

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Rules for the FIG Parkour World Cup



Series ~~2021, 2022, 2023, 2024~~ 2025-
2028

V.1.0.1 February ~~2020~~ 2024

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ART. 1 GENERAL PRINCIPLES

During the Cycle ~~2021-2024~~-~~2024~~2028, four FIG Parkour World Cup Series (Parkour Speed and Freestyle) will be organised each year, with maximum 4 events to be held between April and November. Some of these events may be organised in cooperation with FISE at their World Action Sports Festivals. Part of the programme of these Festivals may be e. g. other urban sports such as BMX Freestyle Park, Skateboard, MTB Slopestyle, BMX Freestyle Flatland, Roller and Sport climbing and others, which are organized in cooperation with the respective recognized IF's.

The World Cup competitions are staged in attractive and well-known cities, with guaranteed TV coverage. Their aim is to promote FIG Parkour and showcase the very best athletes in a media and public friendly surrounding. The events will take place in the same city and if possible at the same date every year.

At each event, the athletes will have the opportunity to win prize money and World Cup points which will result in separate Parkour World Cup Series Ranking Lists for Speed and Freestyle for every year.

The 2 best results per year (regardless of the number of competitions the athlete participated in) are taken into consideration to determine the winner of the annual World Cup Series.

ART. 2 RIGHTS AND ADVANTAGES OF FIG PARKOUR WORLD CUP COMPETITIONS

- Each event will use the official title of "FIG Parkour World Cup"
- Each event will contribute points to the FIG Parkour World Cup Series Ranking List.
- Each event will be considered as an official FIG event.
- Each event will be listed in the official FIG calendar of events.
- The event dates will be protected by FIG.
- ~~Each event will be announced in the FIG World of Gymnastics magazine.~~
- Each event will be published on the FIG official website (www.gymnastics.sport).
- The Directives and invitations of each event will be published by FIG directly to all eligible member federations and updated regularly in FIG's communication platforms.
- The FIG Office will send information to all FIG Member Federations by e-mail and/or through the official FIG website.
- The Local Organizing Committee of each event ~~/FISE~~ will be entitled to use the FIG logo on official communications, posters and programme. This does not apply for any selling item (i.e. T-shirts, souvenirs, etc.).
- The Local Organizing Committee of each event ~~/FISE~~ will be entitled to require assistance from the official FIG Parkour Technical Delegate and the FIG EC Member (if appointed).
- Each event will be included in the official FIG result service system (publication of the results on the FIG website).

ART. 3 ASSIGNMENT OF WORLD CUP COMPETITIONS

The FIG Executive Committee will assign the World Cup events and has empowered the Presidential Commission to finalize any contracts ~~with FISE or~~ any hosting federations.

ART. 4 RULES AND REGULATIONS

The competition must be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these FIG Parkour World Cup Rules:

- Statutes
- Code of Ethics
- Code of Conduct
- Technical Regulations (Sections 1 and 7)
- License Rules
- Code of Points for Parkour
- General Judges' Rules
- Specific Judges' Rules for PK
- Medical Organization of the FIG Competitions and Events
- FIG Anti-Doping Rules
- Media Rules
- Apparatus Norms
- Rules for Advertising and Publicity
- Accreditation Rules
- Event Safeguarding Framework
- Rules for Awards Ceremonies

and subsequent decisions of the FIG Executive Committee.

ART. 5 COMPETITION FORMAT, PARTICIPATION AND PROGRAMME

The FIG Parkour World Cup events include the following format and programme:

Art. 5.1 Qualifications

Qualifications Speed and Freestyle, separate ranking for men and women. The competitions are carried out according to the Technical Regulations (Section 7, Art. 1.2).

Art. 5.2 Semi-Finals and Finals

For Semi-Finals Speed, Finals Speed and Finals Freestyle, the rules outlined in the Technical Regulations (Section 7, Art. 1.2) apply. Should no athlete from the host country qualify for the Speed Semi-Finals or Freestyle Finals, 1 wildcard per event is assigned with the following stipulation:

- Wildcards will receive prize money and medals, but no World Cup points if ranked accordingly

Art. 5.3 Competition programme (note: arrival day could be on day earlier as determined by FIG)

Programme for 3 competition days: (the order of events on each day can be altered with FIG approval)

Day 1	Day 2	Day 3	Day 4	Day 5
Arrival and training	<p><u>Speed m/w/Women:</u> Qualifications (1 or 2 runs)</p> <p><u>Freestyle m/w/Men:</u> Qualifications (1 or 2 runs)</p>	<p><u>Speed Men:</u> <u>Qualifications (1 or 2 runs)</u></p> <p><u>Freestyle Women:</u> <u>Qualifications (1 or 2 runs)</u></p> <p><u>Speed:</u> Semi-Finals &/or Finals womenMen</p> <p>Medal Awards</p> <p><u>Freestyle:</u> Finals menWomen</p> <p>Medal Awards</p>	<p><u>Speed:</u> Semi-Finals &/or Finals womenMen</p> <p>Medal awards</p> <p><u>Freestyle:</u> Finals menWomen</p> <p>Medal Awards</p>	Departure

Programme for 2 competition days: (the order of events on each day can be altered with FIG approval)

Example 1:

Day 1	Day 2	Day 3	Day 4
Arrival and training	<p><u>Speed m:</u> Qualifications (1 or 2 runs)</p> <p><u>Freestyle w:</u> Qualifications (1 or 2 runs)</p> <p><u>Speed m:</u> Semi-Finals &/or Finals m Medal Awards</p> <p><u>Freestyle w:</u> Finals w Medal Awards</p>	<p><u>Speed w:</u> Qualifications (1 or 2 runs)</p> <p><u>Freestyle m:</u> Qualifications (1 or 2 runs)</p> <p><u>Speed w:</u> Semi-Finals &/or Finals w Medal Awards</p> <p><u>Freestyle m:</u> Finals m Medal Awards</p>	Departure

Example 2:

Day 1	Day 2	Day 3	Day 4
Arrival and training	<p><u>Speed m/w:</u> Qualifications (1 or 2 runs)</p> <p><u>Freestyle m/w:</u> Qualifications (1 or 2 runs)</p>	<p><u>Speed:</u> Semi-Finals &/or Finals m Medal Awards</p> <p><u>Freestyle:</u> Finals w Medal Awards</p> <p><u>Speed:</u> Semi-Finals &/or Finals w Medal awards</p> <p><u>Freestyle:</u> Finals men Medal Awards</p>	Departure

Art. 5.4 Work-shops and Educational Sessions

The programme of the World Cup competitions must also include activities such as showcasing, open work-shops, educational sessions and practice opportunities for the young and young-at-heart and a wider public to develop Parkour and promote the sport.

ART. 6 INVITATION

The FIG will invite all FIG Member Federations in good standing.

ART. 7 REGISTRATION AND DELEGATION SIZE

Registrations will only be accepted from FIG Member Federations; except for athletes invited directly by the FIG, subject to approval of the respective NF.

- Participation is limited to 8 total athletes per NF (4 men and 4 women). Each athlete may select to compete in the Speed and/or Freestyle events. Athletes invited directly by FIG are in addition.
- The organising member federation may participate with 12 total athletes per NF (6 men and 6 women). Each athlete may select to compete in the Speed and/or Freestyle events. Athletes invited directly by FIG are in addition.

Only senior athletes in good standing with the correct age (17 years in the year of the competition) and holding a valid FIG License at the time of registration until the end of the competitions may participate.

Maximum size of delegation

	<u>Speed</u>	<u>Freestyle</u>	<u>Total max.</u>	Speed	Freestyle	Total max
<u>Athlete's men</u>	<u>0 - 4</u>	<u>0 - 4</u>	<u>8</u>			
<u>Athlete's women</u>	<u>0 - 4</u>	<u>0 - 4</u>				
<u>Head of delegation</u>	-	-	<u>1</u>			
<u>Coach</u>	<u>1</u>	<u>1</u>	<u>2</u>			
<u>Mental Health</u>			<u>1</u>			
<u>Medical / Paramedical</u>	<u>1</u>	<u>1</u>	<u>2</u>			
Athletes men				0-4	0-4	4
Athletes women				0-4	0-4	4
Head of delegation						1
Coach				1	1	2
Medical / Paramedical				1	1	2

*Not including host federation

ART. 8 REGISTRATION DEADLINES

Registrations must be made according to the instructions in the Invitation/Directives.

ART. 9 FINANCIAL OBLIGATIONS FOR THE PARTICIPATING FEDERATIONS AND FIG

Unless stated otherwise in the invitation letter and forms, the **participating federations** must pay for (see also exceptions below for the invited athletes):

- Travel costs
- Accommodation expenses
- Meals expenses
- Entry fees, if requested by the LOC and approved by the FIG.

Federations which have not fulfilled their financial obligations towards the Local Organizing Committee by the given deadline in the Invitation/Directives may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation. Federations which have not fulfilled their financial obligations towards the Organizing Member federations upon arrival will not be accredited.

The **FIG** will pay for:

- International travel expenses (flights economy, railway 1st class), accommodation in single room including breakfast and the Per Diems (including the travel days) for the FIG PK Technical Delegate
- International travel expenses (flights economy, railway 1st class), accommodation in single room including breakfast, and the Per Diems (including the travel days) for one FIG Executive Committee member (if appointed by the FIG President).
- International travel expenses (flights economy, railway 1st class), accommodation in single room including breakfast, and the Per Diems (including the travel days) for two FIG staff members if appointed.
- Travel expenses (flights economy, railway 1st class), accommodation (twin rooms) including full board for the judges invited by the FIG.
- FIG will invite the 5 best ranked athletes competing at the event (Speed men and women, Freestyle men and women (max. 2 athletes per event Federation) of the ranking list after the last World Cup event of the previous year to two of the World Cups of the following year. The FIG also invites the reigning World Champion (Speed men and women, Freestyle men and women) ~~from the 2020 respectively the 2022 World Championships~~. If the World Champion does not participate, the next ranked athlete from the ranking list (after the 5 best ranked athletes) will be invited. FIG pays travel expenses, accommodation (twin rooms) including full board.
- Prize money for each competition (10.1)
- For a World Cup trophy for the winner of each ranking list.

ART. 10 PRIZE MONEY

Prize money to be paid by the FIG for each event

The FIG pays the following Prize Money for each FIG Parkour World Cup event as follows for men and for women (total CHF 60'000):

Ranking	Speed-run	Freestyle
	Total of CHF 15'000	Total of CHF 15'000
1	7'000	7'000

2	5'000	5'000
3	3'000	3'000

No prize money, medals and World Cup Ranking Lists points will be given if there are less than 4 participating federations per event (Speed and Freestyle). This provision must be mentioned in the Directives.

If after application of the tie breaking rules outlined in the TR Section 7 there is a tie, the prize money of the tied ranks will be added and divided by the number of ties.

The prize money and its distribution per rank are mentioned in the invitation letter.

[The LOC will not be responsible for any local taxes payable in the beneficiary's residence country.](#)

ART. 11 JUDGES AND FIG TECHNICAL DELEGATE

Technical Delegate

The FIG will designate one Technical Delegate for each event who will grant close cooperation with the LOC or FISE and a smooth conduction of the event. The Technical Delegate must be present throughout all phases of the event.

Judges' Panels ~~(4 to 5 total judges)~~

– For Parkour:

Speed: Minimum seven (7) judges (including one of them who acts also as CJP) : one (1) ST judge, two (2) T judges and four (4) L judges.

Freestyle: Minimum eight (8). two groups of three (3) judges including one of them who acts also as CJP (depending on the level of the competition) evaluating the following criteria: Execution (E) and Difficulty (D). The D judges are appointed by the FIG. Two (2) L judges.

~~Speed: Seven (7) judges (including one of them who acts also as 1 Chair of Judges' Panel (CJP)), 1 Start Line and 2 Time Judge (ST/T), 4 check point or line judges (CP/L)~~

~~Freestyle: 4 to 5 two (2) groups of three (3) judges, including one judge who is also acting acts as CJP. One reserve judge should be planned within or outside of this quota.~~

The Freestyle judges are nominated by the FIG. Speed judges are drawn from the list of FIG Parkour judges, with the CJP directing their work. Any open judge positions will be nominated by FIG.

Federations with participating athletes may send one judge at their own expense.

[If there are not enough category 2 or 3 judges, category 4 judges may judge the freestyle.](#)

ART. 12 OBSTACLES

~~For the FIG World Cup events in cooperation with FISE, FIG will provide the obstacles.~~

The course will be set up by the provider/the LOC overseen by the FIG Technical delegate.

During the competitions, the TD is responsible for the security of the course.

ART. 13 SCORING AND RESULT SERVICE

FIG will provide a scoring and result system, including a high quality video system (see Technical Regulations, Section 1, Art. 4.10.4.1) which allows the recording, storage and provision of compilation of the recorded images.

The Technical Delegate is responsible that the results of the competition, signed by him, are sent by e-mail to the FIG Office and the LOC/FISE immediately after the end of the respective competitions.

The results and the updated World Cup Ranking Lists will be published on the FIG website within 24 hours after the end of the respective competitions.

ART. 14 TV AND MARKETING RIGHTS

~~For the events hosted by FISE, the TV and Marketing rights, TV production will adhere to the contract between FIG and FISE.~~

~~For all other events the following rules apply:~~

Art. 14.1 Media Rights across all means and Marketing Rights

Media Rights across all means and reproduction rights together with publicity and marketing rights concerning the World Cup events are the property of the FIG.

~~Media Rights across all means and reproduction rights together with publicity and marketing rights concerning the Parkour World Cup events are the property of the FIG.~~

Art. 14.2 Media Rights across all means – Definition

The right during the Term to Exploit Footage of the Event throughout the Territory in any format and by all means, media and technologies (whether now known or invented) via any service and in any form for any purpose that FIG shall determine (including, without limitation, free and pay services, in the form of or via services which include any enhanced or interactive functionality and whether linear or on-demand and in whole and in part (including without limitation in the form of clips and highlights).

~~The right during the Term to Exploit Footage of the Event throughout the Territory in any format and by all means, media and technologies (whether now known or invented) via any service and in any form for any purpose that FIG shall determine (including, without limitation, free and pay services, in the form of or via services which include any enhanced or interactive functionality and whether linear or on-demand and in whole and in part (including without limitation in the form of clips and highlights).~~

Art. 14.3 Television right and production

Minimum production for Webcasting is compulsory for World Cups events.

The Organizing Member Federation must guarantee the production of a basic feed (international signal). The International signal must be available for the FIG without any limitations and free of any access fees.

FIG releases all Media Rights across all means to the Organizing Member Federation. The Media rights are released free of charge and granted exclusively for a period of until two weeks after the competition and then on a non-exclusive basis until one year after the event. Then the rights are back with the FIG.

The release of the Rights shall only be effective under the condition that:

- i. Each Organizing Member Federation undertakes to provide the FIG Office with the contact details of the Media Production company at least six months prior to the event.
- ii. Each Organizing Member Federation undertakes to provide the FIG Office with a copy of the basic feed (international signal) immediately after the end of the competition on site to the FIG representative. These footages are supplied to the FIG free of charge. Production costs and postage are at the cost of the Organizing Member Federation. FIG may use the footage at its

discretion.

iii. Each Organizing Member Federation undertakes to provide the FIG Office with the link to the website or video platform webcasting the competition at least one month prior to the event.

~~Television coverage is compulsory.~~

~~The Organizing Member Federation must guarantee the production of a basic feed (international signal). The International signal must be available for the FIG and its Right holders free of charge at the international Broadcasting Centre or at the Gateway without any limitations and free of any access fees.~~

~~FIG releases all National Media Rights across all means to the Organizing Member Federation. The Media rights are released free of charge and granted exclusively for a period of until one week after the competition and then on a non-exclusive basis until one year after the event. Then the rights are back with the FIG.~~

~~The release of the Rights shall only be effective under the condition that:~~

- ~~— The Organizing Member Federation submits National Rights contracts to the FIG for written approval prior to signature.~~
- ~~— Each Organizing Member Federation undertakes to provide the FIG Office with the contact details of the Host Broadcaster at least six months prior to the event.~~
- ~~— Each Organizing Member Federation undertakes to provide the FIG Office with a copy of the basic feed (international signal) immediately after the end of the competition on site to the FIG representative or agent. These footages are supplied to the FIG free of charge. Production costs and postage are at the cost of the Organizing Member Federation..~~

~~The International Media Rights across all means remain with the FIG.~~

Art. 14.4 International TV signal- Definition

The International Signal shall be produced in accordance with the following:

- i. the International Signal shall be an integrated, complete, uninterrupted and continuous Live feed produced to professional sports broadcasting standard, using a minimum of two cameras in 16:9 format and include coverage not only of the competition but also of any award ceremonies;
- ii. the International Signal shall include graphics with all text in English, including but not limited to starting lists, names of competitors, results, in accordance with applicable laws and regulations, international sound with necessary related background sound effects on at least two audio tracks;
- iii. the International Signal shall not include any domestic elements which would not be acceptable for international distribution such as commercial elements, in-vision presenters, talking heads, interviews, commercial breaks and black holes or any other elements;
- iv. the International Signal must include full duration coverage of the Finals with award ceremonies.

~~The International TV Signal shall be produced in accordance with the following:~~

- ~~— the International TV Signal shall be an integrated, complete, uninterrupted and continuous Live television feed produced to a first class professional sports broadcasting standard, using a minimum of six cameras in 16:9 format (but 4:3 protected and explicitly excluding letterbox format) and include coverage not only of the competition but also of any award ceremonies;~~

- ~~— the International TV Signal shall include slow motion replays, full graphics with all graphics text in English, including but not limited to starting numbers, starting lists, names of competitors, results, in accordance with applicable laws and regulations, international sound with necessary related background sound effects on at least two audio tracks;~~
- ~~— the International TV Signal shall not include any domestic elements which would not be acceptable for international broadcast such as commercial elements, in-vision presenters, talking heads, interviews, commercial breaks and black holes or any other elements which may hinder ability to exploit the Rights;~~
- ~~— the International TV Signal must include full duration coverage of the Finals with award ceremonies and shall start at least fifteen (15) minutes prior to the commencement of the competition.~~

Art. 14.5 Marketing Rights

For the ~~2021~~2024-2024-2028 series, the FIG releases all Marketing rights (including the publicity space on the apparatus) free of charge to the Organizing Member Federation. It is understood that the FIG Advertising and Publicity Norms must be respected.

ART. 15 MEDICAL INJURY REPORT

The FIG Technical Delegate must provide an Athlete’s injury summary report and all related injury reports or a written confirmation that no injury occurred. This report must be sent to the FIG Office under medical confidentiality within 3 days after the event.

ART. 16 DOPING CONTROLS

The LOC/~~FISE~~ is responsible to organize a minimum of 6 doping controls, 3 for Women and 3 for Men at each FIG World Cup event. The collection of the samples must be made through a recognized and professional organization. The analysis must be made in a WADA recognized laboratory.

The Doping control forms must be sent to FIG Office by Doping control officer within 3 days after the event. The result management is the responsibility of the FIG.

ART. 17 ASSIGNMENT OF WORLD CUP POINTS FOR THE FIG PARKOUR WORLD CUP RANKING LIST

Separate FIG Parkour World Cup Ranking Lists for

- Speed men - Freestyle men
- Speed women - Freestyle women

are established of each of the three FIG Parkour World Cup competitions. This list begins with the first World Cup competition of the series and ends with the last World Cup event of the series. The two best results of the series are taken into consideration.

The following World Cup Points are assigned by athlete:

Rank	Speed-run	Freestyle
1	50	50
2	40	40
3	35	35
4	25	25

5	20	20
6	15	15
7	10	10
8	5	5

If after application of the tie breaking rules outlined in the TR Section 7 there is a tie, the points of the equal ranks will be added and divided by the number of ties.

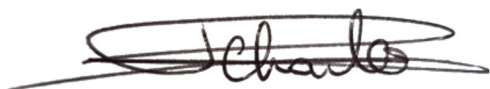
ART. 18 YEARLY WINNER OF THE FIG WORLD CUP SERIES

The yearly winner of the FIG Parkour World Cup Series is the athlete with the highest number of points of each of the World Cup Series Ranking List of the respective year, after the last event of the series, counting the 2 best results, regardless of the number of competitions the athlete participated in.

Should there be a tie, it will be broken as follows: the number of ranks of the two counting competitions achieved by the respective athlete will be added and the athlete with the lowest total will prevail.

These Rules have been approved by the EC at its meeting in February 2024~~0~~ in ~~Dakar~~ [Kampala](#) (~~UGASEN~~) and come into effect 1st January 2025~~1~~.

Fédération Internationale de Gymnastique



Charles Perrière

Vice-President of the Parkour Commission



Morinari Watanabe

FIG President



Nicolas Buompane

FIG Secretary General

Lausanne, ~~May 2020~~ [February 2024](#)