



E-FISE FIG PARKOUR VIRTUAL COMPETITION Freestyle



DIRECTIVES

EVENT ID: 16546

Dear FIG Affiliated Member Federation,

Following the decision of the FIG Executive Committee, the Fédération Internationale de Gymnastique has the pleasure to invite all FIG member Federations to participate in the aforementioned official FIG E-FISE Parkour Virtual Competition.

FIG	Fédération Internationale de Gymnastique (FIG) Contact Person: Jakub Koslacz Avenue de la Gare 12A 1003 Lausanne Switzerland Phone: +41 (0) 21 321 55 10 / Direct +41 (0) 21 321 55 44 E-mail: jkoslacz@fig-gymnastics.org Website: https://parkour.sport/ https://www.gymnastics.sport/site/
LOCAL ORGANIZING	HURRICANE GROUP 3 rue Christian André Benoit 34670 BAILLARGUES joan@fise.fr www.hurcn.com
DATE	July to September 2020
PROVISIONNAL SCHEDULE	10 July 2020 Deadline for federations to register athletes. Form available at parkour.sport or gymnastics.sport in the Calendar section under Event Files for this specific event. 20 – 28 July 2020 Athletes register and post their video on e-fise.com 28 July – 02 August 2020 Voting period, FIG judges submit their scores and the public votes for the best athlete performance from the videos on e-fise.com 03 August 2020 Finalists announcement. 8 best athletes go to Men's and Women's Finals Until September 14 2020 Each Finalist films and posts a new video 17 – 20 September 2020 Voting period for the Finals, FIG judges submit their scores and the public votes for the best athlete performance from the videos on e-fise.com 20 September 2020 E-FISE Ceremony. Results announced at the E-FISE Ceremony awards.

COMPETITION FORMAT

The competition consists of Qualifications and Finals for men and women.

Freestyle Qualifications

The first component of the score is evaluated by FIG judges based on the criteria defined in the Judging Criteria section (ranking is 50% of score). The second component of the score is the rank by public vote on the FISE website (ranking is 50% of score). The final ranking list of the Qualifications (average of the FIG judges' scoring rank and the public voting rank) will be established at the end of Qualification runs.

Freestyle Finals

The top eight athletes from the final ranking list of the Qualifications participate in the Finals. The Qualification scores will not be carried over to the Finals ("new life"). The first component of the score is evaluated by FIG judges based on the criteria defined in the Judging Criteria section (ranking is 50% of score). The second component of the score is the rank by public vote on the FISE website (ranking is 50% of score). The final ranking list of the Finals (average of the FIG judges' scoring rank and the public voting rank) will be established at the end of Finals runs.

Video Participation:

Athletes must upload 2 videos on the E-FISE platform for each phase of competition (Qualifications and Finals):

- The first is an "unedited" video of 30 to 59 seconds of a full run. The video must have a clear start and finish. Before the start of each run, each athlete must hold a start sign in his/her hands with no video break before the start of the run to demonstrate the run was done within the date requirement. The display of the start sign is considered within the timing of the run. This video will be used for evaluation by the FIG judges and to verify the content of the edited (2nd) video.

- The second is an "edited" video of 30 to 59 seconds of a full run. The video must have a clear start and finish, but NO start sign is needed. This video will be published on the FISE website and submitted for the public vote. The goal of the edited video is to provide a more sensational product for the public. The use of various camera angles and music (selected from the E-FISE website catalog) can be used to enhance the video. This second video must be of the same run used in the first video in its entirety. At the conclusion of the run in the 2nd video, within the time requirement, some highlights (even in slow motion or another speed) from the same run are an option.

All Qualification videos must be filmed after the formal launch of the competition. All Finals videos must be filmed after the results of the Qualification are confirmed. The start signs will be posted on <https://parkour.sport/events/search.php?type=sport> under files for this event, when they are eligible for use. The Qualification videos must be submitted by the 28 of July 2020 at the latest and uploaded to the E-FISE platform. Any video submitted after this date will not be accepted. The launch of the E-FISE website will be shown at parkour.sport in the News section late June/early July.

FIG reserves the right to determine which videos are eligible for entry in the Qualification and Final rounds. Videos with dangerous runs (jumping from above 2.5 meters, rooftop runs, climbing buildings, or at risk to the general public), use of closed sites (condemned buildings, closures for COVID-19), displaying illegal activity, or not within the acceptable image of the sport or FIG will not be accepted. Other items that could lead to video exclusion: 1) Non-respect of the Advertising Rules mentioned in this document, 2) any explicit lyrics/words in the music or background audio of the video, 3) Video background that violates good manners, ethical and moral social principles of our society, e.g. advertising which is glorifying violence, racial, religious, political or sexism. A four-member review panel consisting of the Parkour Commission members and FIG staff will

	determine the eligible videos.
VIDEO ADVICE	<p>Video Specification: Resolution: 1080p Codec : H264 Bit rate : 10mb/s <>20 mb/s Video size : 150 MO maximum</p> <p>Audio : codec AAC ou PCM / Debit 192 kbit/s minimum Taux d'échantillonnage : 48 KHz</p> <p>General advice -Check safety and conditions before filming.</p> <p>Use a quality camera - Make sure the camera respects the video specification. (Most phones now have great filming capability). - High resolution makes footage look better.</p> <p>Don't shoot into the sun -Make sure the sun is behind the camera to avoid bleaching out the view. - It's worth thinking about the time of day: filming can be that bit trickier at midday when the sun is right above. - People need to be able to see athlete's skills!</p> <p>Get attention - The best-performing videos grab attention from the start.</p> <p>Make your video the right size - Don't wait until the last minute to upload the video and realize she can't be upload because it's too wide or too long. - Square (1:1), landscape (6:19) or vertical (4:5) work on Instagram – recommended video formats are .MP4 and .MOV.</p>
ADVERTISING AND APPAREL RULES	<p>Participating athletes' videos must be free of any advertising or they will not be accepted. This is in relation to the venue. Product placement is also not permitted. Product placement is a form of advertising in which branded goods or services are featured in a video, potentially held, shown, or spoken about by an athlete.</p> <p>Apparel Advertising: Athletes may display their sponsor(s) on their competition clothes Advertising on the apparel may not be placed in a way which is provocative, or which violates good manners, ethical and moral social principles of our society, e.g. advertising which is glorifying violence, racial, religious, political or sexism is not allowed.</p> <p>Advertising can be displayed on the athlete in 3 places. Advertising space on the shirt or tank: Maximum space- 90 sq. cm, including the background, each time (max. 2 times), separated by at least 3 cm. – OR Maximum space- 130 sq. cm including the background may be used 1 time AND Advertising space on the shorts or pants: Maximum space 90 sq. cm, may be used 1 time.</p>

- A manufacturer's logo may appear on apparel. The following rules apply:
- The dimensions of the logos should be the same as those identifying the goods for retail sale and cannot be larger than 30 square cm.
 - The logo normally used as a registered trademark can be shown and in the colours and normal placement in the retail trade.
 - Only one trademark (logo) on each piece of clothing (except t-shirts) is permitted.
 - T-shirts may display the manufacturer's logo and it may not be larger than the maximum advertising space allowed. It may appear on each item 2 times.

Special manufacturers designs used differently than a trademark or logo on the competition attire as an integral part of the apparel must be approved by the FIG prior to the competition. Any athlete questions regarding the advertising or manufacturer logo rules should be addressed to FIG. Allow two weeks for a response. Contact: tv@fig-gymnastics.org

National Identification: Competitors may show an identification of their country in addition to Advertising and Manufacturer logos. This may be in the form of a flag (in official colours) or the country name (official 3-letter NOC abbreviation or in full, but the size must be reasonable and in good taste). A national emblem (including NOC) or crest, if the country has one, or its coat of arms may also be worn.

JUDGING CRITERIA

The scoring sheet (addendum to this document) used and tested in 2019 with some modifications for this format of competition will be used for this event. The spirit of the judging will be in direct relation to the Code of Points used at past FIG World Cups.

Execution

- Safety

Safety is affected by the landings and the closeness of the athletes' body to obstacles. The landings have to be controlled 1-4 points (feet and hands) landings, while also the closeness to the obstacles needs to be taken into account.

- Flow

The flow can be interrupted by stops, stutter-steps or hesitation

- Mastery

Being a master means being able of making difficult things look easy and giving them that extra thing (playfulness, style, fun... probably what many athletes would describe as creativity). Its base is solid technical quality of the single moves.

It is defined by the Amplitude, the Style, the Speed and the Technique

Composition

- Variety

For the inclusion of one of the following categories, athletes get 0,5 points.

Category	Explanation
PK-Basics	All basic Parkour elements like precisions jumps, vaults, arm jumps, swings, slides, rolls, etc.
Spins	Rotation of the center of mass (COM) around a fix point. The fix point does belong to the athlete's body (for example a hand, foot, elbow ...).
Twists	Rotations along the longitudinal axis: Only counting when performing it in the air and at least 360 degrees.
Rotations forward	Forward rotation around the transvers axis. Only counting when it is performed in the air (flip).

	<table border="1" data-bbox="384 152 1506 342"> <tr> <td data-bbox="384 152 695 248">Rotations backwards</td> <td data-bbox="695 152 1506 248">Backward rotation around the transvers axis. Only counting when it is performed in the air (flip).</td> </tr> <tr> <td data-bbox="384 248 695 342">Rotations sideways</td> <td data-bbox="695 248 1506 342">Sideways rotation around the depth axis. Only counting when it is performed in the air (flip).</td> </tr> </table> <p data-bbox="363 383 1506 551"> - Use of obstacles Use of a single obstacle to support the trick and line throughout the course. - Connection Running is necessary but counts as the worst connection. Connections are rated by their Density, Difficulty, Length and overall impression. </p> <p data-bbox="363 584 1506 618">Difficulty</p> <p data-bbox="363 618 1506 752"> - Use of space The judges are looking at the adaption abilities and the covered space as well as the athletes' performance site. Since all athletes do not have access to an ideal location, this factor is considered here. </p> <p data-bbox="363 752 1506 824"> - Single Tricks Single Tricks are scaled before every competition by the judge's panel. </p> <p data-bbox="363 824 1506 1048"> - Whole run The difficulty of the whole run is defined by three main factors. <ol data-bbox="395 898 954 1048" style="list-style-type: none"> 1. The density/number of difficult tricks 2. The length of the whole run 3. The placement of the difficult tricks 4. The difficulty of the final move of the run </p>	Rotations backwards	Backward rotation around the transvers axis. Only counting when it is performed in the air (flip).	Rotations sideways	Sideways rotation around the depth axis. Only counting when it is performed in the air (flip).
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TIE BREAKING RULES	<p data-bbox="363 1115 975 1182">Tie-breaking rules for the Freestyle ranking (use of FIG judges scores only)</p> <p data-bbox="363 1182 1525 1249">In case of a tie in points at any place in Qualification and Finals, the ranking will be determined by the following criteria:</p> <ol data-bbox="411 1249 1525 1581" style="list-style-type: none"> 1. The higher score for Execution 2. The higher score for Composition 3. The higher score for Difficulty 4. The average of all judges' scores given for Execution, without eliminating the highest and the lowest score 5. The average of all judges' scores given for Composition, without eliminating the highest and the lowest score 6. The average of all judges' scores given for Difficulty, without eliminating the highest and the lowest score <p data-bbox="363 1581 943 1615">If there is still a tie, the tie will not be broken.</p> <p data-bbox="363 1648 608 1682">For Prize money:</p> <p data-bbox="363 1682 1525 1749">If there is still a tie, the prize money of the tied ranks will be added and divided by the number of ties.</p>				
FEDERATIONS INVITED TO PARTICIPATE	<p data-bbox="363 1787 1525 1917">The FIG will invite all Member Federations in good standing (regardless of whether Parkour has been designated as a registered discipline). The federations may only enter athletes with valid active FIG licenses. There is no entry fee for this competition, nor a limit in the number of participants (men and women) from a federation.</p>				
FINANCIAL OBLIGATIONS	<p data-bbox="363 1928 1525 2027">Federations which have not fulfilled their financial obligations towards the FIG (e.g. annual membership fees, unpaid invoices, etc.) will not be allowed to participate in this event.</p>				

AGE LIMITS	Athlete must be a minimum of 17 years old in the year 2020																				
ATHLETE APPAREL	<p>The competition apparel may under no circumstances hinder the athlete in their performance and execution and guarantee that all movements can be executed in perfect safety. Loose and additional items are not permitted.</p> <p>The competition apparel may not show any text, symbols and drawings featuring themes of war, violence, religion, politics, alcohol, sex and drugs or any other offensive subject. Sequins on the competition attire is not allowed and jewellery should not hinder the athlete's performance or be unsafe.</p> <p>Athletes may wear T-shirts, polo shirts leotards, sweater with or without sleeves. They are free to wear shorts, short pants, sweatpants or trousers (must not jeopardize the safety of the athlete), and leggings. Attire should be clean and free of holes and not torn or ripped.</p>																				
JUDGES	<p>Each Judges' Panel (Men and Women) consists of:</p> <p>Freestyle: 4 judges.. Each judge will make an independent evaluation. The high and low judges' scores of the 4 will be thrown out and the two middle scores averaged for each evaluation component. All Freestyle judges are nominated by the FIG.</p>																				
REGISTRATION	<p>See Provisional Schedule above.</p> <p>Definitive Registrations must be made by sending the registration form (addendum) to jkoslacz@fig-gymnastics.org duly filled in and signed by the President or the Secretary General of the affiliated Member Federation</p> <p>Each individual athlete must also register on the E-FISE platform.</p>																				
LIABILITY	<p>The FIG and FISE will not be held responsible for any liabilities in case of accidents or injuries.</p> <p>Each athlete is responsible for the necessary valid insurance coverage against accidents.</p>																				
PRIZE MONEY	<p>During the FIG E-FISE Parkour Montpellier, the Prize Money (CHF 30 000 total) is paid by the FIG for Men and Women as follows:</p> <table border="1" data-bbox="363 1310 1481 1787"> <thead> <tr> <th colspan="2">Freestyle</th> </tr> <tr> <th>Final Ranking</th> <th>Total of CHF 15 000</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>CHF 4000</td> </tr> <tr> <td>2</td> <td>CHF 3000</td> </tr> <tr> <td>3</td> <td>CHF 2000</td> </tr> <tr> <td>4</td> <td>CHF 1400</td> </tr> <tr> <td>5</td> <td>CHF 1300</td> </tr> <tr> <td>6</td> <td>CHF 1200</td> </tr> <tr> <td>7</td> <td>CHF 1100</td> </tr> <tr> <td>8</td> <td>CHF 1000</td> </tr> </tbody> </table> <p>Should less than 4 federations participate in the competition, no prize money will be paid.</p>	Freestyle		Final Ranking	Total of CHF 15 000	1	CHF 4000	2	CHF 3000	3	CHF 2000	4	CHF 1400	5	CHF 1300	6	CHF 1200	7	CHF 1100	8	CHF 1000
Freestyle																					
Final Ranking	Total of CHF 15 000																				
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6	CHF 1200																				
7	CHF 1100																				
8	CHF 1000																				
TELEVISION/ SOCIAL MEDIA	Videos from domestic athletes will be made available on a non-exclusive basis. Each participating Federation will have access to videos from their own athletes.																				
SOCIAL	<p>FIG Facebook and Instagram pages.</p> <p>National Federations are strongly recommended to use the Event's hashtag# (tba)</p>																				

NETWORKS	in their social pages.
MARKETING	FIG Advertising Rules mentioned in this document must be respected. All marketing rights are with the FIG.
SCORING and RESULTS	The FIG will provide scoring and result list from their judges.
RULES AND REGULATIONS	The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Licenses Rules • Anti-Doping Rules • Media Rules and subsequent decisions of the FIG Executive Committee

DEADLINES SUMMARY	Nominative Registration	10 July 2020
	Qualification: Athletes post videos on E-FISE platform	28 July 2020
	Qualification: End of voting period and Judges' score submission	02 August 2020
	Finalists Announcement	03 August 2020
	Finals: Athletes post videos on E-FISE platform	14 September 2020
	Finals: End of voting period and Judges' score submission.	20 September 2020