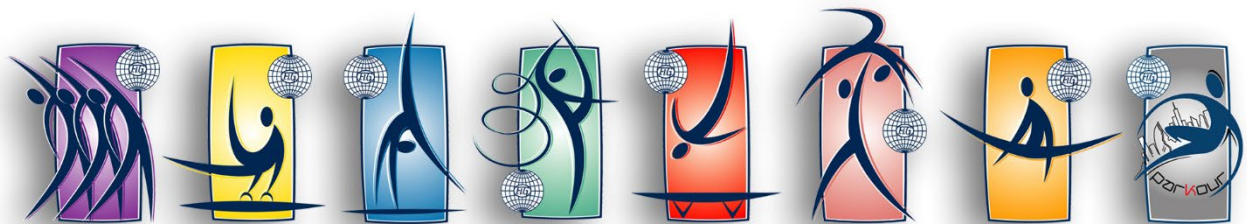


FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Technical Regulations 2026



Sections 1 - 7

Version 3.0 – February 2026

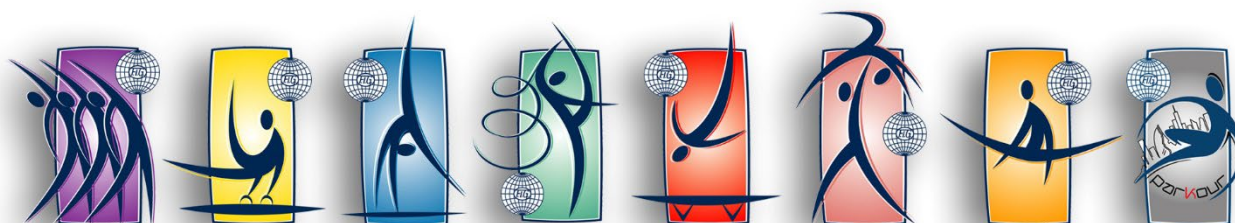
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FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Technical Regulations 2026



Section 1 General Regulations

Version 1.1 – June 2025

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INTRODUCTION

The Technical Regulations include Regulations for the following disciplines:

- Artistic Gymnastics
- Rhythmic Gymnastics
- Trampoline Gymnastics
- Acrobatic Gymnastics
- Aerobic Gymnastics
- Parkour

Regulations for Gymnastics for All are in a separate document called “Gymnastics for All Manual”.

The Technical Regulations shall conform with the Statutes of the FIG. Consequently, if any unforeseen circumstances should arise, where any TR’s provision is at variance with the intent of any article of the Statutes, the intent and interpretation of the said article shall prevail and the said provision shall be duly amended.

These Regulations are arranged in sections to provide for specific areas of technical organisation and control. As it is not always possible to deal exclusively with the various subject matters under separate headings, it has been necessary to make cross-references whenever the circumstances so require. Cross-references may also be made to the Statutes, the Codes of Points and other approved documents.

Where decisions are made related to events in the Regulations, the following order of priority is observed:

- Olympic Games
- Youth Olympic Games
- The World Games
- World Championships
- Junior World Championships
- World Cup / World Challenge Cup competitions
- FIG exhibitions or galas
- Continental Championships
- Regional Games
- Competitions between National Federations
- International Tournaments and Competitions
- Exhibitions and Other non-competitive events

The structure, functions and formation of the FIG Technical Committees (TC) are set out in the Statutes as well as in these Regulations.

INTERPRETATION

For the sake of brevity, the following rules shall apply in the interpretation of these Technical Regulations.

a) FIG	International Gymnastics Federation Fédération Internationale de Gymnastique
Statutes	Statutes of the FIG
TR	Technical Regulations approved by the Council for the determination of the technical requirements of the FIG and for ensuring the observance and/or operation of such requirements
Congress	Congress of the FIG
Council	Council of the FIG
President	President of the FIG
EC	Executive Committee of the FIG
TC	Each of the Technical Committees MAG, WAG, RG, TRA, ACRO, AER and PK concerned with the "Gymnastics" disciplines defined below
TC President	The President concerned with activity referred to in the context of the Regulations
Secretary General	Secretary General of the FIG
Judges	A Judges Artistry E Judges Execution D Judges Difficulty and Content CJP Chair of Judges' Panel (TRA, ACRO, AER and PK) S Judges Synchronisation (TRA) T Judges Time (Time of Flight for TRA) H Judges Horizontal Displacement (TRA) ST Judges Start-line and Time (PKS) L Judges Line
NF	National Federation affiliated to the FIG
Gymnastics	The sports and/or activities of Artistic Gymnastics, Rhythmic Gymnastics, Trampoline Gymnastics, Acrobatic Gymnastics Aerobic Gymnastics and Parkour
Gymnast / Athlete	Any person participating in any of the activities described under "Gymnastics"
Discipline	Any of the discipline/sport and/or activities defined in "Gymnastics"
Artistic Gymnastics (ART)	Competitive gymnastics performed on prescribed apparatus. Competitions for men (MAG) and for women (WAG).

Rhythmic Gymnastics (RG)	Competitive gymnastics performed with hand apparatus Competition for individual gymnasts (RGI) and for groups (RGG)
Trampoline Gymnastics (TRA)	Competitive gymnastics performed on the Trampoline (Individual and Synchronized), Double Mini-Trampoline (DMT) and Tumbling (TUM)
Acrobatic Gymnastics (ACRO)	Competitive gymnastics (“dynamic”, "balance" and “combined” exercises) performed without apparatus by pairs and groups
Aerobic Gymnastics (AER)	Competitive gymnastics’ discipline based on the performance of variety of Aerobic Movement Patterns (AMP) continuously to the music, which originates from traditional aerobic exercises.
Parkour (PK)	Competitive sport (outdoors and indoors) consisting of using urban equipment for a timed run or a run with style
LOC	Local Organising Committee, i.e. the entity responsible for organising any event under the auspices of the FIG. For the purposes of these regulations, this term may refer to the organising NF itself or to a dedicated committee established for the event.
Code of Points (CoP)	Rules prepared by the respective Technical Committees to provide an objective means of evaluating Gymnastics exercises at all levels of regional, national, and international competitions, identify the best gymnast/athlete in any competition, and guide coaches and gymnasts/athletes in the composition of competition exercises
IOC	International Olympic Committee
IWGA	International World Games Association
OG	Olympic Games
YOG	Youth Olympic Games
TWG	The World Games
WCH	World Championships (senior)
JWCH	Junior World Championships
WAGC	World Age Group Competitions
WYC	World Youth Competitions

Please note that:

Words referring to natural persons are applicable to both genders.

Words referring to the singular number shall include the plural number and vice versa.

ART. 1 PURPOSE AND VALIDITY OF THE REGULATIONS

Art. 1.1 Purpose

The purpose of the TR is to serve as an authoritative framework for the control, organisation and operation of the technical requirements of the FIG, while fostering and promoting progressive development in all aspects of gymnastics in collaboration with the Continental Unions and the NFs.

Art. 1.2 Validity

In accordance with the Statutes, the Council is in charge of drawing up and reviewing the TR. They must abide by the spirit and provisions of the Statutes. Any modification requires the Council approval by a 2/3 majority.

Art. 1.3 Scope of Application

Except where the text otherwise provides, the TR apply to the FIG governing bodies as defined in the Statutes, to the Continental Unions and to the NFs.

Art. 1.4 Rules, Guidelines and Codes

In addition to the TR, the FIG develops other rules and guidelines for competitions.

The FIG Apparatus Norms define the dimensions, functional properties (norms) as well as the testing procedures for the apparatus.

NFs and LOCs are required to ensure that they adhere to the Rules and Regulations concerned with the participation in and/or organisation of the FIG events.

The CoP – which are developed by the TCs and approved by the EC – deal with the assessment of exercises, the combination and content of exercises, deductions for faulty performance, disciplinary measures for breaches by the coaches and gymnasts/athletes, details of the organisation and control of the competition.

The CoP must be read in conjunction with the TR. In case of conflict of interpretation between the provisions of any of the CoP, the principles of the TR shall take precedence.

ART. 2 FIG COMPETITIONS AND OTHER EVENTS

Art. 2.1 Event Calendar

Continental Unions and member Federations must adhere to the calendar below to:

- avoid clashes of dates of important competitions
- respect the Olympic and WCH Qualification Calendar
- respect the competitions organised by FIG.

Event	J	F	M	A	M	J	J	A	S	O	N	D
WCH ART										x		
WCH RG									x			
WCH TRA											x	
WCH ACRO			x	x	x							
WCH AER					x	x						
WCH PK			x	x	x	x	x					
JWCH ART						x	x					
JWCH RG						x	x					
JWCH TRA											x	
JWCH AER					x	x						
JWCH ACRO			x	x	x							
WYC AER					x	x						
WYC ACRO			x	x	x							
WAGC TRA											x	
All-Around World Cup ART			x	x								
Apparatus World Cup ART		x	x	x								
World Cup RG		x	x	x	x	x						
World Cup TRA/TUM/DMT		x	x	x	x	x	x	x	x	x ²	x ³	
World Cup ACRO		x	x	x					x	x	x	
World Cup AER		x	x	x					x	x	x	
World Cup PK				x	x	x	x	x	x	x	x	
World Challenge Cup ART					x	x	x	x	x	x	x	
World Challenge Cup RG					x	x	x	x	x	x	x	
Continental Championships ART					x	x ¹						
Continental Championships RG				x	x	x ¹						
Continental Championships TRA				x	x	x ¹						
Continental Championships ACRO			x	x	x				x	x	x	
Continental Championships AER									x	x	x	
Continental Championships PK								x	x	x	x	
World Gymnaestrada							x	x				
World Gym for Life Challenge							x	x				
Multisport Games						x	x	x				
Congress										x		
Council					x							

¹ Non - Olympic years only

² to mid-October (Olympic Qualification in the year of the OG: only February to April)

³ Olympic years only

Art. 2.2 Official Competitions

Details regarding the requirements for qualifications, competitors, judging, organisation, and other related aspects can be found in the subsequent articles of this section, as well as in the specific sections of each discipline.

Art. 2.2.1 Olympic Games

In accordance with the Olympic Charter, the FIG is responsible for the control and direction of its sport at the OG. All elements of the competition, including the schedule, field of play, training sites and all equipment must comply with its rules. The final decision of the competition schedule and daily timetable of events is made by the IOC Executive Board.

For competitions in Gymnastics at the OG, the programme, the manner in which the competitions are run, the designation of the winner, together with the organisation, are identical to the provisions made for the WCH with a few exceptions.

Entry for participation in the OG is restricted by qualification. The qualification criteria are outlined in the Qualification Systems for ART, RG, and TRA.

Art. 2.2.1.1 Artistic Gymnastics

The programme of the OG for Men's and Women's Artistic Gymnastics consists of:

- Qualifications for Individual gymnasts and Teams
- Team Final
- All-Around Final
- Apparatus Finals

In principle, the duration of the event is nine (9) days.

Art. 2.2.1.2 Rhythmic Gymnastics

The programme of the OG for Rhythmic Gymnastics consists of:

- Individual All-Around qualifications and Group All-Around qualifications
- Individual All-Around Final and Group All-Around Final.

In principle, the duration of the event is three (3) or four (4) days.

Art. 2.2.1.3 Trampoline Gymnastics

The programme of the OG for Trampoline Gymnastics for men and women consists of:

- Individual qualifications (Men and Women)
- Finals

In principle, the duration of the event is one (1) or two (2) days.

Art. 2.2.2 Youth Olympic Games

The YOG are regulated according to the decisions and rules of the IOC. They take place every four (4) years.

The competition management is the responsibility of the FIG authorities.

IOC Competences

- Determine the total number of participants, gymnasts/athletes and officials
- Determine the number of judges for each discipline in collaboration with FIG
- Decide the recognised disciplines
- Determine the total number of medals
- Determine the frame of the age limits

- Determine the period of the qualifications
- Implement its directives regarding the protection of the youth
- Implement the rule that no gymnast having participated in a senior competition may qualify for the YOG

FIG Competences

- Determine the number of participants per discipline, based on the total quota
- Determine the place, date and procedure of the qualifications, by taking into consideration the criteria of universality
- Determine the age limits for each discipline within the limits decided by the IOC. The limits may be different from those mentioned in Art. 5.2 below
- Nominate the judges for each discipline
- Limit the difficulties of the exercises for each discipline
- Determine the competition format, including the schedules and the trainings

All the details of the YOG are set out in a separate document approved by and under the responsibility of the EC.

Art. 2.2.3 The World Games

The World Games, organised by IWGA, are held in the year after the OG.

The entry for participation in The World Games is restricted by qualification. The qualification criteria are detailed in the specific sections pertaining to each relevant discipline.

Art. 2.2.4 World Championships

The WCH are the official FIG competitions of the seven (7) disciplines.

The periods of the Championships are described in Art. 2.1 above and in the following articles. The EC is empowered to make exceptions and, in consultation with the LOC, to decide the actual dates. The WCH must be in principle at least three (3) weeks apart from each other. Details for each discipline are outlined in the specific sections of the TR.

Year	Title	Period	Duration
Artistic Gymnastics			
Year following the OG	Individual Artistic Gymnastics WCH Qualifications, All-Around Final, Apparatus Finals	October	7 days
In each of the two years preceding the OG	Team and Individual Artistic Gymnastics WCH Qualifications, Team Final, All-Around Final, Apparatus Finals	October	9 days
Rhythmic Gymnastics			
Year following the OG and non-Olympic even year	Rhythmic Gymnastics WCH for Individuals, Qualifications with Team Ranking, All-Around Final, Apparatus Finals Open Rhythmic Gymnastics WCH for Groups, All-Around Competition and Team Ranking, Apparatus Finals Team ranking (8 individual and 2 group scores combined)	September	5 days

Year preceding the OG	Rhythmic Gymnastics WCH for Individuals, Qualifications with Team Ranking, All-Around Final, Apparatus Finals Restricted Rhythmic Gymnastics WCH for Groups, 24 best ranked groups of the previous WCH (plus continental and host country representative if needed), All-Around Competition and Team Ranking, Apparatus Finals Team ranking (8 individual and 2 group scores combined)	September	5 days
Trampoline Gymnastics			
All years, except year of OG	Trampoline Gymnastics WCH Qualifications, Individual Finals and Team Finals in the following categories: - Individual Trampoline (IND) - Synchronized Trampoline* (SYN) - Tumbling (TUM) - Double Mini-Trampoline (DMT) All-Around Team Final (IND + SYN + TUM + DMT) *No Team Finals	November	5 days maximum
Acrobatic Gymnastics			
Even years	Acrobatic Gymnastics WCH in all categories	March to May	4 days maximum
Aerobic Gymnastics			
Even years	Aerobic Gymnastics WCH in all categories	May / June	4 days maximum
Parkour			
Even years	Parkour WCH Speed and Freestyle	March to July	4 days maximum

Art. 2.2.5 Junior World Championships

JWCH are organised for Artistic Gymnastics, Rhythmic Gymnastics, Trampoline Gymnastics, Acrobatic Gymnastics and Aerobic Gymnastics.

Year	Title	Period	Duration
Artistic Gymnastics			
Uneven years	Artistic Gymnastics JWCH Qualifications with Team ranking, All-Around Final, Apparatus Finals	June / July	5 days
Rhythmic Gymnastics			
Uneven years	Rhythmic Gymnastics JWCH for Individuals, Qualifications with Team ranking, Apparatus Finals Rhythmic Gymnastics JWCH for Groups, All-Around Competition, Apparatus Finals	June / July	5 days

Trampoline Gymnastics			
All years, except year of OG	Trampoline Gymnastics JWCH Qualifications, and Individual Finals in the following categories: - Individual Trampoline - Synchronized Trampoline - Tumbling - Double Mini-Trampoline	November	–4-5 days (together with TRA WAGC)
Acrobatic Gymnastics			
Even years	Acrobatic Gymnastics JWCH in all categories	March to May	4-5 days maximum (together with ACRO WYC)
Aerobic Gymnastics			
Even years	Aerobic Gymnastics JWCH in all categories	May / June	4 days maximum (together with AER WYC)

Art. 2.2.6 World Cup Series and World Challenge Cup Series

Under the jurisdiction of the EC, World Cup and World Challenge Cup Series Rules may be elaborated.

The competitions are organised as follows:

Artistic Gymnastics – All-Around World Cups

3 -4 competitions held in March/April in each year of the Cycle.

Artistic Gymnastics – Apparatus World Cups

Year 1 of the Cycle	Year 2 and 3 of the Cycle	Year 4 of the Cycle
3-6 competitions	3-6 competitions	3-6 competitions
February-April	February-April WCH Qualification	February-April OG Qualification

Rhythmic Gymnastics – World Cups

Each year of the Cycle
3 to 5 competitions
Feb. – June

Trampoline Gymnastics – World Cups

Year 1 of the Cycle	Year 2 of the Cycle	Year 3 of the Cycle	Year 4 of the Cycle
TRA: 4 to 6 competitions			TRA: 4 to 6 competitions

TUM: 2 competitions DMT: 2 competitions		(max. before OG : 4) TUM: 2 competitions DMT: 2 competitions
February –Mid October		February November
		Olympic Qualification
		3 competitions 3 competitions
		May – Mid Oct. February –April
		Count 3 out of 6 (regardless the number of competitions the gymnasts participated in)

Acrobatic Gymnastics World Cups

Each year of the Cycle
Max. 8 min. 3 competitions
Feb./March/April Sept./Oct./Nov

Aerobic Gymnastics World Cups

Each year of the Cycle
Max. 8 min. 3 competitions
February/March/April/ September/October/ November

Parkour World Cups

Each year of the Cycle
Max. 4 min. 2 competitions
April to November

Artistic Gymnastics World Challenge Cups

Each year of the Cycle
Unlimited number, min. 3 competitions
May – November

Rhythmic Gymnastics World Challenge Cups

Each year of the Cycle
Unlimited number, min. 3 competitions
May - November

Art. 2.2.7 World Age Group Competitions (TRA) / World Youth Competitions (ACRO, AER)

WAGC/WYC can be organised by the FIG, on the basis of the Rules which have been defined by the EC.

Art. 2.2.8 Gala Performances

The FIG in agreement with the LOC may organise a Gala (celebratory event without judging and ranking) after the OG, the YOG and the WCH.

All invited medal winners have to participate.

For WCH, participants in the Gala will receive an amount in addition to the prize money from the competition (prize money majored by 25 %). In case they do not participate in the Gala no additional amount is paid and the individual prize money earned is reduced by 25 %.

For OG and YOG, participation conditions and rewards are decided in agreement with the OCOG.

In order to guarantee a high level of performances at the FIG Gala, the gymnasts/athletes are invited to present their competition routine or a programme specially created for the gala, in accordance with the LOC and the TC Presidents concerned.

The additional costs of transportation and accommodation will be paid by the LOCs. Only affiliated NFs are authorised to deal with the LOCs exclusively for all payments. The LOC are responsible for the payment. Exception: the OG and the YOG.

Each Gala's programme must be approved by the FIG Office.

The amounts of prize money awarded according to the ranking are determined by the EC. The prize money is transferred to the NFs participating in the Gala. Should a gymnast/athlete not present an exercise of a level of his / her possibilities, the amount of prize money may be reduced by 25 %.

Art. 2.2.9 World Aerobic Gymnastics/fitness Conventions, Parkour Workshops and Other International Exhibitions

World Aerobic Gymnastics/fitness conventions, Parkour workshops and other international exhibitions may be organised by the FIG authorities or affiliated NFs.

Art. 2.3 Choice of Venues for Official FIG Competitions and Other Events

The official competitions of the FIG and other events are held at locations decided by the Council, the EC or the Presidential Commission, in accordance with the Statutes and other FIG Rules and Regulations.

Art. 2.4 Competition Schedule

Whenever possible, the competition will start no earlier than 10:00 AM and finish no later than 11:00 PM.

ART 3 COMPETITIONS AND OTHER EVENTS NOT ORGANISED BY THE FIG

Art. 3.1 Continental Competitions

The organisation of continental championships and other continental competitions in all disciplines is provided for in the Statutes. The assignment of such competitions is the prerogative of the respective Continental Union. The TR of the Continental Unions must be approved by the FIG EC.

The programme and starting order are based on the FIG TR.

According to this provision, Continental Unions, may determine other details which may serve to develop all disciplines on their continent. These include questions about the competitions programmes, the system of running the competitions and the gymnasts/athletes' participation rights. Six (6) months before the competitions, all details shall be communicated to the FIG Office.

Continental championships / games are under the direct responsibility of the Continental Union concerned.

Art. 3.2 Continental / Regional Games

Participation in Continental / Regional Games is permitted under the Statutes but require the consent of the FIG. It is therefore the duty of the NF of the organising country to communicate with the FIG.

Art. 3.3 FIG Representatives and Autonomy of Organisers in Continental / Regional Championships and Games

The organisation and the running of Continental / Regional Championships or Games are within the competence of the Continental Unions or the regional bodies concerned, provided the Statutes, Regulations and Codes of the FIG are observed.

The FIG is entitled to send delegates to these events (representatives of the EC and/or Technical Delegates). These representatives have the authority to intervene.

Art. 3.4 Competitions between Federations - International Tournaments and Competitions

Each NF has the right to arrange competitions with other NFs. Competitions which promote the development of friendly relations are entirely in the hands of each NF. With the aim of ensuring a uniform organisation of competitions, the conditions of the event must be stipulated in writing.

The programme and operating procedures must be communicated by the hosting NF using the relevant documents (directives, Technical handbooks, etc) following the approval by the FIG office.

Modifications may be allowed to accommodate the particular needs of the competitions following information from the hosting NF, with the consent of the FIG.

While the rights of participation, entry procedures and other organisational questions are by agreement between the participating NFs, all such international events, arranged by NFs, are to be brought to the attention of the FIG.

In addition to the international competitions, the international tournaments and events for all disciplines and categories constitute another form of international competition. They must be organised by taking into account the present Regulations and they must likewise be brought to the attention of the FIG.

The programme and operating procedures are decided by the organising NF but based on the provisions of the FIG TR.

Art. 3.5 Age Group Competitions

Age Group Competitions can be organised by the affiliated NFs or by the Continental Unions, on the basis of the Rules which have been defined by the EC, by taking into account the principles of the FIG Age Group Programme.

Art. 3.6 Exhibitions and Promotional Events

Apart from the competitions and events mentioned in the preceding articles, NFs have the right to organise exhibitions and promotional events for the development of all disciplines.

The organisation is the responsibility of the NF proposing the event or, should the occasion arise, of the NF appointed by the FIG. It is not obligatory for the programme to include all apparatus. It may be adapted to local conditions and may be mixed (Men's and Women's Artistic Gymnastics, Rhythmic Gymnastics, Trampoline, Tumbling and Double Mini-Trampoline Gymnastics, Acrobatic Gymnastics, Aerobic Gymnastics and Parkour). The exercises demonstrated will not be judged.

Big events of this nature must be brought to the notice of the FIG at least one (1) year before they are held so that the support of the FIG and NFs may be assured. Such events should be part of the international calendar.

The notification to the FIG must include the following information:

- programme and timetable of the event
- apparatus used
- number of participants and NFs involved
- financial conditions

Notification to the FIG is not necessary, if NFs organise exhibitions and promotional events involving only their own gymnasts/athletes and for the normal requirement of development, promotion and revenue-generation of the NF concerned.

Art. 3.7 Sanctioning of International Events

In accordance with the Statutes, the EC has drawn up rules for sanctioning of international events.

The FIG shall not be liable for any event/competition staged without its approval. Besides, the only results officially published shall be those of competitions approved by the FIG.

ART. 4 ORGANISATION OF COMPETITIONS

Art. 4.1 Entry Procedure for World Championships, Junior World Championships World Age Group Competition and World Youth Competition

Registrations must be officially submitted by the NFs through the FIG online system.

Depending on the Competition type, the **Provisional Registration** must be duly submitted online at least five months before the date of the Competition.

If the Provisional Registration is missed or is late, before the Definitive Registration can be made, a penalty fee, fixed by the Council, must be paid.

The **Definitive Registration** must be duly submitted online at least three (3) months before the start of the Competition.

Depending on the Competition type, in the Definitive Registration it is possible to submit other numbers than in the Provisional Registration.

Depending on the Competition type, if a NF entered the Provisional Registration, but missed the Definitive Registration deadline, a late Definitive Registration will be accepted if the Registration is duly submitted online before the drawing of lots and if the NF pays a penalty fee.

The **Nominative Registration**, including gymnasts/athletes, reserve gymnasts/athletes (where applicable), judges and officials must be duly submitted at least four (4) weeks before the start of the Competition by using the online FIG database platform. Biographical details of participating gymnasts/athletes have to be updated by the NFs themselves, on the FIG Database.

Special provisions for the Team and Individual World Championships in Artistic Gymnastics:

The NFs will be requested to confirm in writing their qualified Team, All-Around Gymnasts and Apparatus Specialists quota places as outlined in TR section 2. No online Provisional Registration will be requested.

The FIG, in consultation with the LOC, may decide to conduct the gymnasts' drawing of lots as soon as the qualified Teams, All-Around Gymnasts and Apparatus Specialists quota places are confirmed by the NFs (and not after the Definitive Registration).

For Rhythmic gymnastics only:

At the time of the nominative registration, particular attention must be given to the apparatus chosen for the Qualification Competition for Individuals, as well as to the starting order of the Individual gymnasts. Fifteen (15) days prior to the start of the Competitions for Individuals, NFs are allowed to re-submit, via the FIG online registration system, the final nominative registration and the apparatus chosen as well as the starting order of their gymnasts. In case a starting order is not received by the deadline, the initial Nominative list will be used.

For all disciplines:

The requisite **Entry Fees** (art. 11 Financial Provisions below) are due and must be received by the FIG at the latest thirty days after the definitive registration deadline. Registrations without payment of the entry fees in due time are not considered: the gymnasts/athletes will consequently not be allowed to participate in the competition. In the case of none or partial participation, the entry fees will not be reimbursed.

For ART:

If a NF confirmed its qualified team and the team is not participating at all, the NF has to pay a fine fixed by the Council. No fine will be applied in case of illness or injury certified by a medical doctor.

If a NF confirmed its qualified team and the team is participating with individual gymnasts only, no fine will have to be paid by the NF.

Art. 4.2 Entry procedures for the OG, YOG and TWG

The NFs concerned are notified by the FIG office of the entry procedure.

Art. 4.3 Procedure for the Gymnasts/Athletes' Draw of Lots

In those cases where it is necessary to make a drawing of lots in advance of a Competition (i.e. excluding the draws which take place during the course of a Competition) the following procedure will be followed:

1. The draw will take place within two (2) weeks after the deadline of the Definitive entry for the WCH, JWCH, WAGC and WYC, or as mutually agreed between the FIG and the LOC.
2. The NFs will be informed by the FIG at least one (1) month before of the time and place of the draw and they will be entitled to be present at the draw.
3. The Media will be informed and allowed to send representatives and the local authority, in whose area the draw will be held, will be invited to send representatives.

4. The lots shall be drawn by a “neutral” person manually or by computer.
5. The draw will decide the order in which the lot for each team or gymnast/athlete (including groups and units) will perform and determine the order in which the team, group, gymnast/athlete or unit start to compete.
6. For RG and AER, for the health and safety of gymnasts, FIG has accepted that gymnasts competing in multiple finals (also Qualifications for AER) require ten (10) minutes to recover before competing again.

The draw is done in advance and therefore may not allow for this recovery period. Rather than measuring in minutes this recovery period, it has been translated to be equal to four (4) competition performances. This also includes the judging time.

In RG and AER Gymnastics the draw will be adjusted according to this principle. If a gymnast or group competes 7th in one rotation and is drawn in positions 1-3 in the next rotation the new starting position will become 4th. If a gymnast or group competes last in a rotation and is drawn in positions 1-4 in the next rotation the new starting position will be 5th.

This adjustment, if necessary, will be made by the President of the TC concerned or his/her representative once the qualifying gymnasts/groups have been informed and a new start list will be produced.

This principle applies for all following rotations and also during other final competitions.

7. In TRA, for health and safety reasons, gymnasts competing in more than one discipline (TRA, TUM and DMT) require one competition group to prepare their participation in the next discipline.

The draw is done in advance and therefore may not allow for this preparation period.

This adjustment, if necessary, will be made by the President of the TC concerned or his/her representative.

Examples (principles)

Draw	Authorised modifications	
1 – A	1 – A	1 - A
2 – B	2 – B	2 – B
3 – C	3 – C	3 – C
4 – D	4 --G	4 – D
5 – E	5 – D	5 -- H
6 – F	6 – E	6 – E
7 – G	7 – F	7 – F
8 – H	8 – H	8 – G

Art. 4.4 Organisers of World Championships, Junior World Championships World Age Group Competition and World Youth Competition

The NF designated by the FIG is responsible for the organisation of the WCH, JWCH, WAGC and WYC (see also Art. 4.10 below).

It undertakes to ensure the impeccable running of the event(s) in an adequate hall/site; to prepare the event in conformity with the provisions of the TR; and, in collaboration with the TCs, to assume responsibility for all the costs of organisation and publicity in accordance with any agreement entered into with the proper FIG authorities and/or with any agency appointed by the FIG.

Art. 4.5 Attendance of Representatives of Organisers at the EC Meeting and the Respective TC Meetings

LOC of official FIG competitions are obliged, upon request of the FIG President, to send a representative to EC meetings. Likewise, they are obliged, upon request of the TC President, to send a representative to the TC meetings concerned.

The expenses of these representatives are charged to the LOC except in the case of any special agreement signed by the President and the LOC.

Art. 4.6 Direction of the Competition

The direction of the competition is in the hands of the respective TC.

The TC takes all necessary decisions for the smooth running of the competitions; in collaboration with the LOC, it supervises the work of the judges and instructs them in their tasks.

Art. 4.7 Principal Officers Appointed by the LOC

The principal officers, listed below, are appointed by the LOC with the agreement of the FIG office in cooperation with the TC.

a) Local Technical Director

This officer works under the direction of the TC President. He/she directs and supervises all the personnel involved at the location of the competition. He/she must possess the appropriate gymnastics technical knowledge.

b) Head of Personnel for Equipment

This Officer, who is subordinate to the Local Technical Director, is responsible for the setting-up, maintenance and condition of the apparatus (see also art. 10.2 Inspection of apparatus below).

c) Head of Scoring Officer

This officer is subordinate to the Local Technical Director but works in direct liaison with the TC President. He/she is responsible for supervising the scoring arrangements and for the distribution of results to all concerned.

d) Safeguarding Officer

This officer is the first contact person for participants wishing to report a harassment or abuse incident that occurred during the event, or exceptionally incidents that happened in the past.

Art. 4.8 Work Plan and General Programme

The Work plan and the general programme is elaborated by the FIG office in close cooperation with the LOC and the TC-President and approved by the Secretary General.

The responsibility for the detailed competition and training schedules as well as the schedules for podium training is of the TC Presidents.

The Work Plan caters for the technical aspects of the organisation. It must include, among others, the definitive timetable of the competitions, the formation of groups of teams and individual gymnasts/athletes, information regarding the exact time for the meeting of those taking part and of judges, the timetable of the judges' instruction, the orientation meeting, the names of the rooms in which these various meetings take place, the manufacture and model of the equipment to be used.

The TC Presidents and the FIG office are required to take appropriate measures for the Work Plan to be in possession of NFs and other people concerned six (6) weeks at the latest before the competitions.

Art. 4.9 Plurality of Offices

The members of the FIG authorities, the judges, the local Technical Director, the members of the Scoring Results Service and the personnel concerned with equipment must be responsible only for the tasks assigned to them. They do not have the right to direct a team or to participate in other work asked by any NF or the LOCs. This rule is valid for the OG, the YOG, the WCH, the JWCH, the WAGC and the WYC.

Art. 4.10 Principal Tasks of the LOC

The LOC must take all measures, during the preparation period as well as during the actual competition, to contribute to the success of the championships. Some of the principal measures to be taken are shown under appropriate sub headings.

Art. 4.10.1 Pre-Championships Bulletins

Bulletins of information should be published for the NFs and other interested organisations, giving information concerning the organisation and running of the events.

Art. 4.10.2 The Competition Venue

The competition hall / site must be in relation to the prestige of the event.

In principle, for WCH, the hall / site must have the following minimum seating for spectators:

– Artistic Gymnastics	6.000
– Rhythmic Gymnastics	4.000
– Trampoline Gymnastics	3.000
– Acrobatic Gymnastics	3.000
– Aerobic Gymnastics	3.000
– Parkour	3.000

The level of temperature and humidity requirement is stated in the contract between the FIG and the LOC (according to the "Humidex", between 22 and 38, see Medical Organisation of the FIG Competitions and Events).

When in use the lighting should be at a standard of at least 1500 lux but not designed in a manner to dazzle the gymnasts/athletes. In the training and warm-up halls, the standard must be of at least 800 lux.

There must be effective and visible separation between the competition area and the spectators' seats.

In the immediate vicinity of the competition hall/site, and linked to it, a suitable hall / site must be made available and equipped for the warming up of the gymnasts/athletes. This "warm up" area is reserved to participants only.

Dedicated areas with a sufficient number of tables and chairs must be available for all the various juries.

The LOC is required to decorate the Competition Hall/site and properly display the FIG flag along with the flags of the participating NFs (either electronically or as physical flags).

For **Artistic Gymnastics** the installation of a podium respecting the FIG Apparatus Norms is necessary. A distance of sufficient safety, between the apparatus and the edge of the podium is essential. This requirement does not apply to World Cups and World Challenge Cups.

For **Rhythmic Gymnastics** the FOP and last Warm Up hall must have a minimum clear height of 10 metres.

The vertical clearance above the performance area in the Competition Hall and Warm-up Hall must be at least 10 meters. It is measured from the top edge of the performance area to the nearest object in a vertical direction.

The vertical clearance above the performance area in the Training Halls must be submitted to FIG RG TC President for approval.

The horizontal clearance from the performance area in the Competition Hall must be at least 2 meters. It is measured from the lateral edge of the competition area to the nearest object in a horizontal direction.

The horizontal clearance from the performance area in the Warm-up Hall and Training Halls must be at least 0.50 cm. It is measured from the lateral edge of the performance area to the nearest object in a horizontal direction.

The competition floor must be as described in the Apparatus Norms.

For additional information, please refer to the Apparatus Norms.

The number and arrangement of the Competition Hall and Training Halls shall be laid down by agreement between the TC RG and the LOC. Trainings hall layouts must be approved by the TC President.

For **Trampoline Gymnastics** the competition hall must have a minimum clear height of ten (10) metres (minimum eight (8) metres for Junior and Age Group events). The vertical clearance is measured from the base of the feet of the trampoline in a vertical direction.

The competition hall setup and the apparatus must be as described in the FIG Apparatus Norms.

For **Acrobatic Gymnastics** the competition hall must have a minimum height of eight (8) metres (10 m preferably). The length must be minimum 45 metres and the width 30 metres.

The hall must be equipped at minimum with

- a spring gymnastic type floor (identical to an Artistic Gymnastics floor) of 12 by 12 metres square working surface (incl. boundary lines)
- landing mats according to the Apparatus Norms for the Men's Group Balance and Combined Exercise

For **Aerobic Gymnastics** the competition floor may be set directly on the floor OR may be set on an elevated podium (recommendation) between 80 cm and 140 cm high.

If elevated, the podium must be a minimum of 14 m x 14 m in size.

The competition floor must be 12m x12m.

The floor (and podium if present) must be closed at the rear with a backdrop (except for the World Games).

The number and arrangement of the Competition Hall and Training Halls shall be laid down by agreement between the AER TC and the LOC.

For **Parkour**, the field of play must be minimum 40 x 10 m. For WCH, two (2) parallel identical obstacle courses should be installed.

Art. 4.10.3 Apparatus

All competition apparatus must comply with the requirements in the brochure of the "FIG Apparatus Norms" and any provisions contained in these TR and the CoP.

The entire equipment must have been tested successfully by one of the official FIG testing institutes and conform to the FIG Apparatus Norms. The manufacturer must have an FIG Certificate for each piece of equipment at least one (1) year prior to the competition, it must not expire before the end of the event. For the OG and YOG, manufacturer must have an FIG Certificate for each piece of equipment at least two (2) years prior to the competition, it must not expire before the end of the event.(For Parkour to be determined as referred in Apparatus Norms)

The organiser of OG, YOG, WCH, JWCH, WYC and WAGC must select and announce the chosen brand of equipment at least one (1) year prior to the competition and inform the FIG office of this decision.

For the World Cups and World Challenge Cups, this information must be provided in accordance with the Rules for the FIG World Cups and World Challenge Cups.

For all other FIG approved competitions this information must be provided at the time of the event approval request.

Apparatus and landing mats, conforming to the prescribed standards, must be properly erected and maintained including the necessary appliances, as well as a decibel counter for the purpose of musical accompaniment to Women's Floor Exercises, Rhythmic Gymnastics, Acrobatic Gymnastics and Aerobic Gymnastics.

For all sanctioned competitions where FIG affiliated NFs participate, including the OG, the YOG and TWG, all apparatus must have the valid FIG certificate to ensure conformity with the norms established in respect of the various apparatus.

The LOC and the apparatus manufacturer are responsible for the application of this rule. See also the FIG Apparatus Norms.

In Artistic Gymnastics the height of the Horizontal Bar and the Uneven Bars may be raised after application to the respective TC President.

For Rhythmic Gymnastics, a control zone must be provided for checking the apparatus used by the gymnasts. Personnel, qualified to carry out such checks, must be provided as well as an apparatus control table certified by the FIG (see also Art. 10.7) and a scale +/-1 gramme.

Art. 4.10.4 Judging Requirements

Suitable provisions must be made, in collaboration with the TC President, for the seating of all those involved in the judging process.

The height of the stepped jury podiums must be in different levels to ensure that the judges seated on the first step and Superior Jury are able (under the competition lighting conditions) to see clearly the back line marking of the floor area for all disciplines.

Art. 4.10.4.1 Technical Equipment – technical videos

A. For the following events:

- OG
- YOG

- The World Games
- World Age Group Competitions and World Youth Competitions
- World Cup competitions
- World Challenge Cup competitions
- Commonwealth Games
- Continental Games
- FISU World University Games

the LOC **must** provide a Full HD video system (HD 1080i/16-9) format MP4-H264, which allows the recording, storage and provision of compilation of technical videos for the Difficulty Judges, the President and Members of the Superior Jury, the Jury of Appeal and for the FIG President or his representative. For WCH and JWCH, such a system is provided in agreement between the FIG and the LOC.

For Floor (ART, RG, ACRO, AER) and Tumbling (TRA), the gymnast(s) must be filmed using a moving camera (no fixed camera). The video file must include the music sound (except for Tumbling), which must be directly sourced from the LOC sound system rather than captured live with the video. During the competition, the system must be able to redisplay in real time, normal speed, slow motion (50 FPS) or fixed image, the different sequences and the registered scores in accordance with the Rules for the use of IRCOS (Appendix to the CoP).

B. For Continental Championships, and all other Multi-Sport Games not mentioned under A) as well as for major international competitions, the technical equipment mentioned above is **strongly recommended**, but not compulsory.

If the LOC does not provide such a system, they must supply the necessary video equipment to ensure the recording and display of each gymnast's exercise. When applicable, the video file must include the sound, which must be directly sourced from the LOC sound system rather than captured live with the video. The required number of video recording setups is as follows: six (6) for Men's Artistic competitions; four (4) for Women's Artistic competitions; one (1) for Rhythmic Gymnastics, four (4) for Trampoline Gymnastics, two (2) for Acrobatic Gymnastics, two (2) for Aerobic Gymnastics and one (1) for Parkour. These video systems must be immediately available in case an exercise needs to be reviewed. The LOC must send a copy of these video films to the members of the TCs and to the FIG Office, with as short a delay as possible.

A telephonic or similar installation must be available to ensure requisite communication between those involved in the judging process (superior jury and panel of judges).

Efficient means must be taken to ensure a prompt communication between the TC President or the Technical Delegate and the Local Technical Director.

In Trampoline Gymnastics, a time and synchro measuring as well as horizontal displacement devices must be available.

In Parkour, a timekeeping installation must be available. It must be able to measure 1/1000th of a second. The time shown will be rounded to 1/100th of a second, e.g. time measured: 20,349, time shown: 20,35. In case of e.g. 20.245 the rounding shall be made in favour of the athlete, the time shown is 20,24.

Art. 4.10.4.2 Video Cameras

With the exception of the cameras necessary to the system mentioned under Art. 4.10.4.1 A and Art. 4.10.4.1 B above, those of the Host Broadcaster (HB) and the other Rights Holders (RT), any other

video or TV camera can be prohibited in the competition hall/site in order to protect the TV rights (see also the Media Rules).

The copyright of the technical videos belongs to the FIG.

Art. 4.10.5 Music

Organisers of events must provide a quality sound system which is of a professional standard and include, apart from the regular professional equipment, separate loud speakers for the competitors.

The sound level (music and announcements) must not be higher than 80 dB at a frequency of 1.000 Hertz (Hz) measure on isosonic curves. The verification / control will be carried out by the LOC Technicians and by the FIG Anti-doping, Medical and Mental Health Commission, if deemed necessary.

The sound level check will be done by a sonometer placed near the judges.

The technician responsible for sound must ensure that the sound level remains within the specified limit. He/she must refuse any intervention or request from the delegation members or any other individuals, and only follow the instructions provided by the FIG-designated representative.

Art. 4.10.6 Scoring: Recording of Scores and Transmission of Information

Equipment must be provided, and maintained for the following purposes:

- a) recording the scores given by each judge and transmitting them to the Superior Jury
- b) providing rapid intercommunication between the Superior Jury and the Judges Panels

The following information is displayed / distributed:

Scoreboards in the Competition Hall / site:

For each exercise: the total score of each jury, the penalties, the final score of the exercise and the rank as follows in accordance with the respective discipline:

A score (Artistry), E score (Execution), D score (Difficulty/Content, DB and DA for RG)

S score (Synchro), Time of flight (T), Horizontal Displacement (H)

For Parkour:

PKS: time, possible time deductions and rank,

PKF: points for E, and D, possible deductions, total number of points, rank and time

To the NFs, after each phase of the competition:

See information at the scoreboards in the competition hall (details delivered electronically).

To the NFs, at the end of the competition / championships:

Complete statement of results.

Art. 4.10.7 Training Facilities

Art. 4.10.7.1 Equipment requirements

Several training halls/sites (depending on the number of participants registered) must be available for pre-competition trainings. For the purposes of this article, the term "identical" refers to equipment with the same FIG ID.**a) For Artistic Gymnastics**, the halls must be separated to provide for Men's and Women's Gymnastics and each equipped with a complete

set of apparatus identical to those to be used in the Competition hall (plus one additional pommel horse, parallel bars, uneven bars and balance beam for each complete set).

b) For Rhythmic Gymnastics, each hall must have FIG certified floor(s) identical to those to be used in the Competition hall. The last warm-up floor should be separated from the training floors by a temporary wall of 2 m height minimum.

Ballet bars and mirrors as well as one (1) iron and one (1) ironing table for preparation should be available in the training hall and warm-up hall.

Chairs for stretching of gymnasts or stretching mats.

c) For Trampoline Gymnastics each hall (minimum 10 m height) must be equipped as described in the FIG Apparatus Norms. All equipment must be identical to the one used in the competition hall.

d) For Acrobatic Gymnastics each hall must be equipped with floors and landing mats identical to the ones used in the competition hall.

e) For Aerobic Gymnastics each hall must be equipped with floors identical to the one used in the competition hall. There must be one additional training hall for the general warm up, equipped with one (1) rollable exercise floor of 14 x 14 m, 4 cm thick or a competition floor.

f) For Parkour the training takes place on the field of play. The competitors are led through the course by judges and explained details regarding check-points.

The necessary equipment for musical accompaniment for Women's Floor Exercises, Rhythmic Gymnastics, Acrobatic Gymnastics and Aerobic Gymnastics must be provided in each training hall.

In the case of the Artistic Gymnastics WCH and JWCH, the training halls must be at the disposal of gymnasts for training at least one day prior to the start of podium trainings which take place prior to the Qualifications in accordance with the provisions included in Section 2 of the TR. For Rhythmic Gymnastics, the WCH must have training halls available for at least two (2) days prior to the start of the competition, for Parkour the site must be open the day prior to qualifications, according to the decision of the EC in conjunction with the organising NF.

The LOC must ensure that proper control is exercised over the use of the training halls and that only the accredited members of the delegations and any authorised representatives of the FIG authorities, are permitted entry during a training session, according to the FIG Accreditation Rules.

With the consent of the President of the Superior Jury (or Secretary General at OG, YOG, WCH and JWCH) and the head of delegation concerned, other accredited personnel may be admitted during the delegation's training sessions.

Art. 4.10.7.2 Training Sessions Arrangements

a) For all disciplines

Podium training for all gymnasts must take place during the days prior to the competition in the Competition Hall.

After the Qualifications, training sessions will be available to the gymnasts/units (including the reserves) who have qualified for the Finals.

b) For Artistic Gymnastics

Minimum 2 ½ hours and maximum 3 hours per day for each team or individual gymnast in one (1) session.

After the Qualifications, reserve gymnasts will train during the official training sessions designated for gymnasts qualified for the Finals. NF substitute gymnasts will train during open training session reserved for gymnasts who did not qualify for any Finals.

Reserve gymnasts for the All-Around Finals must be integrated into the official training groups according to the following principles, aiming to keep each group as evenly sized as possible:

- Reserve gymnasts from an NF with qualified gymnasts must be placed in the same training group as those qualified gymnasts (either groups #1-6, #7-12, #13-18, or #19-24)
- Reserve gymnasts from an NF with no qualified gymnasts must be assigned to training groups as follows:
 - Reserve gymnast #1 joins training group #1-6
 - Reserve gymnast #2 joins training group #7-12
 - Reserve gymnast #3 joins training group #13-18
 - Reserve gymnast #4 joins training group #19-24

Prior to the start of each day of Apparatus Finals, a controlled training period of at least one (1) hour must be provided to the gymnasts in the competition hall. This training period shall end at the very latest 30 minutes prior to the beginning of the competition

The trainings schedule must be approved by the respective TC President.

c) For Rhythmic Gymnastics

Minimum three (3) hours per day for each (Individual and group) in one (1) session.

The training schedule must be approved by the TC President.

d) For Trampoline Gymnastics

Sufficient training halls must be made available at least two (2) days prior to the competition to allow each participating NF at least one training session per day.

The training schedules must be approved by the TC President. Included in the above-mentioned training sessions, at least one (1) training session must be in the competition hall with lighting and other conditions as exactly as planned for the competition.

e) For Acrobatic Gymnastics

Sufficient training halls must be made available at least 2 days prior to the competition to allow each participating NF in one (1) or two (2) training sessions. At least one session must be in the competition hall with lighting and other conditions comparable to those for the competitions.

The training schedules must be approved by the TC President.

f) For Aerobic Gymnastics

Sufficient training halls must be made available at least two (2) days prior to the competition to allow each participating NF two training sessions. The training schedule must be approved by the TC President.

The LOC may provide training facilities in advance of the prescribed days.

g) For Parkour

The competitors must be given a minimum of two (2) hours training time in group sizes to be determined by the TC President.

Art. 4.10.8 Local Group Leaders

The LOC must provide, if possible, a local group leader to every delegation for the purpose of securing effecting liaison between the team and those directing the competitions.

Art. 4.10.9 Testing of Equipment (Warm-Up and 'Touch Warm-up')

The equipment in the warm-up hall must be identical (same FIG ID) as in the competition hall.

a) Artistic Gymnastics

A warm-up period of at least one (1) hour, in the warm-up hall adjacent to the competition hall is to be made available to the gymnasts for Qualifications, Team Finals and All-Around Finals. For the Apparatus Finals as the Finals progress, warm-up time in the warm-up hall must be allocated to the gymnasts until the start of their respective apparatus.

Athletes qualified for the Team Final, the All-Around Final or the Apparatus Finals are only allowed to warm up in the warm-up hall for the competitions they are qualified for, and exclusively on the day of the respective competition.

After the Qualifications, reserve gymnasts and NF substitute gymnasts must have the same warm-up rights as gymnasts qualified for the Finals.

Reserve gymnasts and NF substitute gymnasts for the All-Around Finals must be integrated into the warm-up groups according to the following principles, aiming to keep each group as evenly sized as possible.:

- Reserve gymnasts from an NF with qualified gymnasts must be placed in the same warm-up group as those qualified gymnasts (either groups #1-6, #7-12, #13-18, or #19-24).
- NF substitute gymnasts from an NF with qualified gymnasts must be placed in the same warm-up group as those qualified gymnasts (either groups #1-6, #7-12, #13-18, or #19-24),
- Reserve gymnasts from an NF with no qualified gymnasts must be assigned to warm-up groups as follows:
 - Reserve gymnast #1 joins warm-up group #1-6
 - Reserve gymnast #2 joins warm-up group #7-12
 - Reserve gymnast #3 joins warm-up group #13-18
 - Reserve gymnast #4 joins warm-up group #19-24
- NF substitute gymnasts from an NF with no qualified gymnasts must be assigned in the warm-up groups as follows:
 - NF substitute gymnast #1 joins warm-up group #1-6
 - NF substitute gymnast #2 joins warm-up group #7-12
 - NF substitute gymnast #3 joins warm-up group #13-18
 - NF substitute gymnast #4 joins warm-up group #19-24

The hall must provide for Men's and Women's Gymnastics, equipped with a complete set of MAG and WAG apparatus identical to those to be used in the Competition hall (plus one additional pommel horse, parallel bars, uneven bars and balance beam).The necessary equipment for musical accompaniment for Women's Floor Exercises, must be provided in the warm-up hall.

Before the start of the competition the equipment can be tested by the gymnasts on the field of play. Each gymnast is entitled to a 'touch warm-up' period on the podium for the Qualifications, Team Final, All-Around Final, and Apparatus Finals.

For all competition phases,

- WAG: the following "touch warm-up" period will be granted to each gymnast : 30 seconds on Balance Beam and Floor Exercise and 50 seconds on Uneven Bars (including the preparation of the bars).
- MAG: the following "touch warm-up" period will be granted to each gymnast : 50 seconds on Floor Exercise, Pommel Horse, Rings, Parallel Bars and Horizontal Bar.

Additionally, Vault has a specific number of maximum attempts permitted during this 'touch warm-up' period according to the rules stated in each respective Code of Points.

- For the Qualifications the gymnasts proceed with their "touch warm-up" as one group. Team gymnast # 5 is allowed to use the "touch warm-up time" allocated to the whole Team.
- For the All-Around Final, the gymnasts proceed with their "touch warm-up" as one group.
- For the Team Final, the Teams proceed with their "touch warm-up" separately one after the other, with the team of the gymnast competing first on the apparatus doing its "touch warm-up" first. Team gymnasts # 4 and # 5 during Team Final are allowed to use the "touch warm-up time" allocated to the whole Team.
- For the Apparatus Finals, the "touch warm-up" will be made in two groups as per the starting order:

Gymnasts 1, 2, 3, 4 do their "touch warm-up" and compete in the first half of the rotation

Gymnasts 5, 6, 7, 8 do their "touch warm-up" and compete in the second half of the rotation

In case of an odd number of finalists, the group competing in the first half of the rotation will have a smaller number of gymnasts than in the second half.

The warm-up hall must be located at a convenient distance from the Competition hall, and recommended on the same level, and should be reached easily in due time. The concerned TC President must control the distance between the warm-up hall and the competition hall, and approve the warm-up conditions.

b) Rhythmic Gymnastics

There is no warm-up in the competition hall prior to the competition. Warm-up is organized in the warm-up hall which must be adjacent to the competition hall. Only in exceptional circumstances will warm-up be allowed in the competition arena by the TC President.

c) Trampoline Gymnastics

Trampoline

Immediately prior to the Qualifying Round and Finals exercises each competitor will be allowed max. 45 seconds warm-up on the competition apparatus. Warming up on the competition equipment during the actual competition may be eliminated for the Finals if a) equivalent equipment is provided in an adjacent hall and b) a 60 minutes general warm-up on the field of play is scheduled before Finals start.

Tumbling and Double Mini-Trampoline

Immediately prior to the Qualifying Round and Finals exercises all competitors will be allowed as many warm-up passes as competition exercises will perform (one or two, depending on the competition phase). This may be eliminated for the Finals if a) equivalent equipment is provided in an adjacent hall, and b) a 60 minutes general warm-up on the field of play is scheduled before Finals start.

d) Acrobatic Gymnastics

There is no warm-up in the competition hall prior to the competition. Warm-up is organized in the warm-up hall which must be adjacent to the competition hall. Only in exceptional circumstances will warm-up be allowed in the competition arena by the TC President.

e) Aerobic Gymnastics

Podium training of three (3) minutes per routine must be planned in the day(s) preceding the competition.

f) Parkour

The athletes are given the opportunity to warm-up and possibly touch warm-up in groups on the course.

Art. 4.10.10 FIG Contracts

In cases where the FIG has entered into contracts for the supply of services and/or equipment, the Organiser of an official FIG Competition is obliged to utilise such services and/or equipment unless otherwise agreed with the FIG.

The FIG office will inform the LOC of any contract.

Art. 4.10.11 Auxiliary Personnel

With the aim of ensuring efficient conduct of competitions, it is essential to provide a sufficient number of assistants who may be put at the disposal of those directing the competitions.

These comprise:

- group leaders for delegations if possible
- a Secretary for each Judges' Panel and a technician to look after the technical installations for judges
- a technician for the equipment of the calculations office
- a team to set up the apparatus and continually be available to intervene if necessary
- for Parkour, team to set up the obstacles
- a team to erect the podium for the formal ceremonies and to assist in the carrying out of these ceremonies
- a sufficient number of personnel to supervise the preparation of the gymnasts/athletes prior to their entry into the hall/site
- a person to regulate the entry of the competitors into the competition hall/site
- ushers for the public
- personnel to check the hand apparatus for Rhythmic Gymnastics
- line judges and time judges (these must be breveted judges) if necessary
- for Acrobatic Gymnastics, a medical doctor or an anthropometrist or physiotherapist to measure athletes
- for Aerobic Gymnastics, a person to regulate the presentation of the nations (8 counts)
- other necessary staff.

All above-mentioned persons must be well trained to fulfil their tasks and be totally trustworthy.

Art. 4.10.12 Facilities within Competition Hall/Site Complex

In addition to the rooms required for the function of the LOC, the following facilities are required, among others, for the FIG authorities and the Judges:

- offices for the President and Secretary General
- offices for the TCs
- offices for the FIG staff
- resting area for the persons engaged in the judging process and for the gymnasts/athletes

Art. 4.10.13 Medical Services

An official medical doctor and paramedical staff must be provided together with a suitably equipped first-aid room.

An efficient first aid or an efficient first aid service must be available within the competition area. Essential emergency services are to be available within the competition area and an emergency resuscitation mobile unit must be stationed immediately outside the competition hall/next to the site.

Appropriate emergency medical services must also be provided at the training halls and the warm-up halls.

See also recommendations / prescriptions in the Medical Organisation of FIG Competitions and Events Rules.

The arrangements for Medical Services must be approved by the Anti-Doping, Medical and Mental Health Commission.

Art. 4.10.14 Media Officer

A local Media Liaison Officer must be appointed in consultation with the FIG Media Department. The Officer should be a member of the LOC or, otherwise, in constant communication with the LOC to ensure efficient and sufficient facilities for the representatives of the Media.

Art. 4.10.15 Media and Publicity Provisions

Publicity on Clothing and National Identification

Advertising and national identification on competitive clothing are prescribed according to the FIG Rules for Advertising and Publicity as approved by the EC. Stipulations concerning the national emblems are also included in these Rules. For the OG and the YOG the IOC Rules have to be respected.

The head of delegation or another mandated delegation member will be given the opportunity to have the competition clothing checked by the relevant representatives.

Press and Media Obligations

At FIG events, NFs are responsible for the proper and timely appearance of their gymnasts/athletes at press and media opportunities, such as the mixed zone and press conferences. Gymnasts/athletes must appear in the interview area as outlined in the Work Plan. Upon non-appearance of their gymnasts/athletes, the respective NF will be fined CHF 2'000 for each infraction.

Art. 4.10.16 Access to the Competition Area

The Competition Area is accessible according to the Accreditation Rules.

Art. 4.10.17 Audience – Reserved Seating

Information for Spectators

An efficient public address system is essential and, in addition to the display of scores, it is desirable to have large-scale electronic information panels in the competition hall/site.

Among other information, announcements must be made that flash-light photographs are not permitted and that video recordings for commercial purposes – without official consent – are also prohibited.

Reserved Seating

At official FIG Competitions, reserved places are to be put at the disposal of the following:

- Official judges who are not working
- Non-competing gymnasts/athletes
- Medical doctors and paramedical staff from the teams
- Representatives of the press, radio, television,
- Photographers and other media operatives
- Authorised officials
- Guests and Guests of honour (such as FIG Honorary Members, Olympic champions, World champions, FIG partners)

In addition, places must be provided for those members of the EC, Presidents and Secretary Generals of the Continental Unions and those holders of Honorary Awards of the FIG who have signified their intention to be present. These places must be chosen by respecting the dignity of the FIG representatives.

Art. 4.10.18 Security Measures

The LOC must liaise with the requisite authorities to ensure that adequate security measures are taken for the protection of delegations during the course of the official FIG events.

The LOC must take all the necessary measures to ensure that no spectator may have access to the field of play, the training and the warm-up halls.

Art. 4.10.19 Collection of Documents

The accreditation centre, the sports information centre, or the other entity concerned must collect or receive (including electronically) from each NF among others the following information at the time of accreditation or at the time stated in the TR or Work Plan for the specific discipline:

- Withdrawal from Qualifications, Team Final, All-Around Final and Apparatus Finals
- Vault Numbers for all MAG and WAG Competitions and number of Vault performed in MAG and WAG Qualifications for each gymnast
- Starting orders for the Qualifications and the Team Final (ART) and FX Starting Order for WAG Podium Training
- New Elements for MAG and WAG
- Request to change the apparatus measurement for MAG and WAG
- For TRA one copy of each competition card, and an additional copy if there is an acting Superior Jury.
- For ACRO one (1) copy of each Tariff sheet

These documents must be forwarded to or received electronically by the appropriate TC President, President of the Superior Jury, or the entity concerned in the required time frame.

Art. 4.11 Application of organisation requirements for other events

The foregoing Art. 4.3 above to 4.10.17 below inclusive (except Art. 4.10.4.1 Technical Equipment) apply to the WCH and JWCH and may be modified for the particular circumstances of the organisation of the OG, the YOG and The World Games.

They should also be used as a recommendation for all competitions held under the jurisdiction of the FIG, but not directly under its control.

Specific additional organisational instructions are as follows:

a) Olympic Games and Youth Olympic Games

The FIG is responsible for the organisation of the competition in liaison with the LOC accredited by the IOC. (See also Art. 2.2.1 and 2.2.2 above).

b) The World Games

The FIG is responsible for the organisation of the competition in liaison with the LOC of The World Games (See also Art. 2.2.3 above).

ART. 5 GYMNASTS/ATHLETES AND CONTROL OF GYMNASTS/ATHLETES

Art. 5.1 General Rights of Participation in Competitions and Licence

Official FIG competitions are open to gymnasts/athletes who:

- belong to a NF in good standing affiliated to the FIG
- have the nationality of the NF in accordance with the Statutes, the TR and the Olympic provisions
- fulfil the requirements of the Statutes
- fulfil specified performance prerequisites (i.e. limits).
- have a valid licence until the end of the competitions and respect the decisions and rules approved by the EC
- have the required minimum age

Art. 5.2 Age of Participants

For all FIG sanctioned competitions and for the OG the participants must, in the year of the competition, have the following minimum age:

Seniors

Men's Artistic Gymnastics 18 years

NFs must declare through the gymnast's FIG profile whether their 18 year old gymnasts will compete as junior or senior prior to their first FIG sanctioned competition for the year concerned.

Women's Artistic Gymnastics 16 years

Rhythmic Gymnastics 16 years

Trampoline Gymnastics	17 years
Acrobatic Gymnastics	15 years
Aerobic Gymnastics	18 years
Parkour	17 years

For all disciplines: gymnasts/units who have participated in a Senior WCH, a Senior Continental Championships, a World Cup/World Challenge Cup, and Multi-sport Games, may not participate in Junior or World Youth competitions afterwards.

Juniors

Men's Artistic Gymnastics	15 to 18 years	NFs must declare through the gymnast's FIG profile whether their 18 year old gymnasts will compete as junior or senior prior to their first FIG sanctioned competition for the year concerned.
Women's Artistic Gymnastics	14 to 15 years	
Rhythmic Gymnastics	14 to 15 years	
Trampoline Gymnastics	13 to 16 years	(limited to 15-16 for Junior World Championships)
Acrobatic Gymnastics	13 to 19 years	
Aerobic Gymnastics	15 to 17 years	
Parkour	14 to 16 years	

WAG Youth

Women's Artistic Gymnastics	12 to 14 years
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World Youth

Acrobatic Gymnastics	12 to 19 years
Aerobic Gymnastics	12 to 14 years

World Age Groups

Trampoline Gymnastics	11 to 21 years
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Youth Olympic Games (subject to IOC Regulations)

Men's Artistic Gymnastics	16 to 17 years
Women's Artistic Gymnastics	14 to 15 years

Art. 5.3 Control of Nationality and Age

Through the accreditation process, before official FIG competitions, staff of the LOC, in cooperation with the FIG Office, will check the nationality of athletes and judges as well as the age of the athletes.

Art. 5.4 General Observations on Conduct

Detailed instructions concerning conduct together with the penalties imposed in the event of breaches are imposed in the Statutes and the CoP, the Code of Ethics, the Code of Discipline and the Code of Conduct.

During the competition, unauthorised re-entry or over-jubilant demonstrations on the podium are not permitted.

Unsportsmanlike Behaviour

In the event of unsportsmanlike conduct by any competitor or official, the Chair of Judges Panel and/or the Superior Jury, and/or the official FIG Delegate will issue a warning. He/she will inform the Head of Delegation at the end of the round as to any warning so issued. In the event of repeated misconduct, the Chair of the Judges Panel and/or the Superior Jury, and/or the official FIG Delegate may order the expulsion of the offender from the competition hall/site for the remainder of the competition. An incident resulting in expulsion must be reported to the Secretary General and to the offender's NF. Further action may be taken as deemed necessary by the EC (complaint and request to the Gymnastics Ethics Foundation to open a disciplinary procedure).

Dressing, undressing and state of partial undress (bare chests or leotards half on) during competitions and warm-up periods in the designated competition area, is judged as an unsportsmanlike gesture and will result, after warning and opportunity for corrective action, in the appropriate attire deduction (applied to the next exercise in that phase of the competition or, if none remaining, the last exercise within the phase). If there is still no corrective action, the competitor will be disqualified (DQB) for unsportsmanlike behaviour from the competition

During competition, on the FoP, gymnasts/athletes, coaches, medical staff, and judges are absolutely prohibited from using any electronic device to talk, transmit or receive messages (mobile phones, mini-notebooks, computers, smartwatches, etc.) or use any camera or video device.

Art. 5.5 Entry and Exit from the Competition Area

a) Unauthorised Exit from the Competition Area and Sanctions

Each discipline has its own circumstances and the rules are in the respective Code of Points.

b) Rule Valid for all Disciplines

Competitors must not present themselves on the competition area until they have been called either by the announcer, by the Chair of Judges Panel, the D1 judge (ART) or when the flag or the green light is showing. In case of non-observance of the directions given the athlete will be penalized according to the provisions of the CoP.

c) Additional Rules for Artistic Gymnastics

During the march in and march out, as well as during the rotation from one apparatus to the other, the gymnasts, must move in a uniform manner, to music, and in accordance with the announcer's instructions. When entering the competition area, gymnasts should only carry the equipment which is strictly necessary.

During the competition, if the size of the warm-up hall allows it and provided that such a possibility is mentioned in the Work Plan, the gymnasts may leave the competition hall if their starting order allows it and return to the warm-up hall only during the Qualifications the Team Final and the Apparatus Finals. This provision does not apply for the All-Around Final.

Each gymnast must present himself to the panel of judges at the beginning and at the end of his exercise. He/she must await the green light or, otherwise, the signal from the D1 Judge before

commencing his/her exercise, and he/she must leave within 30 seconds of its conclusion. A gymnast may not re-enter the podium area, after the conclusion of his exercise, without the consent of the D1 Judge.

Art. 5.6 Medical Attention

Each case of illness or injury must be immediately reported to the official medical doctor by the Head of Delegation or his/her substitute.

Art. 5.7 Competitors' Numbers (Bibs)

In Artistic Gymnastics, the competitors' numbers must be worn and firmly attached to the back of the uniform during the whole competition. Bib numbers should be allocated to all gymnasts, including the team reserve gymnast and distributed according to the Work Plan provisions.

In Rhythmic Gymnastics, Trampoline Gymnastics, Acrobatic Gymnastics, Aerobic Gymnastics and Parkour, the gymnasts/athletes' numbers or the groups' numbers are shown on the display board.

Art. 5.8 Assistance by Coaches

Detailed provisions concerning the limitations on assistance by coaches during the performance of an exercise are set out in the CoP.

In no case, may a coach, team manager or another official person communicate verbally or by signal to a gymnast/athlete or to a group during the performance of exercises.

Concerning the "standing-in" or "spotting" by coaches on the podium, the following general provisions apply:

a) Artistic Gymnastics (General)

See FIG Accreditation Rules for guidance for the Head of Delegation, Team Manager, (additional) Coaches and (additional) Medical Staff on their access rights to the Training, Warm-up, and Competition halls during Training, Podium Training, and all Competition phases.

Art. 5.9 Expenses of Competitors

Competitors are entitled to those expenses set out in Art. 11 below of the TR ("Financial Provisions").

Art. 5.10 Competition Attire for all Disciplines

The rules governing competition attire for all disciplines are explained in the FIG Rules for Competition Clothing and Advertising and in the CoP for each discipline.

Art. 5.10.1 Space for Publicity

All disciplines are allowed spaces for publicity or sponsor advertising. The FIG Rules for Competition Clothing and Advertising must be followed.

Art. 5.10.2 National Identification (flag or country name)

National identification must be displayed by all competitors on their competition attire, according to the FIG Rules for Competition Clothing and Advertising.

Art. 5.10.3 Deductions for Omission of a National Identity

The deductions for omission of a national identification or for incorrect size or placement of the emblems or publicity are listed in the CoP.

Art. 5.11 Orientation Meeting

The LOC and the FIG provide very important information during the Orientation Meeting of FIG events. It is mandatory for all NFs to attend the official Orientation Meeting. Unjustified failure to attend this meeting will result in a sanction against the NF of CHF 1000.-. Judges' may not represent their NF at the Orientation Meeting.

Art. 5.12 Medical Round Tables

At major events, a medical round table is organised, providing important information about medical and anti-doping to the NFs. The participation of the medical staff (or a representative of the delegation if there is no medical staff) of the delegations is highly recommended.

ART. 6 ANTI-DOPING

Doping is forbidden in all its forms according to the FIG Anti-Doping Rules.

The list of prohibited substances is published and updated by WADA.

Anti-Doping provisions are stated in the FIG Anti-Doping Rules, approved by the EC in conjunction with the World Anti-Doping Code, and the related processes.

ART. 7 JUDGES AND JUDGING OF COMPETITIONS

Art. 7.1 General Principles

All exercises in FIG competitions must be evaluated by judges possessing the requested qualifications for this function. They must be members of their NF, hold the nationality of the NF they represent and honestly judge the exercises presented by the gymnasts/athletes.

For the OG and for the YOG, the number of judges shall be fixed in agreement between FIG and the IOC (Art. 7.10.1 below). However, in the allocation of judges to the different panels (draws), and for the WCH and JWCH of the Olympic disciplines, only one judge of the same NF may be in the same panel. For TUM, DMT, AER, ACRO and PK, see Art. 7.8.2 below.

For all other competitions refer to the General Judges' Rules.

Art. 7.2. Basis for Judging: Codes of Points and Judges' Rules

The separate CoP including the appendices – for all disciplines – and the General and the Specific Judges Rules – form the basis for judging.

Art. 7.3 Development, Modification and Interpretation of the Codes of Points

The development of the CoP is the responsibility of the respective TCs. The CoPs are submitted to the EC for approval. Nothing should be contained in the CoP which contravenes the provision of the Statutes, the TR as well as other FIG Rules, or which has the effect of modifying such provisions.

When modifications are brought forth to the CoP, it is necessary to respect a deadline of a minimum of six (6) months prior to being applied in competition, by taking into account the date when the FIG publishes the new instructions.

If, on the part of the TCs, there is information concerning certain interpretations of the CoP, proposed at the moment of the competition, this must be done in writing and be distributed to the NFs at least 24 hours before the start of the competition.

The CoPs for all disciplines are published in English.. Translations are possible with the consent of the FIG who requires copyright thereof.

In case of dispute, the English text prevails.

Art. 7.4 Qualification of Judges for FIG Official Competitions: Brevets

In order to act in any of the judging capacities listed in Art. 7.8 below, it is necessary – except in the case of members of the EC (or appointed by the EC) acting on the Jury of Appeal – to possess the FIG judges' brevet currently in effect and, where so required, the classification appropriate to the judging function in question.

The TCs are empowered to deal with the procedure for the classification of judges.

The TCs continually carry out the education, qualification and assessment of judges in order to maintain a sufficient number of qualified or "breveted" judges.

Art. 7.5 Tuition and Examination for the FIG Brevet

For the purposes set out in the foregoing Art. 7.8 below, there is a cycle of instruction of four (4) years' duration commencing in the year following the OG.

Judges' courses are conducted according to the FIG General and Specific Judges' Rules in force.

Art. 7.6 Validity of the Brevet

The validity of the Brevet is subject to the compliance with the required criteria as mentioned in the General and respective Specific Judges' Rules.

The results of the exams, the practical experience and the impartiality of the judges will be taken into account for their qualification.

Art. 7.7 Registration of International Judges

All breveted judges are registered on the FIG Judges' Data Base.

Art. 7.8 Organisation and Responsibility of Juries at Official FIG Competitions

The judging of official competitions of the FIG, the OG and the YOG is the responsibility of the personnel listed below:

Art. 7.8.1 Superior Jury

The Superior Jury consists of the TC President, the members of the TC and/or other judges approved by the EC. The specific tasks of each member are defined by the TC concerned.

The functions of the Superior Jury are:

1. To supervise the competition and to deal with any breaches of discipline or any extraordinary circumstances affecting the conduct of the competition.
2. To assess a grave error of judgement on the part of one, or several, judges and to take such action as they consider necessary.
3. Continually, to review the scores awarded by the judges and to issue a warning to any judge whose work is considered to be unsatisfactory or showing partiality.
4. To remove and substitute any judge who disregarded a previous warning.
5. To take the final decision about inquiries as per Art. 8.5 below.

6. To follow the guidelines for the use of IRCOS (or official review video) and the Duties for Superior Jury and Supervisors as developed by the EC and applicable at the OG, YOG, WCH, JWCH and other official FIG competitions by EC decision.

Art. 7.8.2 Judges' Panels

Each judges' panel consists of

- Two Juries for Artistic Gymnastics: D Judges (Difficulty) and E Judges (Execution)
- Three (3) Juries for Trampoline Gymnastics: D Judges (Difficulty), E + H Judges (Execution and, if needed, Horizontal Displacement), S + T Judge (Chair of Judges' Panel, Time of flight and Synchronisation). When available T, S and H scores are given electronically (HDMD device).
- Three (3) Juries for Rhythmic Gymnastics, Acrobatic Gymnastics and Aerobic Gymnastics: D Judges (Difficulty), E Judges (Execution) and A Judges (Artistry) selected in accordance with the draw procedure determined.
- For Parkour:
Speed: minimum seven (7) judges (including one of them who acts also as CJP) : one (1) ST judge, two (2) T judges and four (4) L judges.
Freestyle: minimum eight (8) judges including one of them who acts also as CJP (depending on the level of the competition) : three (3) E judges, three (3) D judges and two (2) L judges. The D judges are appointed by the FIG.

No panel may include more than one (1) member from a single NF except for Time and Line judges, and unless specified otherwise. The number of members per Judges' Panels is described in the General Judges' Rules, in the respective Specific Judges' Rules, and in the respective Code of Points.

Art. 7.8.3 Jury of Appeal / Competitions' Supervisory Board

The Presidential Commission appoints the Jury of Appeal which consists of two (2) members of the EC (or appointed by the EC) with one (1) of them acting as President, and a third competent person who was involved neither in the decision of the Competition Jury, nor in the decision of the Superior Jury, nominated on-site if necessary by the FIG President or his representative. The TC President concerned or any other appropriate person may be called as a consultant.

The members of the Jury of Appeal must uphold the respect of sporting ethics by assuring that all the gymnasts/athletes be judged fairly.

The Jury of Appeal also monitors that the requirements of the Statutes, TR, Rules and Guidelines are observed.

The Jury of Appeal deals at an appropriate time with:

- Appeals made by judges who have been warned or excluded by the Superior Jury
- Appeals made by sanctioned delegation members
- Appeals made by a Head Delegation regarding competition issues

They do not interfere directly, but draw the responsible person's attention to the problem, requesting him/her to deal with it (TC, LOC, FIG Staff). Should serious discrepancies occur or an offence not be corrected, it shall report the case to the Director of the Gymnastics Ethics Foundation for possible action.

Any major or extraordinary (unforeseen in the rules) incidents occurring during a competition or its preparation must be reported to the Jury of Appeal as soon as possible. The Jury of Appeal must remain as the final body to render impartial decisions upon an appeal. Therefore, they may not be involved with decisions or give opinions in any case where they may have to resolve an eventual appeal.

The Jury of Appeal must attend all competition sessions where designated. At least one member should attend the drawing of lots for the judges and all briefings to supervise the appropriate practices and procedures were applied and should also attend the judges' instruction when possible.

The Jury of Appeal shall provide a written report at the conclusion of the competition including any appeals and actions taken. This report can include suggestions regarding improvements observed from their duties.

Art. 7.9 Duties of TCs Presidents Relating to Competitions

The duties are as follows:

- To ensure that all the requirements for judging a competition are satisfied
- To preside over the Superior Jury
- To issue a warning to any person acting in any judging capacity who is considered to be unsatisfactory or to have broken his/her oath, such warning to be given following a decision of the Superior Jury
- To deal with the substitution of any person, acting in a judging capacity, following a decision of the Superior Jury
- To record the circumstances under which any person has been warned or substituted
- To direct, with the assistance of the TC members, the instructional meeting and the judges' briefing preceding the competitions.
- To supervise the draw for the selection of judges in the different competitions and at the different apparatus (ART, RG, TRA) or categories
- To ensure that all requirements with respect to the conduct of judging personnel, coaches, gymnasts/athletes and officials are observed.

Art. 7.10 Selection of Judges, Appointments, Nominations, Procedures of Draw

Art. 7.10.1 Olympic Games and Youth Olympic Games

For the OG and the YOG the number of Judges will be determined following an agreement by the IOC and the FIG.

Artistic Gymnastics, Rhythmic Gymnastics and Trampoline Gymnastics

Judges in good standing are appointed in principle by the FIG, taking into account the degree of the brevet, the experience and the quality of the judges, as well as the particular demands of the OG and the YOG Regulations set by the IOC.

The TC proposes in principle the judges for the OG and the YOG based on selection procedures (such as, but not limited to, the Judges' Evaluation Programme results performed during the cycle, as well as unified and objective criteria) and these selection procedures are submitted to the EC for approval.

There have to be two reserve judges for each MAG, WAG, TRA and RG. The reserve judges must be min. cat. 2.

Art. 7.10.2 The World Games

a) Trampoline Gymnastics

Each NF taking part must present one or two qualified judges (cat. 1, 2 or 3) in good standing, but must present a minimum of one (1) judge.

The judges are designated in the same manner as for the WCH (see Art. 7.10.3 c). If there is an insufficient number of judges, the TRA TC decides the process for designating the necessary number of judges.

b) Acrobatic Gymnastics

Each NF taking part must present one or two qualified judges (cat. 1, 2 or 3) in good standing, but must present a minimum of one (1) judge.

If there is an insufficient number of judges, the ACRO TC decides the process for obtaining the necessary number. The selection of judges panels (Execution and Artistry) is made by the draw prior to the judges' instructions.

The Chair of Judges Panel (cat. 1) and the Difficulty Judges (cat. 1 or 2) are drawn by the ACRO TC six (6) months prior to the competition. Details of the draw are outlined in the Specific Judges' Rules.

c) Aerobic Gymnastics

Each NF taking part must present minimum one (1) qualified judge (maximum two (2) judges) in good standing with a valid FIG brevet of which one (1), at least, will be called upon to judge. If there is an insufficient number of judges, the AER TC decides the process for obtaining the necessary number. The selection of judges (Artistic and Execution) is made by the drawing of lots prior to the judges' instructions.

The Chair of Judges Panel (cat. 1) and the Difficulty Judges (cat. 1 or 2) are drawn by the AER TC six months prior to the competition. Details of the draw are outlined in the Specific Judges' Rules.

d) Parkour

The Difficulty judges are nominated by the FIG. Execution judges are from the participating NFs or neutral judges. No jury may have more than one (1) judge from the same NF.

Art. 7.10.3 World Championships

a) All Disciplines

Unless decided otherwise by the President of the Superior Jury in case of extraordinary circumstances, a judge without a gymnast who has received accreditation for the Competition will be considered as a neutral judge and will not be allowed to be drawn in any judging position.

b) Artistic Gymnastics (Teams and Individuals)

Each NF taking part entering a team may present two qualified E-judges in good standing of which one, at least, will be called upon to judge, provided that no D-judge was drawn of his federation. If a D-judge is drawn, only one E-judge can be assigned. The total number of judges per NF may not exceed 2.

Federations entering individuals have the right to present one qualified E-judge, regardless if a D-judge is drawn.

The selection of judges for Qualifications and the All-Around Finals is made as follows:

- The judges for D1 and D2 are drawn by name and by NF from the pool of cat. 1 judges. This draw made by the TCs will take place at least six (6) months prior to the competition. Judge D1 and D2 will fulfil the same function during all sessions of the same competition.
- The D1 and D2 judges are considered as FIG judges, but the name of their NF must be used.
- The E1 to E7 judges are drawn by NF at the event prior to the competition from among those NFs that have cat. 1, 2 or 3 judges present at the competition. A new draw is conducted for each competition session but gives priority to those NFs that have not placed a judge in previous session of the competition.

Should there be an insufficient number of judges, the drawing of lots continues on the same basis but using the names of the NFs' second judges (two judges from the same NF cannot be placed in the same panel).

NFs whose two (2) judges are called upon to judge may decide in which competitions they will be utilised.

For the E-Panel in Team Finals only Judges of NFs which do not have a team taking part may be called upon to judge. The selection is by means of the draw after the Qualifying Competition is concluded. If there is an insufficient number of judges, the TC's decide the process for designating the necessary number of judges.

For the E-Panel in Apparatus Finals only judges whose NFs do not have competitors, nor a No 1 reserve gymnast taking part, may be called upon to judge. The selection is by means of the drawing of lots after the Qualifications are concluded.

For Individual WCH and JWCH, refer to the Accreditation Rules for the number of judges allowed to be presented for each NF.

c) Rhythmic Gymnastics

Each NF may present one (1) qualified judge with a valid international brevet for each category (Individual and/or Group) in which they have competitors.

The selection of judges is made by draw:

- For the 1st positions per Jury (starting from D, A, E), priority is given to the judges with the highest category.
- D Judges are drawn among the judges with cat. 1 or 2
- Reserve-Judges are drawn among the judges cat. 1 or 2
- A, E, Tand L Judges are drawn among the remaining judges cat. 1, 2 or 3.
- Judges are drawn during the judges' briefing before the beginning of each phase of competition.

In Apparatus Finals, only judges whose NFs do not have competitors, nor a No 1 reserve gymnast taking part, may be called upon to judge.

If there are insufficient judges, the TC decides the process for designating the necessary number of judges.

In the year preceding the OG, each NF participating with a group must present one (1) qualified judge with a valid international brevet. Failure to provide a judge will result in the FIG charging the NF concerned a fine of CHF 2'000.- for the cost of providing another judge.

d) Trampoline Gymnastics

Each NF (except those participating for the first time in WCH) must nominate at least one (1) qualified judge in good standing with a valid international brevet for each event (TRA, TUM and DMT) in which they have competitors. The judges must be named at the time of the nominative entry. Failure to provide a judge will result in the FIG charging the NF concerned a fine of CHF 2'000.- for the cost of providing another judge.

The selection of the Chairs of Judges' Panels is made by the TRA TC. The selection of all other judges is made by a draw. In all Finals, if possible, only judges whose NFs are not represented in the final may participate in the draw.

e) Acrobatic Gymnastics

Each NF taking part must present one (1) or two (2) qualified judges in good standing with a valid FIG brevet.

The Chairs of Judges' Panel (cat. 1) and the Difficulty Judges (cat. 1 or 2) are drawn by the ACRO TC six (6) months prior to the competition. Details of the draw are outlined in the Specific Judges' Rules.

Each NF (except those participating for the first time in WCH) participating with maximum 3 units, must nominate minimum one (1) judge. When participating with 4 or more units, NF's must nominate two (2) judges. The judges must be named at the time of the nominative entry. Failure to provide the judges required will result in the FIG charging the NF concerned with a fine of CHF 2'000.- for the cost of providing another judge.

The selection of judges (Execution and Artistry) is made by the draw before the competition days and the panels will be published just before the competition session (Qualifications and Finals).

In all Finals, if possible, only judges from NFs without competitors or 1st reserve competitors will be placed into the draw for Execution and Artistry. If there are insufficient judges, the ACRO TC will decide the process for designating the necessary number of judges.

f) Aerobic Gymnastics

Each NF taking part must present minimum one (1) qualified judge (maximum two (2) judges) in good standing with a valid FIG brevet of which one (1), at least, will be called upon to judge. If there is an insufficient number of judges, the AER TC decides the process for obtaining the necessary number.

Failure to provide the judges required for WCH, JWCH and WYC, will result in the FIG charging the NF concerned with a fine of CHF 2'000.- for the cost of providing another judge. For WCH, the Chair of Judges Panel (cat. 1) and the Difficulty Judges (cat. 1 and 2) are drawn by the AER TC six (6) months prior to the competition.

For JWCH and for WYC, the Chair of Judges Panel (cat. 1 – same as the judges drawn for the WCH) are drawn by the AER TC six (6) months prior to the competition.

The selection of judges (Artistic and Execution and Difficulty (for JWCH and WYC)) is made by the drawing of lots prior to the judges' instructions.

Details of the draw are outlined in the Specific Judges' Rules.

For Finals, only judges from NFs without competitors or 1st reserve competitors will be placed into the draw for Execution and Artistry. If there are insufficient judges, the AER TC will decide the process for designating the necessary number of judges.

g) Parkour

Difficulty judges are nominated by the FIG. Execution judges are from the participating federations or neutral judges. No jury may have more than one (1) judge from the same NF.

Art. 7.10.4 Other Official FIG Competitions

See the respective rules decided by the EC (i.e. World Cup Rules).

Art. 7.11 Judges' Instructions before the WCH, JWCH, OG, YOG, TWG, World Cups, World Challenge Cups, WAGC, WYC and Multi-Sport Games

At the competitions above, a judges' instruction is organised in person or if needed virtually, under the direction of the TCs. The principal aim is to ensure an exact and uniform interpretation of the CoP and of the assessment tables.

All the judges are required to take part in this instruction and at subsequent briefings. If they do not take part, they are not allowed to judge.

All registered judges must study all the educational material specified by FIG, on the relevant online platforms. By being registered as a judge, the judge agrees that his/her participation in the educational programme will be monitored and that non-participation may lead to dismissal from judging.

The length of a judges' instruction should not exceed four (4) hours, including the information about the organisation and the running of the competitions.

During these instructions the TCs have the right to test the knowledge of the judges and to dismiss those who prove to be incompetent.

Art. 7.12. The Oath

Art. 7.12.1 The Judges' Oath

The following oath shall be delivered by a judge in person or virtually during the opening ceremony of the WCH and JWCH, and other important international events:

«In the name of all the judges and officials, I promise that we shall officiate in these World Championships (or any other official FIG Event) with complete impartiality, respecting and abiding by the rules which govern them, in the true spirit of sportsmanship»

Sporting justice, ethics and honesty are the basis of a fair judgment.

If a judge does not abide by his oath, he incurs the risk of being sanctioned as provided for by the Statutes and the Code of Discipline. The judge in question may be denounced to the GEF Disciplinary Commission by the TC. These provisions shall also be applicable to the elected members of the TCs and the Jury of Appeal who have not abided to their duty of neutrality, of respect and the application of the rules and the CoP.

The members of the FIG EC must respect and uphold the respect of the sporting ethics by assuring that all the gymnasts/athletes be judged fairly.

Art. 7.12.2 The Athletes' Oath

The following oath shall be delivered by a gymnast/athlete in person or virtually during the opening ceremony of the WCH and JWCH and other important international events. This Athletes' Oath must follow the "Judges' Oath".

"In the name of all gymnasts/athletes I promise that we shall take part in these World Championships (or any other official FIG Event), respecting and abiding by the rules which govern them, committing ourselves to a sport without doping and without drugs, in the true spirit of sportsmanship, for the glory of sport and the honour of the gymnasts/athletes."

Art. 7.12.3. The Coaches' Oath

The following oath shall be delivered by a coach in person or virtually during the opening ceremony of the WCH and JWCH and other important international events. This Coaches' Oath must follow the "Athletes' Oath".

"In the name of all Coaches and other member of the athlete's entourage, I promise that we shall commit ourselves to ensuring that the spirit of sportsmanship and ethics is fully adhered to and upheld in accordance with the fundamental principles of Olympism. We shall commit ourselves to educating the gymnasts/athletes to adhere to fair play and drug free sport and to respect all FIG Rules governing the World Championships (or any other official FIG Event)."

Art. 7.13 Behaviour of Judges and Particular Requirements

Members of Juries are required to be acquainted with, and have in their possession, the CoP, the TR and the directions relating to the particular competitions.

They are required strictly to observe the instructions concerning dress code, seating arrangements, behaviour and other disciplinary and organisational matters provided for in the CoP and the General Judges' Rules.

Art. 7.14 Adaptation of Provisions for Judging at Competitions not Organised by FIG

Art. 7.14.1 General Remarks

Continental competitions, competitions between NFs and international tournaments must observe the foregoing provisions with respect to judging arrangements except as modified below:

Art. 7.14.1.1 Judges

Judges must comply with the requirements outlined in Art. 7.8, 7.10 to 7.12, as well as the General and Specific Judges' Rules.

In the event of disciplinary measure, judges have the right to appeal to the FIG.

Art. 7.14.1.2 Judges' Instruction

Instruction courses, preceding international competitions, are part of the judges' education. They are conducted by persons appointed by the TC and the presence of all the judges taking part in the competition is required.

Discussions will be held on the assessment of the exercises on the basis of the CoP by taking into account the nature and circumstances under which the competition is held. Questions relating to the

various apparatus (ART/RG) are clarified. In addition, problems relating to the organisation and conduct of the competition will be examined.

Art. 7.14.1.3 Composition of Juries

The assignment of the judges is based on an agreement made between the participating NFs and if one of them does not wish to present a judge, this must be stipulated in the agreement made by the participating NFs.

If it appears necessary, and financial means so allow, the number of neutral judges may be increased. In exceptional cases, arrangements are possible by mutual consent of the participating NFs.

Jury size is described in the General Judges' Rules.

For **Parkour**, juries at international competitions will comprise two groups of minimum 3 judges.

Art. 7.15 Expenses of Members of Juries

Particulars of the reimbursement of the expenses incurred by members of juries are set out in Art. 11.3.2 below.

ART. 8 SCORING

Art. 8.1 Methods of Determining Scores

The method of determining scores and evaluating exercises is set out in the CoP.

Art. 8.2 Tie-breaking Rules

The General tie-breaking rules defined for each discipline in their respective Section must be applied to all competitions in groups 1 to 3 listed in the FIG Calendar, they are recommended for competitions in group 4.

Art. 8.3 Score Sheets

The complete detailed results of every international event must be sent to the FIG Office by the organising federation in accordance with the FIG requirements.

The results must be signed by the Chair of Judges' Panels or the President of the Superior Jury.

Art. 8.4 Validity of Scores

In cases where the scores shown on the public electronic scoreboard differ from those officially entered in the computer by the judge, the scores registered on the judge's electronic command desk prevails.

Art. 8.5 Inquiries for Scores

In competitions organised or sanctioned by FIG, inquiries for scores may be submitted to the President of the Superior Jury (or, if applicable, the Technical Delegate), in line with this article.

Art. 8.5.1 Types of Inquiries

In all disciplines – except PK where no inquiry is admitted –, only the Difficulty Score (D-score) may be subject to an Inquiry.

For Rhythmic Gymnastics, the D-score is split into Difficulty Body (DB) and Difficulty Apparatus (DA). These sub-groups are subject to separate Inquiries (either DB and DA, or only DB or DA). If both DB and DA from the same routine are inquired, DB will be considered the first inquiry, and DA the second. Inquiries cannot be withdrawn once submitted.

Art. 8.5.2 NF Authorised Representative

Only the designated NF Authorised Representative (a coach or delegation member, but under no circumstances a judge) for the specific gymnast(s), group, or unit may submit inquiries. They must be present in the Inquiry Area on the field of play.

An NF is not permitted to submit inquiries on behalf of gymnasts, groups, or units from other NFs. Additionally, challenges to decisions resulting from inquiries are prohibited.

Art. 8.5.3 Inquiry Officer

The Inquiry Officer must be a judge from the organising NF, or, if not possible, from a participating NF. They must hold at least the highest national qualification, but preferably a FIG international brevet judge. They must have a working knowledge of English.

The Inquiry Officer will receive instructions from the President of the Superior Jury (or the Technical Delegate) and will oversee the inquiry process, including confirming the identity of the NF Authorised Representative.

The Inquiry Officer may offer guidance to the NF Authorised Representative in submitting inquiries. However, the NF Authorised Representative remains fully and solely responsible for the proper and timely submission of inquiries in accordance with the provisions of this Article.

Art. 8.5.4 Submission of an Inquiry

If an electronic device is available, inquiries are submitted through the device by selecting the relevant gymnast, group or unit's name within the time limit (see 8.5.5).

If no electronic device is available, the NF Authorised Representative submits a completed official inquiry form to the Inquiry Officer, who records the time of receipt.

Art. 8.5.5 Inquiry Deadlines

Electronic Device: Inquiries must be submitted within two minutes after the score is displayed. The device will automatically prevent late submissions. In case of a device malfunction, the Inquiry Officer shall use best efforts to manually establish and record the timely submission, if possible, using an official inquiry form.

Official Inquiry Form: Where no device is available, inquiries must be submitted using the official inquiry form to the Inquiry Officer:

- before the score for the next gymnast, group or unit is displayed or,
 - for the last gymnast, group or unit in a rotation, within two minutes after the score is displayed.
- The Inquiry Officer will verify if the inquiry was submitted within the deadline and record this on the official inquiry form.

Art. 8.5.6 Inquiry Rejection

Late or incorrectly submitted inquiries will be rejected by the President of the Superior Jury (or, if applicable, the Technical Delegate). The rejection must be recorded in the Electronic Device or on the Official Inquiry Form.

The decision not to accept an inquiry—whether due to it being filed late or not following the correct procedure—is final and cannot be challenged.

Art. 8.5.7 Multiple Inquiries

If multiple inquiries are submitted simultaneously, the first recorded inquiry's submission time will apply to all inquiries submitted on time.

The Inquiry Officer will, if needed, either unlock the electronic system for the NF Authorised Representatives to submit the inquiry in the device or record the submission time on the official inquiry form.

Art. 8.5.8 Inquiry Review Process

Timely and properly submitted inquiries will be reviewed by the President of the Superior Jury (or, if applicable, the Technical Delegate) using official competition footage only.

The decision will be made as quickly as possible, except for Apparatus Finals in ART and RG as well as for Finals for all other disciplines, where the inquiry must be resolved before the next gymnast, group, or unit's score is displayed.

The score may be increased, reduced, or remain unchanged after the inquiry review.

Decisions on inquiries are final field-of-play decisions and cannot be challenged internally or externally, including appeals to the Court of Arbitration for Sport (CAS), which has no jurisdiction over any challenge. This rule overrides any prior or future provisions granting CAS broader jurisdiction.

Art. 8.5.9 Inquiry Costs

The cost per inquiry is CHF 300 for the first, CHF 500 for the second, and CHF 1,000 for each subsequent inquiry throughout the entire duration of the competition (and not starting from "1" again at each competition phase).

If the Difficulty score is increased, the fee is waived; if it remains unchanged or is reduced, the fee is charged to the NF and transferred to the FIG Foundation for Solidarity.

Inquiry costs will be invoiced to the NFs by the FIG after the competition. No payment will be accepted on site.

At events without a FIG Technical Delegate, inquiry costs will be invoiced by the LOC and forwarded to the region's governing body if required by local regulations.

Art. 8.5.10 Final Ranking

Rankings are considered final once all inquiries have been processed and the results are confirmed and signed by the President of the Superior Jury, CJP or Technical Delegate.

Art. 8.6 Requests to revise Time or Line Deductions or Bonuses

Requests to revise Time or Line deductions or Bonuses, as allowed by the Code of Points for certain disciplines, are treated separately from inquiries and do not incur any cost. However, such requests must comply with the same principles, procedures, and deadlines specified in this article for inquiries. Requests to revise other neutral deductions or penalties are not permitted.

Art. 8.7 Invalid Results Marks

Some specific designations are used to report invalid results.

See Appendix to the Code of Points

ART. 9 CEREMONIES AND AWARDS

Art. 9.1 Opening and Closing Ceremonies

For details regarding the official FIG part of the Opening and Closing Ceremonies, see the “Opening Ceremony Procedure” / the “Closing Ceremony Procedure”.

Art. 9.2 Medal Award Ceremonies

The formal Medal Award Ceremonies of the WCH and JWCH, and other events constitute the grand finale of the competitions and must be conducted with dignity according to the “FIG Rules for Award Ceremonies” approved by the EC.

Following the announcement of results, the LOC displays (in any way, by digital display or hanging physically) the national flags of the gymnasts/athletes, who have gained the first three (3) places, and plays the national anthem of the winner (or the winners in the case of ties at the first places).

For the OG and the YOG, the IOC rules must be observed.

Art. 9.3 Awards

Art. 9.3.1 Timing of Award Ceremonies

In all disciplines, the ceremonies must take place immediately after the competitions and in case of multiple finals, in principle, after the competition on each apparatus or category, or as previously approved.

LOCs are responsible for a quick procedure for these ceremonies (maximum 10 minutes or less to set-up and commence).

The FIG reserves the right to alter these arrangements in exceptional circumstances.

Art. 9.3.2 Awards Given at World Championships

The following awards are given to the first eight (8) ranked teams / groups / pairs / gymnasts/athletes in all finals as well as in the team rankings:

1 st rank	1 gold medal and 1 diploma
2 nd rank	1 silver medal and 1 diploma
3 rd rank	1 bronze medal and 1 diploma
4 th to 8 th rank	1 diploma

On the podium, awards will only be presented to the medal winners, except for the All-Around Finals in ART and RG where 8 gymnasts/athletes must be present on the podium. Diplomas for positions 4 through 8 will be presented to the respective gymnasts/athletes.

In Team Finals/ranking, each gymnast/athlete receives the awards mentioned above, including the reserve gymnast/athlete. The same award will be presented to one designated coach at the same time.

A gymnast/athlete or a team who is absent with unjustified reason will be disqualified.

If there are less than four (4) participating NFs in an event at the time of the nominative registrations, no medals will be given in that respective event. A prize is given instead.

In addition, all accredited gymnasts/athletes, coaches, judges and officials will receive a certificate of participation (preferably in digital format) from the LOC. and, at the discretion of the LOC, a commemorative item.

Art. 9.3.3 Attire

For the award ceremonies all the gymnasts/athletes have to wear their national tracksuits.

In case of infractions the respective NF will receive only 50% of the prize money.

Art. 9.3.4 Design of the Logo, Medals, Diplomas, and Certificates

The design proposed by the LOC must be approved by the FIG office.

ART. 10 COMPETITION APPARATUS AND AUXILIARY INSTALLATIONS

Art. 10.1 Changes to Competition Apparatus

Changes to apparatus (and, consequently, of the norms) may be decided by the EC upon a recommendation from the Apparatus Commission approved by the TC(s). However, no change will be authorized over the two (2) years preceding the OG.

In reaching its decision, the EC will take into consideration the technical, constructional and financial aspects together with questions of health and safety. The EC will also determine the time at which the proposed change/s will come into effect.

Art. 10.2 Inspection of Apparatus at Competitions

The apparatus control in the competition hall/site, warm-up hall/site prior to podium training, and training halls is the responsibility of the President of the Superior Jury and will be conducted in accordance with the instructions below.

The Apparatus control includes the check of the dimensions of the apparatus which must respect the valid FIG Apparatus Norms. It must be verified that the duly certified apparatus are set up and fixed correctly and that the apparatus in the different halls are identical.

A written report about all the problems faced must be established. Adjustments must be made by the LOC with, if present, the apparatus manufacturer concerned. The President of the Superior Jury will approve the use of the apparatus by the gymnasts/athletes, after verifying that the adjustments have been made.

At WCH, JWCH, OG, YOG, TWG, and other FIG designated competitions, a specialist of the Test Institute will be in charge of the apparatus control in the competition hall and in the warm-up hall prior to podium training as well as in the training halls and will establish a detailed written report of the control of each apparatus and the problems faced. The report must be given to the Secretary General and to the President of the Superior Jury and the apparatus manufacturer concerned. Adjustments must be made by the apparatus manufacturer concerned in cooperation with the LOC. The specialist of the Test Institute will approve the use of the apparatus by the gymnasts/athletes, after the adjustments have been made and verified by him.

During all competitions, the TD or his/her representative is responsible for the apparatus control.

The Organising Committee of OG, YOG, WCH, JWCH, TWG, World Cups, World Challenge Cups, Continental Multisport Games, Commonwealth Games, FISU World University Games, Mediterranean Games, as well as of the Qualifying events for OG, YOG and TWG, must enter into a service agreement with the official apparatus manufacturer, which guarantees the presence of technicians for the installation of the apparatus in the competition hall, the warm-up halls and the training halls, as well as throughout the duration of training, podium training, warm-up and competition. For OG and ART WCH the presence of at least two technicians is requested, whereas for all the other competitions listed above at least one technician must be present.

Art. 10.3 Advertisement on Apparatus

Any advertisements set out on apparatus used at the Official Championships of the FIG, the OG and the YOG must conform with the requirements and the specifications contained in the "Rules for Advertising and Publicity" approved by the EC. For OG and YOG, specific rules of the IOC are applicable.

Art. 10.4 Auxiliary Installations

The following installations are essential for the smooth running of the official FIG competitions, the OG, the YOG and TWG:

- Acoustic apparatus able to sound a signal after each period of time determined in the CoP.
- A device for signalling the appropriate deductions when stepping outside of the border markings .
- Equipment capable of showing clearly the scores for each apparatus / categories and recording marks awarded by individual judges. It should also provide a green light and a red light to show the operative and the non-operative periods respectively of the competition on the apparatus / categories concerned. If an installation of this type is not available, another system must be put at the disposal of the juries of control so that they can give green and red signals.
- Electronic devices for the transmission of scores for the judges. These devices must be operated by personnel experienced in their use.
- A sound level meter for the control of the decibels at competitions
- A time of flight, synchronisation and a horizontal displacement measuring device in Trampoline

Art. 10.5 Availability of Auxiliary Installations

It is necessary for the apparatus mentioned above to be available for use starting from the podium training.

Art. 10.6 Hand Apparatus used in Rhythmic Gymnastics

A zone of control including a measurement table with a valid FIG Certificate and a scale +/- 1 g, as well as the necessary devices, are required to enable checks to be made to ensure that the Hand Apparatus used by gymnasts conforms to the specifications and norms set out in the CoP. (See also Art. 4.10.3 and Art. 4.10.9).

ART. 11 FINANCIAL PROVISIONS

Art. 11.1 Entry Fees (FIG Official Competitions)

WCH

ART	Individual gymnast	CHF	50
	Team (flat fee)	CHF	200
RG	Individual Gymnast	CHF	50
	Group	CHF	200
TRA	Individual Gymnasts (per gymnast and per event)	CHF	100
ACRO	Individual Gymnasts (per gymnast)	CHF	100
AER	Individual Gymnasts (per gymnast and per category)	CHF	100
PK	Individual athlete	CHF	50

JWCH

ART	Gymnast (regardless if participating as individual gymnast or as team gymnast)	CHF	100
RG	Gymnast (Individual and per group gymnast)	CHF	100
TRA	Individual Gymnasts (per gymnast/per event)	CHF	150
AER	Individual Gymnasts (per gymnast and per category)	CHF	100
ACRO	Individual Gymnasts (per gymnast)	CHF	150

WAGC / WYC

TRA	Individual Gymnasts (per gymnast/per event)	CHF	150
ACRO	Individual Gymnasts (per gymnast)	CHF	150
AER	Individual Gymnasts (per gymnast and per category)	CHF	100

Art. 11.2 Fines (FIG Official Competitions)

Fine after missing the Provisional Entry or late Entry depending on the WCH type	CHF	500
Fine after missing the Definite Entry or late Definite Entry (until gymnasts/athletes' draw of lots) depending on the WCH type	CHF	1'500
Fine after missing the Nominative Entry or late Entry	CHF	1'000
Fine for not participating with a team after - NF confirmation of its qualified team quota place - Definitive Entry with a team	CHF	1'000

Art. 11.3 Financial Obligations of the organising NF

Art. 11.3.1 Competition fees

The organising NF shall pay the FIG the competition fees as approved by the Council.

For World Cup, World Challenge Cup events and other international competitions, the following cumulative competition fees are due by the organising NF:

<i>Senior events:</i>	<i>Swiss Francs 200.-</i>
<i>All other events:</i>	<i>Swiss Francs 100.-</i>
<i>Competitions with prize money:</i>	<i>5% of the prize money</i>

The organising NF must pay the total amount due to the FIG following the conclusion of the competition.

These provisions are subject to any alternative terms outlined in the contract between the organising NF and the FIG.

Art. 11.3.2 Site visits in preparation of FIG Official Competitions

If the TC President(s) wish to visit the town, where an official FIG competition will be held in order to elaborate the Work Plan with the LOC or to visit the competitions, training and the warm-up site, all the expenses relative to travel and accommodation, are at the charge of the organising.

Art. 11.3.3 Expenses of the neutral judges invited by the organising NF

All the expenses of the neutral judges are to be met. If another meeting is organised in reciprocity, these expenses are to be met by the organising federation. In both cases, the payment is made by the organising federation.

The neutral judges are entitled to:

- their travel expenses by rail, 1st class, if necessary with sleeping car
- their travel expenses by air (economy class)
- accommodation and breakfast
- a daily allowance for the duration of the competition, including travel days, and to be paid in a currency to be determined and agreed in advance.

Art. 11.3.4 Doping Tests

The costs for doping tests, namely those of the analyses, shall be borne by the organising NF (see FIG Anti-Doping Rules).

Art. 11.3.5 Insurance

The organising NF will secure and maintain, at its sole cost, an adequate general liability insurance (third party liability insurance) with respect to the event. Such general liability insurance will cover the risk of any liability or damages arising out of the organisation and staging of the event. The FIG will have its insured interest noted on the respective policy and will be provided with a copy thereof (incl. the requested insurance cover and details).

Art. 11.3.6 Losses and Damages

The NF shall indemnify the FIG against all liabilities, costs, expenses, damages and losses or incurred by the FIG as a result of or in connection with the NF's non-compliance with these TR .

Art. 11.3.7 Event fee for Exhibitions, Shows, Galas and Promotional Events

The fee, payable to the FIG by the organising member federation for exhibitions, shows, galas and promotional events (except GfA) with gymnasts/athletes from more than one NF participating is CHF 1'000.- for each event.

ART. 12 FINAL PROVISIONS

In those cases, which are not foreseen in the TR, the Statutes apply. If

- unforeseen problems arise during major events,
- the existing Rules and Regulations do not provide for them,
- an immediate solution is required,

it rests with the respective TC to take the responsibility and to decide the matter.

This 2026 edition of the TR has been approved by the Council in May 2025 and enters into effect on 1st January 2026 unless specified otherwise.

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Morinari Watanabe
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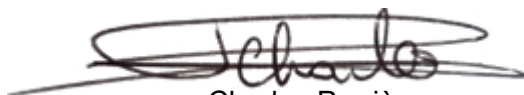
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AER TC President



Charles Perrière
PK TC President

Lausanne, May 2025

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Technical Regulations 2026



Section 2

Special Regulations for Artistic Gymnastics

Version 2.0 – December 2025

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ART. 1 PRINCIPLES FOR THE COMPETITION PROGRAM

Competition programs for WCH are prescribed below. For other competitive events special arrangements may apply (see Section 1, Art. 3.1 to 3.7)

Men	Women
Qualifications Six (6) optional exercises Two (2) vaults to qualify for Apparatus Final	Qualifications Four (4) optional exercises Two (2) vaults to qualify for Apparatus Final
Team Final Six (6) optional exercises	Team Final Four (4) optional exercises
All-Around Final Six (6) optional exercises	All-Around Final Four (4) optional exercises
Apparatus Finals One (1) exercise per apparatus Two (2) vaults	Apparatus Finals One (1) exercise per apparatus Two (2) vaults

ART. 2 SEQUENCE OF PERFORMANCE ON APPARATUS

Men

Floor Exercise
Pommel Horse
Rings
Vault
Parallel Bars
Horizontal Bar

Women

Vault
Uneven Bars
Balance Beam
Floor Exercise

ART. 3 OPTIONAL EXERCISES

Optional exercises are composed of elements and combinations, freely selected, the structure of which must correspond to the provisions contained in the COP.

Musical accompaniment - The general rules outlined in art. 4.10.5 of Section 1 have to be respected. For further details for Women's Artistic Gymnastics refer to the WAG Code of Points.

ART. 4 OLYMPIC GAMES

Art. 4.1 General Rule

In principle, the program and the organisation are identical to those of the WCH for the Qualifications, Team Final, All-Around Final and Apparatus Finals, except in that which concerns the participation rights and numbers as well as the competition format of the Qualifications and the Apparatus Finals. The program, the schedules and the number of days are discussed between the IOC and the FIG EC.

Art. 4.2 Right of Participation and Qualification System

For details on the right of participation and the Qualification System see Appendix A (once published).

Art. 4.3 National Olympic Committee Approval

Only individual gymnasts and teams authorised by their NOCs may take part in the Olympic Games provided that they fulfil any other requisite conditions (see Appendix A once published).

The NOCs will be informed by FIG of their allocated quota places and they will have to confirm these places as per the deadlines outlined in Appendix A (once published).

ART. 5 WORLD CHAMPIONSHIPS

Art. 5.1 Team and Individual World Championships

Art. 5.1.1 Qualifications Pathway to the World Championships

Except in case of automatic qualification, in order to be eligible to participate in the Team and Individual WCH, the NFs must have participated at the qualifying Continental Championships or the qualifying Apparatus World Cup series in the year of the WCH concerned, and must have earned the quota places for Teams, All-Around gymnasts and Apparatus specialists in accordance with the provisions mentioned below. If needed, a competition other than the qualifying Continental Championships, , can be chosen as the approved Continental Qualifying Event, but it must be approved by the FIG at least six (6) months before it takes place.

All Qualifying events must be concluded no later than the end of May in the year of the WCH concerned.

QUALIFYING CONTINENTAL CHAMPIONSHIPS (OR THE APPROVED CONTINENTAL QUALIFYING EVENT)

Teams Qualifications

Participation rights

Participation in the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event), will be open to all NFs in good standing of the respective continent and in accordance with the continent's specific participation rights.

Qualification Places

Team and Individual WCH organized 2 years prior to the OG:

Up to a maximum of 24 highest men's and women's NFs, based on the Team ranking results of the Qualifications from the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event), will qualify, in accordance with the Continental allocation quota places.

If, for any reasons:

- the Teams Qualification Places cannot be allocated through the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event), or
- the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event) cannot be held by the end of May of that year,

then the last Continental Championships held before the WCH concerned in the respective Continent with Team participation will be used for qualification.

Team and Individual WCH organized 1 year prior to the OG:

The 8 highest men's and women's NFs based on the Team ranking results of the Qualifications from the WCH organized 2 years prior to the OG will automatically qualify. These eight (8) teams will count towards the Continental allocation quota.

The remaining quota places will be allocated up to a maximum of 16 highest men's and women's NFs, based on the Team ranking results of the Qualifications from the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event) in accordance with the Continental allocation quota places.

If, for any reasons,

- the WCH organized 2 years prior to the OG cannot be held,

then up to a maximum of 24 highest men's and women's NFs, based on the Team ranking results of the Qualifications from the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event), will qualify, in accordance with the Continental allocation quota places.

Then, if, for any reasons,

- the (remaining) Teams Qualification Places cannot be allocated through the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event), or
- the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event) cannot be held by the end of May of that year,

then the last Continental Championships held before the WCH concerned in the respective Continent with Team participation will be used for qualification.

All-Around Gymnasts' Qualifications

Participation rights

Participation in the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event) will be open to all NFs in good standing of the respective continent and in accordance with the continent's specific participation rights.

Qualification Places

The 40 highest All-Around Men's gymnasts and the 56 highest All-Around Women's gymnasts without a team qualified, based on the All-Around ranking results of the Qualifications from the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event), will qualify by name with a maximum of two (2) gymnasts per NF, in accordance with the Continental allocation quota places.

The Host Country is guaranteed one All-Around gymnast quota place, if not qualified with a Team or an Apparatus specialist. Any unused Host Country places will be allocated to the next highest eligible All-Around gymnast based on the All-Around ranking results of the Qualifications from the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event) to which the Host Country belongs.

Continental Allocation (Quota Places)

	Men		Women	
	Team	All-Around	Team	All-Around
AGU	5	6	4	10
OGU	1	2	1	2
PAGU	4	6	5	13
UAG	1	2	1	5
EG	13	23	13	25

Host	0	1	0	1
Total	24	40	24	56

If, for any reasons:

- the All-Around gymnasts' Qualification Places cannot be allocated through the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event), or
- the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event) cannot be held by the end of May of that year,

then the last Continental Championships held before the WCH concerned in the respective Continent with All-Around participation will be used for qualification.

QUALIFYING APPARATUS WORLD CUP SERIES

The qualifying Apparatus World Cup Series will consist of minimum three and maximum six Apparatus World Cup competitions.

Apparatus Specialists Qualifications

Participation rights

Participation in each event of the qualifying Apparatus World Cup Series in the year of the WCH concerned will be open to all NFs in good standing with a maximum of two gymnasts per NF per apparatus (for the maximum total number of gymnasts, see Accreditation Rules).

Qualification Places

The 8 highest ranked eligible gymnasts per apparatus (for a maximum of 48 men and a maximum of 32 women), based on the WCH Qualification World Cup Ranking list (hereinafter referred to as the "List of Qualified AS") in the year of the WCH concerned, will qualify by name with a maximum of two (2) gymnasts per NF per apparatus.

If, based on the List of Qualified AS, the maximum of 8 gymnasts per apparatus cannot be reached, the next eligible gymnast with the best rank on the apparatus concerned from all competitions of the World Cup Series will qualify (by keeping the provision of a maximum of two (2) gymnasts per NF per apparatus). In case of ties in rank, the gymnast with the highest score prevails.

The List of Qualified AS will be established as follows:

- World Cup Points towards the List of Qualified AS will be recalculated and assigned in accordance with the ranks allocated outlined in the Rules for the FIG Apparatus World Cup Series.
- If, for any reasons, the competition consists of Qualifications only with no Apparatus Finals, the World Cup Points towards the List of Qualified AS will be recalculated and assigned by taking into consideration the Qualifications, in accordance with the ranks allocated outlined in the Rules for the FIG Apparatus World Cup Series
- The four (4) highest results per gymnast per apparatus will be taken into consideration, regardless of the number of competitions the gymnast(s) participated in.
- Only eligible gymnasts will be taken into account

In case of a tie in Ranks in the List of Qualified AS, the ties will be broken by respecting points 3 a) b) c) d) below.

Special Provision:

- Apparatus specialists may participate in the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event) as Team gymnasts to possibly qualify their Team for the Team and Individual WCH. If their Team qualifies, these apparatus specialists will be removed from the List of Qualified AS and their unused quota places will be reallocated in accordance with the reallocation procedures.
- Apparatus specialists may participate in the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event) as All-Around

gymnasts to possibly qualify as All-Around gymnasts for the Team and Individual WCH. If qualified as All-Around gymnasts, these gymnasts will be removed from the List of Qualified AS and their unused quota places will be reallocated in accordance with the reallocation procedures.

If, for any reasons:

- the Apparatus specialists Qualification Places cannot be allocated through the qualifying Apparatus World Cup Series in the year of the WCH concerned, or
- the qualifying Apparatus World Cup Series cannot be held by the end of May in the year of the WCH concerned,

then the last Apparatus World Cup Series held before the WCH concerned will be used for qualification.

Maximum number of Individual Gymnasts without a Team

NFs without a Team may qualify a maximum of five (5) All-Around gymnasts and Apparatus specialists for Men and for Women. Should a NF qualify more than a maximum of five (5) All-Around gymnasts and Apparatus specialists for Men and Women, the following criteria, in order of priority, will determine which five (5) gymnasts earn the quota places:

1. The gymnast(s) who earned an All-Around quota place.
2. The highest ranked Apparatus specialists based on the List of Qualified AS
3. In case of a tie in ranks in the WCH Qualification Ranking List, the tie will be broken by respecting the following criteria, in order of priority, as follows:
 - a. The ranks of the maximum 4 counting exercises will be added and the gymnast with the lowest total prevails.
In case of a tie in the ranks to determine the 4 counting exercises, the exercises with the highest final scores prevail.
 - b. The final scores of the maximum 4 counting exercises will be averaged and the gymnast with the highest average prevails
 - c. The total E-scores of the maximum 4 counting exercises (maximum 8 scores for Vault) will be averaged and the gymnast with the highest average prevails
 - d. The total D-scores of the maximum 4 counting exercises (maximum 8 scores for Vault) will be averaged and the gymnast with the highest average prevails

Confirmation Process for the Quota Places

For the Team and Individual WCH organized 1 year and 2 years prior to the OG:

The FIG will inform the respective NFs of their allocated Team quota places. Following receipt of the notification from the FIG, the NFs will in principle have 2 weeks to confirm if they wish to use their Team quota place or not.

Should a NF not confirm its Team quota place, the next highest NF from the same Continent, based on the Team ranking results of the Qualifications:

- from the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event) will qualify, or, if this is not possible:
- from the last Continental Championships held before the WCH concerned with Team participation will qualify
-

The NF who declines its Team quota will not receive any All-Around gymnast quota place or Apparatus Specialist quota place.

Special Provision for the Team and Individual WCH organized 1 year prior to the OG:

Should a NF, with a team automatically qualified, not confirm its Team quota place, the next highest NF from the same Continent, based on the Team ranking results of the Qualifications:

- from the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event) will qualify, or, if this is not possible:
- from the last Continental Championships held before the WCH concerned with Team participation will qualify

The NF who declines its Team quota will not receive any All-Around gymnast quota place or Apparatus Specialist quota place.

Once all Team quota places are confirmed in a given Continent, the FIG will then inform the respective NFs of their allocated All-Around gymnasts quota places. Following receipt of the notification from the FIG, the NFs will in principle have 2 weeks to confirm if they wish to use their All-Around gymnasts' quota place or not. The NF who declines an All-Around gymnast quota will not receive any Apparatus Specialist quota place for this gymnast.

Once all All-Around gymnasts' quota places are confirmed, the FIG will then inform the respective NFs of their allocated Apparatus Specialists quota places. Following receipt of the notification from the FIG, the NFs will in principle have 2 weeks to confirm if they wish to use each of their Apparatus Specialists quota place or not.

Reallocation of Unused Quota places

Team Quota Places

Any unused confirmed Team quota places will not be reallocated.

A NF unable to use its confirmed Team quota place will still be entitled to participate in the Team and Individual WCH with a maximum of 2 individual gymnasts (either All-Around gymnasts or Apparatus specialists).

All-Around Gymnasts Quota Places

Any unused All-Around gymnasts' quota place will be reallocated to the next highest eligible All-Around gymnast from the same Continent, based on the All-Around ranking results of the Qualifications:

- from the qualifying Continental Championships in the year of the WCH concerned (or the approved Continental qualifying event), or, if this is not possible:
- from the last Continental Championships held before the WCH concerned with All-Around participation.

In case an unused quota place must be reallocated to a different Continent because of lack of participation, this unused quota place will be reallocated in order of priority as follows: 1. Europe, 2. Asia, 3. Americas, 4. Africa, 5. Oceania.

Apparatus Specialists Quota Places

Any unused Apparatus specialist quota place will be reallocated to the next highest eligible Apparatus specialist, based on the List of Qualified AS :

- from the qualifying Apparatus World Cup Series in the year of the WCH concerned or, if this is not possible:
- from the last Apparatus World Cup Series held before the WCH concerned.

End of reallocation Procedure:

The reallocation procedure for All-Around gymnasts or Apparatus specialists will officially end 24 hours before the start of the first day of Qualifications.

Art. 5.1.2 Qualifications

NFs with a qualified team may participate with three (3) to five (5) gymnasts and one (1) reserve gymnast.

For NFs without a qualified team, a maximum of five (5) Men and five (5) Women All-Around gymnasts and Apparatus specialists may participate.

This competition is organized by a rotation of groups as follows:

- Up to a maximum of 24 Team Groups for Men and Women. Each group is composed of a Team of three (3) to five (5) gymnasts from the same NF. Four (4) gymnasts may compete on any single piece of apparatus and the three (3) highest scores will be taken into account for the Team total.
- 10 All-Around gymnasts Groups (of 4 gymnasts each) for Men and 14 All-Around gymnasts Groups (of 4 gymnasts each) for Women from different NFs.
- 2 Apparatus specialists Groups for Men and Women (of 4 gymnasts each) from different NFs.

For Men, the competition consists of optional exercises on six (6) apparatus. For Women, the competition consists of optional exercises on four (4) apparatus. The qualified Apparatus specialists will only be allowed to compete on the apparatus they qualified for.

Only gymnasts who perform on all the apparatus are eligible to qualify for the All-Around Final. This includes the men's and women's Apparatus specialists who may have qualified on all 6 apparatus for men and all 4 apparatus for women.

To qualify for the Vault Final two (2) vaults are necessary. The qualifying score is based on the average of the two (2) scores.

For the All-Around and Team ranking only the first vault will count.

NFs are **not** permitted to request for the results of their individual gymnasts to count in the Team ranking, regardless of the number of All-Around and Apparatus specialists registered.

In case of a tie at any place, the tie will be broken according to art. 7, section 2

The results obtained will determine:

- the Qualifications for all the Finals
- the ranking of the Teams placed 9th or lower
- the ranking of the All-Around gymnasts placed 25th or lower.
- the ranking of the Apparatus specialists placed 9th or lower

Art. 5.1.3 Team Final

The results of Team Final determine the Team World Champion.

The eight (8) teams having obtained the highest total scores in Qualifications take part in this competition in one subdivision consisting of six (6) exercises for men and four (4) exercises for women.

A team consists of max. five (5) gymnasts. Three (3) gymnasts compete on each apparatus. All scores will be added together for the total.

The results of the Qualifications are not carried forward to the Team Final and start from zero (0).

In case of a tie at any place, the tie-breaking rules (art. 7, section 2) will be applied.

Art. 5.1.4 All-Around Final

The results of the All-Around Final determine the All-Around World Champion.

The competition consists of six (6) optional exercises for men and four (4) optional exercises for women.

The twenty-four (24) gymnasts (i.e., Team gymnast, All-Around gymnast, or Apparatus Specialists) having performed on all the apparatus and obtained the highest total score in the Qualifications take part in this competition in one subdivision. (with a maximum of two (2) gymnasts per NF).

The results of the Qualifications are not carried forward to the All-Around Final and start from zero (0).

In case of a tie at any place, the tie-breaking rules (art. 7 section 2) are applied.

Art. 5.1.5 Apparatus Finals

The results of the Apparatus Finals determine the World Champion on each apparatus.

On each apparatus, the eight (8) gymnasts (i.e. Team gymnast, All-Around gymnast, or Apparatus Specialists) with a maximum of two (2) gymnasts per NF having obtained the highest total scores in the Qualifications perform an exercise (which on vault means two (2) vaults) on the respective apparatus.

The results of the Qualifications are not carried forward to the Apparatus Finals and start from zero (0)

In case of a tie at any place, the tie-breaking rules (art. 7 section 2) will be applied.

Art. 5.1.6 Formation of Groups and Starting Order

Art. 5.1.6.1 Qualifications

The distribution and starting orders of the groups of Teams, All-Around gymnasts, and Apparatus specialists are under the responsibility of the TCs (see also Section 1, Art. 4.3) through the conduction of a draw as follows:

- within 6 subdivisions of 6 apparatus each for men
- within 10 subdivisions of 4 apparatus each for women

This may vary however providing the approval of the FIG EC.

In case of no-show of Teams, All-Around gymnasts or Apparatus specialists, the corresponding place determined by the draw for the starting order will remain empty in the concerned subdivision.

For each apparatus, the starting order of the gymnasts making up a Team is decided by the Head of Delegation or his representative. The starting order must be submitted by using the FIG online platform as follows:

- for the Teams competing on the first Qualifications' day: at the latest 24 hours prior to the start of the first subdivision on the first Qualifications' day.
- for the Teams competing on the second Qualifications' day: at the latest 24 hours prior to the start of the first subdivision on the second Qualifications' day.

If a NF does not respect this deadline, the starting order of the gymnasts from its Team will be determined based on the gymnasts' bib number.

For Groups with All-Around gymnasts, the starting order of the NF on the first apparatus is determined by the draw results. For NFs with more than one All-Around gymnast in a Group, the starting order of the gymnasts on the first apparatus only is decided by the Head of Delegation or his representative. After each apparatus the gymnasts who started in the Group will drop to the last position on the next apparatus. The starting order must be submitted by using the FIG online platform as follows:

- for the All-Around gymnasts competing on the first Qualifications' day: at the latest 24 hours prior to the start of the first subdivision on the first Qualifications' day
- for the All-Around gymnasts competing on the second Qualifications' day: at the latest 24 hours prior to the start of the first subdivision on the second Qualifications' day

The Head of Delegation or his representative must confirm at that time if the All-Around gymnasts compete on all apparatus or not.

For Groups with Apparatus specialists, the starting order is determined by the draw results and by name for each apparatus. If qualified to compete on consecutive apparatus, a gymnast competing last on one apparatus will not be drawn to compete first or second on the following apparatus. The Head of Delegation or his representative must confirm, by using the FIG online platform, if the Apparatus specialists compete on all qualified apparatus or not at the latest 24 hours prior to the start of the first subdivision on the day the Apparatus specialists are drawn to compete for Qualifications.

All Teams and All-Around gymnasts competing in the Qualifications must attend the gymnasts' presentation at the start of the competition. Gymnasts in the groups of Apparatus Specialists will be required to enter the FOP during the rotation time for their first apparatus.

For all gymnast, the Head of Delegation or his representative must confirm if they perform one or two Vaults and indicate the Vault number

“Touch” Warm-up on the podium will be allowed at the beginning of each rotation.

For the All-Around and Apparatus Finals, the following number of reserve gymnasts and NF substitute gymnasts (i.e., ranked higher than the reserve gymnasts but excluded from the Finals due to NFs limits of 2 gymnasts maximum) will be designated, by taking into account respectively the All-Around and Apparatus ranking results of the Qualifications:

- For the All-Around Final: four (4) reserve gymnasts and all eligible NF substitute gymnasts
- For the Apparatus Finals: three (3) reserve gymnasts per apparatus and all eligible NF substitute gymnasts

If called upon, a reserve or NF substitute gymnast works in accordance with the order of the gymnasts withdrawn . Reserves and NF substitute gymnasts must be prepared to compete and must be present in the warm-up hall in case they are called upon.







Art. 5.1.6.2 Team Final

The starting order of the eight (8) qualified Men’s and Women’s Teams, based on the results of the Qualifications, is shown below according to the following criteria:

- “Touch” Warm-up takes place on the podium at the beginning of each rotation,
- At least two (2) Teams will compete at the same time
- All Teams will follow the Olympic order of the apparatus
- All teams are in the competition hall at the same time





All the finalists must attend the gymnasts' presentation at the start of the Team Final.

Team Final Men

Rotation						
1	Team 1 Gymnast 1 Team 2 Gymnast 1 Team 1 Gymnast 2 Team 2 Gymnast 2 etc.	Team 3 Gymnast 1 Team 4 Gymnast 1 Team 3 Gymnast 2 Team 4 Gymnast 2 etc.	Team 5 Gymnast 1 Team 6 Gymnast 1 Team 5 Gymnast 2 Team 6 Gymnast 2 etc.	Team 7 Gymnast 1 Team 8 Gymnast 1 Team 7 Gymnast 2 Team 8 Gymnast 2 etc.		
2		Team 2 Team 1	Team 4 Team 3	Team 6 Team 5	Team 8 Team 7	

3			Team 1 Team 2	Team 3 Team 4	Team 5 Team 6	Team 7 Team 8
4	Team 8 Team 7			Team 2 Team 1	Team 4 Team 3	Team 6 Team 5
5	Team 5 Team 6	Team 7 Team 8			Team 1 Team 2	Team 3 Team 4
6	Team 4 Team 3	Team 6 Team 5	Team 8 Team 7			Team 2 Team 1

Team Final Women

Rotation				
1	Team 1 Gymnast 1 Team 2 Gymnast 1 Team 1 Gymnast 2 Team 2 Gymnast 2 etc.	Team 3 Gymnast 1 Team 4 Gymnast 1 Team 3 Gymnast 2 Team 4 Gymnast 2 etc.	Team 5 Gymnast 1 Team 6 Gymnast 1 Team 5 Gymnast 2 Team 6 Gymnast 2 etc.	Team 7 Gymnast 1 Team 8 Gymnast 1 Team 7 Gymnast 2 Team 8 Gymnast 2 etc.
2	Team 8 Team 7	Team 2 Team 1	Team 4 Team 3	Team 6 Team 5
3	Team 5 Team 6	Team 7 Team 8	Team 1 Team 2	Team 3 Team 4
4	Team 4 Team 3	Team 6 Team 5	Team 8 Team 7	Team 2 Team 1

The starting order for the gymnasts making up a Team is decided by the Head of Delegation or his representative. The starting order and Vault Number must be submitted by using the FIG online platform 24 hours prior to the start of the Team Final at the latest.

If a NF does not respect this deadline, the starting order of the gymnasts from its Team will be determined based on the gymnasts' bib number.

Art. 5.1.6.3 All-Around Final







The 24 gymnasts will perform in groups. They will be seeded into Olympic order of apparatus based on the results from the Qualifications.

All the finalists must attend the gymnasts' presentation at the start of the All-Around Final.





After each apparatus the gymnasts who started will drop to the last position on the next apparatus. "Touch" Warm-up on the podium will be allowed at the beginning of each rotation.

The Head of Delegation or his representative must submit the Vault number by using the FIG online platform 24 hours prior to the start of the All-Around Final at the latest.

All-Around Final Men

Rotation						
1	1, 4, 3, 2	5, 8, 7, 6	9, 12, 11, 10	13, 16, 15, 14	17, 20, 19, 18	21, 24, 23, 22
2	24, 23, 22, 21	4, 3, 2, 1	8, 7, 6, 5	12, 11, 10, 9	16, 15, 14, 13	20, 19, 18, 17
3	19, 18, 17, 20	23, 22, 21, 24	3, 2, 1, 4	7, 6, 5, 8	11, 10, 9, 12	15, 14, 13, 16
4	14, 13, 16, 15	18, 17, 20, 19	22, 21, 24, 23	2, 1, 4, 3	6, 5, 8, 7	10, 9, 12, 11
5	9, 12, 11, 10	13, 16, 15, 14	17, 20, 19, 18	21, 24, 23, 22	1, 4, 3, 2	5, 8, 7, 6
6	8, 7, 6, 5	12, 11, 10, 9	16, 15, 14, 13	20, 19, 18, 17	24, 23, 22, 21	4, 3, 2, 1

All-Around Final Women

Rotation				
1	3, 2, 1, 6, 5, 4	9, 8, 7, 12, 11, 10	15, 14, 13, 18, 17, 16	21, 20, 19, 24, 23, 22
2	20, 19, 24, 23, 22, 21	2, 1, 6, 5, 4, 3	8, 7, 12, 11, 10, 9	14, 13, 18, 17, 16, 15
3	13, 18, 17, 16, 15, 14	19, 24, 23, 22, 21, 20	1, 6, 5, 4, 3, 2	7, 12, 11, 10, 9, 8
4	12, 11, 10, 9, 8, 7	18, 17, 16, 15, 14, 13	24, 23, 22, 21, 20, 19	6, 5, 4, 3, 2, 1

Art. 5.1.6.4 Apparatus Finals

The starting order on each apparatus is determined by the draw results.

All the finalists must attend the gymnasts' presentation at the start of each Apparatus Final.

"Touch" Warm-up on the podium will be allowed at the beginning of each apparatus.

The Head of Delegation or his representative must submit the Vault numbers by using the FIG online platform 24 hours prior to the start of the Apparatus Final at the latest.

Art. 5.1.6.5 General Layout of Program

The general layout of the program is elaborated and decided by the Secretary General in close cooperation with the LOC and the TCs. The responsibility for the detailed competition and training schedules is with the TC Presidents.

Day 1	Training and Orientation Meeting
Day 2	Men's Podium Training
Day 3	Men's Podium Training and Women's Podium Training
Day 4	Women's Podium Training
Day 5	Men's Qualifications
Day 6	Men's Qualifications and Women's Qualifications
Day 7	Women's Qualifications
Day 8	Men's Team Final and Award Ceremonies
Day 9	Women's Team Final and Award Ceremonies
Day 10	Men's All-Around Final and Award Ceremonies
Day 11	Women's All-Around Final and Award Ceremonies
Day 12	Men's and Women's Apparatus Finals (5 Apparatus) and Award Ceremonies
Day 13	Men's and Women's Apparatus Finals (5 Apparatus) and Award Ceremonies

Art. 5.2 Individual World Championships

This competition comprises exercises on each of the various apparatus to determine the All-Around World Champion and the World Champion on each apparatus.

Art. 5.2.1 Competition Program

The program and the manner in which the competitions are run are in principle identical to the provisions made under Art. 5.1 with the following non-exhaustive exceptions:

- There will be no Team competition or Team ranking in the Qualifications.
- The starting order for Qualifications is based on a complete draw.

All gymnasts competing in the Qualifications must attend the gymnasts' presentation at the start of the competition.

Art. 5.2.2 Right of Participation and Size of Delegations

All NFs in good standing are allowed to compete with a maximum of six (6) male and four (4) female gymnasts per NF but not more than three (3) of these may compete on a single piece of apparatus.

Art. 5.3 Junior World Championships

This competition comprises exercises on each apparatus to determine the Team Junior World Champion, the All-Around Junior World Champion and the Junior World Champion on each Apparatus.

The general layout of the program is elaborated and decided by the Secretary General in close cooperation with the LOC and the TCs. The responsibility for the detailed competition and training schedules is with the TC Presidents.

In principle, the manner, in which the competitions are run, are identical to the provisions made under Art. 5.1. with the following non-exhaustive exceptions mentioned under 5.3.1, 5.3.2 and 5.3.3

Art. 5.3.1 Competition Program

Day 1:	Training and Orientation Meeting
Day 2:	Men's Podium Training
Day 3:	Women's Podium Training
Day 4:	Men's Qualifications and Men's Team Award Ceremonies
Day 5:	Women's Qualifications and Women's Team Award Ceremonies
Day 6:	Men's and Women's All-Around Finals and Award Ceremonies
Day 7:	Men's and Women's Apparatus Finals (5 Apparatus) and Award Ceremonies
Day 8:	Men's and Women's Apparatus Finals (5 Apparatus) and Award Ceremonies

Note: In agreement with the LOC, MAG and WAG may alternate for starting each edition

Art. 5.3.2 Right of Participation

The right of participation is based on the following principles:

- The top 36 NFs, based on the All-Around ranking results of the Qualifications from the previous Junior WCH held will be eligible to send a full team.
- All other NFs in good standing may send one (1) gymnast.

Confirmation Process for the Team Quota Places

- The FIG will inform the respective NFs of their allocated Team quota places. Following receipt of the notification from the FIG, the NFs will have in principle 2 weeks to confirm if they wish to use their Team quota place or not.

- Should a NF not confirm its Team quota place, the next highest eligible NF, based on the All-Around ranking results of the Qualifications from the previous Junior WCH held will be eligible to send a full team

Reallocation of Unused Team Quota places

- In case a NF is unable to use its confirmed Team quota, the next highest eligible NF, based on the All-Around ranking results of the Qualifications from the previous Junior WCH held will be eligible to send a full team

The NF unable to use its (confirmed or not) Team quota place will still be entitled to participate with a maximum of 1 individual gymnast.

End of reallocation Procedure:

The reallocation procedure for unused Team Quota places will officially end

24 hours before the start of the first day of Qualifications.

Art. 5.3.3 Competition Format

In principle the Junior WCH follow the rules of the WCH unless otherwise noted.

Qualifications

Out of three (3) gymnasts, three (3) compete and the two (2) highest scores will be taken into account for the Team total.

The Team ranking will be determined at the end of the Qualifications.

Only gymnasts who perform on all the apparatus in the Qualifications are eligible to qualify for the All-Around Final.

In order to qualify for the Apparatus Finals, the gymnasts must receive a score on every apparatus in the Qualifications.

All Teams and Mixed Groups gymnasts competing in the Qualifications must attend the gymnasts' presentation at the start of the competition**All-Around Final**

The top 24 gymnasts from the Qualifications will take part in the All-Around Final with a max. of two (2) gymnasts per NF.

All the finalists must attend the gymnasts' presentation at the start of the All-Around Final.

Apparatus Finals

The top eight (8) gymnasts on each apparatus from the Qualifications will take part in the Apparatus Finals with a max. of two (2) gymnasts per NF.

All the finalists must attend the gymnasts' presentation at the start of each Apparatus Final.

ART. 6 REGISTRATION CHANGES

For the OG and the YOG, IOC rules apply.

In exceptional cases, the TC President concerned may accept a relevant change.

FOR "INDIVIDUAL" WCH

Before the accreditation

Once the Gymnasts' Drawing of Lots has been conducted, no individual gymnast can be added to the number of gymnasts declared in the Definitive Registration. No additional individual gymnasts may appear on the Nominative Registration and at accreditation.

At the Nominative Registration

At the deadline of the Nominative Registration, the names of the gymnasts have to be declared.

From the Nominative Registration until the Accreditation

If an individual gymnast becomes injured or ill (including for mental health reasons) from the Nominative Registration until the Accreditation, the injured or ill (including for mental health reasons) gymnast can be substituted by the NF and another gymnast can be accredited.

Qualifications

From the Accreditation until 24 hours before the Qualifications

If an individual gymnast becomes injured or ill (including for mental health reasons) from the accreditation until 24 hours before the Qualifications, the NF is allowed to change accreditation. The gymnast injured or ill (including for mental health reasons) must return his accreditation and another gymnast can be accredited. Gymnasts withdrawn until 24 hours before Qualifications for whatever reason (injury or illness, including for mental health reasons), may at no time be reaccredited for the respective event.

24 hours before the Qualifications

No new accreditations can be delivered 24 hours before the Qualifications. If the Qualifications take place over more than one day, the start time of the first subdivision on the day an individual gymnast is scheduled to compete is used to calculate "24 hours before".

From 24 hours before the Qualifications until the end of the Qualifications

If an individual gymnast who is part of the starting order becomes injured or ill (including for mental health reasons) from 24 hours before the Qualifications until the end of the Qualifications, no changes can be made in the starting order and no gymnasts' substitution can be made.

All-Around Final

If a qualified gymnast from an NF with no eligible NF substitute gymnasts withdraws before the end of the warm-up for the All-Around Final, the first designated reserve gymnast will be invited to take the same place as the gymnast withdrawn.

A qualified gymnast for the All-Around Final may be substituted by the NF with another gymnast from the same NF, if any, as long as this substitute gymnast ranked higher than the first designated reserve. The substitute will fill the position in the starting order of the gymnast withdrawn. From the end of the Qualifications until 24 hours before the All-Around Final, this change can be made by informing the LOC and FIG. From 24 hours before the All-Around Final and the end of the Warm-up for the All-Around Final, this change can only be made in the case of injury or illness (including for mental health reasons) of the qualified gymnast, with certification by the official competition medical authority.

Apparatus Finals

If a qualified gymnast from an NF with no eligible NF substitute gymnasts withdraws before the end of the warm-up for a respective Apparatus Final, the first designated reserve gymnast will be invited to take the same place as the gymnast withdrawn.

A qualified gymnast for a respective Apparatus Final may be substituted by the NF with another gymnast from the same NF, if any, as long as this substitute gymnast is ranked higher than the first designated reserve. The substitute will fill the position in the draw of the gymnast withdrawn. From the end of the Qualifications until 24 hours before Apparatus Finals, this change can be made by informing the LOC and FIG. From 24 hours before Apparatus Finals until the end of the Warm-up for a respective Apparatus Final, this change can only be made in the case of injury or illness (including for mental health reasons) of the qualified gymnast with certification by the official competition medical authority.

FOR “TEAM AND INDIVIDUAL” WCH

Before the accreditation

A NF with a Team is authorised to add gymnasts to the number declared at the Definitive Registration, up to the maximum quota allowed.

At the Nominative Registration

At the deadline of the Nominative Registration, the names of the gymnasts composing a Team have to be declared

From the Nominative Registration until the Accreditation

If a Team gymnast becomes injured or ill (including for mental health reasons) from the Nominative Registration until the Accreditation, the injured or ill (including for mental health reasons) gymnast can be substituted by the NF and another gymnast can be accredited.

Qualifications

From the Accreditation until 24 hours before the Qualifications

If a Team gymnast becomes injured or ill (including for mental health reasons) from the accreditation until 24 hours before the Qualifications, the NF is allowed to change accreditation. The gymnast injured or ill (including for mental health reasons) must return his accreditation and another gymnast can be accredited. Gymnasts withdrawn until 24 hours before Qualifications for whatever reason (injury or illness, including for mental health reasons), may at no time be reaccredited for the respective event.

24 hours before the Qualifications

No new accreditations can be delivered 24 hours before the Qualifications. If the Qualifications take place over more than one day, the start time of the first subdivision on the day an individual gymnast or a Team is scheduled to compete is used to calculate “24 hours before”.

From 24 hours before the Qualifications until the end of the Warm-up for the Qualifications

If a Team gymnast who is part of the starting order becomes injured or ill (including for mental health reasons) from 24 hours before the Qualifications until the end of the Warm-up for the Qualifications with certification by the official competition medical authority, gymnast #5 who is part of the starting order or the reserve gymnast may be used as substitute. The substitute shall take exactly the same place as the gymnast withdrawn. If this is not possible, the coach has the right to revise the starting order. The President of the Superior Jury shall approve.

From the end of the Warm-up for the Qualifications until the end of the Qualifications

If a Team gymnast who is part of the starting order becomes injured or ill (including for mental health reasons) from the end of the Warm-up for the Qualifications until the end of the Qualifications with certification by the official competition medical authority, the reserve gymnast may no longer be used. Gymnast #5 who is part of the starting order may be used as substitute. The substitute shall take exactly the same place as the gymnast withdrawn. If this is not possible, the coach has the right to revise the starting order. The President of the Superior Jury shall approve.

Team Final

From the Qualifications until 24 hours before Team Final

The same gymnasts who were part of the starting order of the Qualifications must be part of the starting order for the Team Final. If a gymnast who was part of the starting order of the Qualifications becomes injured or ill (including for mental health reasons) from the Qualifications until 24 hours before Team Final with certification by the official competition medical authority, the reserve gymnast may be used as substitute,

From 24 hours before Team Final until the end of the Warm-up for Team Final

If a gymnast who is part of the starting order becomes injured or ill (including for mental health reasons) from 24 hours before Team Final until the end of the Warm-up for Team Final with

certification by the official competition medical authority, gymnasts #4 or #5 who are part of the starting order or the reserve gymnast may be used as substitute. The substitute shall take exactly the same place as the gymnast withdrawn. If this is not possible, the coach has the right to revise the starting order. The President of the Superior Jury shall approve.

From the end of the Warm-up for Team Final until the end of Team Final

If a gymnast who is part of the starting order becomes injured or ill (including for mental health reasons) from the end of the Warm-up for Team Final until the end of Team Final with certification by the official competition medical authority, the reserve gymnast may no longer be used. Gymnasts #4 or #5 who are part of the starting order may be used as substitute. The substitute shall take exactly the same place as the gymnast withdrawn. If this is not possible, the coach has the right to revise the starting order. The President of the Superior Jury shall approve.

All-Around Final

If a qualified gymnast from an NF with no eligible NF substitute gymnasts withdraws before the end of the warm-up for the All-Around Final, the first designated reserve gymnast will be invited to take the same place as the gymnast withdrawn.

A qualified gymnast for the All-Around Final may be substituted by the NF with another gymnast from the same NF, if any, as long as this substitute gymnast ranked higher than the first designated reserve. The substitute will fill the position in the starting order of the gymnast withdrawn. From the end of the Qualifications until 24 hours before the All-Around Final, this change can be made by informing the LOC and FIG. From 24 hours before the All-Around Final and the end of the Warm-up for the All-Around Final, this change can only be made in the case of injury or illness (including for mental health reasons) of the qualified gymnast, with certification by the official competition medical authority.

Apparatus Finals

If a qualified gymnast from an NF with no eligible NF substitute gymnasts withdraws before the end of the warm-up for a respective Apparatus Final, the first designated reserve gymnast will be invited to take the same place as the gymnast withdrawn.

A qualified gymnast for a respective Apparatus Final may be substituted by the NF with another gymnast from the same NF, if any, as long as this substitute gymnast is ranked higher than the first designated reserve. The substitute will fill the position in the draw of the gymnast withdrawn. From the end of the Qualifications until 24 hours before Apparatus Finals, this change can be made by informing the LOC and FIG. From 24 hours before Apparatus Finals until the end of the Warm-up for a respective Apparatus Final, this change can only be made in the case of injury or illness (including for mental health reasons) of the qualified gymnast with certification by the official competition medical authority.

FOR “JUNIOR” WCH

Before the accreditation

Once the Gymnasts' Drawing of Lots has been conducted, no individual gymnast can be added to the number of gymnasts declared in the Definitive Registration. No additional individual gymnasts may appear on the Nominative Registration and at accreditation. A NF with a Team is however authorised to add gymnasts to the number declared at the Definitive Registration, up to the maximum quota allowed.

At the Nominative Registration

At the deadline of the Nominative Registration, the names of all gymnasts have to be declared.

From the Nominative Registration until the Accreditation

If an individual gymnast or a Team gymnast becomes injured or ill (including for mental health reasons) from the Nominative Registration until the Accreditation, the injured or ill (including for mental health reasons) gymnast can be substituted by the NF and another gymnast can be accredited.

Qualifications

From the Accreditation until 24 hours before the Qualifications

If an individual gymnast or a Team gymnast becomes injured or ill (including for mental health reasons) from the accreditation until 24 hours before the Qualifications, the NF is allowed to change accreditation. The gymnast injured or ill (including for mental health reasons) must return his accreditation and another gymnast can be accredited. Gymnasts withdrawn until 24 hours before Qualifications for whatever reason (injury or illness, including for mental health reasons), may at no time be reaccredited for the respective event.

24 hours before the Qualifications

No new accreditations can be delivered 24 hours before the Qualifications

From 24 hours before the Qualifications until the end of the Warm-up for the Qualifications

If a Team gymnast who is part of the starting order becomes injured or ill (including for mental health reasons) from 24 hours before the Qualifications until the end of the Warm-up for the Qualifications with certification by the official competition medical authority, the reserve gymnast may be used as substitute. The substitute shall take exactly the same place as the gymnast withdrawn. If this is not possible, the coach has the right to revise the starting order. The President of the Superior Jury shall approve.

From the end of the Warm-up for the Qualifications until the end of the Qualifications

If a Team gymnast who is part of the starting order becomes injured or ill (including for mental health reasons) from the end of the Warm-up for the Qualifications until the end of the Qualifications with certification by the official competition medical authority, the reserve gymnast may no longer be used as substitute.

All-Around Final

If a qualified gymnast from an NF with no eligible NF substitute gymnasts withdraws before the end of the warm-up for the All-Around Final, the first designated reserve gymnast will be invited to take the same place as the gymnast withdrawn.

A qualified gymnast for the All-Around Final may be substituted by the NF with another gymnast from the same NF, if any, as long as this substitute gymnast ranked higher than the first designated reserve. The substitute will fill the position in the starting order of the gymnast withdrawn. From the end of the Qualifications until 24 hours before the All-Around Final, this change can be made by informing the LOC and FIG. From 24 hours before the All-Around Final and the end of the Warm-up for the All-Around Final, this change can only be made in the case of injury or illness (including for mental health reasons) of the qualified gymnast, with certification by the official competition medical authority.

Apparatus Finals

If a qualified gymnast from an NF with no eligible NF substitute gymnasts withdraws before the end of the warm-up for a respective Apparatus Final, the first designated reserve gymnast will be invited to take the same place as the gymnast withdrawn.

A qualified gymnast for a respective Apparatus Final may be substituted by the NF with another gymnast from the same NF, if any, as long as this substitute gymnast is ranked higher than the first designated reserve. The substitute will fill the position in the draw of the gymnast withdrawn. From the end of the Qualifications until 24 hours before Apparatus Finals, this change can be made by informing the LOC and FIG. From 24 hours before Apparatus Finals until the end of the Warm-up for

a respective Apparatus Final, this change can only be made in the case of injury or illness (including for mental health reasons) of the qualified gymnast with certification by the official competition medical authority..

Special Provision for all WCH

If a gymnast, who was part of a starting order, has to withdraw for whatever reason (injury or illness, including for mental health reasons), with certification by the official competition medical authority or without certification depending on the case, this gymnast is still eligible to compete in the subsequent competition phases if qualified (i.e. for Team Final, All-Around Final, or Apparatus Finals). If certification was provided by the official competition medical authority to justify the gymnast's withdrawal, a new certificate from the competition's official medical authority must be submitted attesting that the gymnast is fit to safely return to competition.

ART. 7 GENERAL TIE-BREAKING RULES

The General tie-breaking rules defined below must be applied to all competitions in groups 1 to 3, they are recommended for competitions in group 4.

For JWCH, in case of a tie at any place in the Team Ranking, in the All-Around Final and in the Apparatus Finals, ties will not be broken.

For any other Junior and Youth competitions, irrespective of the competition group, ties may not be broken.

Art. 7.1 Qualifications

Qualifications to all Finals: in the case of a tie at any place, the tie will be broken as follows:

Art. 7.1.1 Qualifications for the Team Final

In case of a tie in points at any place to qualify for the Team Final, the ranking will be determined by respecting the following criteria:

- The team with the highest sum of the team apparatus counting scores obtained prevails (i.e. by adding the total of the 5, and if needed 4, 3, 2, 1 highest apparatus team scores for men and the total of the 3, and if needed, 2, 1 highest apparatus team scores for women)

If the tie remains, the teams will share the same ranking. A draw will be conducted between the tied teams to determine the starting order for the Team Final

Art. 7.1.2 Qualifications for the All-Around Final

In case of a tie in points at any place to qualify for the All-Around Final, the ranking will be determined by respecting the following criteria:

1. The gymnast with the highest sum of the final apparatus scores obtained prevails (i.e. by adding the total of the 5, and if needed 4, 3, 2, 1 highest final apparatus scores for men and the total of the 3, and if needed 2, 1 highest final apparatus scores for women)
2. If the tie remains, the gymnast with the highest total E-score by adding all apparatus prevails
3. If the tie remains, the gymnast with the highest total D-score by adding all apparatus prevails

If the tie remains, the gymnasts will share the same ranking. A draw will be conducted between the tied gymnasts to determine the starting order for the All-Around Final.

Art. 7.1.3 Qualifications for the Apparatus Finals

In case of a tie in points at any place on any apparatus, except vault, to qualify for the Apparatus Finals, the ranking will be determined by respecting the following criteria:

1. The gymnast with the highest E-score prevails
2. The gymnast with the highest D-score prevails

If the tie remains, the gymnasts will share the same ranking. A draw will be conducted between the tied gymnasts to determine the starting order for the Apparatus Final.

In case of a tie in points, at any place on vault, to qualify for the Apparatus Final, the ranking will be determined by respecting the following criteria:

1. The gymnast with the highest score of either vault performed (before averaging for the final score) prevails
2. The gymnast with the highest E-score of either vault performed prevails
3. The gymnast with the highest D-score of either vault performed prevails

If the tie remains, the tie will not be broken. A draw will be conducted between the tied gymnasts to determine the starting order for the Apparatus Final.

Art. 7.2 Finals

Art. 7.2.1 Team Final

In case of a tie in points at any place in the Team Final, the ranking will be determined by respecting the following criteria:

- The team with the highest sum of the team apparatus counting scores obtained prevails (i.e. by adding the total of the 5, and if needed 4, 3, 2, 1 highest apparatus team scores for men and the total of the 3, and if needed 2, 1 highest apparatus team scores for women).
- If the tie remains, the teams will share the same ranking

Art. 7.2.2 All-Around Final

In case of a tie in points at any place in the All-Around Final, the ranking will be determined by respecting the following criteria:

1. The gymnast with the highest sum of the final apparatus scores obtained prevails (i.e. by adding the total of the 5, and if needed 4, 3, 2, 1 highest final apparatus scores for men and the total of the 3, and if needed 2, 1 highest final apparatus scores for women)
2. If the tie remains, the gymnast with the highest total E-score by adding all apparatus prevails
3. If the tie remains, the gymnast with the highest total D-score by adding all apparatus prevails

If the tie remains, the gymnasts will share the same ranking.

Art. 7.2.3 Apparatus Finals

In case of a tie in points of the final score at any place on all apparatus except vault, the ranking will be determined by respecting the following criteria:

1. The gymnast with the highest E-score prevails
2. The gymnast with the highest D-score prevails

If the tie remains, the gymnasts will share the same ranking

In case of a tie in points of the final score at any place on vault, the ranking will be determined by respecting the following criteria:


1. The gymnast with the highest score of either vault performed (before averaging for the final score) prevails
2. The gymnast with the highest E-score of either vault performed prevails
3. The gymnast with the highest D-score of either vault performed prevails

If the tie remains, the gymnasts will share the same ranking.


FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE




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FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Technical Regulations 2026



Section 3

Special regulations for Rhythmic Gymnastics

Version 2.0 – February 2026

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ART. 1 PRINCIPLES FOR THE COMPETITION PROGRAMME

Competition programmes for World Championships are prescribed below. For other competitive events special arrangements may apply (see Section 1, Art. 3.1 to 3.5).

Art. 1.1 Individual Competitions

Qualifications

3 or 4 exercises using any 3 or 4 apparatus

All-Around Final

1 exercise on each of the 4 apparatus

Apparatus Finals

1 exercise with each apparatus in which the gymnast has qualified.

Art. 1.2 Group Competitions

All-Around competition and Qualification for Finals

2 exercises performed by 5 gymnasts working as a group.

Group Finals

1 exercise with the type of apparatus in which the group has qualified.

ART. 2 SEQUENCE OF PERFORMANCE

Apparatus Programme for Individual Gymnasts

- Hoop
- Ball
- Clubs
- Ribbon

Apparatus Programme for Groups

See Art. 8.

ART. 3 OLYMPIC GAMES

Art. 3.1 Competition Programme

Art. 3.1.1 Individual Competition

The individual Competition consists of:

- a) Qualification
- b) All-Around Final

The programme consists of 4 exercises according to the regulations of the All-Around Competition for the World Championships.

a) Qualification

24 gymnasts participate in the Qualification. Right of participation see Art. 3.2.

b) All-Around Final

The 10 best gymnasts from the Qualifying Competition take part in this Competition. The classification is decided by the total number of points obtained on the 4 apparatus.

The gymnasts begin each Competition with zero points.

The gymnast with the highest score at the All-Around Final is the Olympic Champion.

Art. 3.1.2 Group Competition

The Group Competition consists of:

- a) Qualification
- b) All-Around Final

The programme consists of 2 exercises according to the technical programme of the qualifying World Championships and according to the directives applicable at the World Championships prior to the Olympic Games.

a) Qualification

14 groups participate in the Qualification. The classification is decided by the total number of points obtained on the 2 exercises.

b) All-Around Final

The 8 best groups from the Qualification take part in this Competition. The classification is decided by the total number of points obtained on the 2 exercises.

The groups begin each Competition with zero points.

The group with the highest score at the All-Around final is the Olympic Champion.

Art. 3.2 Right of participation

Art. 3.2.1 Individual Competition

Details regarding the participation rights and allocation of quota places will be outlined in Appendix B (once approved).

Art. 3.2.2 Group Competition

Details regarding the participation rights and allocation of quota places will be outlined in Appendix B (once approved).

Art. 3.3 National Olympic Committee Approval

Only individual gymnasts and groups authorised by their NOCs may take part in the Olympic Games provided that they fulfil any other requisite conditions, see Appendix B.

The NOCs will be informed by FIG of their allocated quota places and they will have to confirm these places as outlined in Appendix B.

Art. 3.4 Tie-breaking rules for Olympic Games

Art. 3.4.1 Individual Competitions

Art. 3.4.1.1 Qualification for All-Around Final

In case of a tie in points at any place in Qualification for the All-Around Final, the ranking will be determined by the following criteria:

1. the greater number of the 3 highest final apparatus scores obtained in Qualification, (i.e. add the total of the 3 highest final apparatus scores)
If there is still a tie the greater number of the 2 highest final apparatus scores obtained in Qualification, (i.e. add the total of the 2 highest final apparatus scores)
2. the highest sum of the E-scores on 4 apparatus
if there is still a tie, add the highest sum of the E-scores on 3 best apparatus (highest final apparatus score)
if there is still a tie, add the highest sum of the E-scores on 2 best apparatus (highest final apparatus score)
3. the highest sum of the A-scores on 4 apparatus
if there is still a tie, add the highest sum of the A-scores on 3 best apparatus (highest final apparatus score)
if there is still a tie, add the highest sum of the A-scores on 2 best apparatus (highest final apparatus score)
If there is still a tie, the tie will not be broken.

Art. 3.4.1.2 All-Around Final

In case of a tie in points at any place, the ranking will be determined by the following criteria:

1. the gymnast with the highest sum of the E-scores (total E-score (4 apparatus) prevails
2. the gymnast with the highest sum of the A-scores (total A-score (4 apparatus) prevails
3. the gymnast with the highest sum of the D-scores (total D-score (4 apparatus) prevails

If there is still a tie, the tie will not be broken

Art. 3.4.2 Group Competitions

Art. 3.4.2.1 Qualification for the All-Around Final

In case of a tie at any place, the following criteria apply:

1. the group with the highest sum of the E-scores (2 exercises) prevails
2. the group with the highest sum of the A-scores (2 exercises) prevails
3. the group with the highest sum of the D-scores (2 exercises) prevails

If there is still a tie, the tie will not be broken

Art. 3.4.2.2 All-Around Final

In case of a tie, at any place, the following criteria apply:

1. the group with the highest sum of the E-scores (2 exercises) prevails
2. the group with the highest sum of the A-scores (2 exercises) prevails
3. the group with the highest sum of the D-scores (2 exercises) prevails

If there is still a tie, the tie will not be broken

ART. 4 WORLD CHAMPIONSHIPS

Senior WCH:

Individual competitions

- Qualifications
- Individual All-Around Final
- Apparatus Finals

Group competitions

- All-Around competition and Qualification for Finals
- Final for the Exercise using one type of apparatus
- Final for the Exercise using two types of apparatus.

Combined team ranking (Individual and Group)

Art. 4.1 Right of Participation

Federations are entitled to participate with either 2 to 3 Individual gymnasts or with 1 Individual gymnast (refer to Art. 4.2.1), as well as with one Group (refer to Art. 4.2.2).

Federations with 2-3 Individual gymnasts and one Group will participate in the Team Ranking.

Art. 4.2 Qualification to World Championships

Art. 4.2.1 Individual Gymnasts

Participation in World Championships will be determined by qualifications through Continental Championships. Should a Continental Union not be able to organise Continental Championships, another competition can be designated as the qualifying event. This competition must be open to all NFs of the Continental Union and be approved by the FIG at least nine months in advance.

The Continental Unions determine the way the NFs earn the quota place (Qualifications / AA-Final)

Continental Allocation (Quota Places allocated to NF, not nominative) which qualified through the Continental Championships for World championships

Continent	Europe	Asia	America	Africa	Oceania
Quota places for 2-3 individual gymnasts	12	4	4	1	1

1. A ranking of in total 8 routines from 2 – 3 individual gymnasts per federation from the qualification / AA-Final competition to decide the continental quota places for 2 – 3 individual gymnasts to the WCH.
2. All federations, which participated in the Continental Championships and not qualified yet among the quota places for 2-3 gymnasts (team), have the right to participate in the World Championships with 1 Individual gymnast.

Reallocation of Unused Quota Places

Any unused place will be reallocated to the next best eligible RGI team from the same continent not already qualified based on the RGI team ranking: Individual result of the (Qualification / AA-Final) of the respective Continental Championships. If there is no other eligible NF, the team quota place remains unused.

Art. 4.2.2 Groups

The First two WCH after the Olympic Games (2025 and 2026)

Participation at World Championships is open to all NFs in good standing with one group.

The Year Prior to the Olympic Games (2027)

Open to max. 29 Groups as follows:

- a) the top 24 groups from the previous World Championships (ranking results of the Qualifications/All-Around)

b) should all Continents not be represented in the top 24 Groups, the best ranked eligible Group from the continent(s) which is (are) not appropriately represented obtain a quota place (ranking results of the Qualifications/All-Around) from the previous WCH.

c) the Host Country (if not already qualified under a) and b).

Reallocation of Unused Quota Places

Any unused place will be reallocated to the next eligible group from the WCH 2026 All-Around Ranking results.

Art. 4.3 Competition Programme

Art. 4.3.1 General Layout of Competition

The general layout of the programme is elaborated by the FIG office in close cooperation with the LOC and the TC President and approved by the Secretary General. The responsibility for the detailed competition and training schedule is with the TC President.





Day 1	Arrival of Delegations
Day 2	Podium Training RGI
Day 3	RGI Qualifications
Day 4	Arrival RGG RGI Qualifications
Day 5	Podium Training RGG and Training RGI RGI All-Around Final Award Ceremony RGI All-Around
Day 6	Training RGI apparatus finalists RGG All-Around Award Ceremony RGG All-Around Award Ceremony Team Ranking
Day 7	RGI and RGG Apparatus Finals Award Ceremonies all Apparatus Finals Gala (to be decided by FIG and LOC)
Day 8	Departure of Delegations

Art. 4.3.2 Competition Format

Individual Gymnasts

Qualification

Federations with 2-3 Individuals: each federation has the right to choose the number of exercises to be performed per gymnast, minimum 1 and maximum 4 exercises per gymnast, for a total of 8 exercises per NF (2 of each apparatus).

				
2025, 2026, 2027	2	2	2	2

Federations with 1 Individual: 3 or 4 exercises per gymnast using any 3 or 4 apparatus.

The scores obtained in the Qualification are not carried forward to Finals.

The results obtained in the Qualification determine:

- the qualification for the All-Around Final made by adding the 3 best scores obtained in the Qualification
- the qualification for the Apparatus Finals
- the ranking of the All-Around competitors ranked from the 19th to the last place
- the ranking of the competitors ranked from the 9th to the last place on each individual apparatus.

All-Around Final

The 18 best gymnasts from Qualifications participate in the All-Around Final (max. 2 per NF). The programme consists of 4 exercises with the four prescribed apparatus and the ranking is made by adding the 4 scores obtained with the four apparatus.

Apparatus Finals

The 8 best ranked gymnasts from Qualification participate in the Apparatus Final (max. 2 gymnasts per NF).

The ranking is established according to the results obtained in each Final.

Groups

All-Around competition

Each federation participating in the competition shall present two different exercises.

One of these exercises must be performed using one type of apparatus and one exercise using two types of apparatus as prescribed on the programme of the year.

The All-Around Ranking is established by adding the 2 results of the All-Around competition.

Special Provisions

Each federation may enter 5 or 6 gymnasts for the total programme of group exercises (2 in qualifications and 2 finals if qualified). In case of 6 gymnasts, all 6 gymnasts must take part in at least one exercise. Should one gymnast not take part in any exercise, the group is disqualified. In case of 6 gymnasts the group composition must be submitted for both exercises at the time of the nominative registration. The identity of each gymnast will be checked before entering the competition floor for both exercises. The coach will be informed should the group composition not correspond to the one submitted. He/she will be given the possibility to modify the group composition to be in accordance with the one declared. Should the coach let his/her group compete with a different composition will result in the disqualification of his/her group from the respective exercise(s). As a result, the group will not be ranked in the All-Around Ranking List nor in the Ranking List of the routine it was disqualified from. Modifications of the group composition can be accepted on site only with a medical certificate verified by the official FIG doctor.

Each group exercise has to be performed by 5 gymnasts. A group comprising a different number of gymnasts is not acceptable and will not be evaluated.

Apparatus Finals

The 8 best Groups from the Qualification participate in the Apparatus Finals. The ranking is established according to the results obtained in each Final.

Art. 4.3.3 Team Ranking (combined Individuals and Groups)

Federations participating in the Team ranking must perform a total of 8 Individual routines (2 of each apparatus) + 2 Group routines. The ranking is established by adding the 8 scores registered by the Individual gymnasts (from Qualification) plus the scores of the 2 Group routines of the team (from All-Around competition).

Art. 4.4 Junior World Championships

Junior World Championships consist of Individual and Group competitions.

- Qualifications Individual Gymnasts and Groups with Team Ranking
- All-Around Ranking (Group only)
- Apparatus Finals for Individual Gymnasts and for Groups

4.4.1 Right of Participation

Participants must have a valid FIG license and respect the Junior age.

Participation with Team Ranking

A Team consists of two (2) to four (4) individual gymnasts performing 4 individual routines in total and one (1) group, performing 2 group routines.

Participation without Team Ranking

All other NFs can participate with one (1) to four (4) individual gymnasts, performing one (1) to four (4) individual routines in total and/or one group, performing 1 or 2 group routines. They can qualify for the apparatus finals, but they are not taken into consideration for the team ranking.

4.4.2 Competition format

Individual Competition

Qualification

Each Federation has the right to choose the number of exercises to be performed by its registered gymnast(s).

The maximum number of routines per apparatus and per Federation is one (1) routine, regardless the number of gymnast(s) registered (1, 2, 3 or 4) by their Federation.

Each gymnast must perform minimum one (1) routine

The choice of the apparatus to be performed per each gymnast is up to the Federation.

Apparatus Finals

The best eight (8) gymnasts of the Qualifications on each of the four (4) apparatus of the programme are designated to participate in the Individual Apparatus Finals

Group Competition

All-Around Competition

Each Group shall present max. two exercises with different apparatus according to the programme valid during the year of the competition. A group may perform 1 exercise but is not eligible for All-Around or team ranking.

Special Provisions

Each federation may enter five (5) or six (6) gymnasts for the total programme of group exercises (two (2) in qualifications and two (2) finals if qualified). In case of six (6) gymnasts, all six (6) gymnasts must take part in at least one exercise. Should one gymnast not take part in any exercise, the group is disqualified. In case of six (6) gymnasts the group composition must be submitted for both exercises at the time of the nominative registration. The identity of each gymnast will be checked before entering the competition floor for both exercises. The coach will be informed should the group composition not correspond to the one submitted. He/she will be given the possibility to modify the group composition to be in accordance with the one declared. Should the coach let his/her group compete with a different composition will result in the disqualification of his/her group from the respective exercise(s). As a result, the group will not be ranked in the All-Around Ranking List nor in the Ranking List of the routine it was disqualified from. Modifications of the group composition can be accepted on site only with a medical certificate verified by the official FIG doctor.

Each group exercise has to be performed by five (5) gymnasts. A group comprising a different number of gymnasts is not acceptable and will not be evaluated.

All-Around Ranking

The All-Around Ranking is established by adding the two (2) results of the All-Around Competition.

Apparatus Finals

The best eight (8) Groups from the All-Around Competition of each apparatus are designated to participate in the Apparatus Final.

Team Ranking

Only NFs participating with two (2) to four (4) individual gymnasts and a group, which performs 2 group routines, are taken into consideration in the team ranking (see also 5.4.1).

The team ranking is established by adding the four (4) scores of the Individual Qualification and the two (2) scores of the group All-Around Competition.

4.4.3 Competition Programme

Day 1	Arrival of Delegations
Day 2	Podium Training RGI
Day 3	RGI Competition (Hoop & Ball)
Day 4	RGI Competition (Clubs & Ribbon) Arrival RGG
Day 5	Podium Training RGG Training RGI finalists
Day 6	RGG Competition AA Training RGI finalists Award ceremony for Group All-Around Award ceremony for Team
Day 7	RGI and RGG Apparatus Finals Award ceremony for all Apparatus Finals
Day 8	Departure of Delegations

ART. 5 REGISTRATION CHANGES

Definitive Registration

Definitive registrations received in the FIG Office after the drawing of lots will be refused (i.e. the gymnasts will not be allowed to compete).

After the drawing of lots no individual gymnast can be added to the number of gymnasts declared in the Definitive Registration.

Nominative Registration – Step 1

No additional Individual gymnasts to the number declared in the Definitive Registration may appear on the Nominative Registration and at Accreditation.

For Individuals, the apparatus chosen (all Federations) and the starting order for each apparatus (Federations with 2-3 Individuals) for the Qualification Competitions have to be declared with the names of the gymnasts (max. as per the number declared in the Definitive Registration).

Nominative Registration – Step 2

Until fifteen (15) days prior to the start of the Qualifications for Individuals Federations are allowed to modify the composition of their Delegation (Individual and/or Group). Each of the Federations will also have the possibility to modify, if necessary, the apparatus chosen and the starting order of their Individual gymnasts (Federations with 2-3 Individuals) submitted at the Nominative Registration - Step 1 (max. as per the number declared in the Definitive Registration).

The FIG online nominative registration platform will reopen to allow the Federations concerned to submit the necessary modifications.

Past this deadline, the online registration platform will be closed and no further modifications related to the apparatus chosen or to the starting order will be accepted. In the case an adjusted starting order is not received by the deadline of the Nominative Registration – Step 2, the initial Nominative registration (Step 1) will be used.

Replacement declared gymnasts due to injuries or illness

Between the Nominative Registration – Step 2 and the Accreditation

The injured or sick gymnast can be replaced and another gymnast can be accredited.

Between the Accreditation and 24 hours before the start of the Qualifications

The injured or sick gymnast can be replaced. The injured or sick gymnast must return her accreditation and another gymnast can be accredited. Gymnasts who have been withdrawn or replaced for whatever reason (including injuries and illness), may at no time be reaccredited.

Less than 24 hours before the start of the Qualifications

No new accreditations can be delivered.

If the Qualifications take place over more than one day, the start time of the day of Qualifications in which an Individual gymnast or Group is scheduled to compete is used to calculate the 24 hours before.

The injured or sick gymnast can be replaced by any gymnast already accredited, except those withdrawn or replaced, only with medical certificate verified by the official FIG / LOC medical doctor.

In the above cases, the replacing Individual gymnast will have to perform all apparatus the sick or injured gymnast was registered for, and will fill the same position(s) in the draw (starting order) of the replaced gymnast.

Qualified Individual gymnasts for All-Around Final and Apparatus Finals

Until 24 hours prior to the start of Competition:

May be replaced by her NF with one of its other gymnasts, at their discretion, provided that the said replacement has obtained a superior result to that of the first gymnast of reserve. The replacement gymnast will fill the position in the draw of the replaced gymnast.

Less than 24 hours prior to the start of the Competition:

May be replaced by her NF with one of its other gymnasts, at their discretion, provided that the said replacement has obtained a superior result to that of the first gymnast of reserve. This change can only be made in the case of injuries or illness of one of the qualified gymnasts with medical certificate verified by the official FIG / LOC medical doctor.

A gymnast who was part of a starting order and had to withdraw due to illness or injury (with medical certificate by the official FIG / LOC medical doctor) is still eligible to compete in the subsequent Apparatus Finals. In this case the gymnast must provide certification by the official FIG / LOC medical doctor that she is safe to compete again.

OG and YOG

IOC rules apply.

Reserve gymnasts for all types of Finals

For all types of finals three (3) reserve individual gymnasts / groups are designated, taking into account the list of results of Qualification. If called upon, a reserve works in accordance with the order of the individual gymnasts / groups replaced. Reserves must be prepared to compete and present in the warm-up hall in case they are called upon.

ART. 6 GENERAL TIE-BREAKING RULES (except for Olympic Games and The World Games)

The General tie-breaking rules defined below must be applied to all competitions in groups 1 to 3, they are recommended for competitions in group 4.

For JWCH, in case of a tie at any place in the Team Ranking, in the Group All-Around and in the Apparatus Finals RGI or RGG, ties will not be broken. For any other Junior competitions, irrespective of the competition group, ties may not be broken.

Art. 6.1 Individuals

Art. 6.1.1 Qualification for Individual All-Around Final

In case of a tie in points at any place in Qualifications for All-Around Final, the ranking will be determined by the following criteria:

1. the greater number of the 2 highest final apparatus scores obtained in Qualification (i.e. add the total of the 2 highest final apparatus scores)
2. the highest sum of the E-scores on 3 best apparatus
if there is still a tie, add the highest sum of the E-scores on the 2 apparatus with the highest final apparatus score
3. the highest sum of the A scores on 3 best apparatus
If there is still a tie, add the highest sum of the A-scores on the 2 apparatus with the highest total final score

If there is still a tie, the tie will not be broken.

Art. 6.1.2 Individual All-Around Final

In case of a tie in points at any place, the ranking will be determined by the following criteria:

1. the gymnast with the highest sum of the E-scores (total E-score (4 apparatus) prevails
2. the gymnast with the highest sum of the A-scores (total A-score (4 apparatus) prevails
3. the gymnast with the highest sum of the D-scores (total D-score (4 apparatus) prevails

If there is still a tie, it will not be broken.

Art. 6.1.3 Qualification for Apparatus Finals

In case of a tie in points at any place on any apparatus for qualification for Apparatus Finals, the ranking will be determined by the following criteria:

1. the gymnast with the highest E-score prevails
2. the gymnast with the highest A-score prevails
3. the gymnast with the highest D-score prevails

If there is still a tie, the tie will not be broken

Art. 6.1.4 Apparatus Finals

In case of a tie in points at any place on any apparatus in Apparatus Finals, the ranking will be determined by the following criteria:

1. the gymnast with the highest E-score prevails
2. the gymnast with the highest A-score prevails
3. the gymnast with the highest D-score prevails

If there is still a tie, the tie will not be broken.

Art. 6.2 Groups

Art. 6.2.1 All-Around competition

In case of a tie at any place **at the All-Around competition** the following criteria apply:

1. the group with the highest sum of the E-scores ~~E-score~~ (2 exercises) prevails
2. the group with the highest sum of the A-scores ~~A-score~~ (2 exercises) prevails
3. the group with the highest sum of the D-scores ~~D-score~~ (2 exercises) prevails

If there is still a tie, the tie will not be broken

Art. 6.2.2 Qualification for Apparatus Finals

In case of a tie at any place to qualify for the respective final (final for the exercise using one type of apparatus and final for the exercise using two types of apparatus), the following criteria apply:

1. the group with the highest E-score prevails
2. the group with the highest A score prevails
3. the group with the highest D-score prevails

If there is still a tie, the tie will not be broken.

Art. 6.2.3 Apparatus Finals

In case of a tie at any place in the respective final (final for the exercise using one type of apparatus and final for the exercise using two types of apparatus) the following criteria apply:

1. the group with the highest E-score prevails
2. the group with the highest A score prevails
3. the group with the highest D-score prevails

If there is still a tie, the tie will not be broken.

Art. 6.3 Combined Team Ranking

In case of a tie at any place, the team ranking will be determined by the following criteria:

Senior WCH

1. The NF with the highest sum of E-scores on 10 routines (8 Individual + 2 Group routines) prevails
2. The NF with the highest sum of A-scores on 10 routines (8 Individual + 2 Group routines) prevails
3. The NF with the highest sum of D-scores prevails on 10 routines (8 Individual + 2 Group routines)prevails
4. The NF with the highest sum of E-scores on 9 routines (from the 8 Individual + 2 Group routines) prevails
5. the NF with the highest sum of A-scores on 9 routines (from the 8 Individual + 2 Group routines) prevails
6. The NF with the highest sum of D-scores on 9 routines (from the 8 Individual + 2 Group routines) prevails

If there is still a tie, the tie will not be broken.

Junior WCH

1. The NF with the highest sum of E-scores on 6 routines (4 Individual + 2 Group routines) prevails
2. The NF with the highest sum of A-scores on 6 routines (4 Individual + 2 Group routines) prevails
3. The NF with the highest sum of D-scores on 6 routines (4 Individual + 2 Group routines) prevails
4. The NF with the highest sum of E-scores on 5 routines (from the 4 Individual + 2 Group routines) prevails
5. The NF with the highest sum of A-scores on 5 routines (from the 4 Individual + 2 Group routines) prevails
6. The NF with the highest sum of D-scores on 5 routines (from the 4 Individual + 2 Group routines) prevails

If there is still a tie, the tie will not be broken

ART. 7 MUSICAL ACCOMPANIMENT

The general rules outlined in art. 4.10.5 of Section 1 have to be respected. For further details refer to the RG Code of Points.

ART. 8 APPARATUS

Art. 8.1 Individual Exercises

For all Competitions, the full complement of apparatus (hoop, ball, clubs, ribbon) is used.


Thus, the programme for the Olympic Games is identical to the one of the preceding World Championships.

Art. 8.2 Group Exercises

The choice of apparatus is made as a result of the propositions of the NF and decided by the TC.

The programme of the Olympic Games is identical to that of the preceding World Championships.

Apparatus Programme Groups

2025	 5	3  2 
2026-2028	 5	3  2 

Art. 8.3 Check of Hand Apparatus and Leotards

Gymnasts must compete with Hand Apparatus with valid FIG certificates only. A detailed list of Hand Apparatus is published on the FIG website and updated regularly. Nevertheless, Gymnasts must be given the possibility during training session, to have their hand apparatus check to assure that they are conformed to the standards prescribed in the FIG Apparatus Norms.

Random checks will be carried out by a control commission at any time during FIG Events.

Apparatus which does not conform to the specifications contained in the FIG Apparatus Norms must not be used.

At the discretion of the TC President or the Technical Delegate a new control may be made at the end of an exercise.

Competition leotards must be according to the rules, stated in the Code of Points and in the Advertising rules.


ART. 9 REPETITION OF EXERCISES

No individual or group exercise may be repeated except in case of force majeure independent of the gymnast and recognized by the Superior Jury.

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Morinari Watanabe
FIG President



Nicolas Buompane
Secretary General



Noha Abou Shabana
RG TC President

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Technical Regulations 2026



Section 4

Special regulations for Trampoline Gymnastics

Version 1.1 - June 2025

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ART. 1 PRINCIPLES FOR THE COMPETITION PROGRAMME

All Finals, in competitions under FIG authority in TRA, TUM and DMT, can be conducted either as described under these special regulations or as a "knock out" competition with a quarterfinal (8 gymnasts), a semi-final (4) and final (2) each decided by a single voluntary exercise. The FIG TRA TC, the FIG EC and the organiser must agree to this kind of Final.

Art. 1.1 Qualifying Round

Qualifying Round at the World Championships are divided into a first round (Q1) with all gymnasts, and a second round (Q2) with a number of gymnasts/pairs depending on the relevant to the actual participants:

- 1-31 entries No Second Qualifying Round
- 32-47 entries Second Qualifying Round with 16 gymnasts
- 48 and + entries Second Qualifying Round with 24 gymnasts

Participation at the Second Qualifying Round (Q2) will be limited to a maximum of 3 (three) gymnasts or 2 (two) Synchro pairs per NF.

Art. 1.2 Finals

Participation at the Finals will be limited to a maximum of 2 gymnasts and 1 pair per NF.

Finals in TRA and SYN will be conducted in one round. The best 8 (eight) gymnasts or pairs from the Qualifying Round will perform one exercise.

Finals in DMT and TUM will be conducted in two rounds (F1 and F2). The best 8 (eight) gymnasts from the Qualifying will perform a single exercise. Immediately after, the best 4 (four) gymnasts will qualify for the second round, where they will compete for the title (gold medal) and the remaining places (2 to 4) with a second exercise.

If a participant has to withdraw from the Second Qualifying Round, from the first round of the Final in TUM and DMT, or from the Final in TRA and SYN, because of injury or illness, the next eligible participant from the Qualifying Round will be allowed to start at the next competition phase. These replacements have to be announced at least before march-in for Second Qualifying Round or Finals (see also Art. 5).

Junior and World Age Group Competitions will be conducted according to FIG Junior and WAGC Rules and Directives.

Other FIG-sanctioned events will be conducted following the Directives approved by FIG.

Art. 1.3 Competitions

Trampoline

- Men's Individual
 - Women's Individual
 - Men's Synchronised
 - Women's Synchronised
 - Mixed Synchronised (optional)
 - Men's Team
 - Women's Team

Competitions consist of:

- Two exercises in the First Qualifying Round
 - One exercise in the Second Qualifying Round
 - One exercise in the Final (8 participants)
 - One exercise in the Team Final

Composition of exercises is laid out in the CoP Trampoline.

Tumbling

- Men's Individual
 - Women's Individual
 - Men's Team
 - Women's Team

Competitions consist of:

- Two exercises in the First Qualifying Round
 - One exercise in the Second Qualifying Round
 - One exercise in the First Round of the Final (8 participants)
 - One exercise in the Second Round of the Final (4 participants)
 - One exercise in the Team Final

Composition of exercises is laid out in the CoP Tumbling.

Double Mini-Trampoline

- Men's Individual
 - Women's Individual
 - Men's Team
 - Women's Team

Competitions consist of:

- Two exercises in the First Qualifying Round
 - One exercise in the Second Qualifying Round
 - One exercise in the First Round of the Final (8 participants)
 - One exercise in the Second Round of the Final (4 participants)
 - One exercise in the Team Final

Composition of exercises is laid out in the CoP Double Mini-Trampoline.

Team composition

The teams in Trampoline, Tumbling and Double Mini-Trampoline competitions consist of a minimum of three and a maximum of four gymnasts.

All-Around Team Final

At World Championships there will be an All-Around Team Final, where the top five (5) National Federations competing in the eight (8) disciplines will perform one exercise in each of the disciplines (see Art. 4).

Art. 1.4 Judges

No panel may include more than one (1) member from the same NF (excluding the Chair of Judges Panel (CJP) and the Difficulty (D) judges).

At Continental Championships and World Cups (if necessary), up to two (2) judges from the same NF can be within the same panel, acting in different components (D/E).

ART. 2 OLYMPIC GAMES

Art. 2.1 Competition Programme

The programme and the organisation are identical to those of the World Championships (Art. 4) with the following exceptions:

Only the disciplines of Men's and Women's Individual Trampoline Gymnastics are in the Olympic Games.

There will only be one qualifying round consisting of two exercises.

The finals will consist of:

- One exercise in the First Round of the Final (F1) (8 participants)
- One exercise in the Super Final (F2) (4 participants)

Art. 2.2 Right of participation

Details regarding the participation rights and allocation of quota places will be outlined in Appendix C (once approved).

Art. 2.3 National Olympic Committee Approval

Only individual gymnasts authorised by their NOCs may take part in the Olympic Games provided that they fulfil any other requisite conditions (see Appendix C).

The NOC's will be informed by FIG of their allocated quota places and they will have to confirm these places as outlined in Appendix C.

Art. 2.4 Tie-breaking rules for Olympic Games

In case of a tie at any place, the ranking will be determined by the following criteria:

1. The gymnast with the higher T-score of the counting exercise prevails
2. The gymnast with the higher H-score of the counting exercise prevails
3. The gymnast with the higher D-score of the counting exercise prevails
4. The gymnast with the highest sum of all E-scores of the counting exercise prevails

If there is still a tie, the tie will not be broken.

ART. 3 THE WORLD GAMES

Art. 3.1 Competition Programme

Disciplines

- Men's Synchronised
- Women's Synchronised
- Men's Tumbling
- Women's Tumbling

- Men’s Double Mini-Trampoline
- Women’s Double Mini-Trampoline

Programme

Programme as at World Championships (Art. 4) with the following exceptions:

Synchronised Trampoline, Double Mini-Trampoline and Tumbling Men and Women

- Qualifying Round, only 8 gymnasts/pairs competing in a single group per discipline.
- Maximum 1 per NF, discipline and gender.
- Semi Finals (4 gymnasts/pairs): 1st gymnast/pair ranked in Qualifying Round against the 4th gymnast/pair, and 2nd gymnast/pair ranked in Qualifying Round against 3rd gymnast/pair.
- Bronze medal final: the 2 losers of Semi Finals competing for the bronze medal.
- Gold medal final: the 2 winners of Semi Finals compete for the gold medal.

The detailed programme is elaborated by the FIG office in close cooperation with the International World Games Association (IWGA) and the TC-President, and approved by the Secretary General.

Art. 3.2 Right of participation and size of delegation

The number of competitors (64) is determined by an agreement between the IWGA and the FIG as follows:

Synchronised Trampoline	32	(16 men and 16 women)
Double Mini-Trampoline	16	(8 men and 8 women)
Tumbling	16	(8 men and 8 women).

The qualifying process is based on the World Cup Series ranking of the year prior to The World Games (for TWG 2029, the 2028 World Cup Series).

The Qualification applies to the NFs and not to the competitors except for the “Wild Cards”.

Synchronised Trampoline, Tumbling and Double Mini-Trampoline Men and Women

Places 1 - 6: will be attributed to the NFs (max. 1 per NF) according to the World Cup Series ranking of the year prior to The World Games. .

In case there is an insufficient number of NFs participating in The World Games to fill these places, the participating NFs will be given the opportunity to send 2 gymnasts per NF (priority in ranking order as mentioned above)

Places 7 – 8: are nominated (in order of priority) by the FIG EC in consultation with the TC Trampoline:

1. To make sure the host country of The World Games is represented with one synchronised trampoline men **or** women, one tumbling men **or** women and one double mini-trampoline men **or** women, provided they have participated at the qualifying World Cup Series. The place will be given to the best ranked gymnast as mentioned above.
2. To guarantee that at least 4 continents are represented at The World Games. (if such a place has to be assigned, it will be given to the best ranked women **or** men of the respective Continent at the qualifying World Cup Series).
3. To cater for other unforeseen cases provided the gymnast has participated at the qualifying World Championships.

Any place(s) not assigned under the criteria mentioned above will be attributed following the same criteria as places 1 – 6 to increase the number of NFs not yet represented at The World Games.

Art. 3.3 Judges

Each participating NF has to nominate and present a minimum of 1 judge in good standing with a valid FIG Brevet (per discipline, DMT and TUM, in which it has qualified gymnasts), from their NF.

Art. 3.4 Tie-breaking rules for The World Games

These tie-breaking rules define how to determine which gymnast should prevail in case of equality of points in Qualifying Round and Finals.

In case of a tie in points at any place in Qualifying Round of any Synchronised Trampoline event, the ranking will be determined by the following criteria:

1. The pair with the higher sum of the scores of the two exercises

In case of a tie at any other competition phase, or if there is still a tie in Q1, the ranking will be determined by the following criteria applied to the counting exercise:

1. The pair with the higher S-score prevails
2. The pair with the higher H-score prevails
3. The pair with the higher D-score prevails

If there is still a tie, the tie will not be broken.

In case of a tie in points at any place in the Qualifying Round of any Tumbling and Double-Mini event, the ranking will be determined by the following criteria:

1. The gymnast with the higher sum of the D-scores of both exercises prevails.
2. The gymnast with the higher sum of all the E-scores of both exercises prevails.
3. The gymnast with the lower sum of all the CJP penalties of both exercises prevails.
4. The gymnast with the higher D-score of one exercise prevails.

If there is still a tie, the tie will not be broken.

In case of a tie, in points at any place in the Semi Finals or in the Finals, the ranking will be determined by the following criteria:

1. The gymnasts with the highest ranking in the Qualifying Round prevails.

ART. 4 WORLD CHAMPIONSHIPS

Art. 4.1 General Layout of Programme

The general layout of the programme is elaborated by the FIG Sports Department in close cooperation with the LOC and the TC. The responsibility for the detailed competition and training schedule is with the TC President.

Art. 4.2 Right of Participation and Size of Delegations

See FIG Accreditation Rules.

Art. 4.3 Competition Programme

Art. 4.3.1 Starting Order – All disciplines

The starting order for the Qualifying Round (Q1) in all disciplines is decided by a draw after the definitive entries, using the NFs numbers 1 to 4.

Gymnasts will compete in groups as evenly distributed as possible, but never bigger than twelve (12).

The starting order for all Individual Finals will be decided by a draw. (In F2, the starting order from F1 will be retained).

The starting order for all Team Finals will be in order of merit. NF will nominate the three athletes in the order they will compete, for their team in the Final, at least one hour prior to the Team Final.

Art. 4.3.2 Trampoline

Art. 4.3.2.1 Qualifying Round

The Qualifying Round is the basis for qualification to the following Finals:

- Men's Individual
- Women's Individual
- Men's Synchro
- Women's Synchro
- Mixed Synchro (optional)
- Men's Team
- Women's Team
- All-Around Team

The Qualifying Round will be conducted as per COP and the TR, Sec. 4, Art.1.

Art. 4.3.2.2 Finals

These competitions determine the World Champions.

Finals will be conducted as per COP and the TR, Sec. 4, Art.1.

Art. 4.3.3 Tumbling

Art. 4.3.3.1 Qualifying Round

The Qualifying Round is the basis for qualification to the following Finals:

- Men's Individual
- Women's Individual
- Men's Team
- Women's Team
- All Around Team

The Qualifying Round will be conducted as per COP and the TR, Sec. 4, Art.1.

Art. 4.3.3.2 Finals

These competitions determine the World Champions.

Finals will be conducted as per COP and the TR, Sec. 4, Art.1.

Art. 4.3.4 Double Mini-Trampoline

Art. 4.3.4.1 Qualifying Round

The Qualifying Round is the basis for qualification to the following Finals:

- Men's Individual
- Women's Individual

- Men's Team
- Women's Team
- All Around Team

The Qualifying Round will be conducted as per COP and the TR, Sec. 4, Art.1.

Art. 4.3.4.2 Finals

These competitions determine the World Champions.

Finals will be conducted as per COP and the TR, Sec. 4, Art.1.

Art. 4.3.5 All-Around team competition

Composition of a Team

This event will be mixed-gendered, joining together the eight events included in the World Championships' programme.

All-Around teams must be composed by representatives from one NF of the different events (apparatus) as follows:

- 1 IND W / 1 IND M
- 1 SYN W / 1 SYN M
- 1 TUM W / 1 TUM M
- 1 DMT W / 1 DMT M

NF will be automatically registered to this event if they enter gymnasts in all eight apparatus. The same gymnast is allowed to compete in the different disciplines.

All-Around Team event will consist of Qualifying Round and Final.

Qualification to the All-Around Team Final

There is no special Qualifying Round for this event.

Federations will qualify to this final by adding their best score of eight individual events from the First Qualifying Round (Q1).

The five (5) teams with the highest Total Combined Team score after Qualifying Round qualify to participate in the All-Around Team Final.

Replacements will be according to Art. 5 below. Any modification shall be approved by the President of the Superior Jury.

All-Around Team Final

The All-Around Team Final consists of one exercise per gymnast/pair in each one of the disciplines.

NF will nominate the gymnasts/pairs for the Finals between those having competed in the Qualifying Round. Nominations must be registered 2 hours prior to the Final.

Replacements will be according to art. 1 and 5).

In order to present a short and exciting competition, there will be at least three competition rounds in the Final, with the following distribution of apparatus:

- 1st Round: SYN W – TUM W – DMT M
- 2nd Round: SYN M – TUM M – DMT W
- 3rd Round: IND W – IND M

In the All-Around Team Final, there will be no warm up after the presentation of the finalists.

The starting order of the first round of the All-Around Team Final will be in order of merit, according to the Qualifying Round ranking. The starting order of the second and third rounds will be in order of merit, according to the intermediate results respectively after first and second round. The sum of the ranking points achieved in all disciplines decides the winner and classification from 2 to 5.

The Final ranking in each apparatus (category) is converted in points as follows:

1 st place	10 points
2 nd place	8 points
3 rd place	6 points
4 th place	5 points
5 th place	4 points

The team with the highest number of points adding all apparatus is declared **All-Around Team World Champion**.

Each member (max. 10) and one coach of the winning teams will be awarded with a medal.

Art. 4.4 General Tie-breaking rules

These tie-breaking rules define how to determine which gymnast or team should prevail in case of equality of points, except for JWCH Finals and WAGC Finals, where no tie-break will be applied (only in F2 for TUM and DMT).

Art. 4.4.1 Individual Trampoline

In case of a tie at Q1, the ranking will be determined by the following criteria:

1. The gymnast with the higher sum of the scores of the two exercises

In case of a tie at any other competition phase, or if there is still a tie in Q1, the ranking will be determined by the following criteria applied to the counting exercise:

1. The gymnast with the higher T-score prevails
2. The gymnast with the higher H-score prevails
3. The gymnast with the higher D-score prevails

If there is still a tie, the tie will not be broken.

At Junior and WAGC events, the tie break rules will be applied on the voluntary exercise.

Art. 4.4.2 Synchronised Trampoline

In case of a tie at Q1, the ranking will be determined by the following criteria:

1. The pair with the higher sum of the scores of the two exercises

In case of a tie at any other competition phase, or if there is still a tie in Q1, the ranking will be determined by the following criteria applied to the counting exercise:

1. The pair with the higher S-score prevails
2. The pair with the higher H-score prevails
3. The pair with the higher D-score prevails

If there is still a tie, the tie will not be broken.

At Junior events the tie break rules will be applied on the voluntary exercise.

Art. 4.4.3 Team Competition Trampoline

In case of a tie, the ranking will be determined by the following criteria:

1. Only applicable for Team Finals, if there is a tie in ranking points, then the team with the higher score prevails
2. The team with the higher sum of the 3 best T-scores of the counting exercises prevails
3. The team with the higher sum of the 3 best H-scores of the counting exercises prevails
4. The team with the higher sum of the 3 best D-scores of the counting exercises prevails

If there is still a tie, the tie will not be broken.

Art. 4.4.4 Tumbling and Double Mini-Trampoline

In case of a tie, in points at any place in the First Qualifying Round (Q1), the ranking will be determined by the following criteria:

1. The gymnast with the higher sum of the D-scores of both exercises prevails
2. The gymnast with the higher sum of all the E-scores of both exercises prevails
3. The gymnast with the lower sum of all the CJP penalties of both exercises prevails
4. The gymnast with the higher D-score of one exercise prevails

If there is still a tie, the tie will not be broken.

In case of a tie, in points at any place in the Second Qualifying Round (Q2), the ranking will be determined by the following criteria:

1. The gymnast with the higher ranking in the First Qualifying Round (Q1) prevails

In case of a tie, in points at any place in F1, the ranking will be determined by the following criteria:

1. The gymnast with the higher ranking in the Second Qualifying Round (Q2) prevails

In case of a tie, in points at any place in F2, the ranking will be determined by the following criteria:

1. The gymnast with the higher ranking in F1 prevails

Art. 4.4.5 Team Competition Tumbling and Double Mini-Trampoline

In case of a tie at any place in the Qualifying Round, the ranking will be determined by the following criteria:

1. The team with the higher sum of the D-scores of the 3 counting exercises
2. The team with the higher individual D-score of the 3 counting exercises
3. The team with the higher individual total score of the 3 counting exercises

If there is still a tie, the tie will not be broken.

In case of a tie at any of the three competition groups during the Team Final, the tie will not be broken and teams will receive the same amount of points.

In case of a tie, in ranking points at any place at the end of the Team Final, the ranking will be determined by the following criteria:

1. The team with the higher score prevails (adding the three individual scores)
2. The team with the higher 3 D-scores prevails
3. The team with the higher individual D-score prevails
4. The team with the higher individual total score

If there is still a tie, the tie will not be broken.

Art. 4.4.6 All-Around Team

In case of a tie in points at any place after the Qualifying Round Ranking, the ranking will be determined by the following criteria:

1. The team with the higher sum of the 8 best D-scores prevails
2. The team with the higher sum of the 7 best D-scores prevails
3. The team with the higher sum of the 6 best D-scores, and subsequently, prevails

If there is still a tie, the tie will not be broken.

In case of a tie at any individual discipline during the All-Around Team Final, the tie will not be broken and both teams will receive the same amount of points.

In case of a tie at any place in the transition between rounds, the starting order will be determined by the Qualifying Round Ranking

If there is a tie in points after the final discipline, the following will apply to determine the winner:

1. The team with the higher total score (adding the scores of the eight events from Finals)
2. The team with the higher sum of the 8 D-scores prevails
2. The team with the higher sum of the 7 best D-scores prevails
3. The team with the higher sum of the 6 best D-scores, and subsequently, prevails

If there is still a tie, the team with the higher Qualifying Round Ranking prevails.

ART. 5 REGISTRATION CHANGES

Definitive / Nominative Registration

After the draw no gymnast can be added to the number of gymnasts declared in the Definitive Registration.

At the deadline of the Nominative Registration, the names of the gymnasts have to be declared (max. as per the number declared in the Definitive Registration).

Replacement of declared gymnasts

If any gymnast gets injured or ill between the Nominative Registration and 24 hours prior to the competition, the injured or sick gymnast can be replaced and another gymnast can be accredited.

Less than 24 hours prior to the beginning of the Qualifying competition, no new accreditations can be delivered. The 24 hours period is the one which precedes the start of the day of qualification of the respective team/gymnast.

In the case of injuries or illness with medical certificate verified by the official FIG / LOC medical doctor of any gymnast between 24 hours prior to the beginning of his/her first competition (e.g. Qualification), any gymnast already accredited can be used as substitute by the NF, except those withdrawn or replaced (see General Rules below). The substitute shall take exactly the same place as the replaced gymnast.

If a gymnast who has qualified for the final will be replaced by a National Reserve (NR) or Reserve (R). In the case that a gymnast from the same National Federation (NF) has obtained a higher score to that of the next eligible reserve, the NR gymnast will fill the position in the draw. Otherwise, the next eligible R athlete will fill the position of the draw.

This change can be made until the march-in starts, in the case of injuries or illness of one of the qualified gymnast with medical certificate verified by the official FIG / LOC medical doctor.

For the OG and the YOG, IOC rules apply.

In exceptional cases, the TC President concerned may accept a relevant change.

General rules for gymnasts withdrawn or replaced after accreditation or during competition

Gymnasts who have been withdrawn or replaced for whatever reason (including injuries and illness), may at no time be reaccredited or compete in any later phase and competition of the respective event.

Reserve gymnasts / teams for all types of Finals

For all types of finals three (3) reserve gymnasts/pairs are designated, taking into account the list of results of Qualification. If called upon, a reserve works in accordance with the order of the gymnasts / pairs replaced. Reserves must be prepared to compete and present in the warm-up hall in case they are called upon.

ART. 6 SAFETY REQUIREMENTS

The equipment selected for the competition must be placed in the competition hall at least two (2) hours prior to the start of the competition to enable the gymnasts to warm up on the competition apparatus (see also Art. 4.11.7 c) of TR, Section 1).

Art. 6.1 Trampoline

The interior height of the hall, in which FIG trampoline competitions are to take place, must be at least 10 metres for events with senior gymnasts, and 8 metres for events with Junior and Age Groups.

Safety mats, as per FIG Norms (TRA11) must cover the floor at the sides of the trampoline.

Safety platforms with landing mats must be used on the ends of the trampoline. Their dimensions must adhere to the FIG Norms.

Safety mats, as per FIG Norms (TRA11) must cover the floor behind the safety platforms.

Two spotter mats for each Trampoline must be available. Their dimensions must adhere to the FIG Norms.

Sides = long sides of the trampoline

Ends = short sides of the trampoline

During synchronised competitions the trampolines must be parallel and not staggered. The distance between them, measured from the outer edges of the frames, must be 2 metres.

See also Art. 4.10.2 and 4.10.7 TR, Section 1.

The organiser of the competition must appoint two experienced spotters per trampoline during the entire competition. If there is only one spotting coach, these two spotters will stay at the two corners of the trampoline, in the opposite side to the spotting coach. If there are two spotting coaches, the two spotters will stay at two diagonal corners of the safety platforms. They must be dressed according to the Code of Points.

The Chair of the Judges' Panel and the Floor Manager are responsible for supervising the spotters.

A spotter mat may be used by the competitor's own spotter(s) from both sides of the trampoline.

Gymnasts must execute their routines without any external help. The Chair of the Judges' Panel will decide whether or not any assistance given by a spotter was necessary.

Art. 6.2 Tumbling

The interior height of the hall must be at least 6 metres.

A gymnast may have one spotter (coach) only on the side of the Tumbling opposite the judges' panel.

A set of safety mats (min. 50 cm. wide; 5 cm. thick) may be placed around the landing area.

See also Art. 4.10.2 and 4.10.7 TR, Section 1.

Art. 6.3 Double Mini-Trampoline

The interior height of the hall must be at least 6 meters.

A gymnast may have one spotter (coach).

A spotter mat must be available and may only be used by the gymnast's own spotter and only on the side of the Double Mini-Trampoline opposite the judges' panel. The Dimensions of this mat must adhere to the FIG Norms.

Safety mats, as per FIG Norms (TRA11) must cover the floor at the sides of the Mini-Trampoline.

A set of safety mats (min. 50 cm. wide; 5 cm. thick) may be placed around the landing area.

See also Art. 4.10.2 and 4.10.7 TR, Section 1.

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



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Technical Regulations 2026



Section 5

Special regulations for Acrobatic Gymnastics

Version 1.0 - May 2025

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ART. 1 PRINCIPLES FOR THE COMPETITION PROGRAMME

Competitions consist of Qualifications and Finals in the following categories:

- Women's Pairs
- Men's Pairs
- Mixed Pairs
- Women's Groups (3)
- Men's Groups (4)

The competition programme for the various categories is prescribed as follows:

Art. 1.1 Qualifications

One Balance and one Dynamic exercise. All pairs or groups take part. A draw is made for order of performance of each of the 2 exercises. Each pair and group is ranked after performance of all 2 exercises, Balance and Dynamic.

Art. 1.2 Finals

One Combined Exercise: Only pairs and groups placed 1-8 after Qualification take part.

If there are less than 12 NFs in the particular category, only 6 finalists take part.

Art. 1.3 Team ranking

At the conclusion of the qualifying competition, the ranking of teams announced for the team competition will be established as defined in Art. 3.2 d).

Art. 1.4 General Tie-breaking rules

These tie-breaking rules define how to determine which pair/group should prevail in case of equality of points.

In case of a tie in points at any place in Qualification, the ranking will be determined by the following criteria:

1. The highest sum of the E-scores of the Balance and Dynamic exercises prevails.
2. The highest sum of the E and A scores of the Balance and Dynamic exercises prevails.

If there is still a tie, the tie will not be broken and the starting order for the finals will be decided by draw.

In case of a tie in points at any place in Finals, the ranking will be determined by the following criteria:

1. The highest E-score of the Combined exercise prevails.
2. The highest sum of the E and A scores of the Combined exercise prevails.

If there is still a tie, the tie will not be broken.

Art. 1.5 Judges

No panel may include more than one (1) member from the same NF (excluding the Chair of Judges Panel (CJP) and the Difficulty (D) judges) unless specified otherwise.

At Continental Championships and World Cups (if necessary), up to two (2) judges from the same NF can be within the same panel, acting in different juries (D/E/A). The Chair of Judges Panel and the Difficulty judges must be from different NFs.

ART. 2 THE WORLD GAMES

Art. 2.1 Competition Program

Categories:

- Women's Pairs
- Men's Pairs
- Mixed Pairs
- Women's Group (3)
- Men's Group (4),

No team ranking.

Program:

- Qualifications with 6 pairs/groups per category
1 Dynamic and 1 Balance Exercise
Maximum 1 (or 2, see Art. 2.2) pair/group per NF per category
- Finals with the top 4 pairs/groups
1 Combined Exercise
Max. 1 pair/group per NF per category

The detailed program is elaborated by the FIG office in close cooperation with the International World Games Association (IWGA) and the TC-President and approved by the Secretary General.

Art. 2.2 Rights of participation and size of delegations

The number of gymnasts (78) is determined by an agreement between the IWGA and the FIG.

The qualification for the participation at The World Games is based on the results of the qualifications of the World Championships in the year preceding The World Games.

The qualification applies to the NFs and not to the gymnasts, except for the "FIG Wild Cards".

A maximum of six pairs or groups per category may participate in The World Games.

The 6 places per category are assigned as follows:

Places 1 – 5 (max. 1 place per NF and discipline) will be attributed to the NFs according to their ranking in the qualifications of the qualifying World Championships.

In case that there not a sufficient number of NFs participating in The World Games to fill these places, the participating NFs will be given the opportunity to send 2 pairs/groups (priority in order of the ranking of the Qualifications at the qualifying World Championships).

Place 6 (1 FIG Wild Card per category) will be nominated by the FIG EC in consultation with the ACRO-TC to (in order of priority):

1. make sure the host country of The World Games is represented with one pair or group, provided it has participated at the qualifying World Championships. The place will be given to the best ranked pair or group at the Qualifications of the qualifying World Championships. In case of a tie, priority will be given to the pair or group which has the higher number of total participants in that category.
2. guarantee that 4 continents are represented at The World Games. (If such a Wild Card has to be assigned, it will be given to the best ranked pair or group from the respective Continent at the qualification of the qualifying World Championships. In case of a tie, priority will be given to the pair or group which has the higher

number of total participants in that category).

3. to cater for other unforeseen cases, provided the pair or group has participated at the qualifying World Championships.

Any place(s), not assigned under the criteria mentioned above, will be assigned following the same criteria as places 1 - 5 to raise the number of participating NFs from NFs not yet represented at The World Games.

Art. 2.3 Judges

Each NF taking part must present minimum **one** qualified judge according to the General and Specific Judges' Rules, in addition to any selected Chair of Judges panel or Difficulty Judge. Failure to provide a judge will result in the FIG charging the NF concerned with a fine of CHF 2'000.

ART. 3 WORLD CHAMPIONSHIPS

Art. 3.1 General Layout of Program

The World Championships include competitions in the 5 categories:

- Women's Pairs
- Men's Pairs
- Mixed Pairs,
- Women's Groups
- Men's Groups

The programme with 4 competition days, includes a ranking by teams.

Example

Day 1	Arrival of Delegations	
Day 2	Podium Training Orientation Meeting Judges' Meeting	
Day 3	Podium Training Judges' Meeting	
Day 4	QUALIFICATIONS MP Balance / WG Dynamic WP & MG Balance / MxP Dynamic WG Balance / MP Dynamic	
Day 5	QUALIFICATIONS MxP Balance / WP & MG Dynamic <i>Team Award Ceremony</i>	FINALS WP Combined MP Combined <i>Award Ceremony</i> WG Combined MxP Combined MG Combined <i>Award Ceremony</i>
Day 6		FINALS WP Balance MP Dynamic <i>Award Ceremony</i> WG Balance MxP Dynamic MG Balance <i>Award Ceremony</i>
Day 7		FINALS

		WP Dynamic MP Balance <i>Award Ceremony</i> WG Dynamic MxP Balance MG Dynamic <i>Award Ceremony</i>
Day 8	Departure of Delegations	

The programme is subject to change by the Acrobatic Gymnastics Technical Committee depending on the number of entries and other circumstances. The Acrobatic Gymnastics Technical Committee with the Organising Committee also decides the schedule.

Art. 3.2 Competition Format

Art. 3.2.1 Qualifications

- Balance qualification
- Dynamic qualification

One (1) Balance and 1 (one) Dynamic routine for **all** units. It is allowed to take part in only 1 (one) exercise.

These competitions must be entered by all pairs or groups aiming to qualify for the Finals. Only pairs and groups who perform two (2) exercises, one (1) Balance and one (1) Dynamic can qualify for the Combined Finals.

The starting order of the Balance and Dynamic Exercises will be determined by 2 different draws as stated in TR Section 1, art. 4.3.

The 8 or 10 highest scoring pairs and groups in each category, after the 2 exercises in Qualification, proceed to the Combined Final.

The 6 or 8 highest scoring pairs and groups in each category, after the 1 exercise in qualification, proceed to the Balance and/or the Dynamic Final.

When there are less than 15 NFs in a category, only 8 will proceed to the Combined Final.

When there are less than 12 NFs in a category, only 6 will proceed to the Balance or the Dynamic Final.

Not more than 1 pair or group per NF is allowed to proceed to a Final.

Art. 3.2.2 Finals

- Combined finals
- Balance finals
- Dynamic finals

This competition determines the World Champions per category (pairs/groups) and in an exercises (Balance, Dynamic, Combined)

The starting order will be determined by draw, with those placed 6-10 first and those placed 1-5 to follow.

In case of 8 participants in the finals, there will be a draw with those placed 5-8 first and those placed 1 to 4 will follow with the order determined by draw.

In case of 6 participants in the finals, those placed 5 and 6 will perform first and second with the position determined by draw; those placed 1 to 4 will follow with the order determined by draw.

The competition starts from a score of zero.

The pairs/groups with the highest points in each category are declared World Champions in their particular categories.

Art. 3.2.3 Team Ranking

To participate in the ranking by teams, NFs must be represented with 3 different categories including at least one pair and one group in Qualification.

The delegations must announce the composition of their team at the time of accreditation.

The team classification is established on the basis of the overall placings over the 3 2 exercises performed in Qualifications by the declared team members. The 3 placings are converted into points as follows:

e.g. If 16 countries are entered in a World Championships, the first place gets 16 points, the second place 15, the third place 14 etc.

All categories get a uniform conversion regardless of the number of competitors in the event.

The team with the highest number of points is declared Team World Champion. Each member of the winning team is awarded a medal.

Art. 3.3 Rights of participation and size of delegations

Size of delegation:

All NFs are entitled to participate in all five categories with a max. 2 units (pair/group) per category.

Each athlete may compete in one discipline.

Is considered as a unit one pair, one trio or one group (WP, MP, MXP, WG, MG)

For all other delegation members, including the additional coaches, see FIG Accreditation Rules.

Art. 3.4 Tie-breaking Rules for World Championships

In case of a tie in points at any place in **Qualification**, the ranking for the Combined final will be determined by the following criteria:

1. The highest sum of the E-scores of the Balance and the Dynamic exercises
The highest sum of the E and A scores of the Balance and Dynamic exercises prevails.

If there is still a tie, the tie will not be broken and the starting order for the Finals will be decided by draw.

In case of a tie in points at any place in **Qualifications**, the ranking for the Balance OR the Dynamic Final will be determined by the following criteria:

1. The highest E-scores of the Balance or the Dynamic exercise
2. The highest sum of the E and A scores of the Balance or the Dynamic exercises prevails.

If there is still a tie, the tie will not be broken and the starting order for the Finals will be decided by draw.

In case of a tie in points at any place in **Finals**, the ranking will be determined by the following criteria:

1. The highest E-score of the exercise prevails.
2. The highest sum of the E and A scores of the exercise prevails.

If there is still a tie, the tie will not be broken.

Tie-breaking rules for the team ranking

In case of a tie in points at any place, the tie will be broken as follow:

1. The Team with Men's Group on Team Competition will prevail.
2. The Team with the best ranking on Men's Group category will prevail.
3. The Team with Women's Group on Team Competition will prevail.
4. The Team with the best ranking on Women's Group category.

If there is still a tie, the tie will not be broken and both teams receive same place.

ART. 4 REGISTRATION CHANGES

Definitive / Nominative Registration

After the draw no unit can be added to the number of units declared in the Definitive Registration.

At the deadline of the Nominative Registration, the names of the gymnasts have to be declared (max. as per the number declared in the Definitive Registration).

Replacement of declared gymnasts

If any gymnast gets injured or ill between the Nominative Registration and 24 hours prior to the competition, the injured or sick gymnast/unit can be replaced and another gymnast/unit can be accredited.

Less than 24 hours prior to the beginning of the Qualifying competition, no new accreditations can be delivered. The 24 hour period is the one which precedes the start of the day of qualification of the respective category.

In the case of injuries or illness with medical certificate verified by the official FIG / LOC medical doctor of any gymnast between 24 hours prior to the beginning of his/her first competition (e.g. Qualification), any gymnast already accredited can be used as substitute by the NF, except those withdrawn or replaced (see General Rules below). The substitute shall take exactly the same place as the replaced gymnast.

Qualified units for Finals may be replaced by their NF with one of its other units at their discretion, provided that the said replacement has obtained a superior result to that of the first unit of reserve. The replacement unit will fill the position in the draw of the replaced unit. This change can be made until 24 hours prior to the start of the Competition, This change can be made by informing the LOC. Past this deadline, this change can only be made in the case of injuries or illness of one of the qualified gymnast with medical certificate verified by the official FIG / LOC medical doctor.

For the YOG, IOC rules apply.

In exceptional cases, the TC President concerned may accept a relevant change.

General rules for gymnasts withdrawn or replaced after accreditation or during competition

Gymnasts who have been withdrawn or replaced for whatever reason (including injuries and illness), may at no time be reaccredited or compete in any later phase and competition of the respective event.

Reserve gymnasts / units for Finals

For all types of finals three (3) reserve gymnasts / units are designated, taking into account the list of results of Qualification. If called upon, a reserve works in accordance with the order of the gymnasts / units replaced. Reserves must be prepared to compete and present in the warm-up hall in case they are called upon.

ART. 5 MUSICAL ACCOMPANIMENT

The general rules outlined in art. 4.10.5 of Section 1 have to be respected. For further details for Acrobatic Gymnastics refer to the ACRO Code of Points.

ART. 6 MEASUREMENT OF GYMNASTS

All gymnasts must be measured before the start of competition at a time and in a place determined during the orientation meeting.

Any athlete will be disqualified from competition participation

- who does not appear for measuring at the requested time
- who obstructs measuring or does not follow the instructions given for measuring
- who cheats or tries to obtain a more favourable measurement by any other means

A disqualified athlete cannot be replaced by a substitute.

The Superior Jury, through the President of the Jury, makes the decision about disqualification.

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



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FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Technical Regulations 2026



Section 6

Special regulations for Aerobic Gymnastics

Version 1.0 – May 2025

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ART. 1 PRINCIPLES FOR THE COMPETITION PROGRAM

Competitions in Aerobic comprise the following categories:

- Individual women (1 female competitor)
- Individual men (1 male competitor)
- Mixed Pairs (1 male/1 female competitor)
- Trios (3 competitors of optional gender)
- Groups (5 competitors of optional gender)
- Aerobic Dance (8 gymnasts of optional gender)
- Aerobic Step (8 gymnasts of optional gender)

The programme may also include a ranking by teams

Art 1.1 Judges

No panel may include more than one (1) member from the same NF (excluding the Chair of Judges Panel (CJP) and the Difficulty (D) judges).

At Continental Championships and World Cups (if necessary), up to two (2) judges from the same NF can be within the same panel, acting in different components (D/E/A). The Chair of Judges Panel and the Difficulty judges must be from different NFs.

Art. 1.2 General Tie-breaking rules

In case of a tie in points at any place in qualification and/or finals, the ranking will be determined by the following criteria:

1. the highest total E-score
2. the highest total A-score
3. the highest total D-score

If there is still a tie, the tie will not be broken.

In qualification, if there is still a tie which cannot be broken the starting order of the tied ranks for the final is decided by draw.

Tie-breaking rules for the **team ranking** (where applicable)

In case of a tie in points at any place in the Team Ranking, the ranking will be determined by the following criteria:

1. the best ranked Group
2. the best ranked Trio
3. the best ranked MP

If there is still a tie, the tie will not be broken.

ART. 2 THE WORLD GAMES

Art. 2.1 Competition program

The programme and the organisation are identical to those of the senior World Championships (see Art. 3 below), with the following exceptions:

- Competitions in the following categories only: Mixed Pairs, Trios, Groups and Aerobic Dance

- Qualifying Round with only 6 units
- Maximum 1 (or 2, see Art. 2.2) per NF and per categories
- Finals with only 4 per category, maximum 1 per NF and per category
- No team ranking

Layout of the programme - example

Day 1: Qualifications in 2 categories
Finals in 2 categories

Day 2: Qualifications in 2 categories
Finals in 2 categories

Day 1	Day 2
Qualifications	Qualifications
Mixed Pairs	Trios
Groups	Aerobic Dance
Finals	Finals
Mixed Pairs	Trios
Groups	Aerobic Dance

The detailed programme is elaborated by the FIG office in close cooperation with the International World Games Association (IWGA) and the TC-President and approved by the Secretary General.

Art. 2.2 Right of Participation

The number of competitors is determined by an agreement by the IWGA and the FIG.

The qualification for the participation at the World Games is based on the results of the qualifications of the World Championships preceding the World Games.

The qualification applies to the NFs (NOCs).

For the "FIG Wild Cards",

For Mixed Pair and Trio, the qualification applies to the gymnasts.

For Group and Aerobic Dance, the qualification applies to the NFs (NOCs).

Six Mixed Pairs, six Trios, six Groups and six Aerobic Dance may participate in the World Games as follows.

Places 1 – 4 (max. 1 per NF and category) will be attributed to the NF – max. 1 per NF and category - according to their ranking in the Qualifications of the qualifying World Championships.

Place 5-6 1 wild card will be allocated for Mixed Pairs, Trios, Groups, Aerobic Dance (in order of priority) by the FIG EC in consultation with the FIG AER TC to:

1. make sure the host country of the World Games is represented with a total of 2 places, provided the respective Mixed Pair, Trio, Group and Aerobic Dance has participated at the qualifying World Championships. The 2 places will be given to the 2 best ranked - but no more than 1 place per category - at the Qualifications of the qualifying World Championships.

2. guarantee that all continents are represented at the World Games. (If such a Wild Card has to be assigned, it will be given to the best ranked Mixed Pair, Trio, Group or Aerobic Dance Group from the respective Continent from the qualification competition of the qualifying World Championships.) In case of a tie, priority will be given to the best ranked pair or group which has the higher number of total participants in that category.
3. cater for other unforeseen cases, provided the Mixed Pair, Trio, Group or Aerobic Dance has participated at the qualifying World Championships.

Any place(s) not assigned under the criteria mentioned above will be assigned following the same criteria as places 1 - 4 to raise the number of participating federations from federations not yet represented at the World Games.

Art. 2.3 Judges

Each NF taking part must present one or two qualified judges (with a current valid FIG brevet category 1, 2 or 3) in good standing in addition to any selected Chair of Judges' panel or D-Judge.

Failure to provide a judge will result in the FIG charging the NF concerned with a fine of CHF 2'000.

ART. 3 WORLD CHAMPIONSHIPS

The competition consists of a qualification round and a final round per category. Competitors will perform only one routine in each of the rounds.

Art. 3.1 Senior World Championships

Art. 3.1.1 General Layout of Programme

The general and detailed programme is elaborated by the FIG office in close cooperation with the LOC and the TC-President and approved by the Secretary General.

This option requires a minimum of 4 competition floors:

1 Aerobic floor in the competition hall

3 Aerobic floors in the training hall(s), 1 of the floors with music. Marked floor to be determined for every event

1 training hall for general warm-up

Example over three days (to be updated depending upon the number of entries after the nominative registrations)

Day 1	Day 2	Day 3
Qualifications	Qualifications	Finals
Aerobic Dance	Mixed Pairs	Mixed Pairs
Aerobic Step	Individual Women	Individual Women
Individual Men	Groups	Groups
Trios	Finals	Aerobic Dance
	Individual Men	
	Trios	
	Aerobic Step	

Art 3.1.2 Right of Participation and Size of Delegations

a) Size of delegation

See the FIG Accreditation Rules.

A competitor may compete in maximum 3 Aerobic categories in accordance with Section 1, Art. 4.3 pt. 6.

b) Number of participants in the qualifications and in the finals

The following maximum number is per NF.

Category	# in qualifications	# in finals
Individual Men	3	2
Individual Women	3	2
Mixed Pair	2	2
Trio	2	2
Group	1	1
Aerobic Step	1	1
Aerobic Dance	1	1

In IM, IW, MP, Trio and Groups, the winners will be declared World Aerobic Gymnastics Champions.

In AD and AS, the winners will be declared World Aerobic Dance Champions or World Aerobic Step Champions.

c) Team Ranking

To participate in the Team Ranking, federations must be represented with at least one participant in the qualification round.

Aerobic Gymnastics: Individual Men and/or Individual Women, Mixed Pair, Trio, Group

The team ranking list will be established by adding the 5 best places (ranking):

the 5 best places (ranking) from Aerobic Gymnastics: Individual Men, Individual Women, Mixed Pair, Trio, Group,

The 5 places of each Team are converted into points according the ranking from the Qualifications. e.g.: 1st place = 1 point, 2nd place = 2 points,

The NF with the lowest number of points is declared Team World Champion.

Medals will only be given to the counting units and one coach per nation.

e) Judges

Each participating NF has to nominate and present a minimum of 1 judge in good standing, with a current valid FIG Brevet from their own federation (see Section 1, Art. 7.10.3. e).

Art. 3.1.3 Starting Order

A draw will decide the starting order of the qualifications and the finals. Lots will be drawn by a 'neutral' person or by computer 6 weeks before the start of the competition.

a) Procedure for qualifications

The starting order for the categories of Individual Men, Individual Women, will be determined by three draws:

- Draw no 1 for federations with 2 or 3 units: IM1, IW1

- Draw no 2 for federations with 2 or 3 units: IM2, IW2
- Draw no 3 for federations with 3 units: IM3, IW3, together with the federations with 1 unit per category

The starting order for the categories of Mixed Pair and Trio will be determined by two draws:

- Draw no 1 for federations with 2 units: MP1, TR1
- Draw no 2 for federations with 2 units: MP2, TR2 together with the federations with 1 gymnast or 1 unit per category.

The starting order of the categories Group, Aerobic Step and Aerobic Dance will be determined by one single draw.

b) Procedure for finals

The draw for the finals in the respective categories will be done by one single draw.

Art. 3.2 Junior World Championships and World Youth Competitions

Art. 3.2.1 General Layout of Programme

The general and detailed programme is elaborated by the FIG office in close cooperation with the LOC and the TC-President and approved by the Secretary General.

This option requires a minimum of 4 competition floors:

- 1 Aerobic floor in the competition hall
- 3 Aerobic floors in the training hall(s), 1 of the floors with music. Marked floor to be determined for every event
- 1 training hall for general warm-up

Example over three days (to be updated depending upon the number of entries after the nominative registrations)

Day 1	Day 2	Day 3
Qualifications	Qualifications	Finals
Junior IW – Youth TR	Junior IM – Youth MP	All Youth categories in the morning
Junior GR – Youth GR	Junior TR – Youth IW	All Junior categories in the afternoon
Junior AS – Youth GR	Junior MP – Youth AD	
	Junior AD – Youth IM	

Art 3.2.2 Right of Participation and Size of Delegations

a) Size of delegation

See the FIG Accreditation Rules.

A competitor may compete in maximum 3 Aerobic categories in accordance with Section 1, Art. 4.3 pt. 6.

b) Number of participants in the qualifications and in the finals

The following maximum number is per NF.

Youth category

Category	# in qualifications	# in finals
Individual Men	3	2
Individual Women	3	2
Mixed Pair	2	2
Trio	2	2
Group	1	1
Aerobic Dance	1	1

In IM,

IW, MP, Trio and Groups, the winners will be declared Youth Aerobic Gymnastics Champions.

In AD the winner will be declared Youth Aerobic Dance Champions.

Junior category

Category	# in qualifications	# in finals
Individual Men	3	2
Individual Women	3	2
Mixed Pair	2	2
Trio	2	2
Group	1	1
Aerobic Step	1	1
Aerobic Dance	1	1

In IM,

IW, MP, Trio and Groups, the winners will be declared Junior Aerobic Gymnastics World Champions.

In AD and AS, the winners will be declared Junior Aerobic Dance Champions.

c) Team Ranking

No team ranking in Youth and Junior competitions.

Art 3.2.3 Starting Order

Youth competitions

a) Procedure for qualifications

The starting order of the qualifications for the categories Individual Man, Individual Woman, Group and Aerobic Dance will be determined by one single draw.

- Draw for federations with 1 unit

The starting order for the qualifications for the categories of Mixed Pair and Trio will be determined by two draws:

- Draw no 1 for federations with 2 units: MP1, TR1
- Draw no 2 for federations with 2 units: MP2, TR2 together with the federations with 1 gymnast or 1 unit per category.

b) Procedure for finals

The draw for the finals in the respective categories will be done by one single draw.

Junior world championships

a) Procedure for qualifications

The starting order for the qualifications for the categories of Individual Men, Individual Women will be determined by three draws:

- Draw no 1 for federations with 2 or 3 units: IM1, IW1
- Draw no 2 for federations with 2 or 3 units: IM2, IW2
- Draw no 3 for federations with 3 units: IM3, IW3, together with the federations with 1 unit per category.

The starting order for the qualifications for the categories of Mixed Pair and Trio will be determined by two draws:

- Draw no 1 for federations with 2 units: MP1, TR1
- Draw no 2 for federations with 2 units: MP2, TR2 together with the federations with 1 gymnast or 1 unit per category.

The starting order of the qualifications for the categories Group, Aerobic Step and Aerobic Dance will be determined by one single draw.

b) Procedure for finals

The draw for the finals in the respective categories will be done by one single draw.

ART. 4 REGISTRATION CHANGES

Definitive / Nominative Registration

After the draw no gymnast/unit can be added to the number of units declared in the Definitive Registration.

At the deadline of the Nominative Registration, the names of the gymnasts/units have to be declared (max. as per the number declared in the Definitive Registration).

Replacement of declared gymnasts/units

If any gymnast/unit gets injured or ill between the Nominative Registration and 24 hours prior to the competition, the injured or sick gymnast/unit can be replaced and another gymnast/unit can be accredited.

Less than 24 hours prior to the beginning of the Qualifying competition, no new accreditations can be delivered. The 24 hour period is the one which precedes the start of the day of qualification of the respective gymnast/unit.

In the case of injuries or illness with medical certificate verified by the official FIG / LOC medical doctor of any gymnast between 24 hours prior to the beginning of his/her first competition (e.g. Qualification), any gymnast already accredited can be used as substitute by the NF, except those withdrawn or replaced (see General Rules below).

The substitute shall take exactly the same place as the replaced gymnast.

Qualified units for Finals may be replaced by their NF with one of its other units (National Reserve – NR) at their discretion, provided that the said replacement has obtained a superior result to that of the first unit of reserve. The replacement unit will fill the position in the draw of the replaced unit. This change can be made until 24 hours prior to the start of the Competition, This change can be made by informing the LOC. Past this deadline, this change can only be made in the case of injuries or

illness of one of the qualified gymnast with medical certificate verified by the official FIG / LOC medical doctor.

In exceptional cases, the TC President concerned may accept a relevant change.

General rules for gymnasts withdrawn or replaced after accreditation or during competition

Gymnasts who have been withdrawn or replaced for whatever reason (including injuries and illness), may at no time be reaccredited or compete in any later phase and competition of the respective event.

Reserve gymnasts / teams for Finals

For all types of finals three (3) reserve gymnasts / units are designated, taking into account the list of results of Qualification. If called upon, a reserve works in accordance with the order of the gymnasts / units replaced. Reserves must be prepared to compete and present in the warm-up hall in case they are called upon.

ART. 5 MUSICAL ACCOMPANIMENT


The general rules outlined in Art. 4.10.5 of Section 1 have to be respected. For further details for Aerobic Gymnastics refer to the AER Code of Points.

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Morinari Watanabe

FIG President



Nicolas Buompane

Secretary General



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AER TC President

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Technical Regulations 2026



Section 7 Special Regulations for Parkour

Version 1.0 – May 2025

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ART. 1 PRINCIPLES FOR THE COMPETITION PROGRAMME

Art. 1.1 Categories

Competitions in Parkour comprise the following categories:

Speed (PKS)

Competition format consisting of a *timed* run, where the goal is to go from A to B with efficiency by using specific Parkour moves to overcome obstacles, for:

- Men
- Women

Freestyle (PKF)

Competition format consisting of a run with *skill, style, fluidity and mastery*, for:

- Men
- Women

Art. 1.2 General Formats for official FIG competitions

PK Competitions are outdoors, and only indoors with the prior approval of the PK TC. These competitions consist of Qualifications, Semi-Finals (Speed only) and Finals. Each run (Qualification/Semi/Final) will start from zero seconds (Speed) or zero points (Freestyle).

Speed

Speed competitions will be organized on two parallel lanes.

At each event, the FIG Technical Delegate (in consultation with the CJP) will designate lane numbers.

Speed Qualifications

The starting order for the run of Qualification will be determined by a draw.

The ranking list of the Qualification will be established at the end of the run. In case of a tie at any place, the tie-breaking rules set out in art. 4.1 apply.

Speed Semi-Finals (max. 3 per NF)

Knock-out competition format

The top athletes from the ranking list of the Qualification participate in the Semi-Finals.

In case of a tie at any place, the tie-breaking rules set out in art. 4.1 applies

The highest ranked athlete faces the lowest ranked athlete, and the loser of that race is excluded from advancing to the final. Another example, the athlete ranked 2nd faces the 2nd to last athlete from the Qualification and so on for each athlete to be matched against the appropriate competitor. The loser of each race is excluded from advancing to the final.

Qualifications	11 or less athletes	12-19 athletes	20 athletes or more
Semi-Final No wildcard	No Semi-Final	10 best times from Qualification	16 best times from Qualification
Running Order Semi-Final		5 th versus 6 th 4 th versus 7 th 3 rd versus 8 th 2 nd versus 9 th 1 st versus 10 th	8 th versus 9 th 7 th versus 10 th 6 th versus 11 th 5 th versus 12 th 4 th versus 13 th 3 rd versus 14 th 2 nd versus 15 th 1 st versus 16 th
Finals	6 best from Qualification	6 total 5 from Knock-out + 1 next best times overall from Semi-Final	10 total 8 from Knock-out + 2 next best time overall from Semi-Final
Running Order Final		5 th versus 6 th 3 rd versus 4 th 1 st versus 2 nd	9 th versus 10 th 7 th versus 8 th 5 th versus 6 th 3 rd versus 4 th 1 st versus 2 nd

Note: One wildcard athlete to be added for host country in the semi-final if they do not qualify. If a wildcard is added an extra athlete will be added, based on next best time outside of the qualifiers to prevent a solo run. The wildcard athlete must be the highest ranked athlete for that country from the Qualification. See below:

Qualifications	11 or less athletes	12-19 athletes	20 athletes or more
Semi-Final with wildcard	No Semi-Final	12 total 9 best times from Qualification + 1 wildcard	18 total 17 best times from Qualification + 1 wildcard
Running Order Semi-Final		6 th versus 7 th 5 th versus 8 th 4 th versus 9 th 3 rd versus 10 th 2 nd versus 11 th 1 st versus 12 th	9th versus 10h 8th versus 11h 7th versus 12th 6th versus 13th 5th versus 14th 4th versus 15th 3rd versus 16th 2nd versus 17th 1st versus 18 th
Finals	6 best from Qualification	6 total 6 from Knock-out	10 total 9 from Knock-out from Semi-Final + the next best time overall from Semi-Final
Running Order Final		5 th versus 6 th 3 rd versus 4 th 1 st versus 2 nd	9th versus 10th 7th versus 8th 5th versus 6th 3rd versus 4th 1th versus 2nd

In case of a tie at the 6th rank for the Final, the tie-breaking rules set out in art. 4.1 apply.

Three reserve athletes will be able to warm-up for the Semi-Final and Final rounds. If a reserve athlete replace a participant he will take the last qualified place.

Speed Finals (max. 2 per NF)

The top six or ten athletes (depending on competition size) from the ranking list of the Qualification or the semi-finals participate in the Final.

In the final round, the athletes run by pairs (see table above). The final ranking is based on the time (no knock out).

In case of a tie at any place, the tie-breaking rules set out in art. 4.1 apply.

Freestyle

Freestyle Qualifications

The starting order for the run of Qualification will be determined by a draw.

The run of 20 to 45 seconds, is judged based on the criteria defined in the Code of Points.

In case of a tie at any place, the tie-breaking rules set out in art. 4.2 apply.

Freestyle Finals (max. 2 per NF)

The top eight athletes from the ranking list of the Qualification participate in the Final.

In case of a tie at any place, the tie-breaking rules set out in art. 4.2 apply.

The starting order is established based on the ranking after Qualification with the best athlete starting last.

Should the host country not qualify, they will receive a wildcard for the Final. Therefore, one additional athlete would be added to the final. The wildcard athlete must be the highest ranked athlete for that country from the Qualification.

Art. 1.3 Work-shops and Educational Sessions

All Parkour competitions should include activities such as showcasing, open work-shops, educational sessions and practice opportunities for the young and young-at-heart and a wider public to develop Parkour and promote the sport.

ART. 2 THE WORLD GAMES

The competition consists of Qualifications and Finals per category.

Art. 2.1 Competition Programme

Qualifications with 12 male athletes and 12 female athletes.

The World Games include medal-awarding competitions in the following 4 categories:

- Speed men
- Speed women
- Freestyle men
- Freestyle women

Programme (example)

Layout of the Programme: e.g.

Day 1: Qualifications Speed- Women and Freestyle Men – Finals Speed Women and Freestyle Men

Day 2: Qualifications Freestyle Women and Speed Men – Finals Freestyle Women and Speed Men

No Speed semi-finals will be held.

The programme is subject to change by the Parkour Commission depending on the number of entries and other circumstances. The duration will be decided by the Secretary General in consultation with the PK-C and the LOC.

Art. 2.2 Rights of participation and size of delegations

The number of athletes (12 men + 12 women = total 24) is determined following an agreement between the IWGA and the FIG.

The qualification is based on the FIG Parkour World Championships in the year preceding The World Games. If no World Championships take place in 2024, qualifications will be based on the World ranking 2024.

The quota places are allocated as follows:

- In order to finalize the 12 men and 12 women, four (4) different qualification lists will be assembled first (Men's Speed, Men's Freestyle, Women's Speed, and Women's Freestyle). No individual athlete will appear on two lists. The two lists for Men will be combined to complete their quota allocation list. The two (2) lists for Women will be combined to complete their quota allocation list.
- There is a maximum quota per NF for participation in The World Games of one male and one female athlete overall.
- The highest ranked athlete from the Qualifying Event Finals, then from Qualifications if necessary, in each gender regardless of category will receive the quota place. In case of a tie anywhere in the selection procedure, the highest ranked athlete from the 2022 World Ranking List (from the World Cup Series) prevails.

Each of the four (4) Qualification Lists will be based on the following Criteria steps:

Category	Criteria 1 Qualifiers	Criteria 2 Continental and Host Country	Final Total
Men's Speed	5 athletes	Up to 1 athlete	6
Men's Freestyle	5 athletes	Up to 1 athlete	6
Women's Speed	5 athletes	Up to 1 athlete	6
Women's Freestyle	5 athletes	Up to 1 athlete	6

Criteria for each category:

Criteria 1:

The top five (5) ranked athletes from the Finals (then Qualifications if necessary) of the Qualifying Event, will earn a nominative quota place.

Criteria 2: To the highest ranked athletes (nominative) based on the Qualifying Event (finals, then qualifications if necessary) in order to fulfill the remaining quota places. These remaining quota places will be filled in in the following order:

- Host country (if needed) – one quota place* (the highest ranking man or woman) in the category and gender of the best rank from the Qualifying Event (finals, then qualifications if necessary)
- 4 Continents (if needed) – The category precedence order for the remaining quota places is based on the number of athletes participating in each category of the qualifications (each gender) of the qualifying event. The category with the highest number of participants is filled first, and so on. The best athlete(s) from the Qualifying Event (finals, then qualifications if necessary) to fulfill the four required continents is selected to each of the remaining category places in the category precedence order.
- Once the four required continents quotas are filled, the remaining quota places are filled continuing with the category precedence order. The next ranked athlete(s) from the qualifying event (finals, then qualifications if necessary) in each specific category earns a quota place.).

**The host country is guaranteed an NF quota place regardless of participation in the World Championships. In this instance, the quota position would be the last place filled.*

Art. 2.3 Judges

See Technical Regulations, Section 1, Art. 7.8 and PK Specific Judges' Rules.

ART. 3 WORLD CHAMPIONSHIPS

The competition consists of Qualifications, Semi Finals (Speed only) and Finals per category.

Art. 3.1 General Layout of Programme

The general layout of the programme is elaborated and decided by the FIG Secretary General in close cooperation with the LOC and the PK TC . The responsibility for the detailed competition and training schedule is with the PK TC President.

The World Championships include medal-awarding competitions in the following 4 categories:

- Speed men
- Speed women
- Freestyle men
- Freestyle women

Competiton Programme (example)

Day 1	Day 2	Day 3
Afternoon <u>Speed Women:</u> Qualifications (1 or 2 runs) <u>Freestyle Men:</u> Qualifications (1 or 2 runs)	<u>Freestyle Women:</u> Qualifications (1 or 2 runs) <u>Speed Men:</u> Qualifications (1 or 2 runs) <u>Speed Women:</u> Semi-Finals <u>Freestyle:</u>	Afternoon <u>Speed:</u> Semi-Finals Men <u>Freestyle:</u> Finals Women <u>Speed:</u> Finals Men

	Finals Men <u>Speed Women:</u> Finals Medal Awards	Medal awards
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The programme is subject to change depending on the number of entries and other circumstances. The duration will be decided by the Secretary General in consultation with the PK TC and the LOC.

Art. 3.2 Rights of participation and size of delegations

All NFs in good standing are entitled to participate in all four categories with a full delegation of 8 athletes.

Each delegation can bring a maximum of 7 male competitors.

Each NF can enter a maximum of four athletes in each event (Speed and Freestyle).

Each delegation may send a maximum of one Head of Delegation (HOD), 2 coaches and 2 medical staff.

Athletes have the right to participate in both events (Speed and Freestyle).

Art. 3.3 Programme

The Qualifications, Semi-Finals and the Final are carried out according to the provisions mentioned in art. 1.

ART. 4 TIE BREAKING RULES

Art. 4.1 Tie-breaking rules for the speed ranking

Time is measured in 1/1000th of a second and shown in 1/100th of a second.

If there is a tie, the tie will be broken by using the next digit (1/1000th of a second).

If there is still a tie, the tie will not be broken.

Exception:

To determine the starting order and the pairs in the Final, the ties must be broken by a draw.

Art. 4.2 Tie-breaking rules for the freestyle ranking

In case of a tie in points at any place in Qualification and Finals, the ranking will be determined by the following criteria:

1. The higher score for E (Execution)
2. The average of all judges' scores given for E (Execution), without eliminating the highest and the lowest score
3. The average of all judges' scores given for D (Difficulty), without eliminating the highest and the lowest score

If there is still a tie, the tie will not be broken.

Exception:

To determine the starting order and the pairs in the Speed Final, the ties must be broken by a draw.

ART. 5 REGISTRATION CHANGES

After the drawing of lots, no athlete can be added. No additional athlete may appear on the Nominative Registration and at accreditation.

Between the Nominative registration and accreditation / 24 hours prior to the start of competition

If any athlete gets injured or ill between the Nominative Registration and the Accreditation / 24 hours prior to the start of the competition, the injured or sick athlete can be replaced, and another athlete can be accredited. An updated nominative list has to be established by FIG. The replacement athlete must compete in the category the replaced athletes was registered for.

Less than 24 hours prior to the Qualifying Event

Less than 24 hours prior to the beginning of the Qualifying Event, no new accreditations can be delivered. The 24 hour's period is the one which precedes the start of the day of qualification of the respective athlete.

Semi-finals (speed) and Finals (speed and freestyle)

Qualified athletes for each of the Semi-finals / Finals may be replaced by their NF with one of its other athletes, provided that the said replacement has obtained a superior result to that of the first athlete of reserve. The replacement athlete will fill the position in the draw of the replaced athlete. This change must be made by informing the LOC. The deadline for announcing this change depends on the competition schedule and will be mentioned in the Workplan and at the Orientation meeting.

Reserve athletes for all types of Semi-Finals / Finals

Three (3) reserve athletes are designated for each of the finals and semi-finals (speed), taking into account the list of results of Qualifications. If called upon, a reserve works in accordance with the order of the athlete replaced. Reserves must be prepared to compete and present in case they are called upon.

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



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