TRAMPOLINE & TUMBLING

WORKPLAN





LOULÉ, Portugal, 5 – 6, October 2018

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GENERAL INFORMATION

This Workplan has been developed in accordance with the following FIG regulations and rules:

1. FIG Statutes;
2. 2018 FIG Technical Regulations;
3. FIG Judges' Rules;
4. FIG Trampoline, Tumbling and Double Mini-Trampoline Code of Points 2017-2020;
5. FIG World Cup Competitions and Series;
6. Medical Organization of the Official FIG Competitions;
7. Doping Control Rules;
8. FIG Media Rules;
9. FIG Apparatus Norms;
10. FIG Advertising and Publicity Rules;
11. FIG Regulations for Awards Ceremonies;
12. And subsequent decisions of the FIG Executive Committee & FIG TRA-TC.

ORGANISING COMMITTEE

João Paulo Rocha	President
Luís Martins	Vice-President
Álvaro Sousa	Vice-President
João Cavaco	Finances
Pedro Fernandes	Competition Director
Ângela Correia	Accreditation/Secretariat
Sandra Panazete	Transports
João Cavaco	Accommodation / Transports
Existir	Catering
João Monteiro/Marco Gonçalves	Volunteers' Coordination
Nélia Lourenço	Protocol
Marco Gonçalves/João Monteiro	Stage Manager
FGP – Elena Rosca	Media
Luís Martins	Logistic
Publirádio	Video / Internet - Livestream
Sporttech	Results & Informatics

FIG TECHNICAL DELEGATE

Mr. **Nikolai Makarov** FIG TRA-TC Member

ORGANISING COMMITTEE ADDRESS

Host Federation	**Organizing Committee**
Gymnastics Federation of Portugal	Associação de Pais e Amigos da Ginástica de Loulé
Estrada da Luz, n.º 30-A	Apartado 264
1600-159 Lisboa, Portugal	8100-999 Loulé, Portugal
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e-mail: gympor@gympor.com	website: www.apagl.pt
website: www.fgp-ginastica.pt	

COMPETITION VENUE

Loulé Municipal Sports Hall
Av. Laginha Serafim 8100 Loulé / Portugal
Tel: +351 289 400 845

NATIONAL ANTHEM - FLAG

Delegations are requested to bring a CD of their national anthem and their national flag (approx. size 180 cm x 90 cm). These must be handed to the OC Secretariat by the head of delegation upon arrival at the time of accreditation.

VISA

Federations requiring an official invitation to obtain a visa are asked to contact the Organizing Committee **immediately** by sending the official visa form to apaginasticaloule@gmail.com

INSURANCE

Federations are obliged to cover the expense of insurance for members of their delegation (illness, accident and repatriation) and to bring the evidence of such insurance. Insurance will be checked and collected during accreditation.

OFFICIAL LANGUAGE

The official language of the World Cup is English. Announcements will be made in Portuguese and English only.
Interpretation from and into any other language must be organized by the delegations.

ACCREDITATION AND ID CARDS

All delegation members will receive an accreditation ID Card. The accreditation ID Card is personal, non-transferable and compulsory to get access to the training and competition hall, functions, and the bus system. All participants and officials are required to wear the ID Cards **at all times.**
Accreditation will take place at the accreditation room in Loulé Sports Hall. All delegations will be directed to the accreditation room from the railway station or airport. Delegations travelling by car have to go first to the accreditation room.

At accreditation, heads of delegation must check the correct names of their complete delegation, verify accommodation requirements, make any necessary payments, hand in their national anthem and national flag as well as their confirmation of insurance. Age control will be completed by Secretariat at the arrival moment.

As far as the number of accreditations per country is concerned, the FIG Rules and the Directives will be strictly applied.

The publicity on the clothes has to be checked in accordance with the FIG Advertising and Publicity Rules, at the same time as age control

TRANSPORTATION

Transfers by bus to and from Loulé Railway Station or Faro Airport as well as to and from the official hotels to the competition hall will be made by dedicated buses for the delegations that book their accommodations and meals through the organization.

The bus schedule will be handed to the delegations upon arrival and be available at each hotel.

MEALS

Breakfast is included in the accommodation package and is served at each hotel.

Lunch and **Dinner** is included in the accommodation package and is served at Loulé Sports Hall.

GENERAL PROGRAMME

Tuesday, 2nd October 2018 - TRAINING					
		Trampoline		Tumbling	
Start	Finish	Warm Up Hall Warm Up	Comp. Hall Competition	Comp. Hall Warm Up	Comp. Hall Competition
10h00	22h00	Free Training			

Wednesday, 3rd October 2018 - TRAINING					
		Trampoline		Tumbling	
Start	Finish	Warm Up Hall Warm Up	Comp. Hall Competition	Comp. Hall Warm Up	Comp. Hall Competition
15h00	19h00	**Loulé World Cup** Free Training - Warm up and Competition Hall			

Thursday, 4th October 2018 – TRAINING PER SCHEDULE					
		Trampoline		Tumbling	
Start	Finish	Warm Up Hall Warm Up	Comp. Hall Competition	Warm Up Hall Warm Up	Comp. Hall Competition
TRAINNING 2018 Loulé World Cup					
09h30	10h15	G1			
10h15	11h00	G2	G1		G1
11h00	11h45	G3	G2		G2
11h45	12h30	G4	G3		G3
12h30	13h15	G5	G4		G4
13h15	14h00	G6	G5		
14h00	14h45		G6		

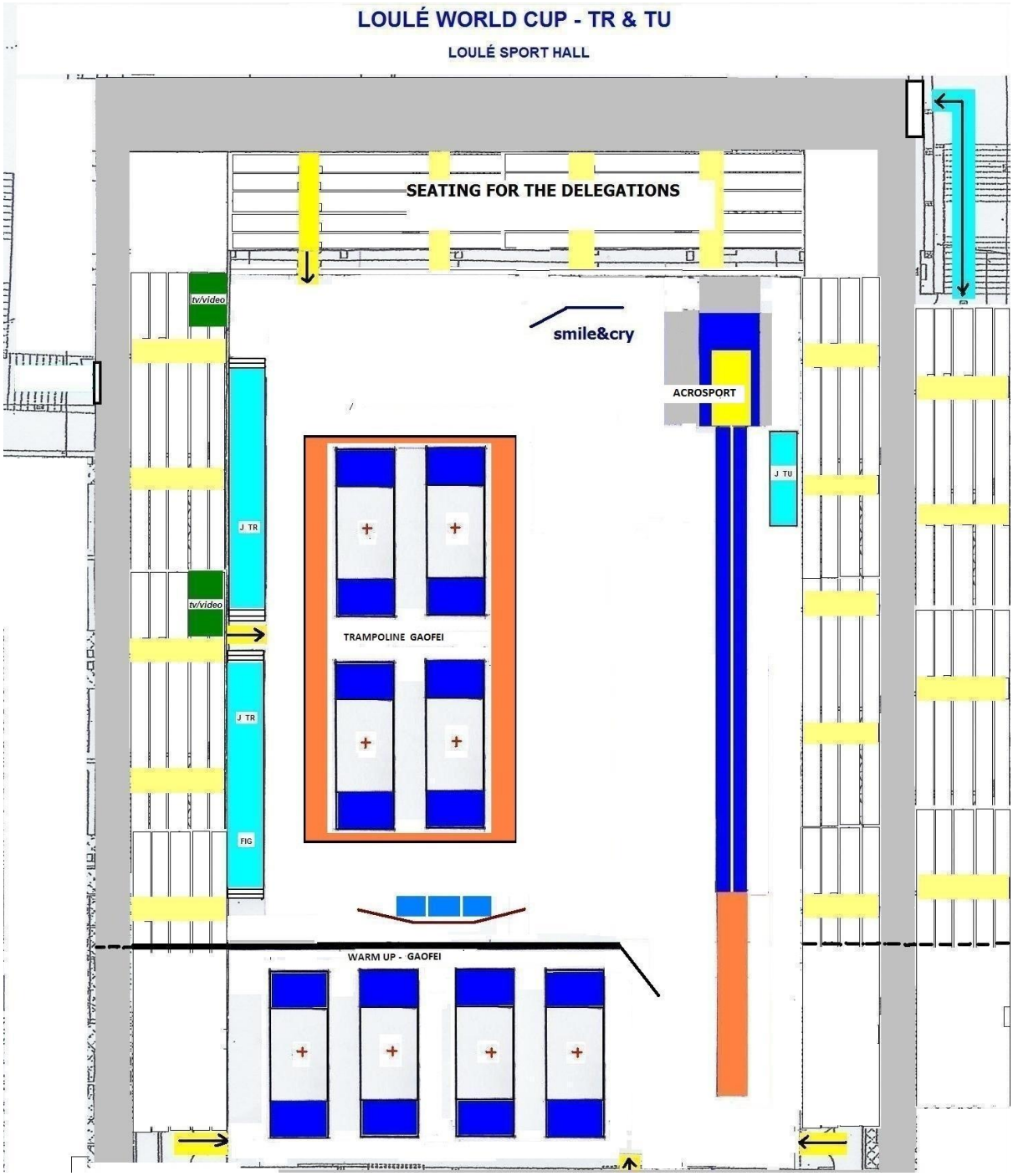
Trampoline					
GROUP 1	ALG	BEL	BLR	CAN	CZE
GROUP 2	CHN	DEN	SWE		
GROUP 3	FRA	GBR	GER		
GROUP 4	GEO	GRE	JPN	SUI	
GROUP 5	POR	RUS			
GROUP 6	ESP	UKR	USA		

Tumbling			
GROUP 1	AUS	BEL	CAN
GROUP 2	AZE	DEN	FRA
GROUP 3	GBR	JPN	POR
GROUP 4	RUS	UKR	USA

Friday, 5th October 2018 - COMPETITION

		Trampoline		Tumbling	
Start	Finish	Warm Up Hall Warm Up	Comp. Hall Competition	Warm Up Hall Warm Up	Comp. Hall Competition
2018 Loulé World Cup					
08h45	09h35	G1 M & W TRS			
09h35	10h25	G2 M & W TRS	G1 M & W Prelims		
10h25	11h15		G2 M & W Prelims		
BREAK					
15h00	16h00	G1 M & W TRI		G1 W	
16h00	17h00	G2 M & W TRI	G1 M & W Prelims	G2 W	G1 W
17h00	18h00	G3 M & W TRI	G2 M & W Prelims	G1 M	G2 W
18h00	19h00	G4 M & W TRI	G3 M & W Prelims	G2 M	G1 M
19h00	20h00	G5 M TRI	G4 M & W Prelims		G2 M
20h00	21h00		G5 M Prelims		

Saturday, 6th October 2018 - FINALS					
		Trampoline		Tumbling	
Start	Finish	Warm Up Hall Warm Up	Comp. Hall Competition	Warm Up Hall Warm Up	Comp. Hall Competition
2018 Loulé World Cup					
15h00	15h30	W Finalists TRS			
15h30	16h00	M Finalists TRS	W Finals TRS		
16h00	16h30		M Finals TRS	W Finalists TU	
16h30	17h00			M Finalists TU	W Finals TU
17h00	17h30	W Finalists TRI			M Finals TU
17h30	18h00	M Finalists TRI	W Finals TRI		
18h00	18h30		M Finals TRI		
Award Ceremony 2018 Loulé World Cup					



*Similar Tumbling Track in the Warm Up Zone

AGE CONTROL

The OC will check nationality and age of the competitors. The age and nationality control will take place at the same time as accreditation:

The control will be carried out by checking the passports of the participants. The Head of Delegation has to bring passports of all participants to the accreditation.

INFORMATION MEETING

All Heads of Delegation must attend the meeting on 4th October at 12.00 at the City Hall. One extra official per delegation may also attend. The FIG TRA-TC and the Organizing Committee will provide detailed information regarding the Championships. All information will be in English only. Judges cannot be representatives of their NF at the Orientation Meeting.

MEDAL AWARD CEREMONIES

Only the medal winners will participate and must appear in competition attire.

EQUIPMENT

	Competition Hall	**Warm up**
Trampoline	"Tramplane", Ref. 1071-4, 4,75x5 mm bed	"Tramplane", Ref. 1071-4, 4,75x5 mm bed
Tumbling	Acrosport Tumbling Track AS-612	Acrosport Tumbling Track AS-612
Safety Mats	GAOFEI	

TRAINING – WARM UP

During training, it is permitted – only – to set foot on the floor of the competition and training hall for the competitors, and physiotherapists/doctors in conformity with the training schedule.

The final training schedule will be handed out to the Heads of Delegation upon their arrival in Loulé (if there is any change).

STARTING ORDER – DRAWING OF LOTS

The drawing of lots and starting order will be made in the FIG office and published on the FIG website.

The starting order for the finals will be in the order of merit, according to the Technical Regulation.

The list of finalists and the two reserves will be distributed to the Heads of Delegation after the qualifications.

Please note: The World Cup Competition draw, the competition groups, the starting lists, the training groups, the training schedule and the competition schedule are based on the assumption that all registered federations will participate in accordance with their nominative registrations. Should there be any changes to participating numbers at the time of the competition, the FIG Technical Delegate in consultation with the Organizing Committee reserve the right to make adjustments, which will facilitate the smooth running of the competition.

COMPETITION CARDS

All competition cards must be delivered at the Secretariat before Thursday 4th October until 18.00.

JUDGES DRAW FOR THE QUALIFICATIONS AND INSTRUCTION

The judge meeting, which are compulsory for all judges, will take place on the Loulé Sports Hall.

4th October, at the Sports Hall

18.00 – 18.30 Judges meeting – tumbling
18.30 – 19.00 Judges meeting – trampoline
19:00 – 19:30 Practice judging

5th October, at the Sports Hall

14.00 – 14.15 Judges meeting – tumbling and trampoline

The judges draw for the qualifications will take place by the end of each of the judge's instructions.

Please note that the Judge's instruction will be held in English only.

DRAWING OF LOTS FOR JUDGES – FINALS

The drawing of lots for judges will take place during the judge meetings

SUPERIOR JURY AND JURY OF APPEAL

Technical delegate will act as president of the superior jury

SCORES AND RESULTS

The scoring system used is Sporttech. The scores will be shown in the competition hall.

A resumed list of results will be distributed to the Heads of Delegation at the end of qualifications.

A detailed list of results, including all judge's marks, will be distributed to the Heads of Delegation at the end of the competition.

VIDEO RECORDING

All routines will be recorded on video by the OC.

SEATING FOR THE DELEGATIONS

Sections in the competition hall are reserved for all delegation members, and all delegation members must take a seat in this area. Special seating will be allocated for the Heads of Delegation.

MEDICAL SERVICES AND PHYSIOTERAPIST

Medical services will be provided by the Medical Centre located in Sports Hall. Massage facilities for accompanying masseurs of the delegations are available in the Sports Hall.

CLOSING BANQUET

There will be a banquet in CASINO VILAMOURA (21h00 - 01h00).

The banquet is for official delegation members only, and a valid banquet ticket must be presented at the entrance.

The closing banquet is free of charge for the delegations who have booked their accommodation through the Organizing Committee.

Delegations that have made their own arrangements will have to purchase tickets from the Organizing Committee at accreditation. The price is 40 EUR per ticket.

INFORMATION AND CORRESPONDENCE DURING THE WORLD CUP

Every delegation will have a mailbox located at the OC Secretariat in Sports Hall. Access to the mailbox is only provided for those holding an official mailbox card. Each delegation will receive a mailbox card on arrival in Loulé.

All information, requests and correspondence regarding this World Cup should be addressed to the Organizing Committee.

Loulé, 17 of September 2018