

# FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



FONDÉE EN 1881



## MAIA FIG ACRO WORLD CUP

MAIA, PORTUGAL – March 4<sup>th</sup> – March 8<sup>th</sup> 2020

[www.maiaacrocup.com](http://www.maiaacrocup.com)

V.1 - 10.02.2020



TABLE OF CONTENTS

1. GENERAL INFORMATION
2. COMPETITION VENUE
3. ORGANIZING COMMITTEE
4. RESPONSIBLE PERSONS
5. GENERAL PROGRAMME
6. TRANSPORTATION
7. ACCREDITATION
8. TARIFF SHEETS
9. INSURANCE
10. OFFICIAL LANGUAGE
11. VISAS
12. HOTELS
13. MEALS
14. ORIENTATION MEETING
15. TRAINING BY SCHEDULE AND MEASUREMENTS
16. EQUIPMENT
17. JUDGES MEETING
18. THE DRAW FOR JUDGES
19. NO SMOKING POLICY
20. MEDICAL SERVICES & ROOM
21. MARCH IN
22. VIDEO RECORDING
23. AWARD CEREMONIES
24. FINAL BANQUET
25. DELEGATIONS SEATS
26. MUSIC
27. NATIONAL FLAG AND ANTHEM
28. MAIA INTERNATIONAL ACRO CUP 2020 CONNECTION

## 1. GENERAL INFORMATION

This competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these World Cup Rules for Acrobatics Gymnastics:

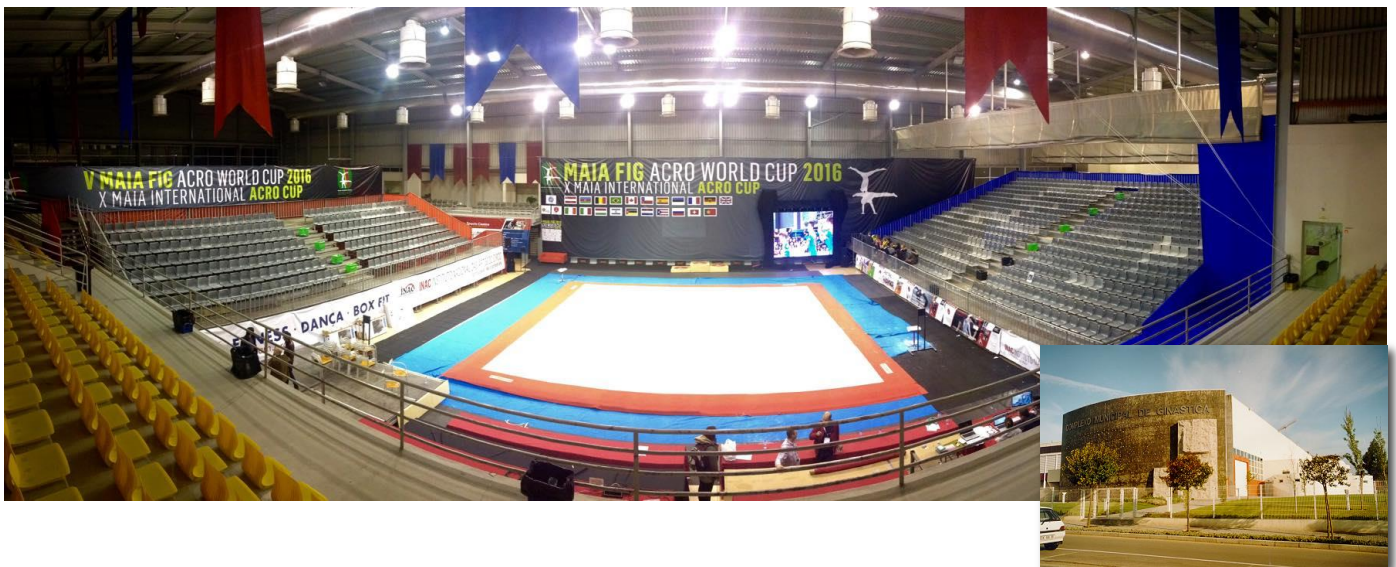
- Statutes
- Code of Ethics
- Technical Regulations
- License Rules
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules for Acrobatic Gymnastics
- Medical Organization of the Official FIG Competitions
- Doping Control Rules
- Media Rules
- Apparatus Norms
- Advertising and Publicity Rules
- Accreditation Rules
- Regulations for Awards Ceremonies
- and subsequent decisions of the FIG Executive Committee

## 2. COMPETITION VENUE

COMPLEXO MUNICIPAL DE GINÁSTICA DA MAIA  
Rua Altino Coelho  
4470 – 233 Vermoim - MAIA  
PORTUGAL

Info: [www.maiaacrocup.com](http://www.maiaacrocup.com)

Email: [acm@acroteam.org](mailto:acm@acroteam.org) / [lourencofranca@sapo.pt](mailto:lourencofranca@sapo.pt)



### 3. ORGANIZATION

#### International Federation

#### **FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE**

Avenue de la Gare, 12A 1001 Lausanne

SWITZERLAND

Phone : +41 (0) 21 321 55 10

Fax : +41 (0) 21 321 55 19

E-Mail: [vinagre@fig-gymnastics.com](mailto:vinagre@fig-gymnastics.com)

URL: [www.gymnastics.sport](http://www.gymnastics.sport)

- Technical Delegate: **Nikolina Hristova**

#### Local Organizing Committee

#### **FEDERAÇÃO DE GINÁSTICA DE PORTUGAL**

Estrada da Luz, 30

1600 – 159 Lisboa

PORTUGAL

Phone : +351 21 814 11 45

Fax : +351 21 814 29 50

E-Mail: [gympor@gympor.com](mailto:gympor@gympor.com)

URL: [www.gympor.com](http://www.gympor.com)

#### **ACRO CLUBE DA MAIA**

Rua de Almorode, 185 C

4470-231 Vermoim - Maia

PORTUGAL

Phone / Fax: +351 22 9410731

E-Mail : [acm@acroteam.org](mailto:acm@acroteam.org) and [lourencofranca@sapo.pt](mailto:lourencofranca@sapo.pt)

URL: [www.maiaacrocup.com](http://www.maiaacrocup.com)

### 4. RESPONSIBLE PERSONS

|  |                              |
|--|------------------------------|
| Mr. João Paulo Rocha<br>( <i>Gymnastics Federation of Portugal - President</i> )   | OC President                 |
| Mr. Manuel Barros<br>( <i>Acro Clube da Maia President &amp; LOC Responsible</i> ) | OC Vice-President            |
| Mr. Tiago Maia   | Competition Manager          |
| Mrs. Joana Patrocínio  | Head of Media                |
| Mrs. Carla Silva   | Office / Accreditations      |
| Mr. Vitor Ferreira   | Accommodation and Transports |
| Mr. Adelino Maia   | Meals                        |
| Mr. Manuel Silva   | Access Control Manager       |
| Mrs. Ana Úrsula Martins  | Medical                      |
| Mr. Sergio Mateus  | Results Software             |
| Mr. Jack Welten  | Video Manager                |
| Mr. João Maia  | Floor Manager                |
| Ms. Inês Ferreira  | Opening and Award Ceremonies |

## 5. GENERAL PROGRAMME

|                                  |   |   |
|----------------------------------|---|---|
| Wednesday, 4 <sup>th</sup> March | All day<br>17:30 – 21:30                | Delegations arrival<br>Free Training (Warm Up floor – <u>no music</u> )                           |
| Thursday, 5 <sup>th</sup> March  | 10:00<br>11:30 – 12:30<br>12:30 – 18:15 | Judges meeting<br>Orientation Meeting - City Hall<br>Training Per Schedule (FOP - <b>13:00</b> )  |
| Friday, 6 <sup>th</sup> March    | 18:00<br>19:00                          | Start Warm-up<br>Qualif. 1 <sup>st</sup> exercise<br>WP / Mx2 / M4 – BALANCE    MP / WG - DINAMIC |
| Saturday, 7 <sup>th</sup> March  | 18:00<br>19:00                          | Start Warm-up<br>Qualif. 2 <sup>nd</sup> exercise<br>WP / Mx2 / M4 – DINAMIC    MP / WG - BALANCE |
| Sunday, 8 <sup>th</sup> March    | 17:00<br>18:00<br>19:45<br>21:00        | Start Warm-up<br>FINALS<br>Award Ceremony<br>Dinner & Farewell Party                              |
| Monday, 9 <sup>th</sup> March    |   | Departure of all delegations  |

## 6. TRANSPORTATION

Transfers by bus to and from the **Porto Airport** or **Campanhã (Porto) Train Station** to the official hotels, as well as from the official hotel to the training and competition hall will be provided to the delegations that booked their accommodation through the Organizing Committee. The transport schedule will be given upon arrival.

Nevertheless, shuttle buses will leave the Competition Venue and the Hotels according to the schedule they will follow strictly. **Please be on time!!!**

## 7. ACCREDITATION

COMPLEXO MUNICIPAL DE GINÁSTICA DA MAIA - OC OFFICE

Wednesday, 4<sup>th</sup> March from 10:00 – 20:00  
(Delegation arriving later than 20:00 must contact the LOC)

The accreditation system identifies individuals participating in the competition and ensures controlled access to each area. All participants and officials are required to wear accreditation cards at all times.

At accreditation, the Head of Delegation must check the correct names of their complete delegation, verify accommodation requirements, make the necessary payments (including insurance, if necessary) and hand in the tariff sheets and music cd's (if needed). They also have to present the passports / ID of all competitors and judges for the control of nationality and age. The definitive competition schedule will be given to the Head of Delegation.

The accreditation is personal, non-transferable and compulsory to control access to training and competition hall, functions, official transport, lunches and dinners.

**Without your accreditation card, you cannot pass the security control and you cannot participate in lunches, dinners, etc. So if you have lose your accreditation card, you must purchase a new one for the price of 150 Euro.**

When all the commitments are fulfilled, all delegation members will receive their accreditations. All participants and officials are required to wear the accreditations at all times.

Federations will receive accreditation based on nominative entry upon arrival at the Competition Venue.

In order to accelerate the accreditation procedure, please send by email – [lourencofranca@sapo.pt](mailto:lourencofranca@sapo.pt) - to the Organizing Committee a photo of each delegation member – **NO LATER THAN FEBRUARY 26!**

In alternative it was created a Dropbox folder to each delegation where one can “drop” all the photos.

The specification of the photo should be as follows:

File format; JPG, JPEG, PNG, TIFF

Dimensions: 190 pixels wide x 250 pixels high

File name: NF\_Surname\_Firstname (example POR\_Silva\_Antonio.jpg)

If no photo is sent before the accreditation, the price for taking the photo is 5 EUR / photo at accreditation.

## 8. TARIFF SHEETS

Tariff Sheets must be sent by email to [lourencofranca@sapo.pt](mailto:lourencofranca@sapo.pt) or handled at the Competition Office, during the Accreditation no later than March 5<sup>th</sup> at 10:00.

All Tariff Sheets may use AcroCompanion software (the delegations will be contacted in order to use the software).

## 9. INSURANCE

The host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness or repatriation.

The FIG Technical Regulations (Section 1, Article 12.10) foresees that all participating Federations are obliged to cover the expenses for all members of their Delegation for the necessary insurance coverage against accidents and illness.

The Organizing Committee will verify the insurance of all federations at accreditation. Federations who cannot provide proof will have to purchase the insurance offered by the OC at their own cost. The Organizing Committee will subsequently offer insurance at the Federations own charge as follows: 50 Euro per person/day (except judges and gymnasts).

## 10. OFFICIAL LANGUAGE

The official language is English. Interpretations from and into other language must be organized by the delegations. Announcements will be made in English. The Work Plan and all other documents are available in English only.

## 11. VISAS

Please check immediately with your travel agent or the Portugal Embassy or Consulate in your country, if a visa is required for your travel to Portugal.

## 12. HOTELS

|   |   |  |
|---|---|--|
| <b>Porto Axis SPA ****</b><br>Rua Maria Feliciano nº 100<br>4465-283 São Mamede<br><a href="http://www.axis-hotels.com">www.axis-hotels.com</a> | <b>Hotel Beta ****</b><br>Rua do Amial, 601-607<br>4200-062 PORTO<br><a href="http://www.hotelbetaporto.belterhotels.net">www.hotelbetaporto.belterhotels.net</a> | <b>Star Inn Hotel***</b><br>Rua Senhora do Porto, 930<br>4250-453 PORTO<br><a href="http://www.hotelstarinn.com/">http://www.hotelstarinn.com/</a> |
|---|---|--|

## 13. MEALS

Full board is included in the accommodation packages booked through the OC. Breakfast will be served at the hotel. Lunch and dinner will be served close to the Competition Venue, inside the Sports Complex.

The Head of Delegation will receive meal tickets upon arrival at accreditation.

**NO TICKET—NO MEALS!!! - NO ACCREDITATION—NO MEALS!!!**

| DAY                       | LUNCH                | DINNER               |
|---------------------------|----------------------|----------------------|
| <b>Wednesday, 4 March</b> | <b>11:00 – 15:00</b> | <b>18:00 – 21:00</b> |
| <b>Thursday, 5 March</b>  | <b>11:00 – 15:00</b> | <b>18:00 – 21:00</b> |
| <b>Friday, 6 March</b>    | <b>11:00 – 15:00</b> | <b>18:00 – 21:30</b> |
| <b>Saturday, 7 March</b>  | <b>11:00 – 15:00</b> | <b>18:00 – 21:30</b> |
| <b>Sunday, 8 March</b>    | <b>11:00 – 15:00</b> | <b>Banquet 21:00</b> |

## 14. ORIENTATION MEETING

The orientation meeting will take place on Thursday, **March 5<sup>th</sup> at 11:30 in the City Hall.** The meeting can be attended by Head of Delegations, Team Managers, and Coaches. Daily information and results will be delivered in the Delegation's mailboxes. Only the Head of Delegation will be entitled to retrieve mail from the box.

## 15. TRAINING BY SCHEDULE AND MEASUREMENTS – March 5<sup>th</sup>

| Gr. / NF |                              |    | General Warm Up (mats) |       | Floor A (warm-up) |       | Floor B (FOP)   |       |
|----------|------------------------------|----|------------------------|-------|-------------------|-------|-----------------|-------|
|          |                              |    | (30 min.)              |       | (45 min.)         |       | (7,5 min. / PG) |       |
| Group    | NF                           | Nº | in                     | out   | in                | out   | in              | out   |
| Group 1  | <b>FRA / KAZ / AUT / HUN</b> | 8  | 11:45                  | 12:15 | 12:15             | 13:00 | 13:00           | 14:00 |
| Group 2  | <b>GER / GBR</b>             | 8  | 12:45                  | 13:15 | 13:15             | 14:00 | 14:00           | 15:00 |
| Group 3  | <b>POR / ESP</b>             | 8  | 13:45                  | 14:15 | 14:15             | 15:00 | 15:00           | 16:00 |
| Group 4  | <b>RUS (8)</b>               | 8  | 14:45                  | 15:15 | 15:15             | 16:00 | 16:00           | 17:00 |
| Group 5  | <b>RUS (4) / BLR / BUL</b>   | 10 | 15:45                  | 16:15 | 16:15             | 17:00 | 17:00           | 18:15 |

**Gymnast measurement will be made immediately after the podium training on March 5<sup>th</sup>.**

## 16. EQUIPEMENT

Competition Floor: Spieth (blue spring floor)

Training Floor: Spieth (blue spring floor)

## **17. JUDGES MEETING**

The Judges Meeting will take place on Thursday, **March 5<sup>th</sup> at 10:00** in the Sports Hall (Judges room – Competition Venue).

All participating federations must provide at least one judge with a valid FIG Brevet. Failure to do so will result in a fine of Swiss Francs 2 000,00.

## **18. THE DRAW FOR JUDGES**

The drawing of lots of the Judges' Panels for the Qualification and Finals will be conducted by the FIG Technical Delegate during the judge's meetings on March 5<sup>th</sup>, 2020.

## **19. NO SMOKING POLICY**

Please note that it is strictly forbidden to smoke in the venue complex.

## **20. MEDICAL SERVICES & ROOM**

The Organizing Committee will provide medical and physiotherapist services. A special room is marked with "Medical Room". Red Cross and Physiotherapist will be present on the Competition Area.

Doping controls will be made according FIG Anti-Doping Rules.

## **21. MARCH IN**

On the beginning of each Competition, JUDGES are asked to be ready to march in on to their panel places so they can be called by the official speaker.

Judges are requested to remain in their places during the awards ceremony following Finals

## **22. VIDEO RECORDING**

All routines and passes will be recorded.

## **23. AWARD CEREMONIES**

The award ceremonies will take place on Sunday, 8<sup>th</sup> March. Competitors must appear in their **national tracksuit**.

## **24. FINAL BANQUET**

The banquet will take place on Sunday, 8<sup>th</sup> March at 21:00.  
Complexo Municipal de Ténis (Meals hall)

## **25. DELEGATIONS SEATS**

A special area will be reserved for delegations in the competition area. Please note that all delegations members must sit in this designated area. Do not leave backpacks marking spots.



## 26. MUSIC

**All Musics must be sent** by email in **MP3 format** (with very good quality) until February 26<sup>th</sup>. The OC kindly asks you to send these files to the email: [lourencofranca@sapo.pt](mailto:lourencofranca@sapo.pt). They can be sent via [www.wetransfer.com](http://www.wetransfer.com).

**Identify the MUSIC TRACKS as follows:**

**TOP NAME\_SPECIALITY\_EXERCISE\_COUNTRY**

Example: CAMOES\_M4\_BAL\_POR.mp3

## 27. NATIONAL FLAG AND ANTHEM

Please bring a National Flag and the National Anthem to deliver upon arrival on Accreditation.

## 28. MAIA INTERNATIONAL ACRO CUP 2020 CONNECTION

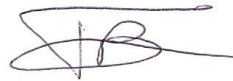
The Maia FIG Acro World Cup 2020 is held in close connection with the Maia International Acro Cup 2020. All the facilities, transportations and services provided to the MIAC'20 Delegations can be fully used by the World Cup Delegations that booked their accommodation through the OC.

Maia WCup'20 OC President



Mr. João Paulo Rocha

Maia WCup'20 OC Vice-President



Mr. Manuel Barros