



FRIENDSHIP AND SOLIDARITY COMPETITION

TOKYO (JPN)

4 – 8 November, 2020



WORKPLAN

EVENT ID: 16618

FOREWORD

The Workplan for the FRIENDSHIP AND SOLIDARITY COMPETITION in Tokyo (JPN) to be held from 4 October to 8 November 2020 has been developed between the FIG Headquarters and the LOC, in accordance with the following FIG regulations and rules (as valid in 2020):

- Statutes
- Technical Regulations
- Code of Points and relevant Newsletters & WAG Help Desk
- General & Specific Judges' Rules
- Anti-Doping Rules
- License Rules
- Media Rules
- Apparatus Norms
- FIG Rules for Sanctioning (approval) of International Events
- Advertising and Publicity Rules
- Medical Organization of FIG Competitions and Events
- Code of Ethics
- Safeguarding
- Code of Conduct
- Accreditation Rules

and subsequent decisions of the FIG Executive Committee

All participating Federations commit to respect the Statutes and all FIG Regulations, especially with regards to the license, the age and the nationality of the gymnasts, as well as the respective Regulations concerning "Insurance" Art. 11.6 of the Technical Regulations.

1. FEDERATION INTERNATIONALE DE GYMNASTIQUE (FIG)

Fédération Internationale de Gymnastique

Contact Person: Steve Butcher

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Case Postale 630

CH - 1001 Lausanne

Tel (Mobile line): +41 79 690 29 84

Email: sbutcher@fig-gymnastics.org

Website: www.gymnastics.sport

FIG Authorities

FIG President	Morinari Watanabe
FIG Anti-Doping, Medical, and Scientific Commission Representative	Dr. Yasunobu Iwasaki

MAG

President of the Superior Jury	TAKAHASHI Takanori (JPN)
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WAG

President of the Superior Jury	OMORI Tomoko (JPN)
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TV – Host Broadcaster

Contact: Megumi (Meg) Shirokawa	TV Asahi
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Scoring & Timing

Contact : Kazumasa (Kobi) Kobayashi	Seiko
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2. LOCAL ORGANISING COMMITTEE (LOC)

Japan Gymnastics Association (JGA)

Contact Person: Fusa Tauchi (Ms.)

e-mail: jga@jpn-gym.or.jp

#8 JAPAN SPORT OLYMPIC SQUARE

4-2 Kasumigaokamachi, Shinjuku-ku, Tokyo 160-0013, Japan

Tel : +81 3 6455 4037

website: www.jpn-gym.or.jp

3. PROGRAMME

See Appendix 1 for Master Schedule & Appendix 3 Competition Rotations

4. ACCREDITATIONS

Accreditation Principles

Accreditation rules have to be strictly respected. The accreditation identifies individuals in

good standing from FIG affiliated federations participating in the event. It indicates and defines individuals' right to access to the different zones as per their functions. All delegation members are required to wear their Accreditation Cards at all times.

The accreditation is personal, non-transferable and compulsory to have access to the competition hall, the official functions and the transport system of the LOC. The accreditation card is also necessary for the daily PCR test at breakfast (hotel) and to pass the security controls at the arena.

Any misuse of an accreditation (zone, time, etc.) will lead to the withdrawal of the accreditation.

In case of lost or stolen accreditation cards, the LOC must be informed immediately to block the accreditation.

Note: No accredited person should use electronic devices in the FOP during competition

Transferable Access Cards (TAC)

Not applicable for this competition. All coaches, team leaders and medical staff have access to the FOP and Podium.

5. INSURANCE

IMSSA (International Medical & Security Sports Assistance) will provide ALL delegation members with an insurance program acquired through FIG. IMSSA is a subscriber of an Assistance and insurance Program with International SOS. The program number is 011500A.

The program includes medical evacuation and repatriation services. This insurance covers medical and hospital expenses engaged up to CHF 1,000,000.00, as well as the organization and support of repatriation to the effective costs. Expenses related to infections of COVID-19 and the costs of administrative quarantine in Tokyo are also covered.

Exclusions:

In case the traveller was aware before his/her departure on the trip:

A. of a prohibition to enter the country of destination without carrying out a quarantine

B. a ban on returning to his country of residence without quarantine

the services are null and void.

The coverage is in accordance with the specifications as stipulated in the General Conditions Article 18.1.7 of the insurance contract.

6. NOMINATIVE TEAM DESIGNATION

See Appendix 2 for Team Designation and preliminary list of apparatus per gymnast

The final Start List (confirmation of apparatus for the competition) is due to jga@jpn-gym.or.jp (by email) by Saturday, 07 November at 13:00 (use Appendix 5 WAG and Appendix 6 MAG)

FIG licences

Required for participation and valid through 8 November 2020

Gymnasts' age limits

- The age of the **MAG gymnasts** in 2020 is minimum 18 years old (born 2002) or older.
- The age of the **WAG gymnasts** in 2020 is minimum 16 years old (born 2004) or older.

7. JUDGES' BREVET

Only judges with the appropriate and valid category of brevet for their function for this XIV Cycle (2017-2021) will be authorized to judge.

8. VENUE

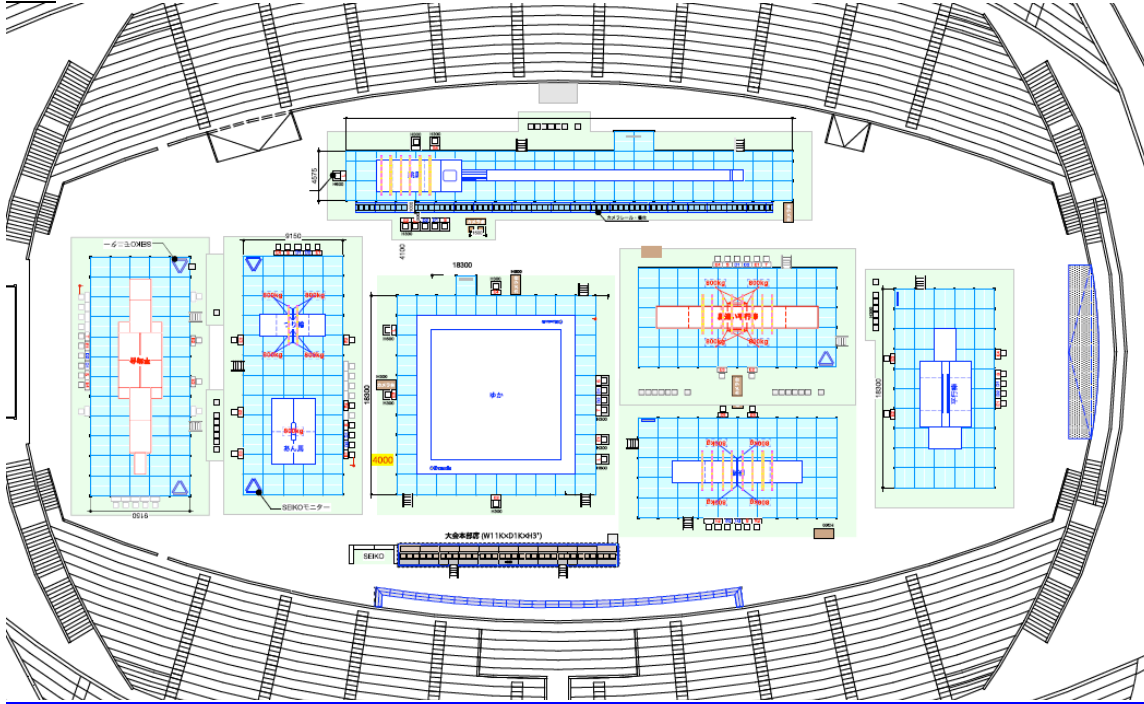
Yoyogi National Gymnasium (Competition, Warm-up and Training venue)

2-1-1 Jinnan, Shibuya-ku, Tokyo 150-0041 Japan

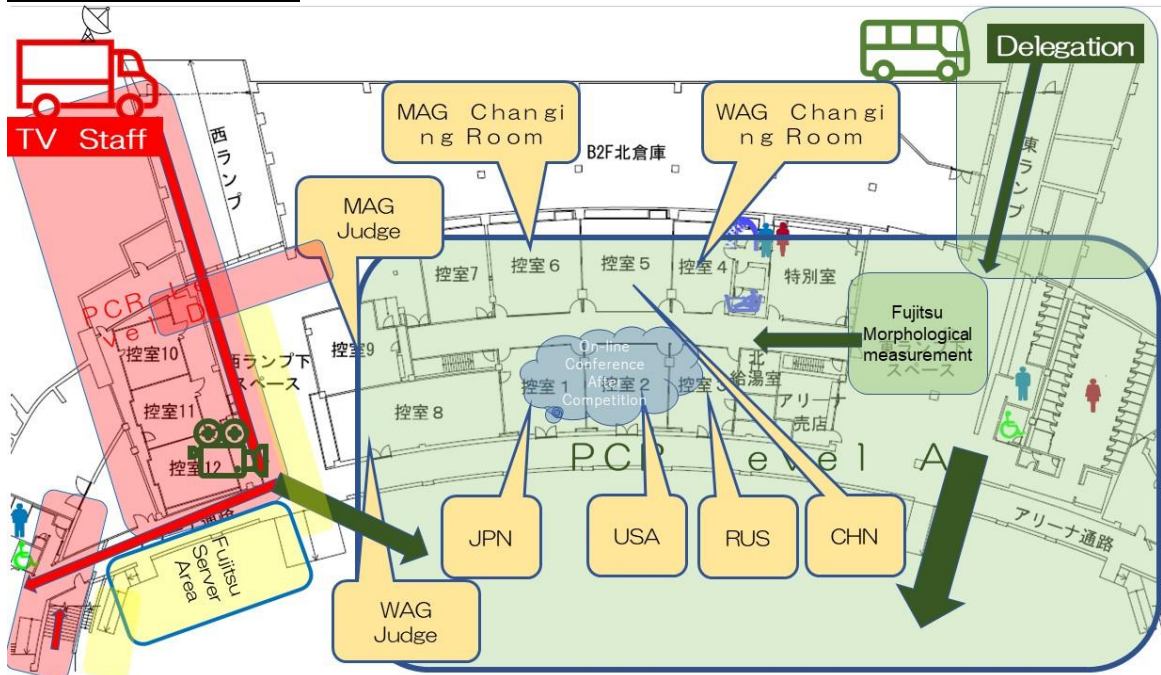
TEL: +81 3 3468 1171

<https://www.jpnsport.go.jp/yoyogi/tabid/70/Default.aspx>

FOP



ROOMS AT THE VENUE



9. TRANSPORTATION

Note: All delegations must only travel on their dedicated buses.

Departures

Local transportation will be coordinated by the LOC from the Official Hotel to the airport departure area. A detailed schedule for departures will be distributed via the Delegation Assistant a few days before.

10. HOTEL

Delegations will be responsible for all hotel incidental costs incurred, including all extra costs (such as hotel services, laundry, room service, mini-bar, parking, paid TV movies, telephone calls).

Any damages made to the Hotel facilities will be the exclusive responsibility of the Delegation concerned.

Check-out Time and Procedures

Check-out time is 12:00 (noon). Any balance due will have to be paid in full upon check-out.

11. TRAINING FORMAT AND PROGRAMME

Early or late training opportunities

No early or late training opportunities will be available at the official competition venue. The competition venue will serve as the training and warm-up venue.

Podium training (Friday and Saturday long trainings)

As shown in the Master Schedule. WAG gymnasts may request for their Floor Exercise music to be played during these trainings.

Warm-up format

During competition warm-up on the podium, 4 gymnasts will warm-up then compete, then the remaining gymnasts will warm-up and compete. The warm-ups will be controlled by the announcer together for MAG and WAG in English. Each rotation will have an A and B phase.

12. COMPETITION FORMAT

General Principles

This competition has a very unique format where two teams of gymnasts (MAG and WAG) from different federations will compete against each other. The top three scores for MAG on each apparatus and the top three scores for WAG on each apparatus will be added to generate the score for each team. The teams are Team Friendship and Team Solidarity. There will be no All-Around, Individual Apparatus or federation-based rankings.

Gymnasts will compete only one vault each.

13. FIG CERTIFIED APPARATUS

The FIG Certified Manufacturer Suppliers for this competition are:
SENOH for FX PH SR HB UB / SPIETH for VT PB BB

14. NEW ELEMENTS and VAULT NUMBERS

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- Each Delegation must submit the New Elements form to jga@jpn-gym.or.jp (by email) by Friday, 06 November at 13:00 (Appendix 7).
 - Each Delegation must submit the vault Numbers form to jga@jpn-gym.or.jp (by email) by Sunday, 08 November at 10:00 (Appendix 8).

15. JUDGES' PANEL

Refer to Appendix 4 for the List of Judges. There will be no judges' march in and out.

16. ANNOUNCEMENTS, ROLL CALLS AND MARCH-IN AND OUT

During the competitions, these announcements will be made exclusively in English. The warm-up will end 30 minutes prior to the start of the competition. All gymnasts must exit the podium at that time.

The roll call for march-in will be conducted at the entrance of the Competition Hall 10 minutes prior to the start of competition. The gymnasts must remain in position and may not leave within these 10 minutes.

The competitors are required to follow the instructions of the LOC staff. The gymnasts are required to wear their competition attire for march-in and out. Coaches will be asked to enter the Field of Play and to carry the bags of their gymnasts to their first apparatus.

17. SCORING

Seiko will provide the official scoring equipment for this competition. The Seiko equipment will be used for the data management of the gymnasts' start lists, judges' lists, scores, and results. The start list of competitors, the list of judges and the results will be distributed electronically via Email and through the event website. Every federation must submit up to 5 email addresses where these details will be sent after the Orientation Meeting.

Fujitsu Judging Support System & Body Dimension Measurement (BDM)

Fujitsu will supply their Judging Support System to be used for the Difficulty Score calculation on Vault and then confirmed by the two D judges during competition. Every federation is asked to return their data collection form to JGA and attend their BDM session on time.

18. INQUIRY

Inquiries for the difficulty scores are allowed, provided that they are made verbally immediately after the publication of the score or at the very latest before the score of the following gymnast is shown. For the last gymnast of a rotation, this limit is one minute after the score is shown on the score board.

The person designated to receive the verbal inquiry (President of the Superior Jury) has to note the time of receiving it and this starts the procedure. Only the accredited coaches and Team managers in the competition area are entitled to submit an inquiry. **The expected score must be mentioned on the inquiry form for the inquiry to be accepted.** Late verbal inquiries will be rejected. A federation is not allowed to complain against a gymnast from another federation. Inquiries for the Execution scores are not allowed.

The inquiry must be confirmed as soon as possible in writing (Appendix 9 for Official Form), but within 4 minutes at the latest after the verbal inquiry. Should the inquiry not be confirmed in writing within 4 minutes, the procedure becomes obsolete.

Every inquiry must be examined by the President of the Superior Jury and a final decision (which may not be appealed) must be taken at the very latest at the end of the rotation. There are no costs for an inquiry.

19. MEETINGS

Orientation Meeting

The Orientation Meeting will be held online through the FIG's video conferencing platform on Friday, 06 November from 21:00-22:00. Delegations will connect to the meeting from their hotel rooms. More information regarding access will be sent my email to each federation.

This Meeting will be held exclusively in English. Participation is compulsory for every delegation to have a minimum of one delegate attend. Gymnasts are not permitted to participate.

Judges' Briefing and Podium Training (Long Training Sessions of Friday & Saturday)

There will be only one judges' briefing, scheduled on the competition day in the FOP. Judges will be required to be present at Podium Training on Saturday. The judges must respect the dress code mentioned in the Code of Points for the competition.

Seiko Instruction for Judges

The Seiko Instruction will be held during the Saturday long training sessions. Judges must attend while their delegation is training.

20. TV & Video

Television

Live television production of the competition is guaranteed. Competitors are requested to strictly follow the instructions of the Local Organising Committee.

Cameras and video recording

In order to protect media rights, personal video or TV cameras and recording in the competition hall during the competition, including from the spectators' **and delegation seating**, is permitted solely for personal, private, non-commercial and non-promotional purposes, with the exclusion of licensing, broadcasting and/or publishing any such video and/or sound recordings including on social media and the internet. The only exceptions are the host broadcaster, rights holders and official video cameras.

All exercises on each apparatus will be recorded in high definition by digital video cameras.

Photos without flash may be taken from the seats in the competition hall. During training coaches may only take videos of their own gymnasts.

21. Commitment Form- COVID-19 Preventive Measures


All delegation members must sign and adhere to all policies and protocols on this form. (Appendix 10)

Delegation members are reminded to be on time for all daily PCR tests.

21. SUMMARY OF REMAINING DEADLINES AND APPENDICES

APPENDICES	TOPICS	DEADLINES AND DISTRIBUTION
Appendix 1	Master Schedule	Distribution via the Workplan
Appendix 2	Nominative Team Designation	Distribution via the Workplan
Appendix 3	Competition Rotations	Distribution via the Workplan
Appendix 4	List of Judges	Distribution via the Workplan
Appendix 5	WAG Confirmation of Starting Order form	To jga@jpn-gym.or.jp (by email) by Saturday, 07 November at 13:00
Appendix 6	MAG Confirmation of Starting Order form	To jga@jpn-gym.or.jp (by email) by Saturday, 07 November at 13:00
Appendix 7	New Elements form	To jga@jpn-gym.or.jp (by email) by Friday, 06 November at 13:00
Appendix 8	Vault Numbers for Competition form	To jga@jpn-gym.or.jp (by email) by Sunday, 08 November at 10:00
Appendix 9	Inquiry form	Distribution via the Workplan and available through President of Superior Jury
Appendix 10	Commitment Form- COVID-19 Preventive Measures	Distribution via the Workplan (to be signed by all delegation members)

Sincerely Yours,



Steve Butcher
Sports Director & Technical Coordinator