



19th African Championships
Cairo, Egypt
25 - 27 November 2026
Aerobics
(Senior)



DIRECTIVES

Event ID: 18718

Dear UAG affiliated Member Federation,

The African Gymnastics Union with Collaboration of Egyptian Gymnastics Federation has the pleasure to invite your Federation to participate in the Aerobic African Championships.

DISCIPLINE	Aerobic Gymnastics
HOST FEDERATION	Egyptian Gymnastics Federation (EGF) El Estad El Bahary St. Olympic Feds Buildings, Nasr City, Cairo, Egypt Tel: 002-02240250002 002-0224025027 e-mail: egypt@egyptgymnastics.com Website: www.egyptgymnastics.com
LOCAL ORGANIZING COMMITTEE	Contact Person : Abdallah MAHMOUD Address: Cairo international stadium Alestad Nasr city, Cairo-Egypt Tel: +201277710716 e-mail: egypt@egyptgymnastics.com
LOCATION	Cairo, Egypt
DATE	25-27 November 2026
VENUE	Cairo International stadium, AlEstad, Nasr city , Cairo Government +20111155413 / +20222607863 www.cairostadium.com   
APPARATUS SUPPLIER	Please refer to the attached apparatus list.
RULES AND REGULATIONS	The event will be organized under the following WGYM rules, as valid in the year of the event, except for any deviation mentioned in these directives:

	• Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • Licence rules (except for non-competitive events) • Policy and Procedures for Safeguarding and Protecting Participants in gymnastics • WGYM Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • WGYM Medical Guidelines for WGYM Competitions and Events • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <i>and subsequent decisions of the WGYM Executive Committee</i>																				
FEDERATIONS INVITED	The Organizing Member Federation will invite all Member Federations according to the following: All affiliated to the UAG & WGYM																				
PARTICIPATIONS & AGE LIMITS	<table border="1"> <thead> <tr> <th>Function</th><th>Senior</th></tr> </thead> <tbody> <tr> <td>Women's Individual</td><td>3</td></tr> <tr> <td>Men 's Individual</td><td>3</td></tr> <tr> <td>Mixed Pair</td><td>2</td></tr> <tr> <td>Trio</td><td>2</td></tr> <tr> <td>Group</td><td>2</td></tr> <tr> <td>Coaches</td><td>2</td></tr> <tr> <td>Medical Staff</td><td>1</td></tr> <tr> <td>Judges</td><td>2</td></tr> <tr> <td>Head of Delegation</td><td>1</td></tr> </tbody> </table> Senior: As per Technical Regulations All gymnasts must have a valid WGYM licence until the end of the event.	Function	Senior	Women's Individual	3	Men 's Individual	3	Mixed Pair	2	Trio	2	Group	2	Coaches	2	Medical Staff	1	Judges	2	Head of Delegation	1
Function	Senior																				
Women's Individual	3																				
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Head of Delegation	1																				
JUDGES AND JURIES	Each federation may bring up two judges. All judges must have a current valid WGYM brevet at the time of the event for the respective discipline AER. All judges must be minimum Cat III, those Continental championships are considered as group 3 competitions. Any Cat IV judges registered can only be used as Judges' Assistants (Time or Line Judges). According to Technical Regulations no judging panel may include more than one member from a single federation.																				
ENTRY FEES	The Entry fees for the different categories in each Age Group are as follows: • Participation with only one (1) gymnast in a discipline: USD 50 (per discipline) • Participation with more than one gymnast in a discipline: USD 150 (per discipline, flat fee for the team) The entry fee is non-refundable and payable to the UAG. ANNUAL UAG AFFILIATION FEE: Federations that have not yet paid their annual affiliation fee for 2024 to the UAG must also make payment to the UAG before they will be allowed to participate in the competition, as follows:																				

Existing Members		USD 200
New Members	Year 1	0
	Year 2	USD 100
	Year 3	USD 200

Banking Details for UAG Affiliation Fees and Entry Fees:

Payable to: Beneficiary	African Gymnastics Union الإتحاد الأفريقي للجيمناز
account	0013161399469301015
Bank	National bank of Egypt (Main branch) 24 SHEREF ST. CAIRO
IBAN	EG680003000131613994693010150
SWIFT/BIC	NBEGEGCX001

Reference Code : Country Code_UAG+Entry+AER

Example: EGY_UAG+Entry+AER

ACCREDITATION

Each federation will be taken to the accreditation desk upon arrival. In order to accelerate the accreditation procedure, please send to the Local organizing committee by email: egypt@egyptgymnastics.com a photo of each delegation member together with the Nominative registration dead Line. The specification of the photo should be as follows:

Files format: JPG, JPEG

File name: NOC_Surname_Firstname

Note: the LOC will be checking the validity of the gymnast's licences.

During the accreditation the Head of Delegation must present the following:

- All passports /WGYM license/Medical insurance of the registered gymnasts.
- Competitor's Music 2 CD Copy or USB.
- National Anthem.
- Proof for full payment of the costs due to the LOC.
- Transport – Departure.
- License of the gymnast.
- Accreditation must be worn by all coaches and officials at all the times as it identifies where access is permitted at the venue.

In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.

EVENT FORMAT

The African Championships will consist of
Qualifications: Max. Number of Units per NF

3 IW

3 IM

2 Mixed Pairs

2 Trios

2 Group

Each gymnast competes in max. 3 Categories (IM, IW, MP, TR, Group)

Finals

A maximum of 8 IM,8 IW,8 MP,8 Trio & 8 Group (max. 1 per NF), may participate in the finals

Team Ranking:

To participate in the Team Ranking, federations must be represented with at least one participant in the qualification round: Individual Men, Individual Women, Mixed Pair, Trio

- The team ranking list will be established by adding the 4 best places (ranking):
- The 4 best places (ranking) from: Individual Men, Individual Women, Mixed Pair and Trio.
- The 4 places of each Team are converted into points according to the ranking from the Qualifications. e.g.: 1st place = 1 point, 2nd place = 2 points
- The NF with the lowest number of points is declared Team African Champion.
- Medals will also be given to the best Individual Men and Individual Women of

	the medal winning teams. Note: In case that there are less than 9 participants for any Category → Finals event for this category will be performed without qualifications. Results will be directly from finals event.
PROVISIONAL SCHEDULE	The schedule may change depending on definitive registrations. Monday, November 23: Arrival of delegation Tuesday, November 24: Orientation meeting, Judges' instruction, Podium Training Wednesday, November 25: Competition day 1 Thursday, November 26: Competition day 2 Friday, November 27: Competition day 3 Saturday, November 28: Departure of delegations
EVENT MANAGER	Gasser AHMED +201286718334 g_edessa@hotmail.com
MEDICAL SERVICES	A medical service will be available throughout the period of the competition during this event.
ANTI-DOPING	Doping controls Doping controls will be organised by the International Testing Agency (ITA) on behalf of World Gymnastics and according to the World Anti-Doping Code (WADC), the international standards enacted by the World Anti-doping Agency (WADA) and WGYM Anti-Doping Rules. Host federation WADC compliance The exploitation of any rights related to the hosting of an event is subject, at all times, to the compliance with the WADC and the international standards enacted by WADA. Regardless of whether the event has already been allocated or not, the WGYM may terminate any collaboration with the host federation or the LOC, immediately and without paying any penalty and/or compensation or incurring liability of any kind, under the following circumstances: if the National Anti-Doping Organisation (NADO) in charge in the concerned country is declared non-compliant by WADA if the relevant country has been ruled ineligible to host the event. In such cases, World Gymnastics is entitled to reassign the event to any other host federation in another country where the WADC and the WADA international standards are fully respected.
VISA	Please verify immediately with your travel agent or the Egyptian Embassy or Consulate in your country if a visa is required for your travel to Egypt. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 05 October 2026 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to. email: egypt@egyptgymnastics.com
INSURANCE	The Host Federation, the LOC and World Gymnastics will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences. In accordance with the WGYM technical regulations, all participating federations are responsible for ensuring that all delegation members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay. It is mandatory that delegation members are covered by basic insurance (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the WGYM IMSSA subsidiary insurance. For detailed information regarding the WGYM IMSSA insurance for athletes and judges, please refer to: https://www.gymnastics.sport/site/pages/medical-insurance.php If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay Delegation members with insufficient insurance coverage must inform the LOC

	in advance. The LOC will subsequently offer insurance coverage at the Federations own charge as follows: 100 EUR per person/day .		
SAFEGUARDING	From the official day of arrival until the official day of departure, all participants — including gymnasts, coaches, judges, and other Delegation Members — will have the possibility to contact the LOC Safeguarding Officer by phone or email in case of: • Harassment • Abuse of any kind • Any situation where they feel uncomfortable or unsafe The contact information for the LOC Safeguarding Officer will be provided to all Delegations upon arrival on site. As part of the WGYM's commitment to athlete welfare and youth protection, posters of the "10 Golden Rules of Gymnastics", part of the WGYM's awareness campaign, must be clearly displayed in several key areas, including: • Training Halls • Warm-Up Areas • Public Zones These measures are in place to ensure a safe, respectful, and supportive environment for all participants throughout the event.		
INTERNATIONAL TRANSPORTATION	The invited participating federations must pay for the travel costs of their delegation members. The Travel Schedule Form must be returned to the LOC by 25 October 2026.		
LOCAL TRANSPORTATION	The Organising committee will provide transportation from Cairo international Airport to Hotel for the delegation booked their accommodation through the LOC. Also transportation between hotels, training, warm up and competition venue will be provided by LOC		
ACCOMMODATION	**** Hotel <u>Accommodation fees:</u> Single room: 150 Euros. <u>per person per night full board</u> Double room: 120 Euros <u>per person per night full board</u> The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 25 October 2026 at the very latest, the Hotel rooms will be allocated on a "first come, first served" basis. The invited participating federations must pay for the accommodation expenses of their delegation member.		
CANCELATION POLICY	Any cancellations after 25 October 2026 will incur a penalty of 100% of total amount due.		
BANK ACCOUNT INFORMATION	Bank account Holder's : EGYPTIAN GYMNASTICS FEDERATION EL-ESTAD EL- BAHARY ST., OLYMPIC FED BUILDING , NASR CITY NATIONAL BANK OF EGYPT • Bank Name: NATIONAL BANK OF EGYPT • Bank Address: MAIN BRANCH 24 SHERIF ST. DOWNTOWN CAIRO • BIC/Swift Code : NBEGEGCX001 • Account Number : 0013060698236700012 • IBAN :- 0013060698236700012 The participating federation is responsible for covering all bank fees in Connection with the bank transfers.		
MARKETING	WGYM Rules for advertising and publicity must be respected.		
SOCIAL MEDIA	Egyptian gymnastics federation official page		
DEADLINES SUMMARY	Definitive Registration	05 October 2026	
	Nominative Registration	25 October 2026	
	Accommodation Form	25 October 2026	
	Travel Schedule Form	25 October 2026	
	Visa Request Form	05 October 2026	
	Payment of the Entry Fee	05 October 2026	
	Payment of the Accommodation Costs 50%	05 October 2026	
	Payment of the Accommodation Costs 100%	25 October 2026	

Sincerely



Signature of the President or
Secretary General of the FIG affiliated NF

Ehab ESAWY
EGF PRESIDENT

Cairo, 25 September 2026

Directives