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FIG BULLETIN N° 265

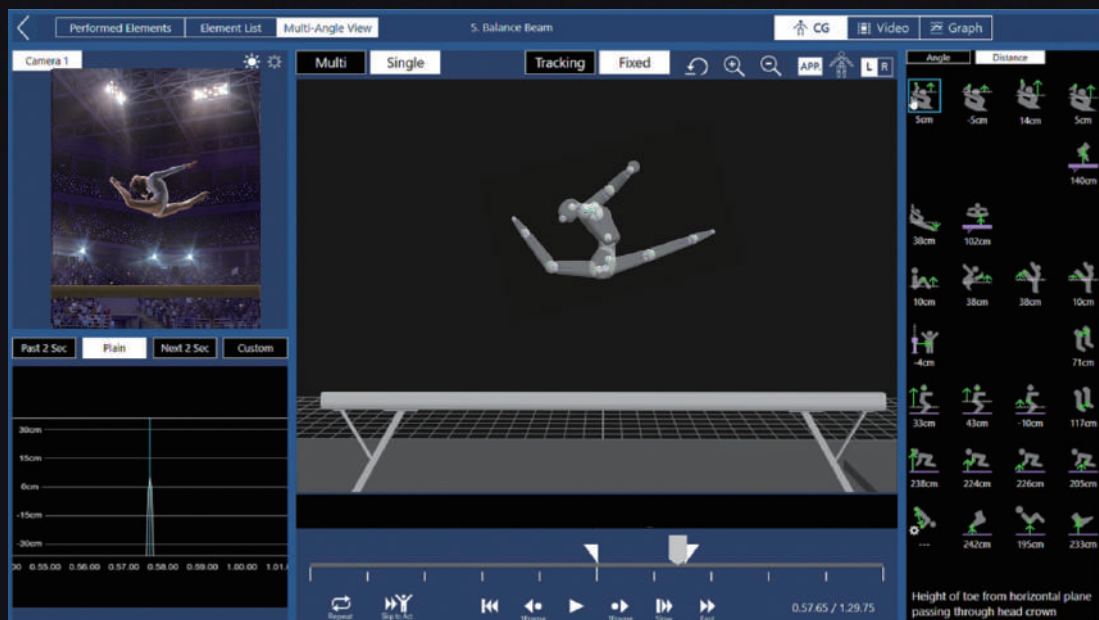
SPECIAL ISSUE

***85th FIG Congress - Doha, Qatar
October 24-26, 2024***

August 2024

Judging Support System

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FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



FONDÉE EN 1881

BULLETIN N° 265

Special issue

August 2024

Official publication of the International Gymnastics Federation.

Publisher: FIG. Editor: Nicolas BUOMPANE, Secretary General. Lay out: FIG.

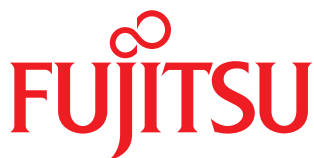
The Bulletin is an official publication issued by the FIG since 1953.

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85th FIG Congress 2024 – Doha (QAT)

Welcome message from the Qatar Gymnastics Federation

by Mr Ali Al Hitmi, Qatar Gymnastics Federation President

Dear distinguished members of the gymnastics family,
Dear delegates,
Ladies and Gentlemen,

It is with immense pride and gratitude that I extend a warm welcome to each and every one of you on behalf of our federation as we gather here in Doha. Your presence here today, representing the diverse tapestry of federations affiliated with the FIG, is a testament to the unity and strength of our global gymnastics community.

For several years now, Doha has stood as a beacon in the world of sports, renowned for its hosting of numerous prestigious events. This achievement has been made possible through the steadfast support and collaboration of our local authorities, who have spared no effort in ensuring that our guests feel not just welcome, but truly at home amidst the vibrant energy of our city.

As we convene for the 85th FIG Congress, we stand on the cusp of a new chapter in gymnastics history. This congress not only signifies the beginning of a new Olympiad but also heralds the dawn of fresh leadership and innovation within our beloved sport. To all candidates vying for positions of responsibility, I extend my sincerest wishes for success, and I trust that your vision and dedication will guide us towards a future filled with boundless opportunities and growth.

Throughout your time here in Doha, my team and I are committed to ensuring that your experience is nothing short of exceptional. Whether it be providing assistance, facilitating discussions, or simply sharing the warmth of Qatari hospitality, we are here to serve you in every capacity possible.

In addition to the congress proceedings, I encourage you to take advantage of this opportunity to explore the rich tapestry of culture and tradition that our city and country have to offer. From the gleaming skyline of Doha to the timeless beauty of our desert landscapes, Qatar invites you to embark on a journey of discovery and wonder.

Once again, I extend my heartfelt welcome to each every one of you. May our time together be filled with fruitful discussions, camaraderie, and moments of inspiration that will ignite our collective passion for gymnastics and propel us towards a brighter future.

Warmest regards



Ali Al Hitmi
Qatar Gymnastics Federation President
FIG 1ST Vice-President

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FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



(provisional) MEETING SCHEDULE

Doha (QAT) – OCTOBER 2024

Presidential Commission, Executive Committee, Congress

20.10.2024 Sunday	➔ Arrival of the members of the Presidential Commission
21.10.2024 Monday	Presidential Commission Meeting 09:00 – 13:00 / 15:00 – 18:00
	Welcome dinner hosted by the QAT LOC (for PC members) 19:00
	➔ Arrival of the members of the Executive Committee
22.10.2024 Tuesday	Executive Committee Meeting 09:00 – 13:00 / 15:00 – 18:00
	Dinner hosted by the FIG (for EC members) 19:00
23.10.2024 Wednesday	Executive Committee Meeting 09:00 – 13:00 / 15:00 – 18:00
	Meeting of the Foundation Council 17:00 – 19:00
	Dinner hosted by the QAT LOC (for EC members) 19:00
	➔ Arrival of the delegates
24.10.2024 Thursday	Congress Meeting 09:00 – 13:00 / 15:00 – 18:00
	Welcome dinner hosted by Qatar Gymnastics Federation 19:00
25.10.2024 Friday	Congress Meeting - Elections 09:00 – 13:00 / 15:00 – 18:00
	Dinner hosted by the FIG 19:00
26.10.2024 Saturday	Congress Meeting 09:00 – 13:00 / 15:00 – 18:00
	Farewell Banquet hosted by Qatar Gymnastics Federation 19:00
27.10.2024 Sunday	➔ Departure of all participants

Coffee breaks at 10:30 and 16:30

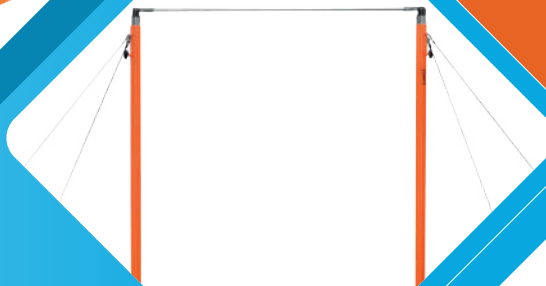
Lunch breaks from 13:00 till 15:00

Lausanne, updated 14.06.2024 / zt

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FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



85th Congress Meeting in Doha (QAT) on 24, 25 & 26 October 2024 AGENDA

1.	Formal opening of the Congress
2.	Confirmation of delegations
3.	Formation of Voting Office
4.	Approval of the agenda (including additions and amendments if any)
5.	Approval of minutes of the previous Congress
6.	Presentation of the reports from: 6.1 the President 6.2 the Technical Coordinator 6.3 the Presidents of the Technical Committees, GfA Committee and Parkour Commission 6.4 the Presidents of the Continental Unions 6.5 the FIG Foundation for Solidarity 6.6 the Gymnastics Ethics Foundation
7.	Financial matters: 7.1 Presentation of the 2022 & 2023 accounts 7.2 Presentation of 2022 & 2023 financial reports of elected Auditors & professional Auditor 7.3 Approval of the 2022 & 2023 accounts & financial reports 7.4 Presentation of the quadrennial plan for the new Olympic cycle (2025 – 2028) 7.5 Auditors' report on the quadrennial plan for the new Olympic cycle 7.6 Approval of the quadrennial plan for the new Olympic cycle 7.7 Approval of the membership fees for the next Olympic cycle (2025 – 2028)
8.	Admission, resignation, suspension and expulsion of Member Federations
9.	Elections of: 9.1 the President 9.2 the Vice-Presidents 9.3 the Members of the Executive Committee 9.4 the Presidents of the Technical Committees & the President of the GfA Committee 9.5 the additional Members of the Council 9.6 the Members of the Technical Committees & GfA Committee 9.7 the internal Auditors
10.	Appointment of the external Auditor
11.	Allocation of the next Congress
12.	Proposals submitted by the FIG Governing Bodies and the Member Federations Overhaul of the FIG Statutes – 2 nd phase
13.	Honorary Awards
14.	Miscellaneous 14.1 Rebranding of the FIG 14.2 National Federation Survey 14.3 Good governance 14.4 2025 World Gym for Life Challenge in Lisbon (POR) 14.5 2025 World Games in Chengdu (CHN) 14.6 2025 ART WCH in Jakarta (INA) 14.7 Presentation on Safeguarding 14.8 Paralympic discipline (ART only)



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We **love** and **live** gymnastics.
Join us on our **bluetiful**
journey.





85th FIG Congress 2024 – Doha (QAT)

MEMBER FEDERATIONS WITHOUT VOTING RIGHT

Hereafter please find the list of federations which are neither allowed to vote nor make proposals at the FIG Congress 2024 in Doha (QAT):

CODE	FEDERATION	MEMBERSHIP STATUS
ANT	Antigua and Barbuda	Associated
CIV	Ivory Coast	Provisional affiliation
GAM	Gambia	Provisional affiliation
GUI	Guinea	Provisional affiliation
MAA	Macau	Associated
ZAM	Zambia	Provisional affiliation

Situation as per August 22, 2024

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85th FIG Congress 2024 – Doha (QAT)

Gymnastics for All Committee Report

by Mr Rogério Valério, Gymnastics for All Committee President

THIS CYCLE

Thank you, FIG Congress, for the trust and opportunity to lead the GfA Committee.

Also thank you to the team - Committee members.



Short cycle but exciting and challenging. It was important to achieve the goal of being active in all Continents.

Committee Meetings

21 meetings during all cycle: 12 online meetings and 9 face to face meetings in, CRO, SUI, NED(2), GRE, POR, BRA, USA, JPN.

During the World Gymnaestrada 2023 it was held a meeting with all Continental Unions GfA responsible persons.

GfA Manual

GfA guiding principles enlarged from 4 to five: “Fun, Fitness, Fundamentals, Friendship, Forever” Reinforcing that Gymnastics for All offers opportunities appropriate for all ages.

Heads of Delegation Guidelines for GfA events updated to better support National Federations.

Education – “Foundations of Gymnastics” Academy Course

Despite the three years cycle the Committee was active with education courses in the all continents: ARU, BRA, FIJ, ITA, KUW, NEP, RSA, TUN, VEN

Education – “Join GfA Activities” Workshop

Ulaanbaatar, MON - September 2023, in partnership with Asian Union of Gymnastics.

Busan, KOR - January 2024, in partnership with Korea Gymnastics Association.

World Gymnaestrada 2023



Before the event there were countless online preparation and working meetings and official onsite joint meetings with the LOC plus the Information meeting with interested countries.

In this edition there were 18.473 participants representing 55 national federations.



Evaluation:

- Positive development
 - Hotel accommodation
 - Meals service (14.000 lunches / day)
 - Group performance areas
 - National performances & FIG Gala
 - Participants atmosphere & Gymnastics performances
- Should have been better
 - Registration system
 - School & Sport halls accommodation
 - Low number of volunteers
 - Backstage and warm-up areas
 - Dutch federation minimum involvement in the LOC

World Gymnaestrada 2027

During the first year of the cycle, it was concluded the bid process for the 2027 edition with the decision between Berlin, GER and Lisbon, POR. The Council decided for Lisbon, POR. The normal preparation process and work with the LOC has been developed normally so far.

World Gym for Life 2025

Following the cancelation of 2021 edition due to the pandemic it was possible to keep the same national Federation (POR) as organiser for the 2025 edition.

The preparatory work and registrations are under the normal process and the GfA community is very excited to resume this event and gather in Lisbon, POR.

It is expected to be reached a record number of participants and National Federations.

World Gym for Life 2029

It is now time to determine who will be the organiser of 2029 edition.

Gymnastics for All Colloquium

2022 – Lausanne, SUI



Theme: **Gymnastics a life adventure**

- Gymnastics history
- World Gymnaestrada & World Gym for Life Challenge
- International Gymnastics Festivals
- Quality aging in Gymnastics
- Inclusive Gymnastics

2023 – Athens, GRE



Theme: **Gymnastics for All Events and Festivals**

- Why to organise a GfA event or festival?
- How can it be a development tool?
- Can it be sustainable & also “Green” / climate friendly?
- How can GfA events leave a lasting legacy?



2024 – Aracaju, BRA



Theme: **Gymnastics for All looking into the future**

- World Gymnaestrada – combining tradition and innovation
- World Gym for Life Challenge - a contest for everyone
- The role of Universities in GfA development
- Building scientific evidence on GfA impact

Special Project – “Worldwide Experiences” – e-book



The Committee developed and published an e-book always available for everyone at the FIG website: <https://www.gymnastics.sport/publicdir/gfaebook/>

This book offers insight into the history and development of Gymnastics for All events, education and committees across continents and gymnastic unions. The social impact and benefits of being involved in GfA are investigated for individuals and groups and the positive legacy of participation is evident.

It was released during the World Gymnaestrada 2023 and an update edition #2 is under preparation.

The future

The Committee together with the GfA community is working harder to update the GfA Manual and produce a modern and friendly user guided document.

Many challenges and chances of development lay ahead. All together we are sure it is possible to reach a new level of development and to have more people active in Gymnastics for All.

Thank you all for this opportunity!



Rogério Valério
GfA-C President



85th FIG Congress 2024 – Doha (QAT)

Men's Artistic Gymnastics Technical Committee Report

by Mr Arturs MICKEVICS, Men's Artistic Gymnastics Technical Committee President

This Report covers the period from November 2022 until June 2024 and will be supplemented after Paris 2024 Olympic games.

1. MTC OFFICIAL MEETINGS

TC meetings were held according to the approved plan

2022

- November, Montego Bay (JAM)

2023

- February, Lausanne (SUI)
- June, Rome (ITA)
- November, Seoul (KOR)

2024

- January, Lausanne (SUI)
- June, Shanghai (CHN)

At these meetings MTC spend a great amount of time to finalize CoP, to prepare and publish MTC Newsletter # 2 and 3, to complete judges lists for the main competitions of the cycle, as 2023 Junior World Championships, 2023 World Championships, 2024 Paris Olympic games.

MTC had reviewed and evaluated all the D and E exercises to be used in the examination during International Judges course in Lausanne 2023.

MTC had prepared judges instructions for the main competitions of the cycle, as 2023 Junior World Championships, 2023 World Championships, 2024 Paris Olympic games.

Discussed following topics:

Creativity and transparency of gymnastics

Searching new formats to increase popularity of our sport.

Fairness of judging, "Live judging" project

And much more...

2. CODE OF POINTS 2025 – 2028.

SAFETY OF THE GYMNASTS IS THE PRIMARY GOAL OF MTC.

MTC is looking for an option to create more interesting competitions for the spectators, increasing the popularity of our sport. To avoid potential injuries the MTC already decided **to reduce number** of elements would be used by gymnasts from **10 to 8!** Which is essential measure to reduce overload from the athletes during the training and competition process, as well as decrease the risk of the injuries connected with overtraining. The great work for making gymnastics safer and more attractive for the spectators is on the way, the most noticeable changes are to be made on Floor and Horizontal bar, changing the set of elements required, for the routine not to look as lonely and boring.



The great feature of the new CoP is to be a stick bonus. Sticking is an exciting characteristic of our sport, easy noticeable and truly spectacular. An average spectator even not a specialist in gymnastics will be able to track this particular judging part, be more involved and interested in watching.

The MTC has been and will always monitor any new reports concerning medical testing for chronic injuries.

All changes in the CoP, and any other rules & regulations regarding MAG, have been done with the gymnast's health as the top priority.

3. WAY OF OPERATING WITH GYMNASTICS FAMILY

During the current period the MTC provided and lead two successful "Round Tables" for judges, coaches and officials at the time of the Antalya and Antwerp World Championships. The MTC has received and revised all proposals from NF's, Continental Unions etc. Most of them have been included into the new version of the CoP 2025 - 2028.

"Round Tables" are a very successful way to have continuous monitoring of the CoP and to help find possible new directions of developing.

4. "LIVE JUDGING" PROJECT.

We are not stopping in searching new ideas keeping up with the times.

"Live judging" is a great way to involve spectators in gymnastics events, ensuring they follow the process of evaluating gymnasts more closely and with greater interest.

In an Antwerp World Championships Apparatus Finals all apparatuses (except VT) were judged by high level judges in "shadow mode" using tools and equipment provided by SWISS TIMING.

Working group created a dashboard prototype that allows quick and full access to information about judges' work. You may have a perspective of deductions taken by judges in a simulated environment (for education matters it is helpful for the judges, coaches, gymnasts, and for TC)





The live scoring process has now been tested during Antalya and Varna World Challenge cups and, so far, has shown itself to be very practical and easy to use. The data that can be seen provides extremely useful information such as the specific deductions taken per element. I strongly believe that visualization of the live scores (as a live growing/declining column) on the main screen, is the way to ensure deeper involvement and interest from spectators, as well as giving judging a transparency it needs.

I am pretty confident, that this way to input deductions in according to CoP requires no need for years of education and adaptation.

TRANSPARENCY, SPEED, FAIRNESS

5. REPRESENTATION AS FIG TECHNICAL DELEGATES

Apparatus World cups, World Challenge cups

FEBRUARY – APRIL 2023

- World Cup COTTBUS (GER), Julio MARCOS-FELIPE
- World Cup DOHA (QAT), Andrew TOMBS
- World Cup BAKU (AZE), Jeff THOMSON
- World Cup CAIRO (EGY), Arturs MICKEVICS

MAY – SEPTEMBER 2023

- World Challenge Cup VARNA (BUL), Butch ZUNICH
- World Challenge Cup TEL AVIV (ISR), Arturs MICKEVICS
- World Challenge Cup OSIJEK (CRO), Dmitrii ANDREEV
- World Challenge Cup MERSIN (TUR), Dmitrii ANDREEV
- World Challenge Cup SZOMBATHELY (HUN), Julio MARCOS-FELIPE
- World Challenge Cup PARIS (FRA), Arturs MICKEVICS

FEBRUARY – APRIL 2024

- World Cup CAIRO (EGY), Yoon Soo HAN
- World Cup COTTBUS (GER), Julio MARCOS-FELIPE
- World Cup BAKU (AZE), Andrew TOMBS
- World Challenge Cup ANTALYA (TUR), Arturs MICKEVICS
- World Challenge Cup OSIJEK (CRO), Arturs MICKEVICS
- World Cup DOHA (QAT), Jeff THOMSON

MAY – JUNE 2024

- World Challenge Cup VARNA (BUL), Arturs MICKEVICS
- World Challenge Cup KOPER (SLO), Julio MARCOS-FELIPE

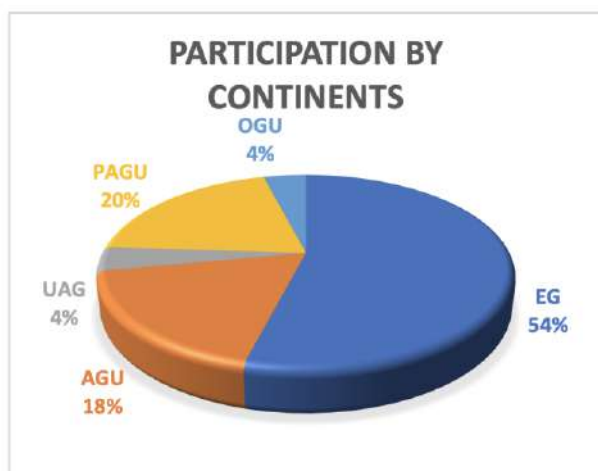


MAJOR EVENTS SUMMARY

6. 2023 2ND JUNIOR WORLD CHAMPIONSHIPS IN ANTALYA (TUR)

54 National Federations (NF) participated ↓ 57 in Gyor:

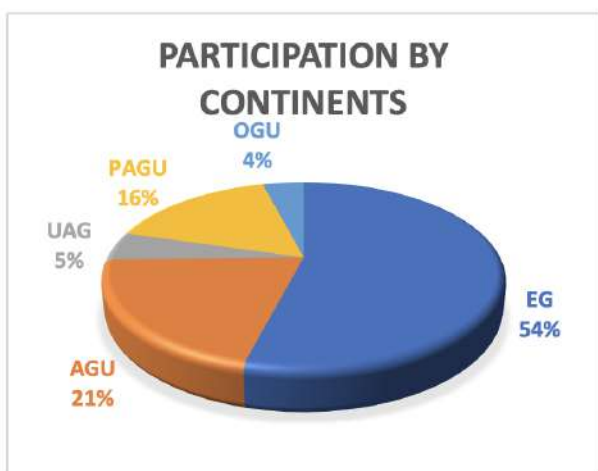
(Arrow ↑ ↓ shows numbers compared to the 2019 Junior World Championships in Gyor)



Continental union	NF	%
EG	29 ↓ (32)	53,7
AGU	10 ↓ (12)	18,5
UAG	2 =	3,7
PAGU	11 ↑ (9)	20,4
OGU	2 =	3,7
	54 ↓ (57)	

PARTICIPATION IN INDIVIDUAL QUALIFICATION

TOTAL: 122 GYMNASTS PARTICIPATED



Continental union	N of the gymnasts	%
EG	65 ↑ (63)	53,8
AGU	25 ↓ (29)	20,5
UAG	6 ↑ (4)	4,9
PAGU	21 ↑ (20)	16,4
OGU	5 ↓ (6)	4,0
	122	

Juniors

After successfully providing a Junior World Championships in Antalya TUR, the MTC received plenty of very warm feedback and reactions. We understand that the future generation has started from children's dreams to take part in a World Championships. The new idea to award the highest E scorers by apparatus is to advertise our athletes and to think in a modern way how to motivate them to stay longer in the sport even if they are not Gold medal winners.

Unfortunately, we do not have any candidates to organize such an important event for our children for both 2025 and 2027. Your NF's very welcome to BID! We need you!

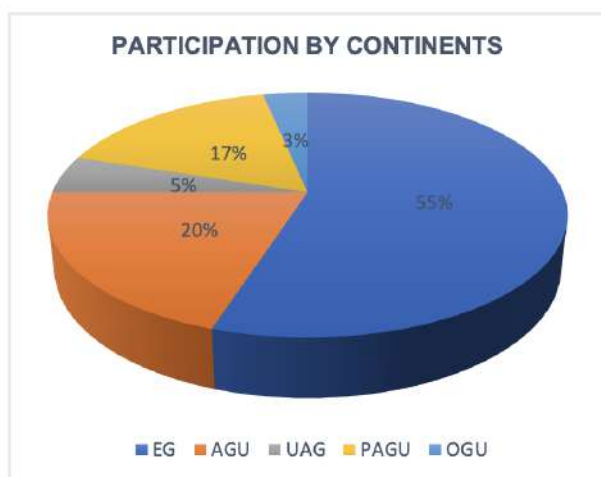


7. 2023 WORLD CHAMPIONSHIPS ANTWERP (BEL)

PARTICIPATION IN QUALIFICATIONS

60 National Federations (NFs) participated ↑

(Arrow ↑ ↓ shows numbers compared to the 2022 World Championships in Liverpool (GBR))



Continental union	NF	%
EG	33 ↑ (29)	55,0
AGU	12 ↑ (11)	20,0
UAG	3 =	5,0
PAGU	10 =	16,67
OGU	2 =	3,33
	60 ↑ (55)	

From 60 participating NFs

24 competed as a Team

3 competed with 5 gymnasts.

1 competed with 4 gymnasts.

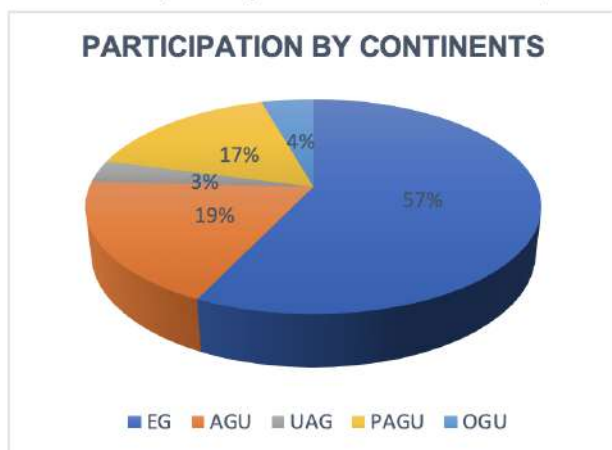
6 competed with 3 gymnasts.

13 competed with 2 gymnasts.

13 competed with 1 gymnast.

PARTICIPATION IN ALL-AROUND QUALIFICATIONS (PARIS SELECTIONS)

91 athletes participated in All-Around Qualifications 86 in Liverpool.



Continental union	Nº of gymnasts	%
EG	52 =	57,1
AGU	17 ↑ 15	18,7
UAG	3 =	3,3
PAGU	15 ↑ 14	16,5
OGU	4 ↑ 2	4,4
	91 ↑ 86	

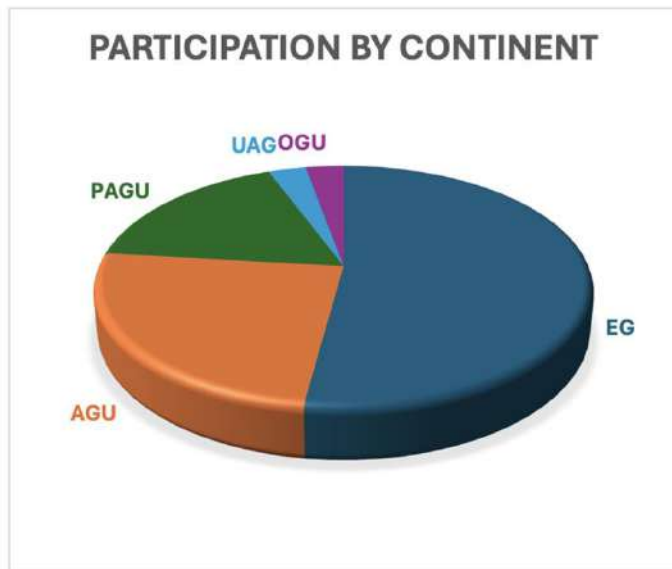
General comments about 2023 World.

Great atmosphere and attractive show for the spectators. The rest 9 teams (3 first were qualified in Liverpool 2022) and 13 NF's with individual gymnasts qualified for Olympic games in Paris. 6 apparatus specialists qualified including World Champion on PH and two silver medalists on SR and HB. 6 NF's with gold medals and 12 NF's with medals.



8. WORLD CUP SERIES, QUALIFICATION TO PARIS OG.

69 National Federations participated.



CONT UNION	NF's	%
EG	36	52,17
AGU	17	24,63
PAGU	12	17,4
UAG	2	2,9
OGU	2	2,9

12 gymnasts from 12 NF's qualified to Paris.



CONT UNION	NF	%
EG	4	33,33
AGU	7	58,33
PAGU	1	8,33

General comments about 2024 World Cup series.

This was the best series of competitions in my memory. All continents, the best world gymnasts, a decent number of judges! The fight continued until the last moment on all apparatuses. Happiness and disappointment are so close! Olympic qualification showed what World Cups should look like.



9. CONCLUSION

The MTC extends its gratitude to FIG President Morinari WATANABE, and the FIG authorities and staff for their tireless dedication and concern for our committee's work and the sport of gymnastics.

I extend my personal thanks to all of the TC Presidents for their constant professional collaboration and thoughtful cooperation for the best interest of gymnastics.

Thank you also to my MTC members for their trust, hard work, and love of the sport we have been entrusted to guide.

Respectfully submitted,



Arturs Mickevics
MAG-TC President



85th FIG Congress 2024 – Doha (QAT)

Women's Artistic Gymnastics Technical Committee Report

by Ms Donatella Sacchi, Women's Artistic Gymnastics Technical Committee President

This report covers the period from January 2023 until June 2024.

INTRODUCTION

In the years 2023 – 2024 the WTC consolidated the aims planned for the XV cycle.

- **Education**
- **Communication**
- **Development**

Education

After analysing the judges' work at various competitions of different levels, the WTC believes that further education is needed to ensure a universal understanding of the artistry deductions by all judges.

The WTC currently provides specific instructions on artistry for Floor and Beam at each World Championships. These presentations are placed on the FIG/STS platform to ensure that the judges of any level receive the same information around the world. A presentation of Floor and Beam routines with Artistry deductions will also be placed on the FIG/STS platform to enhance the judges' knowledge in this component of the routines' evaluation.

In collaboration with Swiss Timing, a dedicated tablet interface has been created to help judges enter the specific artistry deductions. This provides the WTC with a detailed summary of the artistry deductions taken by judges for each gymnast.

Communication

The WTC meets periodically with the TC Presidents of the Continental Unions.

These meetings enable the exchange of information, the sharing of resources and opportunities, and the possibility of providing direct feedback to the WTC.

Input from the Technical Presidents is critical because they are in direct contact with the judges and coaches in their respective regions.

At the 2023 Junior World Championships in Antalya and the 2023 World Championships in Antwerp, the WTC conducted a Round Table with coaches of junior and senior gymnasts. The goal was to listen to their feedback and proposals regarding the technical directions for the 2025-2028 Code of Points and the discipline of Women's Artistic Gymnastics.

The WTC strongly believes in the collaboration with the coaches to enhance the growth of technical knowledge within the discipline.

Newsletter #2 - 2023: Published in November 2023, this Newsletter includes the new elements performed throughout the year and significant information relating to the evaluation of the specific execution of elements.



WAG Help Desk: at the beginning of 2023 and 2024 the WTC published an updated edition of the WAG Help Desk, providing clarification on the evaluation of certain elements and their specific deductions.

The WAG Help Desk is an important tool for offering explanations to the Code of Points.

Development

The goal is to increase the number of Federations participating in Women's Artistic Gymnastics, by introducing a safe and progressive competition pathway for gymnasts in developing Federations.

~~~~~

## **MAIN ACTIVITIES**

### **2023 Junior World Championships Antalya (TUR)**

Thanks to the Federation of Türkiye, the second edition of the Junior World Championships were successfully held after the break caused by Covid-19. This high-level event gave Junior gymnasts a chance to experience a good first experience on the world stage, in a pleasant and welcoming atmosphere.

The WTC believes that this competition is very important, as it builds bonds of friendship between gymnasts from different countries.

The WTC congratulated the coaches for their emphasis on good execution and the application of artistry guidelines on Floor and Beam.

### **2023 World Championships Antwerp (BEL)**

After ten years, the World Championships returned to Antwerp, a city steeped in tradition for the FIG, since 120 years ago Antwerp hosted the first World Championships in its history.

The Antwerp World Championships represented the second step on the road to the Paris 2024 Olympic Games.

Three teams had already qualified at the 2022 World Championships in Liverpool and 9 more joined them in Antwerp. In addition, there was a great opportunity for Individual gymnasts and best Apparatus specialists to earn a ticket to Paris.

The WTC extends its congratulations to all federations and gymnasts.

It was an exciting event, with great public support for all gymnasts and a strong interest from the media.

Alongside the best-known gymnasts, some surprising new talents took to the stage!

The WTC would like to thank the Royal Belgian Federation and the Organising Committee for hosting such a great event!

Detailed reports of both events have been published previously in the FIG Bulletins # 261 and #262.



The list of WAG gymnasts qualified for the Paris 2024 Olympic Games is now published in the FIG website following the results of the Apparatus World Cup series, and the Continental Championships.

Some countries will be making their debut appearance in Women's Artistic Gymnastics!

## **TD at the FIG competitions**

During this period the TC members have served as TDs at various competitions.

### **2023**

#### **FIG Apparatus World Cups**

Cottbus (GER) 46<sup>th</sup> "Turnier der Meister" – Johanna Gratt

Doha (QAT) 15<sup>th</sup> TaiShan Apparatus World Cup – Nehad Zayed

Baku (AZE) AGF Trophy – Liubov Andrianova

Cairo (EGY) – Kym Dowdell

#### **FIG World Challenge Cups**

Varna (BUL) – Helena Lario

Tel Aviv (ISR) – Liubov Andrianova

Osijek (CRO) – Donatella Sacchi

Mersin (TUR) – Nehad Zayed

Szombathely (HUN) – Helena Lario

Paris (FRA) – Donatella Sacchi

### **2024**

#### **FIG Apparatus World Cups**

Cairo (EGY) – Johanna Gratt

Cottbus (GER) 46<sup>th</sup> "Turnier der Meister" – Nehad Zayed

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#### **FIG World Challenge Cups**

Antalya (TUR) – Helena Lario



Osijek (CRO) – Nehad Zayed

Varna (BUL) – Helena Lario

Koper (SLO) – Johanna Gratt

Szombathely (HUN) – Donatella Sacchi

## **Other competitions**

2023 Medellin (COL) Pan American Championships – Johanna Gratt

2023 Pretoria (RSA) 17th African Championships – Donatella Sacchi

2023 Chengdu (CHN) 2021 University Games (postponed) – Kym Dowdell

2023 Santiago (CHI) XIX Pan American Games – Donatella Sacchi

2024 Marrakech (MAR) 18th African Championships – Liubov Andrianova

## **WTC meetings**

During 2023, the WTC met in Lausanne in February at the FIG headquarters.

In July the meeting took place in Rome, hosted by the Italian Federation. It was a very important meeting where the WTC discussed and finalised the Code of Points 2025-2028.

In the first week of December, the Austrian Federation hosted the WTC meeting in Vienna. The Code of Points 2025-2028 was revised following feedback from National Federations and coaches round tables.

During 2024, two meetings have taken place, the first in Lausanne at the FIG headquarter and the second in Shanghai, hosted by the Chinese Gymnastics Association, immediately after the FIG EC and Council meetings.

The WTC determined the detailed schedule of the Intercontinental judges' course, prepared the first draft of the educational material, and selected a list of videos to be published in advance on the FIG/STS platform for judges to practice.

The WTC would like to thank the hosting Federations for their excellent organisation, enabling to host fruitful meetings.

## **Conclusions**

On behalf of the WTC, I thank FIG President Morinari Watanabe, FIG Secretary General Nicolas Buompane, and the FIG EC members for their constant support.



The WTC is indebted to the constructive help it receives from Céline Cachemaille. She is very positive and extremely supportive at all times. We thank her and all the FIG staff for their work.

My gratitude is also conveyed to FIG Men's Technical Committee President Arturs Mickevics and his colleagues for their cooperation during our competitions and meetings.

The collaboration with FIG Athletes' Representative Catalina Ponor is very precious in her role as liaison between the WTC and the WAG gymnasts. She was unfortunately unable to be present at all times due to her pregnancy.

I am very fortunate to be supported by a team of very hard-working, friendly, and competent WTC members. They are prepared to work very professionally, over long hours, to produce documentation of the highest standard, in the interests of the improvement and development of our sport. I thank them all personally for their enthusiastic approach which makes the work a pleasure.

Respectfully submitted,



**Donatella Sacchi**  
WAG-TC President



## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### Rhythmic Gymnastics Technical Committee Report

*By Ms Noha Abou Shabana, Rhythmic Gymnastics Technical Committee President*

This report covers the period October 2022 until June 2024. Additional information about Paris 2024 Olympic Games will be released later.

#### PREFACE

Congress in Doha – Qatar 2024 is coming closer and we are back together for our united Gymnastics Family, a lot of events and activities had passed in a short cycle of 3 years but had marked a new chapter for RG community.

I thank all gymnasts, coaches, judges for being persistent to learn, enhance, develop and raise the bar higher no matter what the circumstances/obstacles are around the world.

I thank all national federations and continental unions for supporting RG community and always behind the development of the discipline.

#### RG-TC activities



- Code of Points 2025 - 2028:

Aim of new COP:

- Come to understanding between judges and to simplify COP.
- Reduce reasons of blocks.
- Balancing between all components.

How we worked on COP:

- Feedback from Anti-doping, medical and mental health commission to eliminate chronic injuries.
- Direct feedback from athletes.
- Feedback from Top coaches and other countries.
- Feedback from judges during practical judging

Preparation of New Cycle from now:

- Small presentations for NFs / Continental unions were prepared to start preparing for next cycle for coaches and judges to start their self-study as early as possible.

- FIG/STS – judges' educational programme:

We are working closely with the STS team, a huge work of presentations, clips, questions and answers are uploaded on the data base enabling all stakeholders to get the necessary information and updates no matter where you are around the world.

#### JEP Programme:

RG TC is working very closely with Prof. Hugues Merceir for evaluating the judges work after the events and would like to take this opportunity to thank him for always being available.



- Technical regulations:

- Have been updated for wider participation at Senior WCH for cycle 2025 – 2028.
- Height of FOP had been modified to help NFs to host the events and for Paris 2024 OG venues.
- Additional 2 days had been added for JR WCH to have healthier working conditions for Gymnasts, Coaches and Judges.

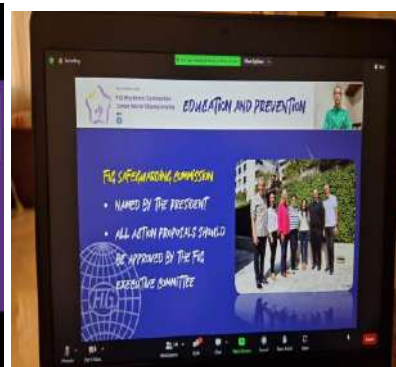
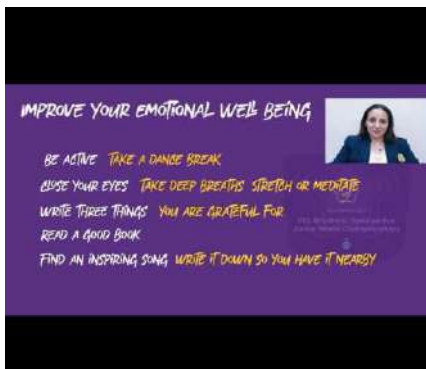
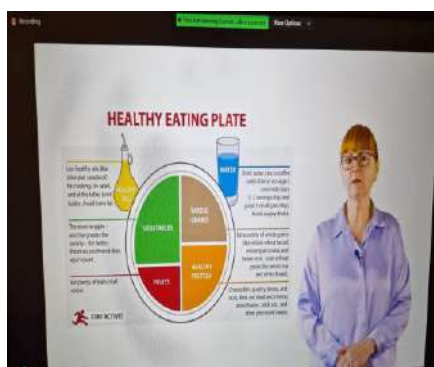
## World Championships:

- 2<sup>nd</sup> Junior World Championships Cluj-Napoca 2023:

- RGI 60 NFs + 1 out of competition and RGG 36 NFs + 1 out of competition (More than 355 gymnasts took part in the event)
- Participated gymnasts showed high level of preparation and variety in the compositions. RGG had shown a huge progress in Junior Programme.
- New countries have come to Junior WCH RGI (CHI, KUW, TOG and TUN), RGG (AND, CHI, CYP, MEX, ROU, RSA, TUR).

### *Road to Cluj-Napoca Webinar:*

- A very successful webinar with around 450 Participants.
- Thanks to Mrs. Donatella Sacchi President of Safeguarding, Dr. Marinela Sirakova member of Anti –doping, Medical and Mental health commission, Athletes' representative Siyana Vasileva.
- A lot of interesting Topics were presented to Junior Athletes and coaches (Safeguarding, 10 Golden Rules, Nutrition, Apparatus and Leotards and Motivational message from President and Senior Gymnasts)
- It was new to receive questions from Junior Athletes and how they are thinking.
- It's important to listen to them as well as seniors as they are our future!





## Special Awards:

During 2<sup>nd</sup> RG Junior WCH Special Awards have been awarded according to the criteria listed Highest Artistry, Highest Execution, Fan's Favourite and Best Synchronized.

The bands awarded were designed matching the theme colour of the event and LOC had upgraded the awards by giving Tiaras to the gymnasts to be "RG Princesses".

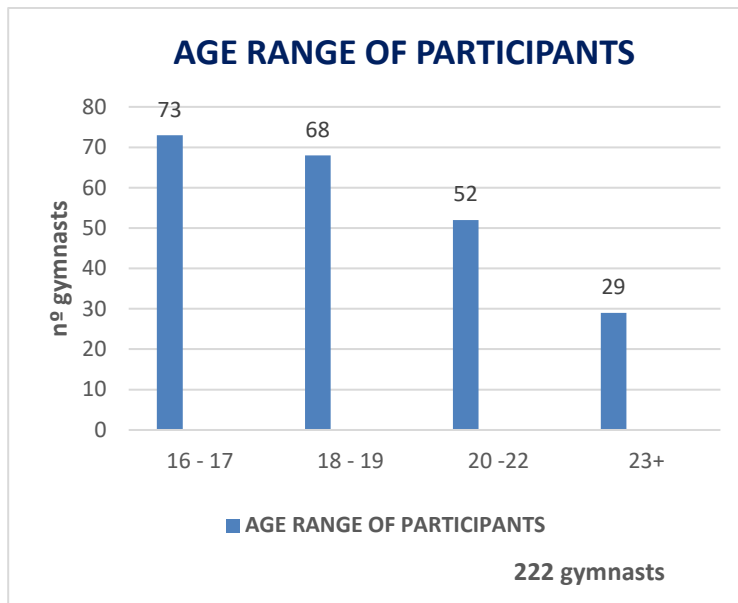
The Awards had given the gymnasts a lot of interests and motivating them to be better. Also, the fan's favourite was voted electronically which was received for POR RGG by more than 600 votes. This means they managed to motivate their community to vote for them which raised more awareness for our sport and the event. Surprisingly, the next runner for fan's favourite was the RGI gymnast from Kuwait with more than 500 votes, this had spread in a country with different cultures / traditions for women in sports.



- 40th Senior World Championships – Valencia 2023:
  - Total of 62 NFs (RGI 88 Gymnasts, RGG 24 qualified from Sofia WCH 2022).
  - All quota places were used for RGI and RGG and first time for LAO to participate in a WCH.
  - Participated gymnasts showed high level of preparation and variety in the compositions. RGG had shown a huge progress from different continents and countries.
  - Very intense WCH as it's the major qualification event for OG RGI and RGG and also for WCUP 2024 participation rights.
  - Public was amazing, cheering for all teams and all gymnasts. They truly love RG and we had never witnessed such a full arena during all days of the events even in Qualifications.
  - LOC had made a huge effort and increased the bar of organization. They had put the gymnasts in the centre of organization and made all the possibilities for them to be comfortable in the same venue.



## Average age competing at the event:



- Over this cycle we could see that the age of gymnasts had increased and that the Code of Points helped them to show their possibilities.

## **Other Activities before / during WCH**

- Safeguarding webinar dedicated for the coaches was held on 6<sup>th</sup> of August with more than 120 participants online and over 400 views of the full presentations in 1 week. I would like to thank Donatella Sacchi, Lili Leung and all the members for the beneficial lectures and. Eunice Lebre and Gerald Bidault for their assistance for this webinar.
- Athletes' representative meeting Siyana Vasileva with the athletes was very conducive and with a lot of shared ideas from the athletes' side.
- Medical round table was led by Dr. Sirakova. Many countries had shown interest with their participation and increase of interest. It was attended by Secretary General and Myself.
- President round table, many NFs had participated and thanked the president for the meeting and how RG is going in the right direction.

## **TC Meetings:**

Technical Committee had according to the rules face-face meetings in Lausanne and several online meetings to finalise the work. The TC continues to work virtually and in communication to update presentations, analyse exercises and provide clarifications in preparation for World Championships, World Cups and Challenge Cups.

TC held its meeting in a developing country Aruba in January 2024, where RG is still developed in only 1- 2 clubs.



- A site visit to Aruba Perla Gymnastics Centre was organized and a coaches' course continued with TC members for Artistry 2 days after the meeting with 26 coaches registered from 14 countries.



## **TC Presidents meetings :**

The TC Presidents continued to have common meetings, I would like to thank my colleagues, the other TC Presidents and Nicolas Buompane who is leading those meetings for the very pleasant and positive atmosphere, and for the great collaboration among all disciplines. Sharing ideas and working together for the enhancement of our sport is a very important aspect.

## **Allocated events :**

RG is fully allocated for next cycle, thanks to all NFs who are supporting RG events across all the world.

| Year | Event                      | Country    |
|------|----------------------------|------------|
| 2025 | Junior World Championships | Bulgaria   |
| 2025 | Senior World Championships | Brazil     |
| 2026 | Senior World Championships | Germany    |
| 2027 | Junior World Championships | Roumania   |
| 2027 | Senior World Championships | Azerbaijan |

## **Live judging:**

RG TC is working currently on a project of making judging transparent with live judging. Thanks to President Watanabe who initiated this project during Aeon Cup in support of the RG progress.

## **Conclusions**

I would like to thank all my colleagues TC Committee members from the bottom of my heart for their tireless efforts in continuing to work at a high level professionally and supporting each other in a very friendly professional atmosphere.

TC would like to thank athletes' representative on adapting to the needs of the athletes and on working with TC for new ideas for the future.

TC would like to thank FIG President Morinari Watanabe for sharing his expertise with RG, the Secretary General Nicolas Buompane, as well as the Executive Committee, Jury of appeal for their endless and continuous work and support during events and Council members for their continuous support.



A special mention to the Swiss Timing teams, Apparatus commissioners for their professionalism and support during the competitions. We are very grateful for their constant assistance. Also, we would like to thank all national federations scoring systems whom we have worked with them during other events.

Finally, RG-TC is very grateful to the sport manager Sylvie Martinet for her dedicated efforts all the time for our sport and all FIG Staff.

Respectfully submitted,



**Noha Abou Shabana**  
RG-TC President



## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### Trampoline Gymnastics Technical Committee Report

by Mr Christophe Lambert, Trampoline Gymnastics Technical Committee President

#### A short, busy and exciting cycle!

Due to the covid situation, we had a three-year cycle instead of four, and we had to rush on some of the ordinary and extraordinary tasks. It was a challenge for our TC as we also wanted and needed to make important changes to give our sport a better exposure. Many events were tremendous with high quality and high participation, the Olympic pathway gave the trampoline community a lot of excitement.

#### World Championships

##### Sofia 2022:

The Sofia World Championships, in a place well known to the trampoline community, with an organizing committee very well accustomed to this global event, took place in a beautiful and inspiring competition hall, where the gymnasts felt comfortable to perform at their maximum.

The gymnasts, supported by the athletes' representative, Rosannagh MACLENNAN and the two ambassadors, Anna DOGONADZE and Radostin RACHEV, gave themselves thoroughly, in an outstanding competition, always with conviviality that well corresponds to the values of our sport.

In each discipline, changes in competition rules required adaptation. This was major in tumbling where the series of qualification Somersault and Twist have disappeared, and the repetition of an element is no longer possible. In this discipline as in DMT, the F1 and F2 finals introduced dramaturgy and additional tension to the final. In F1, eight gymnasts competed, and then only the top four entered F2, where they had to present different exercises. What exercise to qualify for F2, what exercise should I keep to get the title in F2?

In trampoline, the major novelty was the qualifications where gymnasts now offer two free exercises, with only the best result being considered to qualify for the next round (Q2). This requires an adjustment in the strategy and not all gymnasts have yet fully grasped these new rules.

| Participation               |     |       |
|-----------------------------|-----|-------|
|                             | MEN | WOMEN |
| INDIVIDUAL TRAMPOLINE       | 99  | 74    |
| SYNCHRONISED (N° of pairs)  | 36  | 26    |
| DMT                         | 36  | 28    |
| TUMBLING                    | 34  | 35    |
| TOTAL number of gymnasts    | 167 | 143   |
| TOTAL number of federations | 38  |       |

| N F Continental distribution: |         |      |        |         |
|-------------------------------|---------|------|--------|---------|
| Africa                        | America | Asia | Europe | Oceania |
| 2                             | 6       | 5    | 23     | 2       |



| Medal table : |            |      |        |        |       |
|---------------|------------|------|--------|--------|-------|
|               |            | GOLD | SILVER | BRONZE | TOTAL |
| 1             | <b>GBR</b> | 4    | 3      | 2      | 9     |
| 2             | <b>AUS</b> | 2    | 1      | 1      | 4     |
| 3             | <b>JPN</b> | 2    | 0      | 2      | 4     |
| 4             | <b>NZL</b> | 2    | 0      | 0      | 2     |
| 5             | <b>USA</b> | 1    | 4      | 3      | 8     |
| 6             | <b>POR</b> | 1    | 2      | 1      | 4     |
| 7             | <b>CHN</b> | 1    | 0      | 1      | 2     |
| 7             | <b>GER</b> | 1    | 0      | 1      | 2     |
| 9             | <b>ESP</b> | 1    | 0      | 0      | 1     |
| 10            | <b>FRA</b> | 0    | 3      | 3      | 6     |
| 11            | <b>CAN</b> | 0    | 1      | 0      | 1     |
| 11            | <b>DEN</b> | 0    | 1      | 0      | 1     |
| 13            | <b>MEX</b> | 0    | 0      | 1      | 1     |

Some competition facts:

- No tie at medal places
- Two inquiries during the full competition (both rejected)
- In individual trampoline, only one man (competing in the last group) and two women (one injured, one competing in the last group) did not take part in the second exercise of Q1.

## Birmingham 2023:

The Birmingham World Championships raised trampoline competition to an incredible new level, unexperienced until today, offering a sport presentation, a friendly but professional atmosphere that all the gymnasts and officials deeply enjoyed.

Dominic Elsom and his crew took us on an extraordinary journey.

The main focus before this competition was the Olympic Quota but the exceptional performances of the gymnasts in all disciplines and the showcasing gymnasts through the proposed sports presentation thrilled the fans and supporters of the gymnasts.

The high quality of the equipment offered permitted the most ultimate performances.

| Participation               |     |       |
|-----------------------------|-----|-------|
|                             | MEN | WOMEN |
| INDIVIDUAL TRAMPOLINE       | 99  | 76    |
| SYNCHRONISED PAIRS          | 33  | 25    |
| DMT                         | 45  | 37    |
| TUMBLING                    | 44  | 46    |
| TOTAL number of gymnasts    | 188 | 159   |
| TOTAL number of federations | 41  |       |

| N F Continental distribution: |         |      |        |         |
|-------------------------------|---------|------|--------|---------|
| Africa                        | America | Asia | Europe | Oceania |
| 3                             | 7       | 5    | 24     | 2       |



3 more than previous championships

|   | Medal table: |      |        |        |       |
|---|--------------|------|--------|--------|-------|
|   |              | GOLD | SILVER | BRONZE | TOTAL |
| 1 | <b>USA</b>   | 4    | 3      | 3      | 10    |
| 2 | <b>GBR</b>   | 3    | 2      | 6      | 11    |
| 3 | <b>CHN</b>   | 2    | 3      | 0      | 5     |
| 4 | <b>FRA</b>   | 2    | 2      | 1      | 5     |
| 5 | <b>AZE</b>   | 2    | 0      | 0      | 2     |
| 6 | <b>ESP</b>   | 1    | 3      | 0      | 4     |
| 7 | <b>GER</b>   | 1    | 0      | 0      | 1     |
| 8 | <b>POR</b>   | 0    | 2      | 1      | 3     |
| 9 | <b>CAN</b>   | 0    | 0      | 1      | 1     |
| 9 | <b>DEN</b>   | 0    | 0      | 1      | 1     |
| 9 | <b>GEO</b>   | 0    | 0      | 1      | 1     |
| 9 | <b>JPN</b>   | 0    | 0      | 1      | 1     |

Age of gymnasts on the podium

| WOMEN          | GOLD | SILVER | BRONZE |
|----------------|------|--------|--------|
| TRA INDIVIDUAL | 33   | 25     | 23     |
| DMT INDIVIDUAL | 22   | 19     | 19     |
| TUM INDIVIDUAL | 20   | 23     | 22     |

| MEN            | GOLD | SILVER | BRONZE |
|----------------|------|--------|--------|
| TRA INDIVIDUAL | 24   | 17     | 20     |
| DMT INDIVIDUAL | 22   | 21     | 24     |
| TUM INDIVIDUAL | 27   | 22     | 22     |

TC and Presidential round tables:

Very well attended, these two round tables permitted an open discussion. Various topics were discussed:

- 2025-2028 CoP planning
- 2023 World Junior Championships
- Media presentation of our sport
- Inflatable tumbling track project
- FIG Education: call for experts for Academies and Age Group programs
- Competition format: evaluation of changes in CoP 2022-2024
- TRA Difficulty review
- Execution judging criteria.
- New competition formats: outdoor events, mixed SYN, DMT high-jump, mixed teams...



## World Junior Championships and Age groups

The executive committee gave the opportunity to have a test event of Junior World Championships during Birmingham Age Group competition. The final of this event took place the very last day, qualifying the gymnasts from the two ages groups 13-14 and 15-16.

This competition was a success but, to avoid confusion with the age group, the ages for the next World junior championships will be limited to 15-16 years old.

The age groups always prove to be an attractive competition with a total of gymnasts and officials exceeding 1200 persons in both Sofia and Birmingham editions.

## World cup series

The series of this cycle have been attended by a large number of countries, including some new national federations. The World cup qualifying event welcomed the same number of gymnasts as the world championships.

The last qualifying event, held in Cottbus, was a great success with a large crowd attending the qualifications and the finals.

## Olympic qualification pathway

Other 32 quota (16 women and 16 men) 20 different countries got a quota.

9 of those countries got quota for both women and men

One country got a double quota for women

One country got a double quota for both women and men

|      | WOMEN | MEN | TOTAL |
|------|-------|-----|-------|
| AGU  | 3     | 4   | 7     |
| EG   | 8     | 7   | 15    |
| OGU  | 1     | 2   | 3     |
| PAGU | 3     | 3   | 6     |
| UAG  | 1     | 0   | 1     |

## Changes in the rules

Mix synchro will be permitted in competition as an additional event, upon request of the organisers. The next cycle will permit the development of this new competition phase and the adaptation of specific rules when needed.

Difficulty table was reviewed, not to push higher difficulty but to encourage diversity in the gymnast exercises.

Changes in OG competition format and World Games format will introduce more intensity and suspense.



Junior and age group rules have been revised and amended when necessary.

Some unnecessary rules have been removed such as winner of each competition group qualified for the next round of competition.

Tie breaking rules have been revised to be easier to apply.

## **Sport presentation**

We worked with the scoring system providers and the competition sport presentation managers to build a more interactive and lifeful experience for the audience and the viewers. This includes the knowledge of the competition, the build-up of the team scores, the projection of the components of the score.

## **Safety in our sport**

To increase the safety, during the cycle, new padding has been proposed and approved, increasing the absorption in case of a fall on the frame of trampoline.

Age group rules have also been revised for age group 17-21 years old, to ensure that gymnasts with strong physical capacities will not try exercises they do not master.

## **Judges' education and evaluation**

JEP program have been worked extensively with Pr. Mercier to get the best possible analysis of the judges' performances during the cycle. Such an analysis was used to propose the judges involved in Paris 2024 OG. TC is constantly working with STS platform to implement more valuable information for a continuous education of the judges.

The online exams gave the opportunity to many new judges, including many new country judges to obtain the category 4 brevet.

| Discipline | Test Total | Number Failed | Fail Rate | Passed for 2022-2024 | Previous Cycle 2017-2021 |
|------------|------------|---------------|-----------|----------------------|--------------------------|
| TRA        | 527        | 108           | 20%       | 419                  | 287                      |
| DMT        | 390        | 87            | 22%       | 303                  | 196                      |
| TUM        | 303        | 69            | 23%       | 234                  | 137                      |

## **Growing our family**

Many actions have been started to develop our disciplines in new countries and increase the number of participants in already established national federation.

Inflatable tumbling track, an apparatus at the crossroad of all gymnastics are tested and FIG approved. This will help development plan in countries where standard equipment is difficult to acquire or maintain.

TC is looking how to work more closely with trampoline parks, looking for fun activities but at the same time keeping security as criteria number one.



Some interesting experiences are carefully looked at, such as mini trampoline challenges that is growing quite largely in China.

## **Give education to the coaches**

TC is deeply involved in the new Age group development and academy programs to have a better connection between the ruling of competition, the code of points and the education of the coaches.

## **TC meetings and connection with National federations**

TC held meetings in Romania, Georgia, China, Italia, including fruitful meetings with the national federations to plan development of their activities.

## **Vision for the future**

TC worked hand in hand with the office to give the best possible input in the selection of sport in the 2025 World games and 2028 Olympic programs. We are pleased to continue our route in the Olympic Games and to get Synchronised Trampoline, a founder sport of the program back in the World Games in Chengdu 2025.

We are committed to give more exposure to our sport through sport presentation and competition format, to continue to have gender equity and bring new discipline involving both gender such as mix Synchro.

With new equipment and education program, we are daily involved in the development of new participant and new countries joining our sport.

## **Thanks to great and dedicated people:**

TC members:

Tatiana Shuyska, Vice President

Miguel Vicente, Vice President

Mariela Stoycheva

Dmitri Poliaroush

Liu Xing

Shinya Muto

Rosannagh MacLennan, athlete representative



**Christophe Lambert**  
TRA-TC President



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## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### Acrobatic Gymnastics Technical Committee Report

by Ms Rosy Taeymans, BEL, Acrobatic Gymnastics Technical Committee President

*This report covers the work of the Acro Technical committee between the last Congress in Istanbul (Turkey) November 2022, until July 2024*

#### 1. TC meetings

##### 2022:

1. December - Lausanne (SUI)

##### 2023:

Because the current cycle is only a 3 years, the Acro TC had to start to evaluate the competitions and decide what and how we could improve so we started to work to adjust the ACRO COP (Code Of Points), the TOD (Tables of Difficulty) and the Age group Rules for the cycle 2025-2028.

1. February – Lausanne (SUI)
2. May – Lausanne (SUI)
3. August – Online meeting
4. November – Lausanne (SUI)

This last meeting of 2023 the TC finished all final ACRO documents by the deadline.

##### 2024:

1. January – Lausanne (SUI)
2. April – Portimão (POR)

Beyond replying to received correspondence and creating the ACRO Newsletters, the FIG ACRO TC worked on all the material for the Intercontinental Judges course and exam.

I also want to address special thanks to Frank Boehm for following up and updating the STS program this cycle.

#### 2. World Cups in 2023 and 2024

##### 2023.

1. FIG ACRO WORLD CUP in Maia – PORTUGAL March 2023



Participate: 91 gymnasts from  
AUT; AZE; KAZ; ESP GBR;  
GER; ISR; NED; POR; UKR;  
USA

Thanks to Portugal Gymnastics Federation and the organizing committee, who did a great job with all the work that needs to be done to make an event a success as well as making the participants feel comfortable during the competition!

Thanks for the effort, the collaboration and support of everyone, it was a celebration of our beautiful discipline that showed a high level of technical skills in ACRO.



## 2. FIG ACRO WORLD CUP- Puurs – Belgium (6-8 April)



The Sport complex “De Vrijhals” in Puurs received one more edition of the Acrobatics World Cup. The TD of FIG for this competition was Bernardo Tomás, Vice President of the FIG ACRO TC. The organizers welcomed 12 countries, Austria, Azerbaijan, Belgium, Great Britain, Georgia, Germany, Ireland, Israel, Kazakhstan, Portugal, Ukraine, and the United States of America, coming from 3 different continents.

The gymnasts presenting amazing exercises to the public and delegations always very enthusiastic and cheering the gymnasts during their routines.

In this event participated 97 gymnasts, 16 judges, 31 coaches and 14 officials, all gave the best of themselves to make it a great competition for

everyone, in the sport complex completely full, at home by live streaming or live broadcast on TV during the finals.

It was a great competition, in the final in the 5 categories, 9 countries were present in the award ceremonies.

## 3. Report on the Acro World Cup in Rzeszow – Poland (9-11 June)

The last World Cup of the series in 2023 took place in Rzeszow Poland 9 – 11 June 2023.

With 101 participants from 15 countries, Azerbaijan, Belgium, China, Spain, Great Britain, Georgia, Germany, Ireland, Israel, Italia, Kazakhstan, Poland, Portugal, Ukraine, and USA this competition was this the biggest World Cup this year. After a long time, we had China back in the World Cup. This was really appreciated by the public and all participants.

The level was really high and the gymnasts presented amazing exercises. During the finals in all five categories gymnasts from 9 different countries won medals.

Many thanks to Polish Gymnastics Federation and the organizing committee, who did a great job in organizing this event. It was great to be part of it.





2024.

## 1. ACRO World Cup Burgas – Bulgaria (10-12<sup>th</sup> May)

The first World Cup of the 2024 series took place in Burgas – Bulgaria in the very modern new venue. There participated 105 gymnasts from 13 NF's: ARM, AZE, BEL, BUL, CAN, GBR, GER, ISR, KAZ, MDA, POL, UKR and USA. The medals were won by 6 different NF's from 3 continents.



On behalf of the FIG ACRO TC, the TD for this event, Wiesława Milewska, wants to thank the Bulgarian Acrobatics Federation and the LOC to host a well organised event in a very friendly atmosphere.



## 2. ACRO World Cup Maia - Portugal (17-19<sup>th</sup> of May)

At this event participated 112 gymnast from 16 Countries of 3 Continents, AUS, AUT, AZE, CAN, EST, ESP, FRA, GBR, GEO, GER, ISR, ITA, MON, POR, UKR and USA. This was one of the biggest World Cups ever.



Two panels judged the event so everything went very smoothly.

All the participants gave the best of themselves to make it a great competition for everyone, live in the sportshall and at home by live stream.

Thanks to the Portuguese Gymnastics Federation and the LOC from Maia, who did a great job.

## 3. FIG Acro World Cup – Rzeszow, Poland (31st May – 2nd June)

The last World Cup for this season was held in Rzeszow. Sixteen National Federations from three continents participated:

AUT, AZE, BEL, CAN, ESP, EST, GBR, GEO, GER, HUN, ISR, KAZ, POL, POR, UKR, and USA.

There were a total of 118 competitors.





All the gymnasts performed their best, ensuring that the audience in the "Podpromie" sports hall enjoyed their unique high-level performances.

At the end of the event, there was an additional award ceremony for the winners of the Annual **World Cup Series**:

| WP  | MP  | MxP | WG  | MG  |
|-----|-----|-----|-----|-----|
| BEL | AZE | AZE | UKR | ISR |

## 3. Continental Championships 2023

### 1. European ACRO Championships

The events took place in Varna, Bulgaria in the period 12-22 October 2023.

In the Age groups, a noteworthy addition was Slovakia, making it 22 countries in total. The overall competition showcased an impressive standard of quality. Despite the unofficial status of M4, resulting from Israel's late withdrawal and a decrease in participation, Greece demonstrated remarkable progress, solidifying its standing in this category. Switzerland also secured its first-ever medal, marking a significant achievement.

Now, looking at the Juniors and Seniors categories, there was a positive trend in increased participation:  
Total National Federations (NF): 21 (249 gymnasts)

Juniors NF: 17 (144 gymnasts), Seniors NF: 17 (105 gymnasts)

Despite the absence of major acrobatics countries such as Russia, Belarussia and Israel due to the war in their countries, the competition witnessed a general improvement in performance. Unfortunately, both MP and M4 events had to be labeled unofficial due to insufficient participation after Israel's withdrawal. In the juniors, medals were distributed among 10 countries, with Italy securing the 3rd place in the medal ranking. At seniors level, 8 countries claimed the medals, with notable dominance from AZE in MP and MxP events, and BEL in the trio category.





## 2. 13th Asian Acrobatic Gymnastics Championships

The 13th Junior and Senior Asian Acrobatic Gymnastics Championships took place in Tashkent from October 18 to 20. The event concluded with a dazzling display of acrobatic prowess. Teams from Hong Kong, India, Kazakhstan, Tajikistan, and Uzbekistan showcased their talent, with approximately 170 athletes competing across four age categories.

Unfortunately, the North Korean team was unable to attend due to an injury to the top of the mixed pair, and the Chinese team was unable to participate due to important domestic competitions in China. The judges panel was assembled from category 2, 3 and 4 judges from all of the above countries, only the Difficulty judge was invited from Georgia. The Hong Kong and Indian teams have stepped up very well. The atmosphere was wonderful, everyone was very happy to meet and conduct the competition with brilliance. Big thanks to the Uzbekistan Gymnastics Federation to host this AGU ACRO Championships.



## 3. The Pan American Acro Championships



After a very late withdrawal by the planned host, the Colombian Gymnastics Federation President, Samir Portillo, saved the 2023 Pan American Acro Championships by agreeing to take the event at the last minute. This time the event took place in the city of Ibagué at the Coliseo Mayor de Ibagué, perhaps better known as the “Space Ship” Venue. The venue was open on all sides. So, the 79 participating athletes competed against a beautiful backdrop of the mountains surrounding the city.

Six countries participated, Brazil, Canada, Colombia, Mexico, Puerto Rico, and the United States. Much appreciation to the Colombian Gymnastics Federation for hosting the PAGU Championships for the second year in a row. The organizing committee worked very hard to provide a quality event. And all the participants were grateful for their warm hospitality.

## 4. Acrobatic Development

### 1. ACRO DEVELOPMENT CAMP IN ADIS ABEBA, ETHIOPIA

From December 15th to 20th, 2022, an ACRO Training camp was held in Addis Ababa as part of the UAG Development Program. The Ethiopian Gymnastic Federation hosted the camp intending to develop acrobatic gymnastics in Ethiopia. The lectures and practical activities Nikolina Hristova (Vice President FIG ACRO TC) were held in Addis Ababa Gymnastics Federation Gymnasium, equipped with the most modest necessary conditions for developing acrobatic gymnastics.

A total of 38 participants: 16 coaches and 22 gymnasts followed each activity with great interest, curiosity, and excitement.



The camp included educational theoretical and practical introductory sessions to ACRO for coaches and gymnasts.

On the last day, the President of the Ethiopian Gymnastics Federation – Mr. Gebeyaw Takele visited the camp. He clearly expressed his intentions for the future development of acrobatic gymnastics in Ethiopia. He also says his expectation of the coaches and the gymnasts is to work very seriously and at a high technical level.

Esawy as well as to Heba El-Bourini – UAG Secretary General for this opportunity and the desire to develop Acrobatic Gymnastics in Africa.

We want to express our gratitude to the African Gymnastic Union, and his President Dr. Ehab Amin

### 2. ACRO Education Ventures into New Territories: Expanding Opportunities for Acrobatic Gymnastics in Asia (Bangkok Thailand).

A total of 24 coaches joined each activity with great interest, curiosity, and excitement, displaying their dedication and determination in order to improve in Acrobatic Gymnastics.

The FIG ACRO TC Vice President, Nikolina Hristova, was invited to lead the camp. The participating countries in the camp were: Thailand, Kazakhstan, Kyrgyzstan, Laos, Hong Kong, Uzbekistan, Philippines, and India.





Every day were provided theoretical and practical lectures. All participants did a fantastic job during these five days. The new countries present expressed their desire to join the ACRO family and participate in international competitions.

A total of 24 coaches joined each activity with great interest, curiosity and excitement, displaying their dedication and determination in order to improve in Acro.

We, FIG ACRO TC, thank Mr A-Rahman Al-Shathri – President of A.G.U and A.G.U. Acro TC President Aigul Dukenbayeva, for providing the opportunity and showing a solid commitment to developing Acrobatic Gymnastics in Asia.



## 5. International Judges' course 2023 - Lausanne

In February 2023 an International Judges' course was organised in Lausanne (SUI).

This course was giving the opportunity to a limited number of judges (ACRO 31 participants) to raise their category (from cat.4 to 3 or from cat.3 to 2). Following a one-day course, the participants did a practical exam (D1, D2, A & E). 14 of the candidates were able to raise their category and additional 9 candidates can upgrade when they have the required experience. Congratulation to all.

## 6. 13<sup>th</sup> ACRO WAGC – 1<sup>st</sup> Junior World Championships – 29<sup>th</sup> ACRO World championships

In November 2023, the FIG Executive Committee decided not to organise the 2024 Acrobatic Gymnastics World Championships and World Age Group Competitions in Holon (ISR) in light of the current situation. During this meeting the FIG EC allocate the 2026 Acrobatic Gymnastics World Championships to Holon (ISR).

Finally, a candidature was received from POR (Guimaraes) with many thanks to the Portuguese Gymnastic federation. The FIG EC allocated 2024 Acrobatic Gymnastics World Championships and World Age Group Competitions to Portugal (Guimaraes) in September 2024.

A verbal report on this event will be presented at the Congress in Doha!

I want to thank all my TC members:

Vice President Bernardo Tomãs, POR  
Vice President Nikolina Hristova, BUL  
Member Frank Boehm, GER  
Member Wiesława Milewska, POL  
Member Yuriy Golyak, UKR  
Member Irina Nikitina, RUS





I'm grateful for their tremendous work and time they've put into the development of our discipline but also for their friendship and respect I received during my 12 years as Acro TC President. I also thank their respective NF to support Acrobatic Gymnastics.

In addition, I also want to thank Athlete Representative May Miller (ISR) for her valuable input to benefit the athletes' side of everything.

The ACRO TC is thankful to

- President Mori Watanabe and the EC members for their support;
- General Secretary Nicolas Buompane for his advice;
- Sport Manager Rui Vinagre, without him I could never have done this task
- The FIG staff for all their work and advice;
- The continental Union Presidents and their Acro TC's who strive to continue to develop ACRO;
- Our Federations around the world, their coaches and judges for their support and investment in this beautiful gymnastic discipline.

And last but not least I want to thank my colleagues, the Presidents of all the other gymnastics disciplines, for their support but also for their warm friendship. That has been so valuable for me over the past 12 years as the President of the FIG ACRO TC.

Acrobatic Gymnastics is growing because it is just a fascinating discipline with a lot to offer to gymnastics and I'm sure that the new elected FIG ACRO TC will continue to work hard and also will keep our dream alive that one day we will become part of the Gymnastic Olympic family.



**Rosy Taeymans**  
ACRO-TC President



## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### Aerobic Gymnastics Technical Committee Report

by Mrs. Tammy Yagi-Kitagawa, Aerobic Gymnastics Technical Committee President

This report covers the Aerobic Gymnastics Technical Committee's required tasks during the period of November 2022 until June 2024. All AER-TC members carried out the volume of activities with dedication and conscientiously.

#### AER TC

President: Tammy Yagi-Kitagawa (JPN)

Vice-Presidents: Jorge Fillon (ARG); Cristina Casentini (ITA)

Members: Desislava Bogusheva (BUL); Vladislav Oskner (RUS); Ana Margarida (POR); Maria Eduarda De Oliveira Poli (BRA)

Athletes' Representative: Dora Hegyi (HUN)

#### 1) TC Meetings

Since the last Congress (November 2022) in Istanbul, TUR, the AER-TC held the TC meetings as follows. Our focus was to start working on the draft of the CoP 2025-2028 and now preparing the Intercontinental Judges' Course to be held in Lausanne, SUI in the end of November to early December 2024. In addition, we are currently preparing the 11<sup>th</sup> AER World Age Group Competition and the 18<sup>th</sup> AER World Championships 2024.

| TC MEETINGS |      |            |                |                                                                                                                                                    |
|-------------|------|------------|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| #           | Year | Date       | Place          | Main Work                                                                                                                                          |
| 1           | 2022 | Nov. 13-18 | Istanbul, TUR  | • Judges' Course 2023 preparation                                                                                                                  |
| 2           | 2023 | Feb. 25-28 | Lausanne, SUI  | • Preparation of the new CoP 2025-2028 (brainstorming)                                                                                             |
| 3           |      | Jun. 1     | On-line (Zoom) | • CoP 2025-2028 discussion<br>• Junior World Championships Program (brainstorming)                                                                 |
| 4           |      | Jun. 26-29 | Lausanne, SUI  | • Finalize the first draft of the CoP 2025-2028                                                                                                    |
| 5           |      | Oct. 28    | On-line (Zoom) | • CoP 2025-2028 discussion of NF feedback                                                                                                          |
| 6           |      | Nov. 3     | On-line (Zoom) | • CoP 2025-2028 discussion of NF feedback                                                                                                          |
| 7           |      | Nov. 14-19 | Antalya, TUR   | • Finalize the draft of the CoP 2025-2028 with NF feedback<br>• Preparation of the World Cup Judges' Instruction materials                         |
| 8           | 2024 | Jan. 9     | On-line (Zoom) | • Correction list to the final draft of the CoP 2025-2028                                                                                          |
| 9           |      | Jan. 24    | On-line (Zoom) | • Specific Judges' Rule<br>• Clarification list to the final draft of the CoP 2025-2028                                                            |
| 10          |      | Mar. 15-18 | Lausanne, SUI  | • World Cup 2024 Judges' Instruction materials<br>• Housekeeping issues to the CoP 2025-2028<br>• Selection of the routines for the Judges' Course |
| 11          |      | Apr.-May   | At home        | • Judging (60% expert marks) of the routines for the Intercontinental Judges' Course (over 350 routines)                                           |
| 12          |      | Jun. 25-29 | Rome, ITA      | • Confirmation of the of the expert marks for the Judges' Course                                                                                   |

#### 2) Code of Point 2025-2028

From a major change of the current CoP from the past cycle, the AER-TC are confident that our discipline is heading to the right direction. It has given the big improvement of our discipline, Aerobic Gymnastics and are making more attractive. But still some NF were not able to compete as much in the past years due to the Covid, the AER-TC decided to keep the main part of the CoP 2025-2028 so that the interpretations and understanding will continue to get digested deeper to the Aerobic Gymnastics community.

We have made more simplified with the Difficulty requirements but kept cleaning of the Execution with more specified deductions. And for the Artistry, we have made much more objective as possible and to evaluate the Artistry with both scale and deductions.



### 3) Results of the Judges' Course 2023

Judges' Course 2023 (for upgrade) was held in Lausanne, SUI on February 22-23, 2023. 28 participants from 16 nations have registered.

| Result       | Test (February 23) |        |
|--------------|--------------------|--------|
|              | Judges             | %      |
| Upgraded     | 4                  | 14.3 % |
| Maintained   | 16                 | 57.1 % |
| Downgraded   | 4                  | 14.3 % |
| Failed       | 4                  | 14.3 % |
| <b>TOTAL</b> | <b>28</b>          |        |

#### Analysis by area

| CJP       |    |        | DIFFICULTY |    |        | EXECUTION |    |        | ARTISTRY  |    |        |
|-----------|----|--------|------------|----|--------|-----------|----|--------|-----------|----|--------|
| Level     | %  | Judges | Level      | %  | Judges | Level     | %  | Judges | Level     | %  | Judges |
| Excellent | 25 | 7      | Excellent  | 0  | 0      | Excellent | 11 | 3      | Excellent | 57 | 16     |
| Very Good | 61 | 17     | Very Good  | 0  | 0      | Very Good | 57 | 16     | Very Good | 8  | 8      |
| Good      | 14 | 4      | Good       | 18 | 5      | Good      | 18 | 5      | Good      | 4  | 4      |
| Pass      | 0  | 0      | Pass       | 71 | 20     | Pass      | 7  | 2      | Pass      | 0  | 0      |
| Fail      | 0  | 0      | Fail       | 11 | 3      | Fail      | 7  | 2      | Fail      | 0  | 0      |

Concerned area was the Difficulty. The AER-TC have checked thoroughly with the office but no problem was found with all the exam procedures as well as the expert marks. Therefore, we have made more simplified with the requirements of validity of the Difficulty values for the CoP 2025-2028 to clearly able to evaluate the elements.

### 4) Newsletters

As there were not many opportunities to clarify the CoP in face to face, we had to publish clarification information in the Newsletters to make sure everyone understands the same.

| NEWSLETTERS |                |                                                                                                                                  |
|-------------|----------------|----------------------------------------------------------------------------------------------------------------------------------|
| #           | Date           | Main Contents                                                                                                                    |
| #3          | December, 2022 | <ul style="list-style-type: none"> <li>CoP corrections</li> <li>CoP clarification &amp; reminder</li> <li>Video Clips</li> </ul> |
| #4          | April 2023     | <ul style="list-style-type: none"> <li>CoP clarification &amp; reminder</li> </ul>                                               |
| #5          | November 2023  | <ul style="list-style-type: none"> <li>CoP clarification &amp; reminder</li> </ul>                                               |

### 5) Competitions

Aerobic Gymnastics competitions approved by the FIG were as follows including the competitions which are scheduled to be conducted.

| FIG World Championships / FIG World Age Group Competition |      |                 |              |                                                                                                              |                                             |
|-----------------------------------------------------------|------|-----------------|--------------|--------------------------------------------------------------------------------------------------------------|---------------------------------------------|
| #                                                         | Year | Date            | Place        | Event                                                                                                        | Nations<br>(as of Definitive registrations) |
| 1                                                         | 2024 | September 20-22 | Pesaro (ITA) | 11 <sup>th</sup> Aerobic Gymnastics World Age Group Competition (Junior World Championships as a test event) | 37                                          |
| 2                                                         | 2024 | September 27-29 | Pesaro (ITA) | 18 <sup>th</sup> Aerobic Gymnastics World Championships                                                      | 38                                          |

\*\*Additional report of the WAGC & WCH will be submitted after the events.

| FIG World Cups |      |            |                  |                                               |
|----------------|------|------------|------------------|-----------------------------------------------|
| #              | Year | Date       | Place            | Event                                         |
| 1              | 2023 | Mar. 24-26 | Cantanhede (POR) | 8 <sup>th</sup> Cantanhede FIG World Cup 2023 |
| 2              |      | Apr. 22-23 | Tokyo (JPN)      | 34 <sup>th</sup> FIG Suzuki World Cup 2023    |
| 3              |      | Oct. 13-15 | Bucharest (ROU)  | FIG World Cup 2023 RomGym Trophy              |
| 1              | 2024 | Mar. 22-24 | Cantanhede (POR) | 9 <sup>th</sup> Cantanhede FIG World Cup 2024 |
| 2              |      | May. 25-26 | Yokohama (JPN)   | 35 <sup>th</sup> FIG Suzuki World Cup 2024    |



| FIG Approved Competitions |      |                 |                      |                                                                 |
|---------------------------|------|-----------------|----------------------|-----------------------------------------------------------------|
| #                         | Year | Date            | Place                | Event                                                           |
| 1                         | 2022 | Dec. 4-8        | Cairo (EGY)          | Pharaoh's Cup 2022                                              |
| 2                         | 2023 | Mar. 22-26      | Cantanhede (POR)     | 11 <sup>th</sup> Cantanhede International Open Competition      |
| 3                         |      | Mar. 31-Apr. 2  | Bratislava (SVK)     | 24 <sup>th</sup> Slovak Aerobic Open                            |
| 4                         |      | Apr. 21-23      | Prague (CZE)         | Czech Aerobic Open 2023                                         |
| 5                         |      | May 13-14       | Kaunas (LTU)         | International Lithuanian Open Championships 2023                |
| 6                         | 2023 | Jun. 15-18      | Cairo (EGY)          | Pharaoh's Cup 2023                                              |
| 7                         |      | Jun. 30-Jul. 2  | Punta Del Este (URU) | Campeonato Sudamericano 2023                                    |
| 8                         |      | Sep. 14-17      | Ulaanbaatar (MGL)    | 8 <sup>th</sup> Junior Asian Championships                      |
| 9                         |      | Sep. 14-17      | Ulaanbaatar (MGL)    | 8 <sup>th</sup> Senior Asian Championships                      |
| 10                        |      | Oct. 6-8        | Plovdiv              | 14 <sup>th</sup> Plovdiv Cup Aerobics Open                      |
| 11                        |      | Nov. 8-11       | Lima (PER)           | Junior and Age Group Pan American Championships 2023            |
| 12                        |      | Nov. 8-11       | Lima (PER)           | Senior Pan American Championships 2023                          |
| 13                        |      | Nov. 8-11       | Lima (PER)           | Pan American Club Cup 2023                                      |
| 14                        |      | Nov. 17-19      | Antalya (TUR)        | 13 <sup>th</sup> Junior European Championships                  |
| 15                        |      | Nov. 17-19      | Antalya (TUR)        | 13 <sup>th</sup> Senior European Championships                  |
| 16                        |      | Dec. 8-9        | Rimini (ITA)         | 6 <sup>th</sup> Mediterranean Championships COMEGYM             |
| 1                         | 2024 | Mar. 20-24      | Cantanhede (POR)     | 12 <sup>th</sup> Cantanhede International Open Competition 2024 |
| 2                         |      | Apr. 12-14      | Bratislava (SVK)     | 25 <sup>th</sup> Slovak Aerobic Open                            |
| 3                         |      | Apr. 18-21      | Prague (CZE)         | Czech Aerobic Open                                              |
| 4                         |      | Apr. 21-28      | Cali (COL)           | Pacific Rim Championships 2024                                  |
| 5                         |      | May 10-12       | Kaunas (LTU)         | International Lithuanian Open Championships 2024                |
| 6                         |      | Jun. 8-10       | Ha Noi (VIE)         | 9 <sup>th</sup> Age Group Asian Championships                   |
| 7                         |      | Jun. 8-10       | Ha Noi (VIE)         | 9 <sup>th</sup> Junior Asian Championships                      |
| 8                         |      | Jun. 8-10       | Ha Noi (VIE)         | 9 <sup>th</sup> Senior Asian Championships                      |
| 9                         |      | Jun. 12-15      | Aracaju (BRA)        | South American Championships                                    |
| 10                        |      | Aug. 30-Sept. 1 | Plovdiv              | 15 <sup>th</sup> Plovdiv Cup Aerobics Open                      |
| 11                        |      | Sept. 13-15     | Cairo (EGY)          | 18 <sup>th</sup> Age Group and Junior African Championships     |
| 12                        |      | Sept. 13-15     | Cairo (EGY)          | 18 <sup>th</sup> Senior African Championships                   |
| 13                        |      | Oct. 23-31      | Manama (BRN)         | ISF Gymnasiade 2024                                             |
| 14                        |      | Nov. 13-16      | Panama (PAN)         | Senior Pan American Championships 2024                          |
| 15                        |      | Nov. 13-16      | Panama (PAN)         | Campeonato Panamericano Juvenil y Grupo de Edad 2024            |
|                           |      | Nov. 13-16      | Panama (PAN)         | Copa Panamericana de Clubs                                      |

As above, there are average of about 15 competitions around the world are returning. These number of competitions give more Aerobic Gymnasts competing at the international level the opportunity to gain more experiences.

On the contrary, however, with this many competitions, the World Cup is held less than three regular times a year, which is questionable. Perhaps one of the hurdles is the criteria for hosting a Aerobic Gymnastics World Cups.

## 6) WAGC & WCH 2024

The 11<sup>th</sup> FIG Aerobic Gymnastics World Age Group Competition (September 20-22) and the 18<sup>th</sup> FIG Aerobic Gymnastics World Championships (September 27-29) will be scheduled to be held in Pesaro, ITA. We are all excited with some new federations joining at these events and many federations are now coming back after the Covid.

During the WAGC, we will conduct the Junior World Championships as a test event. The AER-TC are looking forward to this test event and hoping to continue as the official event in the future.

Also, this Senior World Championships will represent the Qualification for the World Games 2025 in Chengdu, CHN on August 7-17, 2025. Additional report of the WAGC & WCH will be submitted after these events.

The AER-TC would like to extend our appreciation to the Italian Gymnastics Federation and the LOC for their various efforts and dedication in hosting this competition.



## **7) Conclusion**

This year, we are scheduled to run the WAGC & WCH in September. Therefore, we do not have many reports to make at this moment as these events are the most important event for the Aerobic Gymnastics.

As I mentioned above, we will be conducting the Junior World Championships as a test event during the World Age Group Competition and with the success of the test event, there will be a bright light in the future for the Aerobic Gymnastics to be included in the Youth Olympic Games which the whole Aerobic community are dreaming of.

We understand that many NF will receive supports from government and sponsors once we are recognized in a part of IOC event. Therefore, the AER-TC will continue to make our effort to take this wonderful discipline of Aerobic Gymnastics to the Youth Olympic Games.

In the end, on behalf of the FIG AER-TC, I would like to express our sincere gratitude to the FIG President, the Vice-Presidents, the EC members, the Secretary General, our Sport Events Managers (Alexandre Cola and Sylvie Martinet) and all the office staff in Lausanne for their full support.

I would also like to thank all my TC colleagues, for their huge work, their professional and compassionate approach in the meetings. "ARIGATO" for your friendships.

Finally, I would also like to thank Continental Unions and the Federations all over the world for their efforts, support, and investments in organizing AER events. I ask you all for your continuous support for the continuous development of Aerobic Gymnastics discipline.

The AER TC will continue with our full effort to MOVE FORWARD for our future!

Respectfully submitted,



**Tammy Yagi-Kitagawa**  
AER-TC President

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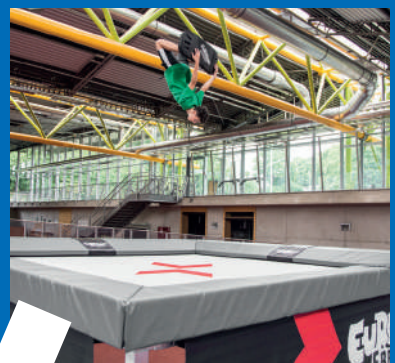
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## **85<sup>th</sup> FIG Congress 2024 – Doha (QAT)**

### **European Gymnastics Presidential Report**

*by Dr Farid Gayibov, European Gymnastics President*

The period after 84<sup>th</sup> FIG Congress in Istanbul (TUR / November 11 & 12, 2022) is a zero-reference point of my report covering two-year activity within the European Gymnastics.

In November of 2022 – the year when we were celebrating our 40<sup>th</sup> Anniversary - the 29<sup>th</sup> European Gymnastics Congress (Albufeira / POR, December 2 & 3) announced the structure of new Authorities as per results of voting with a participation of 44 countries. I was entrusted with a position of Presidency for the current term until the next electoral Congress.

We have commenced our functions with the meetings of President's Board and Executive Committee (EC) at our head office in Lausanne on January 27 and 28, 2023. The majority of the Executive Committee consist of new members, and their active participation during our meetings was really impressive. This was a great opportunity to discuss our plans and the strategy for the foreseeable future. The members were divided into working groups assigned with certain tasks. The strategy was one of the main topics of further meetings of the President's Board and EC (2023 - Lausanne, SUI / March 22 & 23; Baku, AZE / May 22 & 23).

A meeting with the presidents of the Technical Committees and our partners & apparatus suppliers also took place as usual in the beginning of the year. Both meetings were productive from the point of view of planning and discussing competitions, and negotiations of the terms & conditions for the renewal of our contracts accordingly. In the mid of the year, we had another discussion on extension of our partnership until 2028 with the European Broadcasting Union EBU).

The fall's EC meeting was held unconventionally in a small country of Malta (September 21-23) within the framework of our project to support countries which are developing in Gymnastics. This was a great opportunity for us to exchange ideas and discuss issues and future plans regarding the development of our sport together with representatives of neighboring countries.

In October, I also took part in the 52<sup>nd</sup> General Assembly of the European Olympic Committee (EOC) held in Istanbul (TUR). Within the framework of this General Assembly, I had a chance to meet with my colleagues - presidents of many European Federations, and Presidents of a number of National Olympic Committees. It was very interesting to exchange our view in prospect of future cooperation on development of sports in general.

The 2023 European Gymnastics competition season started with the 10<sup>th</sup> European Championships in Men's and Women's Artistic Gymnastics held in Antalya (TUR / April 11-16). The events organized at high level, brought forward new names. The results of these Europeans were historic and record-breaking for a number of countries.

At the 39<sup>th</sup> European Championships in Rhythmic Gymnastics in Baku (AZE / May 17-21), several gymnasts achieved outstanding results for themselves and their countries. It was the first Europeans for our TC with almost 90 percent new members. For the first time, National Anthems of 6 different countries were played during the Rhythmic Gymnastics Europeans.

Between the Europeans in Olympic and non-Olympic disciplines, rising Artistic Gymnastics stars competed within the framework of the European Youth Olympic Festival in Maribor (SLO, July 23-39).

The 31<sup>st</sup> European Championships in Acrobatic Gymnastics (October 18-22, 2023) preceded by the 12<sup>th</sup> European Age Group Competitions (October 12-15, 2023) were held in Varna (BUL). Unfortunately, the Israel Gaza conflict had an impact on Israeli athletes' participation in this event and they were not able to join. Besides, acrobats of 2 more European countries (RUS & BLR) were not a part of these competitions due to Russia-Ukraine war. Even though, a number of participating countries was 22 which is higher than it was in 2 previous editions of the Europeans in this discipline.

The 2023 Europeans were concluded by the 13<sup>th</sup> European Championships in Aerobic Gymnastics (November 17 & 19, 2023). This event was our second major competition held in Antalya in 2023.



# EUROPEAN GYMNASTICS

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The year's last event was the 30<sup>th</sup> Congress of the European Gymnastics in Sofia (BUL / December 1 & 2, 2023). The representatives of 45 countries participated in the Congress.

Along with approval of changes to the Statutes, after one-year hard work on the Strategy of the European Gymnastics, we presented it at the Congress. The member Federations' representatives expressed their positive opinion followed by discussions on the details.

Within the framework of the Congress, the votes resulted in non-allowance of Russian and Belarusian athletes to return to the competitions.

The Olympic year – 2024 had a usual start. We had a meeting of the President's Board (January 25 & 26) followed by the decisions of the year's first EC meetings (January 27 & 28, 2024). Since we presented and confirm the European Gymnastic Strategy 2030 at the Congress, the main issue on that PB and EC meeting was connected with the realization of the goals wrote in strategy. Just as there is no strategy without strategic decisions, without the implementation of strategic measures there will be no effects of the strategy on the strategic goals and further development of European Gymnastics. For this reason, EC prepared and approved the "Action Plan of the European Gymnastics Strategy 2033", with an emphasis on the period 2024 and 2025.

The main strategic focus in this period will be primarily the process of organizational digitization, the construction of a comprehensive competitive system, the strategic reorganization of the management and executive organizational structure, the development of marketing activities and the renovation of the knowledge development system. In only two months (February and March) we have already started with the (1) development of the "EG education tool" based on deep tech technology (blockchain and AI), which will soon be publicly available on our website, (2) we launched a new digital competition series in Men's Artistic Gymnastics supported by Elevien which is mobile application for gymnastics events, (3) we launched first European Cup in Rhythmic Gymnastics where individual senior gymnasts will have a cross-battle, (4) together with 5 member federations and Scientific and Research center from Slovenia we prepared project for European wide new education and qualification system for coaches in all gymnastics disciplines and applied for European Union funds from Erasmus+ program, (5) developed brand logo guidelines for European Cups system, (6) designed a new edition of the "Gymnast of the year" project and (7) started with hiring of new highly competent human resources on a fields of marketing, events organizations, educational management and organizations design and structuring.

I am convinced that this is only the beginning of an innovative approach to the further modern development of European Gymnastics, as quite a few initiated projects in individual sports disciplines are merely a learning environment, with the help of which we will develop new innovative models of competitions, which will be implement in the future in all our sports disciplines. I am extremely happy and proud that the stated results of work in the last 15 months are the fruit of the self-sacrificing, motivated and highly professional work of the entire EC and the European Gymnastics office, where each of its members, through open debates and multiple brainstorming sessions, contributed whit their ideas, knowledge and experience.

In a framework of the EC meeting also the Presidents of the European Gymnastics Technical Committees took an opportunity to sat and discuss the important issues before the launch of the competitions' season. By the time of the FIG Congress, 8 more events of the European Gymnastics would have been completed – European Championships in Trampoline, Double Mini-Trampoline and Tumbling (Guimaraes / POR, 3-7 April), Europeans in Men's (Rimini / ITA, April 24-28) and Women's (Rimini / ITA Italy, 2-5 May) Artistic Gymnastics, European Cup in Rhythmic Gymnastics (Baku, AZE, May 3-5), European Championships in Rhythmic Gymnastics (Budapest / HUN, May 22-26), European Gym for Life Challenge (Bodo / NOR, July 13), Eurogym (Bodo / NOR, July 14-18), Golden Age Gym Festival (Burgas / BUL, September 22-27), Open TeamGym Europeans (Baku / AZE, October 16-19).

Future of Gymnastics is in hands of professional coaches preparing high-performance athletes from the growing generations. For this purpose, European Gymnastics proceeded with organization of a number of courses, workshops and training camps for coaches and gymnasts accordingly.



# EUROPEAN GYMNASTICS

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European Gymnastics is open to innovations showcasing traditional sport in a new light which is attractive to modern spectators. One of our main priorities is to keep our sport in line with rapid pace of changing life, which we are determined to continue in the years to come.

Yours sincerely,



**Farid Gayibov**  
European Gymnastics President

## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### UAG Presidential Report

by Dr. Ehab Esawy, UAG President

This report provides an overview of the 2-years plan for African Gymnastics Union for the period starting from January 2023 to December 2024. The plan outlines the strategic initiatives, goals, and key activities planned to achieve its objectives and drive growth during this period. The report highlights the progress made so far.

### Activities and programs

#### Development Plan

The UAG implements development programs aiming to improve coaching standards, infrastructure and technical expertise across Africa. These programs include training camps, coaching seminars, and workshops conducted by experienced professionals.

The UAG Academy program is dedicated to fostering the development of gymnastics in Africa. Throughout the year, the academy has made significant strides in advancing gymnastics education and training within the region. The program focuses on enhancing the skills of athletes, coaches, and officials to elevate the standard of gymnastics in Africa. It also aims to promote the values of discipline, teamwork, and sportsmanship among participants. The academy's progress in 2023-2024 has been marked by increased participation, improved training program, and the development of a talented pool of gymnasts poised for success on the international stage.

29 projects made a significant impact on the development of gymnastics in African continent.

|            |                                         |              |                         |
|------------|-----------------------------------------|--------------|-------------------------|
| PROJECT 1  | FIG PRK Symposium                       | EGYPT        | 04-08 April 2023        |
| PROJECT 2  | Aerobic Training Camp                   | Tunisia      | 16-21 July 2023         |
| PROJECT 3  | AER Training Camp                       | Lesotho      | 24-29 July 2023         |
| PROJECT 4  | FIG Level 3 Academy MAG & WAG           | South Africa | 31 July - 6 August 2023 |
| PROJECT 5  | Parkour Training Camp                   | Uganda       | 7-11 August 2023        |
| PROJECT 6  | Aerobic Training Camp                   | Togo         | 07-12 August 2023       |
| PROJECT 7  | TU Training Camp                        | Eswatini     | 21-23 August 2023       |
| PROJECT 8  | Aerobic Training Camp                   | Rwanda       | 28Aug. – 2 Sep.2023     |
| PROJECT 9  | Age Group ART                           | Nigeria      | 8-12 October 2023       |
| PROJECT 10 | AER Training Camp                       | Sierraleone  | 17-25 October 2023      |
| PROJECT 11 | Parkour Training Camp                   | Morocco      | 27-31 October 2023      |
| PROJECT 12 | ACRO Training Camp                      | Benin        | 30 Oct. - 04 Nov.2023   |
| PROJECT 13 | ACRO Training Camp for Judges - Coaches | Zimbabwe     | 30 Oct. - 05 Nov. 2023  |
| PROJECT 14 | WAG Junior Training Camp                | Mozambique   | 20- 24 November 2023    |
| PROJECT 15 | FIG Level 1 Academy AER                 | Algeria      | 25-30 November 2023     |

# UNION AFRICAINE DE GYMNASTIQUE



|            |                       |             |                      |
|------------|-----------------------|-------------|----------------------|
| PROJECT 16 | Aerobic Training Camp | Senegal     | 1-7 Dec 2023         |
| PROJECT 17 | AER Training Camp     | Togo        | 23-29 June 2024      |
| PROJECT 18 | AER Training Camp     | Mozambique  | 04-10 August 2024    |
| PROJECT 19 | AER Training Camp     | Nigeria     | 02-09 September 2024 |
| PROJECT 20 | AER Training Camp     | Sierraleone | 30 Sep. – 6 Oct.2024 |
| PROJECT 21 | RG Training Camp      | Cameron     | 18-24 Nov.2024       |
| PROJECT 22 | AER Training Camp     | Benin       | TBD                  |
| PROJECT 23 | AER Training Camp     | Morocco     | TBD                  |
| PROJECT 24 | PK Training Camp      | Zimbabwe    | TBD                  |

## UAG Academy:

|           |                                                                                     |                 |                     |
|-----------|-------------------------------------------------------------------------------------|-----------------|---------------------|
| PROJECT 1 | MAG online Judging course<br>WAG online Judging course<br>AER online Judging course | Uganda          | 27-30 November 2023 |
| PROJECT 2 | MAG & WAG judging                                                                   | Cameroon        | 12-17 Dec 2023      |
| PROJECT 3 | AER Training Camp                                                                   | Mali            | 14-19 Dec 2023      |
| PROJECT 4 | AER Training Camp                                                                   | BORKINO<br>FASO | 15-22 Dec 2023      |
| PROJECT 5 | GFATraining Camp                                                                    | TUNISIA         | 04-11 Feb.2024      |

## Judges Development

Judges number in Africa is still a big challenge and part of the UAG Judges development program, that seek to increase the number of judges in Africa to full fill the continental championships requirements.

In aiding to prepare the judges for 2025-2028 cycle, UAG is planning to organize preparatory courses for judges from all disciplines to be ready before the international judges' course.

## African Championships

UAG African Championships that took place in 2023-2024 as follows:

- 1- TRA African championships Marrakesh (MAR)22 – 27 February 2023
- 2- RG African Championships, Moka (MRI) – 19-20 May 2023
- 3- ART African Championships, Pretoria (RSA) – 26-27 May 2023
- 4- RG African Championships Kigali (RWA) 23-27 April 2024
- 5- ART African championships Marrakesh (MAR)30 April -07 May 2024
- 6- TRA African Championships Tunis (TUN) 08- 12 May 2024
- 7- AER African championships Cairo (EGY) 11-16 September 2024

Taishan company is the equipment's supplier for all the competitions according to the contract with the UAG which helped to develop new disciplines progress in the organizing countries.

The UAG provided LOCs with all the support to prepare for the competitions and cover all requirements to meet the FIG standards.

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## Growth and Success

The progress in Africa between the hosting of events and the success athletes are showing.

During 2023 **Yehia ZAKARIA (EGY)** on parallel bars won bronze medal in junior world championships Antalya TUR for the first time in African history in Men Artistic Gymnastics.

Also, in ART African championships in Pretoria for the first time in African championships a new element was performed with G value on WAG event on UB by Algerian gymnast **Kyla Nemour** which also won the All-Around title.

Also **Kaylia NEMOUR (ALG)** succeeded in ranking 8<sup>th</sup> in All- around finals and winning her tickets to the Paris Olympic games 2024 in Antwerp (BEL) world championships in artistic gymnastics 2023.

For team results **South African women artistic gymnastics team** ranked 19<sup>th</sup> and **Egypt men artistic gymnastics team** ranked 21<sup>st</sup> in Antwerp (BEL) world championships in artistic gymnastics 2023.

**Caitlin ROOSKRANTZ (RSA)** also won her tickets to Paris in Antwerp world championships 2023.

During 2024 **Kylian Nemour (ALG)** succeeded in winning Apparatus World Cup Ranking title on uneven Bars in 2024 series.

UAG awarded the gymnasts and officials from Africa that had lately excellent results for their achievements.

The RG 2023 African championships that was held at Mauritius for the first time in history of Africa was a big challenge for the organizing committee and UAG, but was also a big success due to the hard work and fruitful cooperation between UAG team and the LOC.

The UAG provided LOCs with financial aid to help in the preparations of the competition and cover all requirements to meet the FIG standards required for the success of the events.

**Rwanda** succeeded in hosting their first ever African championships for Rhythmic gymnastics and Olympic qualification event adding new hosting country to UAG family

President Watanabe attended both RG African championships events to support and witness the success in development of new federations to host African Championships event.

Four new development federation participated in African championships for the first time two in Rhythmic gymnastics are **Uganda** and **Togo**, also **Mali** and **Chad** in Women's artistic gymnastics.

**Uganda** hosted FIG EC meeting in February 2023.

Moreover, the results achieved by African gymnasts have been nothing short of remarkable. They have secured notable placements, podium finishes, and set new personal and continental records. Their achievements have not only made history but have also inspired a new generation of gymnasts across Africa, igniting a passion for the sport and fostering dreams of future success. We take immense pride in the accomplishments of our African gymnastics' family. Their success serves as a testament to the power of perseverance, determination, and the ability to overcome obstacles. It is a reminder that with belief, hard work, and support, dreams can be transformed into reality.

As we continue along this extraordinary path and encourage further growth and development within the sport.

## **Goals, Challenges and Future Prospects**

Primary objective is to raise awareness and popularity of gymnastics within Africa. By organizing events, workshops, and training programs, the UAG encourages participation in gymnastics and supports the growth of sport across the continent.

The UAG also strives to improve the quality and standard of African gymnastics competitions and pushing new African federations to host and organizing African competitions.

The UAG works very hard to include more African gymnasts in major international competitions, World Championships and Olympics Games.

The UAG faces several challenges in its pursuit of promoting gymnastics in Africa but works very hard to implement comprehensive development programs, organize competitions, and offer support to gymnasts. Securing sustainable funding sources is crucial for the long-term growth of gymnastics in Africa.

Suitable training facilities and infrastructure remains a challenge, particularly in some regions of Africa.



**Ehab Amin Esawy**  
UAG President

## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### **PAGU Presidential Report**

*by Mrs Naomi Valenzo, PAGU President*

This report corresponds to the period between the last FIG Congress in Istanbul 2022 until June 2024.

When reviewing the activities that PAGU has carried out during this period and witnessing the development with the sporting results that our gymnasts have been obtaining, I recognize with satisfaction all that our Union has achieved as an organization with drive, solidarity, commitment and sense of belonging.

PAGU's management cycles conclude in the year prior to the Olympic Games. 2023 was a very important year with the XIX Pan American Games Santiago 2023 as the pinnacle and in the same framework the celebration of our Ordinary General Assembly where the new authorities were elected for the 2024-2027 cycle.

This cycle served to consolidate PAGU as the governing body of gymnastics in our Continent. We have seen the stability of our 32 affiliated National Federations, who are up to date with their obligations and have a constant participation in our events and educational activities.

We prepared and updated various administrative and technical documents in preparation for the new cycle. Also, redirected our educational efforts to reach a greater number of beneficiaries through training camps in different categories and disciplines, on-site and virtual courses for coaches and judges and close cooperation with the organizing committees of our official events. A key factor in the success of these efforts has been the accessibility to these opportunities, offering free educational activities, covering some costs to facilitate participation in camps and making all information available in our two official languages, Spanish and English.

The activities have multiplied and the demands are increasing. This has led us to strengthen the administrative structure in three fundamental areas: technical-administrative, image and communication, and finance.

Now, we need to look for new sources of financing to cover expenses not considered in the annual resources allocated by the FIG and we are working on new projects to achieve this.

As in previous years, we continued with the collaboration agreement with our partners Spieth, Gymnova, Cannice and Eurotramp, benefiting different Federations that organize official events.

We closed an agreement with FB Curves. Panam Sports has also been a strategic ally for the television coverage of our main events and recently Elevien, with whom we explored new opportunities by covering the II Pan American Parkour Open.

Our event calendar is very extensive. We organize Senior and Junior Pan American Championships annually in all disciplines except for ACRO which is held every two years.



# PAN AMERICAN GYMNASTICS UNION



In the period covered by this report we have organized 18 continental championships and collaborated in 2 Multisport Games. The XIX Pan American Games Santiago 2023 were the continental qualifying event for the Paris 2024 Olympic Games. I take this opportunity to thank the FIG and the competent authorities for approving this event as part of the qualification system, as the necessary conditions for an event of this relevance were guaranteed.

It is important to recognize that the Pan American Championships have become much stronger because they are constantly part of qualification systems for other events, such as the Pan American Games or World Championships, and this has encouraged greater participation.

Currently, PAGU has been working closely with Panam Sports and with the organizers of the upcoming II Junior Pan American Games Asuncion 2025 to make this second edition a successful event.



The main continental competitions were:

|                                                                |              |              |                  |
|----------------------------------------------------------------|--------------|--------------|------------------|
| 2022                                                           |              |              |                  |
| Sr & Jr Pan American Championships and Club Pan American Cup   | ACRO         | 18-20/Nov    | Bogota, COL      |
|                                                                |              |              |                  |
| 2023                                                           |              |              |                  |
| Sr & Jr Pan American Championships and Club Pan American Cup   | TRA          | 12-14/May    | Monterrey, MEX   |
| Sr Pan American Championships                                  | ART          | 26-28/May    | Medellin, COL    |
| Sr & Jr Pan American Championships                             | RG           | 8-11/Jun     | Guadalajara, MEX |
| XIX Pan American Games                                         | ART, RG, TRA | 20/Oct-5/Nov | Santiago, CHI    |
| Sr & Jr Pan American Championships and Club Pan American Cup   | AER          | 8-11/Nov     | Lima, PER        |
| Sr & Jr Pan American Championships and Club Pan American Cup   | ACRO         | 8-10/Dic     | Ibague, COL      |
| Pan American Hopes Tournament                                  | WAG          | 5-10/Dic     | Kingston, JAM    |
|                                                                |              |              |                  |
| 2024                                                           |              |              |                  |
| Sr & Jr Pan American Championships and Club Pan American Cup   | TRA          | 17-19/May    | Lima, PER        |
| Sr & Jr Pan American Championships                             | ART          | 22-26/May    | Santa Marta, COL |
| Sr & Jr Pan American Championships and Pan American Tournament | RG           | 5-9/Jun      | Guatemala, GUA   |
| II Pan American Open                                           | PK           | 15-16/Jun    | Alajuela, CRC    |



## Training camps and on-site courses

A pillar of our development strategy has been the promotion of new disciplines in Federations that still do not have them. This has been achieved by sending experts and give the organizing Federations the opportunity to invite as many gymnasts and coaches as possible, considering the level and specific conditions.

A total of 17 introductory camps/courses have been held for the different disciplines:

| Discipline | Date           | Site               |
|------------|----------------|--------------------|
| RG         | February 2023  | Panama, PAN        |
| MAG        | April 2023     | Kingston, JAM      |
| TRA        | November 2023  | La Habana, CUB     |
| TRA        | August 2023    | Carolina, PUR      |
| GfA        | August 2023    | Port of Spain, TTO |
| GfA        | September 2023 | Lima, PER          |
| AER        | December 2022  | San Jose, CRC      |
| AER        | December 2022  | Guatemala, GUA     |
| AER        | December 2022  | Panama, PAN        |
| ACRO       | June 2023      | San Jose, CRC      |
| ACRO       | October 2023   | Sao Paulo, BRA     |
| PK         | December 2023  | Kingston, JAM      |
| PK         | September 2023 | Nassau, BAH        |
| PK         | March 2023     | La Habana, CUB     |
| PK         | March 2023     | Santo Domingo, DOM |
| PK         | January 2024   | Lima, PER          |
| PK         | May 2024       | Colorado, USA      |



We continued with camps focused on age group/junior categories to strengthen technical and artistic preparation and camps for senior teams focusing on the preparation for main events:

| Discipline | Target                                              | Dates          | Site                |
|------------|-----------------------------------------------------|----------------|---------------------|
| RG         | Age group gymnast                                   | September 2023 | Oranjestad, ARU     |
| RG         | Artistry preparation for coaches                    | February 2024  | Oranjestad, ARU     |
| MAG        | Gymnasts from Central America                       | June 2023      | San Jose, CRC       |
| WAG & MAG  | Junior gymnasts, with collaboration of Panam Sports | November 2022  | Santo Domingo, DOM  |
| WAG        | Senior gymnasts                                     | August 2023    | Bogota, COL         |
| MAG        | Senior gymnasts                                     | July 2023      | Rio de Janeiro, BRA |

# PAN AMERICAN GYMNASTICS UNION



FIG Academies supported by Development Funds have been:

| Discipline         | Level | Date           | Site              |
|--------------------|-------|----------------|-------------------|
| WAG & MAG          | 3     | November 2022  | Buenos Aires, ARG |
| WAG                | 1     | June 2024      | Managua, NCA      |
| RG                 | 1     | October 2023   | San Salvador, ESA |
| RG                 | 1     | April 2023     | Asuncion, PAR     |
| TRA                | 3     | November 2022  | Buenos Aires, ARG |
| AER                | 1     | December 2022  | Montevideo, URU   |
| AER                | 2     | November 2023  | Montevideo, URU   |
| PK                 | 1     | September 2023 | Mexico City, MEX  |
| Foundations Course |       | October 2023   | Oranjestad, ARU   |
| Foundations Course |       | December 2023  | Aracaju, BRA      |
| RG                 | 2     | June 2024      | Lima, PER         |

Several online courses for judges and coaches were organized. In addition, our Technical Committees updated the regulations for their PAGU development levels. ACRO also launched an online platform with educational material and AER produced videos with compulsory routines that supported their development program.

## Special Events

For the World Gymnaestrada in Amsterdam PAGU organized the Pan American Evening, a performance with 600 participants that was produced to communicate a current message of our Continent and that counted with the participation of 11 Federations.



During the months of June and July of this year, the Brick Centro Caribe Parkour Tour is taking place in 5 countries: CRC, DOM, ESA, PAN and TTO. The tour started with the II Pan American Parkour Open with the participation of 9 countries and high level athletes.

We believe that the investment in this tour and the Pan American Open will bring many benefits to the discipline and will be a social development tool that the Federations involved can take advantage of.

## Administrative and financial aspects

Year after year we have improved in administrative aspects, and we have healthy finances.

In addition to the activities covered by the FIG Development Fund, PAGU used part of its resources in other areas, including payment of staff, platform expenses for virtual meetings and courses, translations, accounting and legal services and various support to Federations and Organizing Committees, such as payment of anti-doping tests and neutral judges.

The following in-person meetings were held:

- Meeting with Federations from Caribe Region (Dec 4-5, 2023; Kingston, JAM)
- PAGU EC Meeting (Nov 4, 2023; Santiago, CHI)
- PAGU Ordinary General Assembly (Nov 5, 2023; Santiago, CHI). In this Assembly, the new authorities were elected to take office on January 1, 2024.
- PAGU EC Meeting (Jan 20-21, 2024; Mexico City, MEX)
- PAGU EC Meeting (May 24, 2024; Santa Marta, COL)
- PAGU Ordinary General Assembly (May 25-26; Santa Marta, COL)



Likewise, PAGU was present at the General Assemblies of Panam Sports and the Association of Pan American Sports Confederations (ACODEPA) and in 2023 I had the honor of being re-elected as one of the Vice Presidents of ACODEPA.

There is little space to describe the contribution and importance of the work of different groups of people and institutions to make the projects possible. Many thanks to each of the Federations for the daily work of management and preparation of athletes, coaches, judges and other officials. To all those who represent Pan American gymnastics in international organizations. To the PAGU authorities and staff my gratitude for their constant collaboration and camaraderie.

# PAN AMERICAN GYMNASTICS UNION



To my colleagues in FIG, staff and Federations from other Continents, thank you very much for supporting our projects in different ways and above all, for allowing us to learn and find meaning in our work. And finally, to all the suppliers, collaborators and sponsors who have believed in us.

Sincerely,



**Naomi Valenzo**  
PAGU President

## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### Oceania Gymnastics Union Presidential Report

by Dr Denis Mowbray FCG, FGZ, Oceania Gymnastics Union President

Over the past two years, the Oceania Gymnastics Union has undertaken many projects in the areas of education, sport development and governance. I look forward to highlighting our key outcomes in this report.

But first I would like to thank those who have played either small or significant parts in helping the OGU achieve its goals. First, is the support given by the FIG, both financial and in many other ways, thank you. Without this support, OGU would not have been able to achieve what we have. Second are the many volunteers from all our Federations who have given their time and expertise so willingly to assist us in achieving what we have. This is especially true of the Presidents and boards in each of our Federations especially the emerging Federations. Their commitment to growing the participation within their countries should serve as an example to all. Third are the members of the OGU board and executive committee who have contributed more than most. Lastly, I wish to express my personal and the OGU Federations thanks to our Secretary General, Alice Stooke. Alices' enthusiasm, hard work and leadership of the OGU and her team have been pivotal in our achievements.

Below is a table that summarises the key information about our Member Federations:

| Member Federation | Country Population (2023) | Active Disciplines                   | Federation Status         | Average Travel Time from Switzerland |
|-------------------|---------------------------|--------------------------------------|---------------------------|--------------------------------------|
| American Samoa    | 44,000                    | AER, GfA, PK                         | Emerging                  | 40+ hours                            |
| Australia         | 26,700,000                | ACR, AER, GfA, MAG, PK, RG, TRP, WAG | Developed                 | 25 hours                             |
| Cook Islands      | 17,000                    | AER, GfA, PK                         | Emerging                  | 40+ hours                            |
| Fiji              | 943,000                   | AER, GfA, PK, WAG                    | Emerging                  | 32 hours                             |
| Guam              | 174,000                   | AER, GfA, PK, WAG                    | Emerging                  | 18 hours                             |
| New Zealand       | 5,269,000                 | AER, GfA, MAG, PK, RG, TRP, WAG      | Developed                 | 30 hours                             |
| Papua New Guinea  | 10,516,000                | AER, GfA, PK                         | Emerging                  | 28 hours                             |
| Tonga             | 109,000                   | AER, GfA, PK                         | Emerging                  | 40+ hours                            |
| Solomon Islands   | 757,000                   | PK                                   | Nominated for Affiliation | 32 hours                             |

During 2024, the OGU have been actively working with the Solomon Islands to onboard them as a Member Federation. The OGU welcomed their President, Amanda, to Melbourne during February 2024 to prepare all the governance requirements and undertake an introduction to establishing gymnastics programs. The application for Gymnastics Solomon Islands membership will be submitted to the FIG imminently. The OGU are also undertaking a development tour to Samoa during August 2024, with the goal to introduce gymnastics and being the first steps to form a Member Federation.

## EDUCATION & DEVELOPMENT

During 2023 and 2024 the OGU, and three of our Member Federations, have delivered the continental-wide educational programs shown in table below. The individual programs delivered, involved a combination of FIG Academies and local education. Before continuing we wish to thank all those FIG members and experts who participated or led these education programs, we are very grateful for the time and effort given.

| Educational Program                  | Location                                                                   | Dates                 |
|--------------------------------------|----------------------------------------------------------------------------|-----------------------|
| Level 2 Academies                    | Australia – Various<br>(facilitated by AUS)                                | Late 2022/Early 2023  |
| Parkour Age Group Camp               | Australia – Gold Coast<br>(facilitated by OGU)                             | February 2023         |
| AER & AeroGym (GfA)<br>Coaching Camp | Australia – Gold Coast<br>(facilitate by OGU)                              | September 2023        |
| Level 2 Academies                    | Australia – Various<br>New Zealand – Various<br>(facilitated by AUS & NZL) | Later 2023/Early 2024 |
| Foundations of Gymnastics<br>Academy | Fiji – Nadi<br>(facilitated by OGU)                                        | May 2024              |
| Level 1 Parkour Academy              | Australia – Bunbury<br>(facilitated by OGU)                                | September 2024        |

The OGU is particularly appreciative of the FIG for funding the presenters and selected participants to attend the Parkour Age Group Camp, held during February 2023. With limited equipment available, it was a challenge for presenters, Charles Perriere and Nicolas Fischer; however, they both did an outstanding job being flexible and showing our Emerging Federations that lack of equipment doesn't need to present a barrier for their participation in Parkour.

A significant milestone was achieved by the OGU in May 2024, with the first FIG Academy to be held in an Emerging Oceania Member Federation being delivered. The OGU congratulates Fiji for hosting the Foundations of Gymnastics Academy and special thanks to Rogerio Valerio, Petrina Hutchinson and Anthony Dorrington for their delivery. The OGU looks forward to continuing the support of emerging Member Federations to host educational events within their local communities.



## COMPETITIONS/EVENTS

Athletes from Australia and New Zealand participated in a wide range of international competitions, in all disciplines, during the previous two years. The AER 2024 World Age Group Competition will be the first time Fiji is represented on the international stage for Aerobic Gymnastics. The PK 2024 World Championships will see several athletes from several Oceania Member Federations take part.

A highlight during 2023 was participation in the World Gymnaestrada. In a first, gymnasts from four Member Federations came together to perform a combined routine. This routine was learnt virtually, with all participants not coming together until a few days before the first performance in Amsterdam.

Regionally, Australia and New Zealand have strengthened their relationship by participating in each other's National Championships. Fiji has participated in the Australian National Clubs Carnival for the past several years. This has led to a continual and rapid improvement in the overall standard of their athletes' performance in their disciplines across the years.

In September 2024, OGU will host its first Oceania Parkour competition. This competition forms part of the programme for the Oceania Parkour Summit, which is being hosted in the city of Bunbury, Western Australia. This Parkour Summit will serve as a wonderful opportunity for the Oceania Parkour community to come together and celebrate the discipline. We are encouraging athletes from across the skill levels to take part in the Summit.

The Parkour Summit will include a training camp for high-performance athletes from several Federations. This will give these Oceania athletes an opportunity to refine their skills ahead of selection for the World Championships.

During late 2024, the OGU will hold our first virtual Aerobic Gymnastics competition. Entries will close in October, with the award winners announced during November. All Member Federations are looking forward to participating in this event. This virtual event is one way in which we hope to bridge the costs (travel) that our athletes from emerging Federations face. We hope in the future to host more of these types of events to assist our Federations and athletes.

## TRAINING CAMPS

The OGU's first training camp for Aerobic Gymnastics was held in June 2023. Our esteemed presenters travelled to four cities across Oceania over a 10-day period, delivering a two-day training camp. The camp was well attended, with over 120 athletes and 25 coaches/officials participating. A second Aerobic Gymnastics training camp will be delivered in November 2024 and will include education on the new Code of Points.

Special thanks to our presenters for their enthusiasm and commitment in making these training camps so successful.

## GOVERNANCE

The OGU Board of Directors have enjoyed meeting many times each year to discuss the future direction of the OGU. The highlight being a Governance and Strategic Planning weekend held in Auckland, New Zealand, during November 2023. Many Board Members and Member Federation representatives met over the long weekend to discuss governance practices within Oceania, attend a 'Flourishing Teams' workshop and undertake project planning for the future of the OGU – including the development of a new Vision and Mission statement, which proudly sits on our website and the overarching guide.

The Board resolved to undertake a Constitutional (Statutes) review during 2024, with the goal of improving governance practices within the organisation.

## EQUIPMENT

The transport of equipment to, and within, Oceania remains a significant challenge. This is particularly difficult for our emerging Member Federations, but also impacts Australia and New Zealand now with the current situation in the Middle East, making shipping difficult and expensive from Europe.



Despite these challenges, the OGU has been able to provide basic equipment, like air tracks, cones, landing mats etc., to all our emerging Member Federations. The OGU has also been able to establish a strong relationship with an Australian shipping company, CaroTrans, which has made sending items more streamlined and affordable, yet still expensive.

## NEXT FOUR YEARS

We have an extensive plan for development for the next four years. We have targeted more new members and will be working hard to get these ready for affiliation in 2026. We look forward to reporting our successes and learning from our failures.

In closing this report from the OGU. I would like to once more acknowledge that the victories we celebrate, either on or off the field of play, are a testament to the tireless work of our volunteers. Every success or milestone we celebrate is built upon the bedrock of our volunteer support. These often-unsung heroes are bound by a shared passion for our various disciplines, and the benefits that gymnastics provides throughout a person's life. They dedicate countless hours to make sure every participant's experience is the best it can be. Their unwavering commitment – from organising logistics to creating a welcoming atmosphere – fosters a sense of camaraderie that transcends borders.

Thank you



**Dr Denis Mowbray FCG, FGNZ**  
OGU President



FEEL THE RHYTHM

Chacott

 Official FIG Partner

MODEL: Sumire Kita



**85<sup>th</sup> FIG Congress 2024 – Doha (QAT)**

## **Anti-doping, Medical and Mental Health Commission Report**

*by Dr Yasunobu Iwasaki, President of the FIG Anti-doping, Medical and Mental Health Commission*

Dear FIG family,

After the Tokyo 2021 Olympics, the commission changed its name from the Anti-Doping, Medical and Scientific Commission to the Anti-Doping, Medical and Mental Health Commission.

Therefore, the commission's role now includes improving the mental well-being of not only athletes but also coaches and all stakeholders. The commission has added "Mental Health Professional," in addition to "Medical Doctor" and "Paramedical Staff," to the accreditation category for FIG events so that mental health professionals can manage mental illness and crises during competitions.

The commission also released a mental health issues recognition video for coaches. At medical Roundtables at WCHs, the commission presents mental health topics, including concussion, in addition to anti-doping and injuries.

For the [FIG Channel](#), a commission member presented a [video about nutrition](#).

The commission has been taking on transgender issues since 2023. Because IOC released 'IOC framework on fairness non-discrimination and inclusion' for gender identity and sex variations, the International federations need to participation rules not only based on biological sex but also athletes' gender identity and variety of factors. It is still working on the commission by transparent processes.

The commission refined the injury report form to facilitate the LOC doctors' efficient and precise completion of it at competitions. The refinement received several positive comments.



**Dr Yasunobu Iwasaki**  
Anti-doping, Medical and Mental Health Commission President



## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### Apparatus Commission Report

*by Mr Ludwig Schweizer, President of the FIG Apparatus Commission*

#### Meetings of the FIG Apparatus Commission

The FIG Apparatus Commission (AC) made two meetings, each with the apparatus manufacturers and the members of the apparatus commission in Teningen (GER; 2023, September 21<sup>st</sup>/22<sup>nd</sup>) and Lausanne (2024, June 25<sup>th</sup>/26<sup>th</sup>). The agenda items can be divided into internal discussions (2), items that have been submitted for decision to the FIG EC (3), and items which are in preparation to be submitted to the FIG EC (4). An important milestone was the inauguration of a new building for the GYMLAB testing laboratory (5).

#### Internal Discussions

- 2.1. First measurement results (GYMLAB) for six inflatable tumbling tracks. / Coordinated procedure (TRA TC) for the gradual introduction of inflatable tumbling tracks with a proposed timetable up to the 2033/2036 cycle.
- 2.2. Editorial changes to the existing FIG Apparatus Norms (Spelling mistakes, clarification of unclear text passages etc., identification of contradictions).
- 2.3. Equipment suitable for preparation for FIG competitions (Standardization / critical aspects / work steps).
- 2.4. Possibilities for technical improvement of the Tension Measurement Systems (TCS) based on previous competition experience.

#### Items prepared for the FIG EC, submitted and decided in the EC

Adjustment of standardization tests due to changes of the test conditions (floors, trampolines, 20 cm landing mats).

#### Items prepared to be submitted for decision in the FIG EC (Spring 2025)

- 2.5. Adaptation of regulations for competition equipment based on competition and testing experience (Parkours, Spotting Mat UB, big block for preparation at HBar and Rings).
- 2.6. Guidelines for the Positioning of Microphones and other Media Devices on the Podium.
- 2.7. Extension of the Standardization Test Procedures by a regularly performed measuring instrument calibration.
- 2.8. Extension of FIG Apparatus Norms Part II chapter 6 ("Required Equipment for FIG - Competition MAG/WAG/RG/TRA") to include the disciplines ACRO, AER and PK.



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## Inauguration of the new building for GYMLAB at Teningen near Freiburg

In September 2023, in the presence of the FIG President Morinari Watanabe, the new FIG Apparatus - Test building of GYMLAB was officially inaugurated during the meeting with approved Apparatus Manufacturers and the Commission. "The opening of the new Gymlab facilities has opened a new chapter in the history of Gymnastics" FIG President Morinari Watanabe declared.

## Competitions with the support of an Apparatus Commissioner

2023 AG WC Antwerp  
2023 AG Youth WC Antalya  
2023 RG WC Valencia  
2023 RG Youth WC Cluj  
2023 TRA WC Birmingham



**Ludwig Schweizer**  
Apparatus Commission President



## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### Athletes Commission Report

*by Mr Aljaz Pegan, President of the FIG Athletes Commission*

|                |                    |      |
|----------------|--------------------|------|
| President      | Aljaz Pegan        | MAG  |
| Vice President | Dora Hegyi         | AER  |
| Member         | Siyana Vasileva    | RG   |
| Member         | Catalina Ponor     | WAG  |
| Member         | Rosie MacLennan    | TRA  |
| Member         | May Miller         | ACRO |
| Member         | Micaela Buono Pugh | PK   |

This report covers the period from January 2022 until July 2024.

The primary objective of the Athletes Commission has consistently been to ensure an efficient and swift flow of information between the FIG and athletes. Additionally, it is crucial for athletes to recognize that their opinions are highly valued by the FIG.

In 2022 and 2023, the Athletes Commission convened online, whereas in 2024, the meeting was held at the FIG headquarters in Lausanne. Additional short online meetings were arranged as needed to discuss specific topics.

During this period, members of the Athletes Commission attended and contributed to most of their respective Technical Committee meetings. According to reports from the Technical Committee Presidents, effective cooperation within the TC ensures that the athletes' perspectives are fully integrated into the proposals and decisions made by the TC.

Athlete Representatives conducted meetings with athletes at both the Senior and Junior World Championships. While participation in athlete meetings remains challenging in some disciplines, other disciplines have seen a very high level of engagement. For the first time, an online webinar for athletes was organized in Rhythmic Gymnastics (RG), which was very well received, and more such webinars are planned for the future.

Athlete representatives maintain communication with athletes through various channels, with in-person attendance at competitions being crucial for fostering a strong and trusting athlete community.

During this period, the Athlete's Commission closely collaborated with the Safeguarding Commission and the working group, contributing to the Safeguarding Symposiums in 2022 and 2023.

Athlete Representatives also served as FIG Safeguarding Officers at the World Championships.



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At Mr. Watanabe's request, the Athletes Commission was involved in promoting peace through sport with the Gymnastics G7 project in Hiroshima. Initiatives like this are commendable as they foster unity, peace, and understanding among people.

We acknowledge the importance of cooperation with other international stakeholders. In 2022, Dora Hegyi was elected to the WADA Athlete's Council, and since 2023, she is also a member of the WADA Education Commission. Additionally, in 2022, she was elected as an International Testing Agency Ambassador.



**Aljaz Pegan**  
Athletes Commission President



## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### Competition Innovation Commission Report

*by Ms Naomi Valenzo, President of the FIG Competition Innovation Commission*

Our Commission started as a Working Group, whose main task was to redesign a pyramidal system of competitions including the main FIG events, World Cups, Continental Championships, World Championships and finally Olympic Games.

The first meeting was held until the second semester of 2022, after the composition of the Working Group was defined with the following persons:

- Naomi Valenzo (MEX)
- Aljaž Pegan (SLO)
- Qiurui Zhou (CHN)
- Marijo Možnik (CRO)

I would like to take this opportunity to thank President Morinari Watanabe for the opportunity to have these professionals who have a great experience in the management of sport events and know firsthand the challenges of the organizing National Federations, as well as the regulatory requirements of the FIG.

#### Meetings in presence held in this cycle

|                       |                |
|-----------------------|----------------|
| September 14-15, 2022 | Sofia, BUL     |
| November 5-6, 2022    | Liverpool, GBR |
| March 27-29, 2023     | Antalya, TUR   |
| October 11-13, 2023   | Istanbul, TUR  |

Relying on the insight of this Working Group, we analyze the role that this Group should take, its objectives, the needs of the FIG as an institution and the demands of different stakeholders (Technical Committees, National Federations, Continental Unions, media and different FIG commissions).

We reflected on the importance of this Group being formed as a Commission with permanent activity, since it was not enough to work superficially on a single task that would not resolve the imperative need to change the direction of how we are perceiving and capitalizing the FIG products (competitions, institutional brand exposure, image of athletes and gymnastics icons, promotion of gymnastics serving different sectors and realities).

We established as our mission to seek solutions through competitions and sporting events that are in line with the FIG's Mission and Values, as well as the four-year strategic plan. The goal is to create a virtuous circle with which we can attract more resources and thus invest in projects of massification, gymnastics for health, technical development and achievement of UN Sustainable Development Goals (SDG).

It is important to mention that the Competition Innovation Commission did not consider itself to solve technical issues, but as a generator of projects in which the different "departments" converge and solve the needs of each one (Technical Committees, Marketing Commission, Communication, technical-administrative area in terms of technical regulations and contracts, Local Organizing Committees, to name a few).

Throughout this period, we received proposals and opinions mainly on the qualification systems for World Championships and Olympic Games, FIG calendar and issues related to prize money in FIG events.



It is not an easy task, since any modification in the qualification systems and calendar affects the technical regulations and the contracts with the organizing committees. On the other hand, we must activate that virtuous circle that guarantees the generation of resources to increase prize money.

As is well known, this is a major overhaul of our events and competition systems. It will take time to achieve these fundamental changes, mainly because several contracts have already been signed. Internally, we believe that opening the conversation to this need is already a great step forward and we must define what direction and actions we should take, as well as what is involved in pursuing this change.

By way of reflection, the Commission made an analysis of the current situation of the FIG competition system:

- **Participation in competitions.** The main motivation to participate in events is the obligation to qualify for a higher event. The big names do not always participate, and the image and story of the gymnasts is not always leveraged.
- **Organization.** The different FIG events do not have a standardized organization and image/branding. The expectation of the event does not always correspond to the category of the event.
- **Rules.** The ranking of gymnasts and competition rules are difficult to understand or follow. Some competition formats are unattractive, and some requirements are difficult to meet (number of judges, LOC fees, sports equipment, etc.).
- **Communication.** Statistics and information on gymnasts are scarce, fans cannot follow up. Access to results is late or limited.
- **Others.** We do not have alternative actions to promote the disciplines with innovative formats, easier rules and approaches with marketing or social purposes only.

For this report, we highlight two lines of work that this Commission has suggested to follow:

- Work on the categorization of events according to compliance with established requirements (organizational, technical, results system, legal aspects, prize money, sports equipment, TV, public attendance and experience, image, among others).  
The events should be part of a system and the result will be an annual World Ranking List with the incentive of being a potential qualification to superior events or prize money. The results and statistics should be capitalized from a marketing point of view.
- Organization of alternative FIG events, either face-to-face or virtual, with simplified rules to promote the disciplines, different groups (age group, masters, paragymnastics, school), health, celebration of special days, sponsor needs, etc.

At the FIG Executive Committee meeting held in Shanghai, we defined the short-term goals and the next actions to be taken by this Commission:

1. Revision of the pyramidal system of competitions that includes World Cups, Continental Championships and World Championships. The scope includes the projection of having World Cups in at least four Continents and the possible inclusion of other events of high organizational quality that could be part of the qualification systems according to the categorization of events.
2. At the same time, the World Cup and Challenge Cup rules (contracts), technical regulations (allocation of places and competition format), as well as the proposal of rules for the annual World Ranking List and the categorization of events will be reviewed.
3. To seek discussion forums, either through meetings, seminars, congresses or surveys to gather the opinion of all sectors.
4. Align actions, especially with the Marketing Commission, the Technical Committees and the Continental Unions.



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I conclude this report by stressing the importance of the participation of all sectors for the success of these projects, which must take into consideration the current global dynamics. To those who agreed or disagreed with our proposals and suggestions, thank you very much for opening the perspective that allows us to redefine the scope of our task.

Many thanks to President Watanabe for considering this Commission and to the Executive Committee for the reflections that have resulted from our work. Our recognition goes also to the National Federations and Organizing Committees that have taken the challenge to organize events and finally, my gratitude to the members of the Commission for their contributions and selfless work for the benefit of world gymnastics.

Respectfully,



**Naomi Valenzo**  
Competition Innovation Commission President



## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### Education Commission Report

*by Dr Marco Bortoleto, President of the FIG Education Commission*

This report provides a concise overview of the FIG Education Commission's recent activities, challenges, and strategic initiatives aimed at advancing gymnastics education globally.

#### Commission Members:

|            |                 |       |
|------------|-----------------|-------|
| President: | BORTOLETO Marco | (BRA) |
| Member:    | JOHNSON Tamaryn | (RSA) |
| Member:    | SATO Hiroaki    | (JPN) |
| Member:    | BOBO Marta      | (ESP) |
| Member:    | NORDEN Karen    | (SGP) |
| Member:    | IRWIN Gareth    | (GBR) |

#### Strategic Initiatives

##### 1. Framework Development and Integration

The Education Commission is developing an evidence-based framework applicable across all gymnastics disciplines and levels, encompassing coaching, judging, and administration. This framework aims to integrate FIG commissions and committees, fostering a world-leading education and coach development programme. Initial phases are underway.

##### 2. Strategic Partnerships and Technology Integration

Recognising the importance of strategic partnerships and technology, the Commission is exploring enhancing programmes through collaborations with relevant industries and software developers. Stemming from interactions with groupings such as the New and Developing Countries Support Commission and the Continental Unions, efforts are also underway to tailor bespoke educational materials for developing nations and continental unions.

##### 3. Expanding Educational Reach and Collaboration

Efforts are focused on extending education beyond coaches to include athletes, national federations, and judges, while improving overall communication. It was evident in the outcomes of the commission meetings held with the FIG Technical Committees and the Continental Unions that a Collaborative approach between Committees, the Commission, and the FIG office should be promoted to enhance management effectiveness across the gymnastics ecosystem.

##### 4. Challenges and Recommendations

Despite significant strides in the Age Group and Academy programme development, there remains a need to establish a robust curriculum and competency-based education framework, with particular emphasis on safeguarding practices. Increased investment is essential if we are to advance and sustain a cutting-edge education programme.



## Highlights

### 5. Meetings and Activities

Throughout the reporting period:

- The commission conducted 10 meetings, including online and face-to-face sessions.
- Notable activities include updating biomechanics lessons and collaborating with Technical Committees and Continental Unions on educational initiatives.

### 6. Education Programme

- The Academy Programme has been revitalised, having transitioned to a hybrid delivery model of online theory lectures followed by face-to-face practical sessions.
- The Foundations, Level 1, 2 and 3 Academies courses are conducted across disciplines, with increasing participation and global interest. From the start of 2022 to the end of 2023 a total of 53 Academies courses were held with a participation of 877 coaches. Male participation dominated slightly at 52% of all attending participants.
- There are ongoing efforts to align education standards across national federations and expand access to educational resources through the FIG e-learning platform.

### 7. Online Seminars and Platform Development

- There has been successful deployment of eLearning enhancements, including digital delivery of courses and tools.
- There is continued growth in webinar participation and improvements in the online platform usability.

### 8. Promotion and Community Engagement

- There has been prominent coverage of educational activities on the FIG website and social media platforms.
- Strategic partnerships with the FIG Communications Department are necessary to amplify outreach and engagement efforts.

## Recommendations

### 9. Strategic Activities and Future Directions

- Development of a comprehensive education and development framework linking fundamentals through advanced levels.
- Plans for an interdisciplinary platform to integrate coaching education with judging, well-being, and medical insights.
- Recommendations include enhancing collaboration with Technical Committees; evaluating the new Code of Points' impact on coaching; and expanding educational access for national federations.

### 10. Budget and Resource Allocation

- There should be greater emphasis on securing additional resources to support programme development and the FIG E-Learning platform.



- Advocacy for budget allocation reflecting the importance of an inclusive and accessible education system.

## Conclusion

I would like to emphasize that FIG EDU C worked dedicatedly throughout the period aiming to contribute to the development of gymnastics through the improvement of existing programs. We believe that the FIG can expand its role in coach education and also add training for other professionals involved in the sport, leading the sustainable development of gymnastics worldwide.

Finally, we would like to thank the FIG for the opportunity and trust in this commission.



**Dr. Marco Bortoleto**  
Education Commission President



## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### Gender Equality Commission Report

*by Ms Anne Vierela, President of the FIG Gender Equality Commission*

#### Overview

FIG President, Morinari Watabe invited the FIG Gender Equality Commission to support and implement the International Olympic Committee's (IOC) visionary approach to gender equality across all sports worldwide. The Commission seeks to break down the barriers that restrict equality of opportunity for all and to ensure we align with the United Nations (UN) and International Olympic Committee (IOC) goals and objectives in regard to gender equality, to ensure that gymnastics is the leading international sport in equality of opportunity. Worldwide gender equality challenges include:

- Poverty and lack of economic opportunities
- Discrimination and inequalities, and an imbalance in access to support
- Social norms and cultural practices
- Lack of women in leadership

#### Key Achievements

The FIG Gender Equality Commission has had a fruitful 3-year Olympic cycle and achieved the following:

- Implementation of a 30% appointment of women to FIG elected positions (2021-2024)
- Developed draft Guidelines and Framework for FIG Gender Equality in Gymnastics
- Updated worldwide gender equality data in Gymnastics, for continued monitoring & reporting
- Building on the inaugural Women in Leadership Development Program, with Japan Gymnastics and conduct of the Women in Sport - FIG Forum in Kitakyushu in 2021 (200 participants and involvement of IOC)
- Maintained oversight and an understanding of the global landscape and issues affecting gender equality in the sport of gymnastics
- Participation in ASOIF – Women Lead Sports Program 2024 by Athanasoula Lampropoulou.

#### Future Challenges for Gender Equality

Continued monitoring of gender equality in gymnastics occurred via global surveys in each of the past 2 Olympic cycles. Thanks to the Federations who took the time to share data about their achievements. We are excited to report that gender equality is growing and improving across the sport of gymnastics. Acknowledging that every national federation is at their own unique level of development and federations are recommended to continue pursuit of inclusion initiatives in their nation. Inclusion in sport has become increasingly topical in recent years, led by trans athletes and inclusion of the LGBTIQ+ community in all sports, including gymnastics.

Greater education of gender equality challenges and opportunities to increase inclusion is required, especially in leadership positions and should be underpinned through greater co-ordination of actions across the various FIG Commissions e.g. Safeguarding, Ethics Foundation & Athletes Commission are all recommended.



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## Thanks to the Commission

Many thanks are expressed to the Gender Equality Commission Members for their outstanding contributions during this cycle (2021-2024) - Anne Vierela (President), Jacqui Weatherill, Ariel Milanesio, Athanasoula Lampropoulou, Kaushik Bidiwala, Snezana Leakicevic, Zahra Darga and Valereis Geldenhuys,



**Anne Vierela**  
Gender Equality Commission President



## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

# New and Developing Countries Support Commission Report

*By Mr Juan Medina, President of the New and Developing Countries Support Commission*

Dear friends and colleagues

I am pleased to submit our report that reflects the works of our commission since our appointment in 2022.

### Commission Members (2022-2024)

|           |                          |       |
|-----------|--------------------------|-------|
| President | MEDINA Juan              | (COL) |
| Member    | AYAA Harriet             | (UGA) |
| Member    | GBAGUIDI Leonide Isidore | (BEN) |
| Member    | DELGADO Santiago         | (PAR) |
| Member    | HERRERA Kenia            | (NCA) |
| Member    | EASTGATE Tessa           | (FIJ) |
| Member    | ABUALREESH Abdulelah     | (KSA) |

### Our Mission

During the commission's first meeting with the FIG President in May 2022, President Watanabe reflected on what he learnt from his travels to many countries around the world. This shaped his aspirations for the development of the FIG and the mission of our commission:

- To increase the number of countries in the FIG.
- To develop a FIG membership affiliation manual for new countries.
- To make proposals to tackle problems and find solutions in developing countries.

In our deliberations we came to understand that federations need support at different stages of their development. This includes supporting federations before they are a member of the FIG to meet the requirements for affiliation; supporting them when they become a member of FIG to help them integrate effectively into the FIG family; and supporting them to remain a sustainable member of FIG.

Addressing our mission requires a good understanding of the needs of developing federations. It requires proposing policies, systems and programmes that will translate to progress, continuity and stability for the long-term.

After our first meeting, our commission immediately developed a 10-point plan that kick-started our work. The 10-point plan was instrumental to understanding the status-quo as well as to developing our strategic roadmap and proposals.

Our 10-point plan focused on the following ten pertinent issues:

1. Barriers to Affiliation
2. Affiliation Process
3. Affiliation Manual
4. Membership Fees
5. Admission Timing Requirements
6. Survey on non-members
7. Survey on suspended / expelled members
8. Case Studies on FIG EC Development Meetings
9. Mentorship Programme
10. Equipment Donation

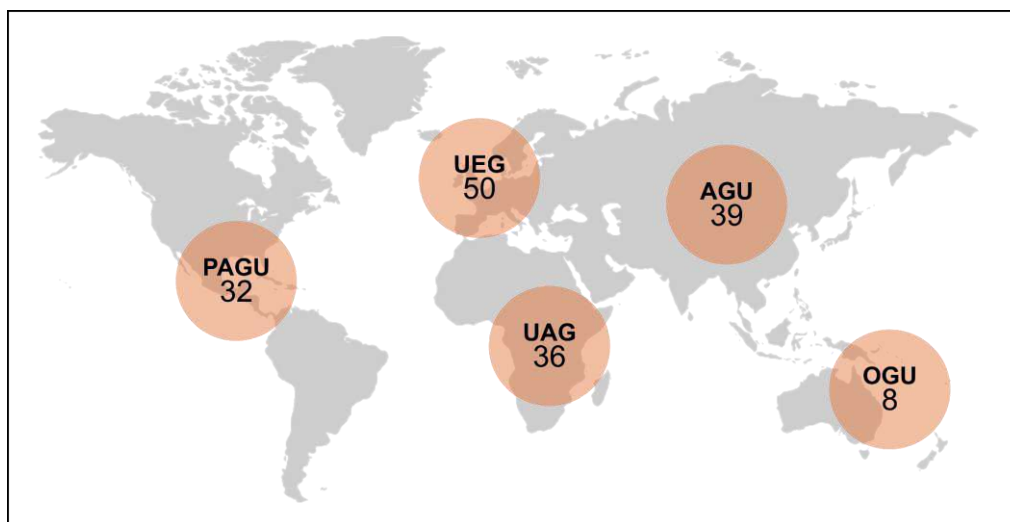
Challenges in developing countries are many and they vary according to specific local conditions. It is evident that principal problems in many developing federations are because of a lack of resources. In some cases, they are because of a lack of expertise and a lack of knowledge. We recognize that many federations lack infrastructure that could house Gymnastics programmes on a permanent basis, i.e. dedicated gymnasiums.

In the long-term we must seek ways to solve these problems. At the same time, however, we continue to be amazed by how people manage to find ways to participate in Gymnastics despite these problems.



*Left: Lesotho. Right: Uganda*

The graphic and table below give an overview of FIG membership as of July 2024. The table also highlights the number of recognized National Olympic Committees (NOCs) that are not members of FIG. We hope that our work will contribute to FIG achieving this potential increase in membership.



| MEMBERSHIP TYPE         | UEG       | AGU       | UAG       | PAGU      | OGU      | TOTAL      |
|-------------------------|-----------|-----------|-----------|-----------|----------|------------|
| FIG Affiliated Members  | 50        | 38        | 32        | 31        | 8        | 159        |
| FIG Associated Members  |           | 1         |           | 1         |          | 2          |
| FIG Provisional Members |           |           | 4         |           |          | 4          |
| <b>TOTAL</b>            | <b>50</b> | <b>39</b> | <b>36</b> | <b>32</b> | <b>8</b> | <b>165</b> |

|                 |   |   |    |   |   |    |
|-----------------|---|---|----|---|---|----|
| Non-member NOCs | 0 | 6 | 18 | 9 | 9 | 42 |
|-----------------|---|---|----|---|---|----|

## Meetings and Collaborations

In the beginning, our commission held monthly online meetings as there was a lot of information that we needed to gather and to discuss. We held our face-to-face meeting each year as follows:

- *13-14 November 2022, Istanbul (TUR)*  
Our focus here was to workshop the 10-point plan in detail and allocate specific tasks.
- *18-20 April 2023, Lausanne (SUI)*  
During this meeting we developed our strategic roadmap and started working on specific proposals emanating from the 10-point plan outcomes.
- *15-17 April 2024, Lausanne (SUI)*  
Our focus was to review and consolidate our work.

Further to our internal commission meetings, we also had interactions and collaborations with the following groupings:

- *Statutes Changes Working Group:*  
Our proposals that concerned the FIG Statutes, and particularly related to affiliation and membership fees, were presented to the President of the Statutes Changes Working Group, with the understanding that the working group has the responsibility to consider and present the overall changes to the FIG Statutes.
- *Education Commission:*  
We are in collaboration with the Education Commission to design introductory programmes in each discipline that would be useful to federations that have no base knowledge of the discipline.
- *AER Technical Committee, GfA Committee and Parkour Commission:*  
Because these three disciplines are considered the easiest to implement with minimal resources, we are discussing the development of beginner entry-level programmes that could possibly be offered to new countries to get them started.

Furthermore, we believe that disciplines with less intensive equipment requirements make it easier and more practical for under-resourced federations to reach an elite level.



## Other Active Projects

Our commission is engaged in the following additional projects:

- *FIG Affiliation Manual:*  
A provisional version of an interactive FIG Affiliation Manual has been presented to the FIG President and key departments in the FIG office. The final version will be presented following a final review with other relevant authorities.



- *FIG Online Affiliation System:*  
The commission is working on a system to digitise all procedures so that new federations joining the FIG can complete the process easily. The system will help save resources for both the FIG and for the applicant federation.
- *Mentorship programme:*  
The commission has noticed the need of a Regional Mentor for some Continental Unions. This is a contact person with the resources to clarify and provide a personal answer to some steps in the different stages of a national federation's integration into the FIG family, with the ultimate goal of remaining as a sustainable member of FIG.

This Mentorship Programme will probably work in parallel with the FIG staff and FIG Affiliation Manual & System.

- *Equipment support programme:*  
The commission is aware that many federations lack suitable gymnastics equipment, and these federations are looking to FIG and other organisations for equipment donations. The commission is exploring possibilities to coordinate or manage the donation of Gymnastics equipment to developing federations - a programme validated by FIG in which donors and recipients of new or second life equipment can close a deal through specific and validated procedures.

## Projects we have concluded

- Proposals for the FIG Executive Committee Meeting hosted in a developing country were submitted to the FIG Presidential Commission meeting held in February 2024. The proposals included a review on the criteria for hosting these meetings and also included inputs on the development programme.

## Recommendations and Focus for the Future

- It will be necessary to continue seeking solutions to problems faced by developing countries. One of the issues we would like to explore is solving the problem of some countries not hosting local competitions mainly due to the lack of judges. We recognise that the lack of competitions can impact development on multiple levels.
- There is a need to develop disciplines that are easily self-sustaining for new federations and, to achieve this, an educational support plan is required. Our commission will work with the support of the Education Commission and technical committees of Parkour, Aerobics, Acrobatics and Gymnastics for All.
- The commission is pleased with the FIG initiative of the NF Insights project. We are confident that the data contained in the report will be useful in identifying key areas that will require our attention. This type of report, the NF Insights Report, is essential to be prepared regularly to assess the evolution in national federations and to assess whether any of FIG's interventions are effective.

## Conclusion

During the period 2022-2024, the commission was able to identify the main problems faced by newly affiliated federations - from the process to affiliate to the FIG to their struggles to remain financially stable.



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Affiliating the remaining federations in the world will require educational and strategic support that can help them realise the benefits of gymnastics and that can empower them to implement development programmes in disciplines that require less investment in equipment such as Gymnastics for All, Acrobatic Gymnastics, Aerobic Gymnastics and Parkour.

To reach the proposed goal of 200 affiliated federations in the year 2028 that are self-sustainable requires that all national federations of the world join efforts to build each other up to make gymnastics the number one sport in the world.

Finally, I appreciate the trust placed in this commission by President Watanabe and the FIG Executive Committee, by entrusting us with the task of supporting new and developing countries. Likewise, I appreciate the positive response from each of the FIG commissions. We are convinced that the work carried out by this commission will help thousands of children around the world fulfil their dream of entering the wonderful sport of gymnastics in any of its forms. United we will change the world.



**Juan Medina**  
New and Developing Countries Support Commission President

## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### Safeguarding Commission Report

*by Ms Donatella Sacchi, President of the FIG Safeguarding Commission*

This report covers the period from January 2023 until June 2024.

#### Preamble

We are at the end of the 15th cycle and there is now an opportunity to enter a safer sport environment. While there is nothing wrong with winning, we should also not forget how important it is to keep everyone safe in our sport. Sport also plays an important role in the education process of young personalities.

Safeguarding at times has been misperceived by some that it only applies to the protection of athletes. Even though athletes are a priority, safeguarding policies apply to all stakeholders involved in gymnastics.

We cannot change the past, but we can learn from it and support a respectful culture. We are now facing a critical phase and it is important to understand the need for change. A change in the relationships between athletes and coaches and a change in the approach and policies of the National Federations. The duty of the National Federations is to be vigilant, promoting communication and collaboration.

The FIG Safeguarding Unit is available to support any Federation requiring information about starting or further developing an internal safeguarding policy.

Please contact [safeguarding@fig-gymnastics.org](mailto:safeguarding@fig-gymnastics.org)

#### Commission members

Donatella Sacchi (ITA)  
Li Li Leung (USA)  
Sarah Powell (GBR)  
Mario Vukoja (CRO)  
Rhys Harrison (AUS)  
Andreea Raducan (ROU)  
Jeffrey Thomson (CAN)

Margaret Sikkens Ahlquist (SWE)  
Coordinator



#### Meetings

2023 – Meeting in July in Lausanne, additional two online meetings (January and April)

2024 (to date) – Meeting in June in Lausanne, additional online meeting in January



## Activities

- ❖ “Our Safe Sport journey” Symposium held in Antwerp during the 52<sup>nd</sup> Artistic Gymnastics World Championships, October 2023. 458 participants (213 in person/245 connected online; 60 National Federations)
- ❖ In collaboration with the Education Commission, a compulsory course for coaches, of all disciplines, where they could obtain a Safeguarding certificate. (currently 3558 coaches have achieved the certificate)
- ❖ In collaboration with the RG Technical Committee:
  - RG online informative lecture for Junior gymnasts
  - RG webinar for coaches
- ❖ In collaboration with the GfA Committee:
  - Lecture for the participants to the Colloquium 2024
  - « Dove » presentation and discussion at the 2023 Gymnaestrada
- ❖ Safeguarding Officer at every FIG competition/Gymnastics for All events and publication of the poster of the « 10 Golden Rules »
- ❖ The « FIG 10 Golden Rules » have attracted interest of the IOC as well as UNESCO
- ❖ The Commission has met and continues to work with GEF
- ❖ Video developed to support the Golden Rules
- ❖ National Federations Safeguarding Commitment published - #CARE

## NATIONAL FEDERATIONS SAFEGUARDING COMMITMENT (# CARE)

We commit to collectively foster a safe, positive and healthy environment for all involved in gymnastics

As National Federations we CARE and we...

are **C**ommitted to safety and wellbeing as a leading priority  
will **A**ct to create and promote a respectful and inclusive culture  
will **R**espond in a fair, transparent and empathetic manner  
will **E**ducate to raise awareness and share knowledge

### OUR ACTIONS:

1. To promote and implement current safeguarding policies and procedures.
2. To identify a person with the responsibility, skills and knowledge, to oversee [Safeguarding](#) (Safeguarding Officer).
3. To seek support and [resources](#) from FIG.

## Thanks

Above all the gratitude of the Safeguarding Commission goes to the FIG President Mr. Morinari Watanabe for the courage to be a promoter of cultural change in Gymnastics, and more widely in Sport. His vision started important steps forward in the Safe Sport journey and made the FIG a leader among the International Federations.

We would like to thank the Secretary General Mr. Nicolas Buompane and the EC for trusting the Commission and supporting the Safeguarding projects.

It was not possible to reach many goals without the collaboration of the TC Presidents, President of Gymnastics for All and President of the Parkour Commission.

A special thank you to Marco Bortoleto, President of the Education Commission, for promoting a partnership with the Safeguarding Commission. He understood the importance for the coaches to go over the technical knowledge, helping them to understand the impact of their approach and relationships with the athletes.

A deep thanks to the Safeguarding Working Group. A fantastic group of former and current athletes who were the first engine of the journey. I'm sure they will continue to promote a safe environment for the best of our lovely sports.

Also, a sincere thank you to the FIG staff; among them, Ms. Eunice Lebre deserves a special mention for taking CARE of all the projects, for being attentive and helpful in managing the Safeguarding Unit and for monitoring all the various activities. It was great to work with you!

And let me give a personal thank you to the members of the Safeguarding Commission. They gave an immense contribution with their expertise and passion. I learned a lot from them and it was an honour to lead the group.

The list is quite long, and it proves how many people dedicated their time and effort, believing that changes are possible, believing in sport values and its educational function. We are moving forward together and making progress in our journey, thank you.





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**Donatella Sacchi**  
Safeguarding Commission President



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## 85<sup>th</sup> FIG Congress 2024 – Doha (QAT)

### Membership & Finance

#### A. Affiliations

List of federations whose affiliation is to be definitively confirmed by the Congress.

| <i><b>Code</b></i> | <i><b>Federation</b></i> | <i><b>Union</b></i> | <i><b>Membership</b></i> |
|--------------------|--------------------------|---------------------|--------------------------|
| <b>ANT</b>         | Antigua and Barbuda      | <b>PAGU</b>         | affiliated               |
| <b>CIV</b>         | Ivory Coast              | <b>UAG</b>          | affiliated               |
| <b>GAM</b>         | Gambia                   | <b>UAG</b>          | affiliated               |
| <b>GUI</b>         | Guinea                   | <b>UAG</b>          | affiliated               |
| <b>KEN</b>         | Kenya                    | <b>UAG</b>          | affiliated               |
| <b>ZAM</b>         | Zambia                   | <b>UAG</b>          | affiliated               |

#### B. Resignations

None

#### C. Suspensions

List of suspended federations (status as per August 21, 2024).

None

#### D. Exclusions

None

#### E. Finances

The accounts 2022 and 2023 as well as the reports from the elected auditors and from the professional auditor have been approved by the Council.

These reports were made available to the member federations on the FIG intranet at least two months prior to the Congress.

The Quadrennial Plan 2025-2028 has been made available to the member federations on the FIG intranet at least two months prior to the Congress.



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## **Membership fees / Competition fees 2025-2028**

→ No changes proposed. The membership and competition fees remain the same as for the cycle 2021-2024:

### **MEMBERSHIP FEES**

**1. Affiliated member:**

1.1 Basic annual membership fee, Gymnastics for All included **CHF 400.-**

1.2 Additional annual fee per discipline **CHF 100.-**

**2. Associated member (annual fee) **CHF 100.-****

### **COMPETITION FEES**

All Federations are required to inform the FIG of the organization of international competitions or events and to pay the following fees:

**a. Junior competitions**

CHF 100.- per event

**b. Senior competitions**

CHF 200.- per event

**c. International Tournaments with prize money**

The organizing federation is requested to pay an amount corresponding to the 5% of the total prize money amount

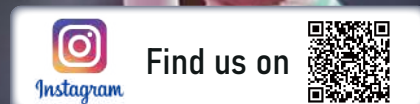
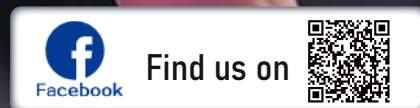
**d. Competitions - Exhibitions with world class gymnasts participating**

CHF 1000.- per event



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