

## DIRECTIVES

**Event ID:16130**

**Update June 4**

### **Event format and Accommodation**

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Poland has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics</b>
<b>HOST FEDERATION</b>	<p><b>Gymnastics Federation Of Poland</b>  Wiesława Milewska  ul. Ratuszowa 11  03-450 Warsaw  +(48) 570 990 303  <a href="mailto:wmilewska@pzg.pl">wmilewska@pzg.pl</a>  <a href="http://pzg.pl">http://pzg.pl</a></p>
<b>LOCAL ORGANIZING COMMITTEE</b>	<p><b>Director of the competition</b>  Anna Mrozinska  Wladyslawa IV 54, 81-384 Gdynia, Poland  +(48) 503 113 846  <a href="mailto:maricruzdance@gmail.com">maricruzdance@gmail.com</a></p>
<b>LOCATION</b>	<b>Gdynia, Poland</b>
<b>DATE</b>	<b>22-23.06.2019</b>
<b>VENUE</b>	<p><b>Gdynia Arena</b>  Kazimierza Gorskiego 8, 81-302 Gdynia, Poland  +48 (58) 783 55 00  <a href="http://www.gdyniaarena.pl">http://www.gdyniaarena.pl</a></p> <p> <a href="mailto:sekretariat@gdyniasport.pl">sekretariat@gdyniasport.pl</a> or <a href="mailto:p.filipowicz@gdyniasport.pl">p.filipowicz@gdyniasport.pl</a></p> <p><b>Additional information:</b></p> <ul style="list-style-type: none"> <li>- very good sound system-unique acoustic of hall</li> <li>- 2 training carpet</li> <li>- 1 competition carpet</li> </ul>
<b>APPARATUS SUPPLIER</b>	<p><b>Floor:</b> Janssen Fritsen, RG Floor Ref. 1790280 (former Ref.652+ 653+ 658+ 659+1790580+1790290+1790291+1790292)</p> <p><b>Replacement Apparatus</b></p> <p>Rope – SASAKI, M-280-F, Size: L, 3 m 1 cm, Quality: nylon  Hoop Senior – Pastorelli, Hoop model "Rodeo", 89cm inside diam., weight 302 g, polyethylene Art. 00300FIG  Hoop Junior – Pastorelli, Hoop model "Sidney", 85cm inside diam., weight 304 g, polyethylene Art. 00311FIG  Ball – SASAKI 18,5cm Ø, Rubber, weight 410 g, +/- 5 g M-207AU-F  Clubs – SASAKI 44cm long, 150 g minimum each, Rubber M-34H-F  Ribbon Senior – SASAKI  Stick without ribbon, with rubber grip, 60cm long, 1cm diam., Fiber glass (standard attachment) M-781H-F  Ribbon without stick, 5cm wide, minimum 6m long, weight 40 g, +/- 2 g, Satin rayon (attachment eyelet) M-71-F  Ribbon Junior - SASAKI</p>

	Stick without ribbon, with rubber grip, 57cm long, 9mm diam. M-700JK-F Ribbon without stick for juniors, 5,4 cm wide, 5,5 m long, weight 35 g MJ-715F						
<b>GYMNASTS' HAND APPARATUS</b>	<p>The changes of the Apparatus Norms for the Hand Apparatus valid for Apparatus Manufacturers and Gymnasts enter into force from 01 January 2019.</p> <p>The list of the RG Hand Apparatus with valid certificates is published on the FIG website (<a href="#">RG suppliers holders</a>) and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event and for any other FIG recognized competitions, as they will not be allowed to compete with an Apparatus which does not comply with the norms.</p> <p><b>Random checks on the FIG and Manufacturers' Logos will be carried out at any time during the Event.</b></p>						
<b>RULES AND REGULATIONS</b>	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Technical Regulations</li> <li>• Code of Points and relevant Newsletters</li> <li>• General Judges' Rules</li> <li>• Specific Judges' Rules</li> <li>• Accreditation Rules</li> <li>• Doping Control Rules</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• FIG Rules for Sanctioning (approval) of International Events</li> <li>• Advertising and Publicity Rules</li> <li>• Medical Organization of the Official FIG Competitions and Events</li> <li>• <i>FIG License Rules</i></li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>						
<b>FEDERATIONS INVITED</b>	The Organizing Member Federation will invite all Member Federations in good standing						
<b>AGE LIMITS</b>	<p><b>RG Individual: Junior: 13-15; Senior: 16</b> (born 2003 and earlier)</p> <p><b>RG Group: Junior: 13-15; Senior: 16</b></p> <p><b>All gymnasts must have a valid FIG licence until the end of the event.</b></p>						
<b>JUDGES AND JURIES</b>	<p><b>All judges must have a current valid FIG brevet for the respective discipline (RGI and/or RGG) valid at the time of the event</b></p> <p>Federation participating without judge will have to pay fee of 100 euro to the LOC upon arrival.</p>						
<b>REGISTRATION DEADLINES</b>	<table border="1"> <tr> <td>Provisional registration</td> <td><b>20.03.2019</b></td> </tr> <tr> <td>Definitive registration:</td> <td><b>20.04.2019</b></td> </tr> <tr> <td>Nominative registration</td> <td><b>20.05.2019</b></td> </tr> </table>	Provisional registration	<b>20.03.2019</b>	Definitive registration:	<b>20.04.2019</b>	Nominative registration	<b>20.05.2019</b>
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<b>ENTRY FEES</b>	<p>The Entry fee for this event will be:</p> <p><b>40 euro</b> per individual gymnasts</p> <p><b>120 euro</b> per group</p> <p><b>70 euro extra persons</b></p>						
<b>ACCREDITATION</b>	<p>The accreditation procedure will take place at the competition hall.</p> <p>Heads of delegation have to bring to the accreditation office:</p> <ul style="list-style-type: none"> <li>• The passports of all participants</li> <li>• The national flag</li> <li>• 1 CD or USB stick with the music for routines</li> <li>• Certification of insurance for all delegation members covering illness, accidents and repatriation</li> <li>• Proof for full payment towards the LOC (copy of the SWIFT to be given to the LOC)</li> </ul>						

	<p>Please send a digital photo for each member of your delegation <b>before 20.05.2019</b> together with the nominative registration, to the following address:  <a href="mailto:maricruzdance@gmail.com">maricruzdance@gmail.com</a></p> <p>Please send all music for routines for each gymnast and group <b>before 20.05.2019</b> together with the nominative registration, to the following address: <a href="mailto:rgmusic@wp.pl">rgmusic@wp.pl</a></p>
<b>EVENT FORMAT</b>	<p><b><u>Junior Individual Competition</u></b>  <b><u>Team competition and Qualification for finals</u></b>  <b>Team 2-4 gymnasts – 8 exercises ! [2x rope, 2x ball, 2x clubs, 2x ribbon]</b>  Each Federation can participate with more than 1 team. However in the final rankings only one team per Federation will be included (the team with the best results).</p> <p><b><u>Individual Apparatus Final</u></b>  Apparatus finals (4 apparatus) – the best 8 gymnasts per apparatus from Competition I (max. 1 gymnast per federation). If the host country is not represented among the top 8, a 9<sup>th</sup> finalist will be added from the host country.</p> <p><b><u>Junior Group Competition</u></b>  <b>All around</b> - 2 exercises – (5 hoops and 5 ribbons)  <b>Group Apparatus Final</b> – the best 8 Groups per exercise</p> <p><b><u>Senior Group Competition</u></b>  <b>All around</b> - 2 exercises – (5 balls and 3 hoops &amp; 2 pairs of clubs)  <b>Group Apparatus Final</b> – the best 8 Groups per exercise</p> <p><b><u>Senior Individual Competition (FIG Rules)</u></b>  <b>All around</b> - 2 gymnasts per federation</p> <p><b><u>Delegations line up:</u></b>  1-2 senior gymnasts  1-4 junior gymnasts  1 junior group  1 senior group  1-2 judges  4 coaches</p>
<b>PROVISIONAL SCHEDULE</b>	<p><b>20.06.2019 (Thursday)</b>  - Arrival of the delegation</p> <p><b>21.06.2019 (Friday)</b>  - Training from 8.00 – 16.00  - Orientation meeting</p> <p><b>22.06.2019 (Saturday)</b>  - Judges drawing for AA  - All around: Junior: Individual, Groups; Senior: Individual, Groups</p> <p><b>23.06.2019 (Sunday)</b>  - Judges drawing for finals  - All around: Senior: Individual; Finals: Junior: Individual, Senior &amp; Junior: Groups  - Official closing dinner</p> <p><b>24.06.2019 (Monday)</b>  - departure of the delegation</p>
<b>MEDICAL SERVICES</b>	First aid staff will be available at the venue, and will assist with further needs.
<b>VISA</b>	Please verify immediately with your travel agent or the Polish Embassy or Consulate in your country if a visa is required for your travel to Poland. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>20.03.2019</b> to the LOC.

	The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p><b>The invited participating federations must pay for the travel costs of their delegation members.</b></p> <p>The Travel Schedule Form must be returned to the LOC by <b>20.05.2019</b></p>
<b>LOCAL TRANSPORTATION</b>	<p>The <b>only</b> airports - Gdansk-Rebiechowo "Lech Walesa" Airport (GDN). The transportation from/to Gdansk airport is free. The transportation from/to Gdynia railway and bus station is also free. The Organizers will provide all transportation from/to Competition Hall.</p>
<b>ACCOMMODATION</b>	<p> <b>Hotel Mercury Gdynia</b> Armii Krajowej 22, 81-372 Gdynia, Poland +48 (58) 666 30 40</p> <p><a href="http://www.mercure.com/pl/hotel-3417-mercure-gdynia-centrum/index.shtml">http://www.mercure.com/pl/hotel-3417-mercure-gdynia-centrum/index.shtml</a>  <u>The costs per room/night in this first Hotel are as follows:</u>  90 euro (single room, including breakfast)  120 euro (double room, including breakfast)  150 euro (triple room, including breakfast)</p> <p> <b>Hotel Antares</b> Komandorska 59 81-232 Gdynia, Poland +48 (58) 623 36 39</p> <p><a href="http://www.hotelantares.pl">http://www.hotelantares.pl</a>  <u>The costs per room/night in this Hotel are as follows:</u>  80 euro (single room, including breakfast)  120 euro (double room, including breakfast)  150 euro (triple room, including breakfast)</p> <p> <b>Resort Metropolis Sopot</b> Aleja Niepodległości 899 81 – 861 Sopot, Poland +48 (58) 550 0445 +48 509 606 055</p> <p><a href="mailto:metropolis.polmetro@campingsopot.pl">metropolis.polmetro@campingsopot.pl</a>  <a href="http://domkisopot.pl">http://domkisopot.pl</a></p> <p><u>The costs per lodges/night in this resort are as follows:</u>  130 euro lodge 1 person  160 euro lodge 2 persons  180 euro lodge 3 persons  200 euro lodge 4 persons  The prices charged for the hotel rooms will not exceed the usual hotel rates.  While the Accommodation Form must be returned to the LOC by <b>20.05.2019</b> at the very latest, the Hotel rooms will be allocated on a "first come, first</p>

	serve" basis.																		
	The invited participating federations must pay for the accommodation expenses of their delegation members.																		
<b>MEALS</b>	All meals are incl. in accommodation fee (from 21.06.2019 – 23.06.2019)																		
<b>FINAL BANQUET</b>	The banquet will be free of charge for the participants																		
<b>BANK ACCOUNT INFORMATION</b>	<p>All costs are to be paid cash in Euro upon arrival or by bank transfer before arrival.</p> <p>SGA Gdynia  ul. Wladyslawa IV 54, 81-384 Gdynia, Poland  Bank name: ING Bank Śląski  IBAN  PL 69 1050 1764 1000 0092 0030 0888  SWIFT Code: INGBPLPW</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: <u>Gdynia Rhythmic Stars 2019</u>  The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>																		
<b>MARKETING</b>	FIG advertising and publicity norms must be respected																		
<b>SOCIAL MEDIA</b>	Facebook page (since April 2019)																		
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Sincerely Yours,



*Sekretarz Generalny  
Polskiego Związku Gimnastycznego  
mgr Aneta Orłowska*

Warsaw, 04.06.2019

Place and date:

Signature of the President or  
Secretary General of the FIG affiliated NF