



1st Heliopolis International Tournament
8-9 December 2018
Cairo – Egypt
 Seniors: Individual and Group
 Juniors: Individual and Group



DIRECTIVES

EVENT ID: 15918

Update: 12.09.2018

Definitive registration deadline

Dear FIG affiliated Member Federation,

Egyptian Gymnastics Federation and Heliopolis Sporting Club has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event Heliopolis International Tournament.

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	Egyptian Gymnastics Federation El Estad El Bahary St. Olympic Feds Buildings, Nasr City, Cairo, Egypt Tel: 002-02240250002 002-0224025027 e-mail: egypt@egyptgymnastics.com Website: www.egyptgymnastics.com
LOCAL ORGANIZING COMMITTEE	Heliopolis Sporting Club Contact Person : Diana Shawky, Ahmed Ayman 17 El Sayed El MerghanySt., Roxy, Heliopolis, Cairo-Egypt Tel : 002-01211288110 – 002-01066620966 e-mail : diana.hsc@hotmail.com rg.hsc@hotmail.com
LOCATION	Cairo, Egypt
DATES	From 8 to 9 of December 2018
VENUE	Heliopolis Sporting Club El Sherouk - "Foad Sultan Complex" El Nady district, El Sherouk City, Cairo - Egypt Tel: 002-01005241000 
APPARATUS SUPPLIED	Taishan RG Floor Ref. TQ1009 FIG Approved

RULES AND REGULATIONS	The competition will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: • Statutes • Technical Regulations • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Doping Control Rules • Licence rules (except for non competitive events) • Media Rules • Apparatus Norms • FIG Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules <i>and subsequent decisions of the FIG Executive Committee</i>						
FEDERATIONS INVITED	The Organizing Member Federation invites all Member Federations, according to the following principles: - All FIG member Federation in good standing.						
AGE LIMITS	Junior Individuals born : Junior (2003 – 2004 -2005) Senior Individuals born : Senior (2002 and older) All gymnasts must have an FIG License, valid until the end of the event.						
JUDGES AND JURIES	All judges must have a current valid FIG brevet at the time of the event for the respective discipline (RGI and/or RGG) The number of Apparatus Juries (judges' panels) may be decided by the organizing federation depending on the number of participating competitors and judges. The participating Member Federations must send one qualified judge with a minimum Category IV with current valid FIG brevet. Federations traveling without a judge should pay 100€						
REGISTRATION DEADLINES	Provisional, Definitive and Nominative Registrations must be sent to The contact person "Sherine Mahfouz" rq.hsc@hotmail.com <table border="1"> <tr> <td>Provisional registration</td><td>9 August, 2018</td></tr> <tr> <td>Definitive registration:</td><td>1 October 2018</td></tr> <tr> <td>Nominative registration</td><td>20 October, 2018</td></tr> </table>	Provisional registration	9 August, 2018	Definitive registration:	1 October 2018	Nominative registration	20 October, 2018
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COMPETITION FORMAT	<u>JUNIORS Individuals (2003-2004-2005)</u> (Hoop-Ball-Clubs-Ribbon) 3 by choice (FIG requirements 2017-2020) <u>SENIORS individuals (2002 and older)</u> (Hoop-Ball-Clubs-Ribbon) 3 by choice (FIG requirements 2017-20) <u>Groups</u> <u>Juniors and Seniors Groups</u> FIG requirements 2017-2020						
ENTRY FEES	Individuals: 45 Euros per gymnast (Non-Refundable) Groups: 150 Euros per group (Non-Refundable)						
PROVISIONAL SCHEDULE	6TH and 7TH of December: Arrival of all delegations. 7th of December: Podium training and accreditation. 8th of December: Competition Day 1, and Awards Ceremony 9th of December: Competition Day 2, Awards Ceremony and banquet. 10th of December: Tour and departure of delegations. 11th of December: Departure of delegations.						
ACCREDITATION	Accreditation of all delegations will take place at their arrival in the sports hall. Please send a digital photo for each member of your delegation before 20th of October, 2018 to the following rq.hsc@hotmail.com Heads of delegations have to bring to the accreditation office: - 1 CD of the national anthem - The national flag - 2 audio format CDs per gymnast/group per apparatus						

	- Certification of insurance for delegation members covering, illness, accidents, repatriation. Note: Photos taken upon arrival shall be charged at a cost of €10 for each photo.
MEDICAL SERVICES	Medical services to be provided by the Hospital
VISA	Please verify immediately with your travel agent or the Egyptian Embassy or Consulate In your country if a visa is required for your travel to Egypt. The LOC will be happy to assist each delegation member with an official invitation letter, provided that the Request is made before October 1st, 2018 to the LOC. The request must include the following:- function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the delegation member, as well as the Address where the visa application support letter must be sent.
INSURANCE	The Host Federation, the LOC and the FIG will not be responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their delegation. The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.
INTERNATIONAL TRANSPORTATION	The invited participating federations must pay for the International travel cost of their delegation members. The Travel Schedule Form must be returned to the OC by 20th of October, 2018
LOCAL TRANSPORTATION	The LOC will provide free local transportation for all participants: - From the airport Thursday 6th and Friday 7th of December to the hotel. - For Trainings and official activities from 7th to 9th of December - From the hotel on Monday 10th and Tuesday 11th of December to the airport
ACCOMMODATION	<u>Tolip Family Park Hotel Cairo (5 Stars)</u> Address : Cairo Suez Road-km 26, Rehab Entrance Gate 2, New Cairo City, Cairo, Egypt Phone No : +2 02 24775250 Fax : +2 02 24775225 Email : INFO@TOLIPFAMILYPARK.COM    <u>Accommodation fees:</u> Single room : 365 Euros per person for the Whole stay. Double room: 245 Euros per person for the whole stay. <u>Prices include the following:-</u> -Three nights accommodation. -Full board. -Transportations from/to airport, from/to hotel/sports hall.

	-Excursion in the city of Cairo. Note:- All meals will be taken in the hotel except for the competition days, lunch will be offered at the sports hall. Extra night:50€ <u>In case of cancellation costs will be refunded as follows:-</u> Before 20 October, 2018: 50% of the accommodation amount After 20 October, 2018: No refund																				
FINAL BANQUET	Final banquet is free of charge. The participants must be registered by the 20th of October, 2018																				
PRIZE MONEY	Individual competition: -All-around competitions: 1st – 3rd places will receive medals, diplomas -Apparatus: the ranking will be from 1st – 8th place. <u>Seniors individuals all around:-</u> <table border="1"> <thead> <tr> <th>Ranking</th><th>Total amount</th></tr> </thead> <tbody> <tr> <td>First</td><td>200€</td></tr> <tr> <td>Second</td><td>150€</td></tr> <tr> <td>Third</td><td>100€</td></tr> </tbody> </table> No prize money will be given, if there are less than 4 participating federations per competition Group Competition: 1st - 3rd places will receive medals, diplomas.	Ranking	Total amount	First	200€	Second	150€	Third	100€												
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BANK ACCOUNT INFORMATION	Each participating member Federation is kindly requested to integrate the payment's purpose as follows: 1st Heliopolis International Tournament 2018 Bank: National Bank of Kuwait (NBK) BENEFICIARY: Heliopolis sporting club Swift code: WABAEGCXXX Account No: 3761699 Bank Address: Ibrahim Street - Elkorba The participating federation is responsible for covering all bank fees in connection with the bank transfers																				
MARKETING	FIG advertising and publicity norms must be respected.																				
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Sincerely Yours,

Place and date:
Cairo, 06/07/2018



Signature of the President or
Secretary General of the FIG affiliated NF