

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Update 01 April 2019



FIG RG World Cup 12 – 14 April 2019 Sofia (BUL)



PROGRAMME FOR THE STAY OF THE DELEGATIONS

10 APRIL 2019 Wednesday	
	Arrival of the delegations Accommodation and accreditation at the Arena Armeec
11 APRIL 2019 Thursday	
08.00 – 20.00	Trainings – Arena Armeec Hall
17.00 – 20.00 (with 15' break) 16.00 – 16.50	Judges' Instruction – CONFERENCE HALL Orientation meeting - Arena Armeec
20.30 - 22.30	Judges' Dinner
12 APRIL 2019 Friday – QUALIFICATION - AA	
09.00 – 10.00	Judges' draw – Arena Armeec Hall – Judges' room
10.30 – 12.20	Individual – Group A 2 apparatus
12.20 – 12.35	Break
12.35 – 14.25	Individual – Group B 2 apparatus
14.25 – 15.05	Break - Lunch
15.05 – 16.55	Individual – Group C 2 apparatus
16.55 – 17.15	Break
17.15 – 17.55	Groups – Group A 5 balls
17.55 – 18.05	Break
18.05 – 18.40	Groups – Group B 5 balls
13 APRIL 2019 Saturday – QUALIFICATION - AA	
09.15 – 10.00	Judges' conference – Arena Armeec Hall – Judges' room
10.20 – 12.10	Individual – Group C 2 apparatus
12.10 – 12.20	Break
12.20 – 14.10	Individual – Group A 2 apparatus
14.10 – 15.05	Break - Lunch
15.05 – 16.55	Individual – Group B 2 apparatus
16.55 – 17.08	Break
17.08 – 17.48	Groups – Group B 3 hoops and 4 clubs
17.57 – 18.15	OPENING CEREMONY
18.24 – 18.54	Groups – Group A 3 hoops and 4 clubs
19.00 – 19.20	AWARDING CEREMONY – WORLD CUP ALL AROUND INDIVIDUALS AND GROUPS

14 APRIL 2019 – Sunday - FINALS	
14.00 – 15.00	Judges' draw – Arena Armeec Hall – Judges' room
15.05 – 15.30	Individual – HOOP
15.30 – 15.35	Break
15.35 – 16.00	Individual – BALL
16.00 – 16.06	Break
16.06 – 16.40	Groups – 5 balls
16.40 – 16.46	Break
16.46 – 17.11	Individual – CLUBS
17.11 – 17.18	Break
17.18 – 17.43	Individual – RIBBON
17.43 – 17.52	Break
17.52– 18.26	Groups – 3 hoops and 4 clubs
18.33 – 18.43	AWARDING CEREMONY
18.49 – 19.10	AWARDING CEREMONY
19.15 – 19.45	GALA
21.00	Closing dinner
15 APRIL 2019 Monday	
All day	Departure of the delegations