



Portimão
CIDADE EUROPEIA
DO DESPORTO

European City
of Sports

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Federação
de **Ginástica**
de **Portugal**

RHYTHMIC GYMNASTICS

PORTIMÃO 2019 . SEPTEMBER

**FIG WORLD
CHALLENGE CUP**
6 - 7 - 8 SEP.



JOGOS
SANTACASA
Patrocinador Principal

PORTIMÃO ARENA

WORKPLAN

1. GENERAL PRINCIPLES

The competition is organized under the following FIG rules, as valid in 2019, except for any deviation mentioned in the Rhythmic Gymnastics World Challenge Cup rules:

- Statutes
- Code of Ethics
- Technical Regulations
- World Challenge Cup Rules for Rhythmic Gymnastics
- GR_2019_WChallengeCup_Portimão_Directives 10/10 Lausanne, update 19 June 2019
- Licenses Rules
- Code of Points and relevant Help Desk
- General Judges' Rules
- Specific Judges' Rules for Rhythmic Gymnastics
- Medical Organization of FIG Competitions and Events
- Anti-Doping Control Rules
- Media Rules
- Apparatus Norms
- Advertising and Publicity Rules
- Accreditation Rules
- Regulations for Awards Ceremonies

And subsequent decisions of the FIG Executive Committee.

All participating Federations are committed to respect the Statutes and all FIG Regulations, especially with regards to the license, the age and nationality of the gymnasts, as well as the respective regulations concerning "Insurance" (FIG Technical Regulations).

National Federations which have not fulfilled their financial obligations towards the FIG and/or the Local Organizing Committee (LOC) will not be allowed to participate in those Portimão RG Competitions 2019.

2. ORGANIZING COMMITTEE

- **INTERNATIONAL GYMNASTICS FEDERATION (FIG)**

Contact | Mrs. MARTINET, Sylvie (FIG Coordinator)
Tel. | +41 (0) 21 321 55 15
E.mail | smartinet@fig-gymnastics.org
Website | www.gymnastics.sport

- **FIG – TECHNICAL DELEGATE**

Mrs. DE COSSIO, Isabelle (FRA)

- **PORTUGUESE GYMNASTICS FEDERATION (FGP)**

Contact Person | ARAÚJO, Paula (General Secretary)
Tel. | +351 218 141 145
E.mail | rgportugal@gympor.com
Website | www.fgp-ginastica.pt

- **LOCAL ORGANIZING COMMITTEE (LOC) OFFICIALS**

President	Mr. ROCHA, João Paulo
Executive Director	Mr. SOUSA, Álvaro
Local Technical Director	Mrs. SANCHES, Andreia
General Secretariat Director	Mrs. LOUREIRO, Teresa
Head of Personnel for Equipment	Mr. HORTA, Tiago
Head of Scoring Office	Ms. CHAMBEL, Isabel
Liaison for Juries Matters	Mrs. CARDOSO, Ana Isabel
Official Doctor Medical Services Doping	Ms. CARDOSO, Miguel
Press & MKT Coordinator	Mrs. PATROCÍNIO, Joana
Accommodation and Meals Coordinator	Mrs. CRUZ, Josefina
Transportation services Coordinator	Mr. TOMÁS, Bernardo
Ceremonies and “Gala” Coordinator	
Protocol and Social Program Manager	Mrs. LUCAS, Ana
Volunteers Manager	Mrs. JORGE, Patrícia
Co-Organization	Portimão City Hall
Support	Algarve Gymnastics Association

Hospital

Centro Hospitalar do Algarve
HOSPITAL DE PORTIMÃO

3. TRAINING AND COMPETITIONS

- **VENUE AND TRAINING HALL**

«PORTIMÃO ARENA
Parque de Feiras e Exposições»
Address:
Caldeira do Moinho
8500-726 Portimão



- **APPARATUS SUPPLIED**

GYMNOVA – Refª 6668 (without foam layer)

- **TRAINING FACILITIES**

According with the FIG Technical Regulations:

- Minimum 3 hours per day for federations participating in World Championships competition (Individual exercises / group exercises).
- If two daily training sessions are scheduled, the minimum time between the two sessions for a team, individual gymnasts or a group, must be 4 hours.

- **OFFICIAL TRAINING SCHEDULES**

Those official trainings will start on the 5th of September for all competitors. Delegations must respect the designated training times and the allocated training floors. Access to the competition hall and to the training locations will be given only to the members of

the delegation wearing their accreditation card and only during their respective training times.

The training schedules will be given to the Head of Delegation, his or her representative, during the accreditation procedures.

• GENERAL PROGRAM

04.09 Wednesday (4ª)	All day long	Arrivals and Accreditation
05.09 Thursday (5ª)	All day long	Trainings in Competition Hall (according schedule)
	14:00 – 18:00	WCCup - Judges Instruction (at Competition Hall)
	18:30 – 19:45	Welcome drink and Orientation Meeting
06.09 Friday (6ª)	10:00 – 14:00	Groups: Training in Competition Hall (according schedule)
	14:00 - 15:00	Judges meeting
	15:15 - 16:15	RGI Qualification (Gr. A) Hoop; Ball
	16:30 - 17:30	RGI Qualification (Gr. B) Hoop; Ball
	17:45 - 18:45	RGI Qualification (Gr. C) Hoop; Ball
	21:00 - 21:25	Opening Ceremony
	21:30 - 22:45	Groups - 5 Balls
07.09 Saturday (Sábado)	10:00 – 14:00	Groups: Training in Competition Hall (according schedule)
	14:00 - 15:00	Judges meeting
	15:15 - 16:15	RGI Qualification (Gr. C) Clubs; Ribbon
	16:30 - 17:30	RGI Qualification (Gr. A) Clubs; Ribbon
	17:45 - 18:45	RGI Qualification (Gr. B) Clubs; Ribbon
	18:45	RGI All Around Awards Ceremony
	21:00 - 22:15	RGG – 3 Hoops + 2 pairs of Clubs
	22:15	RGG All Around Awards Ceremony
08.09 Sunday (Domingo)	13:45 - 14:45	Judges meeting
	15:00 - 15:40	RGG Final – 5 Balls
	15:45 - 16:45	RGI Finals – Hoop; Ball
	16:50 - 17:30	RGG Final – 3 Hoops + 2 pairs of Clubs
	17:35 - 18:35	RGI Finals – Clubs; Ribbon
	18:45	All Finals Awards Ceremonies
	19:15 - 19:45	Gala and Closing Ceremony
	21:00 - 00:00	Banquet and Farewell Party
09.09 Monday (2ª)	All day long	Departure of the Delegations

4. CEREMONIES

- **OPENING CEREMONY**

The opening ceremony will take place on the 6th of September at 21h00 in the competition hall. Each Delegation must present to the parade 1 gymnast wearing leotard. She must be present at the warm up area no later than 20h45.

- **AWARDS CEREMONIES**

All awards ceremonies will take place immediately after the end of each competition. On the podium, awards will only be presented to the medal winners (1st, 2nd and 3rd places):

7th SEP	Individuals: All-around Groups: All-around	Individual Gymnasts - ranked 1 st to 3 rd Group Gymnasts - ranked 1 st to 3 rd
8th SEP	Individuals and Groups (by the competition order)	Individual and Group Gymnasts - ranked 1 st to 3 rd in each routine

All gymnasts have to wear their national tracksuits for the Award Ceremonies. In case of infractions, the respective Federation will receive only 50% of the prize money (Technical Regulations, section 1, Art. 9.3.3).

- **GALA & CLOSING CEREMONY**

The Gala will take place in the Competition Hall after the last medal award ceremony on the 8th of September, from 19h15 to 19h45.

Any Individual gymnast or Group that is interested, is invited and allowed to participate at the "Gala". This is a free participation.

The ones that are interested in the "Gala" performance must fill in the respective form that will be given at the accreditation procedures. This form with the registration for

“Gala” performance, has to be returned at the LOC Office no later than the 7th of September till 12h00.

5. MEETINGS

- **ORIENTATION MEETING (OM)**

The Orientation Meeting for the Heads of Delegation or his/her representative will take place on the 5th of September by 18h30, after the welcome greetings by the Mayor of Portimão. During the OM the LOC gives the last updates for competitions and any other important information. According to FIG rules this is compulsory for one person for each Country.

LOC will prepare transportation from the Venue and return, if needed.

- **JUDGES INSTRUCTION**

The Judge’s instruction, conducted by the present FIG RG-TC Delegate, Mrs. Isabelle de Cossio, will take place on the 5th of September, from 14h00 to 18h00, at the Venue (Judges Room/Auditorium). All Judges must be present, it is compulsory.

- **JUDGES MEETINGS**

- 6th of September 14h00/15h00 at the Venue
- 7th of September 14h00/15h00 at the Venue
- 8th of September 13h45/14h45 at the Venue

6. ACCREDITATION

The accreditation procedures will take place, at the Venue, immediately upon arrival of the delegations, or by schedule, according the time of arrival at Portimão. Teams will have information during the transfer to Portimão and at each Hotel lobby.

Remember that only the persons who are at the nominative FIG registration can be accredited.

The Head of Delegation or his/her representative must verify and confirm:

- The nominative list of the Team
- The National flag
- The National anthem
- All payments due

The Head of Delegation or his/her representative must show the following issues:

- Passports or Identity Cards of all the Team
- Certification of valid insurance, medical and accident insurance policies written in English language for all the Team
- Music of all exercises, one CD per each routine properly identified for the trainings

Other remarks:

- Any missing photo will be taken upon arrival and the NF will be charged for an extra cost of 20EUR/each – the accreditation will only be available later on – being provided a temporary access pass.
- Any missing payment must be done at the accreditation procedures.

If any of those steps is not dully fulfilled, the participation in the FIG RG WCCup of Portimão 2019 events will not be possible!

Accreditation card must always be visible at the venue. In case of losing the accreditation card a new one will be issued for a cost of 100,00 EUR.

7. TRANSPORTATION SERVICES

Free local transportation for all participants who booked their accommodation trough the LOC, will be at disposal:

- Transfer from/to Faro (FAO) airport. Faro is 1h30m away distance to Portimão by bus
- Shuttle service from/to the Hotels and the Venue, for trainings and competitions. A schedule will be organized to the shuttle services, with one stop at each Hotel and the

Venue

- For the social program running out of Venue (Portimão Arena) there will be dedicated buses.

LOC will give those information during the accreditation procedures, but the Teams could also find them at each Hotel lobby.

8. MEALS SERVICE

A catering service for lunch and dinner will be organised for participants at the Venue area. A “meals card” must be showed to the access control. Those “meals cards” will be delivered at the LOC office during the accreditation procedures.

Timetable:

Breakfast	at the Hotel
Lunch	from 12h00 to 15h00
Dinner	from 18h00 to 21h00 (*)



(*) On the 4th of September: till 20h30.

- **DINNER AND FAREWELL PARTY**

The Final Banquet will be offered to all participants who have booked their accommodation through the LOC, on the 8th of September, from 21h00 till midnight.

9. APPARATUS CONTROL

Only a certain percent of the apparatus used by the participating gymnasts will be checked. The Technical Delegate will conduct a drawing of lots to select the apparatus to be checked. The controls can occur at any time.

10. OTHER INFORMATIONS

- Competition results/scores will be informed at the Hotel lobbies, by the end of each day. A full results book will be sent to all participant National Federations, and to the FIG for download at FIG website;
- After each competition the results will be posted on different places of the Venue. We will not provide copy of the results after competition;
- Information boxes: each delegation has an information box at the entrance of the LOC Office at the Venue;
- Bottles of water and some fruit will be at gymnasts' disposal.

**We wish you a very good stay
and competitions in Portimão!**