



**Asker Lukoil Cup
Asker (NOR)
February 1th to 3rd, 2019**



DIRECTIVES

Event ID: 15970

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Norway has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	Norges Gymnastikk- og Turnforbund Marianne Halberg 0840 Oslo Norway +47 47 47 72 36 marianne.halberg@gymogturn.no http://www.gymogturn.no/
LOCAL ORGANIZING COMMITTEE	Asker Turnforening Bente Bjanes or Eva Cecilie Juul Møller Postboks 18 1371 Asker Norway +47 970 52 050 rgaskerturn@gmail.com http://www.askerturn.no/
LOCATION	Asker, Norway
DATE	From February 1 th to February 3 rd , 2019
VENUE	Competition and training hall: Askerhallen Brages vei 2 1387 Asker +47 66 79 19 66 adm@askerturn.no https://www.asker.kommune.no/ldrett/Askerhallen/
APPARATUS SUPPLIER	FIG certified SPIETH RG Competition floor Beijing, nr 1790580, 14 x 14 m
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Technical Regulations• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules• Doping Control Rules• Licence rules (except for non competitive events)• Media Rules• Apparatus Norms• FIG Rules for Sanctioning (approval) of International Events• Advertising and Publicity Rules <i>and subsequent decisions of the FIG Executive Committee</i>
FEDERATIONS	The Organizing Member Federation will invite all Member Federations

INVITED	according to the following principles: All FIG member federations in good standing.
AGE LIMITS	RG: Junior: Born in 2004- 2005 – 2006 Senior :Born in 2003 and earlier. All gymnasts must have an FIG licence, valid until the end of the event.
JUDGES AND JURIES	All judges must have a current valid FIG brevet (2017-2020) at the time of the event, in the respective discipline RGI and/or RGG). If your delegation chooses to participate without a judge, a fee of 50 € must be paid together with all other fees.
REGISTRATION DEADLINES	Definitive registration: December 1th 2018 Nominative registration: January 2 nd 2019
ENTRY FEES	The Entry fee for this event will be: 40 € per gymnast, and 100 € pr group. Must be paid by bank transfer before arrival.
ACCREDITATION	Accreditation cards will not be needed.
EVENT FORMAT	<p>Senior individual competition: FIG rules</p> <ul style="list-style-type: none"> • All around competition (hoop – ball – clubs – ribbon) <ul style="list-style-type: none"> ○ Seniors may compete with less than 4 routines, for the purpose of the individual team competition and finals per apparatus • Finals per apparatus <ul style="list-style-type: none"> ○ The top 6 gymnasts per apparatus from AA qualify ○ Maximum 1 gymnast per country ○ If the host country is not represented among the top 6, a 7th finalist will be added from the host country <p>Junior individual competition: FIG rules</p> <ul style="list-style-type: none"> • Competition per apparatus (hoop – ball – clubs – ribbon) <ul style="list-style-type: none"> ○ Juniors may compete with 1 to 4 routines • Finals per apparatus <ul style="list-style-type: none"> ○ The top 6 gymnasts per apparatus from AA qualify ○ Maximum 1 gymnast per country ○ If the host country is not represented among the top 6, a 7th finalist will be added from the host country <p>Individual team competition:</p> <ul style="list-style-type: none"> • The scores of the best 4 senior AA routines and the best 4 junior routines (regardless of apparatus) per delegation count towards the individual team competition “Asker Cup”. <p>Senior group competition: FIG rules * Qualification and Individual Apparatus Final max 6 group in final)</p> <p>Junior group competition: FIG rules * Qualification and Individual Apparatus Final max 6 group in final)</p> <p>Each delegation may consist of 1-2 junior gymnasts and/or 1-2 senior gymnasts, one senior group and one junior group.</p>
PROVISIONAL SCHEDULE	<p>Thursday, January 31th.</p> <ul style="list-style-type: none"> • Arrival • Training possibilities all day at competition hall <p>Friday, February 1th.</p> <ul style="list-style-type: none"> • Arrival • Training possibilities from 09:00 to 15:00 in training hall (• Orientation meeting at 20:00 <p>Saturday, February 2nd</p> <ul style="list-style-type: none"> • Junior competition per apparatus • Senior all around competition • Junior group competition • Senior group competition

	<ul style="list-style-type: none"> Banquet <p>Sunday, February 3rd</p> <ul style="list-style-type: none"> Senior finals per apparatus Junior finals per apparatus Junior group finals Senior group finals <p>Departure from Asker: Sunday February 3rd from 15.00.</p>
MEDICAL SERVICES	First aid staff will be available at the venue, and will assist with further needs.
VISA	<p>Please verify immediately with your travel agent or the Norwegian Embassy or Consulate in your country if a visa is required for your travel to Norway. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before December 1st to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by January 2nd 2019.</p>
LOCAL TRANSPORTATION	<p>Arrival at Oslo Airport Gardermoen: The airport express train takes you directly to Asker train station in 50 minutes. Cost per adult: 210 NOK (approximately 25 €). All children travel for free with adults.</p> <p>Low cost option, Sandefjord Airport Torp: The NSB train takes you directly to Asker train station in 80 minutes. Cost per adult: 207 NOK (approximately 26 €). One child travels for free per adult. Additional children 104 NOK.</p> <p>Representatives of the organizing committee will meet your delegation at Asker train station.</p> <p>The hotel is within walking distance from the venue. Additional transportation will be scheduled, free of charge.</p>
ACCOMMODATION	<p>Scandic Asker Askerveien 61 1384 Asker +47 23 15 54 00 asker@scandichotels.com www.scandichotels.no/Hotels/Norge/Oslo/Scandic-Asker/</p> <p>The costs per room/night in this first Hotel are as follows: 120 € (single room, including breakfast) 150 € (double room, including breakfast) 185 € (triple room, including breakfast) 230 € (quadruple room, including breakfast)</p> <p>The costs for the accommodations must be paid to the LOC by January 20th</p>

	as follows: By bank transfer before arrival. Same as entry fees.																
MEALS	Lunch is available 31th of January, 1th, 2 nd and 3 rd of February. The cost is 15 euro per person per day. Banquet dinner will be on Saturday, 2 nd February. The cost is 25 euro per person. Pay by bank transfer, January 20 th .																
CANCELTION POLICY	There will be no financial burdens for cancelation.																
FINAL BANQUET	A banquet will be organized after the competition on February 2nd. The cost is 25 euro per person. Pay by bank transfer, January 20 th .																
PRIZE MONEY	The Prize Money, will be distributed in euro as follows: Senior FIG: 1. place: 300 € 2. place: 200€ 3 place: 100€ LUKOIL Overseas North Shelf AS is the sponsor of the price Money.																
BANK ACCOUNT INFORMATION	Each participating member Federation is kindly requested to make the payment of all fees to the account below by 20th January 2019 . Transfer to: Asker turn Bank: Handelsbanken Account number: 9497 05 14907 IBAN: NO8794970514907 BIC/SWIFT: HANDNOKK																
MARKETING	FIG advertising and publicity norms must be respected																
MEDIA	Televising of the event is not planned. For media enquiries, please contact rgaskerturn@gmail.com																
SOCIAL MEDIA	Facebook: https://www.facebook.com/RgAskerTurnforening																
DEADLINES SUMMARY	<table border="1"> <tr> <td>Definitive Registration</td> <td>December 1th 2018</td> </tr> <tr> <td>Nominative Registration</td> <td>January 2nd 2019</td> </tr> <tr> <td>Accommodation Form</td> <td>January 2nd 2019</td> </tr> <tr> <td>Travel Schedule Form</td> <td>January 2nd 2019</td> </tr> <tr> <td>Visa Request Form</td> <td>December 1th 2018</td> </tr> <tr> <td>Payment of the Entry Fee</td> <td>Janauary 20th 2019</td> </tr> <tr> <td>Payment of the Accommodation Costs and meals/banquet</td> <td>Janauary 20th 2019</td> </tr> <tr> <td>Payment of the fine for missing judge</td> <td>Janauary 20th 2019</td> </tr> </table>	Definitive Registration	December 1th 2018	Nominative Registration	January 2 nd 2019	Accommodation Form	January 2 nd 2019	Travel Schedule Form	January 2 nd 2019	Visa Request Form	December 1th 2018	Payment of the Entry Fee	Janauary 20 th 2019	Payment of the Accommodation Costs and meals/banquet	Janauary 20 th 2019	Payment of the fine for missing judge	Janauary 20 th 2019
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Sincerely Yours,

Oslo, 03.10.2018



Signature of the President or
Secretary General of the FIG affiliated NF