



15th African Championships
Sharm El Sheikh, EGY
12-14 16 March, 2020
Rhythmic – Aerobic
(Junior – Senior)



DIRECTIVES

Event ID: 16393

Update January 16, 2020

Dear FIG affiliated Member Federation,
The Gymnastics Federation of **Egypt** has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event This event also serves as qualification event for 2020 Tokyo Olympic games for Rhythmic Gymnastics.

DISCIPLINE	Rhythmic Gymnastics Aerobic Gymnastic
HOST FEDERATION	Egyptian Gymnastics Federation Elestad Elbahary St. Olympic Feds Buildings, Nasr city , Cairo , Egypt 002 02 240 250 24 002 02 240250 27 egypt@egyptgymnastics.com www.egyptgymnastics.com
LOCATION	Sharm EL Sheikh, Egypt
DATE	10-17 March 2020
VENUE	Sports Development Center in Sharm El Sheikh Ruweisat Road Sharm Al Shaikh, Janub Sina , Egypt Phone: +20693664997 
APPARATUS SUPPLIER	Rhythmic Floor: Taishan RG floor Ref. TQ1009 Rope: SASAKI – M-280-F / Code: M-280-F-LIBU / FIG M-280-F-LIBU Hoop Senior: Pastorelli Sidney- 00311FIG/ Code: 00311-white /FIG 00311 Pastorelli hoop mod. sidney 85cm FIG Approved Hoop Junior: Pastorelli Sidney- 00312FIG/ code: 00312-white/ FIG00312 Pastorelli hoop mod. Sidney 80 cm FIG Approved Ball: Chacott - 301503-0001-98- Code: FCB-1 – 028 / FIG FCB-1 GYM BALL (18.5CM) CHACOTT Clubs Junior -Chacott – 301505-0005-98 /Code: FCJCHR-125 / FIG FCJCHR HI- GRIP rubber clubs 410 mm chacott Clubs senior: Chacott – 301505-0005-98 /Code: FCCAHR-125- fresh blue / FIG FCCAHR HI-GRIP rubber clubs 455mm chacott

	<p>Ribbon Senior (stick + ribbon): Ribbon Chacott- 301500-0001-98 code: FCJGRI-023- blue/ FIG FCRI RAYON ribbon 6m chacott Stick Sasaki- M-700-F / code: M-700-F-FLUO/ FIG M-700G-F-FLUO YELLOW BLACK GLASS STICK</p> <p>Ribbon Junior (stick + ribbon) Ribbon Chacott- 301500-0004-98 code: FCJGRI-023- aqua blue/ FIG FCJGRI RAYON ribbon 5m chacott Stick Sasaki- M-700-F/ code:M-700-F-FLUO /FIG M-700G-F-FLUO YELLOW BLACK GLASS STICK</p> <p>Aerobic Floor: Taishan Aerobic floor Ref. TQ1170</p>																																																								
GYMNASTS' HAND APPARATUS	<p>The changes of the Apparatus Norms for the Hand Apparatus valid for Apparatus Manufacturers and Gymnasts enter into force from 01 January 2019.</p> <p>The list of the RG Hand Apparatus with valid certificates is published on the FIG website (here) and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event and for any other FIG recognized competitions, as they will not be allowed to compete with an Apparatus which does not comply with the norms.</p> <p>Random checks on the FIG and Manufacturers' Logos will be carried out at any time during the Event.</p>																																																								
RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Code of Ethics • Technical Regulations • Code of Points (including the modified competition rules for Juniors for the JR Competitions), relevant Newsletters, and Help Desk • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • Medical Organization of FIG Competitions and Events • Framework for Safeguarding during Events • License Rules • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>																																																								
FEDERATIONS INVITED	<p>The Organizing Member Federation will invite all Member Federations according to the following principles: UAG affiliated federation</p>																																																								
PARTICIPATIONS AND AGE LIMITS	<table border="1"> <thead> <tr> <th>Delegation members</th> <th>AER AG1</th> <th>AER Jn</th> <th>AER Sn</th> <th>RGI Sn</th> <th>RGI Jn</th> <th>RGJ Jn& SN</th> <th>Joint</th> </tr> </thead> <tbody> <tr> <td>Gymnasts</td> <td>316</td> <td>316</td> <td>316</td> <td>4</td> <td>4</td> <td>6 sn 6 jn</td> <td>26-68</td> </tr> <tr> <td>Coaches</td> <td colspan="2">2</td> <td>2</td> <td>2</td> <td>2</td> <td>2 2</td> <td>12</td> </tr> <tr> <td>Judges*</td> <td colspan="3">2</td> <td>1</td> <td>1</td> <td>1 1</td> <td>4-6</td> </tr> <tr> <td>Head of Delegation</td> <td colspan="6"></td> <td>1</td> </tr> <tr> <td>Team Manager</td> <td colspan="3">1</td> <td colspan="2">1</td> <td></td> <td>2</td> </tr> <tr> <td>Doctor/paramedics</td> <td colspan="2">1</td> <td colspan="2">1</td> <td colspan="2"></td> <td>4-2</td> </tr> </tbody> </table>	Delegation members	AER AG1	AER Jn	AER Sn	RGI Sn	RGI Jn	RGJ Jn& SN	Joint	Gymnasts	316	316	316	4	4	6 sn 6 jn	26-68	Coaches	2		2	2	2	2 2	12	Judges*	2			1	1	1 1	4-6	Head of Delegation							1	Team Manager	1			1			2	Doctor/paramedics	1		1				4-2
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* According to FIG Technical Regulations no judging panel may include more than one member from a single federation. For Rhythmic the NF participating with individuals and a group may register ~~2~~ 4 judges (1 RGG senior, 1 RGG junior, 1 RGI senior, 1 RGI junior), ~~one~~ 2 judges with a valid category of RGI brevet and ~~second~~ 2 judges with a valid category of RGG brevet.

RG Ages: Junior: 13-15, Senior: 16 and above
 AER Ages: AG 1 (12-14) Junior: 15-17, Senior 18 and above

JUDGES AND JURIES

Each federation may bring up to 2 4 judges for RG (1 RGG senior, 1 RGG junior, 1 RGI senior, 1 RGI junior) & 2 judges for AER discipline.

However, according to FIG Technical Regulations no judging panel may include more than one member from a single federation.

All judges must have a current valid FIG brevet at the time of the event for the respective discipline AER, RGI and RGG.

All judges must be minimum Cat III. Any Cat IV judges registered can only be used as Judges' Assistants (Time or Line Judges).

Failure to provide judges, where the federation has qualified judges, will result in a fine of 1000 USD to the federation concerned. This will be used to obtain a replacement judge.

REGISTRATION DEADLINES

Provisional registration	1 December 2020
Definitive registration	20 January 2020
Nominative registration	10 February 2020

ENTRY FEES

COMPETITION ENTRY FEE:

The invited participating federations must pay entry fee at the time of the Definitive registration which is 20 January 2020, as follows:

- Participation with only one (1) gymnast in a discipline: USD 50 (per discipline)
- Participation with more than one gymnast in a discipline: USD 150 (per discipline, flat fee for the team)

The entry fee is non-refundable and payable to the UAG.

ANNUAL UAG AFFILIATION FEE:

Federations that have not yet paid their annual affiliation fee for 2020 to the UAG must also make payment to the UAG before they will be allowed to participate in the competition, as follows:

Existing Members		USD 200
New Members	Year 1	0
	Year 2	USD 100
	Year 3	USD 200

Banking Details for UAG Affiliation Fees and Entry Fees:

UNION AFRICAINE DE GYMNASTIQUE

Banque de Développement local

Agence Emir Abdelkader

03 Place Emir Abdelkader

1600 – Alger – ALGERIE

- IBAN N° : 005 170 457 117813
- CODE SWIFT BDL0DZAL
- Compte N° 005 170 457 117813

	Reference Code: Country Code_UAG+Entry+RG/AER Example: EGY_UAG+Entry+RG/AER			
ACCREDITATION	Regarding the accreditation procedures for all participating delegation members, electronic ID photographs must be sent via email to LOC within the deadline set for nominative registration Note: the LOC will be checking the validity of the gymnast's licences.			
EVENT FORMAT	<p>The African Championships will include Qualifications and Finals and will determine Individual winners in each category, including Apparatus, All Around/Final, and Team. In finals a maximum of 2 gymnasts, units will qualify per federation.</p> <ul style="list-style-type: none"> RGI Junior & Senior <ul style="list-style-type: none"> Individual All-Around Team Apparatus RGG (Junior & Senior) 5 gymnasts Results obtained determine Group Classification. There are no apparatus finals. AER: Each gymnast competes in max 3 Categories (IM, IW, MP, TR) the top 8 gymnast from qualification in each category will take part in the finals but Max 2 gymnasts, units will qualify per federation 			
PROVISIONAL SCHEDULE (CHANGES APPLIED)	DAY	Date	Activity	Discipline
	Tuesday	10 March 2020	Arrival of delegations, Neutral judges and representatives UAG-FIG Accreditation and free training	RG
	Wednesday	11 March 2020	Orientation Meeting Judges meeting & judges briefing by FIG Technical delegate Podium training Technical Committee Meeting	RG AER
	Thursday	12 March 2020	Judges meeting & Draw RG Individual Senior 4 apparatus (OG Qualifications) RG Individual Junior 4 apparatus (Qualifications) RG Group Senior (2x3 & 5pairs) (OG Qualifications) RG Group Junior (2x3 & 5pairs) (5 & 5 pairs) Opening Ceremony Aerobic Senior (IM, IW, MP, TR) Qualification	RG AER
	Friday	13 March 2020	Judges meeting & Draw RG Individual Junior 4 apparatus RG Group Junior (2x3 & 5pairs) (5 & 5 pairs) RG Individual Senior 4 apparatus final RG Individual Junior 4 apparatus final	RG AER

		Aerobic Junior (IM, IW, MP, TR) Qualification Aerobic AG1 (IM, IW, MP, TR) Qualification Aerobic Senior (IM, IW, MP, TR) finals Arrival of Aerobic delegation	
Saturday	14 March 2020	Judges meeting Podium training Orientation meeting for aerobic Departure of RG delegation RG Individual Senior 4 apparatus final RG Individual Junior 4 apparatus final RG Group Senior Final RG Group Junior final Aerobic Junior (IM, IW, MP, TR) finals Aerobic AG1 (IM, IW, MP, TR) finals Banquet	AER
Sunday	15 March 2020	Judges meeting Aerobic Junior (IM, IW, MP, TR) Qualification Aerobic AG1 (IM, IW, MP, TR) Qualification Aerobic Senior (IM, IW, MP, TR) Qualification Departure of delegations	AER
Monday	16 March 2020	Judges meeting Aerobic Junior (IM, IW, MP, TR) finals Aerobic AG1 (IM, IW, MP, TR) finals Aerobic Senior (IM, IW, MP, TR) finals Banquet	AER
Tuesday	17 March 2020	Departure of Aerobic Delegations	

The schedule may change depending on definitive registrations.

MEDICAL SERVICES	A medical service will be available throughout the period of the championship. During this championship an anti-doping control will be carried out in accordance with international standard.
VISA	Please verify immediately with your travel agent or the Egyptian Embassy or Consulate in your country if a visa is required for your travel to Egypt . The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 20 January 2020 . The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.

INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: 50 USD per person/day.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 1st March 2020</p>
LOCAL TRANSPORTATION	<p>The Organising committee will provide transportation from Sharm el Sheikh Airport for the delegation booked their accommodation through the LOC.</p>
ACCOMMODATION	<p><u>TOLIP inn sharm el sheikh</u> ADDRESS : Sports Village Nour Suburb , 29332 Sharm El Sheikh, Egypt Qesm Sharm Ash Sheikh, South Sinai Governorate TELE : (+2069 3662116)</p> <div style="display: flex; justify-content: space-around;">   </div>  <p>80 EURO The costs per person /night in Single room Full board 65 EURO The costs per person / night in a Double room full board 50 EURO The costs per person /night in Triple room Full board</p>
CANCELATION POLICY	<p>Any cancellations after 20th January 2020 will incur a penalty of 50% of total amount due.</p> <p>Any cancellations after 10th February 2020 will incur a penalty of 100% of total amount due.</p>
FINAL BANQUET	<p>Free of charge if booked through the LOC</p> <p>If the accommodation not booked through the LOC 50 USD per ticket / person for the Final Banquet must be paid to the LOC by 10th February 2020</p>

BANK ACCOUNT INFORMATION	Bank accountHolder's	EGYPTIAN GYMNASTICS FEDERATION																				
	Beneficiary's email address	EGYPT @ EGYPTGYMNASTICS.COM																				
	Bank account Holder's full address	EL-ESTAD EL- BAHARY ST, OLYMPIC FEDS BUILDING, NASR CITY																				
	Bank accountnumber	11014090271																				
	Bank name	National Bank of Egypt.																				
	Bank address	Main Branch 24 sherif ST. Downtown Cairo																				
	BIC / SWIFT code	NBEGEGCX001																				
	IBAN (fortransfers within Europe only)	0010 0011 1101 4090 271																				
	Currency to use for the payment	USD																				
MARKETING	FIG advertising and publicity norms must be respected																					
SOCIAL MEDIA	Egyptian gymnastics federation official page																					
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Sincerely Yours

Cairo, 16 January 2020

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Date and Place



Dr. Ehab ESAWY

President of EGF