

Execution

Safety		3.5	/5	Flow		4	/5	Course		4.5	/5
Safety		2.5	/3	Flow		2.5	/3	Parts		2.5	/3
Presentation		1	/2	Connection		1.5	/2	Types		2	/2
→	Amplitude	0.5	/1	→	Reference list			→	floor	0.5	/1.5
→	Rhythm	0.5	/1					→	ledge	0.5	/1.5
								→	bar	0.5	/1.5
								→	wall	0.5	/1.5

Difficulty

Trick		2.5	/5	Run		2.5	/5	Variety		4.5	/5
Table of tricks		2.5	/5	Placement		1	/3	Variety		3	/3
				→	beginning	0	/1	→	Parkour classic	0.5	/1.5
Connection upgrade				→	middle	1	/1	→	Rotation forwards	0.5	/1.5
				→	end	0	/1	→	Rotation sideways	0.5	/1.5
								→	Rotation backwards	0.5	/1.5
				Time		1.5	/2	→	twist	0.5	/1.5
				→	Reference list			→	spin	0.5	/1.5
								Technique		1.5	/2