

## Job description

# Women's Artistic Gymnastics Coach

## INSEP French excellence centre (Paris)

As part of the Olympic cycle to prepare LA2028, the French Gymnastics Federation is recruiting a high-level coach in Women's Artistic Gymnastics for its excellence centre INSEP.

**Job Title:** Women's Artistic Gymnastics Coach

**Superior:** FFGym Executive Director

**Functional Director:** National Technical Director (NTD)

**Job Description:**

Within the INSEP WAG coaches' group, the coach collaborates with all the WAG coaches stationed at the INSEP excellence centre and participates in the preparation and training of the gymnasts to achieve the targets given by the NTD for the LA2028 Olympic preparation.

**Main responsibilities and function:**

The WAG coach is required to:

- Lead the training of gymnasts in line with established performance objectives, ensuring optimal preparation for competitions
- Providing coaching and support to gymnasts during competitions and training camps
- Developing consistent and efficient trainings.
- Take responsibility for the planning, programming, and delivery of balance beam training
- Work collaboratively with the coaching and performance team to determine and implement the most effective athlete development and performance strategies
- Taking part of trainings sport, tournaments, gathering, and meetings requested by the NTD, the performance director, the WAG head coach and the INSEP French excellence centre Manager
- Preserving the gymnasts physical and moral integrity
- Developing the group team spirit and managing equally all the gymnasts
- Monitoring to respect the values and ethics of the FFG
- Taking part of the energisation of the excellence centre by developing confidence, esteem and respect

**Functioning:**

- Following and respecting NTD's, the performance director's and the WAG head coach's directives.
- Complying with the directions given in terms of schedule, programming, technical orientation and competitive targets.
- Taking part of trainings sport, tournaments, gathering, and meetings requested by the NTD.
- Being able to use the IT tools to follow-up the gymnasts, to assess and report to the NTD on the physical and psychological technical behaviours of the gymnasts.
- Cooperating regularly with the various performance stakeholders (Federation services, INSEP excellence centre, etc.) working closely with the Head of the INSEP National Training Centre.
- Carrying out your mission with self-sacrifice and working atypical hour.

**Qualifications et required skills:**

- DEJEPS diploma or equivalent
- High technical expertise in Woman Artistic Gymnastics and more specifically in balance beam
- Knowledge of coaching strategy and methodology in WAG
- High level of knowledge planning and programming of training, general and specific physical preparation
- Teamwork abilities

**Experience:**

Have a minimum of 5 years' successful professional experience of WAG coaching at a high level.

**Place:**

- INSEP (Paris, 12th district)
- Due to the given responsibilities, the assistant coach will have to travel often within France and abroad.

**Status and salary:**

- Full-time fixed-term position (until August 2028)
- Taking office : As soon as possible
- Executive position, remuneration based on experience and profile
- Ticket Restaurant® (luncheon vouchers)
- Mutual health insurance covered up to 70% by the FFGym

**Application:**

All applications, including a resume, a cover letter and salary expectations, must be sent by email to [recrutement@ffgym.fr](mailto:recrutement@ffgym.fr) .