

FIG RHYTHMIC GYMNASTICS WORLD CUP AGF TROPHY



BƏDİİ
GİMNASTİKA
üzrə **DÜNYA KUBOKU**
AGF TROPHY 2019

26-28
APREL

Ağamirova Zöhre
Bədii gimnast

BİLETLƏR:
ticketing.mga.az

ƏLAVƏ MƏLUMAT ÜÇÜN:
www.agf.az

MİLLİ GİMNASTİKA ARENASI
Əlaqə nömrələri:
+994 12/51 566 9699

WORK PLAN
BAKU, AZERBAIJAN
APRIL 26-28, 2019

**FIG RHYTHMIC GYMNASTICS WORLD CUP AGF TROPHY
BAKU (AZERBAIJAN)
April 26-28, 2019**

Dear Friends!

*We are pleased to host the Rhythmic Gymnastics World Cup in Baku for the 4th year in a row!
Baku spectators are looking forward to see the gymnasts' beautiful and elegant performances.*

*Please look through the content of this Work Plan to be aware of all pre & post competition
procedures for the purpose of having smooth and wonderful competitions.*

Thank you!

**GENERAL
INFORMATION**

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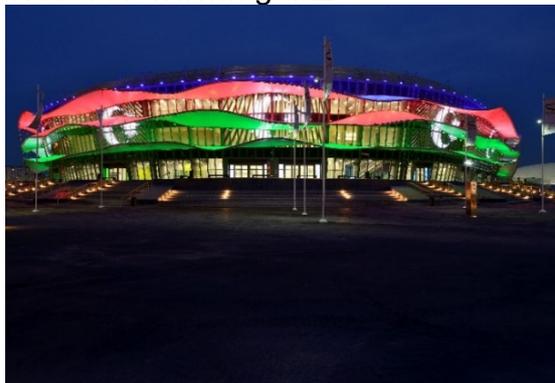
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LOC, Medical Manager
Tel.: +99450 373 4565

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**COMPETITION
VENUE**

MGA – Milli Gimnastika Arenası (National Gymnastics Arena)

178 Heydar Aliyev Avenue
AZ1029, Baku, Azerbaijan
Tel: +99412 566 9699
Fax: +99412 566 9694
Website: www.mga.az



The MGA was officially opened in April 2014. This gymnastics specialized Arena has already hosted many different international sport events. The Arena has the ability to stretch from 5,000 to 9,600 seats, depending on the size and the nature of the event it hosts. This sports facility has become a favourite training camp venue of many gymnasts all over the world.

Training and Warm-up facilities will be located within the MGA.

Provisional Schedule

April 24 – Wednesday

All day	Arrival of delegations
14:00-19:00	Free Training

April 25 - Thursday

08:00-21:00	Official Training & Podium Training	MGA, Warm-up & Training Hall, FoP, -2
10:00-11:00	Orientation meeting	MGA, Artistic Lounge, 1
15:30-18:30	Judges' Instruction (coffee break at 17:00)	MGA, Judges' Room, -2
18:30-18:45	Scoring System Instruction for Judges	MGA, FoP, -2

April 26 - Friday

08:00-21:30	Training per schedule for Groups and Individual Gymnasts	MGA, Warm-up & Training Hall, -2
11:00-12:00	Judges' drawing of lots (Individual & Group competitions)	MGA, Judges' Room, -2
12:00-12:15	Opening Ceremony	MGA, FoP, -2
12:15-14:25	Individual Qualifications All-Around: Group A - Hoop, Ball	MGA, FoP, -2
14:25-15:15	Break	
15:15-17:25	Individual Qualifications All-Around: Group B - Hoop, Ball	MGA, FoP, -2
17:25-17:40	Break	

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17:40-19:50	Individual Qualifications All-Around: Group C - Hoop, Ball	MGA, FoP, -2
19:50-20:00	Break	
20:00-21:40	Groups' Qualifications All-Around - 5 Balls	MGA, FoP, -2
April 27 – Saturday		
08:00-21:30	Training per schedule for Group and Individual gymnasts	MGA, Warm-up & Training Hall, -2
11:00-12:00	Judges' drawing of lots for Individual & Group competitions	MGA, Judges' Room, -2
12:00-14:10	Individual Qualifications All-Around: Group A – Clubs, Ribbon	MGA, FoP, -2
14:10-15:00	Break	
15:00-17:10	Individual Qualifications All-Around: Group B - Clubs, Ribbon	MGA, FoP, -2
17:10-17:25	Break	
17:25-19:35	Individual Qualifications All-Around: Group C - Clubs, Ribbon	MGA, FoP, -2
19:35-19:50	Award Ceremony (Individual All-Around + AGF Trophy & FIG Cup)	MGA, FoP, -2
19:50-20:00	Break	
20:00-21:40	Groups' Qualifications All-Around - 3 Hoops & 2 pairs of Clubs	MGA, FoP, -2
21:40-21:50	Award Ceremony (Groups' All-Around + AGF Trophy + FIG Cup)	MGA, FoP, -2
April 28 - Sunday		
09:00-16:30	Training per schedule for Groups and Individual	MGA, Warm-up & Training Hall, -2
11:00-12:00	Judges' drawing of lots	MGA, Judges' Room, -2
12:00-12:05	Presentation of Individual Finalists (Hoop & Ball)	MGA, FoP, -2
12:05-12:57	Individual Apparatus Finals - Hoop, Ball	MGA, FoP, -2
12:57-13:00	Presentation of Individual Finalists (Clubs & Ribbon)	MGA, FoP, -2
13:00-14:00	Individual Apparatus Finals - Clubs, Ribbon	MGA, FoP -2
14:00-14:15	Award Ceremony (Apparatus Finals + FIG Cup)	MGA, FoP, -2
14:15-14:30	Break	
14:30-14:35	Presentation of Group Finalists	MGA, FoP, -2
14:35-16:00	Groups' Apparatus Finals 5 Balls, 3 Hoops & 2 pairs of Clubs	MGA, FoP, -2
16:00-16:15	Award Ceremony (Apparatus Finals + FIG Cup)	MGA, FoP, -2
19:00	Farewell banquet	tbc.
April 29 – Monday		
All day	Departure of delegations	
ARRIVAL INFORMATION	Official delegations' members will be met at Heydar Aliyev International Airport (GYD), bus or railway station upon arrival in Baku and transferred to the event's official hotels provided that they reserved their accommodation through the LOC. The delegations will be informed of the time fixed for their accreditation upon arrival.	

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<p>ACCREDITATION</p>	<p>Accreditation Center / LOC room is located within the competition venue - Milli Gimnastika Arenası (MGA, National Gymnastics Arena). There is no need for all delegation members to be present at the accreditation center. One/two responsible persons from the delegation possessing all the necessary information is enough to get accreditation for all its members.</p> <p>The following items will be checked/submitted by a responsible person:</p> <ul style="list-style-type: none"> • The passport of gymnasts and judges including all members of the delegations • License • Transport – Departure details • Settlement of all outstanding payments • The medical insurance for the members of the delegations • 2 sets of Audio CD's of the music and a form with the duration and the author of the music has to be filled in; official titles/Interpreters have to be indicated • National anthem and national flag • Distribution of keys/access cards to get information from mailboxes • Possible submission of other forms • Submission of e-mail address of one responsible person • Distribution of log-in details to the Heads of Delegations to access the mobile application where all the necessary information concerning the competitions will be available.
<p>TRANSPORT</p>	<p>Shuttle buses schedule (to the Competition Venue & back) will be provided to the delegations who reserved their accommodation through the LOC at the accreditation center / LOC room. In addition, transport will be available for the participants to get to the place of the farewell banquet provided that they reserved their accommodation through the LOC.</p>
<p>SIGHTSEEING TOUR</p>	<p>The delegations' members, wishing to join sightseeing arranged by the Local Organizing Committee from 17.00 to 19.00 on April 28, will be provided with transportation from the MGA right away after the competitions. The buses will take the participants back to the official hotels after the tour.</p>
<p>HOTELS</p>	<p>Boulevard Hotel***** Address: Baku White City Baku, Azerbaijan Tel.: +99412 310 00 10 Fax.: +99412 310 00 11 Website: www.boulevardhotelbaku.com</p> <p>The Hotel is located close to the city center</p> <p><u>Distances</u> Airport – 25km (25 min. drive) Training/competition venue – 10km (10min. drive)</p>

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<p>HOTELS</p>	<p>Qafqaz Baku City Hotel **** Address: Tbilisi Avenue 34, AZ1122 Baku, Azerbaijan Tel: +99412 404 3160 Website: https://qafqazhotels.com</p> <p><u>Distances</u> Airport – 25.9 km (33 min. drive) Training/competition venue – 12.4 km (20 min. drive)</p> <p>Emerald Hotel**** Address: 4 Mehdi Abbasov str., Baku, Azerbaijan Tel.: +99412 520 44 41, +99412 520 41 44 Website: www.emeraldbaku.com The Hotel is located near MGA (competition venue)</p> <p><u>Distances</u> Airport – 15km (15 min. drive) Training/competition venue – 2km (5 min. drive)</p> <p>Note: Breakfast is included into the accommodation reservation. Wi-Fi is available at the above-mentioned hotels.</p>																				
<p>MEALS</p>	<p>The delegations, who reserved meals for their members, will get meal coupons at the Accreditation Centre.</p> <p><i>Meal schedule for the delegations who booked meals at hotels/MGA (breakfast is included into the accommodation reservation) is as follows:</i></p> <table border="1" data-bbox="438 1355 1476 1646"> <thead> <tr> <th>Location</th> <th>Breakfast</th> <th>Lunch</th> <th>Dinner</th> </tr> </thead> <tbody> <tr> <td>Boulevard Hotel</td> <td>06:00-10:00</td> <td>13:00-15:30</td> <td>20:00-23:30</td> </tr> <tr> <td>Qafqaz Baku City Hotel</td> <td>06:00-10:00</td> <td>13:00-15:30</td> <td>20:00-23:30</td> </tr> <tr> <td>Emerald Hotel</td> <td>06:00-10:00</td> <td>13:00-15:30</td> <td>20:00-23:30</td> </tr> <tr> <td>MGA</td> <td>N/A</td> <td>13:00-15:30</td> <td>N/A</td> </tr> </tbody> </table>	Location	Breakfast	Lunch	Dinner	Boulevard Hotel	06:00-10:00	13:00-15:30	20:00-23:30	Qafqaz Baku City Hotel	06:00-10:00	13:00-15:30	20:00-23:30	Emerald Hotel	06:00-10:00	13:00-15:30	20:00-23:30	MGA	N/A	13:00-15:30	N/A
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MGA	N/A	13:00-15:30	N/A																		
<p>MAILBOXES & INFORMATION DESKS</p>	<p>The Main Information Desk will operate at the MGA competition venue (near the delegations' entrance). Information Desks will also be available at the official hotels.</p> <p>Mailboxes will be set up at the competition venue where the delegations' members can find all necessary information.</p> <p>No hard copies of any documents (start list, results & etc.) will be available for distribution.</p> <p>All the documents will be sent to the e-mail addresses of responsible person from each delegation provided that the correct e-mail address was submitted during the Accreditation.</p>																				

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	<p>The relevant documents will also be available on the mobile application. The LOC will distribute log-in details to the Heads of Delegations to access the application concerned.</p> <p>All the necessary information will also be communicated via WhatsApp group (mobile phone numbers of HoD will be collected for this purpose).</p>
VIP LOUNGES & ATHLETES LOUNGES	<p>VIP Lounge (starts its operation on April 26) and Athletes' Lounge (starts its operation on April 25) are located on Level 1. The participants can spend their free time from trainings and competitions at the Athletes' Lounge where they can enjoy themselves with some table games, Wi-Fi access, snack and soft drinks.</p> <p>Delegations' seats are located on Level 0.</p>
ORIENTATION MEETING & WELCOME RECEPTION	<p>The Orientation Meeting will take place at MGA (Level 1, Lounge – Artistic) at 10:00 on April 25. Responsible people (max. 2 per Federation) must attend the meeting.</p> <p>There will be served a light breakfast as well.</p>
FORMS	<p>A responsible person from each delegation must submit the following forms to the Local Organizing Committee's Office/LOC representatives by the below mentioned deadlines:</p> <p>Music Form – at the Accreditation</p> <p>Change to the list of Gymnasts' names - if necessary, the form should be submitted to the FIG and LOC immediately, at the latest 24 hours before the competition start</p> <p>Change to the list of Officials' names - if necessary, the form should be submitted to the FIG and LOC immediately for the FIG approval</p>
JUDGES' MEETING & SCORING SYSTEM INSTRUCTIONS	<p>The Judges' Instruction will be held at the Judges' Room (Level -2) from 15:30 to 18:30 on April 25 (coffee break at 17:00).</p> <p>Scoring System Instruction for judges will be held at 18:30 on April 25, immediately after the completion of Judges' Instruction.</p> <p>All judges are required to take part in the judges' meetings, technical scoring system instructions in accordance with the schedule and location indicated in the present Work Plan.</p> <p>The drawing of lots of the Judges' Panels for the Qualification and Finals will be conducted by the FIG Technical Delegate.</p>
APPARATUS SUPPLIER	<p>Manufacturer: SPIETH Gymnastics Competition floor title: Beijing Colour: Beige FIG certified Reference number: 1790280</p> <p>Replacement Apparatus – PASTORELLI & Sasaki</p> <p>Hoop: Pastorelli Art. 00300FIG model "Rodeo" (color – red / orange / gold)</p> <p>Ball: Sasaki Art. M-20A-F (color – FRR)</p> <p>Clubs: Sasaki Art. M-34H-F (color – FRR)</p> <p>Ribbon: Sasaki Art. M-71-F (color – R)</p> <p>Stick: Sasaki Art. M-781-F (color – W)</p>

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	<p>The changes of the Apparatus Norms for the Hand Apparatus valid for Apparatus Manufacturers and Gymnasts enter into force from 01 January 2019.</p> <p>The list of the RG Hand Apparatus with valid certificates is published on the FIG website (here) and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event, as they will not be allowed to compete with an Apparatus which does not comply with the norms.</p>
APPARATUS CONTROL	<p>Random checks will be carried out throughout the event and may occur at any time, but Gymnasts having a doubt regarding the validity of their hand apparatus may ask for a preliminary check.</p>
SCORING	<p>Scoring will be carried out by SmartScoring. Video Control system will be provided.</p> <p>Competition results will be available at Information Desks and Mobile Application, as well as will be sent to the e-mail addresses of a responsible person of each delegation provided at the Accreditation & WhatsApp Group (mobile phone numbers of HoD will be collected for this purpose).</p>
TRAINING	<p>The training sessions will take place at the training & warm-up hall adjacent to the Field of Play.</p> <p>The podium training will start at 10:00 on April 25, 2019. Training & Podium Training schedules are enclosed.</p>
COMPETITION FORMAT	<p>Individuals All-Around which serve as qualification for the Apparatus Final: All Individual gymnasts have to participate in the All-Around qualification</p> <p>Apparatus Finals: The top eight (8) gymnasts per apparatus from the All-Around qualifying Competition participate in the Finals</p> <p>Group competitions: All-Around which serve as qualification for the Routine Final: All Groups have to participate in the Qualifications</p> <p>Final Group Routines: The top eight (8) groups of each Group Routines will qualify for the Finals.</p>
COMPETITION HALL	<p>The lighting at the whole competition hall will be turned down. The light will be directed on RG Floor. In this regard, the FIG Technical Regulations' requirements will be respected.</p> <p>The podium trainings prior to the Qualification days will be organized with the same lighting conditions.</p>
AGF TROPHY	<p>There will be held awarding of the AGF Trophy Cup to one individual gymnast and one group which have the highest execution result at the Qualification/All-Around during the event.</p>

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<p>CEREMONIES</p>	<p>Opening Ceremony The Opening Ceremony will take place at MGA, at 12:00 on April 26, 2019. The participants are not required to take part in the Ceremony.</p> <p>Award Ceremonies The award ceremonies will be held as per the detailed competition schedule and carried out in accordance with the FIG Regulations for Award Ceremonies. Please ensure that your Federation's medalists are in time for the line-up prior to the ceremonies. The competitors requested to attend the award ceremonies will be as follows: Gymnasts / Groups ranked 1st to 3rd in the All-Around and on each apparatus / routine. A special Award Ceremony will be held to reward the Winners (1st place) of the 2019 World Cup Series. Gymnasts will be required to wear the National track suit. In case of infractions, the respective Federation will receive only 50% of the prize money (as per Technical Regulations, section 1, Art. 9.3.3). The national flags of the countries represented by the best 3 gymnasts / groups will be hoisted and the national anthem of the country taken the 1st place (in individual program / group exercises) will be played. AGF Trophy will be presented by the LOC to the athlete & group who received the highest execution score during the Qualifications/All-Around..</p>
<p>Prize Money</p>	<p>After the competitions the Local Organizing Committee will transfer the Prize Money to the bank account of the countries concerned in accordance with Article 10 of the Rules for the FIG Rhythmic Gymnastics World Cup series</p>
<p>MEDICAL SERVICES & DOPING CONTROLS</p>	<p>The LOC will provide first aid medical services. Physiotherapists will be present during the competitions. The Organizing Member Federation will provide at its own charge a minimum of 4 doping controls for Individual gymnasts and 4 for Groups. Appropriate medical premises will be provided to carry out a minimum required number of doping controls by ANADA (National Anti-Doping Agency).</p>
<p>OTHER INFORMATION</p>	<p>Currency The currency in Baku is Azerbaijani Manat (AZN). For more information, please, visit: http://www.cbar.az/</p> <p>Power Supply Voltage 220-240V</p> <p>Temperature Average minimum: 10 °C Average maximum: 23 °C</p> <p>GMT +4</p> <p>City Sightseeing The Old City – travel into the ancient times not leaving the city centre.</p>

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<p>OTHER INFORMATION</p>	<p>The impression of ancient cultural roots, the way of life of ancient Azerbaijani people, carpets dating many centuries back will stick in the memories for a long time. Thrilled by the height of Giz Galasi (Maiden Tower) and of the whole city view of modernity, you will realize that Baku is the unique place where antiquity welcomes contemporary way of life.</p> <p>The National Flag square covering 60 hectares area and featuring the state symbols of Azerbaijan, coat of arms and the anthem and a map of the country.</p> <p>Baku Boulevard to breath fresh sea air and admire the pure nature.</p> <p>The Museum of Modern Art, which is of great interest of foreigners visiting the city and etc.</p> <p>Daytime Baku attracts with fashionable malls & boutiques. Those who love shopping can spend hours there to please themselves.</p> <p>Unique, delicious national cuisine can be tested at the restaurants widely opening their doors to its visitors. Those found of Spanish, Italian, Mexican, Chinese and Japanese food will not be forgotten. Hospitable Baku is the place to please any taste and whims.</p> <p>For more information's, please, visit: http://azerbaijan.travel/en - Azerbaijan's official tourism web page</p>
<p>Appendices</p>	<p>Appendix 1 - Training Schedule Appendix 2 - Layouts</p>

With Best Wishes,



Nurlana Mammadzada
LOC Executive Director