



**2020 Moscow International R. G. Tournament  
Individuals Seniors & Juniors  
7 – 8 February 2020**




Update 04 December 2019  
(Accommodation)  
Update 15 January 2020  
(Event format and  
Schedule)  
Update 29 January 2020  
(Accommodation)  
Update 31 January 2020  
Number of Participation  
Update 4 February 2020  
Participation + schedule

**DIRECTIVES**

**Event ID: 16375**

Dear FIG affiliated Member Federation,

The Russian Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

<b>DISCIPLINE</b>	<b>RG</b>
<b>HOSTING FEDERATION</b>	<b>RUSSIAN GYMNASTICS FEDERATION</b> Russian Gymnastics Federation 8 Luzhnetskaya Emb., Moscow 119992 Russia <a href="mailto:rusgymnastics@mail.ru">rusgymnastics@mail.ru</a> <a href="http://www.sportgymrus.ru">www.sportgymrus.ru</a>
<b>ORGANIZING COMMITTEE</b>	<b>RUSSIAN RHYTHMIC GYMNASTICS FEDERATION</b> 8 Luzhnetskaya Emb., Moscow 119992 Russia Phone: +7 495 725 46 10 Fax: +7 495 725 46 99 e-mail: <a href="mailto:rusgrandprix@mail.ru">rusgrandprix@mail.ru</a>
<b>DIRECTOR LOC</b>	Ms Irina Tsareva <a href="mailto:iitsareva@mail.ru">iitsareva@mail.ru</a>
<b>DIRECTOR OF SPORTS COMPETITIONS.</b>	<b>Ms. Elena Nefedova</b>
<b>PLACE</b>	<b>Moscow, Russia</b>
<b>DATES</b>	<b>7 – 8 February 2020</b>
<b>VENUE</b>	IRINA VINER-USMANOVA'S GYMNASTICS PALACE in Luzhniki 24/4 Luzhnetskaya Emb., Moscow  Nearest subway station: Vorobyevy Gory 

<b>RG FLOORS</b>	<p>SPIETH 1790290 and 1790580</p> <p><b>Replacement Apparatus:</b></p> <p><b>Seniors:</b>  Hoop: Pastorelli 00300FIG,"Rodeo", 89 cm  Ball: Sasaki M-207M-F  Clubs: Chacott 301505-0003-98 455 mm  Ribbon – Chacott 301500-0090-98 (6m)  Ribbon stick Sasaki M-781H-F (60 mm)</p> <p><b>Juniors:</b>  Rope Sasaki M-280-F  Ball: Sasaki M-207M-F  Clubs: Chacott 301505-0003-98 455 mm  Ribbon: Chacott 301500-0091-58 (5m)  Ribbon: Sasaki M-781H-F (60 mm)</p>
<b>RULES</b>	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Code of Ethics</li> <li>• Technical Regulations</li> <li>• Code of Points and relevant Newsletters / Helpdesk</li> <li>• General Judges' Rules</li> <li>• Specific Judges' Rules</li> <li>• Anti-Doping Rules</li> <li>• Medical Organisation of FIG Competitions and Events</li> <li>• Framework for Safeguarding during Events</li> <li>• License Rules</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Rules for Sanctioning (approval) of International Events</li> <li>• Advertising and Publicity Rules</li> <li>• Regulations for Award Ceremonies</li> <li>• Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>
<b>AGE LIMITS</b>	<p>Juniors: 2005-2007  Seniors: 2004 and older</p> <p><b>All gymnasts must have a valid FIG License until the end of the event</b></p>
<b>ACCREDITATION</b>	<p>Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present:</p> <p>2 CD / music per each routine  1 CD / National Anthem  1 National Flag  Insurance for the whole delegation (obligatory)  FIG Licences for gymnasts</p>
<b>PARTICIPATION</b>	<p><b>Individual Program</b></p> <p>No limitation in senior gymnasts + 1 coach per gymnast  No limitation in junior teams (team composition 2- 4 prs + 1 coach per gymnast) (maximum 8 exercises)  2 masseurs (max)  2 judges Brevet 1 - 4 (max)  1 Doctor (max)  1 Head of Delegation</p> <p>If a NF participates with only 1 junior gymnast, she will have to present her exercises with each of the 4 apparatus.</p>

<b>JUDGES</b>	<p><b>All judges must have a valid FIG brevet in the respective discipline (RGI)</b></p> <p><b>2 Judges</b> Brevet Cat. 1 – 4, XIV Cycle</p>
<b>ENTRY FEES</b>	The non-reimbursable registration fees to be paid to the LOC amount to: EUR 100 per gymnast
<b>SCHEDULE</b>	<p><b><u>5 February, Wednesday</u></b> - Arrival of delegations, accreditation</p> <p><b><u>6 February Thursday</u></b> - Podium trainings - Judges &amp; Delegations Meeting</p> <p><b><u>7 February Friday</u></b> - Drawing of lots for judges - Seniors all-around (hoop, ball) - Juniors rope, ball</p> <p><b><u>8 February, Saturday</u></b> - Seniors all-around (clubs, ribbon) - Juniors clubs, ribbon - Awards Ceremony - Juniors:     - Team Competitions (1 team per country);     - Additionally: 1 gymnast per country per each apparatus (rope, ball, clubs, ribbon) based on the results of team competition - Seniors:     - All-Around (hoop, ball, clubs, ribbon) – the top 8 gymnasts (1 gymnast per country)</p> <p><b><u>9 February, Sunday</u></b> - Departure</p>
<b>VISAS</b>	Please send all your passport copies to the O.C. before 15.12.2019 (for visa purpose)
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p>
<b>TRAVELS</b>	<p>Airfares are to be covered by participating delegations.</p> <p>Please inform the LOC of your travel schedule before 15.01.2020 (travel forms are enclosed).</p>
<b>LOCAL TRANSFERS</b>	The LOC will provide free-of-charge local transfers 'airport – hotel – gym – airport' for all accredited delegation members.

<b>ACCOMMODATIONS</b>	<p><b>Hotel KORSTON ***</b>  <b>15 Kosygina Str., Moscow, Russia</b>  Hotel rates per room per night (bed &amp; breakfast):  Single room = EUR 150  Double room = EUR 180</p> <p><b>Hotel of Irina Viner-Usmanova Gymnastics Palace</b>  Single room = EUR 150  Double room = EUR 180</p> <p><b>Payment terms:</b>  <b>1. Cash payment on accreditation.</b>  <b>2. Payment by bank transfer.</b></p> <p><b>Contact person:</b>  Ms. Julia Malagich – <a href="mailto:rgmalagich@mail.ru">rgmalagich@mail.ru</a>  Phone: +7 (915) 060-62-01</p>													
<b>MEALS</b>	<p>Lunch = EUR 25 per meal  Dinner = EUR 25 per meal</p> <p><b>Payment terms:</b>  <b>1. Cash payment on accreditation.</b>  <b>2. Payment by bank transfer.</b></p> <p><b>Contact person:</b>  Ms. Julia Malagich – <a href="mailto:rgmalagich@mail.ru">rgmalagich@mail.ru</a>  Phone: +7 (915) 060-62-01</p>													
<b>CANCELLATION POLICY</b>	<p>Hotel and meals cancellations can be made before 25.01.2020. All accommodation &amp; meals cancellations made after the above deadline will be subject to 100% fine.</p>													
<b>BANK ACCOUNT INFORMATION</b>	<p>All payments for the hotel booking and meals must be made by bank transfer to:</p> <p><b>Currency account of EURO:</b>  Beneficiary name: LLC OLYMPICO  Account: 40702978338001000681  Address: Sovetskaya str., 7-52, Moscow, Russia  Bank name: SBERBANK  SWIFT: SABRRUMM  Address: Vavilova str., 19, Moscow, Russia</p>													
<b>ADVERTISING RULES</b>	<p>FIG advertising and publicity norms must be respected</p>													
<b>LOC_DEADLINES SUMMARY</b>	<table border="1"> <tr> <td>Definitive Registration</td> <td>15.12.2019</td> </tr> <tr> <td>Nominative Registration</td> <td>15.01.2020</td> </tr> <tr> <td>Visa Request Form + Passport Copies</td> <td>15.12.2019</td> </tr> <tr> <td>Accommodation &amp; Meals Form</td> <td>15.01.2020</td> </tr> <tr> <td>Travel Schedule Form</td> <td>15.01.2020</td> </tr> <tr> <td>Payment of accommodation &amp; meals</td> <td>25.01.2020</td> </tr> </table>	Definitive Registration	15.12.2019	Nominative Registration	15.01.2020	Visa Request Form + Passport Copies	15.12.2019	Accommodation & Meals Form	15.01.2020	Travel Schedule Form	15.01.2020	Payment of accommodation & meals	25.01.2020	
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Moscow, November 15th, 2019



Valentina Nikanorova  
Vice-Président  
Russian Gymnastics Federation