



Monday, 25 November 2019

TRA Trampoline		Warm up area	Competition Hall	Training Hall
Time				
09.15	10.00			
10.00	10.45	Open Training	NO TRAINING	Open Training
10.45	11.30			
11.30	12.15			
12.15	13.00			
13.00	13.45			
13.45	14.30			
14.30	15.15			
15.15	16.00			
16.00	16.45			
16.45	17.30			
17.30	18.15			
18.15	19.00			
19.00	19.45			

TUM Tumbling		Warm up area	Competition Hall	Training Hall
Time				
10.00	10.45	Open Training	NO TRAINING	Open Training
10.45	11.30			
11.30	12.15			
12.15	13.00			
13.00	13.45			
13.45	14.30			
14.30	15.15			
15.15	16.00			
16.00	16.45			
16.45	17.30			
17.30	18.15			

DMT Double Mini-Trampoline		Warm up area	Competition Hall	Training Hall
Time				
10.00	10.45	Open Training	NO TRAINING	Open Training
10.45	11.30			
11.30	12.15			
12.15	13.00			
13.00	13.45			
13.45	14.30			
14.30	15.15			
15.15	16.00			
16.00	16.45			
16.45	17.30			
17.30	18.15			

Tuesday, 26 November 2019

<b>TRA</b>		<b>Trampoline</b>		
Time		Warm up area	Competition Hall	Training Hall
09.15	10.00	Group 1		
10.00	10.45	Group 2	Group 1	Group 7
10.45	11.30	Group 3	Group 2	Group 8
11.30	12.15	Group 4	Group 3	Group 9
12.15	13.00	Group 5	Group 4	Group 10
13.00	13.45	Group 6	Group 5	Group 11
13.45	14.30	Group 7	Group 6	Group 12
14.30	15.15	Group 8	Group 7	Group 1
15.15	16.00	Group 9	Group 8	Group 2
16.00	16.45	Group 10	Group 9	Group 3
16.45	17.30	Group 11	Group 10	Group 4
17.30	18.15	Group 12	Group 11	Group 5
18.15	19.00		Group 12	Group 6
19.00	19.45			

<b>TUM</b>		<b>Tumbling</b>		
Time		Warm up area	Competition Hall	Training Hall
10.00	10.45	Group 1		
10.45	11.30	Group 2	Group 1	Group 6
11.30	12.15	Group 3	Group 2	Group 7
12.15	13.00	Group 4	Group 3	Group 8
13.00	13.45	Group 5	Group 4	Group 9
13.45	14.30	Group 6	Group 5	Group 10
14.30	15.15	Group 7	Group 6	Group 1
15.15	16.00	Group 8	Group 7	Group 2
16.00	16.45	Group 9	Group 8	Group 3
16.45	17.30	Group 10	Group 9	Group 4
17.30	18.15		Group 10	Group 5

<b>DMT</b>		<b>Double Mini-Trampoline</b>		
Time		Warm up area	Competition Hall	Training Hall
10.00	10.45	Group 1		
10.45	11.30	Group 2	Group 1	Group 6
11.30	12.15	Group 3	Group 2	Group 7
12.15	13.00	Group 4	Group 3	Group 8
13.00	13.45	Group 5	Group 4	Group 9
13.45	14.30	Group 6	Group 5	Group 10
14.30	15.15	Group 7	Group 6	Group 1
15.15	16.00	Group 8	Group 7	Group 2
16.00	16.45	Group 9	Group 8	Group 3
16.45	17.30	Group 10	Group 9	Group 4
17.30	18.15		Group 10	Group 5

Appendix 6b

## TRAINING SCHEDULE

Wednesday, 27 November 2019

<b>TRA Trampoline</b>				
Time		Warm up area	Competition Hall	Training Hall
09.15	10.00	Group 7		
10.00	10.45	Group 8	Group 7	Group 1
10.45	11.30	Group 9	Group 8	Group 2
11.30	12.15	Group 10	Group 9	Group 3
12.15	13.00	Group 11	Group 10	Group 4
13.00	13.45	Group 12	Group 11	Group 5
13.45	14.30	Group 1	Group 12	Group 6
14.30	15.15	Group 2	Group 1	Group 7
15.15	16.00	Group 3	Group 2	Group 8
16.00	16.45	Group 4	Group 3	Group 9
16.45	17.30	Group 5	Group 4	Group 10
17.30	18.15	Group 6	Group 5	Group 11
18.15	19.00		Group 6	Group 12
19.00	19.45			

<b>TUM Tumbling</b>				
Time		Warm up area	Competition Hall	Training Hall
10.00	10.45	Group 6		
10.45	11.30	Group 7	Group 6	Group 1
11.30	12.15	Group 8	Group 7	Group 2
12.15	13.00	Group 9	Group 8	Group 3
13.00	13.45	Group 10	Group 9	Group 4
13.45	14.30	Group 1	Group 10	Group 5
14.30	15.15	Group 2	Group 1	Group 6
15.15	16.00	Group 3	Group 2	Group 7
16.00	16.45	Group 4	Group 3	Group 8
16.45	17.30	Group 5	Group 4	Group 9
17.30	18.15		Group 5	Group 10

<b>DMT Double Mini-Trampoline</b>				
Time		Warm up area	Competition Hall	Training Hall
10.00	10.45	Group 6		
10.45	11.30	Group 7	Group 6	Group 1
11.30	12.15	Group 8	Group 7	Group 2
12.15	13.00	Group 9	Group 8	Group 3
13.00	13.45	Group 10	Group 9	Group 4
13.45	14.30	Group 1	Group 10	Group 5
14.30	15.15	Group 2	Group 1	Group 6
15.15	16.00	Group 3	Group 2	Group 7
16.00	16.45	Group 4	Group 3	Group 8
16.45	17.30	Group 5	Group 4	Group 9
17.30	18.15		Group 5	Group 10

Appendix 6b

Thursday, 28 November 2019 - Sunday, 01 December 2019

<b>TRA Trampoline</b>			
Time	Warm up area	Competition Hall	Training Hall
	Warm-up as per competition schedule	COMpetition	Free Training

<b>TUM Tumbling</b>			
Time	Warm up area	Competition Hall	Training Hall
	Warm-up as per competition schedule	COMpetition	Free Training

<b>DMT Double Mini-Trampoline</b>			
Time	Warm up area	Competition Hall	Training Hall
	Warm-up as per competition schedule	COMpetition	Free Training

Appendix 6b

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