

19th Aerobics World Championships, Pamplona 2026

Pamplona (ESP) / 11 September - 13 September 2026

18173

COMPETITION SCHEDULE, Finals

Date: Saturday 12 September 2026

version: 20.08.2026

Routine	Disc.	Nbr	Fed.	Last name - First Name	GENERAL Warm Up 30 min	Tranfert 5'	Floor WITHOUT music 20 min	Floor #	Tranfert 5'	Aerobic floor WITH music	Floor #	Tranfert to podium 5'	Waiting area 4'	Competition Floor	Jury
Meeting time behind the curtain for line up:														16:54:00	
Presentation of the finalists TR														17:00:00	
Final TR														17:03:00	
1	TR	1	#N/A	#N/A	15:50:00	16:20:00	16:25:00	4	16:45:00	16:50:00	2	16:54:00	16:59:00	17:03:00	B
2	TR	2	#N/A	#N/A	15:53:15	16:23:15	16:28:15	3	16:48:15	16:53:15	2	16:57:15	17:02:15	17:06:15	B
3	TR	3	#N/A	#N/A	15:56:30	16:26:30	16:31:30	4	16:51:30	16:56:30	2	17:00:30	17:05:30	17:09:30	B
4	TR	4	#N/A	#N/A	15:59:45	16:29:45	16:34:45	3	16:54:45	16:59:45	2	17:03:45	17:08:45	17:12:45	B
5	TR	5	#N/A	#N/A	16:03:00	16:33:00	16:38:00	4	16:58:00	17:03:00	2	17:07:00	17:12:00	17:16:00	B
6	TR	6	#N/A	#N/A	16:06:15	16:36:15	16:41:15	3	17:01:15	17:06:15	2	17:10:15	17:15:15	17:19:15	B
7	TR	7	#N/A	#N/A	16:09:30	16:39:30	16:44:30	4	17:04:30	17:09:30	2	17:13:30	17:18:30	17:22:30	B
8	TR	8	#N/A	#N/A	16:12:45	16:42:45	16:47:45	3	17:07:45	17:12:45	2	17:16:45	17:21:45	17:25:45	B
Meeting time behind the curtain for line up:														17:25:00	
Presentation of the finalists IW														17:31:00	
Final IW														17:34:00	
1	IW	1	#N/A	#N/A	16:21:00	16:51:00	16:56:00	4	17:16:00	17:21:00	2	17:25:00	17:30:00	17:34:00	A
2	IW	2	#N/A	#N/A	16:24:15	16:54:15	16:59:15	3	17:19:15	17:24:15	2	17:28:15	17:33:15	17:37:15	A
3	IW	3	#N/A	#N/A	16:27:30	16:57:30	17:02:30	4	17:22:30	17:27:30	2	17:31:30	17:36:30	17:40:30	A
4	IW	4	#N/A	#N/A	16:30:45	17:00:45	17:05:45	3	17:25:45	17:30:45	2	17:34:45	17:39:45	17:43:45	A
5	IW	5	#N/A	#N/A	16:34:00	17:04:00	17:09:00	4	17:29:00	17:34:00	2	17:38:00	17:43:00	17:47:00	A
6	IW	6	#N/A	#N/A	16:37:15	17:07:15	17:12:15	3	17:32:15	17:37:15	2	17:41:15	17:46:15	17:50:15	A
7	IW	7	#N/A	#N/A	16:40:30	17:10:30	17:15:30	4	17:35:30	17:40:30	2	17:44:30	17:49:30	17:53:30	A
8	IW	8	#N/A	#N/A	16:43:45	17:13:45	17:18:45	3	17:38:45	17:43:45	2	17:47:45	17:52:45	17:56:45	A
Medal ceremony TR / IW														18:05:00	18:15:00

19th Aerobics World Championships, Pamplona 2026

Pamplona (ESP) / 11 September - 13 September 2026

18173

COMPETITION SCHEDULE, Finals

Date: Saturday 12 September 2026

version: 20.08.2026

Routine	Disc.	Nbr	Fed.	Last name - First Name	GENERAL Warm Up 30 min	Tranfert 5'	Floor WITHOUT music 20 min	Floor #	Tranfert 5'	Aerobic floor WITH music	Floor #	Tranfert to podium 5'	Waiting area 4'	Competition Floor	Jury
Meeting time behind the curtain for line up:														18:11:00	
Presentation of the finalists AS														18:17:00	
Final AS														18:20:00	
1	AS	1	#N/A	#N/A	17:07:00	17:37:00	17:42:00	4	18:02:00	18:07:00	2	18:11:00	18:16:00	18:20:00	B
2	AS	2	#N/A	#N/A	17:10:15	17:40:15	17:45:15	3	18:05:15	18:10:15	2	18:14:15	18:19:15	18:23:15	B
3	AS	3	#N/A	#N/A	17:13:30	17:43:30	17:48:30	4	18:08:30	18:13:30	2	18:17:30	18:22:30	18:26:30	B
4	AS	4	#N/A	#N/A	17:16:45	17:46:45	17:51:45	3	18:11:45	18:16:45	2	18:20:45	18:25:45	18:29:45	B
5	AS	5	#N/A	#N/A	17:20:00	17:50:00	17:55:00	4	18:15:00	18:20:00	2	18:24:00	18:29:00	18:33:00	B
6	AS	6	#N/A	#N/A	17:23:15	17:53:15	17:58:15	3	18:18:15	18:23:15	2	18:27:15	18:32:15	18:36:15	B
7	AS	7	#N/A	#N/A	17:26:30	17:56:30	18:01:30	4	18:21:30	18:26:30	3	18:30:30	18:35:30	18:39:30	B
8	AS	8	#N/A	#N/A	17:29:45	17:59:45	18:04:45	3	18:24:45	18:29:45	4	18:33:45	18:38:45	18:42:45	B
Medal ceremony AS														18:51:00	18:56:00

19th Aerobics World Championships, Pamplona 2026

Pamplona (ESP) / 11 September - 13 September 2026

18173

COMPETITION SCHEDULE, Finals

Date: Sunday 13 September 2026

version: 09.09.2026

Routine	Disc.	Nbr	Fed.	Last name - First Name	GENERAL Warm Up 30 min	Tranfert 5'	Floor WITHOUT music 20 min	Floor #	Tranfert 5'	Aerobic floor WITH music	Floor #	Tranfert to podium 5'	Waiting area 4'	Competition Floor	Jury
Meeting time behind the curtain for line up:														14:54:00	
Presentation of the finalists IM														15:00:00	
Final IM														15:03:00	
1	IM	1	#N/A	#N/A	13:50:00	14:20:00	14:25:00	4	14:45:00	14:50:00	2	14:54:00	14:59:00	15:03:00	A
2	IM	2	#N/A	#N/A	13:53:15	14:23:15	14:28:15	3	14:48:15	14:53:15	2	14:57:15	15:02:15	15:06:15	A
3	IM	3	#N/A	#N/A	13:56:30	14:26:30	14:31:30	4	14:51:30	14:56:30	2	15:00:30	15:05:30	15:09:30	A
4	IM	4	#N/A	#N/A	13:59:45	14:29:45	14:34:45	3	14:54:45	14:59:45	2	15:03:45	15:08:45	15:12:45	A
5	IM	5	#N/A	#N/A	14:03:00	14:33:00	14:38:00	4	14:58:00	15:03:00	2	15:07:00	15:12:00	15:16:00	A
6	IM	6	#N/A	#N/A	14:06:15	14:36:15	14:41:15	3	15:01:15	15:06:15	2	15:10:15	15:15:15	15:19:15	A
7	IM	7	#N/A	#N/A	14:09:30	14:39:30	14:44:30	4	15:04:30	15:09:30	2	15:13:30	15:18:30	15:22:30	A
8	IM	8	#N/A	#N/A	14:12:45	14:42:45	14:47:45	3	15:07:45	15:12:45	2	15:16:45	15:21:45	15:25:45	A
Meeting time behind the curtain for line up:														15:25:00	
Presentation of the finalists MP														15:31:00	
Final MP														15:34:00	
1	MP	1	#N/A	#N/A	14:21:00	14:51:00	14:56:00	4	15:16:00	15:21:00	2	15:25:00	15:30:00	15:34:00	B
2	MP	2	#N/A	#N/A	14:24:15	14:54:15	14:59:15	3	15:19:15	15:24:15	2	15:28:15	15:33:15	15:37:15	B
3	MP	3	#N/A	#N/A	14:27:30	14:57:30	15:02:30	4	15:22:30	15:27:30	2	15:31:30	15:36:30	15:40:30	B
4	MP	4	#N/A	#N/A	14:30:45	15:00:45	15:05:45	3	15:25:45	15:30:45	2	15:34:45	15:39:45	15:43:45	B
5	MP	5	#N/A	#N/A	14:34:00	15:04:00	15:09:00	4	15:29:00	15:34:00	2	15:38:00	15:43:00	15:47:00	B
6	MP	6	#N/A	#N/A	14:37:15	15:07:15	15:12:15	3	15:32:15	15:37:15	2	15:41:15	15:46:15	15:50:15	B
7	MP	7	#N/A	#N/A	14:40:30	15:10:30	15:15:30	4	15:35:30	15:40:30	2	15:44:30	15:49:30	15:53:30	B
8	MP	8	#N/A	#N/A	14:43:45	15:13:45	15:18:45	3	15:38:45	15:43:45	2	15:47:45	15:52:45	15:56:45	B
Medal ceremony IM / MP														16:05:00	16:15:00

19th Aerobics World Championships, Pamplona 2026

Pamplona (ESP) / 11 September - 13 September 2026

18173

COMPETITION SCHEDULE, Finals

Date: Sunday 13 September 2026

version: 09.09.2026

Routine	Disc.	Nbr	Fed.	Last name - First Name	GENERAL Warm Up 30 min	Tranfert 5'	Floor WITHOUT music 20 min	Floor #	Tranfert 5'	Aerobic floor WITH music	Floor #	Tranfert to podium 5'	Waiting area 4'	Competition Floor	Jury
Meeting time behind the curtain for line up:														16:11:00	
Presentation of the finalists GR														16:17:00	
Final GR														16:20:00	
1	GR	1	#N/A	#N/A	15:07:00	15:37:00	15:42:00	4	16:02:00	16:07:00	2	16:11:00	16:16:00	16:20:00	B
2	GR	2	#N/A	#N/A	15:10:15	15:40:15	15:45:15	3	16:05:15	16:10:15	2	16:14:15	16:19:15	16:23:15	B
3	GR	3	#N/A	#N/A	15:13:30	15:43:30	15:48:30	4	16:08:30	16:13:30	2	16:17:30	16:22:30	16:26:30	B
4	GR	4	#N/A	#N/A	15:16:45	15:46:45	15:51:45	3	16:11:45	16:16:45	2	16:20:45	16:25:45	16:29:45	B
5	GR	5	#N/A	#N/A	15:20:00	15:50:00	15:55:00	4	16:15:00	16:20:00	2	16:24:00	16:29:00	16:33:00	B
6	GR	6	#N/A	#N/A	15:23:15	15:53:15	15:58:15	3	16:18:15	16:23:15	2	16:27:15	16:32:15	16:36:15	B
7	GR	7	#N/A	#N/A	15:26:30	15:56:30	16:01:30	4	16:21:30	16:26:30	2	16:30:30	16:35:30	16:39:30	B
8	GR	8	#N/A	#N/A	15:29:45	15:59:45	16:04:45	3	16:24:45	16:29:45	2	16:33:45	16:38:45	16:42:45	B

19th Aerobics World Championships, Pamplona 2026

Pamplona (ESP) / 11 September - 13 September 2026

18173

COMPETITION SCHEDULE, Finals

Date: Sunday 13 September 2026

version: 09.09.2026

Routine	Disc.	Nbr	Fed.	Last name - First Name	GENERAL Warm Up 30 min	Tranfert 5'	Floor WITHOUT music 20 min	Floor #	Tranfert 5'	Aerobic floor WITH music	Floor #	Tranfert to podium 5'	Waiting area 4'	Competition Floor	Jury
Meeting time behind the curtain for line up:														16:42:00	
Presentation of the finalists AD														16:48:00	
Final AD														16:51:00	
1	AD	1	#N/A	#N/A	15:38:00	16:08:00	16:13:00	4	16:33:00	16:38:00	2	16:42:00	16:47:00	16:51:00	A
2	AD	2	#N/A	#N/A	15:41:15	16:11:15	16:16:15	3	16:36:15	16:41:15	2	16:45:15	16:50:15	16:54:15	A
3	AD	3	#N/A	#N/A	15:44:30	16:14:30	16:19:30	4	16:39:30	16:44:30	2	16:48:30	16:53:30	16:57:30	A
4	AD	4	#N/A	#N/A	15:47:45	16:17:45	16:22:45	3	16:42:45	16:47:45	2	16:51:45	16:56:45	17:00:45	A
5	AD	5	#N/A	#N/A	15:51:00	16:21:00	16:26:00	4	16:46:00	16:51:00	2	16:55:00	17:00:00	17:04:00	A
6	AD	6	#N/A	#N/A	15:54:15	16:24:15	16:29:15	3	16:49:15	16:54:15	2	16:58:15	17:03:15	17:07:15	A
7	AD	7	#N/A	#N/A	15:57:30	16:27:30	16:32:30	4	16:52:30	16:57:30	2	17:01:30	17:06:30	17:10:30	A
8	AD	8	#N/A	#N/A	16:00:45	16:30:45	16:35:45	3	16:55:45	17:00:45	2	17:04:45	17:09:45	17:13:45	A
Medal ceremony GR / AD														17:22:00	17:32:00
Closing ceremony and flag transfer														17:35:00	17:55:00