



2nd Heliopolis International Tournament
23rd -24th November
Cairo – Egypt
Seniors: Individual and Group
Juniors: Individual and Group




DIRECTIVES

EVENT ID: 16254
Update: 26.08.2019




Dear FIG Affiliated Member Federation,

Heliopolis Sporting Club has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event **Heliopolis 2nd International Tournament**.

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	Egyptian Gymnastics Federation El Estad El Bahary St. Olympic Feds Buildings, Nasr City, Cairo, Egypt Tel: 002-02240250002 002-0224025027 e-mail: egypt@egyptgymnastics.com Website: www.egyptgymnastics.com
LOCAL ORGANIZING COMMITTEE (LOC)	Heliopolis sporting Club Contact Person : Tamer Ismail, Sherine Mahfouz 17 El Sayed El MerghanySt., Roxy, Heliopolis, Cairo-Egypt Tel : 01222298551- 01066620966 - 002-01222188084 e-mail : tamer.a.ismail@gmail.com mahfouz.sherine@gmail.com
LOCATION	Cairo, Egypt
DATES	From 23rd to 24th November 2019 .
VENUE	Heliopolis Sporting Club El Sherouk - "Foad Sultan Complex" El Nady district, El Sherouk City, Cairo - Egypt Tel: 002-01005241000 
APPARATUS SUPPLIED	Taishan RG Floor Ref. TQ1009 FIG Approved <u>Replacement apparatus:</u> Replacement Apparatus Rope: chacott + model Gym rope (nylon).

	<p>Code 301509-0001-98</p> <p>Hoop Junior: Sasaki white 81 cm Code: M-14-F White</p> <p>Hoop Senior: Sasaki white 85 cm Code M-14-F-White</p> <p>Ball: chacott + model gym ball diameter 185mm Code 301503-0001-98</p> <p>Clubs Junior: chacott + model rubber Clubs. Reference number 301505-0005-98</p> <p>Clubs Senior: chacott + model rubber Clubs. Reference number 301505-0003-98</p> <p>Ribbon (stick + ribbon) Senior: chacott + model ribbon 6 meters. Reference number 301500-0001-98 Stick model rubber grip stick600mm. Reference number 301501-0001-98</p> <p>Ribbon (stick + ribbon) Junior: chacott + model ribbon 5 meters. Reference number 301500-0091-98 Stick model rubber grip stick 600mm. Reference number 301501-0001-98</p>
<p>RULES AND REGULATIONS</p>	<p>The competition will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Technical Regulations • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Accreditation Rules • Anti-Doping Rules • Licence rules (except for non competitive events) • Media Rules • Apparatus Norms • FIG Rules for Sanctioning (approval) of International Events • Medical Organization of the Official FIG Competitions and Events • Advertising and Publicity Rules <p style="text-align: center;"><i>and subsequent decisions of the FIG Executive Committee</i></p>
<p>FEDERATIONS INVITED</p>	<p>The Organizing Member Federation invites all Member Federations, according to the following principles: - All FIG member Federation in good standing.</p>
<p>AGE LIMITS</p>	<p>Junior Individuals born: 2004, 2005, 2006 Senior Individuals born: 2003 and older All gymnasts must have a FIG licence valid until the end of the event.</p>
<p>JUDGES AND JURIES</p>	<p>The number of Apparatus Juries (judges' panels) may be decided by the organizing federation depending on the number of participating competitors and judges. The participating Member Federations must send one qualified judge with a minimum Category IV with current valid FIG brevet. All judges must have a current valid FIG brevet at the time of the event for the respective discipline (RGI and/or RGG)</p>

REGISTRATION DEADLINES	<p>Provisional, Definitive and Nominative Registrations must be sent to The contact persons “Tamer Ismail & Sherine Mahfouz” tamer.a.ismail@gmail.com, mahfouz.sherine@gmail.com</p> <table border="1" data-bbox="654 250 1316 369"> <tr> <td>Provisional registration</td> <td>1st September</td> </tr> <tr> <td>Definitive registration:</td> <td>1st October 2019</td> </tr> <tr> <td>Nominative registration</td> <td>15st October 2019</td> </tr> </table>	Provisional registration	1 st September	Definitive registration:	1 st October 2019	Nominative registration	15 st October 2019
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ENTRY FEES	<ul style="list-style-type: none"> • Individuals: 50 Euros per gymnast (Non-Refundable) • Groups: 200 Euros per group (Non-Refundable) • Delegation without Judge representative: 150 Euros • International Delegations and the national clubs who will not book their accommodation through the LOC will be charged 150 Euros per person as Extra Entry fees for the competition 						
PROVISIONAL SCHEDULE	<p>21st November: Arrival of all delegations. 22nd November: Podium training and accreditation. 23rd November: Competition Day 1, and Awards Ceremony 24th November: Competition Day 2, Awards Ceremony and banquet. 25th November: Tour and departure of delegations. 26th November: Departure of delegations.</p>						
AWARDS	<p>Individual competition:</p> <ul style="list-style-type: none"> - All-around competitions: 1st to 3rd places will receive medals and diplomas - Apparatus: the ranking will be from 1st – 8th place <p>Group Competition: 1st to 3rd places will receive medals and diplomas.</p>						
ACCREDITATION	<p>Accreditation of all delegations will take place at their arrival in the sports hall. Please send a digital photo for each member of your delegation before 15th October 2019 to the following tamer.a.ismail@gmail.com, mahfouz.sherine@gmail.com</p> <p>Heads of delegations have to bring to the accreditation office:</p> <ul style="list-style-type: none"> - 1 CD of the national anthem - The national flag - 2 audio format CDs per gymnast/group per apparatus - Certification of insurance for delegation members covering, illness, accidents, repatriation. 						
COMPETITION FORMAT	<p><u>JUNIORS:</u> (Rope -Ball-Clubs-Ribbon) 3 by choice (FIG requirements 2017-2020)</p> <p><u>SENIORS</u> (Hoop-Ball-Clubs-Ribbon) 3 by choice (FIG requirements 2017-2020)</p> <p><u>Groups</u> <u>Juniors and Seniors Groups</u> FIG requirements 2017-2020. 1 apparatus by choice</p>						
MEDICAL SERVICES	<p>Medical services to be provided by the Hospital</p>						
VISA	<p>Please verify immediately with your travel agent or the Egyptian Embassy or Consulate in your country if a visa is required for your travel to Egypt. The LOC will be happy to assist each delegation member with an official invitation letter, provided that the request is made before 15th October 2019 to the LOC. The request must include the following: function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the delegation member, as well as the address where the visa application support letter must be sent.</p>						
INSURANCE	<p>The Host Federation, the OC and the FIG will not be responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance</p>						

	<p>coverage against illness, accidents and for repatriation for all the members of their delegation.</p> <p>The OC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the OC in advance.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the International travel cost of their delegation members.</p> <p>The Travel Schedule Form must be returned to the OC by 15th October 2019</p>
LOCAL TRANSPORTATION	<p>The OC will provide free local transportation for all participants:</p> <ul style="list-style-type: none"> - From the airport 21st November. - For Trainings and official activities - From the hotel on 26th November to the airport
ACCOMMODATION PLEASE REVIEW PRICES	<p>Triumph Hotel Address: Block 19 In front of Kattamia Heights, Fifth Settlement, Cairo, Egypt Phone: +20 2672990 Fax: +20 25410030 Email : Luxury@Triumphhotel.com Website: https://triumphotels.com/luxury/</p> <div style="display: flex; justify-content: space-around;">    </div> <p>Accommodation fees: Single room: 130 Euros. Double room: 80 Euros per person per night Triple room: 60 Euros per person per night.</p> <p>Prices include the following:</p> <ul style="list-style-type: none"> - One night accommodation Bed and Breakfast. - Transportations from/to airport - Transportation from/to hotel and sports hall. - Lunch will be offered for free at sports hall during the 3 days of the competition. <p>Extra Notes:</p> <ul style="list-style-type: none"> - Extra Meal (Dinner) in Hotel: 20 Euros. - Excursion in the city of Cairo. 45 Euros - Delegations who will not book their accommodation through the LOC will be charged 100 Euros per person as Extra Entry fees for the competition <p><u>In case of cancellation costs will be refunded as follows:-</u> Before 15th October 2019: 50% of the accommodation amount After 1st November 2019: No refund</p>
FINAL BANQUET	<p>Final banquet is free of charge for all participants under our accommodation package. Participants must register by the 15th October 2019. If participant is outside the accommodation package the Banquet cost: 15 Euros.</p>
BANK ACCOUNT INFORMATION	<p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: 2nd Heliopolis International Tournament 2019 Bank: National Bank of Kuwait (NBK) BENEFICIARY: Heliopolis sporting club Swift code: WABAEGCXXX</p>

	Account No: 3761699 Bank Address: Ibrahim Street - Elkorba																				
	The participating federation is responsible for covering all bank fees in connection with the bank transfers																				
MARKETING DEADLINES SUMMARY	FIG advertising and publicity norms must be respected.																				
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Sincerely Yours,
Place and date:
Cairo ,

Sherine Mohamoud



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Signature of the President or
Secretary General of the FIG affiliated NF