



**FIG TRAMPOLINE WORLD GYMNASTICS CUP AGF TROPHY  
BAKU (AZERBAIJAN)  
FEBRUARY 15 & 16, 2020**

Dear Friends,

It is already some kind of tradition for us to receive the Trampoline Gymnastics family in Baku in February within the framework of the FIG World Cup. These World Cup competitions are one of the last chances for the gymnasts to qualify for the 2020 Tokyo Olympic Games and the events promise to be very interesting and thrilling.

By looking through this Work Plan, you will find necessary and interesting information concerning the competitions for your convenience.

We are already looking forward to see you all in Baku with all the best conditions we can offer!

**GENERAL  
INFORMATION**

Rui Vinagre  
FIG Sports Event Manager  
Tel: +4121 321 5510 / Direct: +4121 321 5532  
E-mail: [rvinagre@fig-gymnastics.org](mailto:rvinagre@fig-gymnastics.org)

Horst Kunze  
FIG Technical Delegate  
Tel.: +49 57 512544  
E-mail: [horst.g.kunze@t-online.de](mailto:horst.g.kunze@t-online.de)

Nurlana Mammadzada  
LOC, Executive Director  
Mob.: +99450 3853969  
E-mail: [office@agf.az](mailto:office@agf.az)

Natalya Bulanova  
LOC, Competitions' director  
Tel.: +99412 598 4082  
E-mail: [td@agf.az](mailto:td@agf.az)

Khagani Farajov  
LOC, Accommodation & Transport Services Manager  
Tel.: +99455 918 80 40

Farid Mammadzada  
LOC, Head of Accreditation  
Tel.: +99450 573 22 77

Namig Badirkhanov  
LOC, Medical Manager  
Tel.: +99450 373 4565

**COMPETITION VENUE**

**MGA – Milli Gimnastika Arenasi (National Gymnastics Arena)**  
178 Heydar Aliyev Avenue AZ1029 Baku, Azerbaijan

+99412 566 9699  
[info@mga.az](mailto:info@mga.az)  
[www.mga.az](http://www.mga.az)

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<b>COMPETITION VENUE</b>	<p>The MGA was officially opened in April 2014. This gymnastics specialized Arena has already hosted many different international sport events.</p> <p>The Arena has the ability to stretch from 5,000 to 9,600 seats, depending on the size and the nature of the event it hosts. This sports facility has become a favorite training camp venue of many gymnasts all over the world.</p> <p>Training and Warm-up facilities will be located within the MGA.</p>
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**PROVISIONAL GENERAL COMPETITION SCHEDULE**

**February 13 - Thursday**

All day	Arrival of delegations	
09:00-20:00	Accreditation	MGA (Accreditation Center, 2)

**February 14 - Friday**

08:30-12:00	Accreditation	MGA (Accreditation Center, 2)
09:00-10:00	Orientation meeting	MGA, (Artistic Lounge, 1)
09:30-20:30	<b>TRA &amp; TUM</b> training/podium training	MGA (Training & Warm-up Hall/FoP, -2)
17:30-18:15	<b>TUM</b> Judges' meeting, instruction and draw	MGA (Judges' Room, -2)
18:15-18:30	<b>TUM</b> Scoring system training for judges	MGA (FoP, -2)
18:30-19:15	<b>TRA</b> Judges' meeting, instruction and draw	MGA (Judges' Room, -2)
19:15-19:30	<b>TRA</b> Scoring system training for judges	MGA (FoP, -2)

**February 15 - Saturday**

09.10-20.10	<b>TRA &amp; TUM</b> training	MGA (Training & Warm-up Hall, -2)
09:00-10:00	<b>TRA / TUM</b> Judges' meeting	MGA (Judges' Room, -2)
10.00-10.50	<b>TUM</b> : Men's Qualification - Group 1 (M13)	MGA (FoP, -2)
10.50-11.40	<b>TUM</b> : Women's Qualification - Group 2 (W13)	MGA (FoP, -2)
11.40-12.30	<b>TRA</b> : Men's & Women's Individual Qualification - Group 1 (M11 / W10)	MGA (FoP, -2)
12.30-13.20	<b>TRA</b> : Men's & Women's Individual Qualification - Group 2 (M10 / W10)	MGA (FoP, -2)
13.20-14.20	Break	
14.20-15.10	<b>TRA</b> : Men's & Women's Individual Qualification - Group 3 (M10 / W10)	MGA (FoP, -2)
15.10-16.00	<b>TRA</b> : Men's & Women's Individual Qualification - Group 4 (M10 / W10)	MGA (FoP, -2)
16.00-16.30	Break	
16.30-17.20	<b>TRA</b> : Men's & Women's Individual Qualification - Group 5 (M10 / W9)	MGA (FoP, -2)
17.20-18.10	<b>TRA</b> : Men's & Women's Individual Qualification - Group 6 (M10 / W9)	MGA (FoP, -2)
18.10-18.30	Break	
18.30-19.20	<b>TRA</b> : Men's & Women's Synchro Pairs' Qualification - Group 1 (M10/W9)	MGA (FoP, -2)
19.20-20.10	<b>TRA</b> : Men's & Women's Synchro Pairs' Qualification - Group 2 (M10/W8)	MGA (FoP, -2)

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BAKU (AZERBAIJAN)  
FEBRUARY 15 & 16, 2020**

<b>February 16- Sunday</b>		
09:00-11:00	Free Training for all finalists (TRA & TUM)	MGA (Training & Warm-up Hall, FoP, -2)
11:00-11:45	TRA / TUM Judges' meeting & draw	MGA (Judges' Room, -2)
12:00-12:30	Finals - TRA Individual Gymnasts: Women	MGA (FoP, -2)
12:30-13:00	Finals - TRA Individual Gymnasts: Men	MGA (FoP, -2)
13:00-13:15	Award ceremony + AGF TROPHY	MGA (FoP, -2)
13:15-13:45	Finals - TUM: Men	MGA (FoP, -2)
13.45-14.15	Finals - TUM: Women	MGA (FoP, -2)
14:15-14:30	Award ceremony + AGF TROPHY	
14:30-15:00	Finals - TRA Synchro Pairs: Women	MGA (FoP, -2)
15:00-15:30	Finals - TRA Synchro Pairs: Men	MGA (FoP, -2)
15:30-15:45	Award ceremony	MGA (FoP, -2)
16:15-18:00	City Sightseeing Tour (departure from MGA with arrival to the official hotels)	
19:30	Farewell banquet	Tbc.
<b>February 17 – Monday</b>		
All day	Departure of delegations	

<b>ARRIVAL INFORMATION</b>	<p>Official delegation members will be met at Heydar Aliyev International Airport (GYD), bus or railway station upon arrival in Baku and transferred to the event's official hotels provided that they reserved accommodation through the LOC. The delegations will be informed of the time fixed for their accreditation upon arrival.</p>
<b>ACCREDITATION</b>	<p>Accreditation Center is located within the competition venue - Milli Gimnastika Arenası (MGA). There is no need for all delegation members to be present at the accreditation center. One/two responsible persons from the delegation possessing all the necessary information is enough to get accreditation for all its members.</p> <p>The following items will be checked/submitted by a responsible person:</p> <ul style="list-style-type: none"> <li>• The passport of gymnasts and judges including all members of the delegations</li> <li>• License</li> <li>• Transport – Departure details</li> <li>• Settlement of all outstanding payments</li> <li>• The medical insurance for the members of the delegations</li> <li>• Submission of competitions cards</li> <li>• National anthem and national flag</li> <li>• Distribution of log-in details to the Heads of Delegations to access mobile APP</li> <li>• Questionnaires for athletes</li> <li>• Possible submission of other forms</li> </ul> <p>Submission of e-mail address of one responsible person</p>

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BAKU (AZERBAIJAN)  
FEBRUARY 15 & 16, 2020**

<b>TRANSPORT</b>	Shuttle buses schedule (to the Competition Venue & back) will be provided to the delegations at the accreditation center which reserved accommodation through the LOC. In addition, transport will be available for the participants to get to the place of the farewell banquet.
<b>SIGHTSEEING TOUR</b>	Delegations' members, wishing to join sightseeing arranged by the Organizing Committee from <b>16:15 to 18:00 on February 16</b> , will be provided with transportation from the MGA. The sightseeing tour form available at the Accreditation Center shall be submitted to the OC Office by February 15.
<b>HOTELS</b>	<p><b>Landmark Hotel**** - FIG Official Hotel</b> Address: 90A Nizami str., Baku 1010 Tel.: +99412 465 20 00 Website: <a href="http://www.thelandmarkhotel.az">http://www.thelandmarkhotel.az</a></p> <p><u>Distances</u> Airport: 24.8 km - approx. 23 min. (by car) To competition venue: 8.9 km - approx. 13 min. (by car)</p> <p><b>Boulevard Hotel****</b> Address: Baku White City Baku, Azerbaijan Tel.: +99412 310 00 10 Fax.: +99412 310 00 11 Website: <a href="http://www.boulevardhotelbaku.com">www.boulevardhotelbaku.com</a></p> <p>The Hotel is located close to the city center</p> <p><u>Distances</u> Airport – 25.8 km (29 min. drive) Training/competition venue – 10km (10min. drive)</p> <p><b>Park Inn By Radisson Baku Hotel****</b> Address: Azadliq Avenue 1, AZ1000, Baku, Azerbaijan Tel.: +994 12 490 6000 Fax: +994 12 496 8900 Website: <a href="http://www.rezidorparkinn.com/">http://www.rezidorparkinn.com/</a></p> <p>The Hotel is located close to the city center</p> <p><u>Distances</u> Airport – 25.5 km (27 min. drive) Training/competition venue – 12.5 km (19min. drive)</p>

**FIG TRAMPOLINE WORLD GYMNASTICS CUP AGF TROPHY  
BAKU (AZERBAIJAN)  
FEBRUARY 15 & 16, 2020**

<p><b>HOTELS</b></p>	<p><b>Emerald Hotel****</b> Address: 4 Mehdi Abbasov str., Baku, Azerbaijan Tel.: +99412 520 44 41, +99412 520 41 44 Website: <a href="http://www.emeraldbaku.com">www.emeraldbaku.com</a></p> <p>The Hotel is located near MGA (competition venue)</p> <p><u>Distances</u></p> <p>Airport – 15km (15 min. drive) Training/competition venue – 2km (5 min. drive)</p> <p><b>Note:</b> Breakfast is included into the accommodation reservation. Wi-Fi is available at the above-mentioned hotels.</p>																				
<p><b>MEALS</b></p>	<p>The delegations, who reserved meals for its members, will get meal coupons at the Accreditation Centre.</p> <p><b><i>Meal schedule for the delegations booked meals at hotels/MGA (breakfast is included into the accommodation reservation) is as follows:</i></b></p> <table border="1" data-bbox="525 1055 1457 1361"> <thead> <tr> <th><i>Location</i></th> <th><i>Breakfast</i></th> <th><i>Lunch</i></th> <th><i>Dinner</i></th> </tr> </thead> <tbody> <tr> <td><b>Boulevard Hotel</b></td> <td><b>07:00-10:00</b></td> <td><b>13:00-16:00</b></td> <td><b>19:30-22:30</b></td> </tr> <tr> <td><b>Park Inn Hotel</b></td> <td><b>07:00-10:00</b></td> <td><b>13:00-16:00</b></td> <td><b>19:30-22:30</b></td> </tr> <tr> <td><b>Emerald Hotel</b></td> <td><b>07:00-10:00</b></td> <td><b>13:00-16:00</b></td> <td><b>19:30-22:30</b></td> </tr> <tr> <td><b>MGA</b></td> <td><b>N/A</b></td> <td><b>13:00-16:00</b></td> <td><b>N/A</b></td> </tr> </tbody> </table>	<i>Location</i>	<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>	<b>Boulevard Hotel</b>	<b>07:00-10:00</b>	<b>13:00-16:00</b>	<b>19:30-22:30</b>	<b>Park Inn Hotel</b>	<b>07:00-10:00</b>	<b>13:00-16:00</b>	<b>19:30-22:30</b>	<b>Emerald Hotel</b>	<b>07:00-10:00</b>	<b>13:00-16:00</b>	<b>19:30-22:30</b>	<b>MGA</b>	<b>N/A</b>	<b>13:00-16:00</b>	<b>N/A</b>
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<p><b>INFORMATION DISTRIBUTION</b></p>	<p>All the information including competition schedules / start list will be distributed during the Accreditation.</p> <p>The further possible changes / revised information and <b>results</b> of competitions will be sent via email (to the email addresses provided at the accreditation by the Head of Delegation) and WhatsApp (to the phone number provided at the Accreditation by the Head of Delegation), posted on the FIG official website &amp; AGF Mobile App.</p> <p>If the delegations have any questions, they can come to the LOC/Accreditation room with their queries and will be assisted by the LOC members.</p> <p>Information Desks will be available at the official hotels.</p>																				
<p><b>VIP LOUNGES &amp; ATHLETES LOUNGES</b></p>	<p>VIP Lounge and Athletes' Lounge are located on Level 1. The participants can spend their free time from trainings and competitions at the Athletes' Lounge where they can enjoy themselves with some table games, Wi-Fi access &amp; soft drinks.</p> <p>The delegations' seats are located on the Level 0.</p>																				

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FEBRUARY 15 & 16, 2020**

<b>ORIENTATION MEETING &amp; WELCOME RECEPTION</b>	The Orientation Meeting will take place at MGA (Level 1, Lounge – Artistic) at 09:00 on February 14. Responsible people (max. 2 per Federation) must attend the meeting.
<b>FORMS</b>	<p>A responsible person from each delegation must submit the following forms to the Organizing Committee’s Office/OC representatives by the below mentioned deadlines:</p> <ul style="list-style-type: none"> <li>• <b>TRA IND Qualification and Final Competition Cards (2 pages)</b> - during the Accreditation</li> <li>• <b>TRA SYN Qualification and Final Competition Cards (2 pages)</b> – during the Accreditation</li> <li>• <b>TUM Qualification and Final Competition Cards (1 page)</b> – during the Accreditation</li> <li>• <b>Change of Start List</b> - to the OC Office, 24 hours before the competition start at the latest</li> <li>• <b>Request for Accreditation Changes</b> – if necessary, the form should be submitted to the FIG and OC immediately for the FIG approval</li> <li>• <b>Questionnaire for athletes</b> – at the Accreditation</li> </ul>
<b>JUDGES’ MEETING &amp; SCORING SYSTEM INSTRUCTIONS</b>	<p>The Judges’ meeting, instruction and draw for Tumbling will be held at the Judges’ Room (Level “-2”) at 17:30 on February 14. Technical Scoring System Instruction for tumbling judges will be conducted at 18:15 on February 14, immediately after the completion of Judges’ Meeting.</p> <p>The Judges’ meeting, instruction and draw for Trampoline Gymnastics will take place at the Judges’ Room (Level “-2”) at 18:30 on February 14. Technical Scoring System Instruction for judges will be held at 19:15 on February 14, immediately after the completion of Judges’ Meeting.</p> <p>Judges will be required to be present at the roll call. The judges must respect the dress code mentioned in the Code of Points.</p> <p>All judges are required to take part in the judges’ meetings, technical scoring system instructions in accordance with the schedule and location indicated in the present Work Plan.</p> <p>The drawing of lots of the Judges’ Panels for the Qualification and Finals will be conducted by the FIG Technical Delegate.</p>
<b>SUPPLIER</b>	<p>Trampolines: Eurotramp Ultimate 4x4 Trampoline. Reference number: 03150, 03100 Tumbling track: Skakun Original 2014 HDS01 Trampoline Measurement System</p>
<b>SCORING</b>	<p>Scoring will be carried out by local SmartScoring brand. Video Control system will be provided. Competition results will be available at Information Desks and will be sent to the e-mail addresses of a responsible person of each delegation provided at the Accreditation.</p>

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BAKU (AZERBAIJAN)  
FEBRUARY 15 & 16, 2020**

<b>TRAINING</b>	The training sessions will take place at the training & warm-up hall adjacent to the Field of Play according to the schedules provided.
<b>COMPETITION FORMAT</b>	The competition will be held in accordance with the FIG Technical <b>Regulations-2020</b> and the Rules for the FIG World Cup Competitions and Series in Trampoline and Tumbling.  For the qualification, the gymnasts will be divided into Groups as per the drawing of lots results.
<b>AGF TROPHY</b>	There will be held awarding of the AGF Trophy Cup to one trampoline individual man and one individual woman gymnast, as well as one man and one woman tumbling gymnast who have the highest execution result during the event. If there will be a tie-break, the highest qualification ranking will prevail. As there are just 2 gymnasts from the same country in women's tumbling events, no trophy will be awarded in this category.
<b>AWARD CEREMONIES</b>	<b>Award Ceremonies</b>  The award ceremonies will be held as per the detailed competition schedule and carried out in accordance with the FIG Regulations for Award Ceremonies. Please ensure that your Federation's medalists are in time for the line-up prior to the ceremonies.  The competitors requested to attend the award ceremonies will be as follows: Gymnasts ranked 1 <sup>st</sup> to 3 <sup>rd</sup> on each apparatus.  Gymnasts will be required to wear the National track suit according to the FIG Rules. The national flags of the countries represented by the best 3 gymnasts will be hoisted and the national anthem of the country taken the 1 <sup>st</sup> place will be played.
<b>PRIZE MONEY</b>	The organizing committee will transfer the Prize Money to the bank account of the Federations' concerned in accordance with the Article 10 of the Rules for the FIG World Cup Competitions and Series in Trampoline and Tumbling after the competitions.
<b>MEDICAL SERVICES &amp; DOPING CONTROLS</b>	The LOC will provide first aid medical services. Physiotherapists will be present during the competitions. The Organizing Member Federation will provide at its own charge of 4 doping controls for Trampoline and 2 for Tumbling. Appropriate medical premises will be provided to carry out above mentioned number of doping controls by AMADA (National Anti-Doping Agency).
<b>TV &amp; MEDIA COVERAGE</b>	Host Broadcaster is AzTV Idman (Sports Channel of Azerbaijan Television and Radio Broadcasting Closed Joint-Stock Company). Local media representatives covering the events will be accredited according to the FIG Media Rules. <u>Social media</u> Event's mini-site: <a href="http://https://agf.az/en/competitions/information/205">http://https://agf.az/en/competitions/information/205</a> Facebook: <a href="https://www.facebook.com/events/482598559063417/">https://www.facebook.com/events/482598559063417/</a> Instagram: <a href="https://www.instagram.com/agf.az/">https://www.instagram.com/agf.az/</a> Twitter: <a href="https://twitter.com/AzerbaijanGym">https://twitter.com/AzerbaijanGym</a> YouTube: <a href="https://www.youtube.com/channel/UCI8-Mfc5w5pchi33D2aWmxA">https://www.youtube.com/channel/UCI8-Mfc5w5pchi33D2aWmxA</a>

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BAKU (AZERBAIJAN)  
FEBRUARY 15 & 16, 2020**

<p><b>OTHER INFORMATION</b></p>	<p><b>Currency</b> The currency in Baku is Azerbaijani Manat (AZN). For more information, please, visit: <a href="http://www.cbar.az/">http://www.cbar.az/</a></p> <p><b>GMT:</b> UTC + 4 Hr</p> <p><b>Temperature</b> Average minimum: 2 °C Average maximum: 6 °C</p> <p><b>Power supply:</b> Voltage 220 volts; frequency 50 Hz. An adapter might be needed.</p> 
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<p><b>Appendices</b></p>	<p><b>Appendix 1 - TRA IND Qualification and Final Competition Cards (2 pages)</b>  <b>Appendix 2 - TRA SYN Qualification and Final Competition Cards (2 pages)</b>  <b>Appendix 3 - TUM Qualification and Final Competition Cards (1 page)</b>  <b>Appendix 4 - Change of Start List</b>  <b>Appendix 5 - Request for Accreditation Changes</b>  <b>Appendix 6 - Questionnaire</b>  <b>Appendix 7 – Layouts</b>  <b>Appendix 8 - Provisional Podium Training Schedule</b>  <b>Appendix 9 - Provisional Detailed Competition Schedule</b></p>
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With Best Wishes,




Nurlana Mammadzada  
OC Executive Director