

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



FIG TUE application Process

A gymnast who needs a TUE should apply as soon as possible. For substances prohibited In-Competition only, the Gymnast should apply for a TUE at least 30 days before his/her next Competition, unless it is an emergency or exceptional situation according to the FIG anti-doping Rules, WADA International Standard for Therapeutic Use Exemptions (ISTUE) and ISTUS TUE guidelines.

The gymnast must submit the ADAMS TUE application form to FIG via ADAMS into **French or English**. The form must be accompanied by:

- a. A statement into **French or English** by an appropriately qualified physician, attesting to the need for the Gymnast to Use the Prohibited Substance or Prohibited Method in question for Therapeutic reasons; and
- b. A comprehensive medical history into **French or English**, including documentation from the original diagnosing physician(s) (where possible) and the results of all examinations, laboratory investigations and imaging studies relevant to the application.

The information submitted in relation to the diagnosis, treatment and duration of validity should be guided by the WADA documents titled "Medical Information to Support the Decisions of TUECs"

The Gymnast should keep a complete copy of the TUE application form and of all materials and information submitted in support of that application.

A TUE application will only be considered by the TUEC following the receipt of a properly completed application form, accompanied by all relevant documents. Incomplete applications will be returned to the Gymnast for completion and re-submission.

The TUEC may request from the Gymnast or his/her physician any additional information, examinations or imaging studies, or other information that it deems necessary in order to consider the Gymnast's application; and/or it may seek the assistance of such other medical or scientific experts as it deems appropriate.

Any costs incurred by the Gymnast in making the TUE application and in supplementing it as required by the TUEC are the responsibility of the Gymnast.

The TUEC shall decide whether or not to grant the application as soon as possible, and usually (i.e., unless exceptional circumstances apply) within no more than 21 days of receipt of a complete application. Where a TUE application is made a reasonable time prior to an Event, the TUEC must use its best endeavors to issue its decision before the start of the Event.

The TUEC's decision must be communicated in writing to the Gymnast and must be made available to WADA and to other Anti-Doping Organizations via ADAMS

- a. A decision to grant a TUE must specify the dosage(s), frequency, route and duration of Administration of the Prohibited Substance or Prohibited Method in question that the TUEC is permitting, reflecting the clinical circumstances, as well as any conditions imposed in connection with the TUE.
- b. A decision to deny a TUE application must include an explanation of the reason(s) for the denial.

Each TUE will have a specified duration, as decided by the TUEC, at the end of which the TUE will expire automatically. If the Gymnast needs to continue to Use the Prohibited Substance or Prohibited Method after the expiry date, he/she must apply for a new TUE well in advance of that expiry date, so that there is sufficient time for a decision to be made on the application before the expiry date.

The duration of validity should be guided by the WADA documents titled "Medical Information to Support the Decisions of TUECs".

Criteria for granting a retroactive TUE

An Gymnast may only be granted retroactive approval for his/her Therapeutic Use of a Prohibited Substance or Prohibited Method (i.e., a retroactive TUE) if:

- a. Emergency treatment or treatment of an acute medical condition was necessary; or
- b. Due to other exceptional circumstances, there was insufficient time or opportunity for the Gymnast to submit, or for the TUEC to consider, an application for the TUE prior to Sample collection; or
- c. The applicable rules required the Gymnast (see comment to Article 5.1) or permitted the Gymnast (see Code Article 4.4.5) to apply for a retroactive TUE; or
Such Gymnasts are strongly advised to have a medical file prepared and ready to demonstrate their satisfaction of the TUE conditions set out at Article 4.1, in case an application for a retroactive TUE is necessary following Sample collection.
- d. It is agreed, by WADA and by the Anti-Doping Organization to whom the application for a retroactive TUE is or would be made, that fairness requires the grant of a retroactive TUE.
If WADA and/or the Anti-Doping Organization do not agree to the application of Article 4.3(d), that may not be challenged either as a defense to proceedings for an anti-doping rule violation, or by way of appeal, or otherwise.

TUE Recognition Process

FIG does not recognize automatically any TUE request that were approved by the National Anti-doping Agency.

The gymnast shall submit a request for recognition of the TUE to FIG via ADAMS. The request should be accompanied by a copy of the TUE and the original TUE application form and supporting materials (unless the Anti-Doping Organization that granted the TUE has already made the TUE and supporting materials available via ADAMS or other system approved by WADA, in accordance with Article 5.4):

- a. A statement into **French or English** by an appropriately qualified physician, attesting to the need for the Gymnast to Use the Prohibited Substance or Prohibited Method in question for Therapeutic reasons; and
- b. A comprehensive medical history into **French or English**, including documentation from the original diagnosing physician(s) (where possible) and the results of all examinations, laboratory investigations and imaging studies relevant to the application.
The information submitted in relation to the diagnosis, treatment and duration of validity should be guided by the WADA documents titled "Medical Information to Support the Decisions of TUECs"

How to request a FIG TUE

Only International-Level Gymnasts can request an ADAMS account to submit a TUE to FIG.

If the gymnast is an International-Level Gymnast competing at a FIG Competition or Event and needs to use a substance that is prohibited by the FIG and WADA, you need to obtain the approval of the FIG Therapeutic Use Exemption Committee (TUEC) before the use of the substance. Any TUE request to FIG has to be submitted through the ADAMS system only.

International-Level Gymnasts shall apply to such Gymnasts:

- Gymnasts who are part of the FIG Registered Testing Pool
- Gymnasts who have a valid FIG license who participate in selected FIG International Events published by FIG in its website:
<http://www.fig-gymnastics.com/site/events/search.php?type=sport>

If the gymnast is not an International-Level Gymnast the TUE request must be applied to the National Anti-Doping Organization.

If the gymnast does not already have an ADAMS account and is an International-Level Gymnast, please follow the instructions below:

1. The Gymnast does not have yet an ADAMS account, the gymnast must connect to the FIG Website under the Anti-Doping then TUEs section and request one through the "ADAMS Account Request" table.
 - a. *If the gymnast possesses already an ADAMS account please ignore point 3.*
2. The gymnast will receive by email within the following days of the request, the ADAMS account from the FIG Anti-doping and Medical Manager.
3. Then the gymnast must connect to ADAMS (<https://adams.wada-ama.org/adams/>) and completes the TUE request.
4. The information on the ADAMS form must be inserted in **French or English** together with a summary translation in **French or English** of the medical documentation attached.
5. The application shall list any previous and/or current TUE requests, the body to whom that request was made, the decision of that body, and the decisions of any other body on review or appeal.
6. The application must include a comprehensive medical history (Incl. previous prescriptions, especially approved alternatives that did not work), the statement by a qualified physician attesting to the necessity of the use of the substance and a copy of the results of all medical exams relevant to the application. It must be signed by qualified physician.
7. The application must include the physician's medical specialty, email and phone number.
8. Make sure that all the requested documents are joined to the request via ADAMS (scanned and attached under section "diagnosis Information" and click on "Add medical info"). If the documents are unable to be scanned, they must be sent to FIG (by email, fax or regular mail).
9. Submit the application via ADAMS. The gymnast may also print a copy of the Application Form for his files, but note that your application is accessible at all times via ADAMS.
10. Check regularly for messages and notifications via ADAMS until the request is completed.
11. If the request is approved by the FIG TUE Committee, the gymnast shall print the Certificate of Approval, via ADAMS, and have a copy with her/him at all times.
12. List the use of the substance on the Doping Control form once the gymnast is tested.

Gymnasts may authorize their Doctor or Athlete Support Personnel (NF, NADO, Family member, coach, etc...) to insert TUE requests via ADAMS on their behalf.



It is **ALWAYS** the Athlete's responsibility to ensure that the request is made on time and is accurate. Where feasible the online request should be made in the presence of the prescribing physician.