CHN	4	4
FRA	4	4
POR	1	0
	9	8

GR. 2		
	M	F
BLR	4	4
RUS	4	3
GRE	1	1
	9	8

GR. 3		
	M	F
BEL	1	0
USA	4	4
BRA	4	4
	9	8

GR. 4		
	M	F
AUS	1	1
CAN	4	4
CZE	1	1
DEN	1	1
NED	2	0
NAM	0	1
	9	8

GR. 5		
	M	F
ITA	4	1
GBR	2	2
GEO	0	2
GER	3	2
	9	7

GR. 6		
	M	F
ALG	4	0
SLO	4	0
KAZ	2	0
	10	

GR. 7		
	M	F
JPN	4	4
BUL	1	2
AZE	2	1
NZL	1	1
ISR	1	0
	9	8

ANNEX 2 – COMPETITION PROGRAMME

FRIDAY 02.10.2026					
TRAINING PROGRAMME					
COMPETITION AREA				WARM UP AREA	
Time	TRAMPOLINE		Time	TRAMPOLINE	
	TRA LADIES	TRA MEN		TRA LADIES	TRA MEN
15.00 - 17.00			16.10 - 17.00	SYN MIX Q1 Group 1	
17.00 - 17.50	SYN MIX Q1 Group 1		17.00 - 17.50	SYN MIX Q1 Group 2	
17.50 - 18.40	SYN MIX Q1 Group 2		17.50 - 18.40		

SATURDAY 03.10.2026**TRAINING PROGRAMME**

COMPETITION AREA				WARM UP AREA	
Time	TRAMPOLINE		Time	TRAMPOLINE	
	TRA LADIES	TRA MEN		TRA LADIES	TRA MEN
			8.10 - 9.00	Ind LADIES Qualification Group 1	Ind MEN Qualification Group 1
9.00 - 9.50	Ind LADIES Qualification Group 1	Ind MEN Qualification Group 1	9.00 - 9.50	Ind LADIES Qualification Group 2	Ind MEN Qualification Group 2
9.50 - 10.40	Ind LADIES Qualification Group 2	Ind MEN Qualification Group 2	9.50 - 10.40	Ind LADIES Qualification Group 3	Ind MEN Qualification Group 3
10.40 - 11.30	Ind LADIES Qualification Group 3	Ind MEN Qualification Group 3	10.40 - 11.30	Ind LADIES Qualification Group 4	Ind MEN Qualification Group 4
11.30 - 12.20	Ind LADIES Qualification Group 4	Ind MEN Qualification Group 4	11.30 - 12.10	BREAK	
12.20 - 13.00	BREAK		12.10 - 13.00		Ind MEN Qualification Group 5
13.00 - 13.50		Ind MEN Qualification Group 5	13.00 - 13.50		Ind MEN Qualification Group 6
13.50 - 14.40		Ind MEN Qualification Group 6	13.50 - 16.10	BREAK	
14.40 - 16.10	SYNCHRO FREE TRAINING				
16.10 - 17.00	BREAK		16.10 - 17.00	SYN LADIES Q1 Group 1	SYN MEN Q1 Group 1
17.00 - 17.50	SYN LADIES Q1 Group 1	SYN MEN Q1 Group 1	17.00 - 17.50	SYN LADIES Q1 Group 2	SYN MEN Q1 Group 2
17.50 - 18.40	SYN LADIES Q1 Group 2	SYN MEN Q1 Group 2			

SUNDAY 04.10.2026					
TRAINING PROGRAMME					
COMPETITION AREA			WARM UP AREA		
Time	TRAMPOLINE		Time	TRAMPOLINE	
	TRA LADIES	TRA MEN		TRA LADIES	TRA MEN
9.20 - 10.00			9.20 - 10.00	Q2 - GROUP 1	Q2 - GROUP 1
10.00 - 10.40	Q2 - LADIES Group 1	Q2 - MEN Group 1	10.00 - 10.40	Q2 - GROUP 2	Q2 - GROUP 2
10.40 - 11.20	Q2 - LADIES Group 2	Q2 - MEN Group 2	10.40 - 11.30	BREAK	
11.30 - 14.00			11.30 - 13.20	IND. FINALISTS FREE TRAINING	
			13.20 - 13.55	SYN LADIES FINAL WARM UP	
			14.55 - 14.00	SYN LADIES FINAL LINE UP	
14.00 - 14.05	FINALISTS PRESENTATION				
14.05 - 14.30	SYN Ladies Final		14.00 - 14.35		SYN MEN FINAL WARM UP
14.30 - 14.40	AWARDING CEREMONY		14.35 - 14.40		SYN MEN FINAL LINE UP
14.40 - 14.45		FINALISTS PRESENTATION			
14.45 - 15.10		SYN Men Final	14.40 - 15.15	IND LADIES FINAL WARM UP	
15.10 - 15.20		AWARDING CEREMONY	15.15 - 15.20	IND LADIES FINAL LINE UP	
15.20 - 15.25	FINALISTS PRESENTATION				
15.25 - 15.50	IND Ladies Final		15.20 - 15.55		IND MEN FINAL WARM UP
15.50 - 16.00	AWARDING CEREMONY		15.55 - 16.00		IND MEN FINAL LINE UP
16.00 - 16.05		FINALISTS PRESENTATION			
16.05 - 16.30		IND Men Final	16.00 - 16.35	SYN MIX FINAL WARM UP	
16.30 - 16.40		AWARDING CEREMONY	16.35 - 16.40	SYN MIX FINAL LINE UP	
16.40 - 16.45	FINALISTS PRESENTATION				
16.45 - 17.15	SYN MIX Final (TWO TOUCHES)				
17.15 - 17.25	AWARDING CEREMONY				