



37th FIG Rhythmic Gymnastics World Championships
Training for Groups
Baku (AZE)
19 September 2019



Group A		stretching area	Training Hall B							
No	NF		1 ൧൯		2 ൧൯		3 ൧൯		4 ൧൯	
1	USA+GER	10:00-10:30							10:30	11:45
2	FIN+KAZ	11:00-11:30	11:30	12:45						
3	UKR+JPN	11:00-11:30			11:30	12:45				
4	EST+BUL	11:00-11:30					11:30	12:45		
5	HUN+GRE	11:15-11:45							11:45	13:00
6	CHN+CAN	12:15-12:45	12:45	14:00						
Group B		stretching area	Training Hall B							
No	NF		1 ൧൯		2 ൧൯		3 ൧൯		4 ൧൯	
1	ESP+RUS	12:15-12:45			12:45	14:00				
2	POL+UZB	12:15-12:45					12:45	14:00		
3	BRA+MEX	12:30-13:00							13:00	14:15
4	ITA+ISR	13:30-14:00	14:00	15:15						
5	FRA+BLR	13:30-14:00			14:00	15:15				
6	PRK+AZE	13:30-14:00					14:00	15:15		
Group A		stretching area	Training Hall B							
No	NF		1 ൧൯		2 ൧൯		3 ൧൯		4 ൧൯	
1	USA+GER	15:45-16:15							16:15	17:30
2	FIN+KAZ	16:45-17:15	17:15	18:30						
3	UKR+PN	16:45-17:15			17:15	18:30				
4	EST+BUL	16:45-17:15					17:15	18:30		
5	HUN+GRE	17:00-17:30							17:30	18:45
6	CHN+CAN	18:00-18:30	18:30	19:45						
Group B		stretching area	Training Hall B							
No	NF		1 ൧൯		2 ൧൯		3 ൧൯		4 ൧൯	
1	ESP+RUS	18:00-18:30			18:30	19:45				
2	POL+UZB	18:00-18:30					18:30	19:45		
3	BRA+MEX	18:15-18:45							18:45	20:00
4	ITA+ISR	19:15-19:45	19:45	21:00						
5	FRA+BLR	19:15-19:45			19:45	21:00				
6	PRK+AZE	19:15-19:45					19:45	21:00		



37th FIG Rhythmic Gymnastics World Championships
Training for Groups
Baku (AZE)
20 September 2019



Group A		stretching area	Training Hall B							
No	NF		1 ౧౧		2 ౧౧		3 ౧౧		4 ౧౧	
1	USA+GER	16:45-17:15	17:15	18:45						
2	FIN+KAZ	16:45-17:15			17:15	18:45				
3	UKR+PN	16:45-17:15					17:15	18:45		
4	EST+BUL	16:45-17:15							17:15	18:45
5	HUN+GRE	18:15-18:45	18:45	20:15						
6	CHN+CAN	18:15-18:45			18:45	20:15				
Group B		stretching area	Training Hall B							
No	NF		1 ౧౧		2 ౧౧		3 ౧౧		4 ౧౧	
1	ESP+RUS	18:15-18:45					18:45	20:15		
2	POL+UZB	18:15-18:45							18:45	20:15
3	BRA+MEX	19:45-20:15	20:15	21:45						
4	ITA+ISR	19:45-20:15			20:15	21:45				
5	FRA+BLR	19:45-20:15					20:15	21:45		
6	PRK+AZE	19:45-20:15							20:15	21:45



37th FIG Rhythmic Gymnastics World Championships
Podium Training for Groups
Baku (AZE)
20 September 2019
Training Hall A



Training Hall A																			
No	NF	1 ൧൪		2 ൧൪		3 ൧൪		4 ൧൪		5 ൧൪		6 ൧൪		7		8		FoP ൧൪	
1	USA+GER	08:00	09:30											09:30	09:45			9:45	10:00
2	FIN+KAZ			08:15	09:45											09:45	10:00	10:00	10:15
3	UKR+JPN					08:30	10:00							10:00	10:15			10:15	10:30
4	EST+BUL							08:45	10:15							10:15	10:30	10:30	10:45
5	HUN+GRE									09:00	10:30			10:30	10:45			10:45	11:00
6	CHN+CAN											09:15	10:45			10:45	11:00	11:00	11:15
7	ESP+RUS	09:30	11:00											11:00	11:15			11:15	11:30
8	POL+UZB			09:45	11:15											11:15	11:30	11:30	11:45
9	BRA+MEX					10:00	11:30							11:30	11:45			11:45	12:00
10	ITA+ISR							10:15	11:45							11:45	12:00	12:00	12:15
11	FRA+BLR									10:30	12:00			12:00	12:15			12:15	12:30
12	PRK+AZE											10:45	12:15			12:15	12:30	12:30	12:45

Stretching area will be available 30 minutes prior to the start of official training.



37th FIG Rhythmic Gymnastics World Championships
Training for Groups
Baku (AZE)
21 September 2019



Group A		stretching area		Training Hall A													
No	NF	1		2 🏸		3 🏸		4 🏸		5 🏸		6 🏸		7 🏸		8	
1	USA+GER	08:00	08:30	08:30	09:45												
2	FIN+KAZ	08:00	08:30			08:30	09:45										
3	UKR+PN	08:00	08:30					08:30	09:45								
4	EST+BUL	08:00	08:30							08:30	09:45						
5	HUN+GRE	08:00	08:30									08:30	09:45				
6	CHN+CAN	08:00	08:30											08:30	09:45		
Group B		stretching area		Training Hall A													
No	NF	1		2 🏸		3 🏸		4 🏸		5 🏸		6 🏸		7 🏸		8	
1	ESP+RUS	09:15	09:45	09:45	11:00												
2	POL+UZB	09:15	09:45			09:45	11:00										
3	BRA+MEX	09:15	09:45					09:45	11:00								
4	ITA+ISR	09:15	09:45							09:45	11:00						
5	FRA+BLR	09:15	09:45									09:45	11:00				
6	PRK+AZE	09:15	09:45											09:45	11:00		



37th FIG Rhythmic Gymnastics World Championships
Training for Finalists
Baku (AZE)
22 September 2019



5 BALLS FINALS		stretching area	Training Hall A															
No	Ranking Qualification		1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8
1	6	7:45-8:15	08:15	09:15														
2	2	7:45-8:15	08:15	09:15														
3	4	7:45-8:15			08:15	09:15												
4	3	7:45-8:15			08:15	09:15												
5	5	7:45-8:15					08:15	09:15										
6	1	7:45-8:15					08:15	09:15										
7	8	7:45-8:15							08:15	09:15								
8	7	7:45-8:15							08:15	09:15								
Group B		stretching area	Training Hall A															
No	Ranking Qualification		1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8
1	2	7:45-8:15						08:15	09:15									
2	7	7:45-8:15						08:15	09:15									
3	8	7:45-8:15								08:15	09:15							
4	3	7:45-8:15								08:15	09:15							
5	4	7:45-8:15										08:15	09:15					
6	6	7:45-8:15										08:15	09:15					
7	1	7:45-8:15												08:15	09:15			
8	5	7:45-8:15												08:15	09:15			



37th FIG Rhythmic Gymnastics World Championships
Group General Competition
Baku (AZE)
21 September 2019



Group A

Training Hall A

No	NF	1	2	3	4	5	6	7	8	Wait	App	FoP										
1	USA	12:42:30	14:12:30							14:12:30	14:27:30			14:27:30	balls	14:30:00	14:34:00					
2	GER	12:46:30	14:16:30									14:16:30	14:31:30	14:31:30	hoop/clubs	14:34:00	14:38:00					
3	FIN			12:50:30	14:20:30					14:20:30	14:35:30			14:35:30	balls	14:38:00	14:42:00					
4	KAZ			12:54:30	14:24:30							14:24:30	14:39:30	14:39:30	hoop/clubs	14:42:00	14:46:00					
5	UKR					12:58:30	14:28:30			14:28:30	14:43:30			14:43:30	balls	14:46:00	14:50:00					
6	JPN					13:02:30	14:32:30					14:32:30	14:47:30	14:47:30	hoop/clubs	14:50:00	14:54:00					
7	EST							13:06:30	14:36:30			14:36:30	14:51:30		14:51:30	balls	14:54:00	14:58:00				
8	BUL							13:10:30	14:40:30					14:40:30	14:55:30	14:55:30	hoop/clubs	14:58:00	15:02:00			
9	HUN									13:14:30	14:44:30			14:44:30	14:59:30		14:59:30	balls	15:02:00	15:06:00		
10	GRE									13:18:30	14:48:30			14:48:30	15:03:30	15:03:30	hoop/clubs	15:06:00	15:10:00			
11	CHN											13:22:30	14:52:30	14:52:30	15:07:30		15:07:30	balls	15:10:00	15:14:00		
12	CAN											13:26:30	14:56:30		14:56:30	15:11:30	15:11:30	hoop/clubs	15:14:00	15:18:00		
13	GER	13:30:30	15:00:30											15:00:30	15:15:30		15:15:30	balls	15:18:00	15:22:00		
14	USA	13:34:30	15:04:30											15:04:30	15:19:30	15:19:30	hoop/clubs	15:22:00	15:26:00			
15	KAZ			13:38:30	15:08:30									15:08:30	15:23:30		15:23:30	balls	15:26:00	15:30:00		
16	FIN			13:42:30	15:12:30										15:12:30	15:27:30	15:27:30	hoop/clubs	15:30:00	15:34:00		
17	JPN					13:46:30	15:16:30							15:16:30	15:31:30		15:31:30	balls	15:34:00	15:38:00		
18	UKR					13:50:30	15:20:30								15:20:30	15:35:30	15:35:30	hoop/clubs	15:38:00	15:42:00		
19	BUL							13:54:30	15:24:30					15:24:30	15:39:30		15:39:30	balls	15:42:00	15:46:00		
20	EST									13:58:30	15:28:30				15:28:30	15:43:30	15:43:30	hoop/clubs	15:46:00	15:50:00		
21	GRE											14:02:30	15:32:30	15:32:30	15:47:30		15:47:30	balls	15:50:00	15:54:00		
22	HUN											14:06:30	15:36:30		15:36:30	15:51:30	15:51:30	hoop/clubs	15:54:00	15:58:00		
23	CAN													14:10:30	15:40:30	15:40:30	15:55:30		15:55:30	balls	15:58:00	16:02:00
24	CHN													14:14:30	15:44:30		15:44:30	15:59:30	15:59:30	hoop/clubs	16:02:00	16:06:00

Stretching area will be available 30 minutes prior to the start of official training.



37th FIG Rhythmic Gymnastics World Championships
Group General Competition
Baku (AZE)
21 September 2019



Group B

Trainig Hall A

No	NF	1	2	3	4	5	6	7	8	Wait	App	FoP
1	ESP	14:42:30 16:12:30						16:12:30 16:27:30		16:27:30	balls	16:30:00 16:34:00
2	RUS	14:46:30 16:16:30							16:16:30 16:31:30	16:31:30	hoop/clubs	16:34:00 16:38:00
3	POL		14:50:30 16:20:30					16:20:30 16:35:30		16:35:30	balls	16:38:00 16:42:00
4	UZB		14:54:30 16:24:30						16:24:30 16:39:30	16:39:30	hoop/clubs	16:42:00 16:46:00
5	BRA			14:58:30 16:28:30				16:28:30 16:43:30		16:43:30	balls	16:46:00 16:50:00
6	MEX			15:02:30 16:32:30					16:32:30 16:47:30	16:47:30	hoop/clubs	16:50:00 16:54:00
7	ITA				15:06:30 16:36:30			16:36:30 16:51:30		16:51:30	balls	16:54:00 16:58:00
8	ISR				15:10:30 16:40:30				16:40:30 16:55:30	16:55:30	hoop/clubs	16:58:00 17:02:00
9	FRA					15:14:30 16:44:30		16:44:30 16:59:30		16:59:30	balls	17:02:00 17:06:00
10	BLR					15:18:30 16:48:30			16:48:30 17:03:30	17:03:30	hoop/clubs	17:06:00 17:10:00
11	PRK						15:22:30 16:52:30	16:52:30 17:07:30		17:07:30	balls	17:10:00 17:14:00
12	AZE						15:26:30 16:56:30		16:56:30 17:11:30	17:11:30	hoop/clubs	17:14:00 17:18:00
13	RUS	15:30:30 17:00:30						17:00:30 17:15:30		17:15:30	balls	17:18:00 17:22:00
14	ESP	15:34:30 17:04:30							17:04:30 17:19:30	17:19:30	hoop/clubs	17:22:00 17:26:00
15	UZB		15:38:30 17:08:30					17:08:30 17:23:30		17:23:30	balls	17:26:00 17:30:00
16	POL		15:42:30 17:12:30						17:12:30 17:27:30	17:27:30	hoop/clubs	17:30:00 17:34:00
17	MEX			15:46:30 17:16:30				17:16:30 17:31:30		17:31:30	balls	17:34:00 17:38:00
18	BRA			15:50:30 17:20:30					17:20:30 17:35:30	17:35:30	hoop/clubs	17:38:00 17:42:00
19	ISR				15:54:30 17:24:30			17:24:30 17:39:30		17:39:30	balls	17:42:00 17:46:00
20	ITA				15:58:30 17:28:30				17:28:30 17:43:30	17:43:30	hoop/clubs	17:46:00 17:50:00
21	BLR					16:02:30 17:32:30		17:32:30 17:47:30		17:47:30	balls	17:50:00 17:54:00
22	FRA					16:06:30 17:36:30			17:36:30 17:51:30	17:51:30	hoop/clubs	17:54:00 17:58:00
23	AZE						16:10:30 17:40:30	17:40:30 17:55:30		17:55:30	balls	17:58:00 18:02:00
24	PRK						16:14:30 17:44:30		17:44:30 17:59:30	17:59:30	hoop/clubs	18:02:00 18:06:00

Stretching area will be available 30 minutes prior to the start of official training.



37th FIG Rhythmic Gymnastics World Championships

Apparatus Final

Baku (AZE)

22 September 2019



FINAL 5 BALLS

Training Hall A

Nº	RANG	1	2	3	4	5	6	7	8	wait	apparatus	FoP							
1	6			13:15:30	14:15:30					14:15:30	14:30:30			14:30:30	balls	14:33:00	14:38:00		
2	2			13:20:30	14:20:30							14:20:30	14:35:30	14:35:30	balls	14:38:00	14:43:00		
3	4					13:25:30	14:25:30					14:25:30	14:40:30	14:40:30	balls	14:43:00	14:48:00		
4	3					13:30:30	14:30:30					14:30:30	14:45:30	14:45:30	balls	14:48:00	14:53:00		
5	5							13:35:30	14:35:30			14:35:30	14:50:30	14:50:30	balls	14:53:00	14:58:00		
6	1							13:40:30	14:40:30			14:40:30	14:55:30	14:55:30	balls	14:58:00	15:03:00		
7	8									13:45:30	14:45:30	14:45:30	15:00:30	15:00:30	balls	15:03:00	15:08:00		
8	7									13:50:30	14:50:30			14:50:30	15:05:30	15:05:30	balls	15:08:00	15:13:00

Stretching area will be available 30 minutes prior to the start of official training.

Line up of finalists ball groups 14:22

Presentation of finalists ball groups 14:30

FINAL HOOPS/CLUBS

Training Hall A

Nº	RANG	1	2	3	4	5	6	7	8	wait	apparatus	FoP							
1	2			14:00:30	15:00:30					15:00:30	15:15:30			15:15:30	hoop/clubs	15:18:00	15:23:00		
2	7			14:05:30	15:05:30							15:05:30	15:20:30	15:20:30	hoop/clubs	15:23:00	15:28:00		
3	8					14:10:30	15:10:30					15:10:30	15:25:30	15:25:30	hoop/clubs	15:28:00	15:33:00		
4	3					14:15:30	15:15:30					15:15:30	15:30:30	15:30:30	hoop/clubs	15:33:00	15:38:00		
5	4							14:20:30	15:20:30			15:20:30	15:35:30	15:35:30	hoop/clubs	15:38:00	15:43:00		
6	6							14:25:30	15:25:30			15:25:30	15:40:30	15:40:30	hoop/clubs	15:43:00	15:48:00		
7	1									14:30:30	15:30:30	15:30:30	15:45:30	15:45:30	hoop/clubs	15:48:00	15:53:00		
8	5									14:35:30	15:35:30			15:35:30	15:50:30	15:50:30	hoop/clubs	15:53:00	15:58:00

Stretching area will be available 30 minutes prior to the start of official training.

Line up of finalists hoop and clubs groups 15:07

Presentation of finalists hope and clubs groups 15:15