



BUENOS AIRES 2018



Day 2 October

TRAINING SCHEDULE RHYTHMIC GYMNASTICS

TIME	STRETCHING AREA	CARPET B (without music)	CARPET A (with music)
12:00- 15:45	OPEN TRAINING ON TRAINING HALL		
	STRETCHING AREA		CARPET B (with music)
18:00 - 20:00	OPEN TRAINING ON AMERICA PAVILION		



BUENOS AIRES 2018



Day 3 October- Training hall

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

	STRETCHING AREA	CARPET B (without music)	CARPET A (with music)
8:00-9:00	CAN, CHN, COL, CYP, EGY, ESP		
9:00-10:00	EST, FIN, FRA, GEO, GER, GRE	CAN, CHN, COL, CYP, EGY, ESP	
10:00-11:00	ISR, ITA, JPN, KAZ, KOR, MAS	EST, FIN, FRA, GEO, GER, GRE	CAN, CHN, COL, CYP, EGY, ESP
11:00-12:00	MEX, NOR, PRK, ROU, RSA, RUS	ISR, ITA, JPN, KAZ, KOR, MAS	EST, FIN, FRA, GEO, GER, GRE
12:00-13:00	TUN, UKR, USA, UZB, ARG, ARM	MEX, NOR, PRK, ROU, RSA, RUS	ISR, ITA, JPN, KAZ, KOR, MAS
13:00-14:00	BLR, BOL, BRA, BUL, AUS, AZE	TUN, UKR, USA, UZB, ARG, ARM	MEX, NOR, PRK, ROU, RSA, RUS
14:00-15:00		BLR, BOL, BRA, BUL, AUS, AZE	TUN, UKR, USA, UZB, ARG, ARM
15:00-16:00			BLR, BOL, BRA, BUL, AUS, AZE
ALL GYMNASTS ARE REQUIRED TO BE PRESENT AT THE FOCUS DAY EVENT FROM 18:00-20:00 COACHES ARE REQUIRED TO ATTEND THE TECHNICAL MEETING AT 20:00			



Day 4 October- Training hall

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

	STRETCHING AREA	CARPET B (without music)	CARPET A (with music)
9:00-10:00	ISR, ITA, JPN, KAZ		
10:00-11:00	KOR, MAS, MEX, NOR	ISR, ITA, JPN, KAZ	
11:00-12:00	PRK, ROU, RSA, RUS	KOR, MAS, MEX, NOR	ISR, ITA, JPN, KAZ
12:00-13:00	TUN, UKR, USA, UZB	PRK, ROU, RSA, RUS	KOR, MAS, MEX, NOR
13:00-14:00	ARG, ARM, AUS, AZE	TUN, UKR, USA, UZB	PRK, ROU, RSA, RUS
14:00-15:00	BLR, BOL, BRA, BUL	ARG, ARM, AUS, AZE	TUN, UKR, USA, UZB
15:00-16:00	CAN, CHN, COL, CYP	BLR, BOL, BRA, BUL	ARG, ARM, AUS, AZE
16:00-17:00	EGY, ESP, EST, FIN	CAN, CHN, COL, CYP	BLR, BOL, BRA, BUL
17:00-18:00	FRA, GEO, GER, GRE	EGY, ESP, EST, FIN	CAN, CHN, COL, CYP
18:00-19:00		FRA, GEO, GER, GRE	EGY, ESP, EST, FIN
19:00-20:00			FRA, GEO, GER, GRE



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Day 5 October - Podium Training- AMP

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

TEAMS		STRETCHING AREA		CARPET C		CARPET B/PODIUM	
Team	Alina	14:30	15:00	15:00	16:00	16:00	16:30
KABAEVA							
Team	Anna	15:00	15:30	15:30	16:30	16:30	17:00
BESSONOVA							
Team	Dong	15:30	16:00	16:00	17:00	17:00	17:30
DONG							
Team	Rosan.	16:00	16:30	16:30	17:30	17:30	18:00
MACLENNAN							
Team		16:30	17:00	17:00	18:00	18:00	18:30
Yevgeny MARCHENKO							
Team	Marina	17:00	17:30	17:30	18:30	18:30	19:00
CHERNOVA							
Team	Kohei	17:30	18:00	18:00	19:00	19:00	19:30
UCHIMURA							
Team	YANG	18:00	18:30	18:30	19:30	19:30	20:00
Wei							
Team	Max	18:30	19:00	19:00	20:00	20:00	20:30
WHITLOCK							
Team	Simone	19:00	19:30	19:30	20:30	20:30	21:00
BILES							
Team	Nadia	19:30	20:00	20:00	21:00	21:00	21:30
COMANECI							
Team	Oksana	20:00	20:30	20:30	21:30	21:30	22:00
CHUSOVITINA							



BUENOS AIRES 2018



Day 6 October- Training hall

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

TEAMS		STRETCHING AREA		CARPET C		CARPET B/PODIUM	
Team	Alina	08:00	08:15	08:15	08:45	08:45	09:00
KABAEVA							
Team	Anna	08:15	08:30	08:30	09:00	09:00	09:15
BESSONOVA							
Team	Dong	08:30	08:45	08:45	09:15	09:15	09:30
DONG							
Team	Rosan.	08:45	09:00	09:00	09:30	09:30	09:45
MACLENNAN							
Team		09:00	09:15	09:15	09:45	09:45	10:00
Yevgeny MARCHENKO							
Team	Marina	09:15	09:30	09:30	10:00	10:00	10:15
CHERNOVA							
Team	Kohei	09:30	09:45	09:45	10:15	10:15	10:30
UCHIMURA							
Team	YANG	09:45	10:00	10:00	10:30	10:30	10:45
Wei							
Team	Max	10:00	10:15	10:15	10:45	10:45	11:00
WHITLOCK							
Team		10:15	10:30	10:30	11:00	11:00	11:15
Simone BILES							
Team	Nadia	10:30	10:45	10:45	11:15	11:15	11:30
COMANECI							
Team		10:45	11:00	11:00	11:30	11:30	11:45
Oksana CHUSOVITINA							



BUENOS AIRES 2018



Day 7 October-Training hall

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

TEAMS		STRETCHING AREA		CARPET C		CARPET B/PODIUM	
Team	Alina	09:00	09:45	09:45	10:45	10:45	11:45
KABAEVA							
Team	Anna	09:45	10:30	10:30	11:30	11:30	12:30
BESSONOVA							
Team	Dong	10:30	11:15	11:15	12:15	12:15	13:15
DONG							
Team	Rosan.	11:15	12:00	12:00	13:00	13:00	14:00
MACLENNAN							
Team		12:00	12:45	12:45	13:45	13:45	14:45
Yevgeny MARCHENKO							
Team		12:45	13:30	13:30	14:30	14:30	15:30
Marina CHERNOVA							
Team	Kohei	13:30	14:15	14:15	15:15	15:15	16:15
UCHIMURA							
Team	YANG	14:15	15:00	15:00	16:00	16:00	17:00
Wei							
Team	Max	15:00	15:45	15:45	16:45	16:45	17:45
WHITLOCK							
Team		15:45	16:30	16:30	17:30	17:30	18:30
Simone BILES							
Team	Nadia	16:30	17:15	17:15	18:15	18:15	19:15
COMANECI							
Team		17:15	18:00	18:00	19:00	19:00	20:00
Oksana CHUSOVITINA							



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Day 8 October-Training hall

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

TEAMS	STRETCHING AREA		CARPET C		CARPET B/PODIUM	
Team Kohei UCHIMURA	09:00	09:45	09:45	10:45	10:45	11:45
Team YANG Wei	09:45	10:30	10:30	11:30	11:30	12:30
Team Max WHITLOCK	10:30	11:15	11:15	12:15	12:15	13:15
Team Simone BILES	11:15	12:00	12:00	13:00	13:00	14:00
Team Nadia COMANECI	12:00	12:45	12:45	13:45	13:45	14:45
Team Oksana CHUSOVITINA	12:45	13:30	13:30	14:30	14:30	15:30
Team Alina KABAEVA	13:30	14:15	14:15	15:15	15:15	16:15
Team Anna BESSONOVA	14:15	15:00	15:00	16:00	16:00	17:00
Team Dong DONG	15:00	15:45	15:45	16:45	16:45	17:45
Team Rosan. MACLENNAN	15:45	16:30	16:30	17:30	17:30	18:30
Team Yevgeny MARCHENKO	16:30	17:15	17:15	18:15	18:15	19:15
Team Marina CHERNOVA	17:15	18:00	18:00	19:00	19:00	20:00



Day 9 October- AMP

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

HOOP	Warm-up (30min)		Carpet 1 (30min)		Carpet 2 (30min)		wait+waiting time (5min)	Competition (FOP)	
Chusovitina 1°	12:30:00	13:00:00	13:00:00	13:30:00	13:30:00	14:00:00	14:00:00	14:05:00	14:07:30
Chusovitina 2°	12:34:00	13:04:00	13:04:00	13:34:00	13:34:00	14:04:00	14:04:00	14:09:00	14:11:30
Chusovitina 3°	12:38:00	13:08:00	13:08:00	13:38:00	13:38:00	14:08:00	14:08:00	14:13:00	14:15:30
Whitlock 1°	12:42:00	13:12:00	13:12:00	13:42:00	13:42:00	14:12:00	14:12:00	14:17:00	14:19:30
Whitlock 2°	12:46:00	13:16:00	13:16:00	13:46:00	13:46:00	14:16:00	14:16:00	14:21:00	14:23:30
Whitlock 3°	12:50:00	13:20:00	13:20:00	13:50:00	13:50:00	14:20:00	14:20:00	14:25:00	14:27:30
Biles 1°	13:04:00	13:34:00	13:34:00	14:04:00	14:04:00	14:34:00	14:34:00	14:39:00	14:41:30
Biles 2°	13:08:00	13:38:00	13:38:00	14:08:00	14:08:00	14:38:00	14:38:00	14:43:00	14:45:30
Biles 3°	13:12:00	13:42:00	13:42:00	14:12:00	14:12:00	14:42:00	14:42:00	14:47:00	14:49:30
Kabaeva 1°	13:16:00	13:46:00	13:46:00	14:16:00	14:16:00	14:46:00	14:46:00	14:51:00	14:53:30
Kabaeva 2°	13:20:00	13:50:00	13:50:00	14:20:00	14:20:00	14:50:00	14:50:00	14:55:00	14:57:30
Kabaeva 3°	13:24:00	13:54:00	13:54:00	14:24:00	14:24:00	14:54:00	14:54:00	14:59:00	15:01:30
Marchenko 1°	13:38:00	14:08:00	14:08:00	14:38:00	14:38:00	15:08:00	15:08:00	15:13:00	15:15:30
Marchenko 2°	13:42:00	14:12:00	14:12:00	14:42:00	14:42:00	15:12:00	15:12:00	15:17:00	15:19:30
Marchenko 3°	13:46:00	14:16:00	14:16:00	14:46:00	14:46:00	15:16:00	15:16:00	15:21:00	15:23:30
Chernova 1°	13:50:00	14:20:00	14:20:00	14:50:00	14:50:00	15:20:00	15:20:00	15:25:00	15:27:30
Chernova 2°	13:54:00	14:24:00	14:24:00	14:54:00	14:54:00	15:24:00	15:24:00	15:29:00	15:31:30
Chernova 3°	13:58:00	14:28:00	14:28:00	14:58:00	14:58:00	15:28:00	15:28:00	15:33:00	15:35:30
Bessonova 1°	14:12:00	14:42:00	14:42:00	15:12:00	15:12:00	15:42:00	15:42:00	15:47:00	15:49:30
Bessonova 2°	14:16:00	14:46:00	14:46:00	15:16:00	15:16:00	15:46:00	15:46:00	15:51:00	15:53:30
Bessonova 3°	14:20:00	14:50:00	14:50:00	15:20:00	15:20:00	15:50:00	15:50:00	15:55:00	15:57:30

Dong Dong 1°	14:24:00	14:54:00	14:54:00	15:24:00	15:24:00	15:54:00	15:54:00	15:59:00	16:01:30
Dong Dong 2°	14:28:00	14:58:00	14:58:00	15:28:00	15:28:00	15:58:00	15:58:00	16:03:00	16:05:30
Dong Dong 3°	14:32:00	15:02:00	15:02:00	15:32:00	15:32:00	16:02:00	16:02:00	16:07:00	16:09:30
MacLennan 1°	14:46:00	15:16:00	15:16:00	15:46:00	15:46:00	16:16:00	16:16:00	16:21:00	16:23:30
MacLennan 2°	14:50:00	15:20:00	15:20:00	15:50:00	15:50:00	16:20:00	16:20:00	16:25:00	16:27:30
MacLennan 3°	14:54:00	15:24:00	15:24:00	15:54:00	15:54:00	16:24:00	16:24:00	16:29:00	16:31:30
Comaneci 1°	14:58:00	15:28:00	15:28:00	15:58:00	15:58:00	16:28:00	16:28:00	16:33:00	16:35:30
Comaneci 2°	15:02:00	15:32:00	15:32:00	16:02:00	16:02:00	16:32:00	16:32:00	16:37:00	16:39:30
Comaneci 3°	15:06:00	15:36:00	15:36:00	16:06:00	16:06:00	16:36:00	16:36:00	16:41:00	16:43:30
Yang Wei 1°	15:20:00	15:50:00	15:50:00	16:20:00	16:20:00	16:50:00	16:50:00	16:55:00	16:57:30
Yang Wei 2°	15:24:00	15:54:00	15:54:00	16:24:00	16:24:00	16:54:00	16:54:00	16:59:00	17:01:30
Yang Wei 3°	15:28:00	15:58:00	15:58:00	16:28:00	16:28:00	16:58:00	16:58:00	17:03:00	17:05:30
Uchimura 1°	15:32:00	16:02:00	16:02:00	16:32:00	16:32:00	17:02:00	17:02:00	17:07:00	17:09:30
Uchimura 2°	15:36:00	16:06:00	16:06:00	16:36:00	16:36:00	17:06:00	17:06:00	17:11:00	17:13:30
Uchimura 3°	15:40:00	16:10:00	16:10:00	16:40:00	16:40:00	17:10:00	17:10:00	17:15:00	17:17:30

BALL	Warm-up (30min)		Carpet 1 (30min)		Carpet 2 (30min)		wait + waiting time (5min)	Competition (FOP)	
Kabaeva 1°	17:30:00	18:00:00	18:00:00	18:30:00	18:30:00	19:00:00	19:00:00	19:05:00	19:07:30
Kabaeva 2°	17:34:00	18:04:00	18:04:00	18:34:00	18:34:00	19:04:00	19:04:00	19:09:00	19:11:30
Kabaeva 3°	17:38:00	18:08:00	18:08:00	18:38:00	18:38:00	19:08:00	19:08:00	19:13:00	19:15:30
Marchenko 1°	17:42:00	18:12:00	18:12:00	18:42:00	18:42:00	19:12:00	19:12:00	19:17:00	19:19:30
Marchenko 2°	17:46:00	18:16:00	18:16:00	18:46:00	18:46:00	19:16:00	19:16:00	19:21:00	19:23:30
Marchenko 3°	17:50:00	18:20:00	18:20:00	18:50:00	18:50:00	19:20:00	19:20:00	19:25:00	19:27:30
Chernova 1°	18:04:00	18:34:00	18:34:00	19:04:00	19:04:00	19:34:00	19:34:00	19:39:00	19:41:30
Chernova 2°	18:08:00	18:38:00	18:38:00	19:08:00	19:08:00	19:38:00	19:38:00	19:43:00	19:45:30
Chernova 3°	18:12:00	18:42:00	18:42:00	19:12:00	19:12:00	19:42:00	19:42:00	19:47:00	19:49:30
Bessonova 1°	18:16:00	18:46:00	18:46:00	19:16:00	19:16:00	19:46:00	19:46:00	19:51:00	19:53:30
Bessonova 2°	18:20:00	18:50:00	18:50:00	19:20:00	19:20:00	19:50:00	19:50:00	19:55:00	19:57:30
Bessonova 3°	18:24:00	18:54:00	18:54:00	19:24:00	19:24:00	19:54:00	19:54:00	19:59:00	20:01:30
Dong Dong 1°	18:38:00	19:08:00	19:08:00	19:38:00	19:38:00	20:08:00	20:08:00	20:13:00	20:15:30
Dong Dong 2°	18:42:00	19:12:00	19:12:00	19:42:00	19:42:00	20:12:00	20:12:00	20:17:00	20:19:30
Dong Dong 3°	18:46:00	19:16:00	19:16:00	19:46:00	19:46:00	20:16:00	20:16:00	20:21:00	20:23:30
MacLennan 1°	18:50:00	19:20:00	19:20:00	19:50:00	19:50:00	20:20:00	20:20:00	20:25:00	20:27:30
MacLennan 2°	18:54:00	19:24:00	19:24:00	19:54:00	19:54:00	20:24:00	20:24:00	20:29:00	20:31:30
MacLennan 3°	18:58:00	19:28:00	19:28:00	19:58:00	19:58:00	20:28:00	20:28:00	20:33:00	20:35:30

Comaneci 1°	19:12:00	19:42:00	19:42:00	20:12:00	20:12:00	20:42:00	20:42:00	20:47:00	20:49:30
Comaneci 2°	19:16:00	19:46:00	19:46:00	20:16:00	20:16:00	20:46:00	20:46:00	20:51:00	20:53:30
Comaneci 3°	19:20:00	19:50:00	19:50:00	20:20:00	20:20:00	20:50:00	20:50:00	20:55:00	20:57:30
Yang Wei 1°	19:24:00	19:54:00	19:54:00	20:24:00	20:24:00	20:54:00	20:54:00	20:59:00	21:01:30
Yang Wei 2°	19:28:00	19:58:00	19:58:00	20:28:00	20:28:00	20:58:00	20:58:00	21:03:00	21:05:30
Yang Wei 3°	19:32:00	20:02:00	20:02:00	20:32:00	20:32:00	21:02:00	21:02:00	21:07:00	21:09:30
Uchimura 1°	19:46:00	20:16:00	20:16:00	20:46:00	20:46:00	21:16:00	21:16:00	21:21:00	21:23:30
Uchimura 2°	19:50:00	20:20:00	20:20:00	20:50:00	20:50:00	21:20:00	21:20:00	21:25:00	21:27:30
Uchimura 3°	19:54:00	20:24:00	20:24:00	20:54:00	20:54:00	21:24:00	21:24:00	21:29:00	21:31:30
Chusovitina 1°	19:58:00	20:28:00	20:28:00	20:58:00	20:58:00	21:28:00	21:28:00	21:33:00	21:35:30
Chusovitina 2°	20:02:00	20:32:00	20:32:00	21:02:00	21:02:00	21:32:00	21:32:00	21:37:00	21:39:30
Chusovitina 3°	20:06:00	20:36:00	20:36:00	21:06:00	21:06:00	21:36:00	21:36:00	21:41:00	21:43:30
Whitlock 1°	20:20:00	20:50:00	20:50:00	21:20:00	21:20:00	21:50:00	21:50:00	21:55:00	21:57:30
Whitlock 2°	20:24:00	20:54:00	20:54:00	21:24:00	21:24:00	21:54:00	21:54:00	21:59:00	22:01:30
Whitlock 3°	20:28:00	20:58:00	20:58:00	21:28:00	21:28:00	21:58:00	21:58:00	22:03:00	22:05:30
Biles 1°	20:32:00	21:02:00	21:02:00	21:32:00	21:32:00	22:02:00	22:02:00	22:07:00	22:09:30
Biles 2°	20:36:00	21:06:00	21:06:00	21:36:00	21:36:00	22:06:00	22:06:00	22:11:00	22:13:30
Biles 3°	20:40:00	21:10:00	21:10:00	21:40:00	21:40:00	22:10:00	22:10:00	22:15:00	22:17:30



BUENOS AIRES 2018



Day 10 Oct - AMP

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

CLUBS	Warm-up (30min)		Carpet 1 (30min)		Carpet 2 (30min)		wait+waiting time (5min)	Competition (FOP)	
Bessonova 1°	12:28:00	12:58:00	12:58:00	13:28:00	13:28:00	13:58:00	13:58:00	14:03:00	14:05:30
Bessonova 2°	12:32:00	13:02:00	13:02:00	13:32:00	13:32:00	14:02:00	14:02:00	14:07:00	14:09:30
Bessonova 3°	12:36:00	13:06:00	13:06:00	13:36:00	13:36:00	14:06:00	14:06:00	14:11:00	14:13:30
Dong Dong 1°	12:40:00	13:10:00	13:10:00	13:40:00	13:40:00	14:10:00	14:10:00	14:15:00	14:17:30
Dong Dong 2°	12:44:00	13:14:00	13:14:00	13:44:00	13:44:00	14:14:00	14:14:00	14:19:00	14:21:30
Dong Dong 3°	12:48:00	13:18:00	13:18:00	13:48:00	13:48:00	14:18:00	14:18:00	14:23:00	14:25:30
MacLennan 1°	13:00:00	13:30:00	13:30:00	14:00:00	14:00:00	14:30:00	14:30:00	14:35:00	14:37:30
MacLennan 2°	13:04:00	13:34:00	13:34:00	14:04:00	14:04:00	14:34:00	14:34:00	14:39:00	14:41:30
MacLennan 3°	13:08:00	13:38:00	13:38:00	14:08:00	14:08:00	14:38:00	14:38:00	14:43:00	14:45:30
Comaneci 1°	13:12:00	13:42:00	13:42:00	14:12:00	14:12:00	14:42:00	14:42:00	14:47:00	14:49:30
Comaneci 2°	13:16:00	13:46:00	13:46:00	14:16:00	14:16:00	14:46:00	14:46:00	14:51:00	14:53:30
Comaneci 3°	13:20:00	13:50:00	13:50:00	14:20:00	14:20:00	14:50:00	14:50:00	14:55:00	14:57:30
Yang Wei 1°	13:32:00	14:02:00	14:02:00	14:32:00	14:32:00	15:02:00	15:02:00	15:07:00	15:09:30
Yang Wei 2°	13:36:00	14:06:00	14:06:00	14:36:00	14:36:00	15:06:00	15:06:00	15:11:00	15:13:30
Yang Wei 3°	13:40:00	14:10:00	14:10:00	14:40:00	14:40:00	15:10:00	15:10:00	15:15:00	15:17:30
Uchimura 1°	13:44:00	14:14:00	14:14:00	14:44:00	14:44:00	15:14:00	15:14:00	15:19:00	15:21:30
Uchimura 2°	13:48:00	14:18:00	14:18:00	14:48:00	14:48:00	15:18:00	15:18:00	15:23:00	15:25:30
Uchimura 3°	13:52:00	14:22:00	14:22:00	14:52:00	14:52:00	15:22:00	15:22:00	15:27:00	15:29:30

Chusovitina 1°	14:04:00	14:34:00	14:34:00	15:04:00	15:04:00	15:34:00	15:34:00	15:39:00	15:41:30
Chusovitina 2°	14:08:00	14:38:00	14:38:00	15:08:00	15:08:00	15:38:00	15:38:00	15:43:00	15:45:30
Chusovitina 3°	14:12:00	14:42:00	14:42:00	15:12:00	15:12:00	15:42:00	15:42:00	15:47:00	15:49:30
Whitlock 1°	14:16:00	14:46:00	14:46:00	15:16:00	15:16:00	15:46:00	15:46:00	15:51:00	15:53:30
Whitlock 2°	14:20:00	14:50:00	14:50:00	15:20:00	15:20:00	15:50:00	15:50:00	15:55:00	15:57:30
Whitlock 3°	14:24:00	14:54:00	14:54:00	15:24:00	15:24:00	15:54:00	15:54:00	15:59:00	16:01:30
Biles 1°	14:36:00	15:06:00	15:06:00	15:36:00	15:36:00	16:06:00	16:06:00	16:11:00	16:13:30
Biles 2°	14:40:00	15:10:00	15:10:00	15:40:00	15:40:00	16:10:00	16:10:00	16:15:00	16:17:30
Biles 3°	14:44:00	15:14:00	15:14:00	15:44:00	15:44:00	16:14:00	16:14:00	16:19:00	16:21:30
Kabaeva 1°	14:48:00	15:18:00	15:18:00	15:48:00	15:48:00	16:18:00	16:18:00	16:23:00	16:25:30
Kabaeva 2°	14:52:00	15:22:00	15:22:00	15:52:00	15:52:00	16:22:00	16:22:00	16:27:00	16:29:30
Kabaeva 3°	14:56:00	15:26:00	15:26:00	15:56:00	15:56:00	16:26:00	16:26:00	16:31:00	16:33:30
Marchenko 1°	15:08:00	15:38:00	15:38:00	16:08:00	16:08:00	16:38:00	16:38:00	16:43:00	16:45:30
Marchenko 2°	15:12:00	15:42:00	15:42:00	16:12:00	16:12:00	16:42:00	16:42:00	16:47:00	16:49:30
Marchenko 3°	15:16:00	15:46:00	15:46:00	16:16:00	16:16:00	16:46:00	16:46:00	16:51:00	16:53:30
Chernova 1°	15:20:00	15:50:00	15:50:00	16:20:00	16:20:00	16:50:00	16:50:00	16:55:00	16:57:30
Chernova 2°	15:24:00	15:54:00	15:54:00	16:24:00	16:24:00	16:54:00	16:54:00	16:59:00	17:01:30
Chernova 3°	15:28:00	15:58:00	15:58:00	16:28:00	16:28:00	16:58:00	16:58:00	17:03:00	17:05:30

RIBBON	Warm-up (30min)		Carpet 1 (30min)		Carpet 2 (30min)		wait+waiting time (5min)	Competition (FOP)	
Comaneci 1°	17:28:00	17:58:00	17:58:00	18:28:00	18:28:00	18:58:00	18:58:00	19:03:00	19:05:30
Comaneci 2°	17:32:00	18:02:00	18:02:00	18:32:00	18:32:00	19:02:00	19:02:00	19:07:00	19:09:30
Comaneci 3°	17:36:00	18:06:00	18:06:00	18:36:00	18:36:00	19:06:00	19:06:00	19:11:00	19:13:30
Yang Wei 1°	17:40:00	18:10:00	18:10:00	18:40:00	18:40:00	19:10:00	19:10:00	19:15:00	19:17:30
Yang Wei 2°	17:44:00	18:14:00	18:14:00	18:44:00	18:44:00	19:14:00	19:14:00	19:19:00	19:21:30
Yang Wei 3°	17:48:00	18:18:00	18:18:00	18:48:00	18:48:00	19:18:00	19:18:00	19:23:00	19:25:30
Uchimura 1°	18:00:00	18:30:00	18:30:00	19:00:00	19:00:00	19:30:00	19:30:00	19:35:00	19:37:30
Uchimura 2°	18:04:00	18:34:00	18:34:00	19:04:00	19:04:00	19:34:00	19:34:00	19:39:00	19:41:30
Uchimura 3°	18:08:00	18:38:00	18:38:00	19:08:00	19:08:00	19:38:00	19:38:00	19:43:00	19:45:30
Chusovitina 1°	18:12:00	18:42:00	18:42:00	19:12:00	19:12:00	19:42:00	19:42:00	19:47:00	19:49:30
Chusovitina 2°	18:16:00	18:46:00	18:46:00	19:16:00	19:16:00	19:46:00	19:46:00	19:51:00	19:53:30
Chusovitina 3°	18:20:00	18:50:00	18:50:00	19:20:00	19:20:00	19:50:00	19:50:00	19:55:00	19:57:30
Whitlock 1°	18:32:00	19:02:00	19:02:00	19:32:00	19:32:00	20:02:00	20:02:00	20:07:00	20:09:30
Whitlock 2°	18:36:00	19:06:00	19:06:00	19:36:00	19:36:00	20:06:00	20:06:00	20:11:00	20:13:30
Whitlock 3°	18:40:00	19:10:00	19:10:00	19:40:00	19:40:00	20:10:00	20:10:00	20:15:00	20:17:30
Biles 1°	18:44:00	19:14:00	19:14:00	19:44:00	19:44:00	20:14:00	20:14:00	20:19:00	20:21:30
Biles 2°	18:48:00	19:18:00	19:18:00	19:48:00	19:48:00	20:18:00	20:18:00	20:23:00	20:25:30
Biles 3°	18:52:00	19:22:00	19:22:00	19:52:00	19:52:00	20:22:00	20:22:00	20:27:00	20:29:30
Kabaeva 1°	19:04:00	19:34:00	19:34:00	20:04:00	20:04:00	20:34:00	20:34:00	20:39:00	20:41:30
Kabaeva 2°	19:08:00	19:38:00	19:38:00	20:08:00	20:08:00	20:38:00	20:38:00	20:43:00	20:45:30
Kabaeva 3°	19:12:00	19:42:00	19:42:00	20:12:00	20:12:00	20:42:00	20:42:00	20:47:00	20:49:30

Marchenko 1°	19:16:00	19:46:00	19:46:00	20:16:00	20:16:00	20:46:00	20:46:00	20:51:00	20:53:30
Marchenko 2°	19:20:00	19:50:00	19:50:00	20:20:00	20:20:00	20:50:00	20:50:00	20:55:00	20:57:30
Marchenko 3°	19:24:00	19:54:00	19:54:00	20:24:00	20:24:00	20:54:00	20:54:00	20:59:00	21:01:30
Chernova 1°	19:36:00	20:06:00	20:06:00	20:36:00	20:36:00	21:06:00	21:06:00	21:11:00	21:13:30
Chernova 2°	19:40:00	20:10:00	20:10:00	20:40:00	20:40:00	21:10:00	21:10:00	21:15:00	21:17:30
Chernova 3°	19:44:00	20:14:00	20:14:00	20:44:00	20:44:00	21:14:00	21:14:00	21:19:00	21:21:30
Bessonova 1°	19:48:00	20:18:00	20:18:00	20:48:00	20:48:00	21:18:00	21:18:00	21:23:00	21:25:30
Bessonova 2°	19:52:00	20:22:00	20:22:00	20:52:00	20:52:00	21:22:00	21:22:00	21:27:00	21:29:30
Bessonova 3°	19:56:00	20:26:00	20:26:00	20:56:00	20:56:00	21:26:00	21:26:00	21:31:00	21:33:30
Dong Dong 1°	20:08:00	20:38:00	20:38:00	21:08:00	21:08:00	21:38:00	21:38:00	21:43:00	21:45:30
Dong Dong 2°	20:12:00	20:42:00	20:42:00	21:12:00	21:12:00	21:42:00	21:42:00	21:47:00	21:49:30
Dong Dong 3°	20:16:00	20:46:00	20:46:00	21:16:00	21:16:00	21:46:00	21:46:00	21:51:00	21:53:30
MacLennan 1°	20:20:00	20:50:00	20:50:00	21:20:00	21:20:00	21:50:00	21:50:00	21:55:00	21:57:30
MacLennan 2°	20:24:00	20:54:00	20:54:00	21:24:00	21:24:00	21:54:00	21:54:00	21:59:00	22:01:30
MacLennan 3°	20:28:00	20:58:00	20:58:00	21:28:00	21:28:00	21:58:00	21:58:00	22:03:00	22:05:30



Day 11 Oct-Training hall

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

	STRETCHING AREA	CARPET B (without music)	CARPET A (with music)
9:00-10:00	9°,10°,11°,12°		
10:00-11:00	13°,14°,15°,16°	9°,10°,11°,12°	
11:00-12:00	17°,18°,19°,20°	13°,14°,15°,16°	9°,10°,11°,12°
12:00-13:00	21°,22°,23°,24°	17°,18°,19°,20°	13°,14°,15°,16°
13:00-14:00	25°,26°,27°,28°	21°,22°,23°,24°	17°,18°,19°,20°
14:00-15:00	29°,30°,31°,32°	25°,26°,27°,28°	21°,22°,23°,24°
15:00-16:00	33°,34°,35°,36°	29°,30°,31°,32°	25°,26°,27°,28°
16:00-17:00	5°,6°,7°,8°	33°,34°,35°,36°	29°,30°,31°,32°
17:00-18:00	1°,2°,3°,4°	5°,6°,7°,8°	33°,34°,35°,36°
18:00-19:00		1°,2°,3°,4°	5°,6°,7°,8°
19:00-20:00			1°,2°,3°,4°



BUENOS AIRES 2018



Day 12 Oct-Training hall

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

	STRETCHING AREA	CARPET B (without music)	CARPET A (with music)
9:00-10:00	17°,18°,19°,20°		
10:00-11:00	21°,22°,23°,24°	17°,18°,19°,20°	
11:00-12:00	25°,26°,27°,28°	21°,22°,23°,24°	17°,18°,19°,20°
12:00-13:00	29°,30°,31°,32°	25°,26°,27°,28°	21°,22°,23°,24°
13:00-14:00	33°,34°,35°,36°	29°,30°,31°,32°	25°,26°,27°,28°
14:00-15:00	9°,10°,11°,12°	33°,34°,35°,36°	29°,30°,31°,32°
15:00-16:00	13°,14°,15°,16°	9°,10°,11°,12°	33°,34°,35°,36°
16:00-17:00	1°,2°,3°,4°	13°,14°,15°,16°	9°,10°,11°,12°
17:00-18:00	5°,6°,7°,8°	1°,2°,3°,4°	13°,14°,15°,16°
18:00-19:00		5°,6°,7°,8°	1°,2°,3°,4°
19:00-20:00			5°,6°,7°,8°



Day 13 Oct-Training hall

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

	STRETCHING AREA	CARPET B (without music)	CARPET A (with music)
9:00-10:00	25°,26°,27°,28°		
10:00-11:00	29°,30°,31°,32°	25°,26°,27°,28°	
11:00-12:00	33°,34°,35°,36°	29°,30°,31°,32°	25°,26°,27°,28°
12:00-13:00	9°,10°,11°,12°	33°,34°,35°,36°	29°,30°,31°,32°
13:00-14:00	13°,14°,15°,16°	9°,10°,11°,12°	33°,34°,35°,36°
14:00-15:00	17°,18°,19°,20°	13°,14°,15°,16°	9°,10°,11°,12°
15:00-16:00	21°,22°,23°,24°	17°,18°,19°,20°	13°,14°,15°,16°
16:00-17:00	5°,6°,7°,8°	21°,22°,23°,24°	17°,18°,19°,20°
17:00-18:00	1°,2°,3°,4°	5°,6°,7°,8°	21°,22°,23°,24°
18:00-19:00		1°,2°,3°,4°	5°,6°,7°,8°
19:00-20:00			1°,2°,3°,4°



Day 14 Oct-Training hall

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

	STRETCHING AREA	CARPET B (without music)	CARPET A (with music)
9:00-10:00	33°,34°,35°,36°		
10:00-11:00	9°,10°,11°,12°	33°,34°,35°,36°	
11:00-12:00	13°,14°,15°,16°	9°,10°,11°,12°	33°,34°,35°,36°
12:00-13:00	17°,18°,19°,20°	13°,14°,15°,16°	9°,10°,11°,12°
13:00-14:00	21°,22°,23°,24°	17°,18°,19°,20°	13°,14°,15°,16°
14:00-15:00	25°,26°,27°,28°	21°,22°,23°,24°	17°,18°,19°,20°
15:00-16:00	29°,30°,31°,32°	25°,26°,27°,28°	21°,22°,23°,24°
16:00-17:00	1°,2°,3°,4°	29°,30°,31°,32°	25°,26°,27°,28°
17:00-18:00	5°,6°,7°,8°	1°,2°,3°,4°	29°,30°,31°,32°
18:00-19:00		5°,6°,7°,8°	1°,2°,3°,4°
19:00-20:00			5°,6°,7°,8°



Day 15 Oct-Training hall

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

	STRETCHING AREA	CARPET B (without music)	CARPET A (with music)
9:00-10:00	21°,22°,23°,24°		
10:00-11:00	25°,26°,27°,28°	21°,22°,23°,24°	
11:00-12:00	29°,30°,31°,32°	25°,26°,27°,28°	21°,22°,23°,24°
12:00-13:00	33°,34°,35°,36°	29°,30°,31°,32°	25°,26°,27°,28°
13:00-14:00	9°,10°,11°,12°	33°,34°,35°,36°	29°,30°,31°,32°
14:00-15:00	13°,14°,15°,16°	9°,10°,11°,12°	33°,34°,35°,36°
15:00-16:00	17°,18°,19°,20°	13°,14°,15°,16°	9°,10°,11°,12°
16:00-17:00	5°,6°,7°,8°	17°,18°,19°,20°	13°,14°,15°,16°
17:00-18:00	1°,2°,3°,4°	5°,6°,7°,8°	17°,18°,19°,20°
18:00-19:00		1°,2°,3°,4°	5°,6°,7°,8°
19:00-20:00			1°,2°,3°,4°



Day 16 October-AMP

TRAINING SCHEDULE RHYTHMIC GYMNASTICS YOUTH OLYMPIC GAMES 2018

ROTATION 1		STRETCHING AREA		CARPET C		CARPET B		walk+waiting time (5min)	FOP
RG 4°	HOOP	15:25:00	15:55:00	15:55:00	16:25:00	16:25:00	16:55:00		17:00:00
RG 6°	HOOP	15:28:30	15:58:30	15:58:30	16:28:30	16:28:30	16:58:30		17:03:30
RG 5°	HOOP	15:32:00	16:02:00	16:02:00	16:32:00	16:32:00	17:02:00		17:07:00
RG 1°	HOOP	15:35:30	16:05:30	16:05:30	16:35:30	16:35:30	17:05:30		17:10:30
RG 3°	HOOP	15:39:00	16:09:00	16:09:00	16:39:00	16:39:00	17:09:00		17:14:00
RG 7°	HOOP	15:42:30	16:12:30	16:12:30	16:42:30	16:42:30	17:12:30		17:17:30
RG 2°	HOOP	15:46:00	16:16:00	16:16:00	16:46:00	16:46:00	17:16:00		17:21:00
RG 8°	HOOP	15:49:30	16:19:30	16:19:30	16:49:30	16:49:30	17:19:30		17:24:30
ROTATION 2		STRETCHING AREA		CARPET C		CARPET B		walk+waiting time (5min)	FOP
RG 4°	BALL	15:55:00	16:25:00	16:25:00	16:55:00	16:55:00	17:25:00		17:30:00
RG 6°	BALL	15:58:30	16:28:30	16:28:30	16:58:30	16:58:30	17:28:30		17:33:30
RG 5°	BALL	16:02:00	16:32:00	16:32:00	17:02:00	17:02:00	17:32:00		17:37:00
RG 1°	BALL	16:05:30	16:35:30	16:35:30	17:05:30	17:05:30	17:35:30		17:40:30
RG 3°	BALL	16:09:00	16:39:00	16:39:00	17:09:00	17:09:00	17:39:00		17:44:00
RG 7°	BALL	16:12:30	16:42:30	16:42:30	17:12:30	17:12:30	17:42:30		17:47:30
RG 2°	BALL	16:16:00	16:46:00	16:46:00	17:16:00	17:16:00	17:46:00		17:51:00
RG 8°	BALL	16:19:30	16:49:30	16:49:30	17:19:30	17:19:30	17:49:30		17:54:30

ROTATION 3		STRETCHING AREA		CARPET C		CARPET B		wait+waiting time (5min)	FOP
RG 4°	CLUBS	16:25:00	16:55:00	16:55:00	17:25:00	17:25:00	17:55:00		18:00:00
RG 6°	CLUBS	16:28:30	16:58:30	16:58:30	17:28:30	17:28:30	17:58:30		18:03:30
RG 5°	CLUBS	16:32:00	17:02:00	17:02:00	17:32:00	17:32:00	18:02:00		18:07:00
RG 1°	CLUBS	16:35:30	17:05:30	17:05:30	17:35:30	17:35:30	18:05:30		18:10:30
RG 3°	CLUBS	16:39:00	17:09:00	17:09:00	17:39:00	17:39:00	18:09:00		18:14:00
RG 7°	CLUBS	16:42:30	17:12:30	17:12:30	17:42:30	17:42:30	18:12:30		18:17:30
RG 2°	CLUBS	16:46:00	17:16:00	17:16:00	17:46:00	17:46:00	18:16:00		18:21:00
RG 8°	CLUBS	16:49:30	17:19:30	17:19:30	17:49:30	17:49:30	18:19:30		18:24:30
ROTATION 4		STRETCHING AREA		CARPET C		CARPET B		wait+waiting time (5min)	FOP
RG 4°	RIBBON	16:55:00	17:25:00	17:25:00	17:55:00	17:55:00	18:25:00		18:30:00
RG 6°	RIBBON	16:58:30	17:28:30	17:28:30	17:58:30	17:58:30	18:28:30		18:33:30
RG 5°	RIBBON	17:02:00	17:32:00	17:32:00	18:02:00	18:02:00	18:32:00		18:37:00
RG 1°	RIBBON	17:05:30	17:35:30	17:35:30	18:05:30	18:05:30	18:35:30		18:40:30
RG 3°	RIBBON	17:09:00	17:39:00	17:39:00	18:09:00	18:09:00	18:39:00		18:44:00
RG 7°	RIBBON	17:12:30	17:42:30	17:42:30	18:12:30	18:12:30	18:42:30		18:47:30
RG 2°	RIBBON	17:16:00	17:46:00	17:46:00	18:16:00	18:16:00	18:46:00		18:51:00
RG 8°	RIBBON	17:19:30	17:49:30	17:49:30	18:19:30	18:19:30	18:49:30		18:54:30